
LETTERS TO THE EDITOR

Sir,

I read with interest the article on 'Extraocular compression prior to cataract surgery: time course of reduction and subsequent recovery of intraocular pressure' by P. H. Constable and E. J. B. Porter.¹

Whilst congratulating the authors on presenting a well-documented study I felt that Table I could have included also the absolute value of the intraocular pressure (IOP) at each reading in both the test and control eye so that readers could gain an idea as to how much the peribulbar injection had raised the IOP. The volume of material injected, too, could have been mentioned for the purpose of interstudy comparison.

It is my impression that the use of various external ocular compression devices following retro- or peribulbar injections was essentially directed towards reduction of orbital pressure: pre-operatively lowering normal IOP is of very little or no practical value as once the eye is opened the IOP equates with atmospheric pressure. A study that we are undertaking to measure the orbital pressure using a type of compression tonometer could provide the benefits of orbital compressive devices. Using orbital compression for 40 minutes, especially in elderly patients with compromised arterial perfusion of the ocular tissue, can lead to some degree of functional impairment.

It was also interesting to see lowering of the IOP occurring in the control eye, which supports an earlier unpublished study carried out in our department. Using a Tonopen to measure the IOP of the unoperated eye during intraocular surgery it was found that the IOP dropped once the fellow eye was opened, and the possibility of a central mechanism, which 'gears down' to lower IOP levels, was postulated. The reduction in IOP in the fellow eye when unocular glaucoma is treated could also be explained on this basis rather than the suspected systemic effect of topical medications used.

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Reference

1. Constable PH, Porter EJB. Extraocular compression prior to cataract surgery: time course of reduction and subsequent recovery of intraocular pressure. *Eye* 1993;6:731-734.

Sir

In reply to the letter from Mr Chandra regarding our paper 'Extraocular compression prior to cataract surgery: time course of reduction and subsequent recovery of intraocular pressure'¹ I would make the following comments.

The study aimed to establish the timing and degree of changes in intraocular pressure (IOP) caused by the use of the mercury weight alone, and therefore our readings were all made on normal eyes that had not received any peribulbar or retrobulbar anaesthetic. The increase in IOP found immediately after regional anaesthesia is quite variable, as the volume of the injection, the volume of the orbit and the globe, and the anatomical site of the injection are all likely to be factors affecting the extent of the IOP rise, and controlling for all these factors would be extremely difficult.^{1,2}

A reduction in orbital pressure caused by the compression device would certainly seem to be beneficial, and I would agree that the anterior segment pressure rapidly equating to atmospheric once the eye is opened renders changes in aqueous production negligible, but I feel that the reduction of vitreous volume and pressure is still highly significant, and possibly the chief benefit of external ocular compression.

The control eyes in our study did show a mild reduction from baseline levels, but these levels were statistically insignificant, and I would be wary of further interpretation of them as supporting data for a contralateral IOP change in untreated eyes.

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References

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prior to cataract surgery: time course of reduction and subsequent recovery of intraocular pressure. *Eye* 1993;7:731-4.

2. Ropo A, Ruusuvaara P, *et al.* Effect of ocular compression on intraocular pressure in periocular anaesthesia. *Acta Ophthalmol (Copenh)* 1990;68: 227-9.
3. Meyer D, Hamilton RC, *et al.* Effect of combined peribulbar and retrobulbar injection of large volumes of anaesthetic agents on the intraocular pressure. *Can J Ophthalmol* 1992;27:230-2.

Sir,

We were interested to read Diaper's report (*Eye* 1994;8:448) confirming our original proposal that the severe form of granular corneal dystrophy represents the homozygous state. With the exception of some of Sajjadi's and Javadi's cases all reports to date of this syndrome can be explained on a simple Mendelian basis. We ourselves have two separate pedigrees under observation, both propositi being the products of consanguineous marriages. The high concentration of abnormal material in the affected corneas of presumed homozygotes has allowed us to make new observations concerning the ultrastructural changes which are shortly to be reported.

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Sir,

I was interested to read the recent paper by Aylward *et al.* in the journal¹ and agree with the authors that the role of acyclovir in the management of the immunocompetent patient remains controversial. The authors give the opinion that the only two prospective, randomised, controlled clinical studies of oral acyclovir given early in herpes zoster ophthalmicus (HZO)^{2,3} have serious methodological and statistical flaws. They then go on to present evidence from a retrospective, case-control study and conclude that oral acyclovir has little or no preventive effect on the ocular complications of the disease. It is indeed true that the two previous studies give conflicting results but this may have been due to the suboptimal dose of 600 mg acyclovir used in the first.

Their main criticism of the two studies is based on the the bias introduced when a large number of

outcome measures are investigated with a probability of a null hypothesis being accepted in the first study² of only 0.40. By the same argument, however, this probability rises to 0.70 in the second study³ in which seven different measures were used. In addition, this study found a statistically significant drug benefit for three of the seven (active ocular disease at 6 months, frequency of pain at 2 and 3 months, severity of pain at 2, 3 and 6 months), not one as stated by Aylward *et al.* In this study sample size was calculated in accordance with normal statistical practice to give an 80% chance of showing a treatment effect at the 5% level, assuming an effect for treatment of 15% and for placebo of 50%.

Aylward *et al.* report results which are different to previous studies on the subject and this may be due to a number of reasons. The population studied is from a tertiary referral clinic. The frequency of ocular complications is higher at 81% than in previous reports⁴⁻⁶ and their patients were more likely to be on treatment at 6 months. This suggests that their patients had more severe disease than other series. Seventy-two per cent of patients received topical steroid therapy. Although the evidence is incomplete, previous work has suggested that topical steroids can enhance ocular involvement.⁷

It would be interesting to know how many patients were referred from outside in each group. With only 10% of patients receiving adequate treatment with acyclovir one might expect that it is not the authors' drug of choice in HZO, so presumably the acyclovir group were commenced on the drug elsewhere and presented with more severe ocular disease. Since acyclovir does not prevent all ocular disease this would not be surprising but, if so, means that the case-control nature of the study is suspect.

Conclusions are based on a subset of 42 patients who received adequate treatment with acyclovir and their age-matched controls rather than on 419 patients as implied in the abstract. In their final paragraph Aylward *et al.* conclude that doubt has been cast on claims of efficacy for oral acyclovir and to some extent this is true, but this does not lead one to the conclusion in the abstract that the drug has little or no preventive effect on ocular complications. No power analysis is presented to support the authors' failure to find a treatment benefit and argue against a type 2 statistical error. It must not be forgotten that pain is also influenced by oral acyclovir^{2,3,8-10} although, once again, results of published studies do differ.

Evidence on the preventive efficacy of oral acyclovir in HZO remains conflicting and clinicians face the difficulty of deciding whether to use the drug in their patients. Acyclovir is certainly not the complete answer but its use has become widespread