# Cytokines in Proliferative Vitreoretinopathy

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### Summary

This study determined the presence of interleukin 1 (IL-1), interleukin 6 (IL-6), tumour necrosis factor  $\alpha$  (TNF $\alpha$ ), tumour necrosis factor  $\beta$  (TNF $\beta$ ), interferon  $\gamma$ (IFN $\gamma$ ), transforming growth factor  $\beta 2$  (TGF $\beta 2$ ) and fibroblast proliferation activity (FPA) in vitreous aspirates from eyes undergoing vitrectomy for the treatment of retinal detachment complicated by proliferative vitreoretinopathy (PVR) or uncomplicated retinal detachment (RD). Cadaveric vitreous from normal subjects were used as controls. The results showed that IL-1 and IL-6 predominated in vitreous from eves with PVR or RD, and that concentrations of IL-6 >20 pg/ml were more frequently found in PVR than in RD (p = 0.031) or control specimens (p = 0.006). Low levels of TNF $\alpha$  were observed in 4/18 eves with PVR, 1/15 eves with RD and 1/15 control vitreous, and small concentrations of TNF $\alpha$  were seen in 3/18 eyes with PVR, 1/15 eyes with RD and 2/15 control vitreous. IFNy was detected in 12/18 eyes with PVR, but only in 5/15 eyes with RD (p = 0.048) and 6/15 control specimens. TGF $\beta$ 2 was present in all vitreous samples at concentrations ranging from 100 to 4,500 pg/ml with no significant differences among the three groups. Control vitreous possessed the greatest FPA when compared with vitreous from eves with PVR (p = 0.031) or RD (p = 0.048). These observations provide further evidence that cytokinemediated pathways of inflammation are involved in the pathogenesis of PVR and point to the possible involvement of IL-1, IL-6 and IFNy in cellular interactions leading to chronicity.

Proliferative vitreoretinopathy (PVR) is a well recognised complication of retinal detachment (RD). It is thought to be initiated as an inflammatory reaction<sup>1</sup> which later results in the formation of contractile epiretinal membranes.<sup>2</sup> These are composed of fibroblasts, macrophages, glial cells and retinal pigment epithelial cells, all bound into a framework of extracellular matrix proteins including fibronectin and collagen. Formation of epiretinal membranes involves cellular mechanisms of proliferation, migration and differentiation;<sup>2</sup> and cytokines, as inflammatory protein products of cell activation, are known to mediate these general cellular functions.<sup>3</sup> On this basis, it is likely that cytokines may induce cell migration into epiretinal membranes, as well as contribute to cell growth and differentiation towards the contractile state responsible for the pathology of PVR.

In this study we have investigated vitreous aspirates for the presence of the cytokines interleukin 1 (IL-1), interleukin 6 (IL-6),

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tumour necrosis factor  $\alpha$  (TNF $\alpha$ ), tumour necrosis factor  $\beta$  (TNF $\beta$ ), interferon  $\gamma$ (IFN $\gamma$ ), transforming growth factor  $\beta$ 2 (TGF $\beta$ 2) and fibroblast proliferation activity (FPA) in eyes undergoing vitrectomy for PVR or uncomplicated RD. Cadaveric vitreous from subjects with no known eye disease were used as controls.

#### **Materials and Methods**

#### 1. Vitreous specimens

Vitreous samples were obtained from eyes undergoing vitrectomy for the treatment of RD complicated by proliferative vitreoretinopathy (PVR) (44 specimens) or from eyes with uncomplicated retinal detachment (RD) (24 specimens). Control (cadaveric) vitreous specimens were obtained from 20 subjects with no known eye disease within 24 hours post mortem. An inferotemporal sclerotomy was made 4 mm from the limbus in phakic eyes and 3.5 mm in aphakic or pseudophakic eyes. A 4 mm infusion cannula was inserted and its position in the vitreous cavity checked by direct vision. A superotemporal sclerotomy was made at the same distance from the limbus and an unprimed ocutome was passed into the centre of the vitreous cavity. Gel was cut and aspirated using a cutting speed of approximately 300 Hz/minute. Intraocular pressure was maintained by indentation. When an adequate sample was obtained the outcome was withdrawn and the infusion commenced to restore ocular volume. The vitreous specimen (approximately 0.75 ml) was aspirated from the ocutome tubing into a 5 ml svringe, transferred to 1.8 ml polypropylene tubes (Nunc, England) and stored at -20degrees C until use. The severity of PVR was graded according to the 1983 criteria of the Retina Society Terminology Committee.<sup>4</sup>

# 2. Investigation for the presence of cytokines in vitreous humour

# a) Interleukin 1 (IL-1)

This assay was based on a coculture system utilising EL-4 and CTLL cells.<sup>5</sup> Both cell lines were cultured in RPMI 1640 medium supplemented with 10% fetal calf serum (FCS), 100 U/ml penicillin, 40  $\mu$ g/ml gentamicin and  $5 \times 10^{-5}$ M 2-mercaptoethanol (2-ME). Before the assay, the cells were centrifuged at

400 g for five minutes, washed twice with RPMI and adjusted to a concentration of  $2 \times 10^4$  CTLL cells/ml and  $5 \times 10^5$  EL4 cells/ml. One hundred µl of these suspensions were added to 100 µl of serial vitreous dilutions (in quadruplicate) in flat-bottomed 96well microtitre plates (Costar, England), and the mixture incubated for 24 hours at 37 degrees C in a humidified 5% CO<sub>2</sub> air atmosphere. Fifty µl of medium containing 0.25 µCi of tritiated thymidine (TRA 120, Amersham, England) were then added to each well and the incubation continued for a further 24 hours. Cells were harvested onto glass fibre filter discs (Whatman, England) and cellassociated radioactivity was measured in an LKB beta counter, model 1216. Levels of IL-1 were interpolated from specific calibration curves using a human IL1ß standard preparation (gift of Dr. N. Smithers, Glaxo Group Research Ltd, Greenford). This technique has a detection limit of approximately 0.1 pg/ml.

## b) Interleukin 6 (IL-6)

Levels of IL-6 were determined by proliferation of the IL-6 dependent hybridoma cell line 7TD1<sup>6</sup> (a gift of Dr. J. van Snick, Ludwig Institute for Cancer Research, Brussels). Hybridoma cells were cultured in RPMI 1640 medium supplemented with  $5 \times 10^{-5}$  M 2-ME. 10% FCS, 200 U/ml penicillin, 40 µg/ml gentamicin and 200 U/ml murine recombinant IL-6. Prior to the assay the cells were washed twice with culture medium without IL-6 and resuspended at a concentration of  $2 \times 10^4$ /ml in the same medium. Equal volumes (100  $\mu$ l) of this cell suspension and serial 10-fold dilutions of the vitreous specimens were admixed (in quadruplicate) in 96-well flat-bottomed microtitre plates (Costar, England) and cultured for four days at 37 degrees C in a humidified 5% CO<sub>2</sub>-air atmosphere. Cell density was evaluated by colorimetric determination of hexosaminidase levels by incubating the cell pellets for four hours at 37 degrees C with 60  $\mu$ l of hexosaminidase substrate (1 vol 7.5 mM p-nitrophenyl-N-acetyl-b-D-glucosaminide in 0.1 M sodium citrate pH 5.0 + 1 vol 0.5% Triton X-100), followed by addition of 90 µl of 0.1 M glycine-NaOH buffer pH 10.4.7 Absorbance was read at 405 nm in a Titertek Multiscan and levels of IL-6 were interpolated from specific calibration curves using a human IL-6 standard preparation (a gift of Dr. W. Sebald, Institute of Physiology, Wurzburg, Germany). This technique had a detection limit of approximately 2 pg/ml.

# c) Tumour necrosis factor $\alpha$ (TNF $\alpha$ ), tumour necrosis factor $\beta$ (TNF $\beta$ ) and Interferon $\gamma$ (IFN $\gamma$ )

Concentrations of TNF $\alpha$ , TNF $\beta$  and IFN $\gamma$  in the vitreous specimens were determined by enzyme-linked immunosorbent assavs (ELISA).<sup>8,9</sup> Polyvinylchloride U-bottomed microtitre plates were coated with 50 µl of purified rabbit polyclonal antibodies to TNF $\alpha$ , TNF $\beta$  or IFN $\gamma$  for 2 h at 37 degrees C. Uncoated sites in the wells were blocked by overnight incubation of the plates at 4 degrees with 2% bovine serum albumin in phosphatebuffered saline (PBS) (150 ul/well). After the incubation, excess antibodies and blocking buffer were removed and the wells washed four times with 0.05% Tween 20-PBS. Samples and serial dilutions of cytokine standards (50 µl/well) were added to the wells and incubated for one hour at 37 degrees C (all standards were prepared at the National Institute for Biological Standards and Control (NIBSC) Cat. Nos. 87/650 for TNFa, 87/640 for TNF $\beta$  and 82/587 for IFN $\gamma$ ). The cells were washed again four times with 0.05% Tween 20-PBS followed by five sequential procedures:

- (i) addition of 50  $\mu$ l/well of optimal dilutions of either monoclonal antibody (MoAb) 3-101-23 detecting TNF $\alpha$ , MoAb L81-11 detecting TNF $\beta$  and MoAb 4S.B3 detecting IFN $\gamma$  (all antibodies prepared at NIBSC);
- (ii) incubation for one hour at 37 degrees C;
- (iii) washing with 0.05% Tween 20-PBS, addition of 50 μl/well of biotinylated sheep anti-mouse immunoglobulin (Amersham, England) and incubation for one hour at 37 degrees C;
- (iv) washing with 0.05% Tween 20-PBS, addition of 50 μl/well of streptavidinbiotinylated horseradish peroxidase complex (Amersham, England) and incubation for 30 min at 37 degrees C;
- (v) washing the wells three times with

Tween 20-PBS and twice with 0.1 M citrate/phosphate buffer, pH 5.0, and developing colour in the dark with addition of the substrate 0-phenylenediamine mg/ml 0.1 M (1 in citrate/phosphate buffer containing 0.006% H<sub>2</sub>O<sub>2</sub>). The colour reaction was stopped after 30 min by addition of 50 µl  $1M H_2SO_4$  to each well and the optical density read at 492 nm in a Titertek Multiscan. Levels of cytokine present in the culture supernatants were interpolated from specific calibration curves. The technique had a detection limit of approximately 2 U/ml for TNF $\alpha$ , 3 U/ml for TNFβ and 0.5 U/ml for IFN<sub>γ</sub>.<sup>8,9</sup> All three ELISA tests were highly specific for their respective cytokines and no cross-reactivity was observed.

d) Transforming growth factor  $\beta 2$  (TGF $\beta 2$ )

Vitreous concentrations of TGF<sup>β</sup>2 were determined by an enzyme-linked immunosorbent assay (ELISA) using the monoclonal antibodies 3C7.14 and 1D11.16 against TGF $\beta$ 2 (a gift from Dr. Y. Ogawa, Celltrix Laboratories, Palo Alto, CA). Wells of microtitre ELISA plates were coated with the 3C7.14 monoclonal antibody diluted to 5 µg/ml in sodium bicarbonate buffer, pH 9.6 (50 µl per well) for two hours at 38 degrees C, and then blocked with a 1% human serum albumin (HSA) in the same buffer (150 µl per well) overnight at 4 degrees C. Monoclonal antibody and HSA buffer were removed and wells washed three times with 200 µl 0.05% Tween 20-PBS (TW20-PBS). Following the last wash, serial dilutions of the TGF $\beta_2$  standard (NIBSC Cat. No. 89/518) or vitreous samples were placed into wells (50 µl per well) and incubated for one hour at 37 degrees  $\mathbf{C}_{\mathbf{A}}$ Wells were re-washed with TW20-PBS and then a 1:100 dilution of biotinylated 1D11.16 monoclonal antibody was added to all wells (50 ul/well) and incubation continued for one hour at 37 degrees C. (Biotinylation of 1D11.16 was carried out using reagents supplied in kit form by Amersham [England].). Following a further washing stage, streptavi din biotinylated horseradish peroxidase com plex (Amersham, England), diluted 1:500 in 1% HSA-PBS, was added to all wells and



**Fig. 1.** Levels of interleukin 1 (IL-1) in vitreous aspirates from eyes with complicated ' (PVR) or uncomplicated retinal detachment (RD) and cadaveric eyes (control). n = number of samples; \*p = 0.0001 (v. control).

incubation continued for 30 minutes at 37 degrees C. Following extensive washing, substrate, orthophenylene-diamine (1 mg/ml) in 0.1 M citrate/phosphate buffer, pH 5.0, containing 0.006%  $H_20_2$  was added and colour developed in the dark for 10–20 minutes. The reaction was terminated by the addition of 1M  $H_2SO_4$  (50 µl/well) and optical densities were read at 492 mm in a Titertek Multiscan. The technique had a detection limit of 100 pg/ml and a linear calibration curve over the range 0.25–40 ng/ml.

### e) Fibroblast proliferation activity (FPA)

This assay was based on the proliferation of VERO cells (a monkey fibroblast cell line).<sup>10</sup> VERO cells were grown as monolayers in 75 cm<sup>2</sup> tissue culture flasks (Costar, England) using RPMI 1640 medium supplemented with 5% FCS, 200 U/ml penicillin and 40 µg/ml gentamicin. To obtain a single cell suspension, the monolayers were incubated for five min at 37 degrees C with 4 ml of Hanks' balanced salt solution (HBSS) containing 0.5 g/l trypsin and 0.2 g/l Na EDTA (Sigma, USA). The cells were then washed once with culture medium containing 5% FCS and resuspended at a concentration of  $1 \times 10^{5}$  ml in HBSS containing 1% FCS. One hundred µl volumes of the cell suspension were placed in 96-well flat-bottomed microtitre plates (Costar, England) and incubated overnight at 37 degrees C in a 5% CO<sub>2</sub>-air atmosphere. Equal volumes of control medium or serial 10-fold

dilutions of the test vitreous specimens were then added (in quadruplicate) to the cells and the incubation continued for a further 48 hours. The cells were then pulsed with 0.1µCi/well of 3H thymidine (TRA 120, Amersham, England) for 16 hours at 37 degrees C and the medium aspirated and replaced with 100 µl of trypsin-EDTA solution (Sigma, USA), followed by incubation for 15 min at 37 degrees C. Cells were harvested onto glass fibre filter discs (Whatman, England) and cell-associated radioactivity was measured in an LKB Beta counter, model 1216. Human interleukin 1 $\beta$  was used as a positive control for fibroblast proliferation activity (FPA). The results were expressed as an 'FPA index' calculated by the following formula:

$$\frac{\text{cpm test} - \text{cpm control}}{\text{cpm control}} \times 100$$

# 3. Statistical methods

The significance of differences between corresponding groups of observations was evaluated by chi-squared analysis using Fisher's exact test after constructing  $2 \times 2$  contingency tables. Acceptable significance was recorded when p-values were <0.05.

### Results

#### 1. Levels of IL-1 in vitreous aspirates

Vitreous from eyes with both complicated (PVR) and uncomplicated RD contained higher concentrations of IL-1 (>1 pg/ml) than the control group (p<0.0001) (Fig. 1). Levels



**Fig. 2.** Levels of interleukin 6 (IL-6) in vitreous aspirates from eyes with complicated (PVR) or uncomplicated retinal detachment (RD) and cadaveric eyes (control). n = number of samples; \*p = 0.0007 (v. control); \*\*p = 0.014 (v. control).

Source of vitreous aspirates	Severity (grade) + of PVR	Patient No	TNFα (U/ml)	TNFβ (U/ml)	IFNγ (U/ml)
Retinal detachment complicated by PVR	D2 C1	11 20	<2 <2	<3 <3	1 3
	D2	30	<2	<3	8
	C1	31	<2	<3	< 0.5
	D2	33	<2	32	2
	B	52	12	<3	1
	D1	56	<2	<3	0.8
	B	63	<2	5	0.9
	B	66	2	<3	0.8
	- C1	74	<2	<3	0.5
	C1	75	2.5	<3	1.1
	D2	79	2.5	<3	0.9
	B	80	<2	<3	< 0.5
	В	81	<2	<3	< 0.5
	C1	50	<2	6	1.3
	C2	59	<2	<3	< 0.5
	C2	65	<2	<3	< 0.5
	C3	54	<2	<3	<0.5
Retinal detachment not	_	32	<2	<3	<0.5
complicated by PVR		34	<2	<3	<0.5
		35	<2	<3	<0.5
		36	<2	<3	2
		49	<2	<3	2
		53	<2	<3	< 0.5
		55 57	<2	2	< 0.5
		5/	<2	< 3	0.5
	_	58	<2	<3	< 0.5
		00 71	<2	<3	< 0.5
		/1	<2	<3	< 0.5
		12	2	<3	0.9
		/0	<2	<3	< 0.5
		83 84	<2<2	<3 <3	<0.9
Controls (cadaveric eyes)		17	<2	8	< 0.5
		19	<2	<3	1
		21	<2	<3	2
		23	<2	<3	2.5
	_	26	<2	<3	< 0.5
		27	<2	<3	< 0.5
		41	<2	<3	< 0.5
		44	<2	<3	2
		45	<2	<3	1
		46	8	60	2
		67	<2	<3	< 0.5
		68	<2	<3	< 0.5
		77	<2	<3	< 0.5
		78	<2	<3	< 0.5
		82	2	<3	<0.5

**Table I** Levels of tumour necrosis factors  $\alpha$  and  $\beta$  (TNF $\alpha$  and TNF $\beta$ ), and interferon  $\gamma$  (IFN $\gamma$ ) in vitreous aspirates<sup>\*</sup>.

\*< = Indicates the limits of detectability

+ = Severity of PVR graded by established criteria (ref 4)

of IL-1 >1 pg/ml were observed in 18 of 24 vitreous from eyes with PVR and nine of 14 vitreous from eyes with uncomplicated RD. All control specimens contained  $\leq 1 \text{ pg/ml}$  of the



Fig. 3. Levels of transforming growth factor  $\beta 2$  (TGF $\beta 2$ ) in vitreous aspirates from eyes with complicated (PVR) or uncomplicated retinal detachment (RD) and cadaveric eyes (control). n = number of samples.

cytokine. There was no relationship between the levels of IL-1 in the vitreous specimens and the severity of PVR.

## 2. Levels of IL-6 in vitreous aspirates

IL-6 was present in 22 of 44 vitreous from eyes with PVR (p = 0.0007), nine of 22 vitreous from eyes with RD (p = 0.014) compared with two of 20 control specimens (Fig. 2). Levels >20 pg/ml of this cytokine were present in 19 of the 44 specimens from eyes with PVR in contrast to four of 22 specimens from eyes with uncomplicated RD (p = 0.031) and two of 20 control samples (p = 0.006). There was no significant difference between vitreous from eyes with uncomplicated RD and vitreous from control eyes in their range of IL-6 concentrations. Moreover, there was no relationship between the levels of IL-6 in the vitreous samples and the severity of PVR.

# 3. Levels of TNF $\alpha$ , TNF $\beta$ and IFN $\gamma$ in vitreous aspirates

Table I shows the concentrations of TNF $\alpha$ , TNF $\beta$  and IFN $\gamma$  in vitreous samples from all three groups. TNF $\alpha$  was observed at low levels in four of 18 specimens from eyes with PVR, in one of 15 specimens from eyes with uncomplicated RD, and in one of 15 control vitreous. TNF $\beta$  was detected in three of 18 vitreous from eyes with PVR, one of 15 samples from eyes with uncomplicated RD, and two of 15 control vitreous. There were no significant differences among the three groups of vitreous samples with respect to levels of TNF $\alpha$ or TNF $\beta$ . IFN $\gamma$  was detected in 12 of 18 vitreous from eyes with PVR, but only in five of 15 vitreous from eyes with uncomplicated RD (p = 0.048) and six of 15 control specimens. In vitreous samples where IFN $\gamma$  was detected, there were no significant differences in the range of IFN $\gamma$  concentrations among samples from eyes with PVR, uncomplicated RD or the control group.

# 4. Levels of TGF<sup>β</sup>2 in vitreous aspirates

Figure 3 shows that all vitreous analysed contained TGF $\beta$ 2 at levels ranging from 100 to 4,500 pg/ml. There were no significant differences in the concentrations of this cytokine among the three groups of vitreous studied.

# 5. Presence of FPA in vitreous aspirates

Figure 4 shows that an FPA index  $\ge 20\%$  was observed in one of 16 specimens from eyes with PVR, one of 14 specimens from eyes with uncomplicated RD and 10 of 19 control vitreous. Statistical analysis of the results showed that vitreous from control eyes possessed the greatest FPA when compared with vitreous obtained from eyes with PVR (p = 0.031) or uncomplicated RD (p = 0.048).

#### Discussion

This study shows that IL-1 and IL-6 are the predominant cytokines found in vitreous aspirates from patients with proliferative vitreoretinopathy (PVR) or uncomplicated retinal



**Fig. 4.** Levels of fibroblast proliferation activity (FPA index) in vitreous aspirates from eyes with complicated (PVR) or uncomplicated retinal detachment (RD) and cadaveric eyes (control). n = number of samples.

detachment (RD), but that high concentrations of IL-6 (>20 pg/ml) were more frequent in PVR than in uncomplicated RD.

Several cell types may contribute to the presence of cytokines in vitreous humour. These may include resident cells involved in epiretinal membrane formation such as local macrophages, fibroblasts and glial cells<sup>11</sup>, or they may enter from the blood due to breakdown of the blood retinal barrier. The presence of IL-1 in vitreous from eves with retinal detachment has been previously reported<sup>12</sup> but the presence of IL-6 in eyes with PVR or uncomplicated RD has not hitherto been documented. Both IL-1 and IL-6 mediate inflammatory cell functions, such as cell growth, migration and differentiation;<sup>13,14</sup> they overlap in their functions and IL-1 is a potent inducer of IL-6 expression in many cell types.<sup>15</sup> On this basis the high concentration of IL-6 in vitreous from eyes with PVR indicates that this cytokine may well play a significant role in progression of the disease.

That the cytokine IFNy was more often detected in vitreous from eyes with PVR than in uncomplicated RD or cadaveric eyes suggests that blood-borne lymphoid cells and monocytes may interact with resident cells during the development of PVR resulting in local release of this cytokine. Interferon  $\gamma$  is known to upregulate MHC Class II molecule expression on retinal pigment epithelial cells<sup>16</sup> in a similar fashion to its action on mononuclear phagocytes;<sup>17</sup> and there is enhancement of the capacity of mononuclear cells to present foreign antigens to recirculatory T lymphocytes.<sup>17</sup> Experimental studies show that epiretinal membrane formation can be accompanied by infiltration of blood-borne lymphocytes and monocytes, which persist until the late stages of experimental PVR.<sup>18.19</sup> A requirement for chronic inflammation to be dependent upon cytokine-mediated recruitment of blood mononuclear leucocytes and their interaction with resident cells has been postulated in other sites, such as the skin.<sup>20</sup>

A report that TGF $\beta$ 2 levels are higher in vitreous from eyes with PVR than in uncomplicated RD<sup>21</sup> was not confirmed in this study. This may be due to differences in methodology: for in the previous report a biological assay was used which requires *in vitro* acti-

vation of TGF $\beta$ 2, and only measures biologically active molecules. In this study we assayed TGF $\beta$ 2 immunochemically, and thus measured all immunoreactive TGF $\beta$ 2 available. On this basis our finding of high levels of bioactive FAF in cadaveric vitreous suggests that this cytokine may simply be a product of tissue degeneration.

The present study supports growing evidence that cytokine-mediated pathways of chronic inflammation are involved in the pathogenesis of PVR, and draws attention to the possibility that interaction between bloodderived inflammatory leucocytes and resident cells of the retina may underlie the development and chronicity of this condition. Retinal pigment epithelial cells are known to produce chemotactic and mitogenic factors, active upon glial cells, monocytes and fibroblasts,<sup>22</sup> and whose secretion may well be enhanced by cytokines such as IL-1, IL-6 and IFNy. Activated macrophages and fibroblasts, migrating in response to pigment epithelial cell factors, may then secrete excessive amounts of matrix proteins such as collagen and fibronectin<sup>1,23</sup> leading to gel contraction and epiretinal membrane formation. The presence of extracellular matrix proteins, in addition to these cytokines and other inflammatory mediators, may then generate a local microenvironment which favours the development of epiretinal membranes. We suggest that the pathogenesis of PVR involves a switch in mechanisms that normally regulate cytokine production by blood-borne inflammatory cells that infiltrate the retinal microenvironment following surgical intervention. Identification of the particular cytokines involved could be of therapeutic well pathogenetic as as importance.

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