Suppression of hepatic tumor growth and metastasis by metronomic therapy in a rat model of hepatocellular carcinoma

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DOI 10.3858/emmm.2011.43.5.033

Accepted 22 March 2011
Available Online 8 April 2011

Abbreviations: CTX, cyclophosphamide; DEN, diethylnitrosamine; HCC, hepatocellular carcinoma; MET, metronomic; MMP, matrix metalloproteinase; MTD, maximum tolerated dose; PCNA, proliferating cell nuclear antigen; TIMP, tissue inhibitors of MMP; VEGF, vascular endothelial growth factor; vWF, von-Willebrand factor

Abstract

Although continuous low-dose (metronomic [MET]) therapy exerts anti-cancer efficacy in various cancer models, the effect of long-term MET therapy for hepatocellular carcinoma (HCC) remains unknown. This study assessed the long-term efficacy of MET on suppression of tumor growth and spontaneous metastasis in a rat model of HCC induced by administration of diethylnitrosamine for 16 wk. The rats were divided into 3 groups: MTD group received intraperitoneal (i.p.) injections of 40 mg/kg cyclophosphamide on days 1, 3, and 5 of a 21-day cycle; Control and MET groups received i.p. injections of saline and 20 mg/kg cyclophosphamide twice a week, respectively. Anti-tumor and anti-angiogenic effects and anti-metastatic mechanisms including matrix metalloproteinases (MMPs) and tissue inhibitors of MMPs (TIMPs) were evaluated. Twelve wk of MET therapy resulted in a significant reduction in intrahepatic tumors than control or MTD

therapy. The MET group had fewer proliferating cell nuclear antigen-positive cells and decreased hypoxia-inducible factor-1 α levels and microvessel density. Lung metastases were detected in 100%, 80%, and 42.9% in the control, MTD, and MET groups, respectively. MET therapy significantly decreased expression of TIMP-1, MMP-2 and -9. For mediators of pro-MMP-2 activation, MET therapy induced significant suppression in the TIMP-2 and MMP-14 level. The survival in the MET group was significantly prolonged compared to the control and MTD groups. Long-term MET scheduling suppresses tumor growth and metastasis via its potent anti-angiogenic properties and a decrease in MMPs and TIMPs activities. These results provide a rationale for long-term MET dosing in future clinical trials of HCC treatment.

Keywords: cyclophosphamide; hepatocellular carcinoma; metastasis; metronomic chemotherapy

Introduction

Although there has been progress in the development of new therapies, the prognosis of hepatocellular carcinoma (HCC) still remains dismal, and only a minority of HCC patients have a chance of cure. Recently, sorafenib, an oral multiple kinase inhibitor, has been approved for the treatment of advanced HCC (Llovet *et al.*, 2008). However, the survival benefit with sorafenib is only modest. Moreover, sorafenib is costly and often associated with adverse events during treatment in some patients. Thus, there is a crucial need for additional effective systemic therapies without major toxicities in the treatment of HCC.

HCC is a hypervascular tumor, and angiogenesis plays an essential role in its growth and progression. The increased cellularity due to highly proliferative tumor cells induces local hypoxia, which stimulates angiogenesis (Carmeliet and Jain, 2000; Pang and Poon, 2006). Hypoxia-inducible factor-1 α (HIF-1 α), a master regulator of adaptive responses to hypoxia, regulates tumor cell proliferation, apoptosis, angiogenesis, and metastatic spread (Hirota, 2002; Semenza, 2003). Tumors express high levels of matrix metalloproteinases (MMPs) that degrade tissue matrix and facilitate tumor cell invasion and metastasis (Roy *et al.*,

2009). Earlier studies have shown that many MMPs are overexpressed in patients with HCC, and a high level of expression of MMPs is associated with cancer progression and metastasis (Sawada *et al.*, 2001; Ishii *et al.*, 2003; Zhang *et al.*, 2006). Therefore, anti-angiogenic and anti-invasive strategies could be important and prospective approaches to mitigate the growth, invasion, and metastasis of HCC.

It has been recently shown that chemotherapy with a low, non-toxic dose of drugs, but at more frequent intervals with no long rest periods, can effectively reduce tumor growth via a strong suppression of tumor angiogenesis in various tumor models (Browder *et al.*, 2000; Gasparini, 2001; Kerbel and Kamen, 2004; Stempak *et al.*, 2006). Moreover, this type of chemotherapeutic dosing, so-called metronomic (MET) therapy, reportedly minimizes treatment-related toxicities and significantly inhibits the development of drug resistance by destroying endothelial cells (Browder *et al.*, 2000; Kerbel, 2007), which were the major drawbacks of conventional systemic chemotherapeutic drugs at maximum tolerated doses (MTD). In this regard, the MET strategy may become a promising approach to the treatment of HCC, because the majority of HCC patients may be potentially vulnerable to various toxicities resulting from MTD therapy because of the intrinsic liver cirrhosis.

Recently, we observed a promising chemotherapeutic efficacy against autochthonous HCC in a chemically-induced model in which rats were treated with a short course of MET therapy using cyclophosphamide (CTX) (Park *et al.*, 2010). In this experiment, the short-term MET therapy of 6 wk efficiently modulated tumor growth without serious toxicity, but the anti-tumor efficacy regarding an actual reduction in tumor size was modest and not significantly better than that of MTD chemotherapy. The effects and associated mechanisms of long-term MET chemotherapy on liver-confined tumor that follows the course of invasion and metastasis in the HCC model have not yet been studied.

Therefore, this study evaluated the efficacy of extended MET therapy on established hepatic tumor growth, progression, invasion, and distant metastasis in diethylnitrosamine (DEN)-treated rats. In addition, we also examined the expression of HIF-1 α and MMPs as associated molecular mechanisms of angiogenesis and metastasis. The present findings demonstrated amplified anti-tumor effects, prolonged survival, and anti-metastatic activities of extended MET therapy in this *in vivo* tumor model together with a strong anti-angiogenic effect and inhibitory activity on MMPs in tumor tissues.

Results

Sequential development of cirrhosis and HCC during the administration of DEN

During the planned DEN administration (50 mg/kg/week), periportal fibrosis with occasional bridging fibrosis was detected on microscopic examination of the liver at 10 wk. Microscopic fibrosis became obvious from 12 wk, and distinct cirrhosis appeared at 14 wk. After 16 wk of DEN administration, dysmorphic and dyschromic nodules with a diameter ≥ 3 mm in the liver were ultimately identified as HCC on histological examination (Park *et al.*, 2010), and these nodules were used for further analysis of tumors.

Effect of MET chemotherapy on hepatic tumor growth

After 12 wk of therapy, the number and size of gross intrahepatic tumors were fewer in the MET group than the other groups (Figure 1A). The overall number of intrahepatic tumors in the MET group was significantly reduced than the control and MTD groups (29.1 ± 28.6 vs. 83.2 ± 44.9 and 65.0 ± 31.0 ; $P = 0.034$ and $P = 0.048$, respectively; Figure 1B). Furthermore, on assessment of the liver and body weight, the MET group revealed a significantly decreased liver/body weight ratio than the control or MTD groups (4.8 ± 0.8 vs. 8.4 ± 3.5 or 6.7 ± 0.2 , $P = 0.05$), indicating a reduced tumor burden with MET therapy. The number of hepatic

Figure 1. Liver tumors after 12 wk of treatment. (A) Macroscopic views of liver tumors of a representative rat from each group after 12 wk of treatment. (B) Number of liver tumors at 12 wk of therapy. The extent of tumors was evaluated from surviving rats at the time of sacrifice. The MET group had a significantly decreased number of liver tumors than the control and MTD groups (29.1 ± 28.6 vs. 83.2 ± 44.9 and 65.0 ± 31.0 , respectively). * $P < 0.05$, comparison with control; # $P < 0.05$, comparison with MTD.

Table 1. Liver/body weight ratio, hepatic nodular and lung metastasis appearance in surviving rats at week 12 in each group

Parameters	Control	MTD	MET
Liver/body weight (%)	8.4 ± 3.5	6.7 ± 0.2	4.8 ± 0.8
Liver tumors	83.2 ± 44.9	65.0 ± 31.0	29.1 ± 28.6 ^{##}
Lung metastasis	21.0 ± 1.4	6.0 ± 5.2 [*]	1.4 ± 2.5 ^{##}

^{*}*P* < 0.05, comparison with the control group. ^{##}*P* < 0.05, comparison with the MTD group.

Figure 2. Effect of MET chemotherapy on proliferating tumor cells. (A) Immunohistochemistry of tumor sections prepared after 12 wk of treatment with saline (control), MTD, and MET, respectively. Tumor sections were stained with an anti-PCNA antibody to detect proliferating cells (arrowheads) (magnification $\times 200$). (B) Immunoblot analysis of expression of PCNA in protein levels after 12 wk of treatment. β -actin was used as a loading control. (C) Bar graph of the band intensities on PCNA expression. PCNA expression was quantified by densitometry with an Image software Gauge 4.0 program. ^{**}*P* < 0.01, comparison with control; [#]*P* < 0.05, comparison with MTD.

nodules and liver/body ratio in each group are summarized in Table 1.

Suppression of tumor cell proliferation by MET chemotherapy

The MET therapy provided fewer PCNA (proliferating cell nuclear antigen)-positive cells compared to the control or MTD therapy groups (Figure 2A). We then showed that the MET chemotherapy group had down-regulated expression of PCNA compared with the other groups, as confirmed by an analysis of band densities (Figure 2B). Quantitation of PCNA-positive cells showed a significantly decreased number of proliferating cells by MET therapy compared with the control and MTD the-

Figure 3. Effect of MET chemotherapy on tumor angiogenesis. (A) Expression of vWF-positive endothelial cells (arrowheads) in tumor sections after treatment with saline (control), MTD and MET at 12 wk, respectively (magnification $\times 200$). (B) Bar graph of the mean percentage of vWF-positive cells in each group. Five fields per slide, and at least three slides per group, were examined. ^{**}*P* < 0.01, comparison with control; ^{##}*P* < 0.01, comparison with MTD.

rapy (*P* = 0.004 and *P* = 0.015, respectively; Figure 2C).

Anti-angiogenic effect of MET chemotherapy

As noted in Figure 3A, tumor microvessel density (MVD) was markedly decreased by MET chemotherapy. Although both treatments decreased angiogenesis compared with the control group, the MET therapy provided a greater decrease in endothelial cell expression than the MTD chemotherapy (*P* = 0.002; Figure 3B). Using quantitative RT-PCR, we next examined the effect of treatment on HIF-1 α , a regulator of tumor angiogenesis in tumors, and showed that the expression of HIF-1 α was significantly decreased by extended treatment of MET dosing up to 12 wk compared to the other therapies (*P* = 0.021; Figures 6A-C).

Suppression of lung metastasis by MET chemotherapy

Since control rats often died due to tumor progre-

Figure 4. Spontaneous lung metastases from hepatic tumors. Surviving rats in each group were sacrificed at 12 wk of treatment, and macroscopic pulmonary nodules were counted. (A) Gross findings of lungs of a representative rat from each group after treatment for 12 wk. (B) Tumor cell invasion in a vessel of the lung (H&E staining, magnification $\times 100$ and 400) and hepatocellular carcinoma-like cells shown in the lung (H&E staining, magnification $\times 200$ and 400). (C) Number of lung metastasis at 12 wk of therapy. Spontaneous lung metastases from HCC after 12 wk were significantly fewer in the MET group (1.4 ± 2.5) than the control (21.0 ± 1.4) and MTD (6.0 ± 5.2) groups. * $P < 0.05$, comparison with control; # $P < 0.05$, comparison with MTD.

ssion during the follow-up, only two rats surviving up to 12 wk could be evaluated for analysis in the control group. At 12 wk, all rats (100%, 2/2) in the control and 80% (4/5) in the MTD groups had macroscopic lung metastases, while only 42.9% (3/7) of the rats in the MET group had lung metastases (Figure 4). Spontaneous lung metastases from HCC after 12 wk were significantly fewer in the MET group than the control (1.4 ± 2.5 vs. 21.0 ± 1.4 , $P = 0.025$) and MTD (1.4 ± 2.5 vs. 6.0 ± 5.2 , $P = 0.043$) groups (Figure 4C; Table 1).

Activities of MMPs and TIMPs

To obtain more detailed information regarding the anti-metastatic mechanism of therapy, the activities of MMPs and TIMPs were examined at different time points of 6 and 12 wk. Five rats in each group were sacrificed, and tumors of similar size (approximately 7 mm in diameter) were used for comparison. As shown by gelatin zymography (Figure 5A), MET therapy strongly reduced the activities of gelatinases (MMP-2 and -9), which was greater suppression than MTD therapy, while the active form of MMP-9 was largely undetectable in all groups. After 6 wk, both therapies decreased the activities of MMPs, but MET therapy yielded a

Figure 5. Gelatin zymographic analysis of MMP-2 and -9 activities. (A) Gelatin zymography of pro-MMP-9, pro-MMP-2 and active MMP-2 after treatment for 6 and 12 wk. The protein concentration was determined by the Bradford protein assay, and equal amounts of protein were applied to each lane (30 μ g/lane). The picture shows a representative gel of three comparable experiments. MMP activities are visualized as white bands, corresponding to proform MMP-9 (92 KDa), proform MMP-2 (72 KDa) and active MMP-2 (62 KDa). β -actin was used as a loading control. (B and C) Bar graphs of the band intensities on MMP-9 and MMP-2 in protein levels at 6 and 12 wk of therapy. Expression of MMPs was quantified by densitometry with an Image software Gauge 4.0 program. * $P < 0.05$, ** $P < 0.01$, comparison with control; # $P < 0.05$, ## $P < 0.01$, comparison with MTD.

greater decrease in the MMP level than MTD therapy (Figure 5A). The intensity of gelatinolytic bands for both MMP-2 and MMP-9 was significantly lower in the MET group than the MTD group throughout the duration of treatment (all $P < 0.05$), except the MMP-9 level at 6 wk (Figure 5B). The activity of MMP-2 in the MTD group significantly increased thereafter during extension of treatment up to 12 wk. The expression level of MMP transcripts in tumor also correlated well with the zymographic findings. As shown in Figure 6, the expression of MMP transcripts was more reduced by MET therapy. Particularly, the level of MMP-2 transcripts was significantly lower after extended MET therapy compared to MTD therapy ($P = 0.05$; Figure 6C). Because the process of MMP-2 activation is mediated by the formation of a complex between membrane type 1 (MT1)-MMP (MMP-14), TIMP-2, and pro-MMP-2 (Butler *et al.*, 1998; Kinoshita *et al.*, 1998; Seiki, 1999), we thus attempted to examine the expression levels of MMP-14 and TIMP-2 within the tumor areas using quantitative RT-PCR. As a result, the expression of MMP-14 and TIMP-2 was significantly decreased by MET therapy when compared with the control (all $P <$

Figure 6. Expression of HIF-1 α , MMPs, and TIMPs in mRNA levels after treatment for 6 and 12 wk. (A) RT-PCR was performed to examine these factors. The expression of each lane was normalized to the level of GAPDH. The experiment was done in triplicate. (B and C) Bar graphs of the band intensities on HIF-1 α , MMPs, and TIMPs in mRNA levels. Expression of these factors was quantified by densitometry with an Image software Gauge 4.0 program. * $P < 0.05$, ** $P < 0.01$, comparison with control; # $P < 0.05$, comparison with MTD.

0.05), except for the level of MMP-14 at 12 wk. In contrast, the suppressive effect of MMP-14 or TIMP-2 was not observed during MTD therapy (Figures 6B-C). In addition, we measured the level of TIMP-1 that was suggested to be another metastatic marker in HCC (Nakatsukasa *et al.*, 1996), and found a dramatic reduction in the expression level of TIMP-1 by MET therapy. The level of TIMP-1 after 12 wk of MET therapy was significantly suppressed more than the control and MTD therapy groups ($P = 0.008$ and $P = 0.045$, respectively; Figure 6C).

Prolonged survival with MET chemotherapy

The median survival time of the MET group was 68 days, which was significantly better than the control (39 days) or MTD group (52 days) (log-rank test: $P = 0.001$ and $P = 0.014$, respectively). In contrast, the MTD group had no significant survival benefit when compared with the control group ($P = 0.356$; Figure 7).

Figure 7. Overall survival in the three groups. The overall survival time was significantly prolonged in the MET group than in the control ($P = 0.001$) and MTD ($P = 0.014$; log-rank test) groups.

Discussion

The present study investigated the enhanced anti-tumor effect of long-term MET therapy, primarily focusing on the inhibitory effect of spontaneous metastasis from well-established HCC in an autochthonous model. The results demonstrated that extended MET chemotherapy showed excellent efficacy in suppressing intrahepatic tumor growth and metastasis of HCC. This is noteworthy because despite the promising anti-angiogenic properties noted in our previous work, a short-term MET treatment (6 wk) failed to show a significant intrahepatic tumor reduction as compared with MTD therapy (Park *et al.*, 2010). Consistently, the inhibitory effect of MET on tumor cell proliferation was more significant with extension of treatment up to 12 wk, while it was not different between the MET and MTD groups at 6 wk of therapy (Park *et al.*, 2010). These findings indicate that with the extension of treatment, the tumor suppressive effect of MET scheduling is further amplified via more enhanced anti-proliferative and anti-angiogenic properties, which were significantly better than achieved with MTD therapy. Thus, this supports the previous findings that an actual effect of MET therapy is achievable when exposed continuously for longer periods of time, but not for shorter periods of time (Bocci *et al.*, 2002).

The principal mechanism of MET dosing to treat cancers is its potent anti-angiogenic activity by targeting both dividing endothelial cells in the tumor neovasculature and bone marrow-derived circulating endothelial progenitor cells (Kerbel, 2007). As expected, extended MET therapy resulted in a marked decrease in MVD on immunohistochemical analysis, which was more significant than MTD treatment and persisted up to 12 wk. Moreover, long-term MET therapy exerted a significant inhibition of expression of HIF-1 α , known to be a key modulator of angiogenesis. These findings

further confirm the strong anti-angiogenic property of MET therapy as the main tumor-suppressive mechanism.

One of the key findings in this study is that extended MET therapy significantly suppressed spontaneous pulmonary metastasis from HCC. Among the MMPs as a major factor for metastasis, the gelatinases MMP-2 and -9 are the most studied MMPs and clearly associated with the processes of cancer invasion and metastasis (Egeblad and Werb, 2002). The inhibition of either MMP-2 or -9 activities reportedly resulted in the reduction in tumor metastasis in *in vivo* models (Itoh *et al.*, 1998, 1999). In this analysis, we observed that extended MET therapy markedly suppresses the expression of both MMP-2 and -9 activities. Thus, these results suggest that the possible mechanism of suppression of pulmonary metastasis by MET may involve the inhibition of these MMPs activities.

The MMPs are synthesized as inactive zymogens and activated by proteinase cleavage. Specially, Pro-MMP-2 is known to be activated at the cell surface through a unique multistep pathway that involves MMP-14 (MT1-MMP) and the tissue inhibitor of TIMP-2 (Egeblad and Werb, 2002). In this experiment, extended MET therapy also induced a significant reduction in the expression of both MMP-14 and TIMP-2, as evidenced by quantitative RT-PCR. In addition, MET treatment significantly decreased the expression of TIMP-1. Although its role is not completely understood in HCC, TIMP-1 is reportedly overexpressed in HCC tissues, and suggested to be a potential marker of metastasis to the lung (Nakatsukasa *et al.*, 1996; Matsumoto *et al.*, 2004). Thus, the overall findings imply that the anti-metastatic effects of MET therapy may not simply be due to the suppression of primary tumor growth, but rather an additive effect of direct anti-metastatic potentials that are, at least in part, mediated through the down-regulation of MMP and TIMP activities in a coordinate manner by MET therapy.

The major advantages of metronomic strategy in cancer treatment include its lower toxicities, as also seen in this HCC model (Park *et al.*, 2010), and the possibility of combining it with other anti-cancer therapies (Kerbel, 2007). These properties of MET dosing remain the major therapeutic merits in treating HCC patients with significant co-morbid conditions, such as underlying cirrhosis. In particular, angiogenesis is an essential process to the development of HCC, and there are currently several molecular targeted agents with encouraging therapeutic efficacy in tumor control. In this clinical context, metronomic dosing of chemotherapeutic

agents is expected to be a promising option in the future management of HCC. However, the optimal biologic dosing and scheduling still remain to be determined in the presence of underlying liver cirrhosis, because the metabolism and activation of chemotherapeutic drugs can be potentially affected by liver function (Superfin *et al.*, 2007).

In conclusion, extended MET therapy resulted in a significant suppression of intrahepatic tumor growth and metastasis, and prolonged survival via strong anti-proliferative, anti-angiogenic and anti-metastatic properties in an autochthonous model of HCC. Our results support the potential for long-term use of metronomic scheduling, which can be achieved in practice without treatment interruptions. Given the modest efficacy and frequent side effects of sorafenib, the only drug currently approved as a systemic agent for HCC, metronomic chemotherapeutic scheduling is a promising approach without major toxicities in the treatment of HCC. Clinical trials using this approach are needed in the near future.

Methods

Experimental design

Male Sprague Dawley (SD) rats were initiated with intraperitoneal (i.p.) injections of DEN (Sigma Chemical Co., St. Louis, MO) at 50 mg/kg body weight in 0.9% NaCl once a week for 16 wk for induction of HCC (Schiffer *et al.*, 2005; Park *et al.*, 2010). After 8 wk, two rats were killed at intervals of 2 wk until the development of HCC. Therapy began at 17 wk and the rats were sacrificed for experiments 6 and 12 wk after therapy in each group. The rats were randomly divided into three groups: the MTD group received a 40 mg/kg CTX (Sigma Chemical Co.) i.p. injection on days 1, 3, and 5 of a 21-day cycle; the control group received an i.p. injection of saline twice a week; and the MET group received a 20 mg/kg CTX i.p. injection twice a week. Animal care and the experiments followed the guidelines for the Care and Use of Laboratory Animals from the Research Supporting Center for Medical Science of The Catholic University of Korea.

Macroscopic and microscopic observations

To examine tumor growth, after the rats were killed, tissues of whole liver and lung were removed, fixed, and were sliced at 2 mm-thicknesses. Dyschromatic and dysmorphic nodules of ≥ 3 mm in the liver and lung were counted by 2 independent investigators. The tissue samples were fixed in 10% formalin for 24 h before being embedded in paraffin. The paraffin-embedded sections were cut into 3 μ m thicknesses, dewaxed, dehydrated, and stained with hematoxylin and eosin (H&E). One pathologist (C.K.J.) blinded of experimental detail examined the sections.

Total RNA extraction and semi-quantitative RT-PCR

Total RNA was extracted from frozen tissues using TRIzol reagent following the manufacturer's instructions. RNAs were quantified by absorbance at 260 nm and then reverse-transcribed to single-strand cDNAs using random primer (TaKaRa Bio, Shiga, Japan) with a SuperScript™ II First Strand Synthesis System (Invitrogen). 2 µg of total RNA was amplified by polymerase chain reaction (PCR) and the cDNAs were amplified. The sequences of all the primers and conditions are listed in Supplementary Table 1.

Immunohistochemical analysis

For immunohistochemical staining using an antibody to PCNA and von-Willebrand factor (vWF), the paraffin sections were dewaxed in xylene and rehydrated through a graded alcohol series. To block endogenous peroxidase activity, the sections were quenched in 3% hydrogen peroxide for 10 min, and antigen retrieval was carried out in citrate buffer (pH 6.0) by a 30 min microwave treatment. Next, slides were blocked with normal serum blocking solution (DakoCytomation, Glostrup, Denmark) at room temperature for 30 minutes, followed by incubation with primary antibody (PCNA, vWF) at 4°C for overnight. After rinsing the slides, the secondary antibody conjugated in a biotinylated link universal solution (Dakocytomation, Denmark) was applied at room temperature for 2 h. Then, the streptavidin-peroxidase solution (Dakocytomation, Denmark) was applied and the slides were incubated for 1 h at room temperature. Horseradish peroxidase was detected with 3, 3'-diaminobenzidine (Vector Laboratories, Burlingame, CA) and counterstained with hematoxylin. Stained sections were counted in 5 high density fields at 400 magnifications, and the mean endothelial cells density was recorded.

Immunoblot analysis

The tissues were homogenized in t-per tissue protein extraction buffer (Pierce, Rockford, IL). The lysates were cleared by centrifugation at $10,000 \times g$ for 30 min at 4°C, and the supernatant kept frozen at -70°C until use. The protein concentration was determined by Bradford assay (Bio-Rad Laboratories, Hercules, CA) with bovine serum albumin as the standard. Proteins (40 µg) were separated by 8% SDS-polyacrylamide gel electrophoresis (PAGE) and transferred to nitrocellulose membranes (Whatman, Maidstone, Kent, UK) for 1 hr at 4°C. Then, membranes were blocked with 5% skim milk in PBS at room temperature for 30 min. The membranes were incubated with monoclonal anti-β-actin (Sigma-Aldrich) and PCNA (Abcam, UK) at 4°C overnight. Each membrane was washed 3 times with 0.05% Tween-20 contained TBS (TBS-T), following incubated with horseradish peroxidase-conjugated anti-mouse secondary antibody (Amersham Biosciences, Buckinghamshire, UK). Then, the specific protein bands were visualized with Enhanced Chemiluminescent system (Amersham, Biosciences), according to the manufacturer's instructions. The relative intensity of the bands was analyzed using the Luminescent Image Analyzer LAS-4000 Plus and Image software Gauge 4.0 (FUJI Photo Film, Co. Ltd, Minamiashigara, Japan).

Zymography

Expression of the proform and activated form of MMP-2 and -9 was analyzed by zymography. The samples taken from tumors of similar sizes in each group were then loaded onto 8% SDS PAGE electrophoresis gels containing 0.1% gelatin. After protein separation by electrophoresis under non-reducing conditions, the gel was washed with 2.5% Triton X-100 3 times for 30 minutes and then incubated for 24 h in substrate activation buffer (50 mM Tris-HCl [pH 7.6], 150 mM NaCl, 10 mM CaCl₂, and 0.002% ZnCl₂) at 37°C. The gels were stained with Coomassie blue (0.5% Coomassie R-250, 45% methanol, and 10% acetic acid) for 2 h and destained in washing solution (45% methanol, and 10% acetic acid) as necessary. White bands on a blue background indicated zones of digestion corresponding to the presence of different pro-MMPs and activated MMPs on the basis of their molecular weight. The relative intensity of signals was analyzed and compared.

Statistics

Continuous variables were compared with the *t*-test or ANOVA if normally distributed, and the Mann-Whitney test or Kruskal-Wallis test if non-parametric. Survival curves were plotted using the Kaplan-Meier method, and the differences were analyzed by the log-rank statistic. *P* values < 0.05 were considered to be statistically significant. All statistical analyses were performed using SPSS software (version 15.0, Chicago, IL).

Acknowledgements

This research was supported by The Korean Association for the Study of the Liver, Grant No.0620390 from the National R & D Program for Cancer Control, Ministry for Health, Welfare and Family Affairs, Republic of Korea.

Supplemental data

Supplemental data include a table and can be found with this article online at http://e-emm.or.kr/article/article_files/SP-43-5-06.pdf.

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