

SHORT REPORT

Variants of the *ACTG2* gene correlate with degree of severity and presence of megacystis in chronic intestinal pseudo-obstruction

Ivana Matera¹, Marta Rusmini¹, Yiran Guo², Margherita Lerone¹, Jiankang Li³, Jianguo Zhang³, Marco Di Duca⁴, Paolo Nozza⁵, Manuela Mosconi⁶, Alessio Pini Prato⁶, Giuseppe Martucciello^{6,7}, Arrigo Barabino⁸, Francesco Morandi⁹, Roberto De Giorgio¹⁰, Vincenzo Stanghellini¹⁰, Roberto Ravazzolo^{1,7}, Marcella Devoto^{11,12,13}, Hakon Hakonarson² and Isabella Ceccherini^{*,1}

Chronic intestinal pseudo-obstruction (CIPO) syndromes are heterogeneous gastrointestinal disorders, caused by either neuropathy or myopathy, resulting in compromised peristalsis and intestinal obstruction. CIPO can have a profound impact on quality of life, leading the most severely affected individuals to life-long parenteral nutrition and urinary catheterization. To search for disease causing gene(s), we performed the whole exome sequencing (WES) in both eight sporadic and two familial cases, followed by targeted sequencing in additional CIPO patients. After identifying a heterozygous missense variant in the *ACTG2* gene in one of 10 patients undergone WES, targeted Sanger sequencing of this gene allowed to detect heterozygous missense variants in 9 of 23 further patients with either megacystis-microcolon-intestinal hypoperistalsis syndrome or intestinal pseudo-obstruction. Variants thus identified, one of which still unreported, affect highly conserved regions of the *ACTG2* gene that encodes a protein crucial for correct enteric muscle contraction. These findings provided evidence for a correlation between the clinical phenotype and genotype at the *ACTG2* locus, a first step to improve the diagnosis and prognosis of these severe conditions.

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INTRODUCTION

Gastrointestinal motility disorders range from common and generally benign to rare and potentially life-threatening diseases.¹ Neuropathy, myopathy or defective interstitial cells of Cajal (ICC) can underlie these conditions, resulting in compromised peristalsis leading to chronic intestinal pseudo-obstruction (CIPO) syndromes.^{1,2} Intestinal neuronal dysplasia type B (INDB), characterized by aspecific derangements of the enteric nervous system (ENS) with submucosal hyperganglionosis, is a controversial entity, which may also be responsible for CIPO.¹

Although most CIPO patients show a sporadic occurrence, rare familial transmissions support a genetic etiology.² Candidate genes have already been tested in patients,^{3,4} however, only a small proportion of the genetic heterogeneity of CIPO could be resolved.^{5,6} Variants of the *ACTG2* gene, encoding gamma 2 enteric actin, a protein crucial for correct enteric muscle contraction, have been found in CIPO patients affected with congenital or late-onset visceral myopathy or, alternatively, megacystis-microcolon-intestinal hypoperistalsis syndrome (MMIHS).^{7–12} Here we report a study, carried out by whole exome sequencing (WES) and targeted Sanger sequencing in a total of 33 CIPO patients, which has allowed to define part of the phenotypic spectrum associated with *ACTG2* defects.

SUBJECTS AND METHODS

For details about subjects under analysis and methodologies, see the Supplementary File. Genetic data were submitted to ClinVar (www.ncbi.nlm.nih.gov/clinvar/) and the following accession numbers were obtained for the *ACTG2* variants detected: SCV000256210 (p.R178H), SCV000256211 (p.R178L), SCV000256212 (p.R178C), SCV000256213 (p.R257H), SCV000256214 (p.R257C), SCV000256215 (p.R38H) and SCV000256216 (p.R148S).

RESULTS

We have conducted a study aimed at identifying the genetic cause(s) of CIPO in 30 sporadic patients and three families, some of whom had previously been reported.^{3,13,14} Patients were affected with intestinal dysmotility and most of them already characterized from a clinical and histopathological point of view. With the exception of three sporadic patients affected with late onset visceral myopathy, referred to us by adult gastroenterologists and already tested for candidate genes,¹³ all the other patients had had a pediatric onset of the disease.

WES was applied to a first set of CIPO patients, including eight sporadic cases and the index cases of two families. Of these 10 unrelated patients, one presented with intestinal pseudo-obstruction and megacystis and nine with CIPO, including three diagnosed with

¹U.O.C. Genetica Medica, Istituto Giannina Gaslini, Genova, Italy; ²Center for Applied Genomics, Children's Hospital of Philadelphia, Philadelphia, PA, USA; ³BGI-Shenzhen, Shenzhen, China; ⁴Laboratory of Pathophysiology of Uremia, Istituto Giannina Gaslini, Genova, Italy; ⁵Pathology Unit, Istituto Giannina Gaslini, Genova, Italy; ⁶Paediatric Surgery Unit, Istituto Giannina Gaslini, Genova, Italy; ⁷DINOEMI, University of Genova, Genova, Italy; ⁸Gastroenterology and Endoscopy Unit, Istituto Giannina Gaslini, Genova, Italy; ⁹U.O. Pediatria, Ospedale Sacra Famiglia, Erba (CO), Italy; ¹⁰Department of Medical and Surgical Sciences, University of Bologna, St Orsola-Malpighi Hospital, Bologna, Italy; ¹¹Division of Genetics, Children's Hospital of Philadelphia, Philadelphia, PA, USA; ¹²Department of Pediatrics, University of Pennsylvania Perelman School of Medicine, Philadelphia, PA, USA; ¹³Department of Molecular Medicine, Sapienza University, Rome, Italy

*Correspondence: Dr I Ceccherini, U.O.C. Genetica Medica, Istituto Giannina Gaslini, Via Gerolamo Gaslini, Genova 16148, Italy. Tel: +39 (0)10 56362800; Fax: +39 (0)10 3779797; E-mail: isa.c@unige.it

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Table 1 Clinical features of CIPO patients associated with ACTG2 variants

ID	Gender	Age at present	Phenotype	Genomic position ^a	cDNA change ^b	Amino acid change ^c	Inheritance	Prenatal USS	Mega cystis	Micro colon	Mal rotation	Surgery	Other features	Outcome
S10	Female	NA	MMIHS	g.74140693	c.533G>A	p.(R178H)	De novo	M	+	+	Incomplete rotation	ileostomy, broviac for TPN, intestinal and liver transplantation		NA
S13	Female	NA	MMIHS	g.74140693	c.533G>T	p.(R178L)	Unknown	M	+	+	+	Gastrostomy and ileostomy have not been carried out due to lack of parents' consent. Broviac for TPN		Death for liver failure at 32 months
S16	Female	11 Months	MMIHS	g.74140692	c.532C>T	p.(R178C)	De novo	M	+	+	Incomplete rotation	Gastrostomy, ileostomy, broviac for TPN, cistostomy	Aplastic desmosis	TPN. CIC
S8	Female	NA	CIPO+M	g.74141963	c.770G>A	p.(R257H)	Unknown	M	+	-	Incomplete rotation	Colostomy, ileostomy, gastrostomy, broviac for TPN	ENS abnormalities	Deceased at 8 years
S9	Male	7 Years	CIPO+M	g.74141963	c.770G>A	p.(R257H)	De novo	M	+	-	+	Gastrostomy, ileostomy, broviac for TPN	ENS abnormalities	Improved GI and urinary symptoms.
S11	Male	22 Years	CIPO+M	g.74141962	c.769C>T	p.(R257C)	De novo	M	+	-	+	Colostomy, gastrostomy, broviac for TPN, cistostomy, cohen operation for megaureter	Retinal lesion, epilepsy	Intermittent TPN TPN. Fecaloma in distal bowel and frequent BO episodes
S12	Female	20 Years	CIPO+M	g.74141962	c.769C>T	p.(R257C)	Unknown	NA	+	-	-	Enterostomy, broviac for TPN, intermittent catheterization	Conduction cardiac defect	TPN. CIC
S14	Female	18 Months	CIPO+M	g.74141962	c.769C>T	p.(R257C)	De novo	M	+	-	-	Gastrostomy, ileostomy, broviac for TPN	Myopathy with glycogen vacuoli	PPN. CIC
S24	Male	NA	CIPO	g.74128444	c.113G>A	p.(R38H)	Unknown	-	-	-	-	Total colectomy	ENS	NA
S83	Female	NA	CIPO	g.74136257	c.442C>A	p.(R148S)	Unknown	-	-	-	-	Explorative laparotomy	abnormalities	Death for septicemia at 34 years

Abbreviations: BO, bowel obstruction; CIC, clean intermittent catheterization; CIPO, chronic intestinal pseudo-obstruction; ENS, enteric nervous system; M, megacystis; MMIHS, megacystis-microcolon-intestinal hypoperistalsis syndrome; NA, not available; PPN, partial parenteral nutrition; TPN, total parenteral nutrition; USS, ultrasound scan.

^ahg19 Chromosome 2 genomic reference sequence.

^bDeduced cDNA change in transcript NM_001615.3.

^cDeduced amino acid substitution. Amino acids are referred according to one single letter nomenclature.

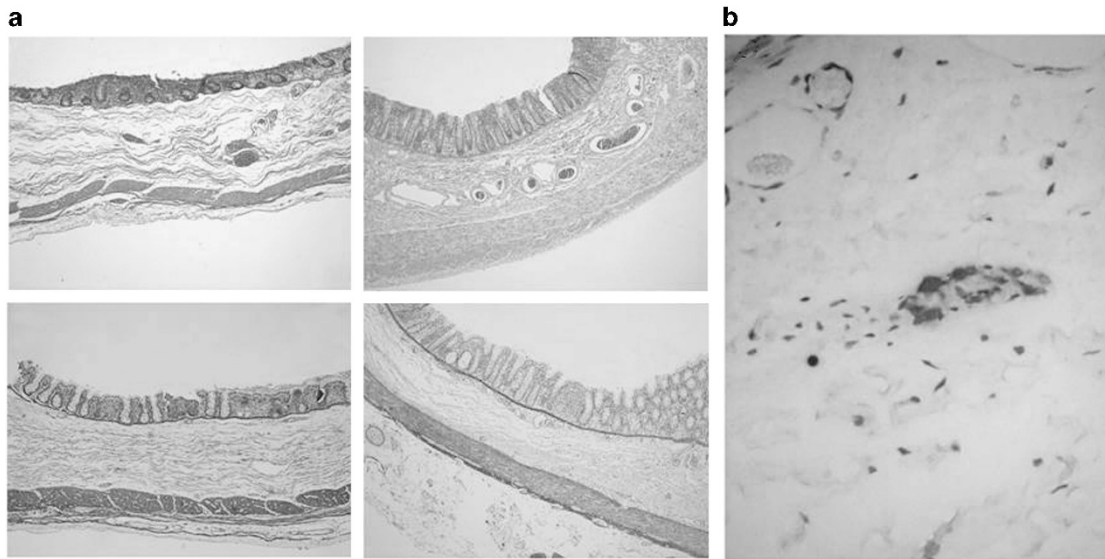


Figure 1 Representative histopathological pictures of the colon obtained from patient S9 (see Table 1). (a) Note a clearly detectable change in the thickness and structural organization of the muscularis propria of the distal (right) and proximal (left) colon; notably the muscle thickness in the distal colon exceeds that of the proximal colon. Hematoxylin and eosin staining. Original magnification 50x for both right and left pictures. The lower panel shows a significant reduction of the smooth muscle actin (SMA) immunolabeling in the distal colon (right); SMA immunolabeling was even absent in the most affected proximal colon (left). Original magnification was 50x for both right and left pictures. (b) MAP-2 immunohistochemical staining (400x) shows the presence of giant ganglia. A full color version of this figure is available at the *European Journal of Human Genetics* journal online.

INDB. A heterozygous missense variant of the *ACTG2* gene was identified in the former patient. Examination of the exome data set of the remaining 9 samples showed that all the coding exons and splice sites of *ACTG2* were properly covered and did not harbor any variant.

Subsequently, by targeted Sanger sequencing, we detected heterozygous missense variants in 9 cases with either MMIHS or CIPO. A summary of all the heterozygous *ACTG2* variants found in our cohort together with clinical features is reported in Table 1. Since the parents of five probands did not carry any variant, we concluded that these variants occurred *de novo*, at least in those cases. We did identify one new missense variant not yet reported in the literature, namely the nucleotide substitution c.113G>A (p.(Arg38His)), in patient S24 (Table 1). According to online tools predicting functional effect of human missense variants, such as Sift (<http://sift.jcvi.org/>) and PolyPhen (<http://genetics.bwh.harvard.edu/pph2/>), this variant is a putative damaging variant at a highly conserved region in the *ACTG2* gene. Moreover, it is reported neither in the Exome Sequence Variant database (<http://evs.gs.washington.edu/EVS/>), the Exome Aggregation Consortium (ExAC) database (Cambridge, MA, USA—<http://exac.broadinstitute.org>—October 2015 accessed) nor in the Single Nucleotide Polymorphism database (dbSNP 142—<http://www.ncbi.nlm.nih.gov/snp/>). Interestingly, the above patient, S24, and two other patients, S8 and S9, with the *ACTG2* c.770G>A (p.(Arg257His)) variant (Table 1), had a histological evaluation that fulfilled the diagnostic criteria for INDB.¹

Histopathological reassessment (see Supplementary File for details) was performed on colectomy specimens from the S9 patient. In addition to severe atrophy of both layers of the muscularis propria in the proximal colon, an almost complete absence of connective fibers network was also revealed. Microtubule-associated protein-2 (MAP-2) ruled out hyperganglionosis and confirmed the presence of a normal number of ganglia though, in keeping with the original report of INDB, at least 20% of them contained more than eight cells (Figure 1).

On the other hand, the remaining 20 sporadic CIPO patients, as well as three probands, each from one of the three families with CIPO recurrence (Supplementary File), resulted negative for *ACTG2* variants (Table 2).

Since a homozygous nonsense variant in the *MYH11* gene, coding for the smooth muscle myosin heavy chain, has been identified in one MMIHS patient from consanguineous parents,¹⁵ we searched for variants of this gene in our 3 familial cases without finding any variant (not shown).

DISCUSSION

CIPO includes a heterogeneous group of disorders that are still very challenging in terms of diagnostic assessment, possible therapeutic interventions and genetic counseling to families. The diagnosis of CIPO is often difficult because of (i) it still relies on clinical experience rather than on biomarkers of disease, (ii) the clinical presentation (intestinal sub-occlusive crisis mimicking a mechanical sub-occlusion) and complexity of the clinical picture (ie, the presence of comorbidities such as eg, the urinary bladder abnormalities or the syndromic forms) and, finally, (iii) the wide heterogeneity of mechanisms leading to CIPO and related clinical manifestations.² In addition, the extremely low incidence of CIPO further adds uncertainty to the clinical spectrum of these patients. In this light, we aimed at identifying genetic cause(s) and took advantage of the availability of a pediatric patient set in our Institute, which is remarkably large given the rarity of CIPO.

Results achieved during this study confirm the importance of the contractile apparatus of the smooth muscle in gastrointestinal motility disorders. Nevertheless, our findings are remarkable for several reasons.

First, given 10 probands carrying *ACTG2* variants in comparison with 23 probands without *ACTG2* variants, we can conclude that *ACTG2* variants underlie a significant proportion of CIPO phenotypes. While a recessive inheritance had been suggested for some MMIHS familial clusters,¹⁶ our patients appear to follow a putative dominant

Table 2 Clinical features of CIPO patients with no ACTG2 variants

ID	Gender	Age at present	Phenotype	Prenatal USS	Mega cystis	Micro colon	Mal rotation	Surgery	Other features	Outcome
F1	Male	NA	CIPO	NA	-	-	-	NA	ENS abnormalities	NA
F2	Male	NA	CIPO	NA	-	-	-	NA	ENS abnormalities	NA
F3	Male	12 Years	FVM	NA	-	-	-	Total colectomy		Ileo-anal pull-through
S15	Female	9 Years	MMIHS	NA	+	+	+	Ileostomy, broviac for TPN, cistostomy		Waiting list for transplant
S28	Female	NA	CIPO	-	-	-	-	Left haemicolectomy		NA
S19	Female	NA	CIPO	-	-	-	-			NA
S26	Male	13 Years	CIPO	NA	-	-	-	Ileostomy, gastrostomy		PPN
S27	Male	23 Years	CIPO	NA	-	-	+	Haemicolectomy, ileostomy, lysis of adhesions		PPN
S29	Female	NA	CIPO	NA	NA	-	-	Total colectomy	ENS abnormalities	NA
S30	Female	NA	CIPO	-	-	-	-	Total colectomy	ENS abnormalities	NA
S31	Female	17 Years	CIPO	NA	NA	-	-	Total colectomy	ENS abnormalities	Improved GI symptoms
S32	Male	NA	CIPO	-	NA	-	-	Total colectomy	ENS abnormalities	NA
S20	Female	NA	CIPO	NA	NA	-	-			NA
S21	Male	NA	CIPO	-	-	-	-	Total colectomy	MR; recurrent urolithiasis	NA
S22	Female	NA	CIPO	-	-	-	-		ENS abnormalities	NA
S25	Male	NA	CIPO	-	-	-	-			NA
S33	Male	NA	CIPO	-	-	-	-	Subtotal haemicolectomy		NA
S34	Female	NA	CIPO	NA	-	-	-			NA
S17	Female	NA	CSBS	NA	-	-	+	Lysis congenital adhesions		NA
S18	Male	NA	CSBS	NA	-	NA	NA			NA
S23	Male	Deceased	CIPO	+	+	NA	NA		ENS abnormalities	Death at 3 months
S85	Female	52 Years	Adult onset CIPO	-	-	-	-	Total colectomy, ileostomy, lysis of adhesions, broviac for TPN		TPN
S86	Female	57 Years	Adult onset CIPO	-	-	-	-	Total colectomy, ileostomy, lysis of adhesions, broviac for TPN		PPN

Abbreviations: CIPO, chronic intestinal pseudo-obstruction; CSBS, congenital short bowel syndrome; ENS, enteric nervous system; FVM, familial visceral myopathy; M, megacystis; MR, mental retardation; MMIHS, megacystis-microcolon-intestinal hypoperistalsis syndrome; NA, not available; PPN, partial parenteral nutrition; TPN, total parenteral nutrition; USS, ultrasound scan.

pattern of inheritance with *de novo* fully penetrant variants. However, we can only speculate about underlying pathogenic mechanisms. Given the majority of causative *de novo* ACTG2 variants detected in the present patients are precisely clustered in only four codons, interestingly coding for arginine residues (Arg38, Arg148, Arg178 and Arg257), either a gain-of-function or a dominant negative pathogenic mechanisms can be invoked for the resulting disorders.

Indeed, the reported presence of abnormal intracellular inclusion bodies and abnormal muscularis propria architecture with reduction of the normal protein in patients with a p.(Arg148Ser) ACTG2 variant^{7,8} can consistently rule out different pathogenic hypotheses.

Furthermore, an altered cellular ACTG2 staining pattern in smooth muscle cells of the muscularis propria, with abnormal aggregates or clumps of stain in the cytoplasm resulting in a granular appearance, possibly due to an accumulation of unpolymerized, non-functional ACTG2 fibers in the inner layer, was reported also in a p.(Arg257His) ACTG2 variant carrier.¹² Consistently, the histological reassessment of our patient S9, carrying the same p.(Arg257His) variant, showed abnormal muscularis propria architecture and abnormal smooth muscular actin expression. On the other hand, no anomaly of muscle layers was reported in a patient affected by visceral myopathy and carrying a p.(Gly269Glu) ACTG2 variant.¹¹ In addition, cell experimental studies with ACTG2 variant constructs revealed reduced incorporation of the variant protein into actin filaments⁷ and confocal images allowed to assess a poor association of ACTG2 mutant fibers with actin filaments,⁹ thus suggesting again a dominant negative effect of the ACTG2 variants.

Second, genotype-phenotype correlation can be attempted. With only one exception, all the patients reported here with ACTG2 variants had neonatal/infantile onset with gastrointestinal motility disorder, intractable constipation, urinary catheterization and dependence on total parenteral nutrition. Differently from Wrangler *et al.*,¹⁰ who classified as MMIHS also pseudo-obstruction patients with no megacystis and microcolon, here we refer to cases where the presence of microcolon could not be confirmed as CIPO+megacystis (CIPO+M) rather than as MMIHS. This has allowed us to correlate the clinical phenotype with the genotype at the ACTG2 locus, finding that variants affecting codon Arg178, namely c.533G>A (p.(Arg178His)), c.533G>T (p.(Arg178Leu)) and c.532C>T (p.(Arg178Cys)), appear to be related to the most severe form of CIPO, namely MMIHS. Table 1 shows that missense substitutions of codon Arg257, namely c.769C>T (p.(Arg257Cys)) and c.770G>A p.(Arg257His)), are associated with patients showing CIPO with megacystis, a condition less severe than MMIHS though still life-threatening and with a poor outcome. Given the disparities in the clinical classification of CIPO between different patient sets, the genotype-phenotype correlation we have deduced here mainly applies to our dataset. Noteworthy, observations confirming our hypothesis have been reported for the highly homologous ACTA2 gene, encoding the predominant α 2-actin isoform in the smooth muscle of the vascular wall. p.(R258H) and p.(R258C) in ACTA2 have been implicated as disease causing variants in families with thoracic aortic aneurysm and dissections.¹⁷ On the other hand, the p.(R179H) variant in ACTA2 causes severe multisystem smooth muscle cell dysfunction with early-onset vascular disease

similar to moyamoya disease,¹⁸ and has also been reported in a patient with prune belly sequence and first trimester-onset fetal megacystis.¹⁹ Interestingly, variants of Arg179 in *ACTA2* cause more severe phenotypes than variants of Arg258,¹⁷ thus confirming similar effects of substitutions at paralogous nucleotide positions of *ACTA2* and *ACTG2* genes and, therefore, the genotype–phenotype correlation we propose for variants at residues Arg257 and Arg178 of the *ACTG2* gene.

The cases of variants of codons Arg38 and Arg148 need to be also considered. The c.113G>A (p.(Arg38His)) variant of our set apparently displays a milder effect, with the affected patient showing only CIPO and no further complications. Consistent with previous observations of adult patients carrying variants affecting codon Arg148,^{7,8} also our patient S83 was affected by adult visceral myopathy, a late onset condition characterized by fast progression and very poor outcome.

The further definition of the phenotypic spectrum associated with *ACTG2* causing variants in larger CIPO series will improve diagnosis and our understanding of disease prognosis.

Finally, our results allow to retrospectively speculate about the nature of the primary defect in patients carrying *ACTG2* variants. Indeed, most of our patients initially received an INDB diagnosis and consequently were regarded as affected by intestinal neuropathy. Similar to our patients, one of whom with CIPO+megacystis (S9) has specifically been reassessed showing a histological picture of visceral myopathy rather than visceral neuropathy, some histopathological studies of the myenteric and submucosal plexuses reported abnormalities of ganglion cells in *ACTG2* variant carrying CIPO and MMIHS patients.^{8,20} These results rule out the histopathological INDB picture, confirmed in the above S9 patient, as a hallmark for enteric neuropathy and/or a feature peculiar of intestinal innervations defects, suggesting enteric nervous system abnormalities may be secondary consequences of an impaired gut motility caused by *ACTG2* variants and can occur either alongside, in parallel or subsequently to a primary non-enteric nervous system defect. This is of utmost importance for CIPO classification and confirms the need for extensive correlations between histopathological/clinical phenotypes and genetic defects in gastrointestinal motility disorders.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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