

ARTICLE

Clinical relevance of Y-linked CNV screening in male infertility: new insights based on the 8-year experience of a diagnostic genetic laboratory

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AZF microdeletion screening is routinely performed in the diagnostic work-up for male infertility; however, some issues remain debated. In this study, we provide insights into the sperm concentration cutoff value for routine testing, the predictive value of **AZFc** deletion for testicular sperm retrieval and the Y-background contribution to the interpopulation variability of deletion frequencies. In the Spanish population, partial **AZFc** rearrangements have been poorly explored and no data exist on partial duplications. In our study, 27/806 (3.3%) patients carried complete **AZF** deletions. All were azoo/cryptozoospermic, except for one whose sperm concentration was 2×10^6 /ml. In **AZFc**-deleted men, we observed a lower sperm recovery rate upon conventional TESE (9.1%) compared with the literature (60–80% with microTESE). Haplogroup E was the most represented among non-Spanish and hgr P among Spanish **AZF** deletion carriers. The analysis of **AZFc** partial rearrangements included 330 idiopathic infertile patients and 385 controls of Spanish origin. *Gr/gr* deletion, but not **AZFc** partial duplications, was significantly associated with spermatogenic impairment. Our data integrated with the literature suggest that: (1) routine **AZF** microdeletion testing could eventually include only men with $\leq 2 \times 10^6$ /ml; (2) classical TESE is associated with low sperm recovery rate in azoospermic **AZFc**-deleted men, and therefore microTESE should be preferred; (3) Y background could partially explain the differences in deletion frequencies among populations. Finally, our data on *gr/gr* deletion further support the inclusion of this genetic test in the work-up of infertile men, whereas partial **AZFc** duplications do not represent a risk for spermatogenic failure in the Spanish population.

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INTRODUCTION

Y-chromosome microdeletions are a well-established genetic cause of severe spermatogenic failure and their molecular diagnosis is part of the diagnostic work-up of severe male factor infertility.¹ These submicroscopic deletions, involving the **AZF** region of the Yq, can be classified according to the recombination hot spot and have been designated as **AZF_a**, P5-proximal P1 (**AZF_b**), P5-distal P1 (**AZF_bc**), P4-distal P1 (**AZF_bc**) and *b2/b4* (**AZF_c**).^{2,3} The deletion frequency clearly varies according to the semen phenotype; indeed, severely oligozoospermic and azoospermic men have the highest risk of carrying Y microdeletions. The different deletion frequency observed even within similar semen categories among infertile men from different populations suggests that ethnic background could also influence the occurrence of this genetic anomaly. The lowest deletion frequency (1.8%) was reported in German and Danish idiopathic severely oligozoospermic men,^{1,4} whereas the highest was reported in

an ethnically admixed population from France (13.7%)⁵ and in Romanians (10%).⁶ Data on the prevalence of classical **AZF** deletions in men attending an infertility clinic in Spain derive from two independent surveys, with an overall frequency of 5.4% and 7%, respectively.^{7,8}

Because of its complex structure, rich in massive near-identical amplicons, the **AZFc** region is particularly susceptible to homology-based intrachromosomal recombination events and hence to structural variations as copy number variations (CNVs).^{9,10} In addition to the classical **AZFc** deletion, several recurrent partial deletions (named *gr/gr*, *b2/b3* and *b1/b3*) and duplications (*b2/b4* duplication) have been reported.^{11,12} Even though all partial rearrangements produce either a decrease or an increase in **AZFc** gene dosage, only the '*gr/gr* deletion' resulted to be clinically relevant. The clinical significance of this recurrent deletion has been object of a long-lasting debate. Controversies are mainly because of selection biases and the lack of

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ethnic matching between cases and controls.¹³ Notwithstanding, the four meta-analyses published so far on this topic indicate that *gr/gr* deletion represents a significant risk factor for impaired sperm production.^{14–17} The clinical relevance of *gr/gr* deletion has been confirmed further by a recent multiethnic population-based survey of >20 000 Y chromosomes, reporting a 1.9-fold increased risk of severe spermatogenic failure.¹⁸ The prevalence and clinical significance of partial *AZFc* rearrangements in the Spanish population has been little explored and only one pilot study was performed.¹⁹ Similarly, partial *AZFc* duplications in male infertility have been poorly explored. To date, only two groups have addressed this topic in the Taiwanese and Italian populations, reaching contradictory conclusions.^{12,20} In addition, by using a consecutive cohort study model, Noordam *et al*²¹ suggested that both lower and higher *DAZ* gene dosage could be deleterious for spermatogenesis.

This study presents the 8-year experience of our clinic in testing infertile men for Y-linked CNVs. Our first aim was to thoroughly describe the genetic makeup (karyotype and classical *AZF* deletions) of consecutive infertile men referring to our genetic laboratory and, thus, to provide further data on the clinical indications for routine genetic testing. Our second aim was to corroborate the clinical relevance of *gr/gr* deletion in Spain by performing a detailed molecular characterization of the *AZFc* region in a carefully matched case/control study setting.

For the first time, we provide data on the prevalence and clinical significance of *AZFc* partial duplications in the Spanish population, contributing to outline the effect of an increased *DAZ* gene dosage on sperm production in a Caucasian Y background.

PATIENTS AND METHODS

Subjects

We retrospectively analyzed a set of 806 consecutive infertile men, screened for Y-chromosome microdeletions between November 2004 and December 2012. Most of them (72.95%) were Spanish, whereas the remaining (27.05%) were of different geographic origin. The majority of non-Spanish patients (53.7%) came from North-Western Africa, mostly from Morocco (44.0%). The second most represented countries were Southern and Central America (22%), followed by Middle and Far East (9.2%), with Eastern, North-Western and Southern Europe accounting for 7.3%, 6.0% and 1.8% of non-Spanish patients, respectively. All patients underwent a comprehensive andrological examination (including physical examination, scrotal ultrasound and hormone analysis) and karyotype analysis was performed for 747 men. Based on clinical and karyotype data, patients were classified into 'idiopathic' and 'nonidiopathic' (Table 1), except for 27 (3.3%) patients whose medical history resulted insufficient for an etiologic classification. Semen analysis was performed according to the WHO guidelines²² except for morphology, for which strict criteria were used. In all, 291 patients were azoospermic (AZ); 392 and 88 presented severe (SOZ; $0 < \text{sperm concentration (SC)} \leq 5 \times 10^6/\text{ml}$) and moderate oligozoospermia (MOZ; $5 < \text{SC} < 20 \times 10^6/\text{ml}$), respectively, 31 had normal SC ($\geq 20 \times 10^6/\text{ml}$) but low motility (asthenozoospermia) or <4% of normal morphology (teratozoospermia) or a combination of both (asthenoteratozoospermia). For four patients, semen parameters were not available. Bilateral testicular biopsy was performed in 213 patients. A single biopsy was retrieved after scrotal incision from each testis for both diagnostic (to define the type of tubular damage) and therapeutic purposes (to recover spermatozoa for assisted reproductive techniques (ARTs)). Overall, mature sperm could be retrieved in 45.1% of cases (for further details, see Supplementary Table 1).

Study population for the screening of partial *AZFc* rearrangements. From a total of 715 Spanish subjects, 330 strictly selected 'idiopathic' infertile patients and 385 controls were analyzed for partial *AZFc* rearrangements. This group included: 94 AZ, 190 SOZ and 46 MOZ men. Controls were recruited on the basis of normal sperm parameters²² among sperm donors and men with

Table 1 Classification of the Yq (micro)deletion screening cohort according to the geographic origin of patients and the etiology of spermatogenic disturbance

| Clinical findings | No. of patients with Y chr. (micro) deletion/total (%) | | |
|------------------------------------|--|--------------|--------------|
| | Spanish | Non-Spanish | Total |
| Nonidiopathic infertility | 5/239 (2.0) | 3/86 (3.5) | 8/325 (2.4) |
| Karyotype abnormalities | 3/41 (7.3) | 3/17 (17.6) | 6/58 (10.3) |
| Urogenital obstructions | 1/15 (0.0) | 0/10 (0.0) | 1/25 (4.0) |
| Cryptorchidism | 1/127 (0.8) | 0/32 (0.0) | 1/159 (0.6) |
| Testicular tumor ^a | 0/6 (0.0) | 0/1 (0.0) | 0/7 (0.0) |
| Recurrent infections/inflammations | 0/13 (0.0) | 0/11 (0.0) | 0/24 (0.0) |
| Varicocele ^b | 0/12 (0.0) | 0/5 (0.0) | 0/17 (0.0) |
| Other abnormalities | 0/25 (0.0) | 0/10 (0.0) | 0/35 (0.0) |
| Idiopathic infertility | 9/328 (2.7) | 10/126 (7.9) | 19/454 (4.2) |
| Unclassified | 0/21 (0.0) | 0/6 (0.0) | 0/27 (0.0) |
| Total | 14/588 (2.3) | 13/218 (5.9) | 27/806 (3.3) |

Additional 54 patients with varicocele associated with other abnormal andrological findings or karyotype anomalies are included in the above etiologic categories.

Idiopathic infertility: no abnormal andrological or genetic findings. Patients with varicocele grade 1 or other mild andrological findings are included.

Other abnormalities: includes systemic diseases and testis trauma.

Unclassified: patients whose medical history was insufficient for an etiologic classification.

^aThree cryptorchid patients are included.

^bBilateral or unilateral varicocele grade 2 or 3 as the only andrological anomaly found.

proven fertility. The total motile sperm count (TMC) was calculated for all subjects by multiplying semen volume by sperm concentration and the percentage of progressively motile spermatozoa.

To prevent recruitment bias, much care was taken for the ethnic and geographic matching of patients and controls. All were explicitly asked for their paternal and maternal origin and only subjects with proven Spanish ancestry were included. The Y-chromosome haplogroup (*hgr*) analysis further confirmed the similar Y-chromosome background in cases and controls (see Supplementary Figure 3). This study was approved by the local ethics committees and all participants signed an informed consent.

Methods

Molecular analysis. Genomic DNA was extracted from peripheral blood samples using a standard method.²³ The screening for Yq microdeletions was performed according to the European Academy of Andrology (EAA)/European Molecular Genetics Quality Network (EMQN) guidelines²⁴ with the addition of the STS sY1201 (Figure 1b). Detection and molecular characterization of partial *AZFc* rearrangements was performed according to a previously reported method.²⁰ Briefly, we analyzed STSs sY1291, sY1191, sY1189, sY1197 and sY1192 (see GeneBank accessions G72340, G73809, GF102061, G67168 and G67166 for PCR primers and conditions) and identified the *gr/gr* deletion by the absence of sY1291 and sY1189 and *b2/b3* deletion by the absence of sY1192 and sY1191.

Y *hgr* definition. Y *hgr* was defined in all individuals with partial *AZFc* rearrangements and in 21 *AZF* classical deletion carriers. In addition, ~60% of subjects recruited for the case/control study were analyzed in order to exclude population stratification bias. All individuals were genotyped for six binary markers (M145, M96, M9, M45, M168 and Lly22g) using a multiplexed primer set previously described²⁵ and adapted for SNaPshot single base extension (Applied Biosystems, Foster City, CA, USA). This allowed the definition of eight *hgr* branches: A,B; DE,D; E; C,F,G,H,I; K,L,M,NO,O,S,T; J; N; P,Q,R.²⁶ Marker 12f12 was tested only to discriminate between *hgrs* C,F,G,H,I and *hgr* J.

Statistical analysis. SPSS (version 17.0, Chicago, IL, USA) was used. We tested the significance of the observed difference in the incidence of partial *AZFc* deletions between patients and controls using Fisher's exact test. As SC and

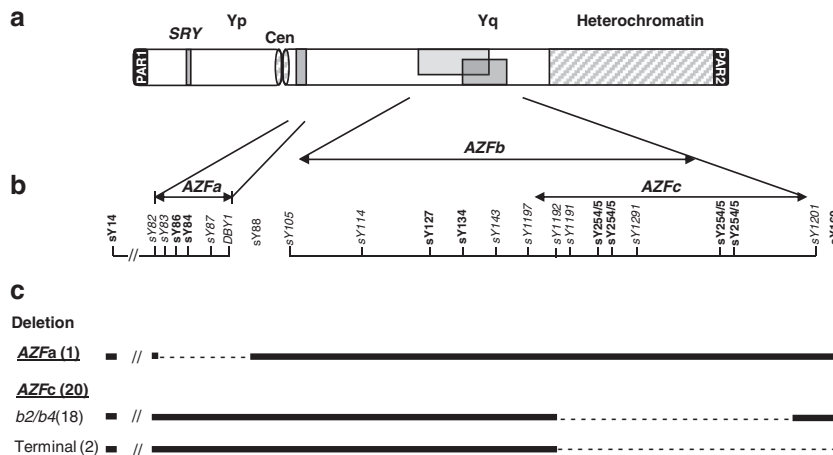


Figure 1 Representation of the 21 'genuine' Yq microdeletions detected. (a) Schematic representation of the Y chromosome showing the three AZF regions. (b) STS markers used for the diagnosis of Y microdeletions: in bold are the STSs used for the first step screening, and in italic are the ones used for the determination of the breakpoints of deletions (c) Type and number (n) of AZF deletions reported in the current study.

TMC were not normally distributed, we used the nonparametric median test to compare median values of SC and TMC between individuals grouped according to *DAZ* copy number (CN; $P < 0.05$ as statistically significant). Potential confounding factor, for partial *AZFc* deletions, were avoided by screening only individuals with no partial duplications and vice versa.

RESULTS

Routine diagnostic screening: AZF deletions and karyotype anomalies

Among the 806 patients, 27 were found with a complete *AZF* deletion (3.3%). Karyotype anomalies were reported in a total of 58 patients with the most frequent anomaly represented by Klinefelter syndrome (for details see Supplementary Table 2). Out of 27 deletion carriers, 6 showed abnormal karyotype: (1) 4 cases with the entire Yq missing (three 46,XX male and one with 46,X,i(Yp)) and (2) 2 terminal *AZFbc* deletions (chrY.hg19:g.(19357589_22570359)_(58912042_?)del) (LOVD3 data base Variant ID: 0000021249)²⁷ with breakpoint at P5 palindrome described at the karyotype analysis as *idic*(Yp). Among the 689 infertile patients with normal karyotype, 21 'genuine' Y-chromosomal microdeletions were identified (3.0%): (1) 1 complete *AZFa* (chrY.hg19:g.(14328345_14607475)_(15132293_15603923)del) (Variant ID: 0000021250); (2) 20 *AZFc*: two terminal (chrY.hg19:g.(24524070_24872541)_(58912042_?)del) (Variant ID: 0000021251) and 18 *b2/b4* (chrY.hg19:g.(24524070_24872541)_(25316578_28457316)del) (LOVD3 ID: chrY_000070) *AZFc* deletions (Figure 1c).

AZF deletion frequency: Estimating deletion frequencies according to the etiology showed a relatively higher frequency of deletions in the 'idiopathic' (4.2%, 19/454) compared with the 'nonidiopathic' group (2.4%, 8/325) (Table 1). In order to evaluate the impact of semen phenotype and etiology on the deletion frequency, we calculated the frequency for distinct semen categories belonging to different etiologic/sperm concentration groups (Table 2). The large majority of *AZF* deletion carriers (21/27) were AZ men, most of whom were 'idiopathic' (13/152; 8.5%). Also in this case, the etiology seems to play an important role, as the deletion frequency in the 'nonidiopathic' group was significantly lower (2.2%; $P = 0.037$). The deletion frequency in Spanish 'idiopathic' infertile men was significantly lower compared with the non-Spanish men (2.7% versus 7.9%; $P = 0.018$).

Genotype/phenotype correlation: Only 6 subjects (all *AZFc* deletion carriers) presented spermatozoa in their ejaculate, 5 with

$< 1 \times 10^6$ /ml and 1 with 1.2×10^6 /ml. At least 3 semen analyses were performed for each individual over 1–2 years. Among patients with $< 1 \times 10^6$ /ml, two (07-026, 06-192) displayed a nearly stable SC over time (both $\sim 0.01 \times 10^6$ /ml), whereas more evident, although not significant, oscillations in the range of cryptozoospermia (CR) were observed in 06-012 (SC = $0.095\text{--}0.044 \times 10^6$ /ml), 08-039 (SC = $0.04\text{--}0.250 \times 10^6$ /ml) and 07-313 (SC = $0.15\text{--}0.250 \times 10^6$ /ml). A temporal trend for sperm number reduction was observed in the *b2/b4* *AZFc* deletion carrier with $> 1 \times 10^6$ /ml (09-067), who displayed a SC decrease from SOZ (1.6×10^6 /ml) to CR (0.260×10^6 /ml), respectively. In two SOZ patients, ICSI was performed with success using ejaculated spermatozoa and resulted in the birth of a healthy girl in both cases. No pregnancy was achieved in the other four cases.

AZ men with *AZFc* deletion had variable testicular phenotypes ranging from 'pure' or 'mixed' Sertoli cell-only syndrome (SCOS) to 'pure' bilateral hypospermatogenesis. TESE was performed in 11 patients and only 1 had spermatozoa (9.1% sperm recovery rate upon TESE).

The patient with complete *AZFa* deletion (sample 10-452) had pure bilateral SCO histology and no spermatozoa could be recovered upon TESE. Detailed genotype/phenotype description and ART results for *AZF* deletion carriers are reported in Table 3.

Partial AZFc rearrangements: case/control association study

gr/gr deletion: A conventional *gr/gr* deletion (chrY.hg19:g.(24876071_25505070)_(25505734_25316178)del) (LOVD3 DB-ID: chrY_000067) was found in 17 subjects (12 infertile patients and 5 normozoospermic controls). The deletion frequency between the two groups was statistically significant (12/302, 3.9% vs 5/359, 1.4%; OR = 2.853; 95% CI = 1.017–8.007; $P = 0.032$; Table 4a).

b2/b3 deletion: This type of deletion (chrY.hg19:g.(24524070_24872541)_(24876071_25505070)del) (LOVD3 DB-ID: chrY_000068) was found only in the patient group (4/296) with a significantly different frequency compared with controls (0/354) (1.3% vs 0.0%, $P = 0.043$).

A detailed description about *gr/gr* and *b2/b3* deletion carriers is given in Supplementary Table 3.

Atypical deletions: Two patients (11-513 and 05-236) presented an atypical deletion pattern (both sY1291 and sY1191 positive) associated with the removal of *DAZ3/4* and *CDY1B* (g.[26909216_27053187del;26191377_26194161del]) (variant ID: 0000021252) in

Table 2 Frequency of Yq microdeletions in idiopathic and nonidiopathic patients with normal karyotype in Spanish and non-Spanish cohorts based on the sperm concentration

| Sperm concentration (SC) × 10 ⁶ /ml | Spanish | | | Non-Spanish | | | Total infertile men |
|--|---------------------------|------------------------|--------------|---------------------------|------------------------|--------------|---------------------|
| | Nonidiopathic infertility | Idiopathic infertility | Total | Nonidiopathic infertility | Idiopathic infertility | Total | |
| Frequency | | | | | | | |
| SC = 0 | 2/66 (3.0) | 7/96 (7.3) | 9/162 (5.5) | 0/25 (0.0) | 6/56 (10.7) | 6/81 (7.4) | 15/243 (6.2) |
| 0 < SC ≤ 1 | 0/67 (0.0) | 2/87 (2.3) | 2/154 (1.3) | 0/18 (0.0) | 3/41 (7.3) | 3/59 (5.1) | 5/213 (2.3) |
| 1 < SC ≤ 5 | 0/36 (0.0) | 0/87 (0.0) | 0/123 (0.0) | 0/15 (0.0) | 1/17 (5.9) | 1/32 (3.1) | 1/155 (0.6) |
| 5 < SC < 20 | 0/19 (0.0) | 0/42 (0.0) | 0/61 (0.0) | 0/8 (0.0) | 0/9 (0.0) | 0/17 (0.0) | 0/78 (0.0) |
| SC ≥ 20 ^a | 0/8 (0.0) | 0/16 (0.0) | 0/24 (0.0) | 0/3 (0.0) | 0/3 (0.0) | 0/6 (0.0) | 0/30 (0.0) |
| Cumulative frequency | | | | | | | |
| SC ≤ 1 | 2/133 (1.5) | 9/183 (4.9) | 11/316 (3.5) | 0/43 (0.0) | 9/97 (9.2) | 9/140 (6.4) | 20/456 (4.4) |
| SC ≤ 5 | 2/169 (1.2) | 9/270 (3.3) | 11/439 (2.5) | 0/59 (0.0) | 10/114 (8.7) | 10/173 (5.8) | 21/612 (3.4) |
| SC < 20 | 2/188 (1.0) | 9/312 (2.9) | 11/500 (2.2) | 0/66 (0.0) | 10/123 (8.1) | 10/189 (5.3) | 21/689 (3.0) |
| Total | 2/196 ^b (1.0) | 9/328 (2.7) | 11/524 (2.1) | 0/69 (0.0) | 10/126 (7.9) | 10/195 (5.1) | 21/719 (2.9) |

^aSubjects with normal sperm concentration but low motility (asthenozoospermia) or <4% normal morphology (teratozoospermia) or with combined anomalies: asthenoteratozoospermia.
^bTwo Spanish nonidiopathic infertile patients with unknown sperm parameters are excluded.

the first subject and of *DAZ3/4* and both *CDY1* copies (g.[26909216_27053187del; 26191377_26194161del; 27768264_27771049del]) (variant ID: 0000021253) in the second subject.

All partial deletions: We calculated the combined frequency of all the deletions that decrease the *AZFc* gene content of at least 50%, observing a significantly higher frequency in patients compared with controls (5.8% vs 1.8%, respectively; OR = 4.196; 95% CI = 1.576–11.170; *P* = 0.001; Table 4a).

***AZFc* duplications:** an increased *DAZ* gene dosage (6 or 8 *DAZ* copies) associated with a simultaneously increased *CDY1* gene dosage (3 or 4 copies) was observed in 28 Y chromosomes. These CNVs likely derive either from *gr/gr* (chrY:hg19:g.(24876071_25505070)_(25505734_25316178)dup) (Variant ID: 0000021256) or *b2/b4* duplication (chrY:hg19:g.(24524070_24872541)_(25316578_28457316)dup) (Variant ID: 0000021258) events and did not show significant differences between patients (4.9%) and controls (3.5%) (Table 4a). We also found one control displaying a *gr/gr* deletion–duplication (chrY:hg19:g.((24876071_25505070)_(25505734_25316178)del;(24524070_24872541)_(25316578_28457316)dup) (Variant ID: 0000021254) characterized by 4 *CDY1B* and 8 *DAZ3/4* gene copies. Moreover, another patient carried a *b2/b3* deletion followed by a *b2/b4* duplication (chrY:hg19:g.((24524070_24872541)_(24876071_25505070)del;(24524070_24872541)_(25316578_28457316)dup) (Variant ID: 0000021255) that restored the reference gene dosage, and thus presented 4 *DAZ* copies (*DAZ1/2* and *DAZ3/4*) and 2 copies of *CDY1B*.

Isolated *CDY1* and *DAZ* CNVs: Two controls showed an isolated increase of *CDY1* CN with 3 and 4 *CDY1*, respectively. Finally, isolated amplification of *DAZ* was found in 13 subjects: 10 (4 patients and 6 controls) with 6 *DAZ* copies and 3 (all controls) with 8 *DAZ* copies (Table 4b).

Impact of the *DAZ* CNVs on semen quality

In order to evaluate the effect of *DAZ* gene CNVs on semen quality, we grouped all subjects into five different categories: 0, 2, 4, 6 and 8 *DAZ* gene copies (for details see Table 4b). Men with 0 and 2 *DAZ* gene copies showed a significantly lower SC (median with 25th/75th percentiles: 0.0 × 10⁶; 0.0–0.07 and 3.0 × 10⁶/ml; 0.16–15.0, respectively) and TMC (0.0 × 10⁶; 0.0–0.0 and 2.4 × 10⁶; 0.13–30.0,

respectively) compared with those bearing 4 *DAZ* gene copies (median SC 35.0 × 10⁶/ml; 0.16–15.0 and median TMC of 31.3 × 10⁶; 0.13–125.9). Increased *DAZ* gene CN (both 6 and 8 copies), although showing lower sperm count, was not significantly associated with reduced sperm quality (Figure 2).

Effect of Y-chromosome background

Y hgr analysis was performed in order to: (1) search for a putative association between Y background and formation of complete *AZFc* deletions and partial *AZFc* rearrangements; and (2) further evaluate the contribution of Y hgr to the phenotypic expression of the *gr/gr* deletion. Branches P,Q,R were the most represented in the whole study population (63.1% of all subjects analyzed; Supplementary Figure 1). All Spanish *AZFc* deletion carriers belonged to these hgrs (Supplementary Figure 2A), which conversely made up only 15.4% of non-Spanish carriers. In fact, the Y hgr mostly observed in this cohort was hgr E (23.1%), found in 3 African patients (2 from Morocco and 1 from Cameroon), followed by the branches C,F,G,H,I; J (15.4% each) and K,L,M,NO,S,T/N (7.7%; Supplementary Figure 2B). Concerning the *gr/gr* deletion study (exclusively based on the Spanish population), we observed a similar Y hgr distribution in patients and controls: the majority belonged to the hgrs P,Q,R (63.5% and 62.7%, respectively), whereas the rest showed matching frequencies between the two groups (Supplementary Figure 3). Similarly, branches P,Q,R were the most represented among *gr/gr* deletion carriers in both patients (9/12; 75%) and controls (3/5; 60%) and none of the other Y hgrs observed (E; J; K,L,M,NO,S,T/N; C,F,G,H,I) showed a significant enrichment in the two phenotypic groups.

DISCUSSION

Many aspects of Y-chromosome microdeletions have been clarified (mechanism of formation, identification of the genes involved, semen phenotype-dependent variation of the deletion frequency), but a few debated issues merit further discussion. First of all, it is unclear whether Y background might predispose to the formation of deletions, thus contributing to the observed ‘interpopulation’ variation in the deletion frequency. In our study, the significantly higher deletion frequency observed in non-Spanish compared with Spanish idiopathic infertile men is plausibly because of the different

Table 3 Genotype/phenotype description and ART results of 27 patients with AZF deletion

| Patient ID | Deletion type | Geographic origin | Y haplogroup | SC ^a ($\times 10^6/ml$) | Karyotype | FSH (U/l) | LH (U/l) | T (ng/ml) | Mean testis | | ART/pregnancy |
|------------|---------------|-------------------|---------------|--------------------------------------|---|-----------|----------|-----------|-------------|--|---------------------------------|
| | | | | | | | | | volume (ml) | Testis histology/sperm recovery | |
| 10-452 | AZFa | Spanish | P,Q,R | 0 | 46,XY | 8.28 | 4.43 | 6.23 | n.a. | (SCOS)/sp- | 2 x IUI-D/I baby |
| 08-221 | AZFb,c | Spanish | n.a. | 0 | (45,X[50],46,X,idelic(Y)(q11.1),ishY(DYZ3.SRY))++ | 21.3 | 20.3 | 4.30 | n.a. | n.p. | 2 x IUI-D/I baby |
| 10-041 | AZFb,c | Spanish | n.a. | 0 | 45,X[10]/46,X,idelic(Y)(q11.22)[40] | 11.7 | n.p. | n.p. | 13.5 | n.p. | IUI-D/I pregnancy |
| 04-143 | AZFc b2/ b4 | Moroccan | E | 0.01 | 46,XY | 28.3 | 3.67 | 4.41 | 13.5 | n.p. | 2 x ICSI/ no pregnancy |
| 05-070 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 24.7 | 5.3 | 3.7 | 18 | n.p. | n.p. |
| 07-179 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 30.4 | n.p. | n.p. | 15 | (R: mixed atrophy with no mature spermatids; L: SCOS)/sp + | ICSI ^b /I baby |
| 07-534 | AZFc b2/ b4 | Romanian | C,F,G,H,I | 0 | 46,XY | 27 | 11.8 | 2.65 | 15 | (80-90% SCOS, 10% Sclero Hiialynosis)/sp- | n.p. |
| 08-254 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 27.8 | 7.44 | 5.45 | 15 | n.p. | n.p. |
| 09-029 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 20.9 | 9 | 8.05 | 10.50 | (90% SCOS, 10% HSI)/sp- | ICSI ^b /no pregnancy |
| 10-465 | AZFc b2/ b4 | Moroccan | E | 0 | 46,XY | 15.6 | n.p. | n.p. | 15 | (SCOS)/sp- | n.p. |
| 06-167 | AZFc b2/ b4 | Lithuanian | K,L,M,N,O,S,T | 0 | 46,XY | 8.82 | 1.82 | 4.87 | 22.5 | (HS)/sp- | n.p. |
| 11-529 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 14.2 | 4.15 | 2.68 | | (SCOS)/sp- | IUI-D/no pregnancy |
| 07-339 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 21.2 | 7.6 | 1.28 | 12.5 | (SCOS)/sp- | IUI-D/I baby |
| 07-026 | AZFc b2/ b4 | Spanish | P,Q,R | 0.01 | 46,XY | 11.2 | 4.18 | 17.50 | 17.5 | n.p. | 2 x ICSI/ no pregnancy |
| 06-192 | AZFc b2/ b4 | Moroccan | J | 0.01 | 46,XY | 23.8 | n.p. | 1.96 | 16.00 | n.p. | ICSI/ no pregnancy |
| 06-012 | AZFc b2/ b4 | Spanish | P,Q,R | 0.095 | 46,XY | 18.4 | n.p. | n.p. | 12.50 | n.p. | 2 x ICSI/ no pregnancy |
| 08-039 | AZFc b2/ b4 | Moroccan | J | 0.19 | 46,XY | n.p. | n.p. | n.p. | 20 | n.p. | ICSI/I female baby |
| 07-313 | AZFc b2/ b4 | Bolivian | P,Q,R | 0.325 | 46,XY | n.p. | n.p. | n.p. | n.p. | n.p. | IUI-D/pregnancy |
| 09-067 | AZFc b2/ b4 | Peruvian | C,F,G,H,I | 1.166 | 46,XY | n.p. | n.p. | n.p. | 15 | n.p. | ICSI/I female baby |
| 08-389 | AZFc term. | Bolivian | P,Q,R | 0 | 46,XY | 14.7 | 7.02 | 25.3 | n.a. | (HS)/sp- | n.p. |
| 10-489 | AZFc term. | Cameroon | E | 0 | 46,XY | 14 | 7.31 | 16.2 | n.a. | (R: 50% Sclero Hiialynosis;50% SCOS, L: pure SCOS)/sp- | n.p. |
| 08-107 | AZFa,b,c | Bolivian | n.a. | 0 | 46,XX ish, Yp11.3 (SRY+) | 22 | n.p. | 8.2 | 8 | n.p. | IUI-D/I pregnancy |
| 09-420 | AZFa,b,c | Spanish | n.a. | 0 | 46,XX ish, Yp11.3 (SRY+) | 16.7 | 10.55 | n.a. | 10 | n.p. | n.p. |
| 10-098 | AZFa,b,c | Moroccan | n.a. | 0 | (46,X;1(Y)(q11.22),ish Yp11.3(SRY++)) | 21.1 | 19.45 | 2.82 | n.a. | n.p. | n.p. |
| 09-530 | AZFa,b,c | Slovak | n.a. | 0 | 46,XY | n.p. | 3.59 | 5.50 | n.p. | n.p. | n.p. |
| 12-221 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 10.6 | n.p. | n.p. | 9 | (SCOS)/sp- | n.p. |
| 13-124 | AZFc b2/ b4 | Spanish | P,Q,R | 0 | 46,XY | 22.8 | n.p. | n.p. | 11 | n.p. | n.p. |

Abbreviations: ICSI, intracytoplasmic sperm injection; IUI-D, intrauterine insemination by donor sperm; n.a., not available data; n.p., not performed; SC, sperm concentration; sp+, spermatozoa recovered upon TESE; sp-, spermatozoa not recovered upon TESE; T, testosterone.
 Testis histology: R, right testis; L, left testis; SCOS, Sertoli cell-only syndrome; MA, maturation arrest; HS, hypospermatogenesis.
^aIf more than one semen sample was available, the median of SC was used.
^bICSI performed by using donor sperm.

Table 4a AZFc (partial) rearrangements in the Spanish study population: idiopathic infertile patients versus normozoospermic controls. (a) Comparison of the frequency of gr/gr, all partial deletions and (partial) AZFc duplications

| Phenotype | gr/gr deletion | | All partial deletions | | b2/b4 (partial) AZFc duplications | |
|-----------|----------------|-----------------------------|------------------------|------------------------------|-----------------------------------|-----------------------------|
| | N/tot (%) | P (OR (95% CI)) | N/tot (%) ^a | P (OR (95% CI)) | N/tot (%) | P (OR (95% CI)) |
| Patients | 12/302 (3.9) | 0.032 (2.853 (1.017–8.007)) | 18/308 (5.8) | 0.001 (4.196 (1.576–11.170)) | 15/305 (4.9) | 0.440 (1.388 (0.671–2.872)) |
| Controls | 5/359 (1.4) | | 5/359 (1.4) | | 13/367 (3.5) | |

Abbreviation: N/tot, number/total, frequency of subjects bearing a specific AZFc rearrangement (gr/gr deletion, any partial AZFc deletion, b2/b4 (partial) duplication).

^aIncluded gr/gr, b2/b3 and 'atypical' deletions.

proportion of AZ men (44.4% in the non-Spanish versus 29.3% in the Spanish group); however, the Y background might also represent a contributory factor influencing deletion frequencies. Y hgr analysis showed, as expected, that Spanish AZF deletion carriers all belonged to the P,Q,R lineages. In the non-Spanish cohort, consistent with the high proportion of North African patients (53.2%) included, AZF deletions were mostly found on hgr E, which is seemingly more prone to Y microdeletions.^{28,29} Moreover, the deletion frequency reported in idiopathic AZ and SOZ men (9.09 and 5.5%) in Moroccan population²⁸ is consistent with our findings in non-Spanish idiopathic AZ and SOZ men (10.7% and 6.9%, respectively). The prevalence of Y microdeletions in our study population (3.3%) is in line with the overall data presented in the literature (3.5%, according to a recent meta-analysis³⁰). When comparing our results with the German population (the lowest ever frequency in the literature¹) for similar semen categories, we found slightly higher frequencies in our Spanish population. On the other hand, the deletion frequency in AZ Spanish and Italian population³¹ (displaying a more similar Y background) was almost identical (7.3% versus 7.2%), further supporting a possible Y-background effect on deletion frequencies.

Another debated issue concerns the sperm concentration cutoff value for routine diagnostic testing and more precisely whether Y-microdeletion screening should be indicated for all oligozoospermic men with $<5 \times 10^6$ /ml. By an in-depth literature review, we could observe that only 2.0% of all AZF deletion carriers with an explicitly indicated SC presented $>2 \times 10^6$ /ml (Supplementary Table 4). Accordingly, in our study only one carrier had $>1 \times 10^6$ /ml but the SC did not exceed 2×10^6 /ml. These findings suggest that Y-microdeletion screening could be eventually restricted to infertile men with SC $\leq 2 \times 10^6$ /ml. We found an AZFc deletion in two apparently non-idiopathic AZ patients: one (13-124) presenting with unilateral absence of vas deference and the other (07-339) with bilateral cryptorchidism. In both cases, the presence of the microdeletion, rather than the mere clinical condition, explains the AZ phenotype. This implies that the Yq screening in azoospermic men should be performed independently of the presence or absence of other abnormal andrological findings.

The predictive value of AZF deletions for sperm retrieval at TESE is also still debated. The majority of complete AZFa deletion carriers show SCOS in their testes; however, data are extremely scarce and the largest published review reported the presence of spermatids in the testes in 2/26 men.³² Our patient with the complete AZFa deletion showed a complete bilateral SCOS, further supporting that TESE should not be attempted in AZFa carriers. Our survey reports a sperm retrieval of 9.1% (1/11) in AZ men with AZFc deletion. This value lies below the lower limit of the range of sperm recovery rates reported in AZFc-deleted patients (14.3–80.0%).^{1,31,33–37} This is most likely related to technical issues such as low amount of testicular sample retrieved (single biopsy

from each testis) and the procedure used (classical TESE); indeed, laboratories that performed microTESE reported higher sperm recovery (Supplementary Table 5). The high proportion of pure SCOS cases among our AZFc carriers represents another possible explanation for such a low retrieval rate.

Concerning the OZ subjects, there are studies both in favor and against the need to cryopreserve spermatozoa to counteract the progressive deterioration of sperm quality (from SOZ to AZ). We observed a single AZFc deletion carrier with SOZ that developed into CR, indicating that a progressive decline in spermatogenic activity in patients bearing AZFc deletions may occur. However, further longitudinal studies are needed to distinguish between physiological oscillations and real impairment of sperm parameters over time. Several authors proposed a higher risk for Turner syndrome and ambiguous genitalia in ICSI babies born from AZFc deletion carriers (for review see Simoni *et al*⁴). Our survey reveals two successful pregnancies with healthy female offspring, providing additional data to the presently scarce literature about this issue (44 babies described so far). As for partial AZFc rearrangements, one of the strengths of this study lies in the careful selection of patients and controls considering both phenotype (only strictly idiopathic infertile and normozoospermic controls were included) and geographic origin (all individuals were rigorously of Spanish ancestry). The Y-chromosome hgr analysis in patients and controls further demonstrated the lack of population stratification bias in the study. The selective recruitment strategy, together with the detailed molecular characterization of the AZFc region in the whole study population, allowed us to provide highly reliable data on both partial AZFc deletions and duplications.

Concerning the gr/gr deletion, we found that Spanish gr/gr deletion carriers have an increased probability (OR = 2.8) of impaired spermatogenesis compared with noncarriers. Overall, these data together with a previous pilot study¹⁹ further confirm the gr/gr deletion as a significant risk factor in the Spanish population (OR = 4.8; 95% CI = 1.863–12.623; $P < 0.001$; Supplementary Table 6), providing additional support of its clinical relevance in Caucasians, consistent with the meta-analyses published so far.^{14–17} The clinical implication of this finding in the Spanish population reinforces the idea that the gr/gr deletion screening should gain more consideration when dealing with infertile couples. This issue is of particular importance considering that, in some populations, partial deletions were shown to favor the occurrence of complete deletions.^{38,39}

The majority of gr/gr deletion carriers belonged, as expected, to the P,Q,R branches in both patients and controls, supporting that the phenotypic variability of gr/gr deletion is independent of Y-chromosomal background in Europeans.⁴⁰ Interestingly, we found b2/b3 deletion only in the patient cohort (4/296; 1.3%) and only one carrier belonged to hgr N and thus had the constitutive b2/b3 deletion. The remaining three b2/b3 deletion carriers belonged to hrgs C,F,G,H,I, which is a

an increase (6 or 8 copies) with respect to the most common *DAZ* gene dosage (4 copies) does not significantly affect semen quality.

In conclusion, our 8-year experience together with the literature review allowed us to further clarify a number of debated issues concerning the routine Y-chromosome microdeletion screening: (1) the indication for routine Y-chromosome microdeletion screening may be eventually limited to subjects with $\leq 2 \times 10^6/\text{ml}$; (2) in azoospermic *AZFc* deletion carriers, classical TESE is associated with a low sperm recovery rate (9.1%), and therefore microTESE, which allows better outcomes, should be regarded as the best option for sperm retrieval in these patients; and (3) Y background could partially account for the differences in deletion frequency among populations. Finally, in our view, *gr/gr* deletion screening can be considered as part of the diagnostic work-up of idiopathic oligozoospermic men as it is a confirmed cofactor that contributes to impaired sperm production.⁴¹ On the contrary, in line with the Italian data, partial *AZFc* duplication is unlikely to be involved in the etiopathogenesis of spermatogenic impairment in Caucasian populations.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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