

ARTICLE

Evidence for interaction between 5-hydroxytryptamine (serotonin) receptor 2A and MHC type II molecules in the development of rheumatoid arthritis

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It has repeatedly been suggested that the development of complex diseases can be elucidated by gene–gene interactions. Recently, we found that *HTR2A*, a member of the serotonin receptor family, is associated with rheumatoid arthritis (RA). This study was aimed to investigate the possibility of a gene–gene interaction between *HTR2A* and the major genetic risk factor for RA, HLA-DRB1 shared epitope (SE) alleles. We studied 4095 RA cases and 3223 controls from three different populations – from Sweden, the United States and the Netherlands – to test for interaction between the protective *HTR2A* haplotype and HLA-DRB1 SE alleles. Further, we analyzed mRNA and/or protein expression of *HTR2A* and HLA-DR in biopsy samples and in synovial fibroblasts from RA patients. The interaction was defined as departure from additivity of effects using attributable proportion due to interaction. First, we could demonstrate and further replicate an interaction between a protective haplotype in *HTR2A* and HLA-DRB1 SE alleles regarding risk of developing autoantibody-positive RA. Second, we could show that both genes are constitutively expressed in fibroblasts from synovial tissue of RA patients, and, by double immunofluorescence staining, we demonstrated that these two proteins are colocalized in these cells. In conclusion, our data demonstrate a statistical interaction between *HTR2A* and HLA-DRB1 SE alleles and colocalization of the product of these two genes in inflamed synovial tissue, which suggest a possible biological relationship between these two proteins. This finding may lead to the development of treatment based on enhancing the protective features of 5-HT2A in individuals with a certain HLA genotype.

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INTRODUCTION

Rheumatoid arthritis (RA (MIM 180300)) is a complex disease and much effort has been spent on finding risk genes for this disease. At present, > 10 replicated RA susceptibility genes/loci, such as HLA-DRB1 shared epitope (SE) alleles,¹ *PTPN22*,² *STAT4*,³ *TRAF1-C5*,^{4,5} *CD40*⁶ and so on, have been discovered. However, except for MHC II genes, the odds ratios (ORs) are modest and estimations of the total genetic contributions to the disease indicate that additional genetic factors remain to be identified. We suggest that some of the genetic risk that remains to be identified resides in yet unidentified gene–gene⁷ and gene–environment interactions,⁸ and we have previously identified an example of gene–gene interaction between the two major susceptibility genes, HLA-DRB1 and *PTPN22*.⁷

Serotonin (5-hydroxytryptamine-5-HT) is a neurotransmitter that has an important role in brain homeostasis. It is surprising that only 1% of 5-HT in the human body is found in the CNS. The remaining 99% is found in other body compartments such as the gastrointestinal tract and immune tissues, wherein serotonin functions as a hormone regulating various physiological functions. Moreover, it is well documented that 5-HT has stimulatory and inhibitory effects on immune

cells, including B, T, NK cells, monocytes and macrophages.^{9,10} 5-HT2A is one of the seven known serotonin receptors.¹¹ *HTR2A* (MIM 182135) is localized on human chromosome 13q14–q21 and consists of three exons with five nonsynonymous and two synonymous variations and two introns with more than 200 known variations. In addition to neurons of the peripheral nervous system, 5-HT2A is highly expressed on platelets and fibroblasts, as well as in peripheral blood cells, and recently it was demonstrated that 5-HT2A is expressed on dendritic cells.¹² Several biological and clinical facts serve as evidence for the connection between the function of 5-HT2A and immune response.^{11,13} It has been demonstrated that the inhibition of production of TNF- α , an important proinflammatory cytokine, by 5-HT is mediated by 5-HT2A in PBMCs¹⁴ and that the activation of 5-HT2A suppresses TNF- α -induced inflammation in primary aortic smooth muscle cells.¹⁵

Previously we have demonstrated that genetic variations in *HTR2A* are in association with RA.¹⁶ However, as the strength of the association was moderate, we hypothesized that the strongest genetic risk factor for RA, HLA-DRB1 SE alleles, may modulate it and we can colocalize both products in rheumatoid tissue or in related cells.

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The HLA-DRB1 SE alleles have consistently been shown to be associated with subtypes of RA characterized by the presence of autoantibody production (eg, rheumatoid factor (RF)-positive RA and/or anti-citrulline protein antibody (ACPA)-positive RA).^{17,18} The ACPA-positive subtype of RA represents a major clinically defined phenotype for the disease and accounts for ~60% of all RA patients. Several facts show that both genetic and environmental risk factors for ACPA-positive and ACPA-negative RA are different,^{17,19} as well as the clinical course, histology and response to therapy.^{20,21}

The aim of this study was to use three different relatively large case-control studies to investigate the potential interactions between *HTR2A* and HLA-DRB1 SE alleles in proving risk for RA, and to estimate where biological interaction may take place.

MATERIALS AND METHODS

Study population

In this report, the following three study populations have been included: Swedish Epidemiological Investigation of Rheumatoid Arthritis (EIRA, 2158 cases and 1068 controls), North American Rheumatoid Arthritis Consortium (NARAC, 908 ACPA-positive cases and 1260 controls) and the Leiden Early Arthritis Clinic (EAC) (1029 cases and 895 controls) (Table 1). The EIRA study population is a population-based case-control study of incident cases of RA in which all patients fulfilled the American College of Rheumatology (ACR) 1987 criteria.²² Controls were randomly selected from the Swedish national population registry, taking into consideration the patient's age, sex and residential area. More details about the EIRA study population have been described elsewhere.¹⁹ Dutch Caucasian individuals with RA, all of whom fulfilled the ACR classification criteria for RA were studied and described elsewhere.²³ Controls were unrelated Dutch Caucasians with no history of RA. The cases in the NARAC study population consisted of RA patients of self-reported white ancestry who were randomly drawn from four different sample groups of patients and controls were recruited from the New York Cancer Project.^{24,25} All these studies were conducted after obtaining approval from the Regional Ethics Committees and in accordance with the Declaration of Helsinki.

ACPA status and genotyping

The levels of ACPA in samples from the EIRA and Leiden EAC study were determined using Immunoscan-RA Mark2 ELISA (Euro-diagnostica, Arnhem, the Netherlands) as described elsewhere.²⁶ Cases with antibody levels > 25 U/ml were regarded as ACPA positive. In the NARAC study, ACPA levels were determined using the second-generation commercial anti-CCP ELISA (INOVA Diagnostics Inc., San Diego, CA, USA). Cases with serum antibody levels > 20 U/ml were regarded as ACPA positive. The HLA-DRB1 type of samples of

the Swedish cohort was determined by sequence-specific primer-PCR analysis using low-resolution HLA-DR and DRB1*04 kits from Olerup SSP (Saltsjöbaden, Sweden). HLA-DRB1 alleles DRB1*01, DRB1*04 and DRB1*10 were defined as SE. Subjects with the SE allele were classified as having a single or double SE allele. The method used for genotyping in the Dutch cohort and the NARAC cohort has been reported elsewhere.²⁷ The method used for SNP genotyping of EIRA samples, which was previously performed,¹⁶ and of Leiden EAC samples was TaqMan allelic discrimination (Applied Biosystems, Foster City, CA, USA). The call rates for rs6314 and rs1328674 in all three cohorts were >97 and >98%, respectively. For the NARAC study, genotyping data for rs6314 and rs1328674 were extracted from the genome-wide association study, which was performed using the Illumina HumanHap550 array (Illumina, Inc., San Diego, CA, USA).⁴

Real-time PCR

For mRNA expression analysis, synovial fibroblasts from four individuals with RA were used (Dominion Pharmakine, SL, Bizkaia, Spain). Cells were cultured without/with 400 ng/ml LPS (Sigma Chemicals, St Louis, MO, USA) and 200 U/ml IFN- γ (Nordic BioSite, Taby, Sweden) for 24 h and harvested for RNA isolation. Cells were lysed and total RNA was extracted using RNeasy Mini Kit (QIAGEN, Valencia, CA, USA) according to the manufacturer's protocol. Samples were treated with DNase (Qiagen RNase free DNase set) for 20 min at room temperature to avoid contamination with genomic DNA. A volume of 1 μ g total RNA for each sample was converted into cDNA using SuperScript reverse transcriptase (Invitrogen, Carlsbad, CA, USA) and random hexamer primers. Real-time PCR was performed using the ABI PRISM 7900HT Sequence Detection System (Applied Biosystems) and TaqMan Gene Expression Assays for *HTR2A*, HLA-DRB1 and GAPDH (Hs00167241, Hs99999917 and 4310884E, respectively) (Applied Biosystems) with a two-step protocol (50°C for 2 min, 95°C for 10 min, followed by 40 cycles of 95°C for 15 s and 60°C for 1 min). The reactions were performed in duplicate in optical 384-well plates (Applied Biosystems) in a total volume of 20 μ l. Relative gene expression was calculated using the calibration curve method and normalized to the GAPDH expression.

Immunohistochemical analysis

To perform detection of proteins in synovial tissue, we used tissue biopsy samples from four RA patients. Staining of cryostat sections with mouse monoclonal anti-HLA-DR (BD Biosciences, San José, CA, USA) and rabbit polyclonal anti-5-HT2A (Sigma) antibodies was performed using a standard protocol.²⁸ Isotype-matched irrelevant antibodies were used as negative controls. Tissue sections of mouse brain stem were used as positive tissue control for 5-HT2A. Stained sections were examined using a Polyvar II microscope (Reichert-Jung, Vienna, Austria) and photographed with a digital

Table 1 Clinical characteristics of the EIRA, Leiden EAC and NARAC studies

Characteristic	EIRA	Leiden EAC	NARAC
No. of patients	2158	1029	908
No. of controls	1068	895	1260
Country of origin	Sweden	Netherlands	United States
Female sex (patients) (%)	71.5	66	73.6
Female sex (controls) (%)	74.8	46	71.3
Age of onset (mean \pm SD years)	50.7 \pm 12.3	56.4 \pm 15.4	(39.4 \pm 13.1) ^a
Disease duration (mean \pm SD years)	< 1	< 2	(16.2 \pm 11.8) ^a
ACPA positive (%)	1145/1998 ^b (57.3)	375/625 ^b (60)	908/908 ^b (100)
HLA-DRB1 SE (patients) (%)	1422/1930 ^c (71.2)	590/842 ^c (70.1)	838/865 ^c (96.9)
HLA-DRB1 SE (controls) (%)	534/1056 ^d (50.6)	251/557 ^d (45.1)	543/1254 ^d (43.3)

Abbreviations: ACPA, anti-citrullinated peptide antibody; EIRA, Epidemiological Investigation of Rheumatoid Arthritis; Leiden EAC, Leiden Early Arthritis Clinic; NARAC, North American Rheumatoid Arthritis Consortium; SE, shared epitope.

^aRefers to 840 patients reported previously.¹⁷

^bThe number of patients with defined ACPA status.

^cThe number of patients with defined HLA-DRB1 SE status.

^dThe number of controls with defined HLA-DRB1 SE status.

Note: Details on the EIRA¹⁹, Leiden EAC²³ and NARAC^{24,25} studies have been reported elsewhere.

Leica camera 300F (Leica, Cambridge, UK). Positive staining was indicated as brown deposits. Double immunofluorescence staining was performed using mouse monoclonal anti-HLA-DR (BD Biosciences) and rabbit polyclonal anti-5-HT2A antibodies (Sigma Chemicals) as published previously.²⁹

Statistical analysis

The χ^2 -test was used to compare the genotype and allele frequencies between patients and controls in all three studies. Haplotype analysis was performed using the HaploView 4.0 software (<http://www.broad.mit.edu/mpg/haploview>). When a DNA sample genotyping failed for > 50% of the SNPs, it was excluded from statistical evaluation. The distribution of genotypes for SNPs rs6314 and rs1328674 in all three studies was in agreement with Hardy–Weinberg equilibrium ($P > 0.05$). The haplotypes for each individual were assigned using the PHASE software.³⁰ The interaction effects between the *HTR2A* haplotype and HLA-DRB1 SE alleles from all three studies were evaluated using the departure from the additive effects as the interaction criteria,³¹ and the attributable proportion (AP) due to interaction with 95% CI was calculated. A more detailed description has been described elsewhere.³² For meta-analysis, we used a random effects model (excluding estimates that deviated from the homogeneity of ORs) to calculate pooled ORs.³³

RESULTS

Interaction between *HTR2A* and HLA-DRB1 SE alleles

We performed an association study in the Swedish cohort as a follow-up of our previous finding of an association between *HTR2A* and risk of developing RA.¹⁶ Our previously found haplotype consisted of four tagging SNPs. However, because not all four SNPs were genotyped in the NARAC study, we decreased the number of SNPs to two. As could be seen from Table 2, the TC haplotype based on rs6314 and rs1328674, which is part of what was previously reported to be in association with RA,¹⁶ demonstrates a protective effect in the EIRA study ($P=0.005$ in χ^2 -test). Further, we addressed the hypothesis for association in two other study populations that was replicated in the NARAC study ($P=0.006$ in χ^2 -test) but not in the Leiden EAC study ($P=0.8206$ in χ^2 -test), although the control group had a 0.2% higher frequency compared with the patients group (Table 2).

The interaction between *HTR2A* and HLA-DRB1 SE alleles was quantified by means of calculating the AP (Table 3). For the EIRA and Leiden EAC studies, interaction was investigated in relation to the development of both ACPA-positive and ACPA-negative RA, respectively, but only a trend for an antagonistic interaction between these two genes regarding risk of developing ACPA-positive RA was observed in EIRA (AP 0.19 (95% CI –0.06 to 0.45)) and Leiden EAC studies (AP 0.2 (95% CI –0.15 to 0.55)) (Table 3). No interaction was observed with regard to risk of ACPA-negative RA in either of these two studies.

As EIRA and Leiden EAC studies demonstrated a trend toward interaction between *HTR2A* and HLA-DRB1 SE alleles in the development of ACPA-positive RA, we performed a meta-analysis for these two groups on the basis of ORs. This analysis demonstrated a statistically significant interaction (AP 0.19 (95% CI 0.04–0.34)) (Table 4).

For the NARAC study, which was restricted to ACPA-positive patients only, the interaction between *HTR2A* and HLA-DRB1 SE alleles was statistically significant (AP 0.26 (95% CI 0.05–0.46)) (Table 3), which is a replication of our finding for two other studies (EIRA and EAC). We noticed that meta-analysis in all three groups demonstrated significant heterogeneity (not shown) and must be taken with caution.

5-HT2A and HLA-DR mRNA and protein expression

Using quantitative real-time PCR, we observed that *HTR2A* and HLA-DRB1 mRNA are expressed in untreated synovial fibroblasts

Table 2 The frequency of *HTR2A* TC haplotype in EIRA^a, Leiden EAC^a and NARAC studies

Haplotype	Haplotype frequencies	Patient, control ratio counts	Patient, control frequencies	P-value
<i>EIRA</i>				
CC	0.901	3829.7:414.3, 1903.4:214.6	0.902, 0.899	0.6422
TC	0.065	249.7:3994.3, 163.6:1954.4	0.059, 0.077	0.0050
CT	0.031	153.3:4090.7, 46.1:2071.9	0.036, 0.022	0.0020
<i>Leiden EAC</i>				
CC	0.859	1758.6:299.4, 1547.7:242.3	0.855, 0.865	0.3682
TC	0.094	191.6:1866.4, 170.5:1619.5	0.093, 0.095	0.8206
CT	0.044	103.2:1954.8, 64.4:1725.6	0.050, 0.036	0.0322
<i>NARAC</i>				
CC	0.863	1586.2:223.8, 2145.1:370.9	0.876, 0.853	0.0249
TC	0.096	147.3:1662.7, 267.7:2248.3	0.081, 0.106	0.0058
CT	0.037	69.5:1740.5, 90.3:2425.7	0.038, 0.036	0.6629

Abbreviations: EIRA, Epidemiological Investigation of Rheumatoid Arthritis; Leiden EAC, Leiden Early Arthritis Clinic; NARAC, North American Rheumatoid Arthritis Consortium.

^aIn the entire study.

Table 3 Odds ratio (OR) together with 95% confidence interval (CI) for developing ACPA-positive rheumatoid arthritis among subjects with different combinations of the *HTR2A* TC haplotype and SE alleles, by study (EIRA, Leiden EAC and NARAC)

Study	TC haplotype	SE	No. of patient/control	OR	95 % CI
<i>EIRA</i>					
	Yes	No	20/78	1.0 ^a	—
		No	146/444	1.3	0.7–2.2
	No	Yes	110/75	5.7	3.2–10.2
		Yes	858/459	7.4	4.4–12.3
AP: 0.19 (–0.06 to 0.45)					
<i>Leiden EAC</i>					
	Yes	No	10/62	1.0 ^a	—
		No	59/244	1.5	0.7–3.1
	No	Yes	44/49	5.6	2.5–12.2
		Yes	247/202	7.6	3.8–15.2
AP: 0.2 (–0.15 to 0.55)					
<i>NARAC</i>					
	Yes	No	4/140	1.0 ^a	—
		No	23/571	1.4	0.5–4.1
	No	Yes	131/109	42.1	15.1–117.3
		Yes	707/434	57.0	21.0–155.1
AP: 0.26 (0.05–0.46)					

Abbreviations: ACPA, anti-citrullinated peptide antibody; AP, attributable proportion; EIRA, Epidemiological Investigation of Rheumatoid Arthritis; Leiden EAC, Leiden Early Arthritis Clinic; NARAC, North American Rheumatoid Arthritis Consortium; SE, shared epitope.

^aReference category.

from RA patients. Induction with LPS and IFN- γ induced the expression of HLA-DRB1 mRNA, whereas it did not markedly change the expression of *HTR2A* mRNA in RA synovial fibroblasts (Figure 1). Next, we investigated the expression of *HTR2A* and HLA-DR proteins in synovial tissue from patients with RA and we could detect the cytoplasmic and membranous staining for 5-HT2A in synovial lining and sublining cells (Figures 2a–c). As expected, HLA-DR was abundantly expressed in RA synovial tissue (data not shown).

To determine whether 5-HT_{2A} and HLA-DR are colocalized in synovial fibroblasts, double staining of cells treated with IFN- γ and LPS was performed (Figures 2d–f). As can be observed from Figure 2, two proteins are colocalized in synovial fibroblasts, although there were cells that expressed only 5-HT_{2A} or HLA-DR.

Table 4 ORs for different combinations of *HTR2A* and HLA-DRB1 SE alleles.

Gene	OR	95 % CI
No TC haplotype	1.37	0.86–2.18
Yes SE–Yes TC haplotype	5.64	3.70–8.67
Yes SE–No TC haplotype	7.47	4.96–11.25
AP: 0.19 (0.04–0.34)		

Abbreviations: AP, attributable proportion; CI, confidence interval; OR, odds ratio; SE, shared epitope. Meta-analysis based on the Epidemiological Investigation of Rheumatoid Arthritis and Leiden Early Arthritis Clinic studies.



Figure 1 *HTR2A* and HLA-DRB1 mRNA are expressed in untreated fibroblasts from rheumatoid arthritis (RA) patients. Expression of *HTR2A* and HLA-DRB1 mRNA in RA synovial fibroblasts untreated (open bars) or stimulated (filled bars) with LPS and IFN- γ for 24 h. The data represent mean (\pm SE) of values obtained from three separate experiments. The results are expressed as fold changes, considering 1 as the value of untreated cells.

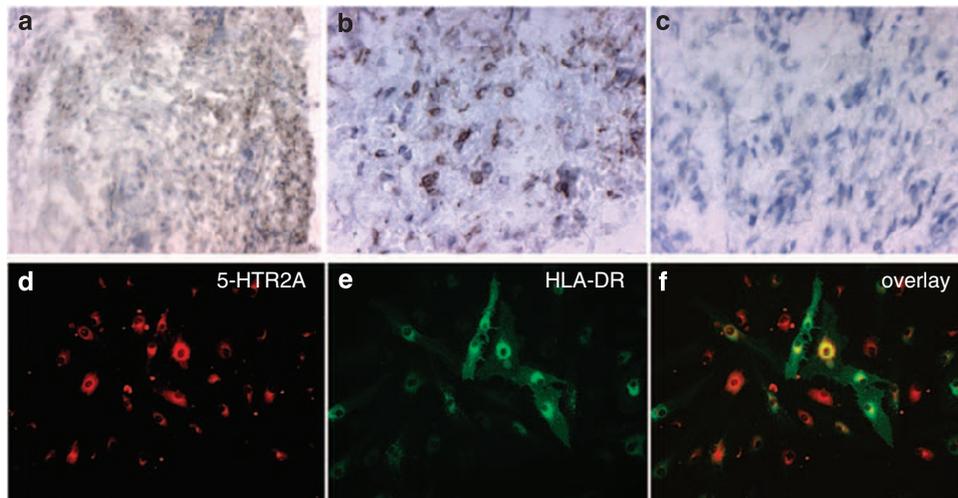


Figure 2 5-HT_{2A} is expressed in synovial tissues of patients with rheumatoid arthritis (RA) and colocalizes with HLA-DR in synovial fibroblasts. Photographs illustrating (a, b) brown immunoperoxidase staining of 5-HT_{2A}-positive cells in representative synovial tissue sections from patients with RA counterstained with haematoxylin; (c) negative control (original magnification \times 250–500). Double fluorescence staining illustrating (d) 5-HT_{2A} staining, (e) HLA-DR staining and (f) merged images of rheumatoid arthritis synovial fibroblasts induced with IFN- γ and LPS (original magnification \times 500).

DISCUSSION

The major finding in our study is a discovery of interactions between one of the serotonin receptors and MHC class II molecules, which is important for the development of RA. Such a relationship has never been shown or indicated previously and may demonstrate an unknown pathway in disease development, and it is also a potential tool to ameliorate the influence of the strongest genetic risk factor for RA, SE alleles. We found not only statistical evidence for such an interaction, but also identified cells that express both proteins, which is a totally new finding.

Rheumatoid arthritis is a complex disease in which genetic and environmental factors contribute to disease development. When investigating the association of single genes with the risk of a complex disease, ORs are almost always low to moderate. This reflects that a specific phenotype is a result of a combination of different low to moderately contributing genes and environmental factors. One example is the *PTPN22* risk allele (R620W), which by itself is a moderate or no risk factor for the development of RA but, when interacting with HLA-DRB1 SE alleles, a gene strongly connected to different autoimmune diseases, the ORs for developing RA becomes very high.⁷ So taking in consideration the epistasis and interaction of genes with environmental factors is appropriate.

Polymorphisms in *HTR2A* have frequently been reported to be in association with different psychiatric diseases such as schizophrenia and bipolar anxiety disorder.³⁴ However, evidence for the involvement of the serotonin system in inflammation is increasing.^{13–15} Notably, RA is negatively correlated with schizophrenia.³⁵ Partition of RA into ACPA-positive and ACPA-negative subtypes is adequate, as more evidence points toward the fact that these two subtypes differ in etiology and pathophysiology. In this paper, we have shown that *HTR2A*, recently found to be in association with RA,¹⁶ interacts with HLA-DRB1 SE alleles in the ACPA-positive group of patients. HLA-DRB1 SE alleles have no effect on the development of ACPA-negative RA and that could be the reason why this interaction is not observed in this subgroup of the disease. The enhanced risk for development of RA due to interaction between *HTR2A* and HLA-DRB1 SE alleles was shown in the meta-analysis of EIRA and Leiden EAC studies. Our observation that the meta-analysis for the three cohorts did not pass the test for heterogeneity may have an

obvious reason, which is that the estimates based on NARAC are significantly higher than the estimates from EIRA and Leiden EAC studies. However, we could demonstrate a statistically significant interaction between *HTR2A* and HLA-DRB1-SE both in meta-analysis (EIRA and EAC) and in the NARAC cohort. As previously noticed for the interaction between HLA-DRB1 SE alleles and *PTPN22*,⁷ it is illustrative that in spite of substantial differences in the design of these studies, data for all three populations consistently point to the gene-gene interaction. A possible biological background for the interaction between *HTR2A* and HLA-DRB1 SE alleles could be suggested at the cellular level by demonstrating that these two proteins are detected in inflamed synovial tissue simultaneously.

On the basis of the results from our study, we can speculate about a biological interaction between these two proteins. One possibility could be that there is a crosstalk between the signaling pathway related to *HTR2A* and MHC class II expression regulation. Furthermore, as we could detect these two proteins in the same cell in synovial fibroblasts *in vitro*, a physical interaction between them should not be excluded. The protective association of the TC haplotype in *HTR2A* with the development RA and the interaction between *HTR2A* and HLA-DRB1 SE alleles make it very tempting to speculate whether this could be one of the reasons for the inverse relation between schizophrenia and RA that has been reported frequently in literature.³⁵ We can hypothesize that the protective haplotype in *HTR2A* with regard to RA is a susceptible haplotype with regard to schizophrenia. Moreover, it has been shown that HLA-DRB1 SE alleles are associated with schizophrenia,^{36,37} hence, perhaps in contrast to RA, there is a synergistic interaction between this gene and the *HTR2A* TC haplotype among schizophrenia patients. More functional studies have to be carried out before further details regarding the interaction between 5-HT_{2A} and HLA-DR proteins can be revealed, as our data are based on a limited number of experiments. In conclusion, our data show strong evidence for an interaction between 5-HT_{2A} and MHC type II molecules in the development of RA.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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