

Copycat innate lymphoid cells dampen gut inflammation

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The mechanisms whereby the gut mucosa tolerates trillions of commensal bacteria without developing inflammation remain poorly understood. A recent *Science* article reveals that gut innate lymphoid cells constrain inflammatory T cell responses to commensal bacteria by adopting a strategy usually deployed by thymic epithelial cells to negatively select self-reactive T cells.

Innate lymphoid cells (ILCs) promote intestinal immunity by releasing distinct sets of cytokines that mirror those produced by CD4⁺ T effector (Teff) cells [1]. Unlike ILCs, Teff cells express somatically recombined receptors that recognize antigen in the context of major histocompatibility class-II (MHC-II) molecules expressed on dendritic cells (DCs) [1]. The immunostimulating properties of Teff cells are constrained by CD4⁺ T regulatory (Treg) cells expressing the transcription factor Foxp3 [2]. These Treg cells maintain gut homeostasis in cooperation with various cell types, including ILCs expressing the transcription factor ROR γ t and known as ILC3.

ILC3 maintain epithelial integrity and stimulate mucus secretion by releasing interleukin-22 (IL-22) and lymphotoxin [1, 3, 4], whereas Treg cells mitigate the pro-inflammatory activity of Teff cells by releasing transforming growth factor- β (TGF- β) and IL-10 [2]. Of note, these cytokines also stimulate B cell production of immunoglobulin A (IgA), a mucosal antibody class that controls commensal bacteria inhabiting the lumen of the gut [5].

Unlike ILC3, Treg cells require instructive signals from DCs to exert their

homeostatic function. After capturing intraluminal antigen through transepithelial dendrites, CX3CR1⁺ macrophages transfer antigen to CD103⁺ DCs, which migrate to mesenteric lymph nodes (MLNs) to serve as antigen-presenting cells (APCs) for the generation of Foxp3⁺ Treg cells [6, 7]. Besides MHC-II-restricted cognate T-DC interactions, this process involves release of TGF- β by DCs and conversion of dietary vitamin A into a tolerogenic metabolite known as retinoic acid (RA) in DCs [7].

Recent studies show that gut ILC3 induce Treg cells by releasing granulocyte monocyte-colony stimulating factor (GM-CSF) [8]. This cytokine elicits expression of RA in CD103⁺ DCs in response to IL-1 β from macrophages [8]. Besides inducing Treg cell expansion, ILC3 constrain Teff cell expansion by establishing MHC-II-dependent cognate interactions [9]. However, how do MHC-II⁺ ILC3 exert this suppressive activity? An elegant study by Hepworth *et al.* [10] shows that MHC-II⁺ ILC3 eliminate commensal-reactive CD4⁺ Teff cells by adopting a negative selection strategy usually deployed by thymic epithelial cells (TECs) to eliminate self-reactive CD4⁺ T cells.

Hepworth *et al.* [10] crossed mice expressing a TCR transgene specific for either the commensal antigen CBir1 or the food protein ovalbumin (OVA) with mice selectively lacking MHC-II in ILC3. In these mice, intestinal CBir1-specific but not OVA-specific Teff cells undergo spontaneous expansion, indicating that MHC-II⁺ ILC3 regulate Teff cell responses to commensals under steady-state conditions [10]. Of note,

mice selectively expressing MHC-II on ILC3 only show reduced expansion of adoptively transferred CBir1-specific Teff cells but not Treg cells when transgenic CD4⁺ T cells are activated by CBir1 prior to adoptive transfer [10]. These findings indicate that MHC-II⁺ ILC3 constrain Teff cells following their priming by commensal antigens (Figure 1). It remains to be verified whether MHC-II⁺ ILC3 also regulate Teff cell responses to food antigens, including OVA.

Next, Hepworth *et al.* [10] determined that MHC-II⁺ ILC3 inhabit the B-T border of MLNs, an area specialized in T cell priming by antigen. Considering that ILC3 crosstalk with CD103⁺ DCs via GM-CSF, MHC-II⁺ ILC3 may capture antigen from CD103⁺ DCs in MLNs [8]. Alternatively, MHC-II⁺ ILC3 may migrate to MLNs after acquiring antigen from CX3CR1⁺ macrophages or CD103⁺ DCs from the gut lamina propria [6]. Accordingly, ILC3 can home to mucosal draining lymph nodes by following chemotactic gradients established by CCR7 ligands [11].

Hepworth *et al.* [10] further found that MHC-II expression by ILC3 is uncoupled from expression of co-stimulatory molecules (Figure 1), even following activation by microbial or inflammatory stimuli. Studies from another group show that splenic ILC3 initiate productive CD4⁺ T cell responses after upregulating both MHC-II and co-stimulatory molecules upon exposure to inflammatory stimuli [12]. One possibility that may reconcile these discrepant findings is that ILC3 inhibit co-stimulatory molecule expression in response to tissue-specific condition-

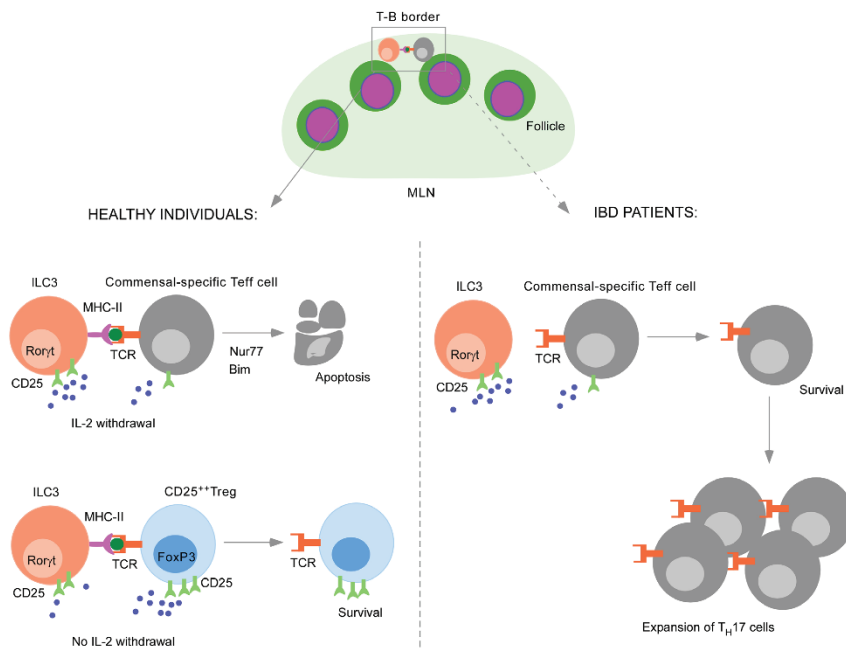


Figure 1 ILC3 eliminate commensal-reactive CD4⁺ T cells in healthy but not IBD individuals. Healthy subjects. MHC-II⁺B7⁻ ILC3 from T-B areas of MLNs establish MHC-II-restricted interactions that activate a Nur77-dependent Bim-mediated apoptotic program in commensal-specific CD4⁺ T cells. In addition, MHC-II⁺B7⁻ ILC3 “starve” CD4⁺ T cells by removing IL-2 from the extracellular environment through surface CD25. Unlike T cells, Treg cells express abundant surface CD25 and thus are resistant to IL-2 starvation. IBD patients. ILC3 fail to negatively select commensal-specific CD4⁺ T cells due to defects of the molecular machinery supporting MHC-II expression. These defects induce expansion of Th17 cells.

ing signals emerging from gut but not splenic microenvironments.

Further transcriptional studies revealed that gut ILC3 express MHC-II through a mechanism involving the pIV promoter of class II transactivator (CIITA), a co-activator of MHC-II genes also used by TECs [10]. By setting up elegant *in vitro* ILC3-CD4⁺ T cell co-cultures, Hepworth *et al.* [10] demonstrated that ILC3 activate a CD4⁺ T cell death program similar to that activated by TECs for the negative selection of developing CD4⁺ T cells. In the thymus, TECs eliminate autoreactive CD4⁺ T cells by presenting self-antigen in the context of MHC-II. The resulting TCR signals activate a

Nur77-controlled pathway that upregulates the pro-apoptotic protein Bim. A similar mechanism is also adopted by MHC-II⁺ ILC3 to remove commensal-reactive T cells (Figure 1).

However, this is not all. Indeed, Hepworth *et al.* [10] found that MHC-II⁺ ILC3 express elevated levels of CD25, a high-affinity receptor for the T cell growth factor IL-2. By extracting IL-2 from the extracellular environment via CD25, MHC-II⁺ ILC3 starve CD4⁺ T cells, thereby further restraining their expansion [10]. This finding may explain why MHC-II⁺ ILC3 spare Treg cells (Figure 1), which express elevated levels of CD25.

Finally, Hepworth *et al.* [10] found

that the gut ILC3 expressed less MHC-II in patients with inflammatory bowel disease (IBD). Concomitantly, these patients also showed more pro-inflammatory gut T cells, including T helper 17 (Th17) cells [10]. Thus, perturbations of MHC-II expression by ILC3 may cause gut inflammation by impairing the negative selection of CD4⁺ T cells reactive to commensals (Figure 1). This raises the possibility that IBD may benefit from drugs capable to restore MHC-II expression by ILC3.

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