

Andrographolide inhibits NF- κ B activation and attenuates neointimal hyperplasia in arterial restenosis

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The NF- κ B transcription factors modulate the expression of tissue factor (TF), E-selectin (CD62E) and vascular cell adhesion molecule-1 (VCAM-1), which are essential for thrombosis and inflammation. We have previously shown that andrographolide (Andro) covalently modifies the reduced cysteine⁶² of p50 – a major subunit of NF- κ B transcription factors, thus blocking the binding of NF- κ B transcription factors to the promoters of their target genes, preventing NF- κ B activation and inhibiting inflammation *in vitro* and *in vivo*. Here we report that Andro, but not its inactive structural analog 4H-Andro, significantly suppressed the proliferation of arterial neointima (~60% reduction) in a murine model of arterial restenosis. Consistently, *p50*^{-/-} mice manifested attenuated neointimal hyperplasia upon arterial ligation. Notably, the same dosage of Andro did not further reduce neointimal formation in *p50*^{-/-} mice, which implicates the specificity of Andro on p50 for treating experimental arterial restenosis. The upregulation of NF- κ B target genes, including TF, E-selectin and VCAM-1, and the increased deposition of leukocytes (mainly CD68⁺ macrophages) were clearly detected within the injured arterial walls, all of which were significantly abolished by treatment with Andro or genetic deletion of *p50*. The expression of TF, E-selectin and VCAM-1 was also markedly upregulated in the patient sample of thrombotic vasculitis, indicating the clinical relevance of NF- κ B activation in the pathogenesis of occlusive arterial diseases. Our data thus indicate that, by the downregulation of the NF- κ B target genes that are critical in thrombosis and inflammation, specific inhibitors of p50, such as Andro, may be therapeutically valuable for preventing and treating thrombotic arterial diseases, including neointimal hyperplasia in arterial restenosis.

Keywords: NF- κ B transcription factors, andrographolide, neointimal hyperplasia, arterial restenosis, TF, E-selectin, VCAM-1

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Introduction

Atherosclerosis is a systemic arterial disease that originally involves the intima (affecting the media and adventitia to a less extent) of large- and medium-size arteries, including the coronary, cerebral, carotid, aortic and peripheral

arteries. It progresses through the expansion of the lipid core and the accumulation and migration of macrophages at the edges of the plaque. The rupture and/or erosion of the fibrous cap triggers thrombus formation and arterial occlusion, leading to unstable angina, acute myocardial infarction, sudden cardiac death and stroke. Although the placement of a stent (a hollow cylinder that stretches open an arterial blockage) by percutaneous transluminal angioplasty has become the principal treatment for atherothrombosis, 15–20% patients (probably up to 30–60% patients with complex lesions) develop severe neointimal hyperplasia that overgrows the stent, causing arterial restenosis.

The NF- κ B family of transcription factors regulates the

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expression of a wide range of genes. It has five members: p105/p50 (NF- κ B1), p100/p52 (NF- κ B2), p65 (RelA), RelB and c-Rel. Among them, a dominant form is the p50/p65 heterodimer. The inactive NF- κ B complex is localized in the plasma in the complex with the I κ B inhibitory factors. When activated, I κ Bs are rapidly phosphorylated and degraded to allow the shuttling of the p50/p65 heterodimer into the nucleus [1, 2]. The binding of p50 to the κ B motif causes transcription of multiple target genes, such as cell adhesion molecules (E-selectin and vascular cell adhesion molecule-1 (VCAM-1)), cytokines/chemokines, immunoreceptors, tissue factor (TF) and several cell-survival genes [3, 4]. Numerous clinical investigations have suggested that NF- κ B activation is involved in the host response to arterial injury [5-7] and may have an important role in neointimal hyperplasia in the mouse carotid ligation model [8].

In addition to the long history of using Andro as a remedy for inflammatory disorders, we have recently reported that andrographolide (Andro) covalently conjugates the reduced cysteine⁶² of p50, thus blocking NF- κ B DNA binding and preventing NF- κ B-activated inflammation in the murine models of acute peritonitis, septic shock and allergic lung inflammation [9]. In this study, we sought to examine whether NF- κ B activation has a critical role in the pathogenesis of arterial restenosis and whether Andro, by inhibition of NF- κ B activation, suppresses neointimal hyperplasia in experimental arterial restenosis.

Materials and Methods

Animals

Breeding pairs of *p50*^{-/-} mice (B6; 129P2-*Nfkb1*^{tm1Bal/J}, p50 KO mice) and wild-type (WT) control mice (B6129PF2/J) were purchased from The Jackson Laboratory (Bar Harbor, ME, USA). C57 (C57BL/6J) mice were purchased from the Shanghai Animal Center of Chinese Academy of Sciences. They were housed in the Shanghai Animal Center of Chinese Academy of Sciences. The experimental protocol was approved by the Institutional Animal Care and Use Committee (IACUC) of the Chinese Academy of Sciences.

Reagents

Andro was purchased from Aldrich (Milwaukee, WI, USA), and 5 mg/ml (15 mM) stock was prepared by dissolving Andro in DMSO (Sigma-Aldrich, St Louis, MO, USA). 4-Hydro-andrographolide (4H-Andro) was prepared via the palladium on activated carbon-catalyzed hydrogenation [9], to serve as the inactive structural analog of Andro as the negative control.

Isolation of primary cells and cell culture

The ethical review boards of the Chinese Academy of Sciences approved these studies. Informed consent was provided according to the Declaration of Helsinki. Human adherent monocytes were isolated from fresh human blood according to a previously published protocol [10]. Murine macrophages were obtained by peritoneal lavage of C57 mice, according to a previously published method

[11]. The purity of monocytes was routinely >95% and viability was greater than >96%, measured through trypan blue exclusion. Human umbilical endothelial cells (HUVECs) and murine pulmonary vein endothelial cells (PVECs) were cultured as previously described [8, 12, 13].

Arterial injury model

To induce arterial injury, male mice (7 weeks old) were anesthetized with an intraperitoneal injection of a solution of xylazine (12.5 mg/kg), ketamine (125 mg/kg) and atropine (0.025 mg/kg) diluted in an equal volume of saline (0.9% sodium chloride solution). Through a midline incision in the neck, the left common carotid artery was looped proximally to the carotid bifurcation and ligated completely by a 7-0 propylene suture to disrupt blood flow [14, 15]. In the groups receiving treatment, Andro, 4H-Andro (5 μ g/g of body weight) or DMSO (in equal volume to the Andro group) was administered every second day beginning on day 0. Animals were euthanized on day 28 with an overdose of pentobarbital (210 mg/kg intraperitoneally). A 24-gauge catheter was then placed in the left ventricle for *in situ* perfusion of 4% paraformaldehyde in PBS for tissue fixation. Both injured left and uninjured right carotid arteries were excised, fixed and paraffin-embedded. Serial sections (5 μ m) at 1 mm below the ligated site through to the aortic arch were performed for histomorphometric examination and immunohistochemical staining.

Histology

The carotid artery was fixed by immersion in Bouin's fixation solution (75% picric acid, 24% formaldehyde, 1% acetic acid) at 22 °C for 24 h followed by paraffin-embedding [16]. Serial sections of 5 μ m thick were cut at 1 mm below the ligated site through to the aortic arch. For morphometric analysis, the arterial sections were stained with elastica-van Gieson, and the intimal thickness was quantitatively analyzed using a BX50 microscope (Olympus, Tokyo, Japan) and NIH image (version 1.6) software package. The areas within the external elastic lamina (EEL area), the internal elastic lamina (IEL area) and the lumen were measured. The intimal area was determined by subtracting the lumen area from the area defined by IEL. The medial area was calculated by subtracting the IEL area from the EEL area. The ratios of the intimal:medial areas were also calculated. Morphometric analysis was performed in a double-blinded manner.

In addition, the arterial sections were stained with hematoxylin and eosin. Leukocytes on the endothelium and within the intima were counted double-blindly under a CX31 microscope (Olympus, Tokyo, Japan) at \times 1 000 magnification. The percentage of leukocytes was calculated by dividing the number of counted leukocytes by the total number of cells within the adventitia [9].

Immunohistochemical and immunofluorescence staining

For immunohistochemical staining, the tissue sections were subsequently dewaxed and endogenous peroxidase was quenched with 3% H₂O₂ in methanol. Prior to staining, non-specific binding was blocked by 10% BSA in 50 mM Tris-HCl, pH 7.6, 0.15 M NaCl and 0.02% NaN₃ (TBS) at 37 °C for 30 min. They were then incubated with rabbit preimmune IgG (8 μ g/ml), rabbit anti-mTF Ab (1 μ g/ml), rabbit anti-E-selectin polyclonal Ab (6 μ g/ml) [16], anti-VCAM-1 polyclonal Ab (8 μ g/ml; BD Pharmingen, San Diego, CA, USA) and rabbit anti-von Willebrand factor (vWF) polyclonal Ab (1:500 dilution; Sigma) in TBS containing 1% BSA at 4 °C overnight in a

humidified chamber. The horseradish peroxidase-conjugated goat anti-rabbit IgG Ab (Sigma) was applied at 37 °C for 1 h. After washing, color development was carried out by incubation with 0.05% 3-3' diaminobenzidine (Sigma) in TBS supplemented with 0.1% H₂O₂ for 10 min. All incubations were followed by washing three times in TBS over 15 min. Tissue sections were counterstained with hematoxylin and slides were mounted with coverslips [9, 16].

For immunofluorescent co-localization of TF, the tissue sections were treated with the same immunohistochemical steps as described above, and they were then incubated simultaneously with 10 µg/ml rabbit anti-mTF Ab, mouse anti-smooth muscle α -actin monoclonal antibody (mAb; Sigma), 20 µg/ml rat anti-mouse CD68 mAb (Sero-tec) or 16 µg/ml biotinylated rabbit anti-human vWF Ab (Sigma).

RNA isolation and quantitative RT-PCR

Four days after ligation, approximately 20 mg of arterial tissues were harvested for extracting total RNA using the RNA miniprep kit (Stratagene, La Jolla, CA, USA). Total RNA was eluted in 30 µl RNase-free water and quantified using a BECMAN 640 M spectrophotometer. Two micrograms of total RNA was reverse-transcribed into cDNA using M-MLV reverse transcriptase (Invitrogen, San Diego, CA, USA) in the presence of random primers. The cDNA was used to amplify the VCAM-1, E-selectin and TF fragments. To normalize RNA loading, the housekeeping gene β -actin was also amplified from each sample. The primer sequences for TF were as follows: sense 5'-GGA CAG CCA GTA ATT CAG CG-3', antisense 5'-GCT TGA GCC TTT CCG ATA AGT AA-3'. The primers for VCAM-1 (PPM03208B-200), E-selectin (PPM03195A-200) and β -actin (PPM02945A-200) were purchased from SuperArray Bioscience Corporation (Frederick, MD, USA). The RNA transcripts were quantified by an MX3000P real-time PCR (Stratagene), using Brilliant SYBR green qPCR master mix (SuperArray Bioscience Corporation) in 25-µl reaction mixtures. Optimal primer concentrations were determined empirically.

MTT assay

Peritoneal macrophages from C57 mice, PVECs from B6 mice, HUVECs and human adherent monocytes (5×10^3 cells/ml) were plated into 96-well tissue culture plates. Five hours later, an aliquot of Andro (15 µM final concentration) was added for 48 h. An aliquot of 20 µl methyl thiazolyl tetrazolium (MTT) was then added to each well. Four hours later, an aliquot of 100 µl of 10% SDS/5% isobutanol/0.12% HCl was added to each well and the optical densities were measured at OD_{570/630 nm} [8].

Statistical analysis

All data were expressed as the mean \pm S.D. ANOVA and Student's unpaired *t*-test were used for statistical analysis. $P < 0.05$ or 0.01 was considered statistically significant or very significant.

Results

Andro treatment and p50 ablation reduce neointimal hyperplasia

To investigate the functional role of Andro in neointimal proliferation during the pathogenesis of arterial restenosis, we administered Andro (a specific inhibitor for p50) and its inactive structural analog, 4H-Andro, to the mice that

underwent ligation of the left carotid arteries. Four weeks later, the ligated arteries were examined after euthanasia of these mice. Morphologically, the cross-sections of normal carotid arteries have irregular and thin vessel walls with large and wide internal diameters (Figure 1A, upper panel). By contrast, cross-sections of injured carotid arteries reveal round and thick vessel walls (which are due mainly to neointimal proliferation) with small and narrow internal diameters. Compared with those treated with 4H-Andro and DMSO, Andro dramatically attenuated the proliferation of neointima and prevented the thickening of vessel walls. Ligation of the left carotid arteries triggered a profound proliferation of neointima, as demonstrated by an increased intimal area [$19 \pm 16 (\times 10^3 \mu\text{m}^2)$; Figure 1B] and a higher intimal:medial area ratio (I/M: 0.805 ± 0.329 ; Figure 1C). Treatment with Andro significantly reduced the growth of the neointima [intimal area: $8 \pm 6 (\times 10^3 \mu\text{m}^2)$; I/M: 0.311 ± 0.171 ; Figure 1B], whereas treatment with 4H-Andro [intimal area: $19 \pm 9 (\times 10^3 \mu\text{m}^2)$; I/M: 0.808 ± 0.417 ; Figure 1B] and DMSO [intimal area: $20 \pm 9 (\times 10^3 \mu\text{m}^2)$; I/M: 0.78 ± 0.301 ; Figure 1B] did not. By contrast, the medial areas remained unchanged among all groups.

Consistent with the above observations, we found that the neointimal hyperplasia was reduced in *p50*^{-/-} mice (*p50* KO) following ligation of the left carotid artery (Figure 1A, lower panels). The mean intimal area was $12 \pm 3 (\times 10^3 \mu\text{m}^2)$ in *p50*^{-/-} mice compared with $30 \pm 15 (\times 10^3 \mu\text{m}^2)$ in B6 mice (Figure 1D). *p50* KO mice manifested a smaller I/M ratio (0.434 ± 0.108) when compared with B6 mice (1.080 ± 0.393 ; Figure 1E). There was also no significant difference in medial areas among all groups. Importantly, the thickness of the neointima (Figure 1D and 1E) was not further reduced by treatment with an identical dosage of Andro in *p50*^{-/-} mice, suggesting the specificity of Andro on *p50* for reducing neointimal hyperplasia in the murine model of arterial restenosis.

Andro treatment and p50 knockout suppress the expression of E-selectin, VCAM-1 and TF

The de novo synthesis of E-selectin and VCAM-1 in vascular endothelial cells is well known to be exclusively regulated by NF- κ B transcription factors [9, 14-20]. We thus examined whether the expression of E-selectin and VCAM-1 is regulated by p50-mediated NF- κ B activation in our murine models of experimental arterial restenosis. As expected, the expression of E-selectin and VCAM-1 was undetectable on the endothelial layers of normal carotid arteries (Figure 2A). However, they were markedly upregulated in the arterial walls of the model groups. Compared with the model groups and the 4H-Andro groups, treatment with Andro significantly reduced the staining of E-selectin and VCAM-1 in the arterial walls. Consistently,

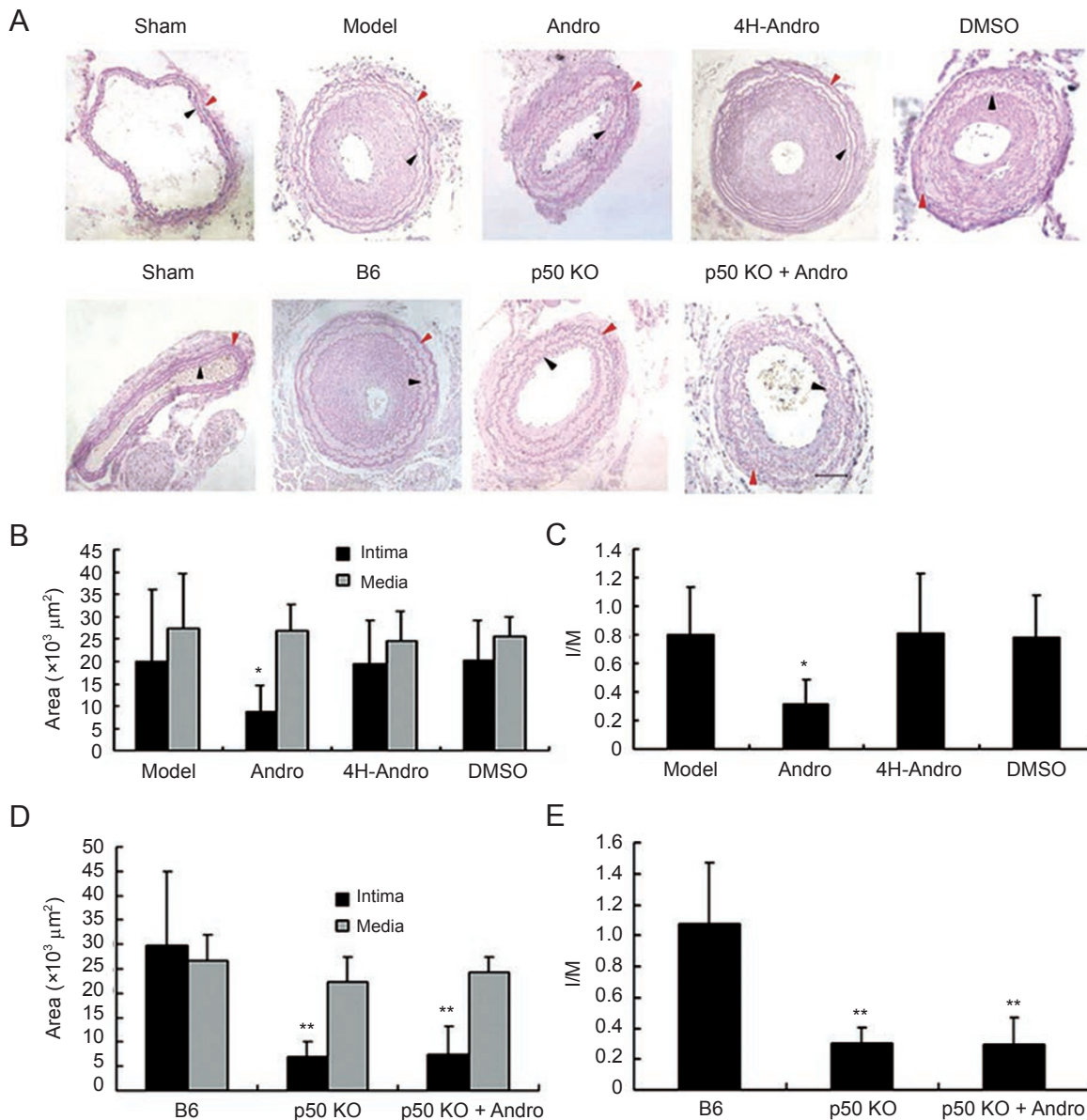


Figure 1 Inhibition of p50 attenuates arterial restenosis. **(A)** Cross-sections of carotid arteries stained with EVG following ligation of the carotid artery for 4 weeks. Red arrow heads point to the external elastic lamina, and black arrow heads point to the internal elastic lamina in C57 mice (upper panel) and B6 and p50 KO (lower panel). **(B, C)** Andro inhibits neointimal hyperplasia. C57 mice were either untreated (model group, $n = 10$) or treated with Andro (Andro group, $n = 9$), 4H-Andro (4H-Andro group, $n = 8$) or DMSO (DMSO group, $n = 8$). The left carotid arteries were ligated while the right carotid arteries were untouched as a negative control. **(D, E)** p50 deficiency abrogates neointimal hyperplasia. Following ligation of the left carotid artery, B6 mice ($n = 9$) and p50 KO mice (untreated, $n = 8$ or treated, $n = 7$) were either untreated or treated with Andro. Results are presented as the mean \pm S.D. from two separate experiments. * $p < 0.05$ and ** $P < 0.01$ compared with the corresponding model groups. The scale bar indicates 50 μm .

the expression of E-selectin and VCAM-1 was almost completely absent in the model groups of p50 KO mice (Figure 2B). As a consequence of inhibiting the p50-mediated expression of leukocyte adhesion molecules, such as E-selectin and VCAM-1, the deposition of leukocytes,

mainly macrophages and/or neutrophils, in the intima of arterial walls was dramatically decreased in Andro-treated mice (Figure 2D) and p50 KO mice (Figure 2F) compared with their respective model groups.

As the p50/65 heterodimer, the dominant complex of

NF- κ B transcriptional factors, reportedly regulates TF at the transcriptional level [21-24], we next examined TF expression in our *in vivo* model of arterial restenosis. Compared with the sham groups, TF expression was markedly upregulated in the model groups of arterial restenosis (Figure 3A, upper panel and Figure 3B). In contrast to 4H-Andro, treatment with Andro significantly suppressed TF expression. Consistently, TF expression was also reduced in the model groups of p50 KO mice compared with those in the model groups of B6 mice (Figure 3A, lower panel and Figure 3C).

In searching for the cellular distribution of TF, we car-

ried out an immunofluorescence co-localization study using laser scanning confocal microscopy. TF expression was co-localized with CD68 (a marker for macrophages; Figure 4, upper panel), vWF (a marker for endothelial cells; Figure 4, middle panel) and α -actin (a marker for smooth muscle cells; Figure 4, lower panel). These findings demonstrate that TF overexpression in infiltrated macrophages stimulated endothelial cells and injured vascular smooth muscle cells in our experimental model of arterial restenosis.

To determine the mRNA expression of E-selectin, VCAM-1 and TF, total RNA was extracted from the carotid artery specimen 4 days after ligation of the left

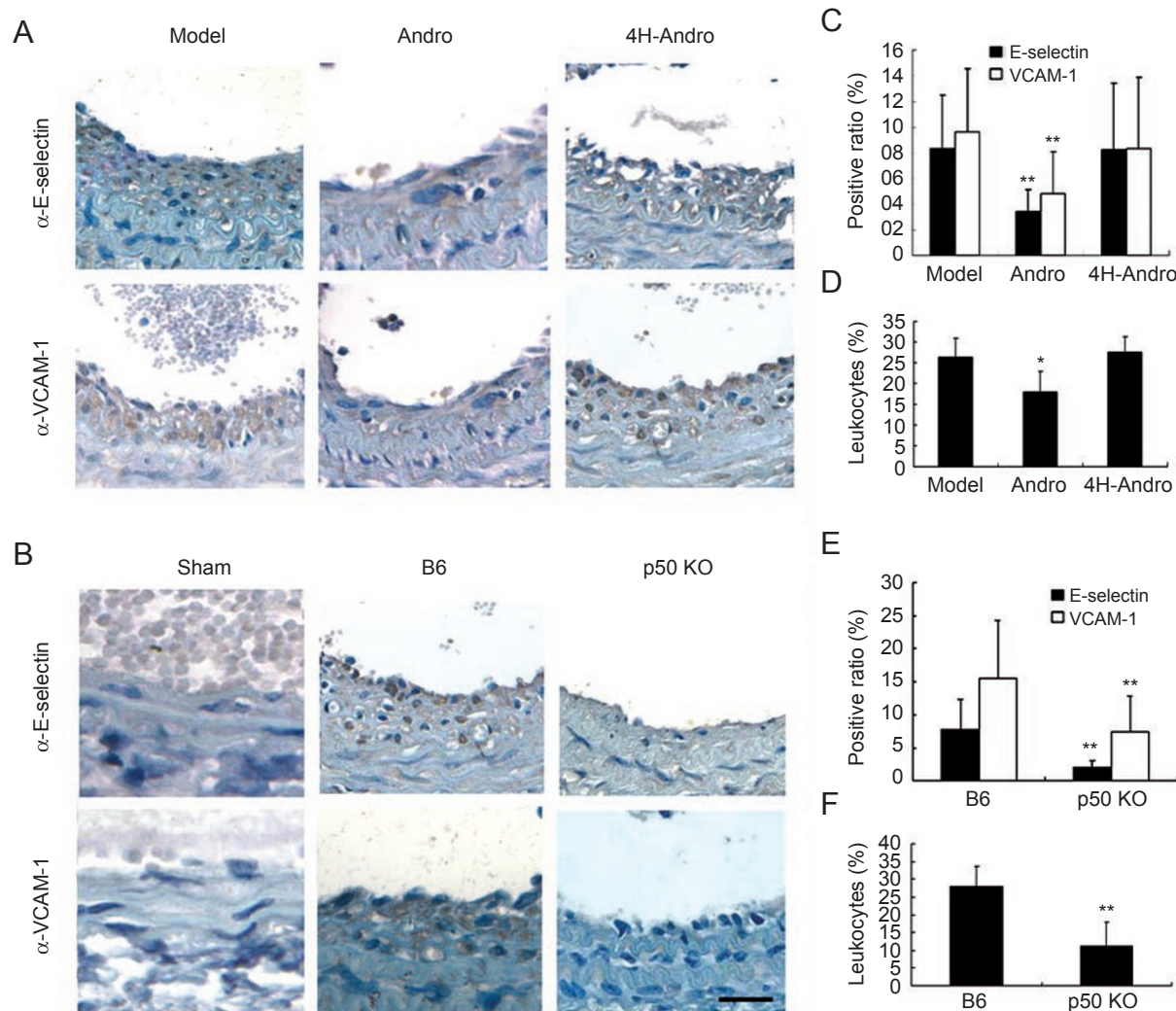


Figure 2 Andro treatment and *p50* deficiency downregulate the expression of E-selectin and VCAM-1 and suppress leukocyte infiltration in injured arteries. (A-C, E). Immunohistochemical staining and gray-scale analysis of E-selectin and VCAM-1 in the cross-sections of carotid arteries from C57 mice (A, C) and B6 and *p50* KO mice (B, E) were performed as described before [9]. (D, F) Leukocyte depositions in the neointima of injured carotid arteries. Results displayed are representative of multiple sections of more than five samples from at least two separate experiments, which are presented as the mean \pm S.D. of five respective fields for each section (three sections per animal) examined. * $p < 0.05$ and ** $p < 0.01$ compared with the corresponding model groups. The scale bar indicates 50 μ m.

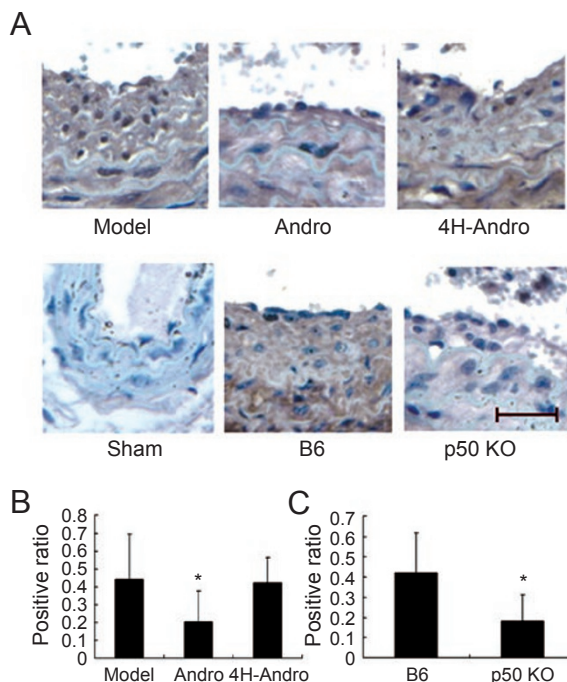


Figure 3 Inhibition of p50 downregulates TF. (A) TF immunohistochemical staining of the uninjured (sham) and injured arteries. (B, C) A gray-scale analysis of TF immunohistochemical staining. Results are presented as either a representative of three independent experiments or the mean \pm S.D. of triplicate measurements from two independent experiments. * $p < 0.05$ compared with the corresponding model group. The scale bar indicates 25 μ m.

carotid artery. Indeed, the mRNA expression of E-selectin, VCAM-1 (Figure 5A and 5B) and TF (Figure 5C) was markedly elevated in the ligated artery. Compared with the mice treated with 4H-Andro, the mice treated with Andro had a significantly reduced expression of mRNAs of E-selectin, VCAM-1 and TF in the injured left carotid artery.

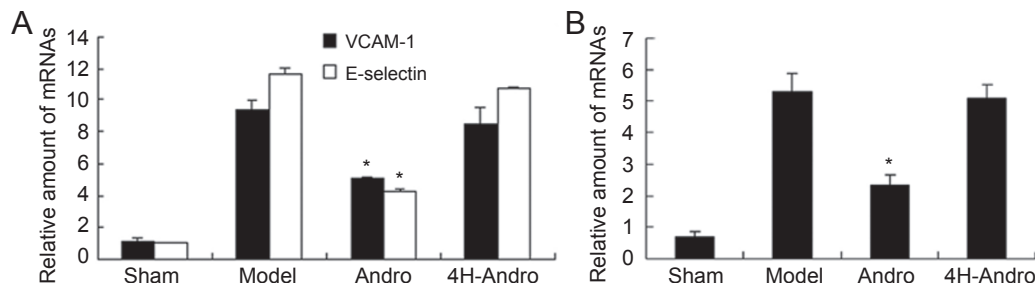


Figure 5 Treatment with Andro downregulates mRNA expression of NF- κ B target genes. The mRNAs for VCAM-1 and E-selectin (A) and TF (B) in the carotid arteries were determined using quantitative RT-PCR. Results are presented as the mean \pm S.D. of triplicate measurements from two independent experiments. * $p < 0.05$ compared with the corresponding model groups.

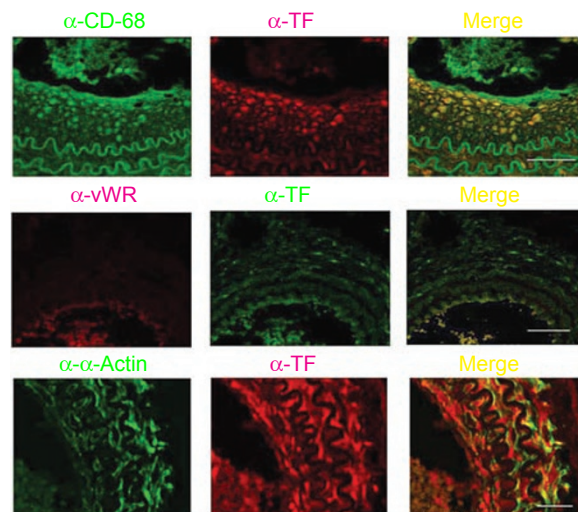


Figure 4 Cellular distribution of TF in experimental arterial restenosis. Arterial sections were stained for TF, which was completely co-localized with infiltrated macrophages (CD68 positive; upper panel), activated endothelial cells (vWF positive; middle panel) and partially co-localized with stimulated smooth muscle cells (α -actin positive; low panel). Results are representative of three independent experiments. The scale bars indicate 30 μ m in the upper panel, 50 μ m in the middle panel and 20 μ m in the lower panel.

Our data thus argue for the exclusive regulation of these NF- κ B target genes by p50 in our models of experimental arterial restenosis.

Overexpression of NF- κ B target genes in thrombotic vasculitis

To correlate our experimental results in mice with the pathological changes in patients with occlusive arterial diseases, we obtained a human sample of thrombotic vasculitis and examined the expression of various NF- κ B target

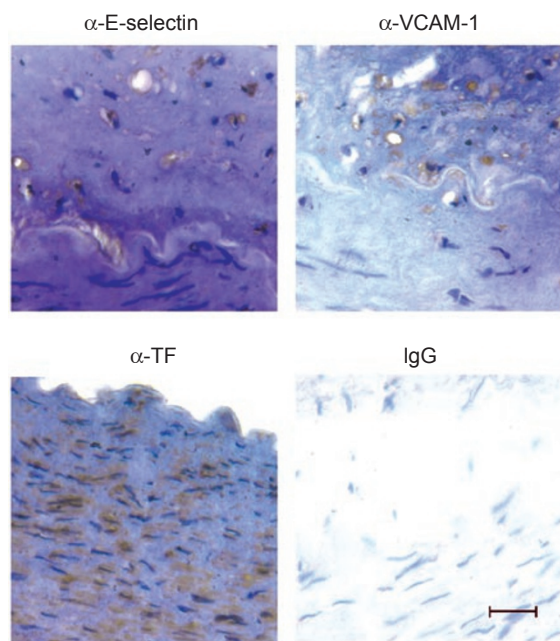


Figure 6 Expression of E-selectin, VCAM-1 and TF in thrombotic vasculitis. The human tissue sections of thrombotic vasculitis were stained with rabbit preimmune rabbit IgG or Abs to E-selectin, VCAM-1 and TF. The scale bar indicates 25 μ m.

genes, such as E-selectin, VCAM-1 and TF. We found that E-selectin, VCAM-1 and TF were highly expressed in the pathological specimen of thrombotic vasculitis (Figure 6), supporting the clinical relevance of our present findings in experimental arterial restenosis.

Andro fails to inhibit cell growth

We further tested whether Andro had any detectable effect on the growth of HUVECs, human adherent monocytes, peritoneal macrophages from C57 mice and PVECs from B6 mice. Using the MTT assay, we found that compared with the sham-treated cells, 15 μ M Andro (the identical concentration used in this study *in vivo*) did not affect the growth of these primary cells *in vitro* (Figure 7), ruling out the possible cytotoxic action of Andro for the prevention of neointimal hyperplasia in our murine model of arterial restenosis.

Discussion

In this study, we have revisited the functional importance of NF- κ B activation in the pathogenesis of arterial restenosis, using two divergent approaches – pharmacological treatment with Andro (an inhibitor of p50) and genetic deletion of p50. Consistent with previous findings [5, 8,

25-29] in which the activation of NF- κ B transcription factors, especially p50, is critical to neointimal hyperplasia, we have found that treatment with Andro and p50 ablation both significantly reduce neointimal formation without affecting medial thickening, attesting to the significance of NF- κ B activation in the pathogenesis of arterial restenosis. Importantly, these experimental findings in mice are supported by the expression profiles of E-selectin, VCAM-1 and TF in samples of human thrombotic vasculitis.

NF- κ B transcription factors regulate the expression of E-selectin and VCAM-1, which are cell adhesion molecules for leukocyte adhesion to stimulated endothelium. Upon arterial ligation, we found that E-selectin and VCAM-1 are upregulated, leading to the deposition of leukocytes, mainly CD68⁺ macrophages, in the intima of arterial walls (Figure 2A and 2B). In contrast to 4H-Andro and WT mice, treatment with Andro and p50 deficiency significantly suppress the expression of E-selectin and VCAM-1 and consequently inhibit the leukocyte deposition that is presumably mediated by these leukocyte adhesion molecules, suggesting the pathological roles of E-selectin- and VCAM-1-induced leukocyte adhesion in neointimal hyperplasia.

TF is a 47-kDa transmembrane glycoprotein, which serves as a principal initiator of blood clotting and a major trigger of arterial and venous thrombosis. TF forms the cell-surface complex with coagulation factor VII/VIIa and assembles the extrinsic tenase complex by generating coagulation factor Xa, which consequently activates the prothrombinase complex for the formation of thrombin, thus initiating the coagulation cascade and leading to blood

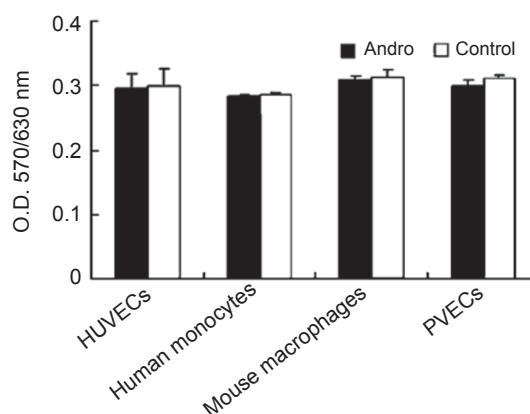


Figure 7 Testing of Andro cytotoxicity. HUVECs, human adherent monocytes, peritoneal macrophages from C57 mice and PVECs from B6 mice were incubated with 15 μ M Andro and their growth rates were measured using an MTT assay. Results presented are the mean \pm S.D. of the triplicate measurements from three independent experiments.

clotting responsible for preventing excessive bleeding physiologically and causing arterial and venous thrombosis pathologically.

The expression of the TF gene is regulated principally at the transcriptional level [30]. Although resting and quiescent monocytes and endothelial cells express little or no TF constitutively, the level of this procoagulant increases dramatically in stimulated monocytes and vascular endothelial cells during the pathogenesis of various diseases, such as thromboembolism and atherosclerosis. In this context, we found that TF is upregulated on activated monocytes, endothelial cells and vascular smooth muscle cells (Figures 4 and 5), suggesting that it is critically involved in the pathogenesis of arterial restenosis.

Taken together, we propose that NF- κ B transcription factors critically regulate the expression of E-selectin, VCAM-1 and TF, which synergistically exaggerate inflammatory and thrombotic responses, during the pathogenesis of neointimal hyperplasia in the murine model of experimental arterial restenosis and human thrombotic vasculitis. As an inhibitor for NF- κ B activation, Andro is not only specific for p50 but also equally as potent as the genetic ablation of *p50*, which suggests the therapeutic potential of NF- κ B antagonists, such as Andro, in the prevention and treatment of occlusive arterial diseases including arterial restenosis.

Acknowledgments

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