

## EDITORIAL

# How regulatory T cells sense and adapt to inflammation

Bin Li<sup>1</sup> and Song Guo Zheng<sup>2</sup>

*Cellular & Molecular Immunology* advance online publication, 17 August 2015; doi:10.1038/cmi.2015.65

The immune system exists in harmony and also with the potential for dynamic control in healthy individuals. Our healthy body needs to sense the presence of microbes and react through both innate and adaptive immunity to eliminate infection. How our immune system senses the initiation, progression, and termination of the inflammatory process is critical for maintaining immune homeostasis. Thanks to the elegant experimental progress in using conditional knockout animal models, we have, over the past decade, gained a deep understanding of the contributions of thymus-derived CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> natural regulatory T cells (Tregs) to this process.

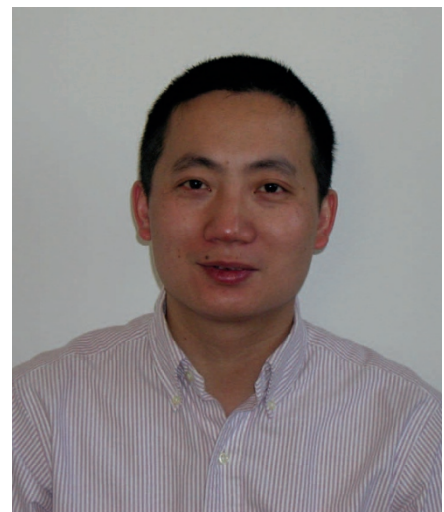
Although there have been many advances in our understanding, it remains unclear how the adaptive immune system, including natural and induced Foxp3<sup>+</sup> Tregs, plays a central role in suppressing immune responses, sensing inflammation, and ensuring appropriately timed and localized immune responses, especially in humans.<sup>1,2</sup> It is still actively debated whether Treg plasticity exists and/or how it is dynamically controlled both in healthy and inflammation states. On the one hand, it has been convincingly demonstrated that the Foxp3 gene locus



Song Guo Zheng MD/PhD

is consistently demethylated and actively transcribed in natural Treg cells.<sup>3–5</sup> On the other hand, the Foxp3 protein is regulated at the posttranslational level by acetylation, phosphorylation, and ubiquitination, which determine its DNA binding, protein stability, and degradation under inflammation.<sup>6–10</sup> Understanding functional plasticity and stability could provide new insights in promoting Treg-based clinical therapies for autoimmune disease, organ transplantation, and cancer.<sup>11</sup>

In this issue, we have assembled a series of up-to-date reviews on the functional plasticity of Tregs to address and discuss how Tregs may sense the initiation and progression of inflammation in different physiological microenvironments. In an inflammatory micro-



Bin Li Ph.D.

environment, a small subpopulation of Treg cells may lose the expression and/or function of the Treg cell lineage master regulator Foxp3 and function as inflammatory cytokine-producing pathogenic effector T cells (Teff cells), which were initially identified by and have been reviewed by Xuyu Zhou *et al.*<sup>12,13</sup> The induction and function of recently identified inflammatory Teff cells, called Th17 cells, are tightly controlled by differential nuclear receptors, as reviewed by Benjamin V. Park and Fan Pan.<sup>14</sup> Moreover, Treg cells may function locally and adapt to the tissue microenvironment in lymphoid and non-lymphoid tissues, including skin, muscle, adipocytes, and tumors, as reviewed by Zhou *et al.*<sup>15</sup> Over a decade ago, it was discovered that Foxp3<sup>+</sup> Treg cells could also be differentiated and induced from naive T cells *in vitro* and *in vivo* under TCR activation and costimulation by anti-inflammatory cytokines

<sup>1</sup>Key Laboratory of Molecular Virology and Immunology, Unit of Molecular Immunology, Institut Pasteur of Shanghai, Shanghai Institutes for Biological Sciences, Chinese Academy of Sciences, Shanghai 200025, China  
E-mail: binli@sibs.ac.cn

<sup>2</sup>Division of Rheumatology, Penn State Milton S. Hershey Medical Center, Hershey, PA 17033, USA

E-mail: szheng1@hmc.psu.edu

Received: 10 June 2015; Accepted: 10 June 2015

such as TGF- $\beta$ . Liu *et al.* summarize recent progress in understanding the induction and function of induced Treg cells and their functional stability as modified by all-trans retinoic acid.<sup>16</sup> Zhiyuan Li *et al.* provide an update on the molecular mechanism by which the Foxp3 protein is dynamically regulated at the posttranslational level by inflammatory stimuli, as well as functional applications for clinical therapies.<sup>17</sup> In addition to Foxp3-expressing Treg cells, IL-10-producing but Foxp3-negative T regulatory cells, called Type 1 regulatory T (Tr1) cells, may also play a critical role in controlling immune homeostasis. Hanyu Zeng *et al.* summarize the induction and functional characterization of this important subset of Treg cells and their potential clinical applications.<sup>18</sup> More recently, it has been found that during the terminal and recovery phases of inflammation, inflammatory Th17 cells can transdifferentiate into immune suppressive Tr1 cells.<sup>19</sup> Future studies on the plasticity and transdifferentiation of Treg and Teff cells could provide therapeutic applications for treating human inflammatory diseases.

1 Zheng SG, Gray JD, Ohtsuka K, Yamagiwa S, Horwitz DA. Generation *ex vivo* of TGF- $\beta$ -producing regulatory T cells from CD4+

- CD25- precursors. *J Immunol* 2002; **169**: 4183–4189.
- 2 Chen W, Jin W, Hardegen N, Lei KJ, Li L, Marinos N *et al.* Conversion of peripheral CD4+CD25- naive T cells to CD4+CD25+ regulatory T cells by TGF- $\beta$  induction of transcription factor Foxp3. *J Exp Med* 2003; **198**: 1875–1886.
- 3 Rubtsov YP, Niec RE, Josefowicz S, Li L, Darce J, Mathis D *et al.* Stability of the regulatory T cell lineage *in vivo*. *Science* 2010; **329**: 1667–1671.
- 4 Feng Y, Arvey A, Chinen T, van der Veen J, Gasteiger G, Rudensky AY *et al.* Control of the inheritance of regulatory T cell identity by a cis element in the Foxp3 locus. *Cell* 2014; **158**: 749–763.
- 5 Josefowicz SZ, Niec RE, Kim HY, Treuting P, Chinen T, Zheng Y *et al.* Extrathymically generated regulatory T cells control mucosal TH2 inflammation. *Nature* 2012; **482**: 395–399.
- 6 Li B, Samanta A, Song X, Iacono KT, Bembas K, Tao R *et al.* FOXP3 interactions with histone acetyltransferase and class II histone deacetylases are required for repression. *Proc Natl Acad Sci USA* 2007; **104**: 4571–4576.
- 7 Dang EV, Barbi J, Yang HY, Jinasena D, Yu H, Zheng Y *et al.* Control of T(H)17/T(reg) balance by hypoxia-inducible factor 1. *Cell* 2011; **146**: 772–784.
- 8 Laurence A, Belkaid Y, O'Shea JJ. A degrading view of regulatory T cells. *Immunity* 2013; **39**: 201–203.
- 9 Chen Z, Barbi J, Bu S, Yang HY, Li Z, Gao Y *et al.* The ubiquitin ligase Stub1 negatively modulates regulatory T cell suppressive activity by promoting degradation of the transcription factor Foxp3. *Immunity* 2013; **39**: 272–285.
- 10 van Loosdregt J, Fleskens V, Fu J, Brenkman AB, Bekker CP, Pals CE *et al.* Stabilization of the transcription factor Foxp3 by the deubiquitinase USP7 increases Treg-cell-suppressive capacity. *Immunity* 2013; **39**: 259–271.
- 11 Sakaguchi S, Vignali DA, Rudensky AY, Niec RE, Waldmann H. The plasticity and stability of regulatory T cells. *Nat Rev Immunol* 2013; **13**: 461–467.
- 12 Gagliani N, Vesely MC, Iseppon A, Brockmann L, Xu H, Palm NW *et al.* Th17 cells transdifferentiate into regulatory T cells during resolution of inflammation. *Nature* 2015; **523**: 221–225.
- 13 Guo J, Zhou X. Regulatory T cells turn pathogenic. *Cell Mol Immunol* 2015. doi:10.1038/cmi.2015.12.
- 14 Park BV, Pan F. The role of nuclear receptors in regulation of Th17/Treg biology and its implications for diseases. *Cell Mol Immunol* 2015. doi:10.1038/cmi.2015.021.
- 15 Zhou X, Tang J, Cao H, Fan H, Li B. Tissue resident regulatory T cells: novel therapeutic targets for human disease. *Cell Mol Immunol* 2015. doi:10.1038/cmi.2015.23.
- 16 Liu ZM, Wang KP, Ma J, Zheng SG. The role of all-trans retinoic acid in the biology of Foxp3 regulatory T cells. *Cell Mol Immunol* 2015. doi:10.1038/cmi.2014.133.
- 17 Li Z, Li D, Tsun A, Li B. FOXP3 regulatory T cells and their functional regulation. *Cell Mol Immunol* 2015. doi:10.1038/cmi.2015.10.
- 18 Zeng H, Zhang R, Jin B, Chen, L. Type 1 regulatory T cells: a new mechanism of peripheral immune tolerance. *Cell Mol Immunol* 2015. doi:10.1038/cmi.2015.44.
- 19 Gagliani N, Vesely M.C, Iseppon A, Brockmann L, Xu H, Palm N.W, de Zoete M.R, Licona-Limon P, Paiva R.S, Ching T., *et al.* Th17 cells transdifferentiate into regulatory T cells during resolution of inflammation. *Nature* 2015; **523**: 221–225.