

BSDHT CALLS FOR POSTER SUBMISSIONS

As part of this year's Oral Health Conference and Exhibition, the British Society of Dental Hygiene and Therapy (BSDHT) is calling for submissions to its Annual Poster Competition.

Open to practising dental hygienists and dental therapists, and students, the Poster Competition provides a fantastic opportunity to showcase your work and share your passion with other like-minded professionals.

Posters might involve literary reviews, audits, evaluations or clinical cases you've collaborated on with colleagues, whether in NHS or private practice, community or hospital settings – the choice is yours!

In addition to celebrating your hard work and earning the recognition of your peers, your application will also have the chance of



winning an amazing prize – the winner will receive £500 of vouchers plus glass ware and the runner up will £250 of vouchers. A student prize of £250 of vouchers will also be up for grabs.

All posters must be submitted by 5pm on 15 September 2017, in time to be evaluated by the expert panel of judges. The Oral Health Conference and Exhibition, which has the theme 'More to the mouth', will be held on 3–4 November 2017 at Harrogate Convention Centre.

For more information about the conference and the Annual Poster Competition, visit www.bsdht.org.uk/oral-health-conference-and-exhibition

NEW BOS RESOURCE HIGHLIGHTS THE POSITIVE IMPACT OF ORTHODONTIC TREATMENT

The British Orthodontic Society (BOS) has launched a new online resource: 'The BOS Guide: Better teeth for life'. It highlights the positive impact that orthodontic treatment can have on both oral health and emotional wellbeing and provides practical tips on a patient's role in achieving excellent results.

This new guide is supported by recent research undertaken at the University of Sheffield School of Clinical Dentistry which found orthodontic treatment before the age of 18 improves oral health-related quality of life (OHRQoL), with most reported improvement around emotional and social well-being.¹

The guide links in with World Oral Health Day which has been created by the World Federation of Orthodontists and both initiatives coincide with the UK's National Smile Month run annually by the Oral Health Foundation.

Alison Murray, President of the British Orthodontic Society, said: 'This new BOS Guide demonstrates how life-enhancing orthodontic treatment can be. We know that patients in braces are encouraged to keep their mouths really clean and there is evidence that once treatment has been completed, patients continue to look after their teeth. Orthodontics should be the

start of a lifetime of excellent dental health.'

The guide can be accessed via: <http://www.bos.org.uk/Public-Patients/News-Publications/Public-Patients-News>.

1. Javidi H, Vettore M, Benson P E. Does orthodontic treatment before the age of 18 years improve oral health-related quality of life? A systematic review and meta-analysis. *Am J Orthod Dentofacial Orthop* 2017; **151**: 644–655.

New standards aim to improve oral health in care homes

The British Society of Dental Hygiene and Therapy (BSDHT) has welcomed new quality standards released by the National Institute for Health and Care Excellence (NICE) which focus on improving the oral health care of adults that move into care homes.¹



The new guidelines outline the importance of assessing each new resident's oral health care needs on admission and furthermore, recording their oral health care needs in their personal plan to ensure they are continually reviewed.

The BSDHT fully supports the new NICE guidance as the organisation believes they are a vital part of providing effective oral health for adults in care homes.

President of the BSDHT, Helen Minnery, commented on the importance of the NICE standards: 'These guidelines are a massive step in the right direction to ensure that people in care homes receive the oral health care they need and deserve. We feel that there has previously been a lack of effective support and guidance in this area which has led to many care home residents not getting the support they need.'

'With a lack of guidance and support for the oral health of many care home residents the likelihood of developing serious oral health problems is dangerously high. Without basic care oral health can quickly decline; this often leads to problems being able to eat and drink properly and therefore a person's nutrition can suffer.'

'We will be advising our members to form strong links with local care homes around the UK to ensure we can effectively deliver this much-needed care.'

1. National Institute for Health and Care Excellence. Oral health in care homes (2107) [QS151]. Available at <https://www.nice.org.uk/guidance/qs151>.