Ed's letter

CPD:
ONE HOUR

Denture cleanliness p19

Did you know that our most popular post on Facebook this year reached over 90,000 people? That's more people than there are DCPs on the GDC register! The story that captured your imagination the most was the story of Jo, the dental hygienist 'trailblazer' visiting patients in their homes in her Sparkle Fairy van (<http://www.nature.com/articles/bdjteam2016143>). This was closely followed by posts linking to our articles on dental nurse wages, and why they're so low (<http://www.nature.com/articles/bdjteam2016152>). We have never had so many comments on our articles before, and would like to thank all of our readers for engaging and interacting with us through social media this year.

If you didn't see the furore - where have you been?! Make sure you have liked *BDJ Team* on Facebook: www.facebook.com/bdjteam.

This is the final issue of *BDJ Team* for 2016 and therefore contains the TENTH hour of verifiable CPD this year. All ten hours of CPD are now available on the BDA CPD hub, but don't wait too long to take part - in 2017 CPD questions will only be available for **six months at a time!** <http://bit.ly/2e3G0sv>

This November we meet an inspirational individual, Yasmin Aydin, who at just 24 has already completed a degree in dental hygiene and therapy and is now studying to become a dentist while also chairing her local section of the BDA.

In an opinion piece Joanne Brindley says that those who are dedicated to learning and developing themselves may be fatally flawed: 'What stands out for me most is the way that we criticise ourselves when things are not what we consider to be perfect.'

We also present ten top tips for handling the teeth of older patients and include some interesting research from the *BDJ*. If you are a DCP involved in research I'd love to hear from you.

I hope you have enjoyed reading *BDJ Team* this year and look forward to bringing you lots more exciting content in 2017!

Kate

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Give yourself a hug
p25

bdjteam2016161

Top Facebook post!

Super student p17

10 top tips for managing older patients' teeth p23

THE TEAM

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