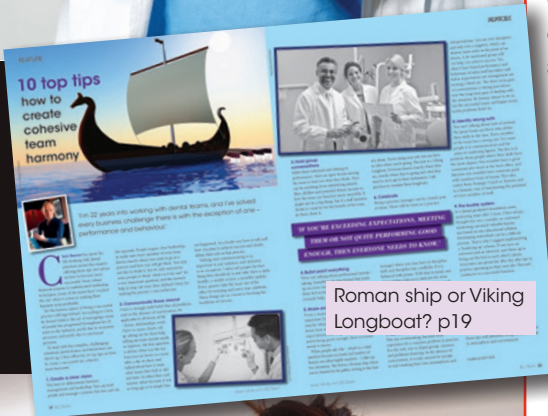




**CORE  
CPD:  
ONE HOUR**

# Ed's letter

Keep up the pace p17



Roman ship or Viking Longboat? p19



News from the BADT p26

Well isn't the sunshine fantastic? It certainly makes a difference to the mood of the nation, not to mention the health of our teeth.

So to July's issue of *BDJ Team*, and we're delighted to feature the President of the British Association of Dental Therapists (BADT) Fiona Sandom in our President's Column. There's plenty going on at the BADT, and Fiona offers her thoughts on fresh ways of thinking, the future and more.

With dental teams across the country under more pressure than ever before to meet targets, it's inevitable some cracks may appear within the team. Step forward Coach Barrow. With more than 20 years of experience in the industry, there's no-one better qualified to offer advice on how to establish team harmony. You can read Chris' 10 top tips for better team harmony on page 19.

In the news this month there's more miserly figures surrounding children, tooth decay and hospital admissions. Latest statistics from the Health and Social Care Information Centre (HSCIC) reveal just how stark the regional inequalities are across the UK. Professor Nigel Hunt, Dean, Faculty of Dental Surgery at the Royal College of Surgeons, has his say on the statistics.

Breakfast also made the news this month, as new research in the *International Journal of Dental Hygiene* has shown evidence that teens were almost twice as likely to suffer from bad breath when they skip breakfast. We've always been told breakfast is the most important meal of the day after all!

This month's feature article comes courtesy of a quote from NHS England Chief Executive Simon Stevens. On the *Andrew Marr Show* Mr Stevens called sugar a 'poison', which got me thinking. Has sugar been treated unfairly, or is it rightfully highlighted as the main reason for tooth decay? The British Society of Paediatric Dentistry and Sugar Nutrition UK put forward their respective thoughts on both sides of the coin.

To wrap up your free hour of CPD, we look at pacemakers and find out everything you need to know about treating patients with one. If you have missed any CPD this year – or in 2014 for that matter – you can still complete it right up to 31 December, 2015.

Enjoy the issue and we will see you in September!

*David*

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Sugar: the great debate p9



Breakfast - friend or foe? p5



## THE TEAM

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