

Original Article

A new method to evaluate the dose-effect relationship of a TCM formula Gegen Qinlian Decoction: “Focus” mode of integrated biomarkers

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Abstract

It is difficult to accurately evaluate the efficacy of traditional Chinese medicine (TCM), which leads to the uncertainty and complexity of dose-effect analysis. In this study we established the “Focus” mode of biomarkers to characterize the dose-effect relationship of Gegen Qinlian Decoction (GQD), a TCM formula for treating type 2 diabetes mellitus (2-DM). A rat model of 2-DM was established through high fat diet feeding combined with low-dose STZ injection. Rats with 2-DM were administered high, middle or low doses (6.785, 4.071, 1.357 mg·kg⁻¹·d⁻¹, respectively) of GQD extract for 60 d. Metformin (300 mg·kg⁻¹·d⁻¹) was taken as the positive control. Blood samples were collected to assess serum biochemical indexes and metabolic profiling. After “Focus” analysis, the biochemical index triglycerides (TG) and insulin sensitivity (ISI) were identified as focused integrated biomarkers (FIBs), while arachidonic acid and docosatetraenoic acid were the metabolic FIBs. Dose-effect relationship curves of GQD were built based on these types of FIBs. Furthermore, the two dose-effect relationship curves showed similar trends with the middle dosage displaying the greatest efficacy, suggesting that insulin function and arachidonic acid metabolism played important roles in 2-DM and the responses to GQD. The metabolic FIB docosatetraenoic should be further explored for understanding its involvement in the process of 2-DM occurrence and the treatment. This “Focus” mode provides a novel strategy to evaluate the dose-effect relationship of a TCM. The system and concepts established here may also be applicable for assessing the dose-effect relationships of Western medicines.

Keywords: TCM; Gegen Qinlian Decoction; type 2 diabetes mellitus; metabolomics; focused integrated biomarkers; insulin sensitivity; arachidonic acid; dose-effect relationship

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Introduction

In past decades, substantial efforts have been made to understand the dose-effect relationship of traditional Chinese medicine (TCM). However, most of these efforts have been limited to theoretical studies. The main reason for this is that TCM has a mixture of the characteristics of its multiple components. Thus, it is difficult to accurately evaluate TCM drug efficacy,

which leads to the uncertainty and complexity of dose-effect analysis. Furthermore, the TCM dose-effect relationship cannot be described as simply as with the dose-effect relationship of chemical drugs. To date, no specific methods for exploring the TCM dose-effect relationship have been developed^[1].

Gegen Qinlian Decoction (GQD), a well-known classical TCM for diarrhea related to damp-heat syndrome, originates from the “Treatise on Cold Pathogenic Diseases” compiled by Zhong-jing ZHANG. There are four herbs in this formula: *Pueraria lobata* (Ge-Gen), *Scutellaria baicalensis* Georgi (Huang-Qin), *Coptis Chinensis* Franch (Huang-Lian), and *Glycyrrhiza uralensis* Fisch (Gan-Cao)^[2]. Prof Xiao-lin TONG used GQD to

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treat type 2 diabetes mellitus (2-DM) according to the “treating different diseases with the same therapy” concept of TCM and achieved good results^[3].

Metabolomics is a systemic approach for studying metabolic profiles *in vivo*, and it has been increasingly applied to discover biomarkers, identify perturbed pathways, explore therapeutic targets, evaluate drug efficacy, assess drug toxicology and develop new drugs^[4, 5]. Similar to genomic and proteomic experiments, metabolomic experiments usually generate thousands of data points. In processing such big data, there are two major limitations to be resolved: First, as metabolomics is a systemic approach without specific targets, it is difficult to reflect drug efficacy accurately and specifically. Second, without focus and validation, the obtained potential biomarkers are unfavorable to clinical application.

Recently, the concept of an “integrated biomarker system” (IBS) has been proposed by Prof Luo to overcome the issue of lack of focus in systems biology research^[6]. Based on the establishment of an IBS, the “Focus” mode of big data analysis was proposed to solve the above mentioned limitations and was applied to research on a dose-effect relationship in this

study. The detailed concept of the “Focus” mode is presented in Figure 1. Here, we characterized the dose-effect profile of GQD using the “Focus” mode for the first time.

Materials and methods

Animal treatments

SPF Sprague Dawley (SD) rats, half male and half female, with a body weight of 180–200 g were purchased from Beijing Vital River Laboratory Animal Technology Co, Ltd (Beijing, China, 0263262). The rats were housed in controlled environmental conditions (temperature of 22–25 °C; relative humidity of 50%±5%) and kept on a light/dark cycle of 12/12 h. Water and standard chow could be accessed freely. All experiments were performed in accordance with established animal protocols and guidelines approved by the Ethics Review Committee on Animal Experimentation of Tsinghua University.

After 7 d of acclimatization, 10 rats were randomly selected as the normal control group (NC), and the remaining rats were fed a high-fat diet for four consecutive weeks. Then, the rats were fasted for 12 h, and the high-fat diet-fed rats were subjected to an injection of streptozotocin (STZ) (Sigma-Aldrich,

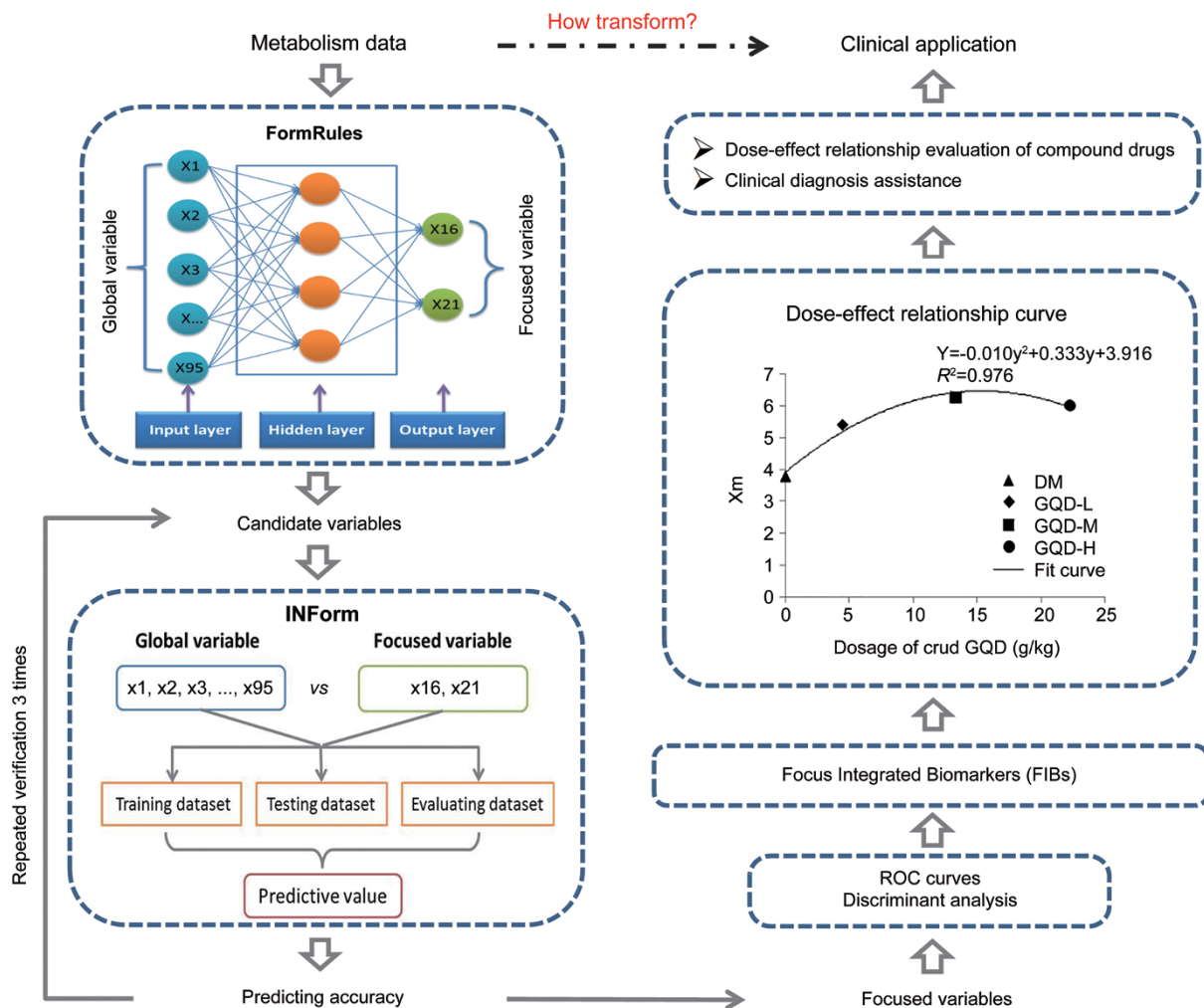


Figure 1. Schematic diagram of the “Focus” mode of integrated biomarker identification.

Shanghai, China) at a dose of 30 mg/kg via the caudal vein^[7]. One week later, the blood glucose level was measured. If the blood glucose level was less than 16.7 mmol/L, the rats were injected with STZ at the same dosage again. If the blood glucose level was higher than 16.7 mmol/L, the 2-DM rat model was successfully established.

The GQD extract was prepared in our laboratory according to a previous report^[8]. The high, middle and low doses of GQD raw materials used in the clinic were 247.5, 148.5, 49.5 g/kg, respectively, according to Prof Xiao-lin TONG from Guang'anmen Hospital. Based on the formula rat dose=human dose/70 kg*6.3, the high, middle and low doses of GQD raw materials for rats were 22.275, 13.365 and 4.455 g/kg, respectively. In accordance with the yield of GQD extract, the high, middle and low doses of GQD extract administered to rats were 6.785, 4.071 and 1.357 g/kg, respectively.

All 2-DM rats were randomly divided into five groups: the high-dose GQD group (GQD-H, 6.785 g·kg⁻¹·d⁻¹), the middle-dose GQD group (GQD-M, 4.071 g·kg⁻¹·d⁻¹), the low-dose GQD group (GQD-L, 1.357 g·kg⁻¹·d⁻¹), the positive control group [PC, 300 mg·kg⁻¹·d⁻¹ metformin (Bristol-Myers Squibb, Shanghai, China)]^[7], and the 2-DM model group (DM). In total, 12 rats were assigned to each group. All rats from the treatment groups were administered the corresponding drugs for 60 d. The NC group was administered an equivalent amount of CMC-Na.

Sample preparation

On d 0, 15, 30, 45 and 60 after the treatment, blood samples were harvested from the ocular vein of rats after 12 h of fasting for blood glucose measurement. Serum samples were collected at the 60th d after the treatment for measurement of fasting insulin, triglyceride (TG), total cholesterol (TC), superoxide dismutase (SOD) activity, methane dicarboxylic aldehyde (MDA) and hepatic glycogen levels. At the end of the experimental period, the rats were fasted overnight, and blood was collected from the hepatic vein after anesthetization with chloral hydrate (350 mg/kg, ip). Then, the rats were quickly dissected to remove the liver, pancreas and kidney. These tissues were flushed with ice-cold phosphate buffer solution and weighed, and then the pancreas and kidney were fixed in 10% formaldehyde solution for further hematoxylin and eosin (H&E) staining.

Biochemical index determination

Fasting insulin kits were provided by Mercodia (Sweden). TG, TC, SOD activity, MDA and hepatic glycogen and fasting blood glucose (FBG) levels were measured using assay kits (Nanjing Jiancheng, Nanjing, China) following the manufacturer's instructions. The insulin sensitivity index (ISI) and insulin resistance index (IRI) were calculated using the following formulas: ISI=Ln[1/(FBG×fasting insulin)]; IRI=(FBG×fasting insulin)/22.5.

H&E staining

The fresh pancreatic tissue samples were fixed in 10% forma-

lin for 24 h. Then, the samples were embedded in paraffin and sliced for H&E staining. The tissue staining results were observed via microscopy.

UPLC-TOF MS analysis

Thawed serum samples (100 μL) were mixed with methanol (400 μL) by vortexing for 2 min and then centrifuged at 4°C for 15 min at 12000 rounds per minute. In total, 200 μL of supernatant was transferred to a 1.5-mL polypropylene tube, dried under nitrogen and reconstituted with 300 μL of ultra-pure water for UPLC-TOF MS analysis.

Serum metabolic profiling was performed via UPLC-MS analysis. Chromatography was carried out with an ACQUITY BEH C18 chromatography column (2.1 mm×100 mm, 1.7 μm, Waters, MA, USA). The column temperature was maintained at 40°C, and a binary mobile phase composed of phase A (acetonitrile) and phase B (water with 0.1% formic acid) was used.

The elution gradients for serum samples were as follows: 0–3 min, 5%–50% A; 3–7 min, 50%–60% A; 7–10 min, 60%–70% A; 10–14 min 70%–95% A; and 14–16.5 min, 95% A. The proportion of phase B was returned to 5% for 0.5 min, and the column was allowed to re-equilibrate for 2 min before the next injection. The flow rate was maintained at 0.4 mL/min, and 5 μL of sample was injected into the column.

For MS, a negative ion electrospray mode was used. The capillary voltage was set at 2500 V, and the cone voltage was set at 30 V. Nitrogen was used as the dry gas, the desolvation gas flow rate was set at 600 L/h, and the cone gas flow rate was maintained at 50 L/h. The desolvation temperature was set at 350°C, and the source temperature was set at 110°C. The scanning time and inter-scan delay were set to 0.1 s and 0.02 s, respectively. The TOF MS data were collected from 50 to 1000 m/z. All data were acquired using an independent reference lock mass via the LockSprayTM interface to ensure accuracy and reproducibility. Leucine enkephalin was used as the reference compound ([M-H]⁻=554.2615) at a concentration of 50 pg/μL under a flow rate of 10 μL/min. The data were collected in the centroid mode, and the LockSpray frequency was set at 10 s, with averaging over 10 scans for correction.

Statistical analysis

All data were first tested for normality of the distribution, and then, parametric tests (Student's *t* test) or ANOVA was performed to evaluate the statistical significance of the differences in the abundance of metabolites between groups over time. The significance of differences between groups in biochemical indexes was assessed using SPSS 13.0 software (GraphPad Software Inc, USA). A difference was considered to be significant at a *P* value less than 0.05. All data were expressed as the mean±SEM.

The metabonomic data were first analyzed via principal component analysis (PCA) and supervised partial least-squares discriminant analysis (PLS-DA). Then, FormRules, INForm software and receiver-operating characteristic curve (ROC, MedCalc 11.4) analysis were used to screen and verify the diagnostic value of FIBs.

Results

Measurement of FBG

The FBG results are shown in Table 1. Compared with normal rats, the FBG level in 2-DM model rats was significantly increased. After treatment for 60 d, the FBG levels in the four treatment groups were much lower than those in the 2-DM group ($P < 0.05$). Our data indicated that all tested dosages of GQD and metformin controlled the FBG levels in 2-DM model rats. Among the three dosages of GQD, the middle dosage showed the greatest efficacy.

Additionally, the serum levels of hepatic glycogen, TG, TC, SOD activity, MDA, ISI, the left kidney weight index, the right kidney weight index and the liver weight index were measured. The results are summarized in Supplementary Figure S1.

Pathological changes in pancreatic tissue

The results of H&E staining are depicted in Figure 2. Compared with normal rats, the islet morphology of 2-DM model rats was irregular, the boundary of islet cells and the exocrine

gland was blurry, and vacuolar degeneration was observed in the cytoplasm of some islet cells. The above phenomena improved in rats treated with GQD or metformin, especially in the group treated with the middle dosage of GQD. The results of FBG determination and pathological analysis confirmed that the 2-DM rat model was successful and that GQD showed good efficacy in the 2-DM model rats.

Serum metabolic profiles

The rat serum metabolic data were obtained via UPLC coupled with time of flight mass spectrometry (UPLC-TOF-MS). To determine whether it was possible to distinguish the different experimental groups, PLS-DA was conducted. The PLS-DA scores for the first and second principal components (PC1 and PC2) showed that although there was overlap between the six groups, some clusters were evident (Figure 3A). In space, each treatment group was far from the 2-DM group and close to the normal group. Our findings indicate that the severity of metabolic disorder in the 2-DM model rats was alleviated by drug administration, especially in the rats that received the

Table 1. Change of FBG levels during the whole experimental process (mmol/L, mean \pm SEM).

Group	N ₀	0 d	15 d	30 d	45 d	60 d	Change rate ^a
NC	10	4.58 \pm 0.67	5.62 \pm 0.59	3.79 \pm 0.51	3.69 \pm 0.57	4.12 \pm 0.20	0.01 \pm 0.17
2-DM	12	24.72 \pm 1.78 [§]	24.27 \pm 1.33 [§]	26.44 \pm 3.02 [§]	29.40 \pm 3.01 [§]	35.75 \pm 2.67 ^{§#}	0.48 \pm 0.14
GQD-L	12	25.08 \pm 2.79	27.24 \pm 3.70	23.78 \pm 1.40	26.34 \pm 1.65	25.04 \pm 1.65 [*]	0.03 \pm 0.08
GQD-M	12	24.10 \pm 2.63	19.63 \pm 1.88 [#]	22.77 \pm 2.04	23.44 \pm 2.29 [*]	20.82 \pm 1.75 [*]	-0.10 \pm 0.10
GQD-H	12	24.88 \pm 2.41	22.92 \pm 2.56	20.83 \pm 2.23 [*]	25.22 \pm 2.32	23.26 \pm 2.52 [*]	-0.05 \pm 0.10
PC	12	25.32 \pm 3.28	23.21 \pm 2.35	19.97 \pm 3.13 [*]	23.10 \pm 2.88 [*]	19.33 \pm 2.20 [#]	-0.20 \pm 0.11

Note: ^arepresented the change rate between d 0 and d 60 after the treatment; [§]represented $P < 0.05$ when DM group compared with NC group at the same time; ^{*}represented $P < 0.05$ when compared with DM group at the same time; [#]represented $P < 0.05$ when compared with same group on the d 0. NC, Normal control group; DM, 2-DM model group; GQD-L, GQD low-dose group; GQD-M, GQD middle-dose group; GQD-H, GQD high-dose group; PC, positive control group.

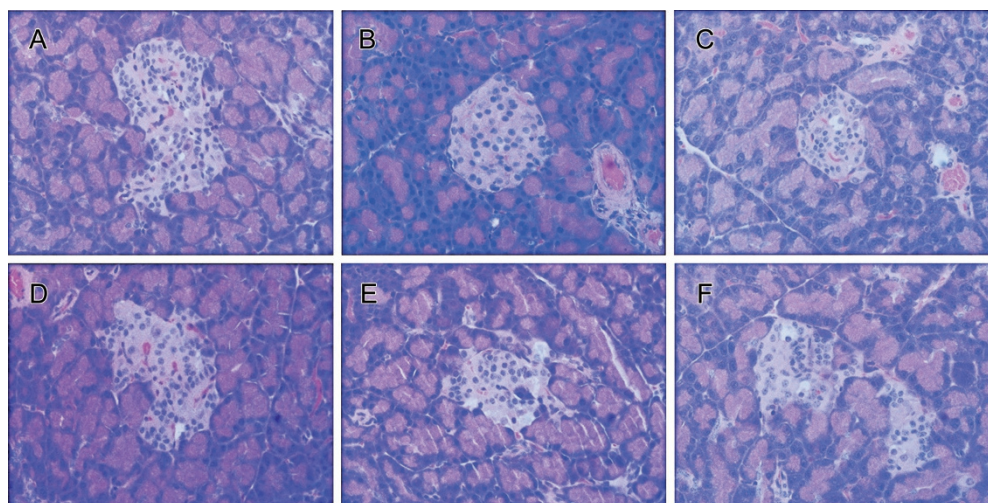


Figure 2. Results of H&E staining of pancreatic tissues ($\times 400$) in different groups, (A) 2-DM group, (B) NC group, (C) PC group, (D) GQD-L group, (E) GQD-M group, (F) GQD-H group.

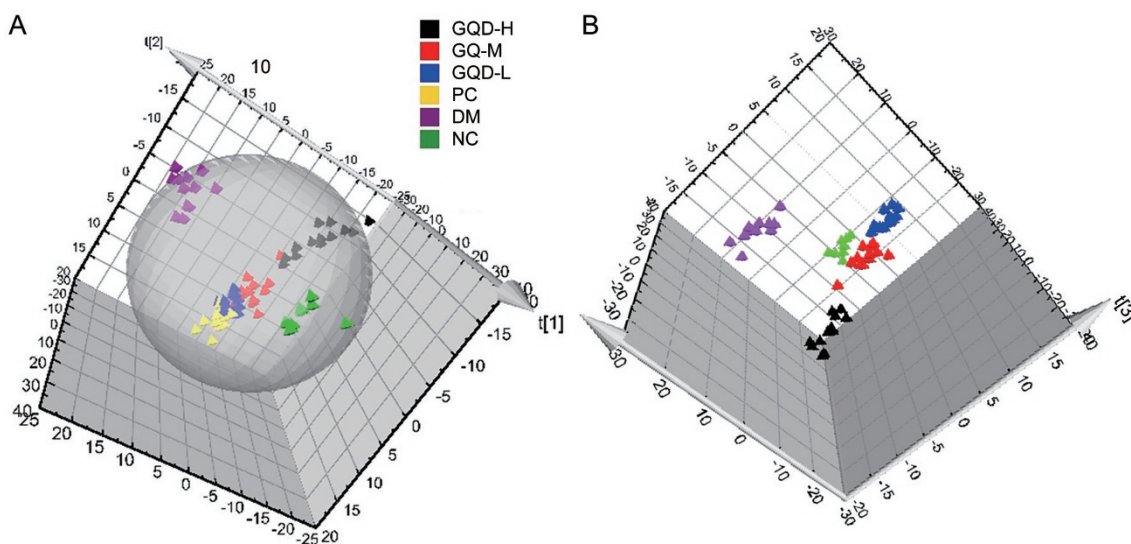


Figure 3. Plots of PLS-DA scores obtained from UPLC-MS analysis of rat serum after treatment for 60 d. (A) All experimental groups; (B) The three groups treated with GQD at different dosages, 2-DM group, NC group.

middle dose of GQD. These results were consistent with the result of the FBG assay. As shown in Figure 3B, GQD significantly changed the metabolism of the rats in each group, as the GQD-treated groups were far from the 2-DM model group and close to the normal group. Additionally, the metabolic changes among the groups treated with GQD revealed a clear dose-dependent trend.

Potential biomarkers and metabolic FIB identification

In this study, 1608 ion signals were detected in all groups using the MarkerLynx module (Waters). According to their variable importance in PLS-DA analysis and the results of T-tests comparing pairs of groups ($P < 0.05$), 95 potential biomarkers were chosen as variables for further analysis. The focused analysis process is displayed in Figure 1. First, the candidate FIBs were screened using ANNs. FormRules software was used to obtain different reduced variable sets, of which specific sets ($R^2 > 0.95$) were selected to conduct further research. If there were many variable sets with $R^2 > 0.95$, we generally chose the variable set with R^2 closest to 1, and the variable set containing the fewest elements or practical experience could be combined to select the optimal set of variables. The reduced variable sets were tested through the establishment of training, testing and evaluation data sets using INForm software, and an appropriate assessment of the tested results was made. Stability testing was used to ensure reproducibility through repetition of the above method three times. The metabolic FIBs included 2 metabolites, $\times 16$ and $\times 21$. The prediction accuracy of the FIBs was 96.34%, which was close to the 98.14% prediction accuracy of all 95 variables. The detailed parameters and prediction outcomes are shown in Supplementary Table S1.

Then, the two metabolic FIBs were formulated into a comprehensive variable (X_m) by linear equation fitting with dis-

criminant analysis, as shown in the following equation:

$$X_m = 0.033 \times 16 + 0.021 \times 21$$

Based on the above equation, ROC diagnostic analysis was carried out between different treatment groups. The prediction accuracy of X_m could be represented by the area of the ROC curve (AUC); when the AUC was > 0.9 , a higher prediction accuracy was indicated. The analysis results are shown in Figure 4. The prediction accuracy of X_m was 100% between the NC and 2-DM groups. This suggested that metabolic FIBs could fully distinguish between the disease and normal states. Between the 2-DM and GQD-M groups, the prediction accuracy of X_m was 97.0%. However, the prediction accuracy was only 68.5% between the NC and GQD-M groups, which indicated that the expression of FIBs in the group treated with the middle dose of GQD was similar to that in the NC group. According to the results of ROC analysis between the groups treated with different dosages of GQD, the efficacy of the high and middle doses of GQD was similar. These results also reflected the excellent treatment efficacy of GQD for 2-DM.

On the basis of the peak area of metabolic FIBs, a dose-effect curve was established, as shown in Figure 5A. The efficacy index X_m was increased in the GQD-treated groups compared to the 2-DM group, and the middle dosage of GQD showed the best efficacy, in accordance with the dose-effect results obtained from analysis of the biochemical indexes.

Two components were searched in the Human Metabolome Database (<http://www.hmdb.ca/>) to identify the molecular formula as well as other information: $\times 16$ was arachidonic acid (AA), and $\times 21$ was docosatetraenoic acid (DTA).

Biological functions of metabolic FIBs

The changes in serum contents of AA and DTA are shown in Figure 5B. The contents of AA and DTA exhibited a significant decrease in the 2-DM group; however, their contents

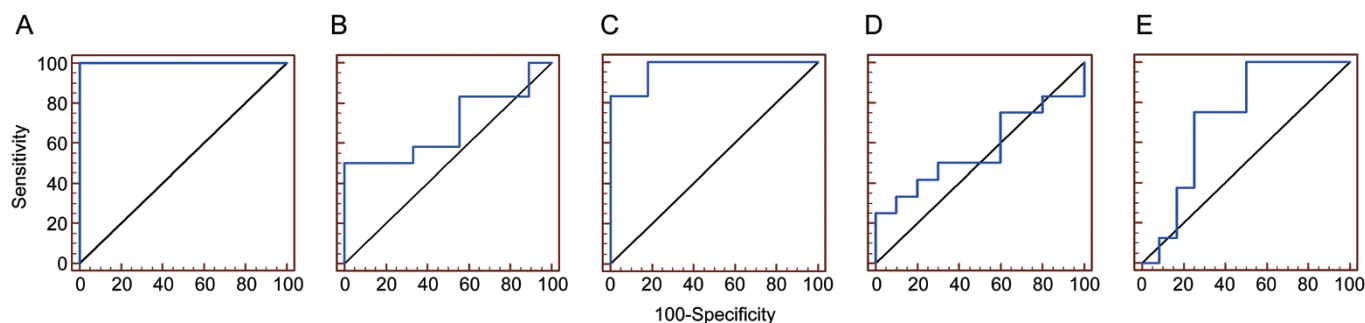


Figure 4. ROC curves of X_m between different experimental groups. (A) NC Group vs 2-DM Group; (B) NC Group vs GQD-M Group; (C) 2-DM Group vs GQD-M Group; (D) GQD-M Group vs GQD-H Group; (E) GQD-M Group vs GQD-L Group.

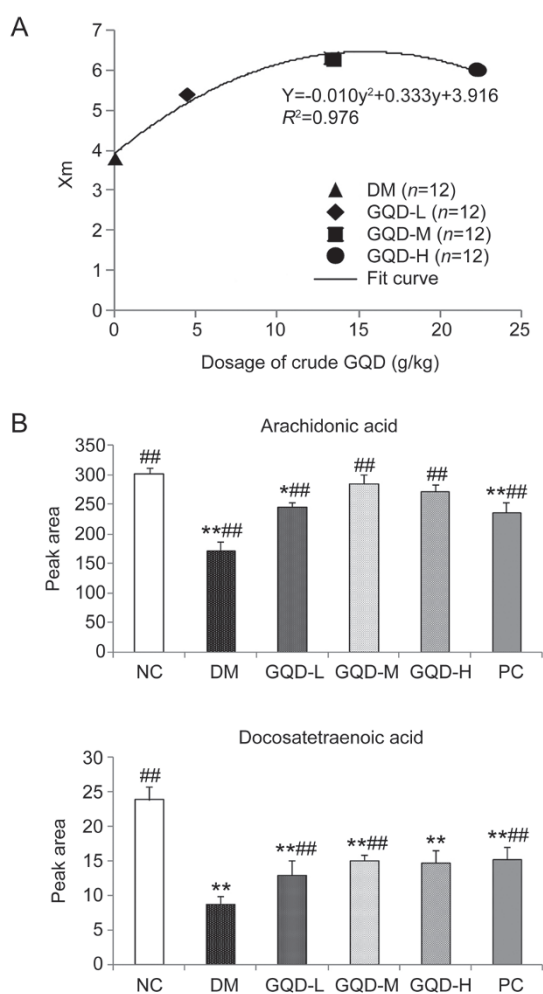


Figure 5. Dose-effect relationship reflected by FIBs from metabolites (A) and the serum contents of AA and DTA in all groups (B). $^{\#}P < 0.05$, $^{**}P < 0.01$ vs NC group. $^{\#}P < 0.05$, $^{##}P < 0.01$ vs 2-DM group. Mean \pm SEM.

showed an obvious increase in all treatment groups.

Both AA and DTA are important metabolites in the AA metabolism pathway, which could reflect the state of fatty acid metabolism in the body. Several studies have revealed that

AA protects pancreatic β cells against alloxan-induced diabetes in experimental animals by attenuating oxidative stress^[9], and enhances the insulin secretion of beta-cells^[10]. In addition, AA can stimulate glucose uptake in 3T3-L1 adipocytes by increasing GLUT1 and GLUT4 levels at the plasma membrane^[11]. As shown in Figure 5B, significantly reduced AA levels implied a disordered state of AA metabolism. However, the obviously enhanced AA levels in the GQD-treated group, especially in the group treated with the middle dosage of GQD, were nearly equivalent to the AA levels in the NC group. This result indicated that AA was one of the important targets of GQD treatment in 2-DM.

DTA, a straight chain fatty acid, is also known to be a metabolite of AA^[12]. Previous reports on DTA were focused on its role in diseases associated with neurodevelopmental disorders^[13-15]. In the present study, the changes in DTA levels were consistent with previous reports. Therefore, DTA should be further explored for understanding its involvement in the process of 2-DM occurrence and treatment.

Focused analysis of biochemical indexes

In this experiment, in addition to FBG, 8 other biochemical indexes were also measured for the evaluation of GQD efficacy. These parameters were selected to examine the association of GQD treatment with metabolic profiles. This experiment provided direct evidence on whether the FBG assay was feasible as a biochemical indicator. The biochemical indexes were named from $\times 1$ to $\times 9$. The focused analysis was carried out, and the detailed information from the focused analysis process is shown in the Supplementary information. TG ($\times 1$) and ISI ($\times 2$) were the focused variables selected through the "Focus" mode and constituted the comprehensive variable (named X_b).

According to the concentrations of FIBs in serum, the dose-effect curve of X_b was established, as shown in Figure 6. Compared with the value for the 2-DM group, the efficacy index X_b was increased with increasing GQD dosage. Meanwhile, the ROC curve did not show a significant difference between the groups treated with GQD groups at the middle and high dosages. The curve revealed a parabola, and the middle dosage of GQD displayed the greatest treatment efficacy, consistent

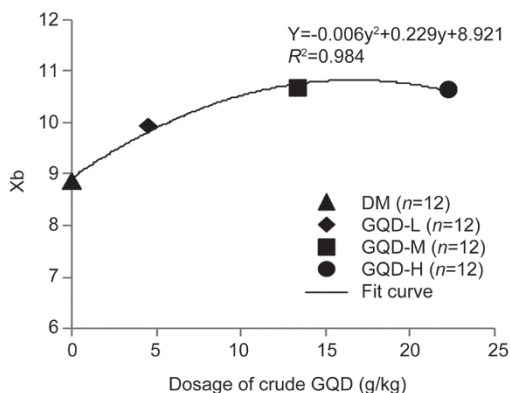


Figure 6. Dose-effect relationship reflected by FIBs from biochemical indexes.

with the dose-effect relationship of GQD.

Discussion

Correlation of TG levels and ISI with 2-DM

Recently, TG has been established to be an important factor in the occurrence and development of 2-DM and might be an independent risk factor for 2-DM^[16]. The ratio between triglyceride and high-density lipoprotein cholesterol (TG/HDL-C) has been identified as an index of heart disease mortality and 2-DM incidence in men^[17, 18]. Moreover, the postprandial level of TG is associated with the occurrence of complications such as atherosclerosis in adults with 2-DM^[19].

ISI is commonly used to describe the degree of insulin resistance (IR), suggesting that lower insulin sensitivity can result in a smaller effect per unit of insulin. IR plays an important role in the pathogenesis and development of 2-DM^[20], and alleviating IR through strategies such as increasing magnesium intake can reduce the risk of 2-DM^[21]. In previous studies, the main mechanisms of IR associated with 2-DM have been clearly illustrated, but the pathophysiological mechanisms of IR in diabetes complications and other chronic diseases are still unclear^[22]. According to recent results, IR is not only recognized as the initiator of 2-DM but also as a major cause of a variety of metabolic diseases.

In this study, a rat model of 2-DM was established by high-fat diet feeding combined with low-dose STZ injection. The mechanism underlying 2-DM development in this model is that the high-fat diet leads to IR in the rats and low-dose STZ injection damages pancreatic islet β cells^[23]. After "Focus" analysis, TG and ISI were identified as FIBs. Interestingly, TG levels were closely correlated with fatty acid metabolism, and ISI was associated with insulin function. This showed that the FIBs can accurately reflect the characteristics of this animal model. However, it is worth noting that animal models do not exhibit all symptoms of clinical diseases. Whether these FIBs can be applied to the diagnosis of clinical disease and the evaluation of 2-DM treatment efficacy needs to be further explored.

"Focus" mode, a new tool for research on the dose-effect relationship of TCM

Recently, the development of systems biology and various quantitative analytical techniques has provided a strong platform for the diagnosis of major diseases, risk assessment, and new drug screening approaches, such as genomics, proteomics, metabolomics, and lipidomics^[24-26]. Potential biomarkers have gradually provided unique advantages in disease diagnosis and efficacy evaluation^[6, 27]. The above mentioned results confirmed that the "Focus" mode of identifying potential biomarkers was applicable for analyzing metabolomic parameters and biochemical indexes.

The dose-effect curves of GQD generated from two kinds of data displayed consistent trends, as shown in Figure 5A and 6. However, considering the NC group as the control, the FIBs from metabolites were more sensitive for detecting the efficacy of GQD than the FIBs from biochemical indexes. As observed in Figure 7, the level of the comprehensive variable composed of FIBs from metabolites after GQD treatment was much closer to level in the normal group. This may be because the biochemical indexes are the ultimate performance characteristics of the body state and because hysteresis may occur in the change in biochemical indexes induced by drug administration. In contrast, the metabolites can more rapidly reflect a change in the body state. The FIBs from metabolites are expected to serve as targets for the prevention and treatment of disease with TCM.

With the development of science and technology, Western medicine has highlighted the limitations of a single targeted therapy. Therefore, the research and development of compound medicine is becoming more and more widely accepted. For example, the "polypill", a four-component combination pill, can achieve increased efficacy for cardiovascular diseases through drug combination^[28, 29]. With the increase in the number of drugs in Western combination therapies, research on the dose-effect relationships of individual compounds will face a great challenge. This "Focus" mode may provide a possible solution for analyzing the dose-effect relationships of Western compound medicines.

Our future work aims to explore the dose-effect relationship of TCM from the perspective of changes in gene or protein expression. Through correlation analysis of FIBs at different levels (gene, protein, metabolite, biochemical index, etc), the "fragmentation" phenomenon in systems biology is expected to be alleviated.

Conclusion

In conclusion, the "Focus" mode established in this study accurately focused on a key set of biomarkers — FIBs, thus avoiding a great deal of effort associated with the identification of all metabolites. This provides a new research method for the establishment of dose-effect relationships and for further research on the pharmacodynamic mechanisms of compound medicine. Based on the "Focus" mode, the dose-effect relationship of GQD was evaluated in this study, and finally,

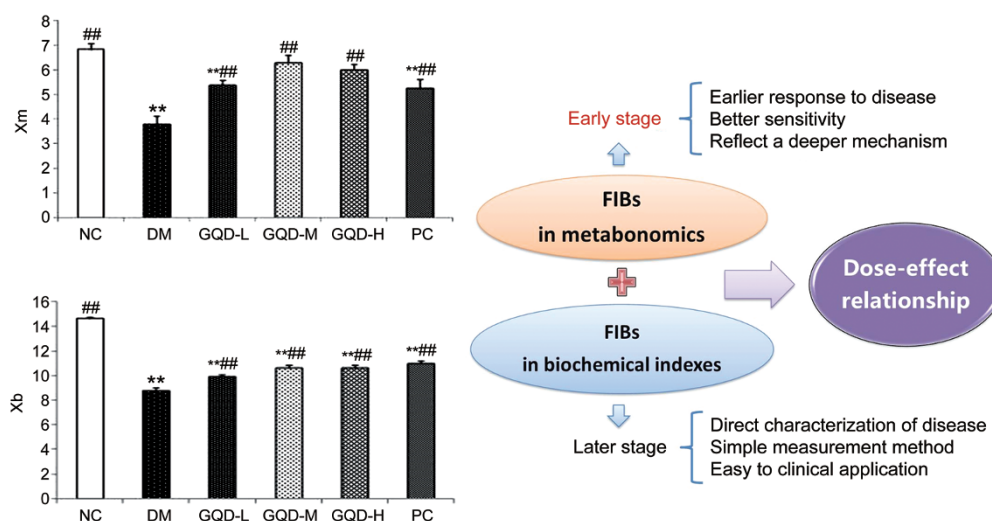


Figure 7. The differences between sets of biochemical and metabolic FIBs. Note: * $P < 0.05$, ** $P < 0.01$ vs NC group. # $P < 0.05$, ## $P < 0.01$ vs 2-DM group.

the dose-effect curves of GQD were established for biochemical FIBs and metabolic FIBs. Both sets of FIBs accurately reflected the dose-effect relationship of GQD. Our results thus highlight the importance of the “Focus” mode and FIBs for accurately representing the effectiveness of TCM. Our studies not only yield new insights into the evaluation of the dose-effect relationship of TCM but also provide the possibility of introducing FIBs to the analysis of Western compound medicines.

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Author contribution

Zhi-qiang HUANG, Xue-mei FAN, Guo-an LUO, Xiao-lin TONG, and Chao CHEN conceived and designed the study; Zhi-qiang HUANG, Xue-mei FAN, Yi-ming WANG, Qiong-lin LIANG conducted the experiments; Zhi-qiang HUANG, Xue-mei FAN, and Ying-meng LI acquired animal experimental data; Zhi-qiang HUANG and Yu BAI performed analysis and interpretation of the data; Zhi-qiang HUANG and Xue-mei FAN wrote the manuscript; Guo-an LUO and Chao CHEN reviewed the manuscript. All authors read and approved the manuscript.

Supplementary information

Supplementary information is available at the website of Acta Pharmacologica Sinica.

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