

Original Article

# Physcion 8-O- $\beta$ -glucopyranoside induces mitochondria-dependent apoptosis of human oral squamous cell carcinoma cells via suppressing survivin expression

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**Aim:** A previous study has shown that physcion 8-O- $\beta$ -glucopyranoside (PG) derived from *Rumex japonicus* Houtt causes apoptosis and blocks cell cycle progression in human lung cancer cells. In the present study we investigated the molecular mechanisms underlying PG-induced cancer cell apoptosis.

**Methods:** Human OSCC-derived cell line KB was treated PG (10, 20, 50  $\mu\text{g}/\text{mL}$ ). Cell apoptosis was detected with flow cytometry. Mitochondrial membrane potential (MMP) and release of cytochrome C from mitochondria were measured; the expression of relevant signaling proteins was analyzed using Western blotting or qRT-PCR. For evaluation of *in vivo* anticancer action, nude mice grafted with KB cells were treated with PG (10, 20, 40  $\text{mg}\cdot\text{kg}^{-1}\cdot\text{d}^{-1}$ , ip) for 24 days.

**Results:** PG dose-dependently suppressed cell proliferation and induced apoptosis in KB cells. PG-induced apoptosis was mediated via the intrinsic mitochondrial pathway, as evidenced by the decreased Bcl-2, increased Bax and Bax/Bcl-2 ratio, as well as the loss of MMP, caspase-9 activation, and increased cytosolic cytochrome c. Furthermore, PG suppressed the expression of survivin, whereas overexpression of survivin markedly attenuated PG-induced apoptosis. Meanwhile PG increased the expression of tumor suppressor PTEN, and decreased p-Akt, p-GSK3 $\beta$  and miR-21 levels. Pharmacological activation of Akt/GSK3 $\beta$  signaling or transfection with miR-21 mimic abolished PG-induced survivin reduction and cell apoptosis. Similar results were observed in PG-treated nude mice grafted with KB cells.

**Conclusion:** Physcion 8-O- $\beta$ -glucopyranoside induces mitochondria-dependent apoptosis of human OSCC cells by suppressing survivin expression via miR-21/PTEN/Akt/GSK3 $\beta$  signaling pathway.

**Keywords:** physcion 8-O- $\beta$ -glucopyranoside; human oral squamous cell carcinoma; mitochondria-dependent apoptosis; survivin; miR-21; PTEN; Akt/GSK3 $\beta$

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## Introduction

Oral squamous cell carcinoma (OSCC), a common type of malignant tumor, accounts for approximately >90% of diagnosed patients with oral cancer<sup>[1, 2]</sup>. Currently, the principal methods for the treatment of OSCC are radiotherapy and surgery, but recurrences are common with further resistance to therapy, leading to a poor prognosis with a 5-year survival rate less than 50%<sup>[3]</sup>. Therefore, the discovery and development of effective chemotherapeutic agents for OSCC might result in an improvement in the survival rate of OSCC

patients.

Survivin, a 142-residue protein belonging to the inhibitor of apoptosis proteins (IAP) family, is overexpressed in a variety of human malignancies but not normal adult tissues<sup>[4]</sup>. Mechanically, survivin inhibits apoptosis by interfering with the activation of caspase-3 and caspase-7<sup>[5]</sup>. It has also been suggested that survivin overexpression might provide a favorable environment for the accumulation of mutations in transformed cells and thereby, promote tumor progression. In the context of OSCC, survivin is overexpressed in OSCC patients. Patients with low survivin expression have significantly higher survival rates than those with high survivin expression; moreover survivin plays an important role during oral carcinogenesis<sup>[6, 7]</sup>. An early study by Xu *et al* has shown that the

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knockdown of survivin by shRNA or siRNA induces apoptosis in tongue squamous cell carcinoma cell lines<sup>[8]</sup>. All of this evidence indicates that survivin might serve as a potentially important therapeutic target in the treatment of OSCC<sup>[9]</sup>.

Recently, natural products have attracted much attention in the context of cancer chemotherapy because of their potential to effectively suppress tumor growth without harming healthy human tissues. *Rumex japonicus* Hoult, a member of the family Polygonaceae, is widely distributed in China (known as Yang-Ti, in Chinese). *Rumex japonicus* Hoult contains a large number of compounds, including anthraquinones, oxanthrones, and flavones<sup>[10, 11]</sup>. In folk medicine, *Rumex japonicus* Hoult has been used as an anti-microorganism, a purgative, and an anti-inflammatory agent, and also has been used in anti-tumor therapy for many years<sup>[10-12]</sup>. Interestingly, recent research has shown that one of the main active ingredients, physcion 8-O- $\beta$ -glucopyranoside (PG), causes apoptosis and blocks cell cycle progression in the human lung cancer cell line A549<sup>[13]</sup>. However, little is known about the mechanism by which PG induces apoptosis in cancer cells. In present study, the OSCC cell line KB was used as model to examine whether PG induces apoptosis and to determine the underlying mechanism. In addition to showing the pro-apoptotic effect of PG in the KB cell line, data from this study demonstrated that survivin plays a key role in the apoptosis-inducing effect of PG, and PG modulates survivin through miR-21/PTEN/Akt/GSK3 $\beta$  signaling.

## Materials and methods

### Cell culture

The human OSCC-derived cell line KB (ATCC, Shanghai, China) was cultured in Dulbecco's modified Eagle's medium (DMEM) (Sigma Chemical Co, St Louis, MO, USA) containing 10% heat-inactivated FBS (fetal bovine serum), 50 U/mL penicillin and streptomycin. The cell cultures were maintained at 37°C in a humidified atmosphere of 5% CO<sub>2</sub>.

### Cell viability test

Cell viability was determined via a commercial kit (WST-8 Cell Counting Kit-8, Beyotime, Nantong, China). According to the manufacturer's instructions, cells at a density of  $3 \times 10^4$  were placed in 96-well culture plates and cultured for the indicated time. Then, 10  $\mu$ L of the CCK-8 solution was added to each well and the cells were cultured at 37°C for another hour. Cell viability was assessed by measuring absorbance at 450 nm (ELX-800, Bio-Tek Instruments, Winooski, USA).

### Cell apoptosis assay

The proapoptotic effect of PG was determined by flow cytometry (FITC Annexin V apoptosis kit, BD Pharmingen, NJ, USA). Briefly, the cells were rinsed with ice-cold PBS buffer before being resuspended in binding buffer at a final density of  $1 \times 10^6$  cells/mL. The cells were then stained with annexin V-FITC and propidium iodide (PI) for 15 min in the dark, and the apoptosis rate was analyzed (Beckman Coulter Inc, FL, USA). Annexin V-FITC positive cells were regarded as under-

going apoptosis, and those negative for FITC were regarded as living cells.

### Determination of miRNA and mRNA expression

Gene expression was determined by quantitative real time PCR (qPCR) using gene-specific primers as described previously<sup>[14]</sup>. In brief, total RNA was extracted using a commercial kit (RNeasy Mini kit, Qiagen, Dusseldorf, Germany). For miRNA expression, 40 ng of cDNA, which was obtained by reverse-transcription, was used as a template for the PCR reaction<sup>[14]</sup>. mRNA expression was detected using a master mix that included a SYBR GREEN master mix (Solarbio Co, Beijing, China), a forward primer, a reverse primer, and template cDNA (10 ng), on a BioRad iCycler. Gene expression was analyzed by using U6 or GAPDH as an internal standard.

### Construction of plasmids and cell transfection

To investigate the role of survivin in PG-induced apoptosis in KB cells, survivin was overexpressed as previously described<sup>[15]</sup>. Briefly, a full-length cDNA fragment, encoding human survivin, was obtained by reverse transcription and PCR with the survivin primers<sup>[15]</sup> and was inserted into the pEGFP-N1 vector (Takara Biomedical Technology Co, Ltd, Beijing, China). The resulting plasmid was named pEGFP-N1-survivin. Then, the pEGFP-N1-survivin vector was cloned into KB cells to produce survivin overexpression. KB cells were transfected with an empty pEGFP-N1 vector that used as a control. Forty-eight hours after transfection, a G418 solution was used to select the stable clones.

### Knockdown of survivin in KB cells

Survivin knockdown was performed by using survivin specific siRNA (Santa Cruz, CA, USA). A scrambled siRNA was used as a control. The siRNA transfection was performed according to the manufacturer's instructions (Lipofectamine-2000, Invitrogen, Carlsbad, CA, USA). Sixteen hours after transfection, the culture medium was changed, and survivin expression was examined 24 h after transfection.

### miR-21 transfection

The lentiviral constructs miR-21 mimic and miR-con, and the miR-21 inhibitor were obtained from Qiagen (Dusseldorf, Germany). KB cells were seeded into each well of a 96-well plate, incubated overnight, and then, were transfected with either miR-21 mimic, miR-21 inhibitor or control miRNA according to the manufacturer's instructions (Lipofectamine-2000, Invitrogen, Carlsbad, CA, USA). The transfection efficiency was confirmed by qPCR analysis.

### Western blotting analysis

Following treatment, the cells were collected and incubated with ice-cold lysis buffer for 30 min on ice before being centrifuged at 4°C at 12000 r/min for 5 min. Then, 50  $\mu$ g of the lysate protein was subjected to a 10% SDS-PAGE before being transferred onto PVDF membranes (Millipore, MA, USA). Specific antibodies were used to probe the proteins. The blots

were examined using a chemiluminescent substrate (KPL, Guildford, UK). The protein quantity was determined using BandScan software (Glyko, Novato, CA).

#### Caspase-3 and caspase-9 activity analysis

To analyze the activity of caspase-3 and caspase-9, the cytosolic protein from the cells were extracted in a hypotonic cell lysis buffer. The cytosolic extracts from 30  $\mu\text{g}$  of protein were analyzed using a colorimetric assay kit specific for caspase-3 and caspase-9 (Ray Biotech, Guangzhou, China).

#### Mitochondrial Membrane Potential (MMP) assay

The changes in MMP were examined using fluorochrome dye JC-1 following a standard protocol. Briefly, KB cells were challenged with the indicated dose of PG for 48 h before the cells were harvested and incubated with JC-1. The cells were then gently rinsed with PBS to remove excessive dye before the fluorescence signal was quantitatively analyzed by flow cytometry.

#### Anticancer effect *in vivo*

To determine whether PG exerts an anti-cancer effect *in vivo*, 60 male Balb/c nude mice (4–6 weeks old) were injected with KB cells ( $1.5 \times 10^6$  cells per mouse) in the dorsal flank to create subcutaneous tumors. Once palpable tumor masses were established, the mice were randomly allocated into 4 groups ( $n=15$  in each group). Mice in the different groups were then intraperitoneally (IP) injected with different dosages of PG (dissolved in 0.9% saline containing 1% DMSO). Group (A) received vehicle, and groups (B), (C) and (D) were administered with 10 mg/kg, 20 mg/kg or 40 mg/kg of PG, respectively per day. As a control, the same amount of saline was injected. Tumors were examined every 3 days, and the tumor volumes were calculated using the formula  $V=1/2ab^2$  (where  $a$  is the largest diameter and  $b$  is the smallest diameter). The animals were observed for 24 days. At the end of the study, the animals were sacrificed, and the tumors were harvested to prepare the RNA and measure the expression of survivin, PTEN and miR-21 using qRT-PCR. All of the manipulations involving living mice were approved by the Animal Care and Use Committee of the Affiliated Hospital of Qingdao University.

#### Statistical analysis

All of the experiments in this study were conducted in triplicate and were performed three times unless stated otherwise. The data are presented in the form of the mean $\pm$ SD (standard deviation). Comparisons were conducted by a one-way ANOVA using SPSS 13.0 software.  $P<0.05$  was regarded as statistically significant.

## Results

### PG decreases the viability of KB cells in a time- and concentration-dependent manner

To assess the effect of PG on cell viability, KB cells were exposed to various concentrations (0, 10, 20, 50  $\mu\text{g}/\text{mL}$ ) of PG

for 24, 48 or 72 h. As shown in Figure 1A, PG suppresses the proliferation of KB cells in a time- and concentration-dependent manner. Treatment with PG for 24 h at concentrations of 10, 20 and 50  $\mu\text{g}/\text{mL}$  reduced the viability of KB cells by  $4.7\% \pm 0.9\%$ ,  $12.5\% \pm 4.2\%$  and  $27.9\% \pm 6.3\%$ , respectively. Following treatment with PG for 48 h, the cell viability was reduced by  $10.3\% \pm 1.4\%$ ,  $24.2\% \pm 5.9\%$  and  $37.1\% \pm 5.6\%$ , respectively. Following PG treatment for 72 h, PG caused a further decrease in cell viability, and cell viability was reduced to  $44.6\% \pm 5.4\%$ . Given the ability of PG to suppress cell proliferation at 48 h, we chose 48 h for the subsequent experiments.

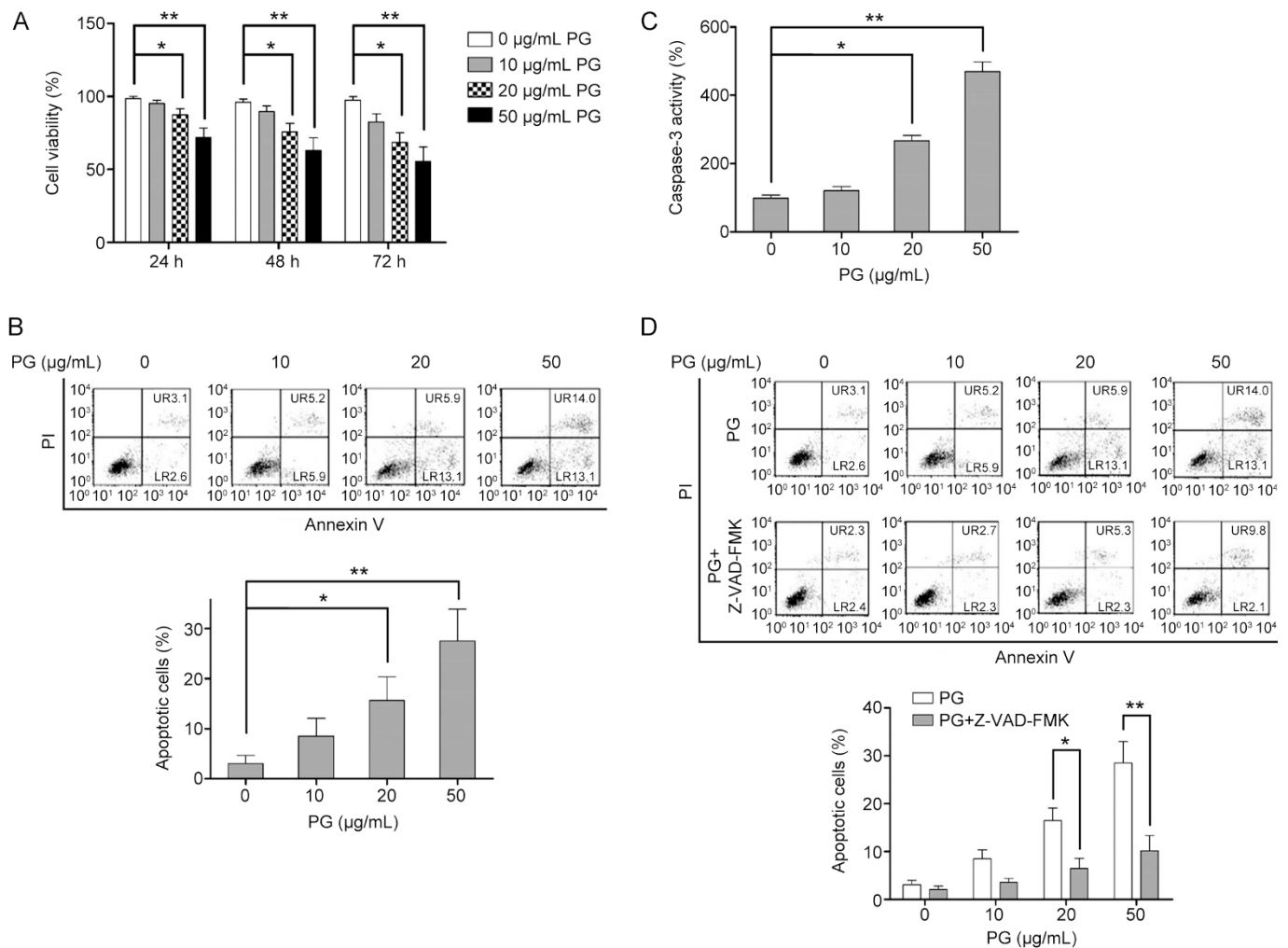
### PG induces apoptosis in mitochondria-dependent pathway

Next, we investigated the apoptosis-inducing effect of PG at different concentrations. As shown in Figure 1B, PG induced apoptosis in KB cells in a dose-dependent manner. PG treatment at 10  $\mu\text{g}/\text{mL}$  did not cause significant apoptosis in KB cells, whereas PG at 20 and 50  $\mu\text{g}/\text{mL}$  induced a significant increase in apoptosis compared to the KB cells treated with vehicle. Because caspase-3 activation is a hallmark of cell apoptosis, the activation of caspase-3 was examined to confirm the apoptosis-inducing effect of PG on KB cells. Our results showed that PG increased caspase-3 activation in a dose-dependent manner (Figure 1C). Recently, a few studies have demonstrated the ability of a natural product to induce apoptosis in tumor cells via a caspase-independent pathway<sup>[16]</sup>. To fully appreciate the underlying mechanism of the apoptosis-inducing effect of PG, a caspase inhibitor (Z-VAD-FMK) was used. As shown in Figure 1D, Z-VAD-FMK treatment significantly abolished the apoptosis-inducing effect of PG, suggesting that PG treatment induced apoptosis in KB cells via activating the caspase cascade.

Apoptosis may occur through either an intrinsic or extrinsic pathway, corresponding to the mitochondria-dependent or mitochondria-independent pathway, respectively<sup>[17]</sup>. Mitochondria-mediated apoptosis or intrinsic apoptosis is controlled by the Bcl-2 family of proteins. As shown in Figure 2A, PG treatment decreased Bcl-2 and increased Bax expression with an increased Bax/Bcl-2 ratio, suggesting that PG induced apoptosis in KB cells via the mitochondrial pathway. Moreover, the mitochondrial apoptosis pathway was evidenced by the activation of caspase-9, a decrease in MMP and a cytochrome  $c$  shift from the mitochondria to the cytosol. Therefore, to further confirm the role of the mitochondria in PG-induced apoptosis, the changes in caspase-9 activity, MMP and the level of cytosolic cytochrome  $c$  were examined. Our results showed that PG treatment led to dose-dependent loss of MMP, activation of caspase-9 and increased cytosolic cytochrome  $c$  compared with the cells treated with vehicle (Figure 2B, 2C and 2D).

### PG induces apoptosis in KB cells by modulating survivin

Research by Pennati *et al* has highlighted the role of survivin in apoptosis<sup>[18]</sup>. Therefore, we investigated whether PG induced apoptosis by modulating survivin. As shown in Figure 3A and 3B, PG led to a dose-dependent decrease in both survivin



**Figure 1.** PG inhibits cell proliferation and induces apoptosis in KB cells. KB cells were incubated with PG at the indicated concentration for 48 h when no time is indicated. (A) PG inhibits cell proliferation in KB cells in a dose- and time-dependent manner. (B) PG induces apoptosis in a dose-dependent manner. (C) PG activates caspase-3 in a dose-dependent manner. (D) Z-VAD-FMK significantly blocks PG-induced apoptosis in KB cells. Mean $\pm$ SD.  $n=3$ . \* $P<0.05$ , \*\* $P<0.01$ .

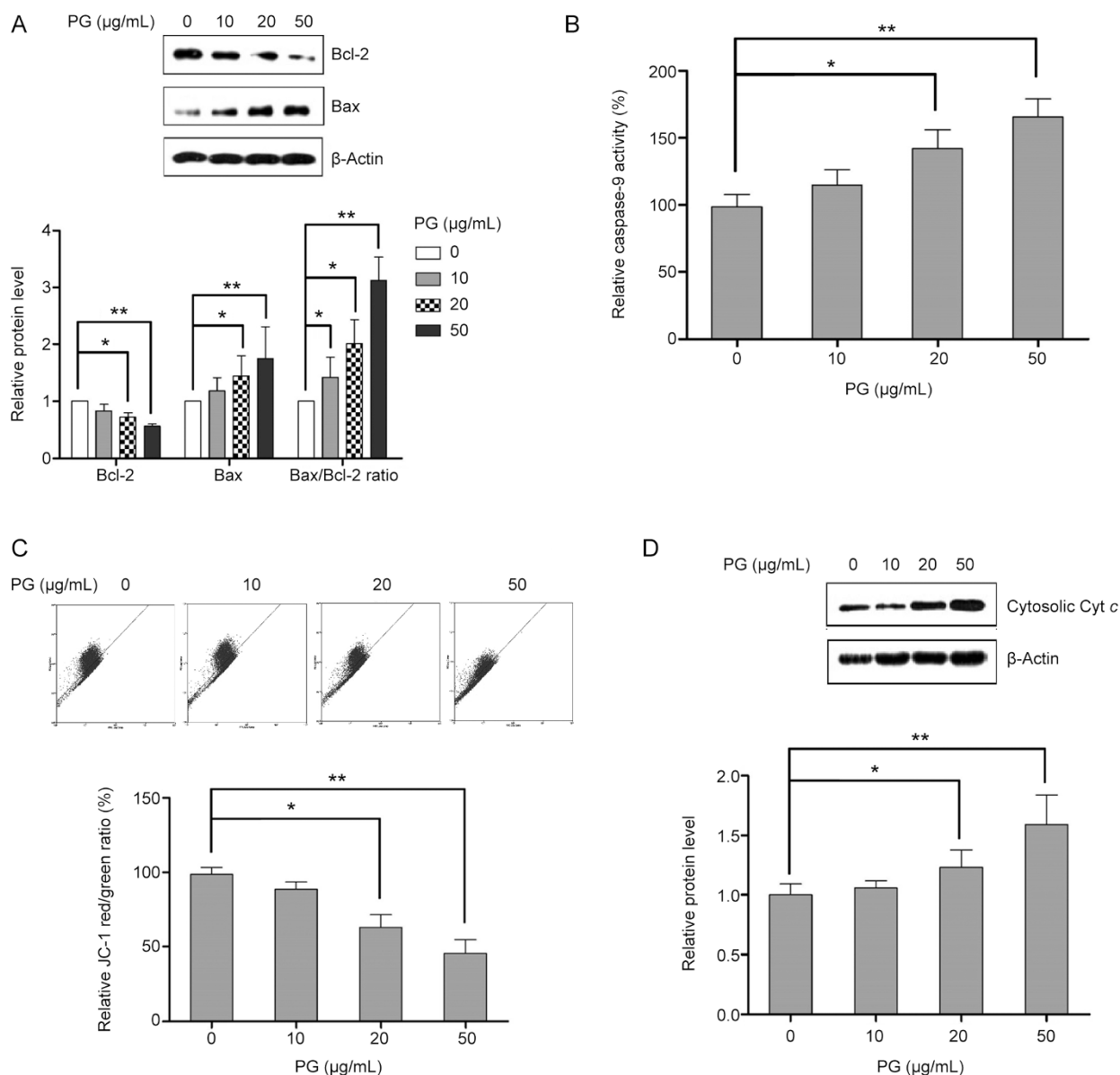
mRNA and protein levels. To further appreciate the role of survivin in PG-induced apoptosis, KB cells were transfected with a survivin overexpression plasmid. As shown in Figure 3C, overexpressing survivin significantly blocked PG-induced apoptosis in KB cells. In contrast, as shown in Figure 3C, survivin silenced by shRNA led to a significantly increased apoptotic population, supporting the role of survivin in mediating apoptosis. Together, our results suggest that PG induces apoptosis in KB cells, at least partly, by modulating survivin.

#### PG modulates survivin expression via miR-21/PTEN/Akt/GSK3 $\beta$ signaling

PTEN/Akt/GSK3 $\beta$  signaling has been proposed to regulate a number of biological activities in cancer cells, including apoptosis<sup>[19, 20]</sup>. In addition, a recent study has shown that the anthraquinone derivative exerts an anti-cancer effect via PTEN/Akt signaling<sup>[21]</sup>. Therefore, we postulated that PG might modulate survivin and induce apoptosis in KB cells by

modulating PTEN/Akt/GSK3 $\beta$  signaling. As shown in Figure 4A and 4B, PG increased the expression of PTEN mRNA and protein in a concentration-dependent manner. Our results also showed that PG inactivated Akt/GSK3 $\beta$  signaling by decreasing the phosphorylation of Akt and GSK3 $\beta$  (Ser9) (Figure 4B). To further demonstrate the involvement of Akt/GSK3 $\beta$  signaling in the pro-apoptotic effect of PG, the Akt/GSK3 $\beta$  pathway was inhibited or activated by using a pharmacological inhibitor or activator. As shown in Figure 4C, suppressing Akt phosphorylation with 10  $\mu$ mol/L LY294002 (a specific Akt inhibitor) downregulated the expression of survivin. Meanwhile, activating Akt or inactivating GSK3 $\beta$  signaling by 10 ng/mL IGF-I or 5 mmol/L LiCl significantly attenuated the suppressive effects of PG on survivin expression (Figure 4C). Our results revealed that IGF-I or LiCl significantly attenuated the apoptosis-inducing effect of PG on KB cells, to an extent corresponding to the expression level of survivin.

Next, we conducted experiments to explore the upstream



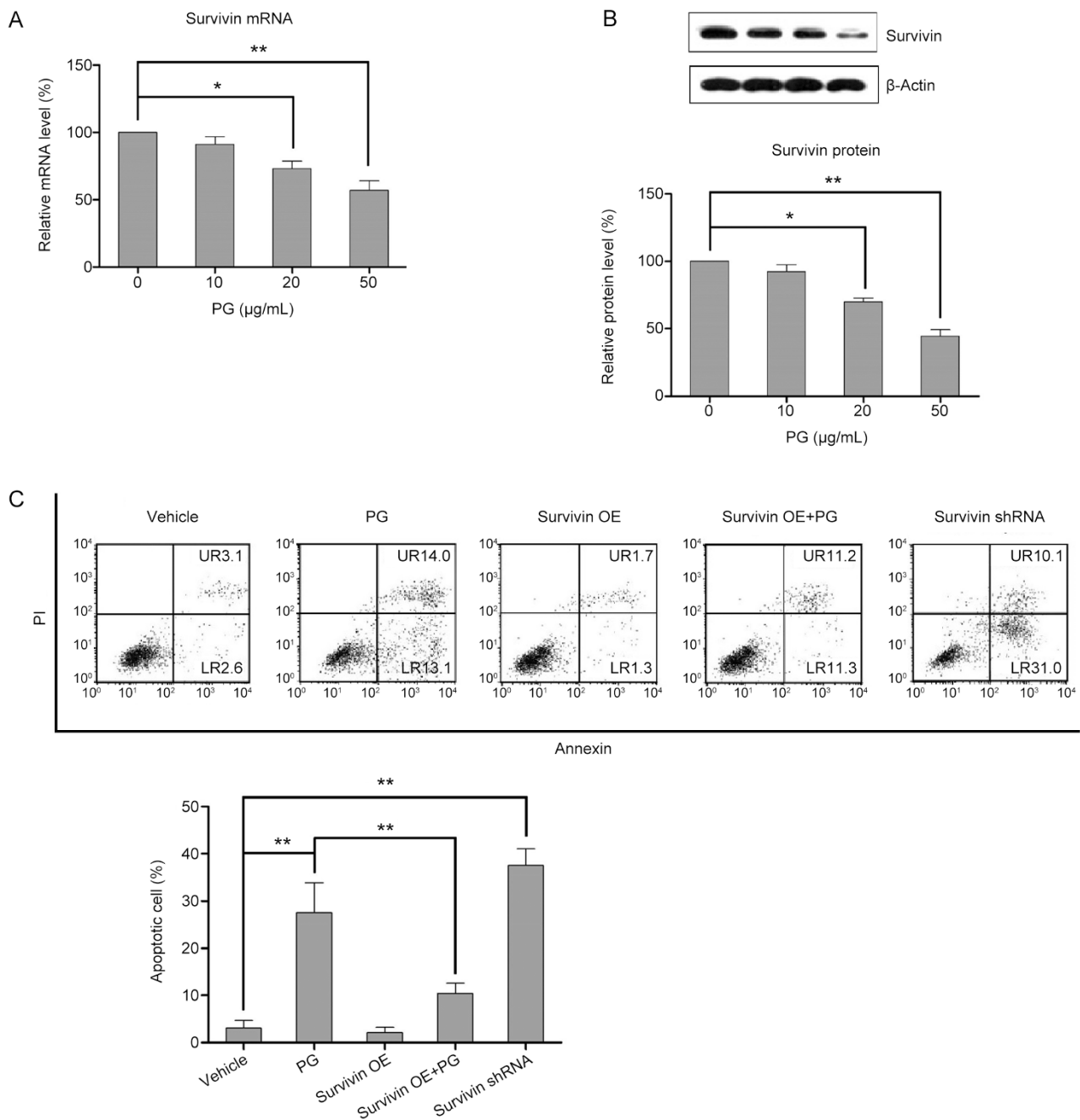
**Figure 2.** PG induces apoptosis in KB cells via the mitochondrial pathway. KB cells were challenged with PG at different doses for 48 h. (A) PG increases the Bax/Bcl-2 ratio in a concentration-dependent manner. (B) PG activates caspase-9 in a concentration-dependent manner. (C) PG causes the loss of mitochondrial membrane potential. (D) PG treatment results in an increase in cytosolic cyt c. Mean±SD. *n*=3. \**P*<0.05, \*\**P*<0.01.

signaling that regulates the inactivation of PTEN/Akt/GSK3β signaling by PG. A number of studies have shown that miR-21 is an important modulator involved in a variety biological activities of cancer cells by acting upstream of the PTEN/Akt pathway<sup>[22, 23]</sup>. In our study, PG decreased the expression of miR-21 in a dose-dependent manner (Figure 5A). Then, to verify the role of miR-21 as an upstream regulator of the PTEN/Akt/GSK3β pathway and a regulator of the expression of survivin, a miR-21 mimic and a miR-21 inhibitor were used. As shown in Figure 5B, the miR-21 inhibitor exerted a similar effect on PTEN/Akt/GSK3β signaling as PG, whereas the miR-21 mimic significantly abolished the effect of PG on PTEN/Akt/GSK3β signaling. Meanwhile, the

miR-21 mimic significantly abrogated the suppressive effect of PG on survivin. The effect of the miR-21 mimic or inhibitor on cell apoptosis was also examined to confirm the involvement of miR-21 in the apoptosis-inducing effect of PG. As shown in Figure 5C, the miR-21 mimic significantly attenuated PG-induced apoptosis in KB cells. Collectively, our results demonstrate that PG induces apoptosis in KB cells, at least in part by modulating survivin via miR-21/PTEN/Akt/GSK3β signaling.

#### ***In vivo* anticancer effect of PG**

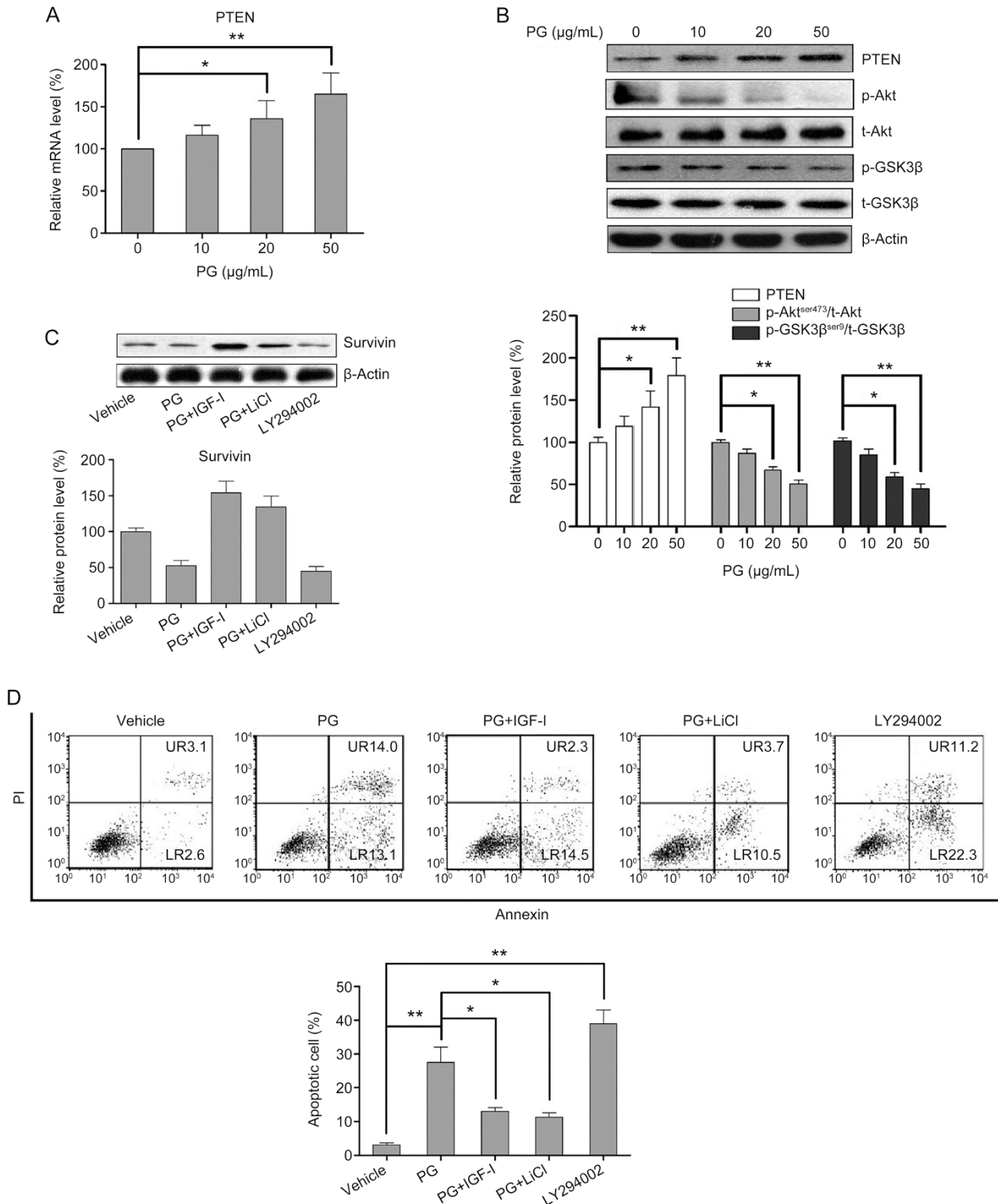
After obtaining encouraging results from the *in vitro* experiments, we sought to investigate the *in vivo* effect of PG. Nude



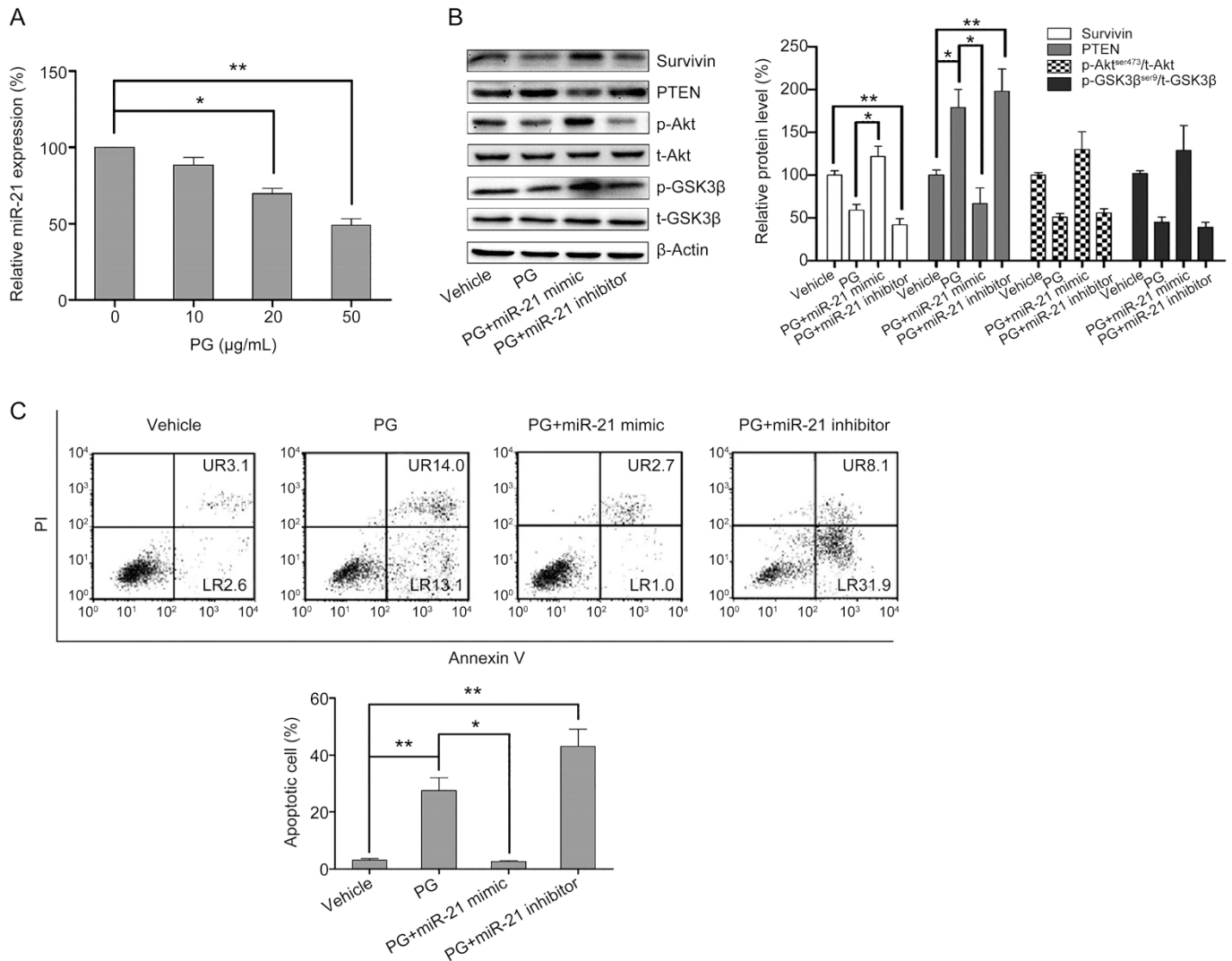
**Figure 3.** PG induces apoptosis in KB cells by targeting survivin. KB cells were challenged with PG at the indicated concentration (50 μg/mL if not indicated) for 48 h. (A) PG suppresses the mRNA expression of survivin in a concentration-dependent manner. (B) PG concentration-dependently suppresses survivin protein expression. (C) Flow cytometric analysis showing the apoptosis-inducing effect of PG in survivin overexpressing KB cells. Mean±SD.  $n=3$ . \* $P<0.05$ , \*\* $P<0.01$ .

mice were grafted with KB cells, and the tumors were allowed to grow to 100 mm<sup>3</sup>. Then, the mice were treated with different dosages of PG (40, 20, and 10 mg/kg/day). The effectiveness of the treatment was evaluated by examining the tumor volume. As shown in Figure 6A, PG inhibited tumor growth dose-dependently, and the anti-tumor effect was significant at a dosage of 20 mg/kg/day ( $P<0.05$  vs vehicle). Moreover, the PCR results showed that PG caused a marked and significant

decrease in the transcription of survivin mRNA ( $P<0.05$ ), suggesting the *in vivo* effectiveness of this compound in inhibiting tumor growth by suppressing survivin (Figure 6B). Moreover, the inhibiting effect of PG on tumor growth was associated with a significantly decreased expression of miR-21 and a significantly increased expression of PTEN, further supporting our *in vitro* findings.



**Figure 4.** PG modulates survivin levels via regulating PTEN/Akt/GSK3 $\beta$  signaling in KB cells. KB cells were incubated with PG at the indicated concentrations (50  $\mu$ g/mL if not indicated) for 48 h. (A) PG treatment results in increased PTEN mRNA levels in a dose-dependent manner. (B) PG treatment results in increased PTEN protein levels and the inhibition of Akt/GSK3 $\beta$  signaling. (C) The activation of Akt/GSK3 $\beta$  signaling abolishes the suppressive effect of PG on survivin expression. (D) The activation of Akt/GSK3 $\beta$  signaling abolishes the apoptosis-inducing effect of PG in KB cells. Mean $\pm$ SD.  $n=3$ . \* $P<0.05$ , \*\* $P<0.01$ .



**Figure 5.** PG regulates PTEN/Akt/GSK3 $\beta$  signaling by targeting miR-21. KB cells were incubated with PG at the indicated concentrations (50  $\mu$ g/mL if not marked) for 48 h. (A) PG inhibits the expression of miR-21 in a dose-dependent manner. (B) The PG-mediated suppression of survivin expression via PTEN/Akt/GSK3 $\beta$  signaling is abrogated in miR-21 overexpressing KB cells. (C) Flow cytometric analysis showing the apoptosis-inducing effect of PG in the survivin overexpressing KB cells. Mean $\pm$ SD.  $n=15$ . \* $P<0.05$ , \*\* $P<0.01$ .

## Discussion

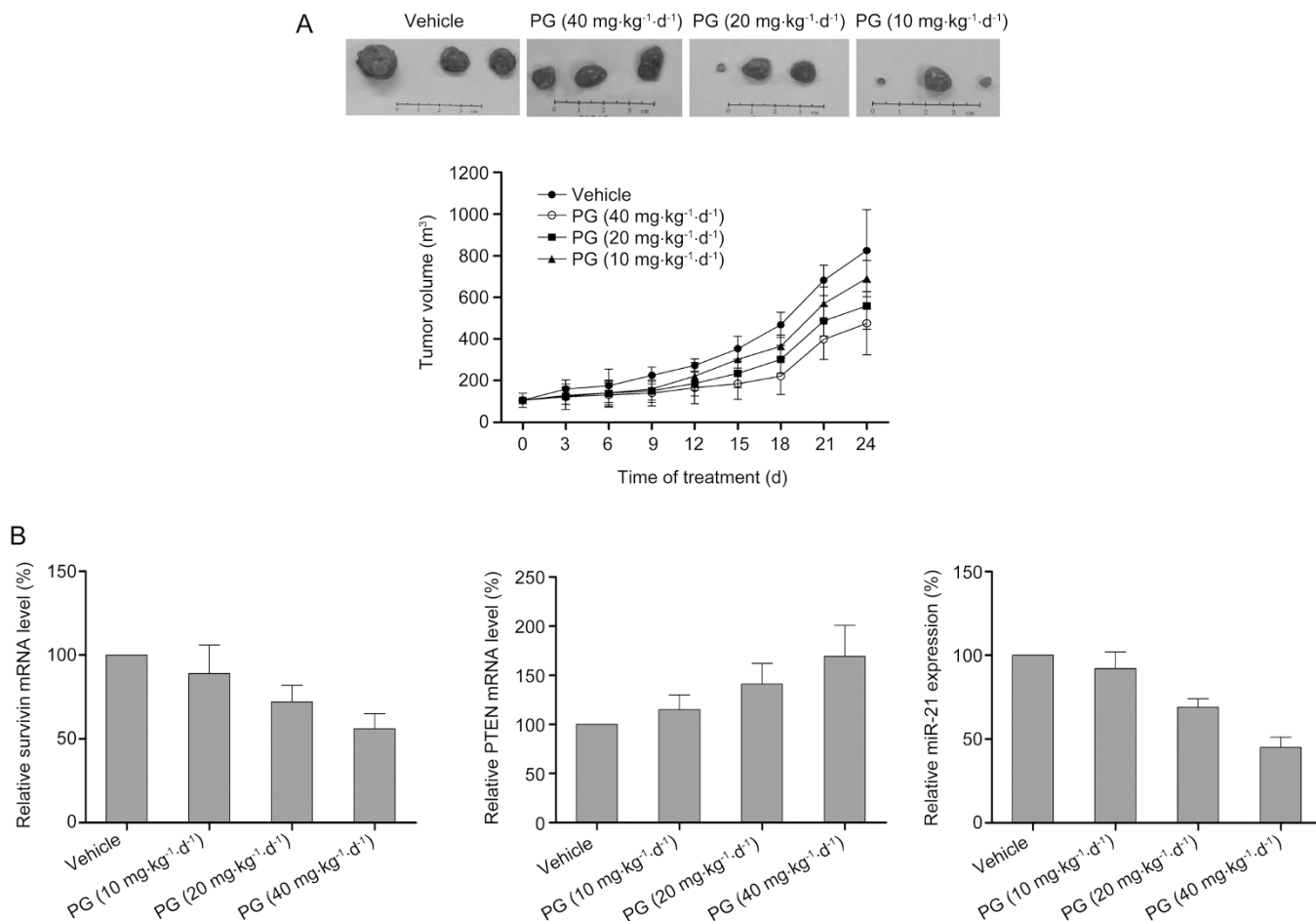
Apoptosis, which is programmed cell death, can occur via the cell death receptor-mediated extrinsic pathway or the mitochondria-mediated intrinsic pathways. A number of stimuli trigger apoptosis, including cellular reactive oxygen species (ROS), reactive nitrogen species (RNS), hormones, cell-cell interaction, growth factor withdrawal, antigens and chemotherapeutics<sup>[24, 25]</sup>. Cancer development correlates with decreased apoptosis and increased proliferation of cancer cells. Therefore, apoptosis induction has been proposed as an effective strategy in cancer therapy. In the present study, we found that PG time- and dose-dependently induced apoptosis in OSCC cell lines. In addition, we explored the signaling pathway that might play a role in PG-induced OSCC cell apoptosis. To our knowledge, this present study is the first to link survivin to the anti-neoplastic property of PG in OSCC

cell lines, and it suggests that PG-mediated suppression of survivin is involved in the pro-apoptotic effect of PG.

Death receptor-triggered extrinsic apoptosis and mitochondrial-initiated intrinsic apoptosis are indicated by activation of caspase-8 and caspase-9, respectively<sup>[26, 27]</sup>. In present study, the PG-mediated activation of caspase-9 and caspase-3, as well as the result that the caspase inhibitor Z-VAD-FMK significantly blocked PG-induced apoptosis in KB cells, indicated that PG induces apoptosis primarily via the mitochondrial-mediated caspase pathway. Furthermore, the PG-induced downregulation of Bcl-2, a powerful antagonist of the mitochondrial pathway of apoptosis, provided additional documentation that the proapoptotic effect of PG was related to the mitochondrial-mediated activation of the caspase cascade.

Survivin (BIRC5), a member of the inhibitor of apoptosis (IAP) family, plays an important role in apoptosis and cell





**Figure 6.** PG suppresses tumor growth in a xenograft mouse model. (A) PG treatment significantly inhibits tumor growth as evaluated by tumor volume. (B) The effect of PG on the gene transcription of survivin, PTEN, and miR-21. Mean±SD.  $n=3$ . \* $P<0.05$ , \*\* $P<0.01$ .

division. In contrast to other IAP protein molecules, survivin is expressed in embryonic and fetal tissues but not in normal adult tissues<sup>[28, 29]</sup>. Interestingly, survivin is highly expressed in human malignant cells. A number of preclinical studies have shown that survivin inhibition by a specific inhibitor or siRNA suppresses tumor cell proliferation and invasion and increases chemosensitivity to therapeutic agents<sup>[30]</sup>. Our finding that PG appears to downregulate survivin in OSCC directly suggests that it might be a useful agent in the therapeutic regimen of OSCC. In addition to its important role in apoptosis and cell division, survivin is also involved in the regulation of the metastasis of human malignancies. An *in vivo* study by Kogo *et al* has shown that survivin knockdown by siRNA significantly delays tumor development and lymph node metastasis in cervical cancer<sup>[31]</sup>. Directly silencing survivin by siRNA also inhibits invasion in neuroblastoma SH-SY5Y cells<sup>[32]</sup>. Another *in vivo* study by Zhang *et al* has found that the inhibition of survivin dramatically inhibits spontaneous metastasis in Dunning prostate cancer<sup>[33]</sup>. Moreover, clinical evidence has shown that the survivin level is associated with nodal metastasis in T1-T2 squamous cell carcinoma of the tongue<sup>[34]</sup>. Therefore, by downregulating survivin, PG might also exert an anti-

metastatic effect in OSCC in addition to inducing apoptosis.

microRNAs (miRNAs) are short noncoding RNAs that regulate the expression of multiple genes at the posttranscriptional level<sup>[35]</sup>. Numerous studies have established that dysregulation of miRNA expression is present in various human tumors<sup>[36]</sup>. In particular, the association between miR-21 overexpression and human malignancy has been well established<sup>[37]</sup>. miR-21 plays a role in modulating cell proliferation, apoptosis and epithelial to mesenchymal transition in tumor development<sup>[38, 39]</sup>. As for OSCC, clinical evidence has shown that elevated miR-21 expression is a predictor of a poorer prognosis for patients with tongue squamous cell carcinomas, and miR-21 has been identified as an apoptosis inhibitor<sup>[40]</sup>. *In vitro* and *in vivo* studies have also demonstrated that targeting miR-21 with an antisense oligonucleotide markedly inhibits proliferation, promotes apoptosis and suppresses migration and invasion<sup>[41, 42]</sup>. Consistently with these previous findings, the results of the present study showed that the apoptosis-inducing effect of PG was associated with suppression of miR-21 expression, further supporting the involvement of miR-21 in OSCC development. An early study has noted that miR-21 modulates the chemosensitivity of tongue squamous

cell carcinoma cells to cisplatin<sup>[43]</sup>, and a recent study by Zhou *et al* has shown that WP1066 (STAT3 inhibitor) sensitizes oral squamous cell carcinoma cells to cisplatin by targeting the STAT3/miR-21 axis<sup>[44]</sup>. Given the suppressive effect of PG on miR-21, PG also has the potential to be used as a sensitizing agent for cisplatin treatment in OSCC.

Several tumor suppressors, including PDCD4, PTEN, TPM1 and SPRY2, have been identified as mRNA targets of miR-21 in various cancer cell lines<sup>[41]</sup>. Among these mRNA targets, PTEN is an important regulator connecting miR-21 to downstream signaling. In this study, our results also showed that PG modulated survivin expression by targeting the miR-21/PTEN/Akt axis. However, PTEN/Akt acts as an upstream signaling component that regulates the expression of miR-21 in prostate cancer<sup>[45]</sup>. Moreover, silencing survivin causes a partial mesenchymal-epithelial transition in human pancreatic cancer cells via the PTEN/PI3K/Akt pathway<sup>[46]</sup>. These studies, combined with our results, suggest that it is highly possible that the regulatory mechanism between miR-21 and survivin is different and specific in various cancer cells.

In summary, our study indicated that PG induces cell apoptosis in OSCC cells, at least in part by suppressing survivin expression by targeting the miR-21/PTEN/Akt/GSK3 $\beta$  axis, suggesting the possibility that PG might be used as an anti-cancer agent. However, further studies, including clinical trials, are warranted to make a comprehensive evaluation on the clinical value of PG as a novel anti-neoplastic agent.

### Author contribution

Meng-dong LIU and Shi-jiang XIONG initiated the project and participated in the design of the study. Meng-dong LIU, Shi-jiang XIONG, Fei TAN, and Yi LIU contributed to the study design and performed the experiments. Meng-dong LIU and Shi-jiang XIONG wrote the paper.

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