

Original Article

# The natural stilbenoid pinosylvin and activated neutrophils: effects on oxidative burst, protein kinase C, apoptosis and efficiency in adjuvant arthritis

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**Aim:** To investigate the effects of the naturally occurring stilbenoid pinosylvin on neutrophil activity *in vitro* and in experimental arthritis, and to examine whether protein kinase C (PKC) activation served as an assumed target of pinosylvin action.

**Methods:** Fresh human blood neutrophils were isolated. The oxidative burst of neutrophils was evaluated on the basis of enhanced chemiluminescence. Neutrophil viability was evaluated with flow cytometry, and PKC phosphorylation was assessed by Western blotting analysis. Adjuvant arthritis was induced in Lewis rats with heat-killed *Mycobacterium butyricum*, and the animals were administered with pinosylvin (30 mg/kg, *po*) daily for 21 d after arthritis induction.

**Results:** In isolated human neutrophils, pinosylvin (10 and 100  $\mu\text{mol/L}$ ) significantly decreased the formation of oxidants, both extra- and intracellularly, and effectively inhibited PKC activation stimulated by phorbol myristate acetate (0.05  $\mu\text{mol/L}$ ). The inhibition was not due to neutrophil damage or increased apoptosis. In arthritic rats, the number of neutrophils in blood was dramatically increased, and whole blood chemiluminescence (spontaneous and PMA-stimulated) was markedly enhanced. Pinosylvin administration decreased the number of neutrophils (from  $69\,671 \pm 5588/\mu\text{L}$  to  $51\,293 \pm 3947/\mu\text{L}$ ,  $P=0.0198$ ) and significantly reduced the amount of reactive oxygen species in blood.

**Conclusion:** Pinosylvin is an effective inhibitor of neutrophil activity, and is potentially useful as a complementary medicine in states associated with persistent inflammation.

**Keywords:** pinosylvin; neutrophils; reactive oxygen species; protein kinase C; apoptosis; adjuvant arthritis

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## Introduction

Neutrophils (neutrophilic polymorphonuclear leukocytes) represent the body's primary line of defense against invading pathogens. Additionally, they have recently been increasingly studied as active participants in the initiation and progression of many pathological conditions, such as ischaemia-reperfusion injury, gout, lupus, acute respiratory distress syndrome and rheumatoid arthritis. All of these conditions are generally accompanied by dysregulated, persistent and excessive activation of neutrophils, resulting in damage of adjacent tissues by neutrophil "destructive hardware", including reactive oxygen or nitrogen species and proteolytic enzymes<sup>[1–4]</sup>. In rheumatoid arthritis, oxidants can induce cartilage degradation and depo-

lymerize hyaluronan and decrease its lubricative properties; furthermore, they can reduce the protective antioxidant and antiproteinase capacity of synovial fluid and thus participate in joint erosion<sup>[1,5]</sup>. Moreover, neutrophils release molecules that can promote inflammation (eicosanoids, chemokines, and cytokines), and the altered recruitment and delayed apoptosis of these cells hinder the resolution of inflammation<sup>[2,4]</sup>.

From this perspective, novel therapeutic strategies to resolve chronic inflammation are expected to inhibit the formation of neutrophil-derived toxic substances, *eg.* reactive oxygen species, either directly or through enhanced apoptosis. However, inhibition would be directed against extracellularly released oxidants, rather than those formed intracellularly and involved in the initiation of constitutive apoptosis, although the mechanism of radical generation in nonactivated aging neutrophils is not clear<sup>[6,7]</sup>. Pharmacological interference with protein kinase C (PKC) activity represents a promising method to modulate

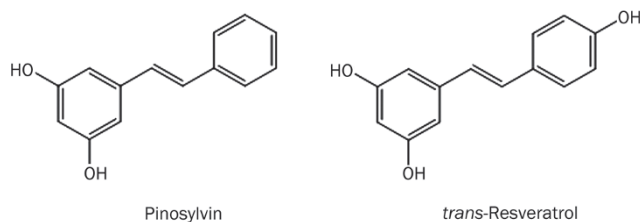
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both neutrophil activity and apoptosis. The isoforms PKC $\alpha$  and  $\beta$ II stimulate the formation of reactive oxygen species at the level of NADPH oxidase activation (by phosphorylation and translocation of p47<sup>phox</sup> from the cytosol to membranes<sup>[8]</sup>), while PKC $\alpha$  and  $\delta$  are involved in antiapoptotic signaling in neutrophils<sup>[9,10]</sup>.

An inhibitory effect on neutrophil function was discovered for several drugs<sup>[11]</sup> and natural substances<sup>[12-17]</sup>. The latter are particularly useful for their low toxicity and ability to control the activity of neutrophils through several mechanisms. For example, *trans*-resveratrol (*trans*-3,4',5-trihydroxystilbene) repressed the adhesion of neutrophils to endothelial cells, the production of reactive oxygen and nitrogen species, and the liberation of elastase and  $\beta$ -glucuronidase, and it decreased the activities of neutrophil myeloperoxidase and 5- and 15-lipoxygenase (for review see<sup>[15]</sup>). Regarding the hydrophilic characteristic of resveratrol, its low bioavailability and rapid clearance from the circulation, attention has been focused on its more lipophilic derivatives<sup>[18]</sup>, such as pinosylvin (*trans*-3,5-dihydroxystilbene, Figure 1).



**Figure 1.** Pinosylvin (*trans*-3,5-dihydroxystilbene) and its related compound *trans*-resveratrol (*trans*-3,4',5-trihydroxystilbene).

This naturally occurring resveratrol analogue is formed constitutively and after UV irradiation or microbial attack in the wood, needles and leaves of *Pinus* and *Alnus* species<sup>[19]</sup>. The majority of the data available characterize antifungal, antibacterial and anticancer activities of pinosylvin<sup>[20, 21]</sup>; however, little is known about its antioxidant and anti-inflammatory effects<sup>[22-24]</sup>. Previously, we found that pinosylvin improved the effect of methotrexate in experimental arthritis<sup>[25, 26]</sup>, and it intensified the reduction in the number and phagocytic activity of neutrophils, hind paw volume and blood oxidant concentration. In the present paper, the impact of pinosylvin on the viability of human neutrophils and formation of reactive oxygen species was investigated, and protein kinase C activation was examined as an assumed target of pinosylvin action. Moreover, in rats with adjuvant arthritis, the efficacy of pinosylvin was assessed in neutrophils modified by inflammation.

## Materials and methods

### Chemicals and solutions

Pinosylvin (*trans*-3,5-dihydroxystilbene, 98%) was synthesized and analyzed at the Institute of Organic Chemistry and Biochemistry of the Academy of Sciences of the Czech Republic; details are provided elsewhere<sup>[27]</sup>. Luminol, isolu-

minol, PMA (4 $\beta$ -phorbol-12 $\beta$ -myristate-13 $\alpha$ -acetate), the Ca<sup>2+</sup> ionophore A23187, superoxide dismutase, dextran (average MW 464 kDa), zymosan (zymosan A from *Saccharomyces cerevisiae*), firefly luciferase from *Photinus pyralis* and D-luciferin sodium salt were purchased from Sigma-Aldrich Chemie (Deisenhofen, Germany); HRP (horseradish peroxidase) and catalase were purchased from Merck (Darmstadt, Germany); and lymphoprep (density 1.077 g/mL) was purchased from Nycomed Pharma AS (Oslo, Norway). Propidium iodide and rh Annexin V-FITC (produced in *E coli* and conjugated with fluorescein isothiocyanate, FITC) was purchased from Bender MedSystems GmbH (Vienna, Austria). *M butyricum* incomplete Freund's adjuvant, which was used for the induction of adjuvant arthritis, was obtained from Difco Laboratories (Detroit, MI, USA).

Pinosylvin administered to arthritic rats was dissolved in sunflower oil at 30 g/L. For the *in vitro* studies, pinosylvin (1.06 mg) was dissolved in a mixture of 20  $\mu$ L of 1 mol/L NaOH and 980  $\mu$ L of Tyrode's solution. The stock solution (5 mmol/L) was further diluted with Tyrode's solution to give pinosylvin sample concentrations of 0.1–100  $\mu$ mol/L. The corresponding final concentrations of NaOH were 0.4–400  $\mu$ mol/L; at these concentrations, the solvent agent alone did not reduce the activity or viability of neutrophils. Phosphate-buffered saline (PBS) contained 136.9 mmol/L NaCl, 2.7 mmol/L KCl, 8.1 mmol/L Na<sub>2</sub>HPO<sub>4</sub>, 1.5 mmol/L KH<sub>2</sub>PO<sub>4</sub>, 1.8 mmol/L CaCl<sub>2</sub>, and 0.5 mmol/L MgCl<sub>2</sub>, pH 7.4. Tyrode's solution consisted of 136.9 mmol/L NaCl, 2.7 mmol/L KCl, 11.9 mmol/L NaHCO<sub>3</sub>, 0.4 mmol/L NaH<sub>2</sub>PO<sub>4</sub>·2H<sub>2</sub>O, 1 mmol/L MgCl<sub>2</sub>·6H<sub>2</sub>O, and 5.6 mmol/L glucose, pH 7.4. Binding buffer used in flow cytometric analyses contained 10 mmol/L HEPES, 140 mmol/L NaCl, and 2.5 mmol/L CaCl<sub>2</sub>, pH 7.4.

### Whole blood, buffy coat, and neutrophil isolation

Fresh human blood was obtained at the blood bank by venipuncture from healthy male donors (20–50 years) who had not received any medication for at least 7 d. The samples were anticoagulated with 3.8% trisodium citrate (blood to citrate ratio=9:1). Subsequently, the blood was gently mixed with dextran solution (1% final concentration), and erythrocytes were allowed to sediment (1 $\times$ g) at 22°C for 25 min. A suspension of leukocytes and platelets in plasma (buffy coat) was used for flow cytometric analyses or for neutrophil isolation. For neutrophil isolation, the buffy coat was centrifuged at 500 $\times$ g for 10 min, and the sediment was resuspended in PBS, layered on lymphoprep and centrifuged at 500 $\times$ g for 30 min. Contaminating red blood cells were removed by hypotonic lysis (3 mL of ice-cold deionized water followed by 3 mL of 1.8% NaCl and 4 mL of PBS after 45 s). After centrifugation at 500 $\times$ g for 10 min, neutrophils in PBS were counted, adjusted to a final concentration of 10<sup>4</sup> cells/ $\mu$ L and kept on ice. The final suspension of neutrophils contained more than 96% viable cells, as evaluated by trypan blue exclusion, and was used for a maximum of 2 h – as long as control chemiluminescence remained constant.

Neutrophil count was assessed by a Coulter Counter (Coulter Electronics, High Wycombe, England). In whole blood (diluted 500×), erythrocytes were destroyed with a lysing reagent before counting.

#### Formation of reactive oxygen species

The oxidative burst of neutrophils was evaluated on the basis of enhanced chemiluminescence<sup>[28]</sup> in a microtiter plate computer-driven luminometer Immunotech LM-01T (Immunotech, Prague, Czech Republic). The chemiluminescence of whole human blood (diluted 250×) enhanced with luminol (250 μmol/L) was induced with PMA (0.05 μmol/L), opsonized zymosan (0.5 g/L) or the Ca<sup>2+</sup> ionophore A23187 (1 μmol/L). The chemiluminescence of isolated human neutrophils (5×10<sup>5</sup>) was initiated by PMA (0.05 μmol/L) and enhanced with either 5 μmol/L isoluminol (extracellular) or 5 μmol/L luminol in the presence of extracellular scavengers, 100 U/mL superoxide dismutase and 2000 U/mL catalase (intracellular). The formation of oxidants was evaluated on the basis of integrated values of chemiluminescence over 1800 s (isolated neutrophils and A23187-stimulated whole blood) and over 3600 s (whole blood chemiluminescence initiated with PMA or zymosan).

#### Western blot analysis

The phosphorylation of protein kinase C (PKC) isoenzymes α and βII was detected as previously described<sup>[29]</sup>. Isolated human neutrophils (5×10<sup>6</sup>) were incubated at 37°C with pinosylvin for 1 min, stimulated with PMA (0.15 μmol/L, 1 min) and rapidly lysed by the addition of solubilization buffer (20 mmol/L Tris-HCl, 5 mmol/L EDTA, 1% Triton, 10% glycerol, 10 mmol/L sodium fluoride, 1 mmol/L sodium orthovanadate, 200 μmol/L PMSF (phenylmethylsulfonyl fluoride), 2 μg/mL pepstatin, 2 μg/mL leupeptin, and 2 μg/mL aprotinin, pH 7.4). Then, the samples were sonicated on ice and centrifuged (14000×g, 5 min, 4°C) to remove unbroken cells. The supernatant was boiled for 5 min with sample buffer (50 mmol/L Tris-HCl, 2% SDS (sodium dodecyl sulphate), 7.5% glycerol, 2.5% mercaptoethanol, and 0.01% bromophenol blue, pH 6.8) and loaded on 9.8% SDS polyacrylamide gels. Proteins (20 μg per lane) were subsequently separated by electrophoresis and immediately transferred electrophoretically to an Immobilon-P Transfer Membrane (Millipore Corp, Bedford, MA, USA). Two strips of each membrane were obtained: one for the detection of PKC (area between 60 and 100 kDa) and one for the detection of β-actin (30–60 kDa). β-Actin was used as an internal control to confirm that equal amounts of cellular protein were present in each lane of the gel. Membrane strips were blocked for 60 min with 1% bovine serum albumin in Tris-buffered saline (TBS, 20 mmol/L Tris-HCl, 154 mmol/L NaCl and 0.05% Tween-20, pH 7.5) and subsequently incubated for 60 min in the presence of the following primary antibodies: phospho-PKC α/β II (Thr638/641) antibody (rabbit anti-human, 1:8000, Cell Signaling Technology, Danvers, MA, USA) or β-actin antibody (rabbit anti-human, 1:4000, Cell Signaling Technology, Danvers, MA, USA). The membranes were subsequently washed six times (overall time

40 min) with TBS and incubated for 60 min with the secondary antibody conjugated to horseradish peroxidase (anti-rabbit from donkey, 1:10 000, GE Healthcare Life Sciences, Little Chalfont, UK). After washing, the activity of horseradish peroxidase was visualized using Enhanced Chemiluminescence Western Blotting Detection Reagents (GE Healthcare Life Sciences, Little Chalfont, UK) followed by autoradiography. The bands on the autoradiogram were quantified using the ImageJ program, and the optical density of each PKC band was corrected by the optical density of the corresponding β-actin band.

#### Measurement of ATP liberation

Pinosylvin cytotoxicity was evaluated on the basis of ATP (adenosine triphosphate) liberation measured by the luciferin-luciferase chemiluminescence method<sup>[29]</sup>. A suspension of isolated neutrophils (30 000/sample, 30 μL) and 20 μL of Tyrode's solution were incubated with 50 μL of pinosylvin (1–100 μmol/L) for 15 min at 37°C. Then, 10 μL of a mixture of luciferin (1.6 μg/sample) and luciferase (45 000 U/sample) was added, and chemiluminescence was recorded for 60 s. The chemiluminescence of ATP standards (1–500 nmol/L) was measured in each experiment, and ATP concentrations in samples were calculated from the calibration curve. The total ATP content was assessed immediately after the sonication of neutrophils for 10 s.

#### Apoptosis assay using flow cytometry

Human plasma buffy coat (see section *Whole blood, buffy coat, and neutrophil isolation*) diluted with binding buffer (460 μL, 200 000 neutrophils) was incubated with 10 μL of pinosylvin (final concentration 1–100 μmol/L) for 10 min at 37°C. Subsequently, double staining with Annexin V-FITC (5 μL) and propidium iodide (25 μL) was performed, and cells were analyzed on the flow cytometer Cytomics FC 500 (Beckman Coulter, Inc, Brea, CA, USA). From the granulocyte area, 5000 cells were gated, and the percentage of early apoptotic (Annexin positive and propidium iodide negative), late apoptotic (double positive) and viable cells (double negative) was determined according to Perečko *et al*<sup>[14]</sup>.

#### Effects of pinosylvin in arthritis

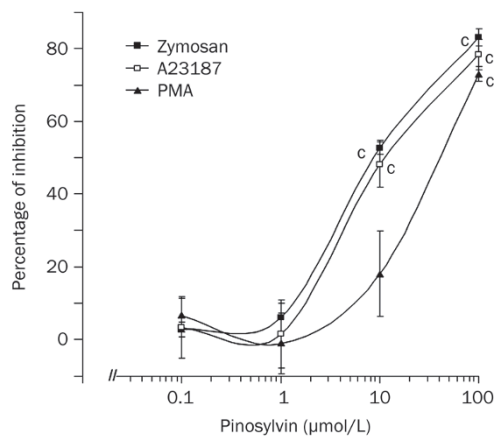
Adjuvant arthritis was induced in male Lewis rats (160–180 g, Breeding Farm Dobrá Voda, Slovakia) by a single intradermal injection of heat-killed *M butyricum*<sup>[30]</sup>. The study was performed in compliance with the Principles of Laboratory Animal Care and was approved by the local Ethics Committee and the State Veterinary and Food Administration of the Slovak Republic. Pinosylvin (30 mg/kg, daily, *po*) was administered over a period of 21 d after arthritis induction; control animals (healthy and arthritic) were treated with the solvent agent (sunflower oil). Each group consisted of 10 rats. The total production of oxidants in neutrophils (spontaneous and stimulated with 0.1 μmol/L PMA) was determined on the basis of luminol-enhanced chemiluminescence and presented as the mean integrated values over 3600 s.

### Statistical analysis

All of the values were given as the mean±SEM, and the statistical significance of differences between means was established by Student's *t*-test. *P* values below 0.05 were considered to be statistically significant.

### Results

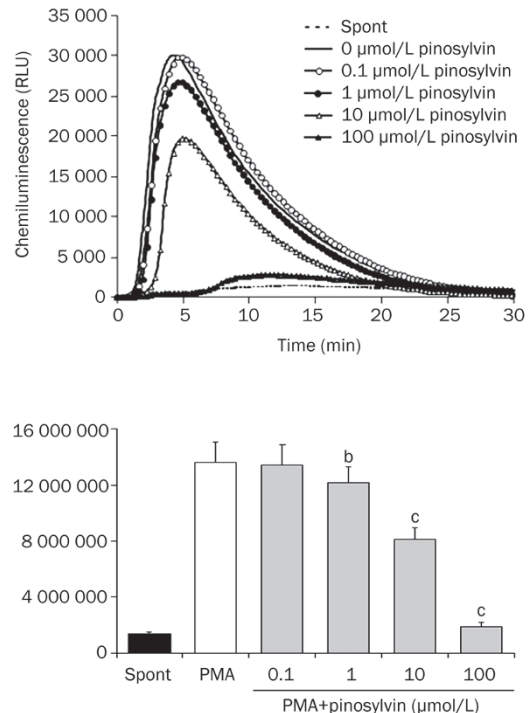
Pinosylvin reduced the oxidative burst of human neutrophils measured in whole blood (Figure 2). It inhibited chemiluminescence initiated by the activation of membrane receptors, increased calcium concentration and the stimulation of protein kinase C at the mean effective concentrations of  $10.67 \pm 1.07$   $\mu\text{mol/L}$  (opsonized zymosan),  $12.99 \pm 5.64$   $\mu\text{mol/L}$  (A23187) and  $31.38 \pm 8.25$   $\mu\text{mol/L}$  (PMA). For comparison, the respective  $\text{EC}_{50}$  values of the related compound resveratrol were  $12.80 \pm 0.97$   $\mu\text{mol/L}$ ,  $24.46 \pm 7.86$   $\mu\text{mol/L}$  and  $3.72 \pm 0.30$   $\mu\text{mol/L}$  (data not shown).



**Figure 2.** Dose-dependent inhibition of neutrophil chemiluminescence in the presence of pinosylvin. Chemiluminescence, measured in whole blood, was initiated with opsonized zymosan (0.5 g/L),  $\text{Ca}^{2+}$ -ionophore A23187 (1  $\mu\text{mol/L}$ ) or phorbol myristate acetate (PMA, 0.05  $\mu\text{mol/L}$ ). Mean±SEM.  $n=6$ .  $^{\circ}P<0.01$  vs control. Mean control values of chemiluminescence, given in relative light units – RLU, were  $138375 \pm 14776$  RLU (zymosan),  $26346 \pm 3386$  RLU (A23187), and  $1303872 \pm 173251$  RLU (PMA).

In isolated neutrophils stimulated with PMA, extra- and intracellular chemiluminescence was recorded separately. As illustrated in Figures 3 and 4, external oxidant formation was much more intensive and reached maximum values sooner than the oxidative burst arising within neutrophils. Pinosylvin decreased both the extracellular and intracellular chemiluminescence of neutrophils at the respective mean effective concentrations of  $14.16 \pm 1.46$   $\mu\text{mol/L}$  and  $5.54 \pm 1.06$   $\mu\text{mol/L}$ ; the  $\text{EC}_{50}$  values assessed for resveratrol were  $0.96 \pm 0.22$   $\mu\text{mol/L}$  and  $6.00 \pm 0.57$   $\mu\text{mol/L}$ , respectively.

The ability of pinosylvin to inhibit chemiluminescence initiated by different mechanisms and its recorded intracellular activity indicated interference of the neutrophil activation



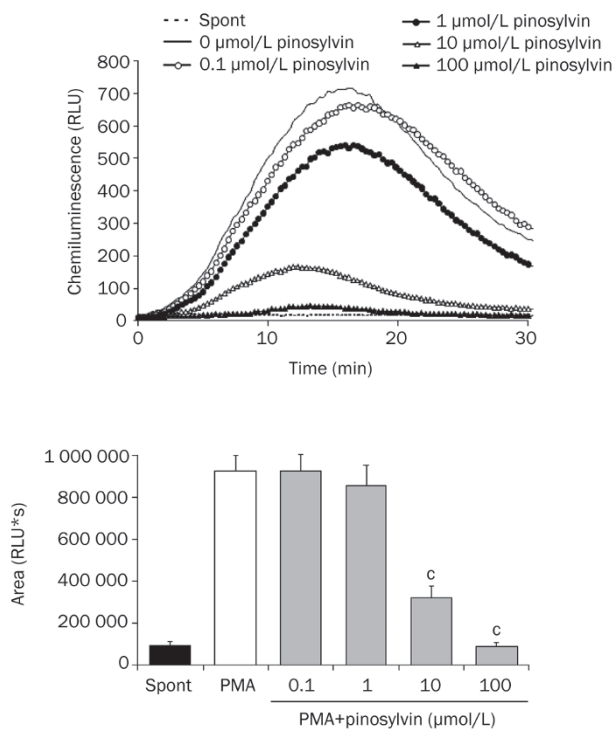
**Figure 3.** Extracellular chemiluminescence of isolated human neutrophils treated with pinosylvin and stimulated with PMA. Kinetic curves are representative for 6 donors, columns show the mean integral values of chemiluminescence over 1800 s. Mean±SEM.  $n=6$ .  $^bP<0.05$ ,  $^{\circ}P<0.01$  vs PMA. Spont, spontaneous chemiluminescence.

cascade by this phytochemical, particularly with a process involved in the effect of all of the stimuli used. Therefore, the influence of pinosylvin on protein kinase C activation was tested in further experiments. The stimulation of neutrophils with PMA was accompanied by increased phosphorylation of the protein kinase C isoenzymes  $\alpha$  and  $\beta\text{II}$  (Figure 5). Pinosylvin effectively reduced this increase until the values of phosphorylation were comparable with those produced by resting cells.

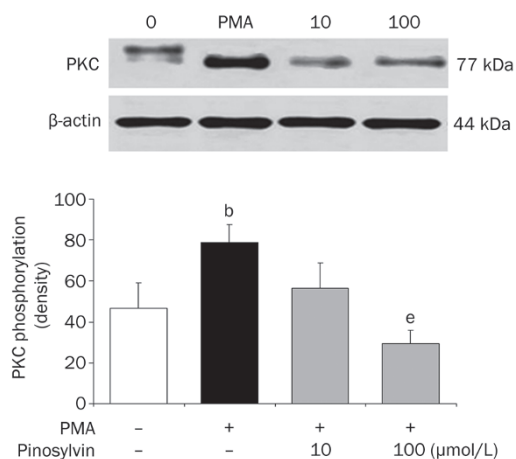
The observed inhibitory effects were not associated with neutrophil damage because in the presence of pinosylvin no increase in extracellular ATP concentration was recorded (Figure 6). Spontaneous ATP liberation from isolated neutrophils was minimal (approximately 3% of the total ATP content, as determined immediately after complete neutrophil destruction). This amount remained unchanged (or was slightly decreased) after the treatment of neutrophils with pinosylvin (1–100  $\mu\text{mol/L}$ ).

As confirmed by flow cytometry (Figure 7 and Table 1), this stilbenoid did not affect spontaneous apoptosis of human neutrophils. Compared with controls, pinosylvin (1–100  $\mu\text{mol/L}$ ) did not alter the percentage of viable, apoptotic or dead neutrophils.

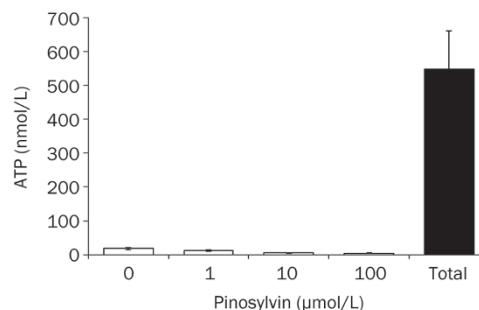
To confirm the efficacy of pinosylvin under inflammatory conditions, whole blood chemiluminescence was analyzed in arthritic rats (Figure 8). Adjuvant arthritis was accompanied



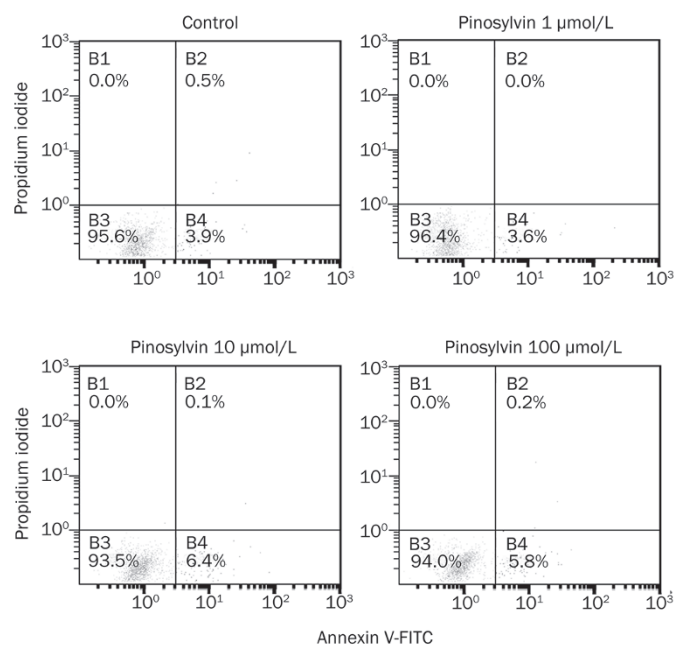
**Figure 4.** Intracellular chemiluminescence of isolated human neutrophils treated with pinosylvin and stimulated with PMA. Kinetic curves are representative for 6 donors, columns show the mean integral values of chemiluminescence over 1800 s. Mean±SEM.  $n=6$ ,  $^cP<0.01$  vs PMA. Spont, spontaneous chemiluminescence.



**Figure 5.** Protein kinase C (PKC) phosphorylation in PMA stimulated human neutrophils treated with 10 and 100 µmol/L pinosylvin (PIN). The degree of phosphorylation is expressed as optical density of PKC bands corrected to β-actin content. Phosphorylated PKC isoenzymes α and βII were isolated by Western blotting and detected by phospho-PKC alpha/beta II (Thr638/641) antibody. Mean±SEM.  $n=8$  (neutrophils from 4 donors were examined; in each sample protein separation and PKC detection were performed twice – in two separate experiments),  $^bP<0.05$  vs resting control.  $^eP<0.05$  vs PMA stimulated control. Representative blot manifests elevated phosphorylation of protein kinase C in neutrophils stimulated with PMA, as well as the effect of pinosylvin on this increase.



**Figure 6.** Effect of pinosylvin on the integrity of neutrophil membranes assessed on the basis of ATP liberation. The given values represent the extracellular ATP concentration in samples containing 30 000 neutrophils. Open columns – spontaneous ATP liberation in the absence (0) and in the presence of pinosylvin (1–100 µmol/L); Total, amount of ATP determined immediately after complete neutrophil destruction. Mean±SEM.  $n=8$ .



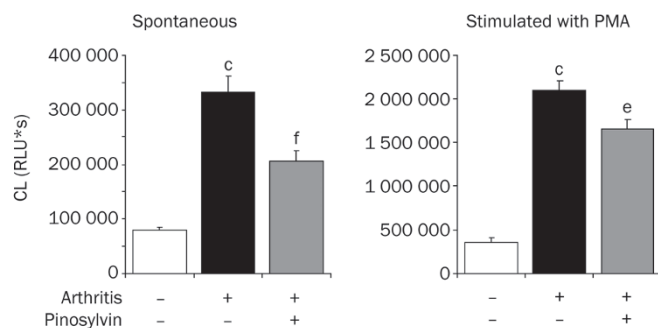
**Figure 7.** A dot plot of neutrophils stained with propidium iodide and annexin V-FITC indicates cells in three quadrants. Unstained cells are alive and are double negative; they neither express phosphatidylserine on their surface nor do they take up propidium iodide (quadrant B3). Cells stained only with annexin are apoptotic; they have begun to express phosphatidylserine on their surface but have not yet gone through the process that leads to permeabilisation of their cytoplasmic membrane (quadrant B4). Cells stained both with propidium iodide and annexin are necrotic (dead); they take up propidium iodide and also express phosphatidylserine (quadrant B2). Compared to controls, pinosylvin (1–100 µmol/L) did not alter the percentages of viable, apoptotic and dead neutrophils.

by an increased number of neutrophils in the blood and by more pronounced spontaneous and PMA-stimulated chemiluminescence; all of these changes were reduced by oral administration of pinosylvin. The mean neutrophil count, assessed

**Table 1.** Effect of pinosylvin (PIN) on viability and apoptosis of human neutrophils. Mean±SEM. n=8.

	Control	PIN 1 µmol/L	PIN 10 µmol/L	PIN 100 µmol/L
AV <sup>-</sup> /PI <sup>-</sup> viable cells (%)	90.1±1.6	91.6±1.2	90.1±1.0	85.1±2.9
AV <sup>+</sup> /PI <sup>-</sup> early apoptotic cells (%)	9.5±1.6	8.0±1.2	9.4±0.9	14.2±2.8
AV <sup>+</sup> /PI <sup>+</sup> late apoptotic cells (%)	0.3±0.1	0.3±0.1	0.5±0.2	0.6±0.3

Neutrophil apoptosis was recorded by flow cytometry, using double staining with Annexin-V (A) and propidium iodide (PI).



**Figure 8.** Effect of pinosylvin administration on the formation of reactive oxygen species in adjuvant arthritis. Whole blood chemiluminescence (spontaneous and PMA stimulated) was evaluated on the basis of integral values over 3600 s. Results from three groups of animals are compared – healthy, arthritic without any medication and arthritic animals treated with pinosylvin (30 mg/kg daily, over 21 d). Mean±SEM. n=9–10. \*P<0.01 vs healthy control. <sup>a</sup>P<0.05, <sup>f</sup>P<0.01 vs arthritic control.

in 1 µL blood, was 16 040±928 (healthy controls), 69 671±5588 (arthritic animals) and 51 293±3947 (arthritic rats treated with pinosylvin).

## Discussion

The incubation of human neutrophils with pinosylvin resulted in decreased production of reactive oxygen species. Because the effect occurred in the presence of each stimulus used, the interference of a process involved in all mechanisms of chemiluminescence initiation by pinosylvin has been suggested. One of the potential candidates could be the signaling enzyme protein kinase C. Pinosylvin hindered the activation of this enzyme, as indicated by the decreased phosphorylation of protein kinase C isoenzymes  $\alpha$  and  $\beta$ II on their catalytic region. Because these isoenzymes participate directly in the activation of neutrophil NADPH oxidase<sup>[8]</sup>, their inhibition may result in reduced oxidant formation and thus explain the decreased chemiluminescence of neutrophils treated with pinosylvin. Similar to resveratrol, a compound related to pinosylvin, protein kinase C inhibition may result from the competition for phorbol ester binding to the C1 domains of the enzyme<sup>[31]</sup>.

Involvement of other mechanisms in the inhibition of chemiluminescence, such as reduced activity of phosphatidylinositol 3-kinase, 5-lipoxygenase, cyclooxygenase, or myeloperoxidase<sup>[15, 22]</sup>, cannot be excluded. However, the repressed expression of NADPH oxidase, which was observed in macrophages

treated for 3–6 h with resveratrol<sup>[32]</sup>, seems to be unlikely with respect to the early onset of the pinosylvin effect.

Similarly, the antioxidative activity of pinosylvin may be involved to a lesser extent, because both pinosylvin hydroxyl groups are located in the meta position (with respect to the ethylene bridge of the stilbene molecule), *ie*, in an arrangement that is less favorable for both electron abstraction and the distribution of the unpaired electron<sup>[18, 33]</sup>. The assessment of lipid peroxy radical formation<sup>[34]</sup> and the measurement of human low-density lipoprotein peroxidation<sup>[35]</sup> confirmed pinosylvin to be a less potent scavenger than resveratrol. Nevertheless, regarding the inhibition of chemiluminescence, we found the activities of these two stilbenoids comparable (*eg*, in neutrophils stimulated with zymosan or the Ca<sup>2+</sup> ionophore A23187), suggesting that radical scavenging may not be a decisive mechanism of pinosylvin action.

Because activated neutrophils form and liberate reactive oxygen species both extra- and intracellularly<sup>[36]</sup>, it was important to identify which part of the chemiluminescence signal was reduced in the presence of pinosylvin. This stilbenoid was found to be active in both compartments. Radicals formed within neutrophils, which are involved in the redox regulation of signal transduction in neutrophils<sup>[3]</sup>, were reduced more effectively than extracellular oxidants.

The decreased chemiluminescence and inhibited formation of oxidants were not associated with altered neutrophil viability. As shown by the measurement of ATP liberation and the cytometric determination of apoptosis, pinosylvin did not reduce the viability of neutrophils at concentrations up to 100 µmol/L. This result contrasted with its cytotoxic and repressive effect assessed in bacteria, fungi and cancer cells<sup>[20, 21]</sup> and with the initiation of apoptosis via activation of caspases, which was observed in the presence of other resveratrol derivatives<sup>[37]</sup>.

The efficacy of pinosylvin was further assessed in neutrophils modified by inflammation.

Adjuvant arthritis, a rat model, mimics the immunological and biochemical features of human rheumatoid arthritis. As revealed in the presented experiments, the number of neutrophils increased more than fourfold in adjuvant arthritis, and this increase was accompanied by an elevated concentration of oxidants in the blood. The assessment of chemiluminescence produced by one neutrophil confirmed that neutrophils of arthritic rats responded excessively to PMA stimulation and synthesized more radicals than neutrophils of healthy controls. A similar priming of peripheral neutrophils was observed in

patients with rheumatoid arthritis<sup>[38–40]</sup>. These alterations were ascribed to the direct effect of proinflammatory cytokines on neutrophil NADPH oxidase activity, which was induced by the increased phosphorylation of p47<sup>phox</sup>, extracellular signal-regulated kinase, and p38 mitogen-activated protein kinase<sup>[39, 41]</sup>.

Orally administered pinosylvin simultaneously decreased the concentration of oxidants and the number of neutrophils, indicating that the beneficial antioxidative effect of this stilbenoid may arise from reduced arthritic neutrophilia (and repressed inflammation) rather than its direct interference with neutrophil activity. The anti-inflammatory activity of pinosylvin, as manifested by reduced hind paw swelling<sup>[42]</sup>, could be ascribed to several mechanisms, such as the reduced synthesis and release of pro-inflammatory mediators, modified eicosanoid synthesis, decreased activity of immune cells and suppressed activation of nuclear factor  $\kappa$ B<sup>[22–24, 43]</sup>. Moreover, resveratrol and  $\alpha$ -viniferin, compounds that are structurally related to pinosylvin, were found to induce apoptosis of human rheumatoid arthritis synovial cells<sup>[44]</sup> and prevent tissue destruction in model arthritis<sup>[45]</sup>. Finally, the action of pinosylvin might involve decreased expression of inducible NO synthase and reduced formation of nitric oxide, as found in macrophages<sup>[26, 46]</sup>. This effect may prove beneficial because nitric oxide, if transformed into highly reactive peroxynitrite, can activate proinflammatory signaling<sup>[47]</sup> and contribute to the pathogenesis of arthritis<sup>[48]</sup>.

## Conclusion

Pinosylvin decreased the concentration of oxidants released by activated neutrophils into the extracellular space and the oxidative burst occurring within neutrophils. The inhibition was accompanied by inhibited activation of protein kinase C and the formation of reactive oxygen species in neutrophils. Pinosylvin administered orally reduced the neutrophil count and decreased the concentration of oxidants in the blood of arthritic rats. The observed effects classified pinosylvin as an effective inhibitor of neutrophil activity, which may make it potentially useful as a complementary medicine in pathological states associated with persistent inflammation.

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## Author contribution

Viera JANČINOVÁ, Tomáš PEREČKO, and Katarína DRÁBIKOVÁ contributed to the experimental planning and design, performed the experiments, analyzed and interpreted data, and drafted the manuscript; Rado NOSÁL conceived the study and coordinated and supervised the experiments; Juraj HARMATHA and Jan ŠMIDRKAL participated in study con-

ception and synthesized and analyzed pinosylvin.

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