

Full-length article

Circadian expression of clock genes and angiotensin II type 1 receptors in suprachiasmatic nuclei of sinoaortic-denervated rats¹Hui LI², Ning-ling SUN^{2,4}, Jin WANG³, Ai-jun LIU³, Ding-feng SU^{3,4}²Department of Cardiology, Peking University People's Hospital, Beijing 100044, China; ³Department of Pharmacology, Second Military Medical University, Shanghai 200433, China**Key words**

circadian rhythm; arterial baroreflex; clock genes; sinoaortic denervation; renin-angiotensin system

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Abstract

Aim: To investigate whether the circadian expression of central clock genes and angiotensin II type 1 (AT1) receptors was altered in sinoaortic-denervated (SAD) rats. **Methods:** Male Sprague-Dawley rats underwent sinoaortic denervation or a sham operation at the age of 12 weeks. Four weeks after the operation, blood pressure and heart period were measured in the conscious state in a group of sham-operated ($n=10$) and SAD rats ($n=9$). Rest SAD and sham-operated rats were divided into 6 groups ($n=6$ in each group). The suprachiasmatic nuclei (SCN) tissues were taken every 4 h throughout the day from each group for the determination of the mRNA expression of clock genes (*Per2* and *Bmal1*) and the AT1 receptor by RT-PCR; the protein expression of *Per2* and *Bmal1* was determined by Western blotting. **Results:** Blood pressure levels in the SAD rats were similar to those of the sham-operated rats. However, blood pressure variabilities significantly increased in the SAD rats compared with the sham-operated rats. The circadian variation of clock genes in the SCN of the sham-operated rats was characterized by a marked increase in the mRNA and protein expression during dark periods. *Per2* and *Bmal1* mRNA levels were significantly lower in the SAD rats, especially during dark periods. Western blot analysis confirmed an attenuation of the circadian rhythm of the 2 clock proteins in the SCN of the SAD rats. AT1 receptor mRNA expressions in the SCN were abnormally upregulated in the light phase, changed to a 12-h cycle in the SAD rats. **Conclusion:** The circadian variation of the 2 central clock genes was attenuated in the SAD rats. Arterial baroreflex dysfunction also induced a disturbance in the expression of AT1 receptors in the SCN.

Introduction

The circadian clock system is responsible for the daily timing of behavior and physiological processes^[1]. In mammals, the master circadian pacemaker controlling most of these rhythms is located in the suprachiasmatic nuclei (SCN) of the anterior hypothalamus, whose phase is mainly light-entrained directly through the retinohypothalamic tract^[2]. Recent experiments have demonstrated an oscillatory system including a transcriptional-translational feedback loop of clock genes. These include 3 homologues of the *Drosophila* gene period (*Per1*, *Per2*, and *Per3*), 2 cryptochrome genes (*Cry1* and *Cry2*), and the transcriptional

activator genes: clock (the mammalian counterpart of the *Drosophila* cycle) and *Bmal1* (a member of the basic helix-loop-helix/PER-ARNTSIM domain family of transcription factors)^[3,4]. These clock genes are expressed in a pattern with circadian oscillations close to 24 h in the SCN. Among these clock genes, *Per2* and *Bmal1* are most important and were studied in the present work.

Intra-arterial blood pressure monitoring and non-invasive ambulatory blood pressure monitoring had shown that blood pressure exhibited variations consistent with circadian rhythm^[5,6]. Most normotensive and essential hypertensive individuals show a diurnal pattern of blood pressure with markedly higher values during the active phase and

lower values during the rest phase (dippers); however, a number of subjects display abnormal circadian blood pressure profiles characterized by an absence or even reversal in a nocturnal fall in blood pressure (non-dippers). Cross-sectional studies have indicated that target-organ damage is more pronounced in “non-dipper” than in “dipper” patients with comparable clinical blood pressure levels^[7]. The transgenic hypertensive TGR(mREN2)27 rats harboring the murine *Ren2* gene manifest an inverted circadian rhythm of blood pressure similar to “non-dippers”, while 24 h profiles of motor activity and heart rate remain undisturbed^[8]. Moreover, the circadian rhythm of clock gene mRNA expression in the SCN of TGR(mRen2)27 rats was abolished^[9].

Arterial baroreflex (ABR) is one of the most important mechanisms in the regulation of cardiovascular activities, especially in the stabilization of blood pressure. ABR function is impaired in hypertension and closely related to hypertensive organ damage^[10]. In addition, the interruption of ABR by sinoaortic denervation could lead to irreversible organ damage such as cardiac lesion, vascular remodeling, and renal damage in rats^[11]. Furthermore, it was found that sinoaortic denervation changed the rhythmicity of blood pressure from a 24 h period to a 12-h period^[12]. However, it is not clear whether the function of baroreflex influences the circadian expression of clock genes in the central nervous system. The present work was therefore designed to observe the possible effects of sinoaortic denervation on the mRNA and protein expression of 2 main clock genes: *Per2* and *Bmal1* in the rat SCN.

Angiotensin II (Ang II), a key molecule for cardiovascular regulation, influences the activity of brain areas involved in the determination of circadian-dependent variations of blood pressure^[13]. Therefore, the expression of Ang II type 1 (AT1) receptors in the same brain area of rats was also studied.

Materials and methods

Preparation of sinoaortic-denervated (SAD) rats Male Sprague-Dawley (SD) rats were provided by Sino-British SIPPR/BK Lab Animal Ltd (Shanghai, China). At the age of 12 weeks, sinoaortic denervation was performed with a previously used method^[14,15]. Briefly, the rats were anesthetized with a mixture of ketamine (50 mg/kg) and diazepam (5 mg/kg), intraperitoneally, and were then medicated with atropine sulfate (0.5 mg/kg, intraperitoneally) and procaine benzylpenicillin (60000 U, intramuscularly). After a midline cervical incision and bilateral isolation of the neck muscles, aortic baroreceptor denervation was carried out bilaterally by cutting the superior laryngeal nerves near the vagi,

removing the superior cervical ganglia, and sectioning the aortic depressor nerves. The carotid sinus baroreceptors were denervated bilaterally by stripping the carotid bifurcation and its branches followed by the application of 10% phenol (in 95% ethanol) to the external, internal, and common carotid arteries and the occipital artery. In the control rats, the sham operation was performed under the same conditions, without cutting and removing the nerves and carotid adventitia. The animals were allowed to recover spontaneously after the denervation. All procedures were in accordance with institutional animal care guidelines, and approved by the local institutional committee.

Blood pressure measurement Blood pressure and heart period were continuously recorded using previously described techniques^[16,17]. Briefly, the rats were anesthetized with a combination of ketamine (50 mg/kg) and diazepam (5 mg/kg). A floating polyethylene catheter was inserted into the lower abdominal aorta via the left femoral artery for blood pressure measurement. The catheters were exteriorized through the interscapular skin. After a 2 d recovery period, the animals were placed for blood pressure recording in individual cylindrical cages containing food and water. The aortic catheter was connected to a blood pressure transducer via a rotating swivel that allowed the animals to move freely in the cage. After about 4 h of habituation, the blood pressure signal was digitized by a microcomputer. Blood pressure and heart period values from every heartbeat were determined online. The mean values of these parameters during a period of 4 h were calculated. The standard deviation of the mean values was also calculated and served as the variabilities of blood pressure or heart period.

Experimental protocol Four weeks after the operation, blood pressure and heart period were measured in the conscious state in a group of sham-operated ($n=10$) and SAD rats ($n=9$). The remaining 72 (36 SAD rats and 36 sham-operated) rats were brought up in a separate, environmentally-controlled room (temperature 23–25 °C) with ventilated chambers under a 12/12 h light/dark cycle (8:00–20:00 light, 20:00–8:00 dark) for at least 10 d with food and water available *ad libitum*. The light was provided by white fluorescent bulbs (220 mW/cm²). Under entrained conditions, lights on was defined as Zeitgeber time (ZT) 0. Six SAD rats and 6 sham-operated rats were killed every 4 h from ZT0 to ZT20 by ether anesthesia. The mRNA and protein expression of the clock genes (*Per2*, *Bmal1*) and AT1 receptors were examined by RT-PCR and Western blotting, respectively. The brain was removed from the skull and snap-frozen in liquid nitrogen until use. The SCN region was punched out with a 2 mm diameter needle that was inserted to a 1 mm depth into

the surface of the coronal plane, an area that included the SCN^[17,18]. The animals were killed at each time point on 3 separate days to ensure reproducibility of the gene expression cycle.

RNA extraction and RT-PCR Total RNA was extracted from the SCN using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's instructions. Total RNA concentrations were determined by spectrophotometry at 260 nm, and total RNA quality was assessed by electrophoresis on 1.3% denaturing formaldehyde agarose gels. Total RNA (<1 µg) was reverse transcribed using an RT system kit from Promega (Promega Corporation, Madison, WI, USA) according to the manufacturer's protocols. Primers were designed according to cDNA sequences reported in the GenBank database and by computer analysis using the Primer premier 5.0. (PREMIER Biosoft International, Palo Alto, CA, USA) and synthesized at the SBS Genetech Co (Beijing, China). The sequences of primers are described in Table 1. PCR was performed with the 2×Taq PCR MasterMix (Tianwei Biotech, Beijing, China) using a Peltier Thermal Cycler 200 (MJ Research Inc, Watertown, MA, USA). The PCR protocol for *Per2* was as follows: initial incubation at 94 °C for 2 min, 35 cycles of denaturation at 94 °C for 40 s, annealing at 54 °C for 1 min, and extension 72 °C for 1 min, and finally a prolonged extension step at 72 °C for 10 min. The PCR protocol for *Bmal1* and *AT1* differed slightly from that of *Per2*; annealing was performed at 58 °C or 56 °C, respectively. The relative amount of each mRNA was normalized to the housekeeping gene, β -actin, mRNA that the expression levels remained constant throughout the day. The PCR products were resolved by electrophoresis on a 2.0 % agarose gel, stained with ethidium bromide (EB), and their relative quantities were determined using the Gel-pro Analyzer 4.5 soft-

ware (Media Cybernetics, Silver Spring, MD, USA).

Western blotting Microdissected SCN tissue was homogenized in lysis buffer [50 mmol/L Tris-HCl (pH 7.5)], 150 mmol/L NaCl, 5 mmol/L EDTA, 1% NP-40, 1 mmol/L PMSF, plus a protease inhibitor cocktail (pH 7.4) for 30 min on ice. After removal of tissue debris by centrifugation (12 000×g, 5 min), the protein concentration of each lysate sample was determined using the BCA-100 protein assay kit (Boshide Biotech, Wuhan, China) according to the manufacturer's instructions. The samples were boiled in ×2 SDS sample buffer and loaded with 50 µg proteins per lane onto 8% SDS-polyacrylamide gels. Following separation at 125 V for 120 min, the proteins were transferred onto nitrocellulose membranes, which were then blocked with 5% nonfat dried milk in TBS-Tween (10 mmol/L Tris-HCl, pH 7.5, 150 mmol/L NaCl, 0.25% Tween-20) for 4 h at room temperature. After brief washes, the membranes were incubated with polyclonal anti-mouse *Per2* (1:100) and *Bmal1* (1:200) antibodies (Abcam Inc, Cambridge, MA, USA) at 4 °C overnight. Immunoreactive bands were visualized using anti-rabbit IgG-HRP antibody and an ECL chemiluminescence system (Santa Cruz Biotech. Inc, CA, USA). The exact quantities of *Per2* and *Bmal1* were normalized against actin as a constitutively expressed internal control using optical density determined by the Gel-pro Analyzer 4.5 software (Media Cybernetics, USA).

Statistical analysis The statistical analyses were conducted directly with SPSS11.5 software. All data are expressed as mean±SD. Multi-group mean values were compared by using ANOVA followed by Student Newman-Keuls test, and two-group mean values were compared by using an unpaired Student's *t*-test. A significant difference among mean values was assigned at $P<0.05$.

Table 1. Primer sequences used in RT-PCR.

Name	Primer sequence	Primer site	Product length (bp)	GenBank Accession No
<i>Per2</i>	Forward: 5'-GACCGATGCCATCAGACTAGC-3'	4526–4546	465	NM031678
	Reverse: 5'-GGAAGCATGTCGGAACAATCT-3'	4950–4970		
<i>Bmal1</i>	Forward: 5'-GATGCGAAGACTGGACTT-3'	681–698	319	NM024362
	Reverse: 5'-TGTGGAACCATGTGTGAG-3'	983–1000		
AT1	Forward: 5'-CTGGGCATTATCCGTGAC-3'	940–957	229	NM031009
	Reverse: 5'-TATCTGAAGGCGGTAGG-3'	1151–1168		
β -actin	Forward:	887–910	348	NM031144
	5'-TGGAATCCTGTGGCATCCATGAAC-3'			
	Reverse:	1211–1234		
	5'-TAAACGCAGCTCAGTAACAGTCCG-3'			

Results

Blood pressure and heart period in SAD rats It was found that blood pressure levels in the SAD rats were similar to those of the sham-operated rats. However, blood pressure variabilities significantly increased in the SAD rats compared with the sham-operated rats (Figure 1). Heart period and heart period variability were not modified by sinoaortic denervation operation.

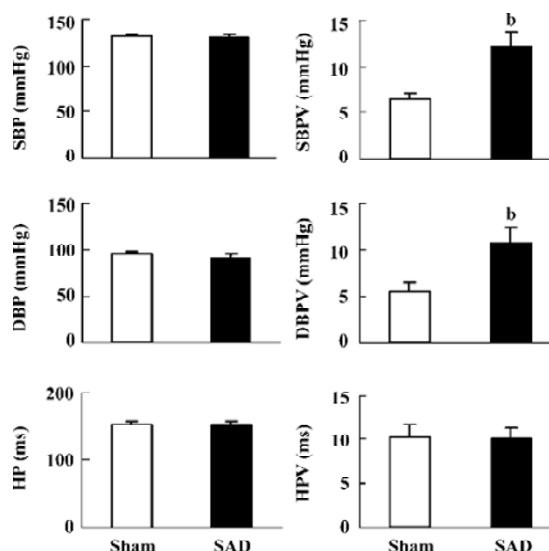


Figure 1. Blood pressure and blood pressure variability in sham-operated (Sham, $n=10$) and SAD ($n=9$) rats. SBP, systolic blood pressure; DBP, diastolic blood pressure; HP, heart period; SBPV, SBP variability; DBPV, DBP variability; HPV, heart period variability. ^b $P<0.05$ vs sham-operated rats.

Circadian expression of *Per2* mRNA in the SCN of SAD rats The *Per2* gene exhibited a robust circadian expression pattern in the SCN of the sham-operated SD rats, as previously reported in Wistar rats^[18]. By visual inspection of gel electropherogram, high intensity DNA bands were observed at ZT12, ZT16, and ZT20, and weak, but still recognized bands, at ZT0, ZT4, and ZT8 (Figure 2A). Clear circadian transcription profiles of *Per2* mRNA were detected by the relative quantitative analyses, with higher transcription levels around the light-to-dark transition (ZT12) and lower levels during the early daytime (ZT0-4). The peak expression was observed at ZT12 and was 2.19-fold stronger than the trough value at ZT0 (Figure 2B).

In the SAD rats, the *Per2* gene showed a similar, but attenuated, circadian oscillation. The intensity of the DNA bands was weaker throughout the day than in the sham-operated rats (Figure 2A). The *Per2* mRNA levels in the SCN

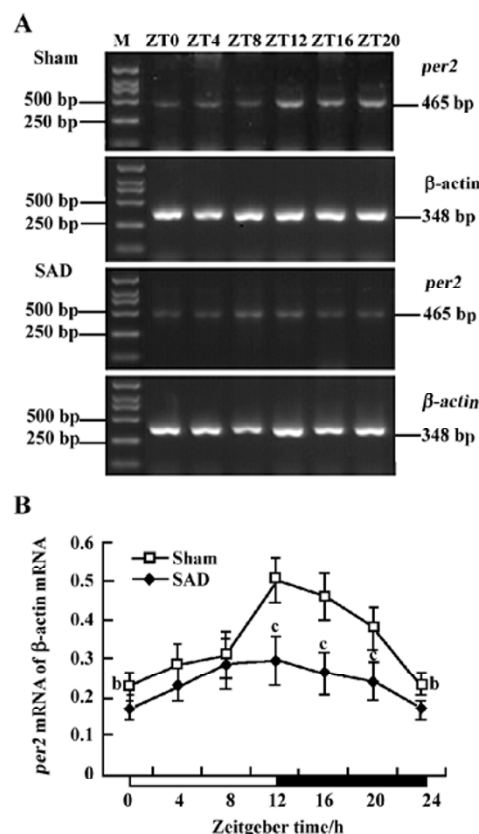


Figure 2. Circadian expression of *Per2* mRNA in the SCN of SAD and sham-operated (Sham) rats under a 12 h light/12 h dark cycle. (A) representative gel electrophoresis of PCR products stained with EB, showing *Per2* and β -actin mRNA in the SCN at 6 time points. Molecular sizes of the respective specific PCR products in relation to a molecular size standard are indicated. (B) relative quantitative analysis of *Per2* mRNA in the SCN at 6 time points. All values are normalized against the housekeeping gene, β -actin. Data represent mean \pm SD values for 6 independent experiments ($n=6$) in SAD (●) and sham-operated rats (□). ^b $P<0.05$, ^c $P<0.01$ vs sham-operated rats. M, marker; ZT, Zeitgeber time.

were significantly lower in the SAD than in the sham-operated rats at most time points, except for ZT4 and ZT8 (Figure 2B).

Circadian expression of *Bmal1* mRNA in the SCN of SAD rats A clear circadian expression of the *Bmal1* gene was observed in the SCN of the sham-operated rats, which is in accordance with the finding in Wistar rats^[19]. By visual inspection of gel electropherogram, high intensity DNA bands were detected at ZT16, whereas moderate intensity bands were detected at ZT0, ZT4, and ZT20. The intensity of the bands was faint at ZT8 and ZT12 (Figure 3A). The relative quantitative analyses displaying *Bmal1* mRNA expression reached its peak early at night at ZT16 and descended to a

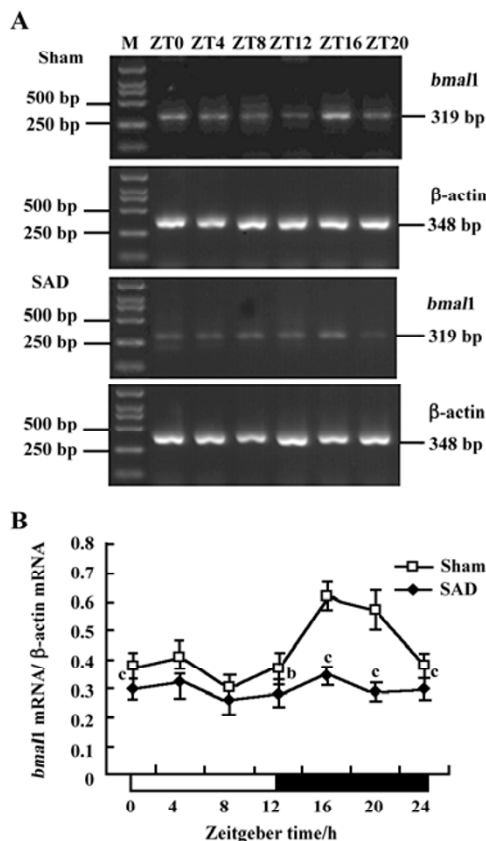


Figure 3. Circadian expression of *Bmal1* mRNA in the SCN of SAD and sham-operated (Sham) rats under a 12 h light/12 h dark cycle. (A) representative gel electrophoresis of PCR products stained with EB, showing *Bmal1* and β -actin mRNA in the SCN at 6 time points. Molecular sizes of the respective specific PCR products in relation to a molecular size standard are indicated. (B) relative quantitative analysis of *Bmal1* mRNA in the SCN at 6 time points. All values are normalized against the housekeeping gene, β -actin. Data represent mean \pm SD values for 6 independent experiments ($n=6$) in SAD (●) and sham-operated rats (□). ^b $P<0.05$, ^c $P<0.01$ vs sham-operated rats. M, marker; ZT, Zeitgeber time.

trough late in the day at ZT8. The expression pattern was anti-phase to that observed for *Per2* mRNA (Figure 3B).

In the SAD group, the *Bmal1* gene also presented synchronous, but subdued, circadian oscillation. There was scarcely any difference among the intensity of DNA bands at most time points by visual inspection of electropherogram (Figure 3A). *Bmal1* mRNA expression in SAD rats significantly decreased throughout the day compared with the sham-operated rats, except at ZT8 (Figure 3B).

Circadian expression of the *Per2* and *Bmal1* proteins in the SCN of SAD rats The proteins extracted from the microdissected SCN were probed to detect *Per2* and *Bmal1*. The anti-*Per2* antibody consistently identified a major band

of -130 kDa in the sham-operated and SAD rats, in accordance with the predicted mass of 136 kDa (Figure 4A). The intensity of the *Per2*-immunoreactivity (ir) bands exhibited a robust circadian oscillation in the sham-operated groups, with high expression during the early dark phase (ZT12–16), and low levels at the early light phase (ZT0–4), as previously reported in mice^[20]. In the SAD rats, the intensity of the *Per2*-ir bands was significantly reduced at every time point compared with the controls, but a circadian pattern persisted. The quantitative analysis of normalizing the *Per2*-ir bands against actin-ir bands demonstrated that levels peaked at ZT16 and declined to a trough at ZT4 in both groups. There was a trend for decreased *Per2* levels in the SCN of the SAD rats at most time points; the significant difference was only observed at ZT12 (Figure 4B).

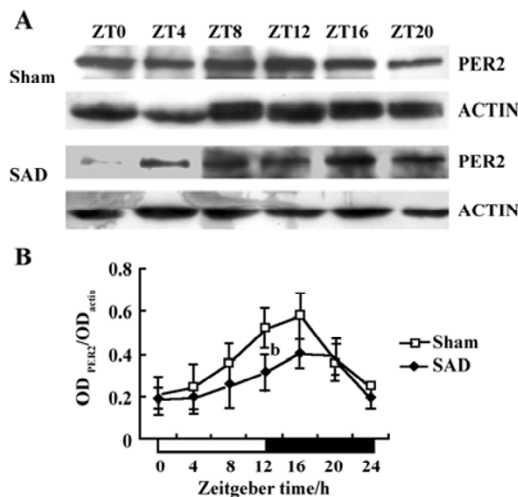


Figure 4. Circadian expression of the *Per2* protein in the SCN of SAD and sham-operated (Sham) rats under a 12 h light/12 h dark cycle. (A) Western blotting of *Per2*-ir bands in the SCN at 6 time points. (B) relative density of *Per2*-ir bands was normalized against actin-ir bands. Data represent mean \pm SD values for 6 independent experiments ($n=6$) in SAD (●) and sham-operated rats (□). ^b $P<0.05$ vs sham-operated rats. OD, optical density; ZT, Zeitgeber time.

The anti-*Bmal1* antibody identified a band around 68 kDa in the same SCN samples of the sham-operated and SAD rats (Figure 5A). The intensity of the *Bmal1*-ir band varied with a circadian pattern synchronized in both groups, with peak expression during late night at ZT16–20 and a nadir early in the subjective day at ZT0–4, accorded with the findings in Wistar rats^[21]. The quantitative analysis of normalizing the *Bmal1*-ir bands against actin-ir bands showed that *Bmal1* expression reached its peak at ZT20 and descended

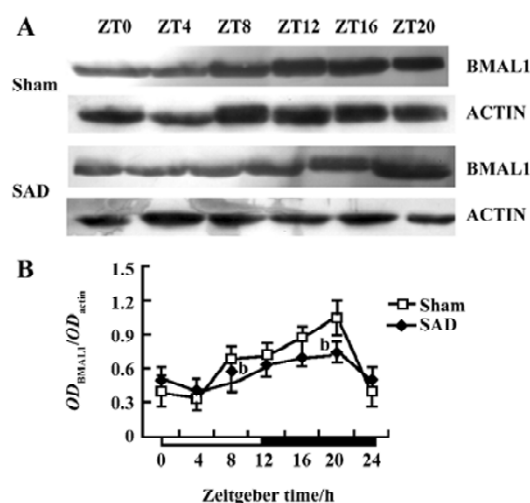


Figure 5. Circadian expression of the *Bmal1* protein in the SCN of SAD and sham-operated (Sham) rats under a 12 h light/12 h dark cycle. (A) Western blotting of *Bmal1*-ir bands in the SCN at 6 time points. (B) relative density of *Bmal1*-ir bands was normalized against actin-ir bands. Data represent mean \pm SD values for 6 independent experiments ($n=6$) in SAD (●) and sham-operated rats (□). ^b $P<0.05$ vs sham-operated rats. OD, optical density; ZT, Zeitgeber time.

to a trough at ZT4. The *Bmal1* levels significantly decreased at ZT8 and ZT20 in the SCN of the SAD rats compared with the sham-operated groups (Figure 5B).

These results reinforced the findings that the circadian rhythm of some clock gene cycles in the SCN were attenuated after interruption of the arterial baroreflex.

Circadian expression of AT1 receptor mRNA in the SCN of SAD rats The circadian expression pattern of AT1 receptor mRNA expression in the SCN of the sham-operated rats was obvious. High-intensity bands were detected during the dark phase (ZT12–20), while weak intensity bands were detected in the light phase (ZT0–8, Figure 6A). AT1 receptor expression peaked at ZT16 and descended to a trough at ZT8 in the sham-operated rats (Figure 6B).

In contrast, the circadian expression profile of AT1 receptor mRNA changed to a bimodal pattern in the SCN of the SAD rats. High-intensity bands were detected abnormally at ZT4 (Figure 6A). AT1 receptor mRNA levels in the SAD group significantly increased in the light phase, greater than in the sham-operated group (Figure 6B).

Discussion

The present work shows, for the first time, that arterial baroreflex dysfunction may dramatically attenuate the circadian variation of clock gene expression in the SCN. The main findings of this study are as follows: (i) although *Per2*

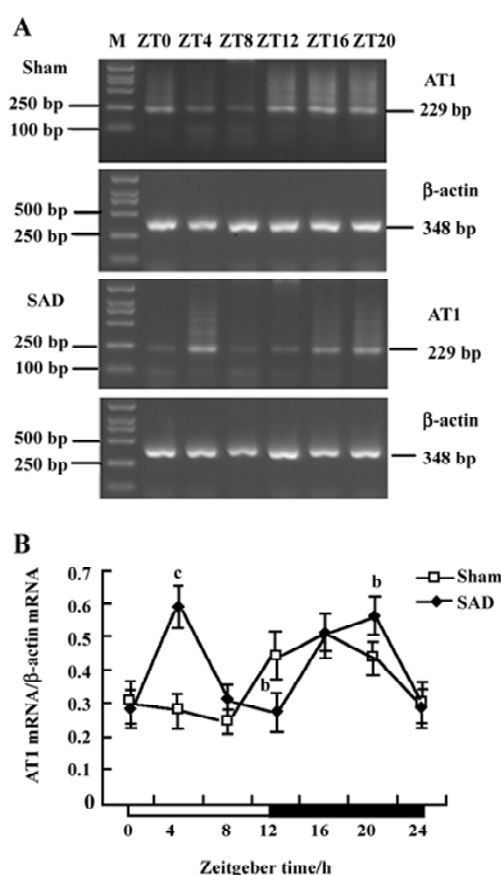


Figure 6. Circadian expression of AT1 receptor mRNA in the SCN of SAD and sham-operated (Sham) rats under a 12 h light/12 h dark cycle. (A) representative gel electrophoresis of PCR products stained with EB showing AT1 and β -actin mRNA in the SCN at 6 time points. Molecular sizes of the respective specific PCR products in relation to a molecular size standard are indicated. (B) relative quantitative analysis of AT1 mRNA in the SCN at 6 time points. All values are normalized against the housekeeping gene, β -actin. Data represent mean \pm SD values for 6 independent experiments ($n=6$) in SAD (●) and sham-operated rats (□). ^b $P<0.05$, ^c $P<0.01$ vs sham-operated rats. M, marker; ZT, Zeitgeber time.

and *Bmal1* mRNA oscillated synchronously in the SCN of the SAD and sham-operated rats, the expression of mRNA levels and amplitude of oscillation were remarkably depressed in the SAD rats; (ii) the contents of the *Per2* and *Bmal1* proteins and the extent of the circadian variations were distinctly weakened in the SCN of the SAD rats compared with the controls; and (iii) AT1 receptor mRNA expressions in the SCN were abnormally upregulated in the light phase and altered the circadian rhythm of AT1 receptors in the SAD rats.

Circadian clock is normally entrained by periodic environmental cues, with the daily light-dark cycle being the most

potent entraining signal in mammals. The clock showed phase delay and phase advance shifts in response to light exposure in early and late night, respectively. *Per1* and *Per2* have been demonstrated to be light-inducible in different rodent species^[22,23]. In the present study, *Per2* and *Bmal1* genes oscillated synchronously in the SCN of the SAD and sham-operated rats. The peak level of *Per2* mRNA was observed at ZT12 and at the trough level at ZT0, while *Bmal1* mRNA transcription reached a peak at ZT16 and a nadir at ZT8. However, the *Per2* and *Bmal1* mRNA levels and the amplitude of oscillation were dramatically reduced in the SCN of the SAD rats. The phenomena were confirmed by a Western blot analysis of *Per2* and *Bmal1* proteins in the same samples. Circadian profiles of the *Per2* protein exhibited evident oscillation with a peak at ZT16; the *Bmal1* protein showed a nocturnal peak at ZT20, indicating that the protein cycles were delayed by about 4–6 h, relative to the mRNA cycles under the light-dark conditions in the SCN. Similarly, the contents of *Per2* and *Bmal1* proteins at certain time points and the extent of circadian variations were distinctly weakened in the SCN of the SAD rats compared with the controls. The post-transcriptional regulation mechanisms may implicate the difference between the levels of mRNA and proteins of the clock genes. Our findings suggested that interruption of the arterial baroreflex could attenuate the circadian expression and rhythmicity of some central clock genes.

The ABR is most important in the regulation of heart rate and the stabilization of blood pressure. When ABR function is destroyed by sinoaortic denervation operation, blood pressure becomes unstable and blood pressure variability is great. However, the blood pressure level remains unchanged^[14,15]. ABR function is impaired in hypertension, heart failure, and diabetes and has been found to be a crucial determinant of sudden death after acute myocardial infarction^[24]. In hypertensive rats, the target organ damage correlates negatively with ABR function^[10,25]. Interruption of ABR by sinoaortic denervation induced aortic and cardiac hypertrophy independent of the mean level of blood pressure^[26–28]. In the present study, it was found that dysfunction of the ABR attenuated the circadian expression of clock genes in the SCN. It has been reported that mean blood pressure was significantly elevated during the light period in the SAD rats, thus the 24 h rhythmicity in mean blood pressure was suppressed and a bimodal pattern was observed under light-dark cycles, whereas the heart rate and locomotor activity were not dramatically affected in the same rats^[12]. Although the precise mechanisms responsible for the selective elimination of the circadian rhythm of mean blood pressure in the SAD rats have not yet been satisfactorily clarified, the alter-

ation of central clock genes induced by the disruption of ABR may be related with the phenomenon. These results further support the finding that ABR is not only important in maintaining the stability of blood pressure in the short term, but also in regulating the diurnal variation in blood pressure during a 24 h cycle.

It is well established that the central nervous system plays an important role in controlling ABR function. The major baroreceptor reflex pathway exists in the brain stem, such as the nucleus tractus solitarius and the caudal and rostral ventrolateral medulla^[29]. Although these brain regions do not project directly to the SCN, the multisynaptic connections between them are much more extensive. Using the retrograde transneuronal tracer, the pseudorabies virus (PRV), which localizes the afferent inputs to the SCN in SD rats, has demonstrated that cells in the nucleus tractus solitarius, C3 catecholamine region, rostral ventrolateral medulla, periaqueductal gray matter, and lamina I and dorsomedial area of the spinal trigeminal nucleus are higher order sites in pathways which affect the SCN^[30]. The presence of PRV-infected neurons in the brain stem indicates a pathway associated with regulatory mechanisms of arterial pressure which can influence SCN function and even clock gene expression. However, there is insufficient evidence showing a direct action of ABR on gene expression in SCN.

The renin-angiotensin system (RAS) is one of the major humoral mechanisms regulating cardiovascular function. Ang II plays a major role in the modulation of blood pressure, stimulation of vasopressin and aldosterone release, sodium appetite, and sympathetic facilitation. Most of these effects show a day-night variation and are mediated via AT1 receptors. Furthermore, the SCN contains not only Ang II-immunoreactive cells and fibers, but also a high density of Ang II receptors^[31]. It was recently described that Ang II induces oscillatory expression of clock genes in vascular smooth muscle cells through the AT1 receptor subtype^[32] and alters the ABR through peripheral (vascular and renal) and central effects^[33]. Impaired ABR function is usually accompanied by overactivation of tissue RAS. Previous studies have confirmed that plasma Ang II levels did not increase in the chronic phase of sinoaortic denervation; in contrast, cardiac, aortic, and renal Ang II contents increased and AT1 receptor mRNA expression in the left ventricle and aorta was upregulated after sinoaortic denervation^[34,35]. In the present work, the SCN AT1 receptor mRNA expression was abnormally upregulated in the light phase, resulting in the circadian rhythm of AT1 receptors from a 24 h cycle to a 12 h cycle in the SAD rats. This is in accordance with the changes of blood pressure rhythm induced by the interruption of ABR.

It is reasonable to hypothesize that ABR dysfunction may activate tissue RAS, including the SCN. Ang II acts as a candidate entraining signal, altering circadian expression of central clock genes through AT1 receptors. However, the cause-effect relationship between the changes in clock genes and RAS is not clear at this stage of study.

In conclusion, the circadian variation of the 2 central clock genes was attenuated in the SAD rats. ABR dysfunction also induced a disturbance in the expression of AT1 receptors in the SCN. The precise mechanisms underlying ABR dysfunction inducing an attenuated expression of the 2 clock genes remain to be elucidated in the future.

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