

# Full-length article

# Influence of intralipid on free propofol fraction assayed in human serum albumin solutions and human plasma

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## Key words

## Abstract

propofol; unbound drugs; human serum albumin; drug binding; intralipid; plasma

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Aim: It is generally assumed that only unbound drugs can reach the site of action by diffusing across the membranes and exerting pharmacological effects by interacting with receptors. Recent research has shown that the percentage of free drugs may depend on the total drug concentration. The aim of the paper is to verify whether the mentioned dependence reported for propofol also takes place in plasma and human serum albumin samples in the presence of intralipid - the medium used as a vehicle for propofol infusions and a parenteral nutrition agent. Methods: Artificial plasma samples and human plasma were spiked with intralipid or ethanolic solutions of propofol. The samples were then assayed for free propofol concentration using ultrafiltration and high performance liquid chromatography with fluorimetric detection. Results: The decrease of the total drug concentration results in free propofol fraction increase, irrespectively of the used type of propofol solvent and sample type. The addition of intralipid causes the lowering of the overall free drug fraction with respect to the samples spiked with ethanolic solutions of the drug. **Conclusion:** The presence of intralipid does not influence the phenomenon of free propofol fraction rise at low total drug concentration. Such a rise cannot be ignored in clinical conditions when the drug is applied for sedative, antiemetic or other low-dosage purposes.

# Introduction

The main medium distributing drugs in the human organism is blood, in which they are partly bound with proteins and blood cells and partly exist in a free form. It is generally assumed that only an unbound drug can reach the site of action by diffusing across the membranes and exerting pharmacological effects by interacting with receptors<sup>[1]</sup>. For this reason, the therapeutic effect of a drug should be related not to its total, but to its free concentration. Most frequently, however, the therapeutic effect of a drug is correlated with its total concentration, since for many drugs, their free fraction is constant in the wide range of their total concentrations. Moreover, the procedure of total drug assay is cheaper, quicker and simpler. Free drug measurement is recommended mainly for the potentially dangerous drugs of a narrow therapeutic window with significant toxic effects at higher concentrations and when the protein level is changing<sup>[2]</sup>, for example, in the case of renal or hepatic failure<sup>[3,4]</sup>. It should also be remembered that changes in the free fraction of a drug are more pronounced for highly-bound drugs, where even a slight decrease in protein binding may substantially increase their free fraction and cause a dangerous toxic effect.

Propofol is an example of a high (97%–99%) protein-binding drug<sup>[5–9]</sup>. It is one of the most frequently applied intravenous anesthetics used mainly for induction and maintenance of total anesthesia. It is also used in smaller doses for sedative, antiemetic, antipruritic or anticonvulsant purposes<sup>[10]</sup>. As its effect site is the central nervous system, propofol can be highly dangerous when applied as a sedative agent in longtime infusions to high-risk patients hospitalized in intensive care units.

The decrease of total propofol concentration below 3  $\mu$ g/mL leads to an increase of its free fraction<sup>[11]</sup>. At very low total propofol concentrations, its free fraction tends to reach 100%<sup>[11]</sup>. The cited results were obtained when investigat-

ing the total and free drug concentration in human plasma and human serum albumin (HSA) solutions spiked with an ethanolic solution of propofol. It is not known however if the same happens in protein samples (plasma or HSA) spiked with propofol in intralipid emulsion (eg Diprivan, Astra-Zeneca, Caponago, Italy). Some changes can be expected, taking into account the results obtained by Zamacona *et al*<sup>[12]</sup>. who have shown the increase of propofol binding by blood proteins at elevated concentrations of triglycerides and cholesterol. The resolution of this problem is important for 2 reasons: (1) clinically, because in a typical clinical procedure propofol is administered in the form of soybean oil emulsion; and (2) analytically, to find out if it is essential to spike protein samples with propofol in intralipid solution or if the ethanolic solutions of propofol are sufficient to model the discussed phenomenon.

#### Materials and methods

### Sample preparation and processing

Artificial plasma (HSA solution) A part of the investigations was performed using artificial plasma solutions containing different amounts of HSA. They were obtained by diluting the HSA preparation (ZLB, Bern, Switzerland) with the physiological sodium chloride solution (Polfa, Lublin, Poland) to a required concentration. The following solutions were prepared: 3, 4, 6.5 and 8 g/100 mL.

Human plasma Plasma was obtained from the blood of a healthy volunteer. Blood sampling was performed after obtaining an approval from the University Ethics Committee and consent from the subject. The plasma was isolated from heparinized blood by centrifugation at  $85 \times g$ .

Propofol solutions Three types of propofol solutions were prepared:

1. Artificial plasma samples containing 4 g of HSA per 100 mL of the solution were spiked with propofol (Aldrich, Steinheim, Germany) solution in 40% ethanol (POCh, Gliwice, Poland) to reach the following total propofol concentrations: 1, 3, 5, 8, and 12  $\mu$ g/mL. No intralipid was present in these samples. The final concentration of ethanol in the samples was 0.2% (different volumes of propofol solution were mixed with 40% ethanol in order to introduce the constant volume of alcohol into each sample).

2. Artificial plasma samples containing 3 or 4 or 6.5 or 8 g HSA/100 mL were spiked with Diprivan<sup>TM</sup> preparation (AstraZeneca, Caponago, Italy), that is, 1% propofol solution in intralipid to the following total propofol concentrations: 1, 3, 5, 8, and 12  $\mu$ g/mL. The final samples contained the intralipid concentration of 10, 30, 50, 80, and 120  $\mu$ g/mL respectively.

3. Artificial plasma samples containing 5 g of HSA per 100 mL of the solution were spiked with Diprivan. Subsequently, intralipid (100 mg/mL soybean oil/water emulsion; Baxter Healthcare, Thetford, UK) was added so that the final samples contained constant amount of intralipid (120  $\mu$ g/mL) and 1, 3, 5, 8, or 12  $\mu$ g/mL of propofol.

Apart from the artificial systems, samples of human plasma spiked with intralipid propofol solution to the total propofol concentrations of 1, 3, 5, 8, and 12  $\mu$ g/mL were studied. The obtained samples contained the intralipid concentrations of 10, 30, 50, 80, and 120  $\mu$ g/mL, respectively.

Unbound propofol isolation Unbound propofol was isolated by ultrafiltration on Amicon Micropartition System (MPS) units (Millipore, Bedford, MA, USA), utilising the YM-10 membranes (product no. 40424, Millipore, USA) of a 10 kDa molecular mass cut-off. The ultrafiltration units were centrifuged in a constant rotor angle centrifuge MPW-341 (Mechanika Precyzyjna, Warsaw, Poland). One mL of each solution was put into the sample compartment of the ultrafiltration unit. After the attachment of the ultrafiltrate collection container, the unit was centrifuged at  $800 \times g$  until 400 mL of ultrafiltrate was obtained.

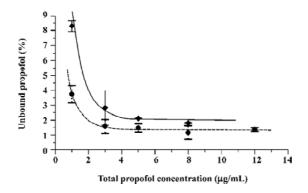
Propofol assay For propofol assay, to each ultrafiltrate of plasma sample (artificial or native, 400 µL), thymol (internal standard), dihydrogen sodium phosphate (1 mL of 0.1 mol/L NaH<sub>2</sub>PO<sub>4</sub>), and cyclohexane (3 mL) were added. The mixtures were vigorously shaken for 10 min at 200 r/min. After centrifugation  $1100 \times g$  for 5 min, to separate the phases, an aliquot of the cyclohexane layer (2 mL) was transferred to a clean tube with tetramethylammonium hydroxide (TMAH) solution (10  $\mu$ L). The solvent was evaporated until dry in a stream of nitrogen. The residue was redissolved in the mobile phase and injected into the chromatographic column. The limit of propofol quantitation in plasma ultrafiltrate was 3.7 ng/mL with a coefficient of variation (n=3) of 11.1% at 5 ng/mL, 12.1% at 20 ng/mL and 9.8% at 40 ng/mL. The relative error of determination (n=3) was 32.0% at 5 ng/mL, 9.3% at 20 ng/mL and -6.8% at 40 ng/mL. The linearity range of the whole analytical procedure was from 3 to 650 ng/mL. Other details of sample preparation and the measurement procedure are found in other studies<sup>[7–9]</sup>.

**Chromatographic equipment** The concentrations of propofol were measured by high performance liquid chromatography (HPLC) in plasma as well as in cerebrospinal fluid (CSF). A Gilson liquid chromatograph (Middleton, WI, USA) consisting of a dual high-pressure pump (Model 122) integrated with a manometric module and a dynamic mixer was employed for HPLC analysis. Propofol in the plasma ultrafiltrate was detected with a fluorescence detector (Jasco FP-920, Tokyo, Japan) set at an excitation wavelength of 276 nm and at an emission wavelength of 310 nm. Chromatographic separations were carried out using a 150×4.6 mm id  $C_{18}$  silica gel column (Kromasil  $C_{18}$ , 5 µm, HiChrom, Novato, CA, USA) equipped with a 0.5 µm prefilter (Supelco, Bellefonte, PA, USA) and a guard column ODS  $C_{18}$  (Alltech, Deerfield, IL, USA). The samples were injected into the column by a Model 7125 injection valve from Rheodyne (Cotati, CA, USA).

**Reagents and solutions** All chemicals, except those separately mentioned, were obtained from the Polish Factory of Chemical Reagents-POCh (Gliwice, Poland) and were of analytical grade. A mixture composed of 75% methanol and 25% deionized Milli-Q water (v/v) was used as the mobile phase. Stock solutions of thymol and propofol in methanol (1 mg/mL) were each prepared and stored at 4 °C. TMAH (25% solution in methanol; Aldrich, Germany) was diluted with isopropanol (3:37 v/v).

### **Results and Discussion**

As earlier outlined, the objective of the present study was to verify if the free propofol fraction increase at a low total drug concentration observed in plasma and HSA solutions spiked with propofol in ethanolic solution<sup>[11]</sup> occurs when propofol is introduced into protein samples in intralipid emulsion. The run of the relationships between the free propofol fraction and total drug concentration shown in Figure 1 proves that the free propofol fraction increases irrespective of the type of propofol solvent used. Moreover, a significant increase of the free propofol fraction below the total propofol concentration of 3  $\mu$ g/mL was observed. Thus, the increase of the free propofol fraction resulting from the decrease of total drug concentration occurs both in the pres-



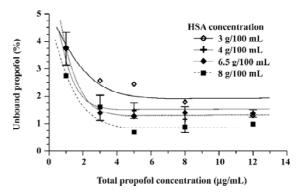
**Figure 1.** Unbound propofol percentage vs total propofol concentration in HSA solutions (4 g/100 mL) spiked with propofol dissolved in 40% ethanol (solid line; SD thin solid bars, n=3) and in intralipid emulsion (dashed line; SD thick dashed bars, Mean±SD, n=3).

ence of ethanol and intralipid.

In the present research, the precise range of the free propofol fraction is not as important as the occurrence of its increase at a low total drug concentration. Hence, it was decided to apply the typical procedure of propofol determination by a simpler and more reliable HPLC with fluorescence detection<sup>[13]</sup> rather than the GC procedure requiring propofol derivatization<sup>[11]</sup>.

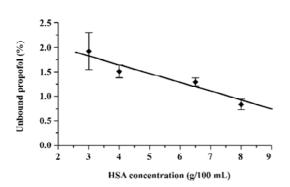
As seen in Figure 1, the main difference between the investigated systems is the level of unbound propofol percentage. Spiked HSA with propofol in intralipid solution lowers the free drug fraction in comparison with the samples spiked with ethanolic solution. The observed decrease of the free drug percentage can be attributed to the lipoprotein modification of HSA by soybean lipids resulting in higher affinity of the formed lipoproteins towards propofol.

Other experiments performed with different HSA concentrations in artificial plasma spiked with intralipid solution of propofol (see Figure 2) not only confirm the increase of the free propofol fraction at a low total drug concentration for a wide range of protein concentrations (3–8 g/100 mL), but also allow one to formulate the relationship between the free drug percentage and the total protein concentration (see Figure 3). The observed decrease of the unbound propofol percentage with the increase of protein content in the sample is logical considering the binding properties of HSA towards the drug.



**Figure 2.** Unbound propofol percentage vs total propofol concentration in HSA solutions of different HSA concentration (3-8 g/100 mL) and spiked with intralipid emulsion of propofol (single measurements, except for 4 g HSA/100 mL. Mean±SD. n=3.

The phenomenon of the free propofol fraction increase at low total drug concentrations in the samples spiked with propofol in the intralipid emulsion is typical, not only for artificial plasma, but also for the samples of natural plasma (see Figure 4). As discussed, the increase of the free propofol



**Figure 3.** Changes of unbound propofol percentage vs HSA concentration at a constant propofol concentration of 7  $\mu$ g/mL. Mean±SD. n=3.

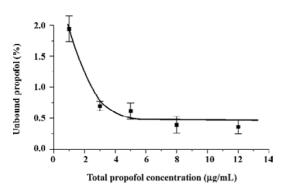
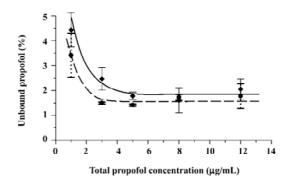


Figure 4. Unbound propofol percentage vs total propofol concentration in plasma spiked with intralipid emulsion of propofol (Mean $\pm$ SD, n=3).

fraction is observed below 3  $\mu g/mL$  of the total propofol concentration.

The samples prepared for the experiments illustrated in Figures 1-4 contained not only different amounts of propofol, but also proportionally different amounts of intralipid. Such variations are typical for patients receiving intralipid only in the form of propofol intralipid emulsions, that is, the greater the propofol infusion dose, the greater the amount of infused intralipid. It can be said that the observed increase of free propofol fraction resulting from the decrease of the total drug concentration is connected with the lowering intralipid concentration in the samples. In order to exclude the influence of intralipid concentration changes on the observed phenomenon, it was decided that the experiment be repeating and keeping the intralipid concentration at a constant level of 120 µg/mL, which corresponds to the highest investigated concentration of propofol. The results of this experiment are presented in Figure 5. The data in Figure 5 may be treated as more representative for the samples taken from patients receiving not only propofol infusions, but also drug-



**Figure 5.** Unbound propofol percentage *vs* total propofol concentration in HSA solution spiked with intralipid emulsion of propofol (solid line; SD thin solid bars, n=2) and with intralipid addition up to the constant final intralipid concentration (120 µg/mL) - dashed line (SD thick dashed bars, Mean±SD, n=3).

free intralipid as a parenteral nutrient. Figure 5 shows that the decrease of the total propofol concentration below 3 µg/mL leads to an increase of its free fraction despite the intralipid concentration. The smaller values of the free drug percentage in the samples containing 120 µg/mL of intralipid can also be attributed to the increased affinity of propofol to the lipid-modified HSA molecule. The whole collected data set (see Figures 1-5) suggests also that the unbound propofol fraction changes tend to be far less pronounced at total drug concentrations higher than  $3 \mu g/mL$ , that is, at the level which typically exists in the blood of patients when propofol total anesthesia is maintained. Thus, the discussed effect is not likely to occur in total anesthesia conditions, provided that the patients' hemodynamic parameters remain stable. Changes of hemodynamic parameters during anesthesia can cause free propofol fraction change, as presented by Takizawa et al<sup>[14]</sup>.

The following conclusions were reached:

1. The presence of intralipid in protein samples does not suppress the rise of the unbound propofol fraction at small total drug concentrations, however, the addition of intralipid noticeably lowers the free propofol percentage. The overall rise of the free propofol fraction at a low total drug concentration, occurring even at the presence of intralipid, must not be ignored when the drug is applied for sedative, antiemetic or other low-dosage purposes.

2. The relationship between the protein concentration and the unbound propofol fraction is almost linear.

3. The obtained results suggest that the protein samples spiked using ethanolic propofol solutions can be treated as representative for human plasma samples taken from the patients receiving propofol infusions in the intralipid form.

4. The increase of the free propofol percentage induced

by the decrease of the total drug concentration in the presence of protein-binding intralipid suggests the need for a broader scope of research concerning drug-protein interactions, particularly the influence of 1 drug total concentration on the free fraction of another drug. The present results are by no means sufficient in this respect.

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