# Cytopathological evaluations combined RNA and protein analyses on defined cell regions using single frozen tissue block

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## ABSTRACT

The co-existence of multiple cell components in tissue samples is the main obstacle for precise molecular evaluation on defined cell types. Based on morphological examination, we developed an efficient approach for paralleled RNA and protein isolations from an identical histological region in frozen tissue section. The RNA and protein samples prepared were sufficient for RT-PCR and Western blot analyses, and the results obtained were well coincident each other as well as with the corresponding parameters revealed from immunohistochemical examinations. By this way, the sampling problem caused by cell-cross contamination can be largely avoided, committing the experimental data more specific to a defined cell type. These novel methods thus allow us to use single tissue block for a comprehensive study by integration of conventional cytological evaluations with nucleic acid and protein analyses.

Key words: RNA and protein preparation, defined histological region, serial frozen section, gene expression.

### **INTRODUCTION**

In RNA and protein studies, the existence of multiple cell components in tissue specimens remains an annoying issue in the attempt to correlate the results to an identical cell type. Furthermore, the conventional RNA and protein preparations do not allow the use of one tissue block for multiple experimental purposes. Since the cell components are variable even in the same specimen, it is sometimes difficult to judge the results, especially the quantitative ones, obtained from different blocks. It is therefore necessary to develop a reliable and more efficient technique by which paralleled RNA and protein isolations as well as multiple analyses on the serial frozen sections can be performed on the defined histological region(s) with the same tissue block.

## MATERIALS AND METHODS

### Surgical specimens

Gastric cancer specimens were collected from the Department of Surgical Oncology of our Affiliated Hospital within 1 hour after removal. After careful pathological examination, the tissue blocks from six representative cases with heterogeneous morphological compositions were chosen for further analyses. The manner of sample collection and treatment was the same as described previously[1].

### Serial frozen section for multiple evaluations

The frozen tissue blocks were sectioned serially in 5 mm thickness and fixed in ice-cold acetone for 20 min. One slide was used for pathological determination by H and E staining, and the next ones for immunocytochemical staining (ICC) of the target gene products, such as the Receptor of hyaluronic acid mediated motility (RHAMM) demonstrated in this study. According to the morphological observation and ICC results, the defined histological regions were selected from the tissue block respectively, and then subjected to RNA and protein preparations by the methods described below.

### Immunocytochemical staining (ICC)

The anti-human RHAMM antiserum was generously provided

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by Dr. Assmann V (Imperial Cancer Research Fund Laboratory, St. Thomas' Hospital, London, UK). It was generated by immunization of rabbits with a recombinant RHAMM protein was used for RHAMM immunocytochemical staining[2]. The staining was done by the procedures described elsewhere[3]. Bindings of the antibodies were detected by a peroxidase color reaction using 3,3diaminobenzidine tetrahydrochloride (DAB) as substrate.

# Sample Collection from defined region in frozen sections

According to the histological observation and the results of RHAMM ICC staining, the pieces of target histological region were isolated from the frozen sections firstly for RNA and then for protein preparation. Briefly, referring to the histological observation, the border of selected region in the cross section of the frozen specimen was marked gently with an autoclaved surgical knife. According to the size of the interested region, two to four pieces of 10  $\mu$ m serial sections were made for RNA preparation and eight to sixteen pieces for protein preparation. The target tissues were collected with an autoclaved piped-tip and put immediately into pre-chilled buffers for RNA or protein isolation.

### Quick RNA preparation and RT-PCR analysis

The collected sample pieces were put into  $20 \ \mu$ l RNA sample buffer containing 1.25 X PCR buffer, 5 U RNasin, 1U RQ1 RNasefree DNase and 2 mM dithiothreitol (DTT). To lyse the cells well, the sample-containing tubes were snap frozen in -80 °C ethanol bath and thawed in 37 °C water bath for three cycles. The cell lyses were incubated in 37 °C in water bath for 1 h to degrade genomic DNA, then heated in 95 °C water bath for 15 min to inactivate DNase. After being centrifuged at 13,600 g for 5 min under 4°C, 16 ml of the upper layer supernatants was collected for RT-PCR.

For reverse transcription (RT), 3.5  $\mu$ l of the supernatants was mixed with 6.5 RT solution A containing 1 X first strand buffer, 2 mM dNTP, 10 mM DTT, 100U superscript TM<sup>II</sup> reverse transcriptase, 50 pM random primer. The reaction was lasted for one hour under 37 °C and terminated at 95 °C for 5 min. After being diluted for 10 times, 2.5 µl RT product were mixed with 16 µl PCR grade water, then with  $6.5 \,\mu l$  PCR working solution containing 1 X PCR buffer, 1 mM dNTP, 50 pM upstream (5' -AGC TGG CCG TCA ACA TGT CC) and downstream (5' -CCC TTG AGA CTC TTC GAG ACT CC) primers for RHAMM, 2.5U Tag DNA polymerase. PCR was proceeded with the following parameters: 94oC for 5 min; then 92 °C for 30s, 60 °C for 30s and 72 °C for 35s for 30 cycles; finally, 75 °C for 5 min. The PCR products were resolved on an ethidium bromide-stained 1.4% agarose gel and photographed under UV illumination. The PCR products generated by the paired primers of b-actin[4] were used as the quantitative control.

### Protein preparation and Western blot analysis

Eight to sixteen target fragments were put into the tube containing 25  $\mu$  l pre-chilled 2X Laemmli SDS sample buffer (0.125 M Tris-HCl pH 6.8, 4% SDS, 20% v/v glycerol and 0.2 M DTT). After being snap frozen in -85 °C ethanol bath and thawed in 37 °C

water bath for three times, the samples were heated in boiling water for 5 min. For Western blot hybridization, 50  $\mu$ g protein samples were separated in 6% SDS-polyacrylamide gel, and then transferred to polyvinylidene difluoride membrane (Amershame, UK). The membrane was blocked with 5% skimmed milk in PBS and incubated at 25 °C with the rabbit anti-human RHAMM antibody, then with horseradish peroxidase-conjugated swine anti-rabbit IgG (Dako, Denmark). The bound antibody was detected using the enhanced chemoluminescence (ECL) system (Amersham, UK). The protein obtained from human immortalized keratinocyte line, HaCat, were used as positive control for RHAMM[5].

## **RESULTS AND DISCUSSION**

The qualitative and/or quantitative genetic events may happen transiently and/or constantly during pathogeneses of human diseases, especially in the carcinogenic processes[6-8]. Therefore, precise genetic evaluation of the cells under normal and abnormal condition is a critical approach in shedding light on the molecular mechanism of the abnormalities. However, unlike the well-controlled in vitro experimental system, the in vivo situation is complicated. One of the major elements is the heterogeneous feature of the tissue specimens. In the case of cancers, normal and/or preneoplastic epithelium, endothelium, stroma tissue as well as immunogenic cells can be observed within and around tumor masses[1],[9]. According to our morphological examination, 18 out of 31 grossly normallike gastric mucosa showed more or less inflammatory reaction (Fig 1N); and six contained preneoplastic regions (Fig 1D). Co-existence of cancer cells with other types of tissues could be observed in most cancer blocks (Fig 1T). In general, the spectrums of gene expression among the nonepithelial tissues and noncancerous gastric mucosa may not be necessarily the same and they should be unequivocally different with the one revealed by malignant cells. As shown in the ICC staining of our current study (Tab 1), the level and distribution of RHAMM protein differ distinctively with the cell types and the grade of the gastric lesions. In order to correlate the results to a defined cell type, the tissue-selective instead of the conventional whole-block RNA and protein preparations are apparently required to minimize the cell-cell contamination.

As the first step to deal with the abovementionedsampling problems, RNA preparation was



**Fig 1.** H/E histologic staining (Left) and RHAMM immunohistochemistry (Right) of the frozen sections from a gastric adenocarcinoma. N, grossly normal-like gastric mucosum (×20); D, dysplasia Grade II with intestinal metaplasia (×20); T, cancer tissue (×40).

Case	Selected region	ICC Labeling #		RT-PCR	Western
		Ι	S	Product(s) in bp	(kd)
$1^{*}$	Normal	-	-	-	-
	Well Diff. Carcinoma	+	+	600/656	45, 64, 73, 90, 95
2	Inflammatory mucosum	+	-	656	45, 90, 95
	D III	+	++	600/656	45, 64, 73, 90, 95
	Moderately diff. Carcinoma	<u>±</u>	++	600	45, 64, 73, 95
3	Normal	-	-	-	-
	DII	+	+	600/656	45, 90, 95
	Poorly differentiated	+	++	600/656	45, 64, 73, 90, 95
4	Atrophic gastritis	+	<u>+</u>	656	45, 64, 90, 95
	D III	+	++	600/656	45, 64, 73, 90, 95
	Poorly diff. Carcinoma	++	++	600/656	45, 64, 73, 90, 95
5	Atrophic gastritis with DII	++	+	600/656	45, 64, 73, 95
	Undifferentiated carcinoma	++	++	600/656	73, 90, 95
6	Atrophic gastritis with DI	+	+	656	45, 95
	Moderately diff. Carcinoma	+	++	600/656	64, 73, 95
	Signet-ring cell carcinoma	++	<u>+</u>	656	45, 95

Tab 1. RHAMM expression patterns in the selected regions of single tissue blocks

# I, intracellular labeling; S, cell surface labeling.

\* The data are demonstrated in Fig 1 and 2. D I to III, dysplasia grade I to grade III.

performed on the specified histological region collected from the frozen section. In comparison with the similar protocols reported previously[6-9], there are several improvements in the sample processing. Firstly, the target fragments are collected directly after cutting and treated without any procrastination. Consequently, potential RNA degradation can be largely avoided. Secondly, paralleled RNA isolations can be performed on the different histological regions in the same section, permitting a more convincing evaluation of gene expression patterns among different cell types (Fig 2). Because of the high yield of this method, only few sections are required in each preparation, making it possible to closely link the RNA data to the morphological and immunohistochemical message revealed from the pre-sliced sections. In comparison with the laser capture microdissection methodology, this method can be performed easily, and is more efficient and economic for common practice. Therefore, it would have a broader application in the basic and, especially, clinical research.

So far, main concerns have been focused on the management of RNA and DNA in tiny tissues or old fixed specimens[8-14] or in the identical histological region[15]. Similar effort for protein preparation has received less attention. Nevertheless, it is necessary to do paralleled RNA and protein studies using the materials obtained from the same cell population. To fill this vital gap for a confidential evaluation of gene expression, cell type-selective protein isolation was followed just after sectioning for RNA preparation. It is demonstrated (Tab 1) that the results of RHAMM RT-PCR and Western blot analyses are matched well and closely coincident with the ones of immunocytochemical staining. Briefly, the normal gastric mucosa were labeled negatively in the immunocytochemical staining (Fig 1N) with neither RT-PCR amplification (Fig 2a) nor protein detection (Fig 2b). RHAMM molecules were distributed mainly in cytoplasm of the mucosa with inflammation changes or at early preneoplastic stages (Fig 1D); the RT-PCR products in 656bp and the proteins in 45kd, 90kd and 95kd corresponding to intracellular RHAMM[2], [5] could be detected in the RNA and protein samples extracted selectively from those regions (Fig 2a and 2b). A close correlation of tumor progression and cell surface RHAMM immunocytochemical labeling (Fig 1T) could be established by showing the co-appearance of extra 600bp product of mutant variant exon 4 and additional bands in 64kd and/or 73kd (Fig 2a and 2b). Moreover, the ideology of our work is also feasible to tissue-selective DNA isolation (data not shown). Thus, the novel methods described here may allow us to conduct a comprehensive and more informative study with single tissue block, by combining the slice observations such as pathological examination, immunocytochemical staining and nucleic acid hybridization (ISH) with the techniques for qualitative (DNA) and quantitative (RNA and protein) genetic analyses. It also becomes possible to use one tissue block to check a panel of genetic markers with multiple techniques.



**Fig 2.** RHAMM RT-PCR amplification (a) and Western blot hybridization (b) using the RNA and protein samples prepared from the histological regions shown in Fig 1.

An exciting opportunity facing us is identify the entire range of genetic alterations occurred in human abnormalities by genomic and proteomic studies[16-19]. Since those techniques are highly sensitive, cautious morphological evaluation should be performed on the original tissue block to ascertain that the sample RNA and/or protein prepared are extracted from a defined cell type/histological region[16]. Another important issue is to give the tissue samples full uses by high throughput extraction methods, because once going to larger high-density biochips for comparative genomic hybridization (CGH), expression profiling and proteomic analyses, more extracted materials will be consumed. In this regard, a series of tissue-selective nucleic acid and protein preparations described here, especially when it is followed by corresponding frozen tissue arraying, may hold high practical values in the field of genomic studies for screening novel genetic markers associated with the target abnormality.

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