PRACTICAL GENETICS

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Otopalatodigital syndrome spectrum disorders: otopalatodigital syndrome types 1 and 2, frontometaphyseal dysplasia and Melnick-Needles syndrome

The term otopalatodigital syndrome spectrum disorders is an umbrella category that includes four phenotypically related conditions, otopalatodigital syndrome types 1 and 2, frontometaphyseal dysplasia and Melnick-Needles syndrome. The phenotype of these conditions in the male ranges from a severe perinatally lethal multiple malformation syndrome to a mild skeletal dysplasia. Most, but not all, instances of these conditions are associated by mutations in the X-linked gene encoding the cytoskeletal protein filamin A. Mutations in this gene are clustered, exhibit a strong genotype-phenotype correlation and are presumed to exert their effect by a gain-of-function mechanism.

In brief

- Otopalatodigital syndrome types 1 and 2, frontometaphyseal dysplasia and Melnick-Needles syndrome are skeletal dysplasias characterized by anomalous ossification and skeletal patterning of the axial and appendicular skeleton.
- Extra skeletal malformations are also observed and include hydrocephalus, encephalocoele, cleft palate, cardiac defects, omphalocele and obstructive uropathy.
- Most pedigrees are consistent with X-linked inheritance. Male-to-male transmission has not been reported.
- Mutations in the gene *FLNA* have been reported in the majority of cases of FMD and OPD2. All

instances of typical OPD1 and MNS have mutations in *FLNA*.

- The phenotypes associated with mutations in *FLNA* are allelic to periventricular nodular heterotopia, a neuronal migration disorder characterized by seizures, mild cognitive disability and periventricular heterotopic neurones abutting the walls of the lateral cerebral ventricles.
- Mutations in *FLNA* that underlie the otopalatodigital syndrome spectrum conditions are all missense or small, in-frame deletions, that are predicted to preserve the translational reading frame and are presumed to exert a gain-of-function effect.
- Mutations underlying the otopalatodigital syndrome spectrum disorders are clustered and exhibit some genotype-phenotype correlation.

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Introduction

The otopalatodigital spectrum disorders (including otopalatodigital syndrome type 1 and 2; OPD1, OPD2, frontometaphyseal dysplasia; FMD, Melnick-Needles syndrome, MNS) have long been considered to exhibit aetiological relatedness on account of their phenotypic similarities.^{1–4} Pedigree evidence and the more severe expression in males supports X-linked inheritance for the majority of cases. The skeletal dysplasia exhibited by these conditions consists of varying combinations and degrees of undertubulation of the long bones, cortical irregularity and campomelia. Thoracic hypoplasia can be associated and deafness (either conductive or sensorineural) is a common accompaniment. The more severe entities are associated with brain and visceral anomalies in the male (hydrocephalus,

Figure 1 A diagnostic algorithm for the OPD spectrum disorders. As the clinical presentation of these conditions constitutes a spectrum, some phenotypes can exhibit overlap between diagnostic categories.

Figure 2 Clinical and radiological manifestations in the OPD spectrum disorders. (a) Facial appearance in MNS; (b) thoracic hypoplasia, irregular ribs and scoliosis in MNS; (c) campomelia and hypoplasia of the halluces in OPD2; (d) pattern defects in the foot of a male with OPD2; (e) facial features in FMD; (f) metacarpal and phalangeal modeling anomalies in FMD; (g) skull base sclerosis and supraorbital hyperostosis in FMD; (h) facies in OPD1; (i) metacarpal and phalangeal modeling anomalies in OPD1 including accessory epiphyseal ossification centre of metacarpal II.

cerebellar hypoplasia, cardiac anomalies, omphalocele and obstructive uropathy in OPD2 and MNS)^{4–6} with milder manifestations in males with OPD1 (cleft palate, hearing loss).⁷ The prevalence is unknown, but the conditions can confidently be described as rare (<1 in 100 000 individuals).

Clinical overview

All four conditions exhibit phenotypic overlap but qualitative and quantitative differences make clinical distinction between the conditions useful (Figures 1 and 2).

Otopalatodigital syndrome type 1

OPD1 is the mildest phenotype in males of all four OPD spectrum disorders.^{7–10} Cardinal clinical features include, supraorbital hyperostosis, characteristic dysmorphism, deafness, pectus deformities and patterning anomalies of the digits (spatulate finger tips, short broad distal phalanx of the thumb, overlengthening of the second toe and foreshortening of the great toe). Females usually exhibit the facial dysmorphism more mildly, but occasionally can be as severely affected as males.^{11,12} Intellect is unimpaired. Stature is mildly reduced in most instances (Table 1).

Otopalatodigital syndrome type 2

The skeletal dysplasia in OPD2 is more severe than in OPD1.^{4,13–16} The calvaria are hypomineralised in the neonatal period and there is pronounced skull base sclerosis. Thoracic hypoplasia, which can be life limiting, is common. Campomelia and patterning anomalies of the hands and feet are more pronounced than in OPD1 (eg absent hallux). Hydrocephalus, obstructive uropathy, cardiac defects and omphalocele are recurrently observed.^{13,17} A majority die in the perinatal period or during infancy. Survivorship is associated with neurodevelopmental delay, but this is not invariable.¹⁶ Female carriers have a subclinical bone dysplasia and facial dysmorphism, but can occasionally manifest a more severe phenotype.¹⁸ Clinical discrimination from a female carrier with a mutation associated with OPD1 in a singleton female case is unreliable.

Frontometaphyseal dysplasia

The cardinal manifestations of FMD in the male are severe supraorbital hyperostosis, a skeletal dysplasia that includes campomelia, cortical irregularity and undertubulation of the long bones and deafness.^{19–21} Features defining it separately from OPD1, are more severe skeletal and facial manifestations, a relative lack of acral patterning defects (although distal phalangeal hypoplasia is often seen) and extraskeletal anomalies which include an asthenic build, metacarpophalangeal and interphalangeal joint contractures and malformations within the tracheobronchial tree.^{22–24} A lethal male variant has been described with

Table 1 Phenotypic features of the otopalatodigital syndrome spectrum disorders associated with mutations in *FLNA*

Diagnosis	Sex	Hearing loss	Cerebellar hypoplasia	Joint dislocation	Prenatal lethality	Neonatal lethality	Skeletal dysplasia	Cardiac anomalies	Omphalocele	Urinary tract obstruction	Cleft palate	Craniofacial anomalies
Otopalatodigital syndrome type 1	F	+	–	+/-	–	–	+	–	–	–	–	++
	M	++	–	–	–	–	+++	+	–	–	+	+++
Otopalatodigital syndrome type 2	F	+	–	–	–	–	+++	++	–	–	+/-	++
	M	+++	+	+/-	–	++	+++	++	+	+	++	+++
Frontometaphyseal dysplasia	F	+	–	–	–	–	+	–	–	–	–	++
	M	+++	–	+	–	+	+++	+	–	++	–	+++
Melnick Needles syndrome	F	++	–	–	–	–	+++	+/-	–	++	–	+++
	M	?	–	+/-	+++	+++	+++	++	++	++	–	+++

Symbols denote the frequency with which these phenotypic components are associated with the stated diagnosis: feature not associated or only reported rarely (– or +/-) to common or invariant component of the phenotype (++ or +++).

Figure 3 Diagram of a dimer of filamin A. The red regions represent the actin binding domains. There are 23 filamin repeats terminating in a 24th – the dimerisation domain. On the right the positions of the clustered substitutions and/or small in-frame deletions leading to the various OPD spectrum disorders are indicated.

obstructive uropathy and atrioventricular valve defects in addition to skeletal anomalies, contributing to perinatal demise of affected individuals.²⁵

Melnick–Needles syndrome

This is almost an entirely female-limited entity due to the embryonic or perinatal lethality of almost all affected sons born to typically affected women.^{5,6} In males that survive to term, the phenotype is clinically indistinguishable from that associated with OPD2.⁴ Females have distinctive dysmorphism (supraorbital hyperostosis, exorbitism, full cheeks, micrognathia), thoracic hypoplasia due to short, irregular ribs, pronounced irregularity of the long bones, and long digits.²⁶ Short stature is usually present, although exceptions have been reported.²⁷ Intelligence is unimpaired. Occasionally MNS presents subclinically.²⁷ Some individuals die in the second or third decade from respiratory failure. Urteric obstruction either at the pelvi-caylceal or vesicoureteric junction is common.²⁸ Some radiographic features are similar to those observed in Sphrintzen–Goldberg syndrome from which it can be clinically differentiated by the presence of craniosynostosis and mental retardation in the latter condition.²⁹

Overlap phenotypes

Despite allelism between the discrete entities comprising the OPD spectrum and periventricular nodular heterotopia (PVNH), a neuronal migration disorder associated with epilepsy, mild cognitive disability but no skeletal dysplasia, only two convincing examples of overlap phenotypes between the two conditions have been reported.³⁰ A sporadic female with a missense mutation in exon 45

demonstrated a combined PVNH–FMD phenotype, presumably on account of the mutation possessing the potential to promote aberrant splicing or alternatively lead to an amino-acid substitution. The second instance was a sporadic male with facial dysmorphism but no skeletal dysplasia in whom PVNH and an intestinal motility disorder were documented.³¹ The causative mutation produced a frameshift with subsequent downregulation of full-length *FLNA* transcription.

Diagnostic approaches

Determination of the correct diagnosis is most accurate upon consideration of the clinical presentation in the male. Variable expressivity in the female, determined in part by both the position of the underlying mutation and the effect of differing degrees of skewing of X inactivation, make prediction of the severity of the male phenotype from the presentation of an isolated female difficult. In the male, the marked differences in severity should lead to no problem in differentiating OPD1 from OPD2 or OPD2 from FMD although individuals and families have been described in whom overlap phenotypes clearly exist.^{1,2,25} Consideration of the female phenotype usually makes definition of OPD2 from MNS straightforward.⁴ Some have highlighted the close similarities between OPD1 and FMD in both males and females.³ In males, cleft palate is rare in FMD but not in OPD1. The extraskeletal anomalies noted in FMD may also assist in the differential diagnosis.

Clinical examination, full skeletal examination and ultrasound of the urinary tract are relevant first line investigations. Cerebral imaging and echocardiography may also assist where clinically indicated. Mutation analysis of the *FLNA* gene may also assist in prognostication given that many of the mutations underlying these disorders are recurrent and little interfamilial variability exists between unrelated males who have the same mutation. Molecular analysis can be staged, with initial focus given to the region of the gene implicated by the clinical diagnosis (Figure 3).

Molecular and clinical basis of the diseases

The vast majority of familial cases exhibit X-linked inheritance. Marked manifestations in the female, particularly for frontometaphyseal dysplasia make autosomal dominant inheritance in some instances a formal possibility although male-to-male transmission has never been observed. Families exhibiting consanguinity and sib recurrence of an OPD2-like disorder have been observed suggesting that an autosomal recessive phenocopy of this condition exists.

Mutations in *FLNA*

The only locus associated to date with the OPD spectrum disorders is the gene, *FLNA*, encoding the cytoskeletal

protein, filamin A. *FLNA* comprises 48 exons and encodes a modular protein with an N-terminal actin-binding domain and a tail of 24 structurally homologous repeats. This repeat region is interspaced by two hinge regions between repeats 15 and 16 and 23 and 24, and terminates in a dimerisation domain (repeat 24). All three filamin paralogues (filamin A, filamin B and filamin C) share this same modular organisation and share considerable homology at the secondary structure level. Filamin A forms homodimers *in vivo* that bind actin through N-terminal actin-binding domains (Figure 3). A multiplicity of other interacting proteins bind filamin through tandemly arranged filamin repeats. Cellular functions mediated by filamin include linking signal transduction events to the modulation of the actin cytoskeleton and gene transcription.³²

All instances of OPD1 and MNS so far reported in the literature have had mutations observed in *FLNA*.³³ For OPD2 and FMD the proportion reported with a *FLNA* mutation in one series was 70 and 43%, respectively.³³ All mutations underlying the OPD-spectrum disorders are missense or small deletions that preserve the translational reading frame. Immunostaining and Western blot analysis of cells obtained from males with identified mutations indicate that full-length filamin A, that retains its association with the actin cytoskeleton, is still produced. This mutational mechanism distinguishes the mode of pathogenesis for the OPD spectrum disorders from X-linked PVNH, which is associated with loss-of-function alleles and lack of filamin A expression in cells expressing the mutant allele.^{34,35}

The mutations that lead to all three disorders are clustered over the gene and exhibit a genotype–phenotype correlation.³³ All cases of typical OPD1 and OPD2 with identifiable mutations have predicted substitutions in the actin-binding domain. Three females with an OPD2-like phenotype had disease-associated substitutions in the rod domain of filamin A. There was no male relative to demonstrate the corresponding male phenotype in all three instances, and consequently it is reasonable to view the diagnosis of OPD2 in these families as provisional. All individuals with MNS ($n = 12$) had mutations leading to one of only three mutations in exon 22 (encoding filamin repeat 10) associated with this diagnosis. Mutations underlying FMD were the most dispersed – found in exons encoding substitutions in repeats 10, 14–15 and 23. A recent study examining an extended cohort of individuals with the diagnosis, identified mutations in 57% of individuals, reinforcing an impression that this condition is characterized by locus heterogeneity. No consistent clinical feature differentiates those patients in whom *FLNA* mutations are identifiable from those who have no such demonstrable filamin A defect.

Variability in skewing of X-inactivation in females has been shown to correlate with the severity of the OPD spectrum phenotypic categories.^{18,33} Milder phenotypes

(ie OPD1) are associated with more random skewing of X inactivation; females with OPD2 or MNS have near complete skewing favouring expression of the nonmutant allele. In individual cases the degree of skewing does not correlate with the severity of the associated phenotype, an observation that may be accounted for by the presence of mosaicism or tissue or age-related variability in the inactivation process. This observation, together with the potential for locus heterogeneity for some of these conditions, cautions against the use of X inactivation analysis as a guide for the severity of a male phenotype upon presentation of an isolated affected male.

Mosaicism

Both somatic and germline mosaicism have been observed in *FLNA* leading to PVNH and have been associated with modulation of the severity of the phenotype and survivorship in males.^{36,37} Germline mosaicism has been observed in association with OPD1 and a somatic mutation has been shown to have led to MNS, suggesting similar processes may modulate the expression of OPD spectrum phenotypes.³⁸

Management

Genetic counselling

Accurate risk assessment in families is dependent on assigning the correct diagnosis, which is best defined from the male phenotype. Variable expressivity in the female can make prediction of the severity of the male phenotype difficult and unreliable. Although all typical instances of OPD1 and MNS have been associated with *FLNA* mutations, a sizable fraction of male and female cases with FMD and an unknown fraction of individuals with OPD2 have no identifiable *FLNA* mutation. In this instance of FMD, no male-to-male transmission of the phenotype has been reported, but instances of vertical transmission from mother-to-daughter in the absence of demonstrable mutation in *FLNA*, leaves open the possibility of autosomal dominant inheritance. An autosomal recessive condition has been reported as an instance of OPD1, but the digital malformations are distinct, and as such it does not represent a true phenocopy of the disorder.³⁹

Germline mosaicism has been documented for OPD1 and therefore the risk of sib recurrence when the mother has tested negative for the causative *FLNA* mutation is higher than the background new mutation rate.

Genetic testing strategy

Sequence analysis of *FLNA* can initially focus on the established regions where mutations have been shown to cluster (exons 3–5, 11, 22, 27–29 and 45).³³ With the description of more mutations underlying the OPD spectrum disorders, these mutation hotspots may be widened further. Directed mutation searching can be

initially guided by the underlying clinical diagnosis. To date, all mutations causative of OPD1 have been located in exon 3–5, encoding the actin-binding domain of filamin A. Similarly all instances of classically affected males with OPD2 have mutations in the same region. Some families with overlap phenotypes between OPD1 and OPD2 also have exon 3–5 mutations.² A small number of females with a severe, OPD2-like phenotype have been described with mutations in exons 11 and 29.³³ Inference from observations of male lethality in MNS suggest that these mutations may confer a severe, possibly embryonic lethal, phenotype in the hemizygous state.

The mutational spectrum underlying MNS is very narrow. All 12 unrelated females with this condition had one of three mutations leading to this condition; two of these mutations being highly recurrent.³³ It is therefore reasonable to restrict initial mutation screening for this condition to exon 22 where all of these mutations are located. Mutational analysis of a male affected with MNS has yet to be reported.

Mutations underlying FMD are dispersed the most widely over the *FLNA* locus. These mutations are still clustered, within exons 4, 22, 29, 33, and 44–46.^{25,30,33} The typical male phenotype is associated with the more 5' mutations; only females have been reported with mutations in the most 3' hotspot, some of them with cleft palate which is an uncommon manifestation in FMD. A severe perinatal-lethal phenotype has recently been described in association with mutations in exons 22 and 29.²⁵

Complications

Hearing loss Sensorineural or conductive or combined forms of hearing loss are common accompaniments of all OPD spectrum disorders. Losses are often only moderate in degree and consequently late diagnosis is a frequent occurrence.

Scoliosis Progressive scoliosis is well documented in FMD and MNS, commonly requiring surgical intervention.^{40–42} This complication must be monitored for in heterozygous females with FMD regardless of the severity of other manifestations of the condition.

Restrictive and obstructive lung disease are also associations, not only due to thoracic hypoplasia and co-existent scoliosis, but also abnormalities within the tracheobronchial tree.^{22,24}

Urinary tract obstruction Males with FMD often present with urethral and/or ureteric obstruction most frequently at the vesicoureteric junction.²³ Females with MNS can present with hydronephrosis secondary to pelvicalyceal junction obstruction.²⁸

Neurodevelopment and psychological aspects Intelligence is unimpaired in OPD1, FMD and females with

MNS. Some surviving individuals with OPD2 have been documented to have global delay in neurodevelopment. The significant craniofacial manifestations of the OPD spectrum disorders often precipitate significant psychological morbidity, prompting some to seek craniofacial surgery to ameliorate the cosmetic effects of the condition.⁴³

Prenatal diagnosis

In the presence of a known *FLNA* mutation, prenatal diagnosis via CVS or amniocentesis is possible. Ultrasound scanning can detect some of the anomalies associated with these phenotypes such as thoracic hypoplasia, omphalo-coele or hydronephrosis.⁴⁴

Conclusion

The multitude of conditions that are caused by mutations in the genes encoding the cytoskeletal proteins, the filamins,^{33,34,45–47} indicate that they play a critical link in organogenesis in multiple tissues. The clustered distribution of mutations over *FLNA* leading to a spectrum of conditions in male hemizygotes suggests that filamin A is a protein with multiple modular functions.⁴⁸ The variable expressivity in females, however, emphasizes that not only genetic but epigenetic influences impact upon phenotypic expression in the heterozygote. Further insights will arrive when the identity of the pathways mediated by filamins during organogenesis are better defined and delineated.

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