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# Genotype–phenotype studies in nail-patella syndrome show that *LMX1B* mutation location is involved in the risk of developing nephropathy

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Nail-patella syndrome (NPS) is characterized by developmental defects of dorsal limb structures, nephropathy, and glaucoma and is caused by heterozygous mutations in the LIM homeodomain transcription factor *LMX1B*. In order to identify possible genotype–phenotype correlations, we performed *LMX1B* mutation analysis and comprehensive investigations of limb, renal, ocular, and audiological characteristics in 106 subjects from 32 NPS families. Remarkable phenotypic variability at the individual, intrafamilial, and interfamilial level was observed for different NPS manifestations. Quantitative urinalysis revealed proteinuria in 21.3% of individuals. Microalbuminuria was detected in 21.7% of subjects without overt proteinuria. Interestingly, nephropathy appeared significantly more frequent in females. A significant association was established between the presence of clinically relevant renal involvement in an NPS patient and a positive family history of nephropathy. We identified normal-tension glaucoma (NTG) and sensorineural hearing impairment as new symptoms associated with NPS. Sequencing of *LMX1B* revealed 18 different mutations, including six novel variants, in 28 families. Individuals with an *LMX1B* mutation located in the homeodomain showed significantly more frequent and higher values of proteinuria compared to subjects carrying mutations in the LIM domains. No clear genotype–phenotype association was apparent for extrarenal manifestations. This is the first study indicating that family history of nephropathy and mutation location might be important in precipitating individual risks for developing NPS renal disease. We suggest that the NPS phenotype is broader than previously described and that NTG and hearing impairment are part of NPS. Further studies on modifier factors are needed to understand the mechanisms underlying phenotypic heterogeneity.

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## Introduction

Nail-patella syndrome (NPS; MIM 161200) is an autosomal dominant disorder characterised by developmental defects of dorsal limb structures, the kidney, and the eye, manifested by nail dysplasia, patellar abnormalities, elbow dysplasia, iliac horns, nephropathy, and glaucoma, respectively. NPS is caused by heterozygous mutations in the gene encoding the LIM-homeodomain transcription factor *LMX1B*.<sup>1,2</sup> Studies in *Lmx1b*<sup>-/-</sup> mice have shown that *Lmx1b* plays a crucial role in dorso-ventral patterning of the limb, patterning of the skull, morphogenesis and function of the podocytes and the glomerular basement membrane (GBM), and development of the anterior segment of the eye.<sup>3–8</sup> In the central nervous system, *Lmx1b* is involved in developing dopaminergic and serotonergic neurons of the hindbrain and the midbrain, and dorsal interneurons of the spinal cord.<sup>9–12</sup>

Nephropathy and glaucoma are the most relevant clinical manifestations in human NPS.<sup>13,14</sup> NPS nephropathy is a disease of both the podocytes and the GBM, with irregular thickening and electron lucent areas as consistent ultrastructural hallmarks of the GBM.<sup>7,15,16</sup> Interestingly, abnormal collagen expression has been observed in human NPS renal biopsy specimens<sup>15</sup> and in *Lmx1b*<sup>-/-</sup> murine kidneys<sup>5</sup> and corneal stroma.<sup>6</sup> The molecular mechanisms underlying the phenotypic aspects of this disorder, however, are as yet unclear. Recent studies, including an excellent review by Sweeney *et al*,<sup>17</sup> have shown remark-

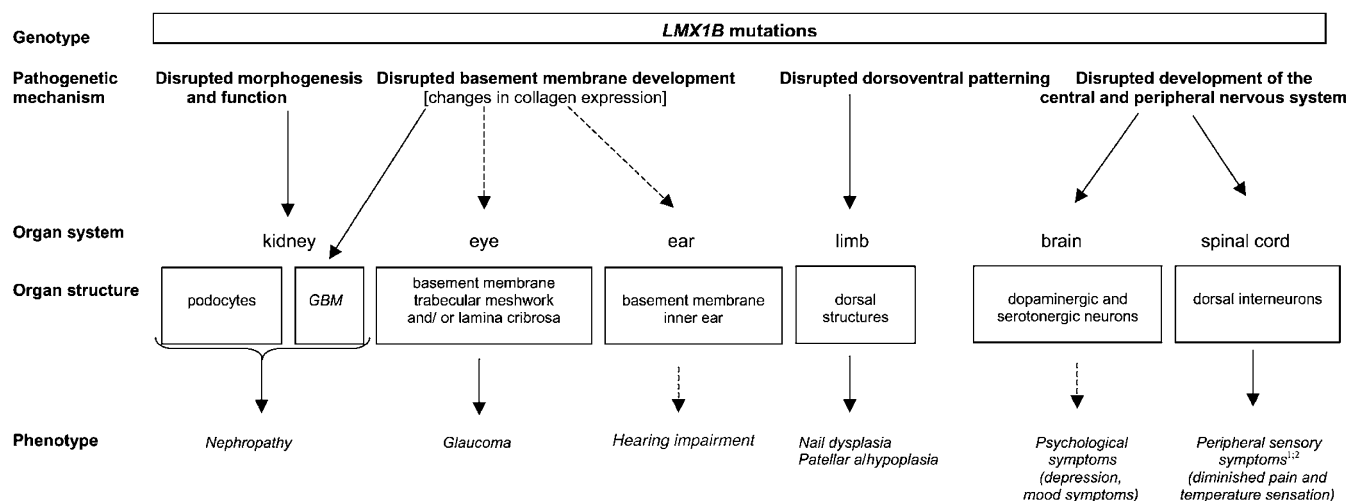
able phenotypic heterogeneity of NPS, but no statistical analysis of the *LMX1B* genotype with respect to detailed multidisciplinary clinical studies has been performed.

Here, we performed comprehensive clinical investigations and *LMX1B* mutation analysis in a large cohort of NPS patients. The aim of the study was three-fold: (a) to define the complete phenotype of NPS based on the knowledge of the *Lmx1b* expression and function (Figure 1); (b) to compare the presence and severity of renal and extrarenal manifestations at the individual, intrafamilial, and interfamilial level; and (c) to evaluate the NPS characteristics in the view of the *LMX1B* genotype in order to identify possible genotype–phenotype associations.

## Patients and methods

### Patients

The study population comprised 106 subjects with NPS, 50 males and 56 females. The total of 32 families included 96 individuals from 22 unrelated families and 10 sporadic subjects. In total, 21 families were recruited from Human Genetics Departments, five from Orthopaedic Surgery Departments, one from a Paediatric Department, and two from patient contact groups. Three families contacted us through the media. The series of families included one of the first NPS families (family 1) in which linkage of NPS to the ABO blood group was shown in 1957<sup>18</sup> and a five



**Figure 1** Schematic presentation of putative pathogenic pathways underlying the phenotype of nail-patella syndrome. The hypothesised molecular bases underlying ocular anomalies and hearing impairment and clinical findings of possible hearing impairment and psychological symptoms are indicated by dotted arrows. GBM, glomerular basement membrane.

generation family (family 26) with high prevalence of nephropathy originally described in 1988.<sup>19</sup> The study was approved by the local medical ethics committee and written informed consent was obtained from all participants or their parents. All patients were examined at the Radboud University Nijmegen Medical Centre.

### Examination of limbs and pelvis

Radiographic series of both knees of individuals aged >6 years, included an antero-posterior view, a true lateral view, and an axial view. For assessment of patellar aplasia or hypoplasia in subjects aged ≤6 years, ultrasonography of both knees was performed. A lateral view of the elbows and an antero-posterior view of the pelvis were taken in all subjects. To quantify the nail, patellar and elbow anomalies, iliac horns, and additional major and minor orthopaedic manifestations of NPS, the clinical scoring system developed by Farley *et al*<sup>20</sup> was used. However, for objective determination of patellar anomalies and iliac horns, the radiographic findings were included instead of palpation. Major orthopaedic diagnoses included club feet and/or hip dysplasia.<sup>20</sup> Minor orthopaedic findings comprised tendon contractures in hand and feet and/or foot deformities.<sup>20</sup> The severity score was categorised as mild, moderate, or severe according to Farley *et al*.<sup>20</sup>

### Nephrological examination

Nephrological investigations could be performed in 81 patients from 27 families, 35 males and 46 females with a mean age of 38.6 years (range 0.5–81.8 years) at the time of examination. Blood pressures (BP) were measured in supine position by Dynamap (Criticon, Tampa, FL, USA). The determination of protein and albumin excretion and microscopic examination of urine sediment were performed in a random and a first morning urine specimen. Serum creatinine, albumin, and cholesterol were measured by standard chemical procedures. Proteinuria was defined as total urinary protein >0.1 g/l accompanied by a protein–creatinine ratio >0.2 g per 10 mm of creatinine. Microalbuminuria was defined as an albumin–creatinine ratio (ACR; mg of albumin per 10 mm of creatinine) between 20 and 300 in males and between 30 and 300 in females and macroalbuminuria as an ACR >300. Hypertension was defined as systolic BP ≥140 mmHg and/or diastolic BP ≥90 mmHg for adults and age-related BP reference values were used for children.<sup>21</sup> Individuals using antihypertensive therapy were also considered as being hypertensive. Glomerular filtration rate (GFR) was estimated by endogenous creatinine clearance (CrC), calculated by Cockcroft–Gault formula and adjusted for body surface area.<sup>22,23</sup> To investigate possible characteristics related to the renal phenotype, individuals were subdivided according to the presence or absence of nephropathy. For comparing urine and serum analysis and blood pressure between proteinuric and nonproteinuric subjects, the female patient with end-stage renal disease (ESRD)

was excluded. For identifying possible renal–extrarenal phenotype associations, the patient with ESRD was included in the group of individuals with nephropathy.

### Ophthalmologic investigation

Ophthalmologic investigation could be performed in 51 subjects from 16 families, 21 males and 30 females with a mean age of 39.7 years (range 6–74 years) at the time of evaluation. Ocular examination included visual acuity assessment, intra-ocular pressure (IOP) measurement with Goldmann applanation tonometry, slit-lamp biomicroscopy, gonioscopy, ophthalmoscopy, and visual field investigation by Humphrey visual field analysis (central 30-2) and glaucoma hemifield testing. Subjects using intraocular hypotensive medication interrupted medical therapy 4 days before examination until completion of ocular examination. Ocular hypertension was defined by an IOP >21 mmHg on two separate occasions. Glaucomatous optic disk alteration was defined by a cup–disk ratio of ≥0.7 or a difference in the cup–disk ratios of at least 0.2 between both eyes accompanied by notching of the rim and/or peripapillary haemorrhages of the optic rim.<sup>24</sup> Primary open-angle glaucoma (POAG) was defined by glaucomatous cupping of the optic disk, glaucomatous visual field defects, an IOP >21 mmHg on two separate occasions, and open anterior chamber angle. Normal-tension glaucoma (NTG) was defined as POAG with the exception of an IOP ≤21 mmHg at the first ocular examination and confirmed by diurnal phasing 6–12 months later.

### Audiometric evaluation

Based on the remarkable similarities between nephropathy in NPS and Alport syndrome, a type IV collagen kidney disease associated with sensorineural hearing loss, we questioned whether hearing loss may accompany NPS (Figure 1). Otoscopy and pure tone audiometry were performed in 28 subjects from six families, nine males and 19 females with a mean age of 46.2 years (range 11–75 years) at the time of examination. Individual binaural mean pure tone thresholds (dB hearing loss, air conduction level) at 0.25, 0.5, 1, 2, 4, and 8 kHz were compared with the International Organization for Standardization (ISO) standard 7029 presbycusis thresholds.<sup>25</sup> For genotype–phenotype studies, an individual severity score for threshold progression beyond the 95th percentile ( $P_{95}$ ) presbycusis was assessed. Hearing impairment was designated significant when ≥2 out of 6 thresholds at the frequencies 0.25–8 kHz were > $P_{95}$  presbycusis matched by age and gender for each ear separately, bilaterally tested with  $P < 0.05$  and unilaterally with  $P < 0.095$ .<sup>25</sup> Additionally, individual monaural thresholds were compared with different percentiles ( $P_{70}$ – $P_{95}$ ) of presbycusis to find the best-fitting percentile of the ISO 7029 threshold distribution. Four patients were excluded for audiometric analysis, one individual due to noise trauma and three patients aged

>70 years since no age-related reference values are available beyond 70 years.

### Psychological and health state measures

To investigate psychological symptoms and health status, individuals aged  $\geq 16$  years were asked to complete the Dutch version of standardised self-report questionnaires, including:

1. Psychopathology using the Symptom Checklist (SCL-90).<sup>26</sup>
2. Depression using the Beck Depression Inventory, diagnosed from a score of 16.<sup>27</sup>
3. State and trait anxiety using the Spielberger Trait Anxiety Inventory.<sup>28</sup>
4. Five personality dimensions using the Revised NEO Five-Factor Inventory.<sup>29</sup>

To compute an overall 'health-related quality of life' figure, five health state dimensions were assessed using the EuroQol-5D inventory.<sup>30</sup> Additionally, valuation of health status using a visual analogue scale (VAS) with a score from 0 to 100, representing the lowest to the highest possible health status was requested.

### Mutational and FISH analysis

Direct sequencing of the eight coding exons and flanking introns of *LMX1B* was performed on DNA extracted from peripheral blood lymphocytes as described already.<sup>31</sup> In subjects in which no *LMX1B* mutation could be identified, fluorescence *in situ* hybridisation (FISH) studies were carried out on metaphases derived from peripheral blood lymphocytes. For FISH analysis, biotin labelled PAC clones 830-M14 and 1195-M2 located in the *LMX1B* region were used according to standard procedures.<sup>32</sup>

### Statistics

Clinical and molecular findings were analysed using linear and logistic regression models. Since age and gender are known covariates in developing renal, ocular, audiological, and psychological anomalies, multivariate analysis of these symptoms was adjusted for age and gender. For the comparison between clinical and molecular data within and between families, analysis of covariance was performed. For all statistics, *P*-values are two-tailed and present unadjusted values concerning multiplicity. Significance was set at the 5% probability level.

## Results

### Limb and pelvic malformations

The results of examination of the limbs and pelvis are summarised in Table 1. Fingernail anomalies were observed in all subjects (Table 1, Figure 2a). On physical examination, an abnormal volume distribution of the proximal

**Table 1** Limb and pelvis anomalies in 32 nail-patella syndrome families

	Frequency (%) <sup>a</sup>
Thumbnail and or fingernail anomalies	100
<i>Nail hypoplasia, splitting, ridging</i>	46.1
<i>Nail aplasia</i>	20.2
<i>Triangular lunulae</i>	79.8
Toenail dysplasia and or dystrophia (mainly comprised of small and brittle nails)	52.5
Swan-neck deformity of fingers	76.5
Absence of $\geq 1$ creases on the dorsal aspect of the distal interphalangeal joints of the fingers	82.5
Pterygia elbow	5.0
Scoliosis	34.5
Patellofemoral joint anomalies <sup>b</sup>	
<i>Patellar aplasia</i>	6.1
<i>Patellar hypoplasia</i>	81.0
<i>Underdeveloped lateral femoral condyles</i>	78.3
<i>Prominent medial femoral condyles</i>	76.7
<i>Genu valgum</i>	61.2
Elbow anomalies <sup>b</sup>	
<i>Radial head hypoplasia</i>	45.2
<i>Radial head dislocation</i>	45.1
<i>Capitellum hypoplasia</i>	21.7
<i>Cubitus valgus</i>	12.0
Pelvis anomalies	
<i>Iliac horns</i>	78.4
<i>Iliac bone hypoplasia</i>	75.5
<i>Iliac bone flaring</i>	76.6

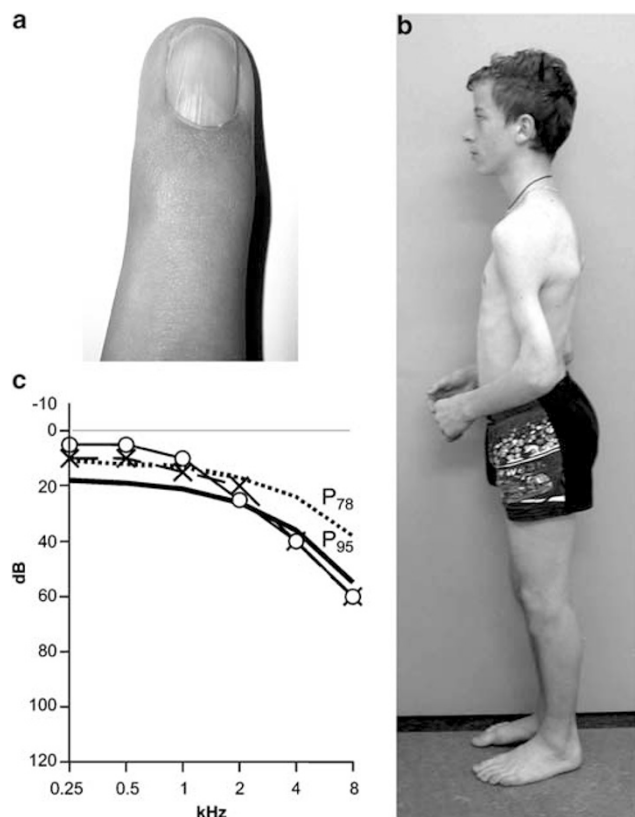
<sup>a</sup>Findings of physical and radiographic investigation were available from series ranging from 87 to 106 individuals.

<sup>b</sup>The skeletal anomalies were separately evaluated for the left and right patellofemoral joint and elbow, and the frequency of these anomalies represent the sum of these findings, respectively.

musculature of the upper limb was recognised in some NPS patients, with a lower muscle volume of the dorsal muscle groups (triceps brachii) compared to the ventral counterparts (biceps brachii) (Figure 2b). In the lower limb, such evident differences between dorsal (quadriceps femoris) and ventral (hamstrings) proximal musculature volume were not observed. The severity of nail and orthopaedic features, scored according to Farley *et al*<sup>20</sup> was mild in 13.4% (11/82) of individuals, moderate in 52.4% (43/82), and severe in 34.2% (28/82) and was highly variable both within and between families (Figure 3). The complete tetralogy of nail, patellar, elbow, and pelvic anomalies classified according to Farley *et al*<sup>20</sup> was found in 50.6% (41/81) of individuals.

### Nephropathy

The results of nephrological investigations are summarised in Table 2. Proteinuria was identified in 13 individuals from six unrelated families and in four sporadic cases by quantitative urinalysis of a random urine specimen



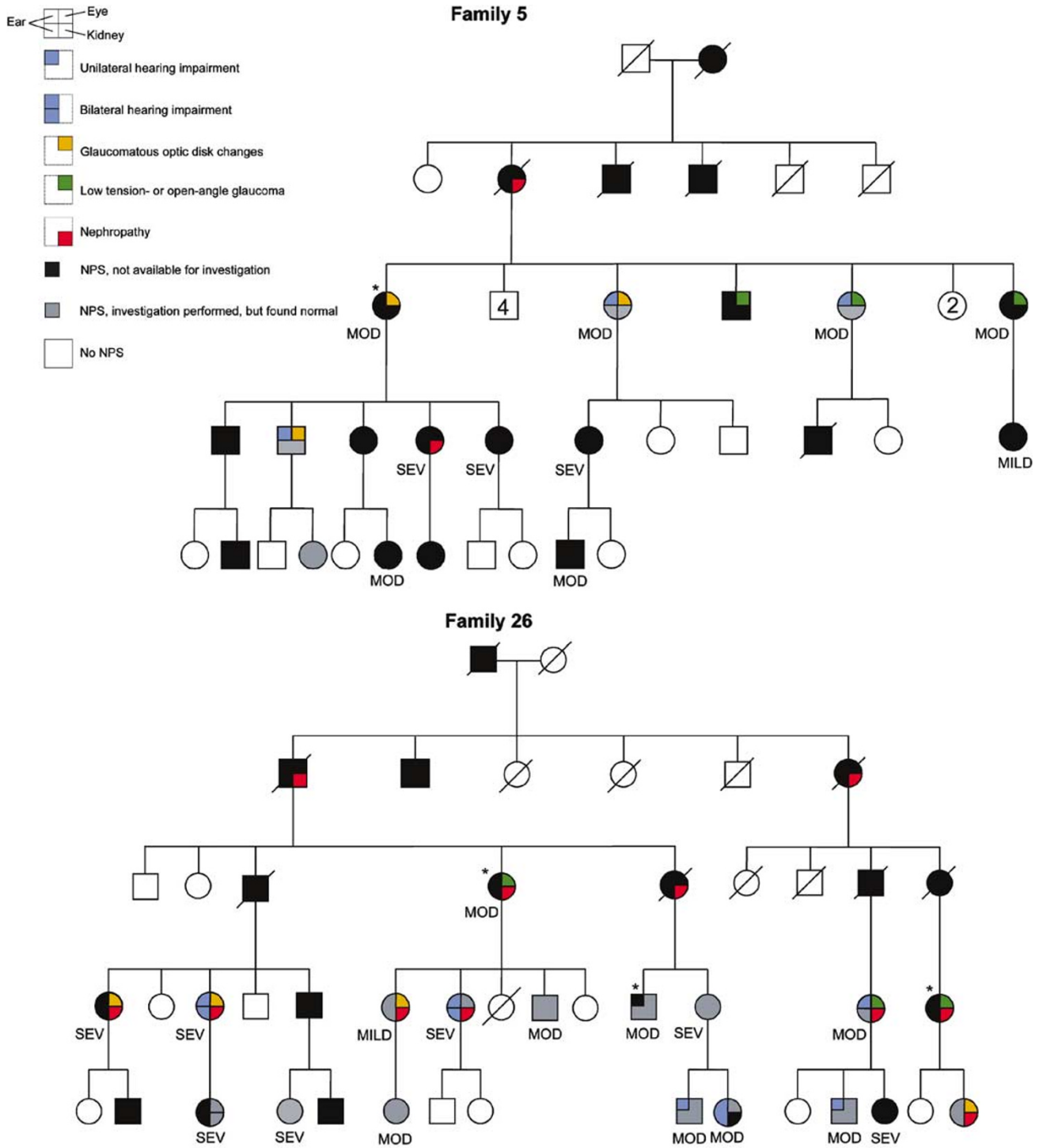
**Figure 2** (a) Triangular lunula pathognomonic for nail-patella syndrome, longitudinal ridging of the nail, and absent skin creases on the dorsal aspect of the distal interphalangeal joints of the index finger. (b) Lower muscle volume of the dorsal muscle groups (triceps brachii) compared to the ventral counterparts (biceps brachii). (c) Audiogram of a female nail-patella syndrome patient, aged 59 years, from family 26, showing significant bilateral hearing impairment. The circles and solid line indicate the pure tone thresholds of the right ear; the crosses and broken line of the left ear; the solid bold line denotes the  $P_{95}$  of presbycusis, the dotted line the  $P_{78}$ .

(17/80) (Table 2, Figure 3). Isolated proteinuria was detected in 14.5% (11/76) of individuals, both proteinuria and hematuria in 6.6% (5/76), and isolated microscopic hematuria in 11.8% (9/76). ESRD was found in only one subject of NPS patients overall (1/106). The mean age of individuals with proteinuria (48.1 years, range 8.7–76.2 years) was significantly higher compared to nonproteinuric individuals (36.0 years, range 0.5–81.8 years). Protein–creatinine ratio was  $1.6 \pm 2.1$  g/10 mm (range 0.3–7.5 g/10 mm) in proteinuric subjects. GFR was below 60 ml/min/1.73 m<sup>2</sup> in 5.3% (4/76) of subjects overall and between 60 and 90 ml/min/1.73 m<sup>2</sup> in 34.2% (26/76). Proteinuric patients had a significantly lower GFR compared to nonproteinuric patients (Table 2). Patients with isolated microscopic hematuria had normal GFR (Table 2). Serum creatinine, albumin and cholesterol, and mean arterial blood pressure did not differ between proteinuric and nonproteinuric subjects. Urinalysis of first morning

specimens demonstrated microalbuminuria in 27.5% (14/51) of an unselected series of NPS patients and macroalbuminuria in 3.6% (2/51) (data not shown). In the series of nonproteinuric subjects, 21.7% (10/46) had microalbuminuria detected in the same morning urine specimen. In microalbuminuric subjects, ACR was  $85.3 \pm 58.3$  g/10 mm. Proteinuria was found significantly more frequent in females (33.3%; 15/45) than in males (5.7%; 2/35), adjusted for age (Table 2). The same was true for microalbuminuria, 29.6% (8/27) of females *versus* 16.7% (4/24) of males, although statistically not significant ( $P=0.28$ ). We performed a follow-up study of family 26, which has been extensively reported with high prevalence (43.4%; 10/23) of nephropathy 16 years ago.<sup>19,31</sup> Previous investigations demonstrated proteinuria in 33.3% (5/15) of subjects, with a mean age of 48 years (range 33–61 years) of proteinuric subjects at the time of examination. Present studies of the same subjects revealed proteinuria in 40.0% (6/15) with a mean age of 62 years (49–77 years) of proteinuric individuals at the time of examination and progression of proteinuria compared to earlier studies in three out of five subjects (Figure 3). One patient from this family had undergone kidney transplantation at the age of 24 years. Previous ultrastructural studies of renal biopsy specimens of the latter patient demonstrated typical GBM anomalies characteristic for NPS.<sup>33</sup> None of the unaffected relatives of NPS family 26 were reported to have nephropathy.

### Ophthalmologic involvement

Glaucoma, isolated glaucomatous alteration of the optic disk, and ocular hypertension were found in 35.3% (17/51) of individuals from five out of 16 families (Table 3). Glaucoma was diagnosed in 11.8% (6/51) of subjects: POAG in 3.9% (2/51) or NTG in 7.8% (4/51) (Table 3). Isolated glaucomatous alteration of the optic disk was found in 23.3% (10/43) of subjects with normal IOP not using IOP lowering treatment (data not shown). Ocular hypertension was shown in 3.9% (2/51) of cases. The mean age at which glaucoma or ocular hypertension had been detected was 63.4 years (range 55–72 years). Under the age of 40 years, one case (1/23) showed glaucomatous optic disk excavation and one subject had ocular hypertension. Between 40 and 50 years, 30.8% (4/13) had glaucomatous alteration of the optic disk. Over 50 years, 13.3% (2/15) had POAG, 26.7% (4/15) NTG, 33.3% (5/15) glaucomatous optic disk alterations, and 6.7% (1/15) ocular hypertension. Mean IOP was 15.5 mmHg (range 10–30 mmHg), respectively. No association between excavation of optic disk and IOP could be demonstrated, suggesting that pathological cupping of the optic disk in NPS can occur without elevated IOP. Cataract was found in 7.8% (4/51) of subjects, including congenital cataract in two siblings (family 32). Additional anomalies of the anterior segment included corneal abnormalities, iris pigmentation, and pigment dispersion syndrome. The frequency of ocular



**Figure 3** Pedigrees of families 5 and 26 showing clinical variability of nephropathy, glaucoma, hearing impairment, and nail and orthopaedic findings within and between families and high prevalence of nephropathy in family 26. MILD, MOD, SEV denote mild, moderate, and severe nail and orthopaedic scores according to Farley *et al.*<sup>20</sup> respectively. Asterisks indicate individuals excluded for audiometry due noise trauma or age > 70 years since no age-related reference values are available beyond 70 years.

**Table 2** Nephrological examinations in 80 individuals from 27 families with nail-patella syndrome

	Proteinuric subjects <sup>a</sup> n = 17 (21.3%)	Nonproteinuric subjects <sup>a</sup> n = 63 (78.7%)	P-value
Female gender	88.2% (15/17)	47.6% (30/63)	0.003*
Mean age (yr)	48.1 ± 21.8	36.0 ± 18.9	0.034*
Number of subjects aged 0–15 yr	11.8% (2/17)	14.3% (9/63)	
Number of subjects aged 16–40 yr	23.5% (4/17)	46.0% (29/63)	
Number of subjects aged > 40 yr	64.7% (11/17)	39.7% (25/63)	
Protein–creatinine ratio (g/10 mm)	1.55 ± 2.08	0.19 ± 0.19	<0.001*
Microscopic hematuria	31.3% (5/16)	14.5% (9/62)	0.14
Urinary creatinine (mmol/l)	9.3 ± 5.2	8.8 ± 4.9	0.85
Serum creatinine (μmol/l)			
Males	90.0 (n = 1)	75.3 ± 15.0	
Females	74.5 ± 11.1	68.4 ± 6.3	0.04*
GFR (ml/min/1.73 m <sup>2</sup> )			
Hematuric subjects	74.1 ± 10.2	100.3 ± 14.7	0.008*
Nonhematuric subjects	79.9 ± 24.6	100.8 ± 20.1	0.02*
Serum albumin (g/l)	42.4 ± 2.4	44.1 ± 2.8	0.04*
Serum cholesterol (mmol/l)	5.4 ± 1.0	4.7 ± 1.1	0.02*
Mean arterial pressure, supine (mmHg)	99.3 ± 13.8	96.7 ± 13.1	0.61

GFR, glomerular filtration rate; yr, years.

<sup>a</sup>Proteinuria was defined as total urinary protein >0.1 g/l and protein–creatinine ratio >0.2 g/10 mm. The female patient with end-stage renal disease was excluded from this series of 80 subjects.

\*Significant P-values.

findings did not differ significantly between males (6/21) and females (12/30).

### Hearing impairment

Otосcopy revealed no pathological findings. Sensorineural hearing impairment was observed in 45.8% (11/24) of NPS subjects from four out of six families examined (Table 3). It was diagnosed bilaterally in 36.4% (4/11) of individuals and unilaterally in 63.6% (7/11) and equally distributed across the various frequencies (0.25–8 kHz). The mean age at the time of detection was 46.7 years (range 17.5–69.2 years). Unaffected family members had normal hearing.

In family 26 with high prevalence of nephropathy, bilateral hearing impairment was demonstrated in a statistical significant proportion of individuals with NPS ( $P < 0.02$ ), whereas in the group of randomly selected NPS patients unilateral hearing impairment was detected significantly frequent ( $P \leq 0.02$ ) (Table 3, Figure 3). However, detailed evaluation of the audiograms of individuals diagnosed with unilateral hearing impairment showed fairly symmetrical thresholds suggesting bilateral involvement, although significant scores for both ears were lacking. No significant differences were found in the frequency of hearing impairment in females (7/16) compared to that in males (4/9).

The NPS individual pure tone threshold data were comparable to the 78th percentile of presbycusis (Figure 2c).<sup>25</sup> In total, 52% of the individual thresholds were  $>P_{78}$  at all frequencies. Whether the audiometric results can be interpreted as mildly accentuated presby-

cusis or, alternatively, as the development of a normal degree of presbycusis at an earlier age than is normal cannot be elucidated as yet.

### Psychological and health state findings

Response rate of self-report questionnaires on psychological symptoms was 88.2% (75/85). Signs of psychopathology, depression, anxiety, and personality dimensions were comparable to those of the general population. Depression was diagnosed in four subjects (5.3%; 4/75) from four unrelated families. Two out of four individuals with depressive symptoms used antidepressive medication. In total, six subjects used antidepressive medication and one patient used anxiolytics at the time of investigation. The response rate of the health state inventory was 96.4% (81/84). Findings of health status valuations, including mobility, self-care, usual activities, pain/discomfort, and anxiety/depression were also similar to those of the general population.<sup>34</sup>

### LMX1B mutations and FISH results

By mutational screening, 18 different heterozygous *LMX1B* mutations were identified in 28 unrelated families, including six novel variants (Table 3). In four families in which no *LMX1B* mutation could be detected, FISH analysis revealed no deletions of the entire *LMX1B* gene. All four families showed the cardinal findings of NPS. Additionally, two siblings from one of these families (family 32) are known with mild mental retardation and congenital cataract. These families were too small for genetic linkage

**Table 3** Summary of clinical features and *LMX1B* mutations in 32 nail–patella syndrome families

Family no	Total number of patients	Gender (M/F)	Nephropathy <sup>a</sup>	POAG	NTG	Glaucomatous optic disk anomalies	Hearing impairment unilateral <sup>b</sup>	Hearing impairment bilateral <sup>c</sup>	Nail dysplasia	Elbow dysplasia	Patellar a/ hypoplasia	Iliac horns	Mutation location	DNA change <sup>d</sup>	Protein effect	Putative effect	Novel/ reported
1	3	3/0	0/1	NA	NA	NA	NA	NA	3/3	3/3	2/3	3/3	LIM-A	c.152C>A	p.S51X	PTC	48
2	1	0/1	NA	NA	NA	NA	NA	NA	1/1	1/1	0/1	1/1	LIM-A	c.152C>A	p.S51X	PTC	48
3	4	3/1	1/3	0/2	0/2	0/2	NA	NA	4/4	2/4	3/4	3/4	LIM-A	c.166G>T	p.E56X	PTC	Novel
4	8	5/3	0/8	0/1	0/1	0/1	NA	NA	8/8	7/8	6/8	4/8	LIM-A	c.169T>A	p.C57S	Disrupt Zn-finger	Novel
5	14	2/12	1/13	2/7	0/7	3/5	3/4	0/4	14/14	12/13	12/12	10/11	LIM-A	c.187T>G	p.C63G	Disrupt Zn-finger	Novel
6	2	1/1	NA	0/1	0/1	0/1	NA	NA	2/2	1/2	0/0	1/2	LIM-A	c.190C>T	p.Q64X	PTC	31,49
7	2	1/1	0/2	0/2	0/2	0/2	1/2	0/2	2/2	2/2	2/2	0/2	LIM-A	c.213C>G	p.C71W	Disrupt Zn-finger	50
8, Spor	1	1/0	0/1	NA	NA	NA	NA	NA	1/1	1/1	1/1	0/1	LIM-A	c.234-235delGT	PT	Frameshift, PTC	2
9	5	1/4	0/4	0/5	1/5	0/1	0/3	0/3	5/5	4/5	5/5	4/5	LIM-B	c.284G>A	p.C95Y	Disrupt Zn-finger	49
10	8	6/2	1/6	NA	NA	NA	NA	NA	8/8	4/7	5/5	6/8	LIM-B	c.359G>A	p.C120Y	Disrupt Zn-finger	Novel
11	5	5/0	0/2	0/2	0/2	0/2	NA	NA	5/5	3/3	2/2	2/3	HD	c.592C>T	p.R198X	PTC	1,31,43
12	3	3/0	0/3	0/1	0/1	0/1	NA	NA	3/3	2/3	3/3	3/3	HD	c.592C>T	p.R198X	PTC	1,31,43
13	2	1/1	0/2	NA	NA	NA	NA	NA	2/2	2/2	2/2	2/2	HD	c.599G>A	p.R200Q	DNA binding	31,43
14, Spor	1	0/1	1/1	0/1	0/1	0/1	NA	NA	1/1	0/1	1/1	1/1	HD	c.599G>A	p.R200Q	DNA binding	31,43
15, Spor	1	1/0	NA	NA	NA	NA	NA	NA	1/1	0/1	0/1	1/1	HD	c.599G>A	p.R200Q	DNA binding	31,43
16, Spor	1	1/0	0/1	NA	NA	NA	NA	NA	1/1	0/1	1/1	1/1	HD	c.603^604insC	PT	Frameshift, PTC	Novel
17	5	2/3	1/3	NA	NA	NA	NA	NA	5/5	4/5	5/5	5/5	HD	c.622C>T	p.R208X	PTC	2,43
18	2	1/1	0/2	NA	NA	NA	NA	NA	2/2	2/2	2/2	1/2	HD	c.622C>T	p.R208X	PTC	2,43
19	2	0/2	0/2	NA	NA	NA	NA	NA	2/2	2/2	2/2	1/2	HD	c.622C>T	p.R208X	PTC	2,43
20	2	1/1	0/1	0/2	0/2	1/2	0/2	0/2	2/2	1/2	2/2	0/1	HD	c.622C>T	p.R208X	PTC	2,43
21, Spor	1	1/0	1/1	NA	NA	NA	NA	NA	1/1	1/1	1/1	1/1	HD	c.622C>T	p.R208X	PTC	2,43
22, Spor	1	0/1	1/1	NA	NA	NA	NA	NA	1/1	1/1	1/1	1/1	HD	c.637G>C	p.A213P	DNA binding	31,43
23, Spor	1	1/0	0/1	0/1	0/1	1/1	NA	NA	1/1	1/1	1/1	1/1	HD	c.637G>C	p.A213P	DNA binding	31,43
24, Spor	1	1/0	0/1	NA	NA	NA	NA	NA	1/1	1/1	1/1	1/1	HD	c.667C>T	p.R223X	PTC	43,51
25, Spor	1	0/1	1/1	NA	NA	NA	NA	NA	1/1	1/1	1/1	1/1	HD	c.599G>A	p.R223X	PTC	43,51
26	18	4/14	8/15	0/18	3/18	4/15	3/12	3/12	18/18	18/18	15/18	13/17	HD	c.672+1G>A	Abnormal splicing	Loss of exon 4, frameshift, PTC	31,43
27	2	1/1	NA	0/1	0/1	0/1	0/1	1/1	2/2	1/2	1/1	1/1	HD	c.676C>G	p.R226G	DNA binding	Novel
28	3	1/2	2/3	0/3	0/3	1/3	NA	NA	3/3	3/3	3/3	3/3	HD	c.745G>C	p.A249P	DNA binding	31
29	2	2/0	NA	0/2	0/2	0/2	NA	NA	2/2	2/2	1/1	1/1	Unknown	Unknown	Unknown	Unknown	—
30	1	0/1	0/1	NA	NA	NA	NA	NA	1/1	1/1	0/1	1/1	Unknown	Unknown	Unknown	Unknown	—
31, Spor	1	0/1	0/1	NA	NA	NA	NA	NA	1/1	1/1	1/1	1/1	Unknown	Unknown	Unknown	Unknown	—
32	2	1/1	0/1	0/2	0/2	0/2	NA	NA	2/2	2/2	2/2	2/2	Unknown	Unknown	Unknown	Unknown	—
Total	106	50/56	22.2% (18/81)	3.9% (2/51)	7.8% (4/51)	23.3% (10/43)	29.2% (7/24)	16.7% (4/24)	100% (106/106)	84.3% (86/102)	89.4% (84/94)	78.4% (76/97)					

NA, not available; NTG, normal-tension glaucoma; POAG, primary open-angle glaucoma; premature truncation; PTC, premature termination codon; Spor, sporadic.

<sup>a</sup>Nephropathy was defined as urinary total protein >0.1 g/l accompanied by a protein–creatinine ratio >0.2 g/10 mm in a random urine specimen or ESRD.

<sup>b</sup>Hearing impairment was diagnosed when ≥2 out of 6 frequencies (0.25–8 kHz) were > P<sub>95</sub> presbycusis, unilaterally.

<sup>c</sup>Hearing impairment was diagnosed when ≥2 out of 6 frequencies (0.25–8 kHz) were > P<sub>95</sub> presbycusis, bilaterally. Four out of 28 patients were excluded from audiologic evaluation.

<sup>d</sup>Nucleotide positions are based on GenBank sequence accession number NM\_002316.



**Table 4** Comparison of extrarenal features and *LMX1B* mutation location between nail-patella syndrome patients with and without nephropathy

	Nephropathy <sup>a</sup> (n = 18) (22.2%)	No nephropathy (n = 63) (77.8%)	P-value
Female gender	88.9% (16/18)	47.6% (30/63)	0.002*
Ophthalmologic anomalies	63.6% (7/11)	35.7% (10/28)	0.11
POAG	0% (0/11)	7.1% (2/28)	
NTG	27.2% (3/11)	3.6% (1/28)	
Ocular hypertension	0% (0/11)	7.1% (2/28)	
Isolated optic disk excavation	36.4% (4/11)	17.9% (5/28)	
Hearing impairment	60.0% (3/5)	40.0% (6/15)	0.44
Orthopaedic score			0.96
Mild	11.8% (2/17)	14.0% (7/50)	
Moderate	53.0% (9/17)	54.0% (27/50)	
Severe	35.3% (6/17)	32.0% (16/50)	
Patellar aplasia/hypoplasia	88.9% (16/18)	93.2% (55/59)	0.55
Radial head hypoplasia	72.2% (13/18)	37.3% (22/59)	0.009*
Iliac horns	87.5% (14/16)	75.0% (45/60)	0.53
<i>LMX1B</i> mutation location <sup>b</sup>			0.002* <sup>b</sup>
<i>LIM-A</i> or <i>LIM-B</i> domain	16.7% (3/18)	58.3% (35/60 <sup>c</sup> )	
Homeodomain	83.3% (15/18)	41.7% (25/60 <sup>c</sup> )	

<sup>a</sup>Nephropathy included subjects with proteinuria or end-stage renal disease.

<sup>b</sup>By excluding family 26 with high prevalence of nephropathy, the *P*-value (0.033) for *LMX1B* mutation location remained significant.

<sup>c</sup>In three out of 63 nonproteinuric patients (from families 30, 31, and 32, respectively), no *LMX1B* mutation could be identified.

\*Significant *P*-values.

studies. DNA CGH-microarray analysis is presently being performed to identify possible microdeletions/duplications, including the region encompassing *LMX1B*.

### Genotype–phenotype relationships

No statistical significant differences between 18 different *LMX1B* mutations could be established concerning the presence and severity of the diverse renal and extrarenal manifestations (data not shown). However, family 26 (with *LMX1B* mutation 672 + 1G > A) demonstrated a high prevalence (53.3%; 8/15) of nephropathy compared to family 4 ((C57S), 0%; 0/8), family 5 ((C63G), 7.6%; 1/13) and NPS patients overall (22.2%; 18/81) (Table 3, Figure 3). Comparison of phenotypic manifestations with *LMX1B* mutation locations (*LIM-A* and *LIM-B* domains *versus* homeodomain (HD)) demonstrated a significant higher frequency of nephropathy (15/40) and higher level of total urinary protein and albumin excretion in individuals with mutations in the HD than in those with mutations in the *LIM* domains (3/38), adjusted for age, gender, and family (*P* = 0.046). Analysis of the different putative effects of identified *LMX1B* mutations (premature truncation of protein, disrupted Zn-finger, or DNA-binding) in relation to the phenotype observed in patients carrying these mutations revealed no statistically significant relationships concerning any of the NPS characteristics.

A significant association was identified between the presence of renal involvement in NPS patients and a

positive family history of nephropathy. In total, 53% of the variance in proteinuria measured in a random urine sample could be attributed to the family to which an individual is belonging, while the *LMX1B* genotype explained only 30% of the variance.

The presence and severity of different NPS manifestations showed high variability at the individual, intrafamilial, and interfamilial level (data not shown). Comparison of extrarenal NPS characteristics between individuals with and without nephropathy is summarised in Table 4 (Figure 3). A statistically significant association was identified between radial head hypoplasia and proteinuria (*P* < 0.01). In contrast to earlier reports<sup>35,36</sup> but consistent with recent observations,<sup>17</sup> no relation could be demonstrated between elbow pterygia (5%; 5/100) and nephropathy (data not shown). Although statistically not significant, glaucomatous anomalies or ocular hypertension were observed more frequently in individuals with renal symptoms (63.6%; 7/11) than subjects without nephropathy (35.7%; 10/28) (*P* = 0.11). No significant differences were found with respect to hearing impairment, nail dysplasia, orthopaedic manifestations, and various skeletal anomalies between individuals with and without nephropathy (Table 4).

### Discussion

In this study, new clinical and molecular aspects of NPS were identified, establishing that: (a) *LMX1B* mutations

located in the homeodomain and female gender may be associated with a higher risk for developing nephropathy; (b) the family history of nephropathy is important in precipitating the individual risk for developing renal disease; and that (c) NTG and sensorineural hearing impairment expand the NPS phenotypic spectrum.

The prevalence of proteinuria (21.3%) detected by quantitative analysis of a random urine sample is comparable to the frequency (22.3%) demonstrated by dipstick analysis by Sweeney *et al.*<sup>17</sup> The present finding of a female predominance for both proteinuria and microalbuminuria is in contrast with the findings in the general population, where the prevalence of microalbuminuria is about two-fold higher in males.<sup>37</sup> The reason for this observation is unclear and needs to be determined. Nephropathy is known to occur during pregnancy only.<sup>17</sup> However, none of the present 16 females with nephropathy was pregnant at the time of investigation and six of them had not been pregnant. Moreover, we have to keep in mind that half of the female patients with nephropathy belong to family 26 with a relatively high prevalence of nephropathy and that less males than females were available for investigation from this family. Microalbuminuria, as the earliest clinically measurable finding of changes in glomerular permeability may be an important diagnostic tool, since it represents an early phase in the spectrum of NPS renal disease. Additionally, microalbuminuria is known to play a role in the progression of kidney damage and cardiovascular disease.<sup>38</sup> Since GFR was significantly lower in proteinuric individuals compared to nonproteinuric cases, we recommend annual screening of CrC for detecting changes in glomerular filtration in proteinuric patients. In addition to the NPS podocyte disease,<sup>7</sup> the severely impaired development of the glomerular capillary network with less fenestrated glomerular endothelial cells as seen in *Lmx1b*<sup>-/-</sup> mice<sup>16</sup> may contribute to a decreased GFR in NPS.

The prevalence of NTG (7.8%) in the present NPS patients is significantly higher than in the general population (0.6%).<sup>39</sup> Based on the finding of POAG, NTG, and isolated glaucomatous optic disk alterations in NPS, we hypothesise that primary structural changes in the membranes of the lamina cribrosa and the trabecular meshwork<sup>40</sup> may play a role in NPS glaucomatous optic nerve damage and may result from disrupted collagen expression and/or an irregular arrangement or deposition of collagen fibrils similar to glomerular changes in NPS.

Hearing impairment has previously been described in two out of six subjects from one NPS family, but no additional familial hearing impairment has been reported in NPS.<sup>41</sup> We found sensorineural hearing impairment in almost half of the examined NPS individuals. Cosegregation of hearing impairment and NPS and absence of audiological anomalies in unaffected family members further suggest that hearing impairment is another aspect of the NPS phenotype.

Recently, it has been suggested that disrupted midbrain dopamine neuron development and function observed in *Lmx1b*<sup>-/-</sup> mice may result in psychological symptoms in human NPS.<sup>11,42</sup> Previous psychological evaluation of self-report questionnaires revealed depression in five out of 10 cases and anxiety symptoms in five out of eight subjects, respectively.<sup>42</sup> In the present psychological assessment of 75 individuals, however, we found no evidence for psychological symptoms such as depression and mood symptoms associated with NPS.

Since nephropathy is important for prognosis and possibly indicative for the occurrence of associated NPS manifestations, we performed comprehensive nephrological examinations and compared extrarenal NPS manifestations between the subgroups of individuals with and without nephropathy. A statistically significant association was only identified between nephropathy and radial head hypoplasia, but no common pathogenic mechanism could be proposed for this finding. No association was found between the presence and severity of nail and patellar dysplasia and iliac horns at the individual and familial level, suggesting that NPS manifestations of disrupted dorso-ventral patterning are not necessarily associated. Different spatiotemporal effects of *LMX1B* mutations or modifier factors may be involved in the highly variable clinical expression of dorsal NPS features.

A significant association was identified between the presence of nephropathy in NPS patients and a positive family history of renal involvement. These findings indicate a higher degree of interfamilial than intrafamilial variability for nephropathy. Individuals within a specific family do not only share the same *LMX1B* genotype, but also possible environmental aspects and endogenous risk cofactors predisposing to nephropathy, such as blood pressure and modifier genes. However, no relationship could be established between mean arterial pressure and protein excretion (Table 4). The influence of other predisposing risk factors will be the subject of future studies.

Individuals with mutations located in the HD of *LMX1B* showed significant higher frequency of nephropathy and higher values of proteinuria than individuals with mutations located in the LIM domains. This is in contrast with a previous compilation of *LMX1B* mutations in NPS, which revealed no such relationship: nephropathy was reported in 55.2% (16/29) of individuals from 20 families with mutations identified in the HD of *LMX1B* and in 55.6% (5/9) of subjects from four families mutations located within LIM-A or LIM-B domains.<sup>43</sup> However, in the latter study, phenotypic information was provided by anamnestic history and/or based on qualitative urinalysis, and no definition of nephropathy was mentioned. Two other patients with the same mutation have been reported, both are without nephropathy.<sup>43</sup> In two other familial cases with a similar *LMX1B* mutation (672 + 1G > T), one patient had nephropathy.<sup>43</sup> In the current study, the high

prevalence of nephropathy in patients with HD mutations is mainly attributable to the large family 26 with a mutation 672 +1G>A (8/15 nephropathy). However, if we exclude family 26 from statistical analysis, the relationship between nephropathy and the location of the *LMX1B* mutation is still significant, emphasizing the presence of this association in additional NPS families (Tables 3 and 4).

Although haploinsufficiency has been hypothesised as the main molecular mechanism of NPS, dominant negative and/or gain-of-function effects cannot be excluded as yet. In fact, the clustering of mutations in the LIM and HD domains, including many that predict premature truncation codons (PTCs), provide strong genetic support for such dominant effects. More insight is needed in the molecular functions of *LMX1B* to resolve the effects of individual mutations and to elucidate the mechanism that underlies the distinct nephrological phenotypes.

The present inventory indicates that both *LMX1B* genotype and modifier factors shared among family members may contribute to the development of nephropathy. A possible role of modifier genes in NPS had already been put forward in 1956 by the assumption that the NPS phenotype is modulated by the wild-type *LMX1B* allele.<sup>44</sup> Although haplotype analysis and quantification of the severity of orthopaedic anomalies have given some support to this hypothesis,<sup>20</sup> recent single-nucleotide polymorphism (SNP) analyses across the *LMX1B* gene suggest a relationship between the haplotype of the mutant allele and the severity of nail anomalies.<sup>45</sup> Previous studies on the candidate modifier gene *CLIM2*, encoding a transcriptional activator interacting with *LMX1B*, revealed no correlation between different *CLIM2* polymorphisms and the renal phenotype in our family 26 (*LMX1B* mutation 672 +1G>A) with high prevalence of nephropathy.<sup>46</sup> A previous observation<sup>15,47</sup> of ESRD in one, and absence of renal symptoms in the other half of identical male twins with NPS emphasizes a role of external and/or endogenous cofactors in the development and progression of renal disease. In the present study, no association could be identified between the *LMX1B* genotype and severity scores of various extrarenal NPS characteristics, indicating that different modifier factors may also be involved in extrarenal NPS features.

Further studies on candidate modifier genes are necessary to understand the molecular mechanisms underlying inter- and intrafamilial phenotypic variation and to identify cofactors involved in the progression to glaucoma and terminal renal insufficiency in NPS. Pyrosequencing and whole-genome microarray techniques offer comprehensive genotyping solutions for detecting individual genetic variations, including SNPs, insertion/deletion polymorphisms, and mutations in genetic modifiers. Gene expression profiling of urinary podocytes from NPS patients with and without renal symptoms is presently being performed.

The first indication that hearing impairment and NTG are part of the NPS phenotype and the finding that *LMX1B* mutation location, family history, and female gender may be associated with the NPS renal phenotype requires confirmation in additional families before applying into counselling. Further investigation and follow-up of additional large *LMX1B* mutation and clinically well-characterised NPS pedigrees, will be of enormous value to finally elucidate the cofactors underlying the phenotypic variability and the complete phenotype of NPS.

In agreement with the recommendations for clinical management proposed by Sweeney *et al*,<sup>17</sup> we stress the necessity of annual measurement of albumin/creatinine ratio in a first morning specimen starting from birth and additionally annual ophthalmologic screening, including investigation of glaucomatous optic disk alterations from late childhood. NPS patients carrying mutations in the HD of *LMX1B*, especially from families with a positive family history of nephropathy, require comprehensive renal studies.

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