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## Bambach study

A clinical study to test the effect of two seating positions on muscular activation and upper limb function has shown that sitting on a Bambach Saddle Seat while working improves the skill and accuracy with which tasks are performed. The study concluded that sitting in an anteriorly tilted position - where the pelvis tilts forwards as on the Bambach - helps promote a healthier working posture and may minimise discal pressure, reducing low back pain and the tendency to slump.

The research, undertaken by the University of Birmingham's School of Health Sciences and published in the November issue of the *International Journal of Therapy and Rehabilitation*, has significant implications for thousands of British dentists whose work requires long periods of sitting, bending and stretching over patients, with hands and arms activated in precision work. The aim of the study was to identify what effect the position of the pelvis has on upper limb function. The researchers found that seating, and the position a seat places your pelvis, has a significant effect. The subjects, when seated on a Bambach, performed significantly better in upper limb tasks than the subjects when seated on a flat seat.

The Bambach Saddle Seat can be purchased through Bambach Europe Ltd for £399 + VAT. Enquiries: 0800 581 108 or visit [www.bambach.co.uk](http://www.bambach.co.uk).

**Reader response number 52**



## New Bonjela flavour



Bonjela, the UK's leading oral lesion gel has added a new flavour to their range - Bonjela Cool Mint. The new mint flavour ensures that Bonjela can now reach a much wider audience, as the cool mint flavour should be to nearly everyone's taste. Research shows that 98% of patients surveyed would be willing to try Bonjela Cool, compared to 73% of people who would try the original.

Bonjela Cool, like its original counterpart, is a fast and effective treatment for many types of oral pain including, inflammation caused by ill-fitting dentures, pain and inflammation caused by common mouth ulcers, and the treatment of denture and brace sores. For further information please contact Medical Information Unit - free of charge 0500 455456

**Reader response number 51**

## Natural toothpaste

A new 100% natural toothpaste is being launched this month. Green People's Minty Cool Toothpaste provides all the refreshing and effective cleansing properties of many top high street brands, but with potent natural ingredients to cleanse teeth and look after gums. This new product offers gentle, effective cleansing with the anti-bacterial and antiseptic properties of peppermint, spearmint and myrrh essential oils.

Minty Cool contains natural, plant derived betaine. Clinical trials have shown that this mild foaming ingredient helps to reduce dry mouth syndrome by stimulating saliva production. Unlike the foaming properties of many high street brands containing sodium lauryl sulphate, Minty Cool's betaine foaming properties work without causing any gum irritation or inflammation. Minty Cool is based on calcium carbonate to gently clean and remove plaque from teeth and gums without a harsh abrasive action. This is blended with aloe vera, which has a soothing effect on tender sensitive gum, reduces swelling, and has powerful antiseptic properties especially in gum pockets. Priced at £3.45, Green People's Minty Cool will be available via mail order at Green People Tel: 01403 740350, the website [www.greenpeople.co.uk](http://www.greenpeople.co.uk) and through independent health stores around the UK.



**Reader response number 50**

# DENTAL CHAIRS AND DELIVERY SYSTEMS

## Sirona

When you are contemplating a change of treatment centre then go no further than considering one of the many dental systems from Sirona. Whatever your budget, the C+ range will suit every circumstance and practice requirement. All Sirona treatment centres are designed around the operator and patient and can be customised to provide individual ways of working, whatever the budget limitations. Whether your requirements are for a top-of-the-range scheme to provide state-of-the-art facilities in the practice, or if you require a less sophisticated system to replace your present unit, Sirona offers a treatment centre that can be designed for all budgets.

The Sirona C+ concept is now enhanced by the 'turn' option that is available on two of the most popular treatment centres to give an uncompromising ambidextrous capability. The range of equipment offers a variety of instrument delivery systems that include as standard many features that most other manufacturers class as optional extras and give a whole spectrum of possibilities in terms of specification and price.

For more details please contact Sirona Dental Systems Ltd: 020 7544 8632

**Reader response number 53**



## Ultratrim, thin back dental chair



Midmark has launched a new, thin and narrow back for its dental chair called the Ultratrim. This chair extends Midmark's current dental product line, which also includes the UltraComfort chair back. The new back is designed to accommodate clinicians who prefer direct access to the oral cavity when approaching the patient from the nine o'clock position without sacrificing the patient's comfort. The back is also designed for dental hygienists who move around the patient's head as they operate.

Control of the chair and working access are exceptional, due to the design of the chair back, wide range of motion, and the intuitive control design and placement. Patient access and comfort is enhanced by

the patented integrated arm rests, advanced lumbar design and sculpted seat and back that securely supports the patient for comfort in all positions. The Midmark Dental Chair is available in state-of-the-art operatory configurations complete with advanced lighting solutions, instrument packages and a comprehensive range of other components. Both the UltraComfort and UltraTrim chair backs are interchangeable and available in a variety of upholstery, colours and headrests.

For further information please contact Paterson Health Group on 01594 833007 or e-mail [sales@paterson.ltd.uk](mailto:sales@paterson.ltd.uk)

**Reader response number 53**

## Tridac ambidextrous Contour Chair Units

A new feature of this popular ambidextrous chair unit is the option of a monitor arm, which readily transforms from right to left hand use in conjunction with the rest of the unit. All this is achieved in seconds and without the use of any tools, making it one of the efficient cross-over chair units on the market. Clean uncluttered lines brought about by internal services and moulded built-in foot switches have resulted in a chair unit that is safer in use, easier to clean, and pleasing on the eye. Reliability and ease of maintenance are also popular features with the Contour Unit with spare parts readily available from the UK manufacturer. Considerable space is provided within the delivery module for the inclusion of a wide selection of built-in options, available to ensure that the unit meets your own particular specification. For further information, tel 01923 242398, or fax 10923 250864.

**Reader response number 53**



## Evident launch new active stools for dental teams

DynamoSeat and InCharge are new work stools from Evident that actively help improve the posture of working dental professionals by encouraging a correct sitting position with greater levels of comfort. While seated, backs can be upright and better balanced. Legs are also less restricted offering improved circulatory benefits and allowing greater mobility around the surgery. Both models are available with detachable covers and optional foot-operated gas lifts for better cross infection control. Footrests can also be fitted if required. When used in conjunction with Orascoptic Loupes you have the perfect recipe for better posture, loupes making it possible to sit straighter because for the magnified views and DynamoSeat and InCharge providing the perfect support for the base of your spine. DynamoSeat or InCharge can be tried free of charge for a fortnight.

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## Henry Schein

Henry Schein offers a range of dental chairs including:

- A selection of KaVo chairs that have been designed to combine high levels of ergonomics, comfort and efficiency and includes the professionally designed Sensus 1066 dental unit.
- Sirona treatment centres - C1+, C2+, C3+, C4+, C5+ and C8+, all incorporating a simple control concept. This range offers two control options for dentists: 'hands on', where the dentist exercises control via a conveniently positioned, easy to read control panel on the dentist's element, or with a simple, all in one foot switch.
- The Belmont Celesta Chair has a double articulated head-rest with two pre-set positions. It also has seamless upholstery, a swing out arm rest and a hands free 8-way foot switch.
- The Belmont 037 Pro II Knee Break Chair has three pre-set positions and automatic extendable leg rest. For patient comfort it has swing-out arm-rests and seamless upholstery.
- The Belmont 039 Pro Knee Break Chair has a motorised head-rest with handy foot control. It also has 3 pre-set positions and a motorised head-rest with handy foot control.
- The Belmont Progress Chair has a number of pre-set positions and allows a 60 degree rotation. For patient and dentist comfort it has a double articulating headrest.
- The Tridac ECO 19 3P Chair has an internal umbilical duct and services compartment in the base, duplicated foot controls (L & R), offering the possibility of umbilical-free installations, improving aesthetic appeal and ease of movement. It also has a swivel option which adds to the chair top rotation of 30 degrees each and a last position memory facility. The upholstery is removable and seamless as are the arm rests and it has a novel magnetic pillow.

For further information call Henry Schein on 08700 10 20 41.

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## Clesta II from Takara Belmont

The Clesta, from Takara Belmont, is one of the world's most popular dental systems with an unprecedented track record in performance and reliability. Launched in 1990, over 15,000 Clesta treatment centres have been sold around the world. Takara Belmont has taken dental systems another step forward with the introduction of the Clesta II. An evolution of the Clesta, the Clesta II focuses the data and feedback of 15-years international dental service to create a new generation of treatment centre. Hundreds of refinements and detail improvements help the Clesta II establish new levels of comfort, hygiene and ease of use for operators, nurses and patients. The Clesta II comes in four configurations: Over the Patient Treatment Centre; Continental Treatment Centre; Side Arm (Cabinetry Mounted) Treatment Centre and Mobile Cart Treatment Centre. The Clesta II is built to last and to be upgraded for future regulations. The ergonomic cuspidor housing is designed with forthcoming amalgam separation in mind, so there is sufficient space to install additional equipment. Takara Belmont offer a 3-year warranty on the cuspidor and module and 5-years on the chair and dental light.

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