Image Analysis and Flow Cytometric DNA Studies of Benign and Malignant Body Cavity Fluids: Reappraisal of the Role of Current Methods in the Differential Diagnosis of Reactive *Versus* Malignant Conditions

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Cytologic examination of body fluids is commonly performed in the clinical laboratory. Determination of the presence of malignancy may sometimes be difficult. In this study, we prospectively studied 60 body fluids with a panel of antibodies, including MOC-31, epithelial membrane antigen, carcinoembryonic antigen, B72.3, keratin, desmin, and CA-125. DNA and S-phase studies were performed both by flow cytometry and image analysis. Thirty-seven fluids were classified as benign and 23 were classified as malignant. The sensitivity of the antibodies for identification of carcinoma in descending order of percentage detection rate were MOC-31 (95%), epithelial membrane antigen (93%), B72.3 (84%), and carcinoembryonic antigen (80%). Desmin stained mesothelial cells in all cases. CA-125 gave similar results but was less specific. Flow cytometry detected 14 of 20 malignant fluids and image analysis 17 of 23 by identifying an aneuploid population. Benign reactive mesothelial cells were not aneuploid. Tetraploidy due to reactive mesothelial cells was found in 9 of 37 body fluids. Their S-phase fraction was low (average, 3.2%). Tetraploidy in malignant cells was distinguished from the reactive mesothelial cells by high S-phase (average, 25.95). S-phase had some use as a discriminating factor, because no benign reactive cases had more than 17%. However, 7 of 23 malignant cases had a value below 17%. DNA analysis by image was more sensi-

Date of acceptance: January 5, 2000.

tive and specific than flow. Either may be used when immunocytochemistry is nondiagnostic or cannot be performed.

KEY WORDS: Body cavity fluids, Cytology, DNA ploidy, Flow cytometry, Image analysis, Mesothelial cells.

Mod Pathol 2000;13(7):788-796

The evaluation of body fluid cytology specimens is common in cytology and hematology laboratories. Sometimes, there are problems of interpretation because of the wide cytologic variance in the appearance of mesothelial cells and neoplastic cells. For example, mesothelial cells can appear as small clusters of medium-sized cells with basophilic cytoplasm and nondescript cytologic features or as large pleomorphic cells with several nuclei and mitoses (1). The most common differential diagnosis is to determine whether atypical cells that are present in a body fluid cytology sample are reactive mesothelial cells or malignant cells (carcinoma, malignant mesothelioma, others). Several recent reviews have considered the use of immunocytochemical markers for detecting carcinoma in fluids, with antibodies such as Ber-EP4, Leu-M1, epithelial membrane antigen (EMA), B72.3, carcinoembryonic antigen (CEA), and MOC-31 (2-12). However, few antibodies are commercially available for identifying mesothelial cells. Two of these antibodies are desmin (4, 13-15) and CA-125 (16, 17). Another tool that has been used successfully to identify neoplastic cells is DNA ploidy analysis. Although some authors have proposed the use of this method in assessing body fluids for neoplastic cells (2, 18-28),

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VOL. 13, NO. 7, P. 788, 2000 Printed in the U.S.A.

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others have found it to be of no or limited value (29-31).

The purpose of the present study was to determine prospectively the role of image and flow DNA ploidy in analyzing body fluids to distinguish between benign effusions and malignant ones. The study correlated morphology and immunocytochemistry with DNA ploidy analysis using two techniques, image analysis and flow cytometry. Results obtained by image analysis were compared with those obtained by flow cytometry at two different institutions. The results of DNA ploidy and S-phase were compared with cytology- and/or biopsyproven cases.

MATERIALS AND METHODS

A prospective study was conducted on body fluid samples (pleural, peritoneal, or pericardial effusions with atypical cells) from 60 patients evaluated from March 1994 to November 1996. The studies included morphologic examination of Wright- and Papanicolaou-stained specimens, immunocytochemistry, and DNA and S-phase studies by both image analysis and flow cytometry. Fluids were divided into benign or malignant categories on the basis of morphology, results of immunocytochemistry, biopsy findings, and clinical follow-up and outcome. Benign cases were those in which no malignancy was found in the fluids by cytology, biopsy, or immunocytochemistry. These patients were alive in June 1998 or had died of unrelated causes. Malignant cases were those in which malignant cells were found in the fluid by cytology, biopsy, or immunocytochemistry. These patients

TABLE 1. Antibodies Used in the Study

died or demonstrated obvious disease in subsequent follow-up. Of the 60 cases, 37 were classified as benign and 23 were classified as malignant.

Immunocytochemistry

Cytospin preparations were prepared from all of the body fluid samples. They were fixed in fresh 4° C acetone for 5 min and air-dried for 1 h at room temperature before being immunostained (acetone is the fixative of choice and is considered crucial for obtaining adequate staining results). The panel of antibodies used for immunostaining all of the specimens included cytokeratin, desmin, EMA, and MOC-31. In one case, S-100 protein and HMB-45 were also used to confirm the diagnosis of malignant melanoma. Immunostaining was performed at Mayo Medical Laboratories according to the peroxidase-labeled streptavidin-biotin method, with 3-amino-9-ethylcarbazole as chromogen. The slides were mounted in a water-soluble mounting medium (3-5).

One set of slides was sent to another study laboratory (Deaconess Immunocytometrics Laboratory, St. Louis, MO), and a complementary panel of antibodies that included desmin, CA-125, CEA, and B72.3 were used for peroxidase and antiperoxidase immunostaining with diaminobenzidine as the chromogen. Various titers were used (Table 1). The slides were mounted in synthetic mounting medium. At both institutions, all slides were stained within 1 week after the cytospin preparations were prepared. On all slides, endogenous peroxidase activity was inhibited with H_2O_2 plus azide (32).

Procedure	Manufacturer	Clone	Titer	Cell Specificity
Immunocytochemist	CY			
Keratin	Boehringer-Mannheim (Indianapolis, IN)	AE1/AE3	1:300	Mesothelial cells
				Epithelial cells (carcinoma)
MOC-31	Biogenesis (Franklin, MA)	MOC-31	1:25	Epithelial cells (carcinoma)
				Young mesothelial cells (rare)
EMA	Dako (Carpinteria, CA)	EZ9	1:200	Epithelial cells (carcinoma)
				Young mesothelial cells
				Malignant mesothelioma
CEA	Dako	Cat #A115	1:2,000	Malignant epithelial cells (carcinoma)
				Granulocytes
				Macrophages
B72.3	Signet (Dedham, MA)	B72.3	1:30	Malignant epithelial cells (carcinoma)
Desmin	Dako	DE-R-11	D-1:200/M-1:75	Mesothelial cells
				Muscle cells
CA-125	Signet	OC125	1:50	Mesothelial cells
				Ovarian carcinoma
				Other carcinomas (occasional)
Flow cytometry				
Keratin	Becton-Dickinson (San Jose, CA)	CAM 5.2	20 μ L/1 million cells	Epithelial cells (carcinoma)
				Mesothelial cells
CD45 (LCA)	Becton-Dickinson	2DI	20 μ L/1 million cells	Lymphocytes
				Macrophages
				Granulocytes

CEA, carcinoembryonic antigen; EMA, epithelial membrane antigen.

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DNA and S-Phase Analysis

DNA and S-phase analysis was performed by two methods: (1) flow cytometry at Mayo Medical Laboratories and (2) image analysis performed at the Immunocytometrics Department at Deaconess Laboratory in St. Louis, Missouri.

Flow cytometry

DNA analysis was performed on fresh cytology specimens using a FACScan flow cytometer (Becton-Dickinson Immunocytometry Systems, Mountain View, CA) with Lysis II acquisition software and MODfit analysis software (version 5.2, Verity Software House, Topsham, ME). The cell suspension was washed and fixed with 0.003% lysolecithin in 1% paraformaldehyde. Cells were stained with fluorescein isothiocyanate-labeled anticytokeratin, CD45, or mouse IgG1 isotype control (Becton Dickinson). The nuclei in each of the three tubes were stained with propidium iodide, using the modified Vindelov procedure. The data were collected, and the cytokeratin-positive population was analyzed and compared with the cytokeratinnegative population. Although the cytokeratin stain does not resolve reactive and malignant cells, it does analytically isolate the cytokeratin-positive cells. In the cases analyzed in this study, there was a 3- to 20-fold enrichment of the cells of interest. DNA ploidy analysis and S-phase fraction were determined for the cytokeratin-positive cell population. At least 10,000 cells were collected, and at least 500 cvtokeratin-positive cells were analyzed. Diploidy was determined by the presence of a G0-G1 peak having a DNA index (DI) equal to 1.00 (± 0.005) . Nondiploidy was considered as the presence of at least one separate tumor G0-G1 peak having a DI outside the diploid range. If the DI equaled 2.00 (± 0.15), then the cells were classified as tetraploid. Nondiploid peaks were classified as aneuploid. If there was no aneuploid cell population, the total S-phase of the cytokeratin-positive cells was used for the S-phase fraction. If there were aneuploid cells and they represented more than 20% of the cytokeratin-positive cells and had a DI greater than 1.4, then the aneuploid population was used for the S-phase fraction. If the aneuploid population did not fulfill both of these criteria, then the aneuploid S phase was considered unreliable and the total cytokeratin-positive S-phase fraction was used. If there was more than one aneuploid population, the diploid cells were defined as an extra peak and the total S-phase fraction of the aneuploid peaks was used.

Image analysis

DNA analysis was performed on cytospin preparations using a CAS-200 image analyzer (Becton-

Dickinson, San Jose, CA). Cells were fixed in acetone at Mayo and were postfixed in 10% neutral buffered formalin before being stained with the Feulgen method. Two slides per specimen were stained with the Feulgen method, using one standard protocol of Feulgen dye incubation after acid hydrolysis (CAS Feulgen stain per protocol, Becton-Dickinson, package insert). The sample was analyzed with the 3.0 version of quantitative DNA analysis by selecting at least 200 nuclei from the most atypical-appearing epithelioid cells. Lymphocytes were used as a diploid internal control to avoid using epithelial cells that might represent the cells of interest as an internal control. Lymphocytes are routinely used in image analysis whenever a specimen does not contain an adequate number of benign cells of similar nuclear features. No tissue correction is used when assessing histograms, because nuclei in cytologic samples are intact and not truncated (33-35). Results were reported as diploid or aneuploid with S-phase and G2M. The primary peak DI is automatically marked by the instrument software (in tissue correction mode). The left slope is marked with the first column containing tumor cells. The columns to the left of the primary peak are counted, and the right slope is marked an equal number of columns to the right of the primary peak. The secondary peak is twice the primary peak DI \pm 0.1. The S phase can be estimated by assuming that the cells between the primary peak and the secondary peak all are proliferating and dividing this number by the total number of cells under all markers.

RESULTS

Patient Characteristics

The body fluid samples were obtained from 60 patients (32 abdominal samples, 22 chest samples, and 6 pericardial samples). The mean age of the patients was 60 years (range, 21 to 87 years). The youngest patient with a malignant effusion was 42 years old (adenocarcinoma of the lung). The oldest patient with a malignant effusion was 86 years old. The average age of a patient with a malignant effusion was 64 years. Types of primary tumors are summarized in Table 2.

Immunocytochemical Results

Keratin

Staining for keratin was positive in all 22 cases of epithelial malignancy and negative in 1 case of melanoma. Keratin was the most sensitive but least specific antibody for carcinoma, because it also stained mesothelial cells that were present in most of the fluid samples.

TABLE 2		Malignancies	Found	in	Body	Fluids
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Fluid	Malignancy	No. of Cases
Abdominal (ascites) $(n = 10)$	Pancreas	3
	Stomach	2
	Ovary	1
	Cholangiocarcinoma	1
	Breast	1
	Lung	1
	Unknown	1
Chest (pleural) $(n = 8)$	Lung	4
	Breast	1
	Stomach	1
	Ovary	1
	Melanoma	1
Pericardial $(n = 5)$	Lung	2
	Ovary	1
	Breast	1
	Unknown	1
Combined $(n = 23)$	Lung	7
	Ovary	3
	Breast	3
	Stomach	3
	Pancreas	3
	Cholangiocarcinoma	1
	Melanoma	1
	Unknown	2

EMA

All 60 samples were stained with EMA, and 21 of the 22 cases of epithelial malignancy stained positive. Mesothelial cells showed occasional weak positivity, except for occasional moderate staining of small clusters of basophilic mesothelial cells that were also positive for desmin. The pattern of staining was membranous and cytoplasmic, with predominantly membrane staining (Fig. 1).

MOC-31

Fluid samples from 21 benign and 14 carcinoma cases were stained with MOC-31. Of the 14 carcinoma cases, MOC-31 was positive in 13. In the

benign cases, occasional mesothelial cells showed weak positivity. A few cases in which small basophilic mesothelial cells were present showed moderate staining, causing confusion with possible malignant carcinoma cells. However, these basophilic mesothelial cells also stained with desmin. The pattern of staining was membranous and cytoplasmic, with a predominance of membrane staining (Figs. 2 and 3).

CEA

Fluid samples from 37 benign and 20 carcinoma cases were stained with CEA. Of the 20 carcinoma cases, 16 stained positive. The pattern of staining was mainly cytoplasmic.

B72.3

Fluid samples from 37 benign and 19 carcinoma cases were stained with B72.3. Of the 19 carcinoma cases, 16 stained positive. The pattern of staining was membranous and cytoplasmic and had a predominant membranous distribution.

Desmin

All 60 samples were stained with desmin, and the mesothelial cells in all cases stained positively. No reactivity was noted in any of the malignant cells in cases of carcinoma or melanoma. The pattern of staining was cytoplasmic, with a predominantly perinuclear pattern similar to that displayed by keratin (Figs. 3 and 4).

CA-125

Fifty-nine samples were stained with CA-125. Noteworthy was the presence of strong staining of most, if not all, of the mesothelial cells in the benign and malignant cases. It was positive in the malignant cells of seven cases (three serous carci-

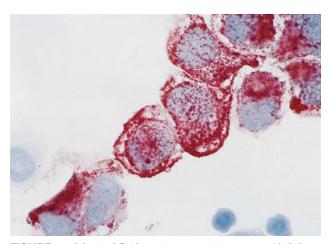


FIGURE 1. Abdominal fluid specimen containing many epithelial membrane antigen (EMA)-positive carcinoma cells and an EMA-negative mesothelial cell in the left lower corner. Note that the staining of tumor cells has both cytoplasmic and membranous patterns (immunoperoxidase stain for EMA, $\times 1000$).

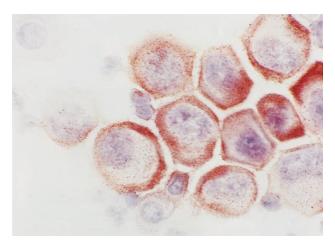


FIGURE 2. Abdominal fluid specimen containing many MOC-31–positive carcinoma cells with predominantly membranous staining. An MOC-31–negative mesothelial cell is present in the upper left corner (immunoperoxidase stain for MOC-31, \times 1000).

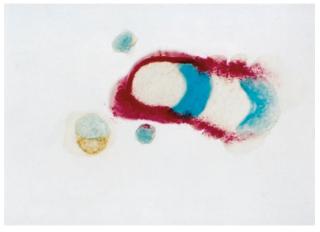


FIGURE 3. A pleural fluid specimen containing MOC-31–positive carcinoma cells (red color, membranous staining) and desmin-positive mesothelial cells (brownish perinuclear staining) (combined immunoalkaline phosphatase stain [red] for MOC-31 and immunoperoxidase stain [brown] for desmin, $\times 1000$).

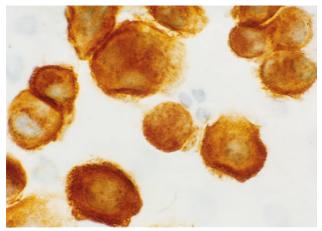


FIGURE 5. A pleural fluid specimen containing many CA-125–positive mesothelial cells with cytoplasmic and predominantly membranous staining (immunoperoxidase stain for CA-125, ×1000).

benign fluid samples with diploid cells, and "false negative" were malignant fluid samples with diploid cells.



Fluid samples from 29 benign and 20 malignant cases were analyzed with flow cytometry (Tables 3 and 4). Of the 20 malignant cases, 14 (70%) were interpreted as aneuploid and 6 (30%) as diploid (false negative). Of the 29 benign cases, 1 was interpreted as aneuploid (false positive). Tetraploidy was found in four malignant cases and in none of the benign cases. The average for the S phase in 13 malignant cases was 12.7% (range, 2 to 25%) and in the 22 benign cases, 2.9% (range, 1 to 11%). In the four malignant cases demonstrating tetraploidy, the average for the S phase was 15.8% (range, 9 to 22%).

Image Analysis

All fluid samples were subjected to image analysis (Tables 3 and 4). Of the 23 malignant cases, 17 (74%) were interpreted as an euploid (true positive). Six malignant cases (26%) were interpreted as diploid (false negative). None of the 37 benign cases showed aneuploidy (false positive). Among all of the fluid samples, 16 were tetraploid: 7 from malignant cases and 9 from benign cases. The average percentage of cells in area B of the DNA histogram (S-phase fraction) for all of the malignant cases was 20.3% (range, 7 to 44%), compared with the benign fluid, which was 5.4% (range, 0 to 16%). Tetraploidy was found in both benign and malignant fluids: in 7 malignant cases and 9 benign cases. The average for the S-phase fraction in the seven malignant tetraploid cases was 25.9% (range, 15 to 33%) and in the nine benign tetraploid cases, 3.2% (range, 0 to 12.9%).

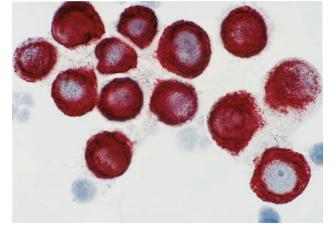


FIGURE 4. A pleural fluid specimen containing many desminpositive mesothelial cells with predominantly a perinuclear cytoplasmic staining pattern (immunoperoxidase stain for desmin, $\times 1000$).

nomas of the ovary, one carcinoma of the breast and one of the stomach, one cholangiocarcinoma, and one unknown carcinoma). Tumor cells from the ovary were the only ones to show strong reactivity similar to that of mesothelial cells. The pattern of staining was diffuse cytoplasmic, in contrast to the perinuclear staining displayed by desmin (Fig. 5).

DNA Studies

Although normal tissues and benign neoplasms may demonstrate aneuploidy and some malignant neoplasms may demonstrate diploidy (36–39), we considered that metastatic malignant tumors would show diploidy less commonly. We divided the fluid samples into four groups: "true positive" were fluid samples with aneuploid malignant cells, "false positive" were benign fluid samples with the presence of aneuploid cells, "true negative" were

TABLE 3	DNA and	S-Phase	Analysis	of Body	Fluids
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Method	DNA Nondiploid		DNA Diploid	Average	Range
Method	Aneuploid	Tetraploid	DNA Diploid	(%)	(%)
Flow cytometry					
DNA analysis					
Fluids					
Benign $(n = 29)$	1	0	28		
Malignant $(n = 20)$	10	4	6		
S phase					
Fluids					
Benign $(n = 22)$				2.9	1-11
Malignant $(n = 13)$				12.7	2-25
Tetraploid $(n = 4)$				15.8	9-22
Image analysis					
DNA analysis					
Fluids					
Benign $(n = 37)$	0	9	28		
Malignant $(n = 23)$	10	7	6^a		
S phase					
Fluids					
Benign					
Diploid $(n = 28)$				5.4	0-16
Tetraploid $(n = 9)$				3.2	0-12.9
Malignant $(n = 23)$				18.1	2-44
$\mathrm{True}^b \ (n = 17)$				20.3	7-44
Tetraploid $(n = 7)$				25.9	15-33

^a Morphologic or immunohistochemical studies revealed very few malignant cells in five cases. Values obtained are thought to represent background reactive mesothelial cells. One case was operator error and incorrect selection of cells; therefore, no true diploid malignant fluids were found. ^b Excluding false-negative result.

 TABLE 4. Sensitivity of Different Methods in Detection of Malignancies

	Detection Rate (%)	Positive Cases/Cases Studied
Immunocytochemistry		
EMA	95	$21/22^{b}$
MOC-31	93	$13/14^{b}$
B72.3	84	16/19 ^b
CEA	80	16/20
DNA analysis		
Flow cytometry	70	$14/20^{c}$
Image analysis	74	$17/23^{d}$
S phase (high S-phase value)		
Flow cytometry $(\geq 12\%)^a$	46	6/13
Image analysis $(\geq 17\%)^a$	57	13/23
	76	13/17 if cases with few malignant cells excluded (false negative) by DNA

CEA, carcinoembryonic antigen; EMA, epithelial membrane antigen. a No benign cases had S-phases higher than this value.

^b Rare false-positive mesothelial cells.

^c One false-positive result.

^d No false-positive results.

DISCUSSION

Mesothelial cells are commonly seen in specimens of body fluids. The finding of atypical "epithelioid" cells is also common. The most common diagnostic dilemma is whether the atypical cells represent reactive mesothelial cells or metastatic carcinoma. In comparison with biopsy specimens, cytology specimens are more difficult to assess because the clinical history is often incomplete. Also, no histologic pattern of growth is present. Accurate diagnosis is critical so that patients can be stratified into the appropriate treatment plan. The population of mesothelial cells found in body fluids is not homogeneous but consists of cells in various stages of maturation and degeneration. In fact, mesothelial cells may present several different antigenic epitopes as they mature or undergo transformation, as do other cells, such as lymphocytes. They may appear as small groups of cells with basophilic cytoplasm without cytologic atypia or they may appear as large cells and have nuclear atypia. There are even degenerative forms, with vacuolated cytoplasm, that mimic macrophages. Mesothelial cells also may form large clusters and mimic adenocarcinoma (1).

Although many of the cases included in the study showed distinctive cytologic characteristics of either malignant cells or benign mesothelial cells, the cells in 8 of the 23 malignant cases and in 11 of the 37 benign cases showed overlapping cytologic characteristics and the additional ancillary methods were thought necessary to confirm the diagnosis.

Immunocytochemistry

In the comparison of the five epithelial markers used in our study, MOC-31 was the most sensitive and most specific marker, as reported previously (2, 6). In descending order, the sensitivities of antibodies for identifying epithelial malignancy were EMA, MOC-31, B72.3, and CEA. However, MOC-31 stained more cells than EMA, and CEA stained more cells than B72.3. Keratin was used as a positive control to study immunoreactivity and to verify the epithelial origin of the cells.

Mesothelial cells are antigenically complex; they consistently stain with desmin and CA-125 and may even stain positively with neuroendocrine markers such as Leu-7 and neuron-specific enolase (40, 41). Desmin was the best antibody for selectively staining mesothelial cells, because it consistently stained most of the mesothelial cells in all of the fluid samples tested. CA-125 had a similar spectrum of reactivity but was less specific. Recent studies of adhesion molecules indicated a high level of expression of N-cadherin in mesothelioma and E-cadherin in all pulmonary adenocarcinomas (42, 43). Additional studies to confirm the sensitivity and specificity of N-cadherin as a marker for positive identification of mesothelial cells and mesothelioma may improve our ability to evaluate body fluids immunocytochemically.

DNA and S Phase

DNA analysis and the S-phase fraction seem to be useful in evaluating body fluids. The best results were obtained with image analysis because it was more sensitive than flow cytometry. Furthermore, the fluid sample was more "accessible" for study and required only a cytospin preparation. Flow cytometry, however, required a fresh specimen. This may be a problem in some laboratories after normal working hours and on weekends and holidays and if the samples need to be sent to a reference laboratory. Image analysis correctly detected 18 of 23 (78%) malignant specimens as aneuploid. We retrospectively investigated the cause of the six false-negative cases. For five of these cases, very few malignant cells were on the slides, and in the sixth case, the cells were present but not abundant. Repeat analysis on this last case did detect the abnormal population. Therefore, we believe that the cause of the false-negative result in at least five cases was due to the presence of very small populations of malignant cells that could not be sampled and, therefore, could not be detected with the image analyzer. The results of the DNA analysis are thought to be the result of background reactive mesothelial cells. This most likely is why the malignant cells were not also detected with flow cytometry.

An important finding was the presence of tetraploidy in benign fluids. This could lead to a suspicion of malignancy and subsequent unnecessary studies or procedures. Tetraploid mesothelial cells were found in 9 of the 37 benign specimens (24%) analyzed. This is not surprising because reactive mesothelial cells can have several nuclei and even exhibit mitotic figures. The difference between benign tetraploid mesothelial cells and malignant tetraploid carcinoma cells was the low S-phase fraction of the benign cases (average, 3.2%). For the malignant cases, the average was 25.9%. It is not clear why these cases were detected only with image analysis, but we believe that it is explained by the selection of more atypical cells during cell selection for image analysis. In flow cytometry, these cells are mixed with many normal populations of mesothelial cells, making it more difficult to detect abnormal DNA ploidy in malignant cells because of the diluting effect. Also, tetraploid cells may be considered as cell clusters or clumps and are excluded from analysis.

Previous studies have reported varying sensitivities for detecting DNA aneuploidy in malignant effusion (18–20), ranging from 63.8 to 68%. Our sensitivity for detecting aneuploid cells was 70% for flow cytometry and 74% for image analysis. Clearly, sensitivity depends on the tumor load in a fluid sample. We believe that the sensitivity would be much higher if adequate numbers of tumor cells were in sufficient number to be sampled in the fluid.

By itself, the S phase was a general indication of the proliferative capacity of the cells studied. On image analysis, an S phase of 17% or more was not seen in any of the benign cases. Therefore, in our laboratory, any value more than 17% alerts us to the presence of a malignant cell population in the specimen. However, this finding is not very sensitive because 10 of 23 malignant cases had a value of less than 17%. If only the cases with frequent tumor cells are included, it detected 13 of 17 cases. Mesothelial cells infrequently have a high S-phase fraction in reactive conditions (up to 16% by image analysis), with less variance from the average (5.4%). Similar results have been reported previously (26).

On the basis of our results, we believe that DNA and S-phase analysis is useful in the differential diagnosis of effusions with cytologically atypical cells if immunostaining cannot be performed or the results are inconclusive.

If a body fluid contains either atypical cells or cells that are indeterminate for malignancy (e.g., reactive mesothelial cells versus tumor) and the definite cytologic diagnosis of malignancy cannot be made, then the next step, we believe, is to perform immunocytochemistry. If at least two markers are positive, then it is thought that there is sufficient evidence of malignancy. However, the origin of the tumor remains to be determined to establish the appropriate treatment. If both morphologic and immunocytochemical studies have been equivocal or failed to prove malignancy, then cytometric studies that show the presence of aneuploidy and/or a high S phase may be suggestive of malignancy. Cytometric studies themselves cannot determine the origin of tumors; therefore, correlation with other results, history, and clinical follow-up is

necessary. These results may also serve as prognostic indicators of some tumors.

In our opinion, the use of keratin, MOC-31, EMA/ CEA, and desmin optimizes the classification of body fluids that are suspicious for malignancy. These antibodies constitute a basic screening panel, with other antibodies added as needed for fluid samples that contain malignant cells of nonepithelial origin. DNA and S-phase studies may be backup methods in certain cases. It is most useful when the morphology is suspicious but immunostaining results are inconclusive, especially in cases of nonepithelial malignancy in which routine epithelial markers used were negative. Although aneuploidy does not distinguish between different types of tumors, it indicates malignancy until proved otherwise. Diploidy may be present in samples from malignant cases for several reasons, including insufficient number of malignant cells, diploid metastatic tumors, or true diploid malignant mesotheliomas (21-24). Some examples of known diploid tumors are breast cancer, lymphomas, certain lung tumors, and most small blue-cell tumors. DNA also may be used as a prognostic indicator in malignant mesothelioma (22, 23). Furthermore, evaluation of DNA content by image analysis may be useful in cases in which no more fluid sample is available and immunostaining cannot be performed. Previously stained smears (Papanicolaou stain and hematoxylin and eosin) may be destained and then restained with Feulgen dye to determine ploidy and S-phase fraction.

Although some authors have supported the use of cytometric analysis for finding malignant cells in body fluids (2, 18–28), others have criticized its use (29, 30). We believe that our study proves that it is a very useful tool if used appropriately. It should be used only after morphologic and immunocytochemical studies have not yielded enough information. Useful variables are DNA ploidy and S phase.

In summary, evaluation of body fluids with appropriate immunostains and/or DNA analysis is helpful in distinguishing fluids with malignant cells from those that contain benign reactive mesothelial cells, especially when uncertainty exists because of atypical morphologic characteristics. Although these studies initially require additional expense, they may forestall other, more expensive, and possibly interventional diagnostic studies.

Acknowledgments: The authors thank Sara K. Brackett, Lisa Wilcox, and Jennifer Ivie for their assistance in the preparation of the manuscript.

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