Immunohistochemical Study of Type-1 Blood Antigen Expressions in Thyroid Tumors: The Significance for Papillary Carcinomas

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Immunohistochemical expressions of type 1 blood group antigens were studied for 95 cases of thyroid tumors, including 29 follicular adenomas, 23 follicular carcinomas, and 43 papillary carcinomas, applying monoclonal antibodies against DU-PAN-2, CA19-9, Lewis^a (Le^a), and Lewis^b (Le^b). Normal thyroid tissue invariably failed to express all four antigens. In follicular adenomas, DU-PAN-2 and CA19-9 were focally expressed in 7% and 21% of cases, and in follicular carcinomas, CA19-9 expression was limited to one case (4%); all cases were negative for DU-PAN-2. No or little expression of Le^a or Le^b was observed in these follicular tumors. In contrast, DU-PAN-2, CA19-9, Le^a, and Le^b were expressed in 98%, 84%, 33%, and 49% of 43 papillary carcinomas, respectively. The positive stainings were observed mainly on the luminal surface of the tumor cells. The number of tumor cells that expressed DU-PAN-2 generally was greater than that of tumor cells that expressed CA19-9, Le^a, or Le^b. There was no significant difference in antigen expressions in female papillary carcinomas between subjects who were younger and older than 50 years old. The results suggest that DU-PAN-2 would be a useful immunohistochemical marker for distinguishing papillary carcinomas from follicular tumors. These immunohistochemical profiles imply the following: the activity of $\alpha 2$ -3 sialyltransferase, a specific glycosyltransferase, would be more strongly enhanced in papillary carcinomas than in follicular tumors; the antigen expressions in papillary carcinomas may not be related to the alteration of the female sex hormone environment.

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Type 1 blood group-related antigens DU-PAN-2 and CA19-9 are recognized by the monoclonal antibodies DU-PAN-2, established from the pancreatic cancer cell line HPAF1 (1), and NS-19-9, from colorectal cancer cell line SW1116 (2), respectively. The antigen detected by monoclonal antibody C50, which immunoreacts with both DU-PAN-2 and CA19-9, is designated as CA50 (3, 4). The biosynthetic pathways of DU-PAN-2, CA19–9, Lewis^a (Le^a) and Lewis^b (Le^b) are summarily illustrated in Figure 1. The carbohydrate determinants recognized by DU-PAN-2 and NS-19-9 antibodies are defined as sialyl Le^c and sialyl Le^a, respectively. CA19–9 (sialyl Le^a) is synthesized from DU-PAN-2 (sialyl Le^c) through $\alpha 1-4$ fucosylation, meaning that the latter is a precursor of the former (5, 6).

DU-PAN-2 and CA19-9 are considered to be of use as serum markers for pancreatic cancers (7-9). However, several immunohistochemical studies have demonstrated that these two antigens are expressed in adenocarcinomas of several organs and normal counterparts as well as in pancreatic adenocarcinomas (10-16). We have reported that DU-PAN-2 and CA19-9 are immunohistochemically expressed distinctly in the late secretory endometrium but with no or occasional expressions in the other cyclic endometrium and postmenopausal atrophic endometrium (15). It is interesting that endocervical glands reveal different immunohistochemical profiles. It is assumed that these antigen expressions in the normal endometrium would be closely regulated under the female sex hormone environment (15). Subsequently, we have demonstrated that DU-PAN-2 is expressed

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FIGURE 1. Biosynthetic pathways of type 1 blood group antigens.

more frequently than CA19–9 in endometrial adenocarcinomas but with no correlation to menopausal status of the patients (16).

Most thyroid carcinomas are well-differentiated lesions of the major histologic type, papillary carcinoma or follicular carcinoma. Both have a relatively favorable clinical outcome and can be definitively distinguished by characteristic morphologic hallmarks. Only a few studies have demonstrated expressions of CA19-9 and CA50 in thyroid tumors (14, 17). To our knowledge, there have been no reports of DU-PAN-2 expression in thyroid tumors. In the current study, we attempted to discriminate between papillary carcinomas and follicular tumors on the basis of the immunohistochemical expressions of type 1 blood group antigens, including DU-PAN-2, CA19-9, Le^a, and Le^b. We propose that DU-PAN-2 is a potential surrogate for CA19-9 as an immunohistochemical marker in the distinction of papillary carcinomas from follicular tumors.

MATERIALS AND METHODS

Tissues

Tissues from 95 patients who underwent surgical treatment for thyroid tumors were studied. The patients included 76 women and 19 men, aged 20 to 81 years (mean, 51 years). Lesions studied were 29 follicular adenomas, 23 follicular carcinomas, and 43 papillary carcinomas, including 8 cases of the follicular variant. Hashimoto thyroiditis was found in nine cases (four cases of follicular adenoma, one case of follicular carcinoma, four cases of papillary carcinoma). Normal thyroid tissue adjacent to these tumors was examined in 79 cases. Tissue blocks from the surgical specimens were routinely fixed in 10% formalin and embedded in paraffin and serially cut into $3-\mu$ m-thick sections. A representative section in each case was chosen for the immunohistochemical study.

Immunohistochemistry

Sections were stained by an indirect immunoperoxidase technique. Briefly, after deparaffinization and dehydration, sections were treated with a solution of 0.03% hydrogen peroxide in methanol to block endogenous peroxidase activity. Sections were washed in water and rinsed in 0.01 M phosphate buffered saline (PBS), pH 7.4, then incubated with monoclonal antibodies against DU-PAN-2 (clone DU-PAN-2, diluted at 1:50; Kyowa Medex, Mishima, Japan), CA19–9 (clone 1116-NS-19–9, diluted at 1:50; Fujirebio Diagnostics, Malvern, PA), Le^a (clone 7LE, diluted at 1:100; Biogenex, Dublin, CA), and Le^b (clone 2–25LE, diluted at 1:100, Biogenex) at room temperature (RT) for 60 min. Then, sections were rinsed three times in PBS and subsequently incubated with peroxidase-conjugated goat antimouse immunoglobulins (diluted at 1:50; Dako, Glostrup, Denmark) at RT for 60 min. Sections were rinsed again and incubated with a solution of 0.02% diaminobenzidine tetrahydrochloride and 0.003% hydrogen peroxide in Tris-hydrochloric acid buffer, pH 7.6. Sections were lightly counterstained with Mayer's hematoxylin. As a positive control, endometrial carcinoma with a high serum DU-PAN-2 level or a high serum CA19–9 level was used. As negative controls, sections were incubated with nonimmune mouse serum in place of the primary antibodies. The extent of the staining was semiquantitatively estimated as follows: negative (-), 0%; mild (+), up to 10%; moderate (++), between 10 and 40%; and marked (+++), between 40 and 80%.

Statistical Analysis

The data were analyzed using the χ^2 test to assess the relationship between antigen expressions and the age of female patients. *P* < .05 was regarded as significant.

RESULTS

The staining profiles for DU-PAN-2, CA19–9, Le^a, and Le^b are shown in Figure 2. Follicular epithelial cells from normal thyroid tissue were consistently negative for all four antigens.

In 29 follicular adenomas, DU-PAN-2 and CA19–9 were focally expressed in two cases (7%) and six cases (21%), respectively. The two cases with DU-PAN-2 expression were positive for CA19–9. In 23 follicular carcinomas, CA19–9 expression was limited to 1 case (4%), and all cases were negative for DU-PAN-2. The positive stainings were observed mainly on the luminal surface of the tumor cells. Expressions of Le^a and Le^b were local in these follicular tumors.

In 43 papillary carcinomas, DU-PAN-2 and CA19–9 were expressed in 42 cases (98%) and 36 cases (84%), respectively. Le^a and Le^b were occasionally or focally present in 14 (33%) and 21 (49%)



FIGURE 2. Expressions of DU-PAN-2, CA19–9, Le^a, and Le^b in normal, inflammatory, and neoplastic thyroids. \Box , up to 10% positive cells (+); \blacksquare , between 10 and 40% positive cells (++); \blacksquare , between 40 and 80% positive cells (+++); NT, normal thyroid (n = 79); HT, Hashimoto thyroiditis (n = 9); FA, follicular adenoma (n = 29); FC, follicular carcinoma (n = 23); PC, papillary carcinoma (n = 35); FVPC, follicular variant of papillary carcinoma (n = 8).

cases. The number of tumor cells that expressed DU-PAN-2 was necessarily greater than that expressing CA19–9 and Le^a or Le^b. The majority of DU-PAN-2-positive cases showed moderate (2+) or marked (3+) staining. Six cases were positive for DU-PAN-2 but negative for CA19–9, Le^a, and Le^b (Fig. 3). These antigens showed a tendency toward pronounced expressions in invasive elements of tumors in the presence or absence of fibrous stroma (Fig. 4). All of eight follicular variants were positive for DU-PAN-2 but restrictedly stained for CA19-9, Le^a, and Le^b (Fig. 5). These reaction products were distributed predominantly on the apical membrane of the tumor cells but also occasionally around the cell membrane or the cytoplasm. Colloid substances were rarely stained for these antibodies, and no stromal components expressed the antigens.

In the area of Hashimoto thyroiditis accompanying nine tumors, DU-PAN-2 was expressed in six cases (67%). The distribution was confined to the



FIGURE 3. Immunohistochemical stainings for DU-PAN-2 (**a**) and CA19–9 (**b**) in papillary carcinomas; DU-PAN-2 is expressed on the apical membranes of many carcinoma cells, but CA19–9 is not expressed.



FIGURE 4. Immunohistochemical stainings for DU-PAN-2 (**a**) and CA19–9 (**b**) in papillary carcinomas; both DU-PAN-2 and CA19–9 are expressed in the invasive elements accompanied by fibrous tissue.



FIGURE 5. Immunohistochemical stainings for DU-PAN-2 (**a**) and CA19–9 (**b**) in the follicular variant of papillary carcinoma; DU-PAN-2 is expressed on the luminal surface of the carcinoma cells arranged in follicular structures, but CA19–9 is not expressed.

luminal surface of follicular cells, which were adjacent to or intermingled with the lymphoid follicles (Fig. 6). CA19–9, Le^a, and Le^b were negative in the lesion.

The incidence of antigen expressions in female papillary carcinomas according to the patient age was as follows (Fig. 7): younger than 50 years, 100% for DU-PAN-2, 95% for CA19–9, 33% for Le^a, and 52% for Le^b; 50 years or older, 93% for DU-PAN-2, 67% for CA19–9, 33% for Le^a, and 47% for Le^b. Although the difference in the CA19–9 expression ratios was relatively large, no significant difference in antigen expression was detected between the two groups.

DISCUSSION

In the present study, we analyzed the immunohistochemical expressions of DU-PAN-2, CA19–9,



FIGURE 6. Immunohistochemical stainings for DU-PAN-2 (**a**) and CA19–9 (**b**) in Hashimoto thyroiditis adjacent to the papillary carcinoma, DU-PAN-2 is weakly expressed on the luminal surface (*) of the non-neoplastic follicular cells involved in the lymphoid follicle, but CA19–9 is not expressed.



FIGURE 7. Expressions of DU-PAN-2, CA19–9, Le^a, and Le^b in female papillary carcinomas according to age. \Box , up to 10% positive cells (+); \Box , between 10 and 40% positive cells (++); \blacksquare , between 40 and 80% positive cells (+++); <50, younger than 50 years (n = 21); >50, age 50 years or older (n = 15).

Le^a, and Le^b in thyroid tumors, using a well-defined panel of monoclonal antibodies. The results show that follicular tumors and papillary carcinomas are distinguishable by characteristic immunohistochemical profiles. Follicular tumors were less frequently stained for these antibodies. In contrast, papillary carcinomas, including eight of the follicular variants, much more frequently expressed DU-PAN-2 and CA19-9 with a higher positive incidence for DU-PAN-2, although expressions of Le^a and Le^b were relatively uncommon. In number, DU-PAN-2positive tumor cells distinctly dominated over CA19-9-, Le^a-, and Le^b-positive tumor cells. Evidence of frequent expression of CA19-9 in papillary carcinomas of the thyroid has been provided by previous investigations (14, 17). Several immunohistochemical studies, including our own in normal endometrium (15) and endometrial adenocarcinoma (16), have shown the expression of these antigens in normal mucosa as well as in adenocarcinomas of other sites (10-16). However, normal thyroid tissue was invariably negative for these antigens. Therefore, expressions of type 1 blood group antigens in papillary carcinomas of the thyroid could be oncofetal expressions, which differ from those of the other sites.

In general, the pathologic diagnosis and classification of thyroid tumors is to a large extent based on microscopic findings. Papillary carcinomas in the thyroid have been shown to possess characteristic morphologic features. However, these features are not totally restricted to papillary carcinomas. The differentiation of follicular variants of papillary carcinoma from usual follicular carcinomas as well as of benign from malignant follicular tumors remains the most problematic area in surgical pathology (18). For these diagnostic problems, Raphael *et al.* (19) mentioned that high-molecular-weight cytokeratin and cytokeratin 19 are useful in the distinction of papillary carcinomas from follicular tumors or hyperplastic nodules. The differences of type 1 blood group antigen expressions we demonstrated suggest that DU-PAN-2 is a helpful marker in distinguishing papillary carcinomas from follicular carcinomas. These two types need to be diagnosed accurately because they differ considerably in biologic behavior and clinical outcome (20, 21).

Serum assays for DU-PAN-2 and CA19-9 have been applied to the diagnosis and monitoring of pancreatic carcinomas (7-9). The level of CA19-9 in the serum of thyroid cancer patients is far lower than that expressed immunohistochemically (22, 23). DU-PAN-2 and CA19–9 were expressed mainly on the apical membrane of tumor cells, with little or no expressions of these two antigens in colloids and stromal tissues. The findings are interpreted as follows: the stagnation or localization of these antigens on the cell membrane may result in the lowering of serum levels in thyroid cancer patients. At least in pancreatic carcinomas (9), it has been suggested that the shedding of antigen into the stroma adjacent to tumor cells is one of the major mechanisms by which serum DU-PAN-2 and CA19-9 levels increase. CA19-9 is thought to mediate the adhesion of cancer cells to the vascular endothelium as a ligand of E-selectin (24), and the prognosis for colorectal cancer patients with a high serum level of CA19-9 generally is unfavorable in comparison with that of patients with a lower serum level (25). As for papillary carcinomas in the thyroid, it remains to be clarified whether DU-PAN-2 or CA19-9 is useful for predicting the clinical outcome serologically or immunohistochemically. Given the functional significance of DU-PAN-2 and CA19-9, it is of interest that these antigens tend to be expressed more frequently in the invasive area of papillary carcinomas.

The synthesis of blood group antigens in carcinoma cells is believed to be a consequence of the activation of specific glycosyltransferases, which are suppressed in normal cells (26). However, the glycosyltransferases may compete with each other for the same substrate and may modify the antigen expression (6). Figure 1 depicts the biosynthetic pathways of DU-PAN-2, CA19–9, Le^a, and Le^b. In papillary carcinomas that frequently express DU-PAN-2 and CA19–9 but less frequently express Le^a and Le^b, it is speculated that the activity of the specific glycosyltransferases is increased; $\alpha 2-3$ sialyltransferase may be highly activated as compared with $\alpha 1-4$ fucosyltransferase. However, it seems that normal thyroids or the vast majority of follicular tumors are devoid of the activities of the specific glycosyltransferases, whereas expression of DU-PAN-2 on non-neoplastic follicular cells in Hashimoto thyroiditis means that α 2–3 sialyltransferase may be activated to some extent during the inflammatory changes as well as in the tumors.

Epidemiologic investigations have suggested that female sex hormones play a role in the occurrence of thyroid neoplasms. Indeed, papillary carcinomas of the thyroid occur predominantly in females during their reproductive years (20, 21). Our recent studies have indicated that hormonal factors would influence the expressions of DU-PAN-2 and CA19-9 in normal endometrium but not those in endometrial carcinomas (15, 16). We thus examined whether the alteration of the female sex hormone environment would give rise to significant changes of expressions of DU-PAN-2, CA19-9, Le^a, and Le^b in thyroid tumors. When female patients with papillary carcinoma were conveniently separated into those younger and older than 50 years, used as a surrogate measure of pre- or postmenopausal status, there was no significant relationship between these antigen expression patterns and age. This result suggests that expressions of the four antigens in papillary carcinomas are not associated with or dependent on hormone regulation.

In conclusion, DU-PAN-2, CA19–9, Le^a, and Le^b are immunohistochemically expressed more predominantly in papillary carcinomas than in follicular tumors, irrespective of the female sex hormone status. Among the four markers, DU-PAN-2 antibody could considerably aid in the diagnosis of papillary carcinomas in routine surgical pathology. Further studies are expected to clarify the relationship between these type 1 blood antigen expressions and the activation of specific glycosyltransferases.

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Book Review

Koss LG, Gompel C: Introduction to Gynecologic Cytology with Histologic and Clinical Correlations, 205 pp, Baltimore, Lippincott Williams & Wilkins, 1999 (\$129).

This English translation of *Cytologie Gynecologique: Et Ses Bases Anatomo-cliniques* is an introductory text for students of cytopathology, for clinicians, and as well I suspect for lawyers. Contents include nice overviews of the Papanicolaou smear in historical perspective, basic concepts of cytology, principles of cell function, anatomy and histology of the female genital tract, techniques of sampling and preparation, normal cytology, hormonal changes, inflammatory changes, and neoplastic changes. Two chapters were newly written to address U.S. concerns with CLIA88 regulations, false-negative smears, and new preparation methods as noted in the preface.

Photos and illustrations overall are of good quality and are of sufficient size and placement in the text to be helpful as one reads through the text. Most of the photos are in color and utilize Papanicolaou stain for cytology and hematoxylin and eosin stain of tissues with rare exceptions. The text covers both common and uncommon lesions and serves as a good guide for a cytologist instructional course. Pitfalls are addressed not only in each diagnostic chapter to some degree but also in a separate chapter covering false-positive and falsenegative errors. Those concerned that an adaptation of a European text may not adequately emphasize the Bethesda System terminology need not worry. Terminology is consistent throughout the text, and Chapter 9 does a good job of describing The Bethesda System and placing it in historical perspective with prior terminology.

A minor criticism is that the discussion of CLIA88 and legal liability states, "In light of these developments, it is clearly necessary for the laboratories of cytology to achieve the highest possible level of performance," as if a cytology laboratory is more concerned about staying out of legal trouble than about the well-being of its patients. I do not believe that the author intended to insinuate this for the majority of cytotechnologists and cytology laboratories, but I believe that some in the legal profession will interpret it as such and use it to endorse their methods.

One could ask, "Why another introductory gynecologic cytologic text in an already crowded field?" but one can quickly see why it has been such a popular introductory teaching text in Europe. With its English translation and additions, it could become a popular text in the United States as well. I am aware that Dr. DeMay and the American Society Clinical Pathology are readying what will probably be a popular CD-ROM formatted self-study introductory program for gynecologic cytopathology. However, there will probably always remain a need for an inexpensive, portable text for the student of cytopathology to use.

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