# Effects of Multidrug Resistance Gene Expression in Acute Erythroleukemia

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Acute erythroleukemia is a relatively rare disorder of a multilineal nature. Patients with this type of leukemia traditionally have been treated with a standard myeloid protocol, with a wide variation in prognosis between M6a, which has a similar prognosis to acute myelogenous leukemias, and M6b, with an extremely poor outcome despite aggressive therapy.

Forty-eight archival cases of acute erythroleukemia, subtypes M6a (the traditional FAB-M6), M6b (pure erythroleukemia), and M6c (>30% myeloblasts and >30% pronormoblasts by FAB exclusion criteria), were evaluated for multidrug resistance gene (*MDR-1*) status. Findings were correlated with clinical course and karyotypes.

Immunohistochemical stain for the protein product of *MDR-1*, P-glycoprotein, was variably positive in 11 of 23 patients with M6a, as well as in all of the patients with M6b (strongly positive) and M6c (weakly positive). P-glycoprotein expression positively correlated with unfavorable cytogenetic aberrations, poor response to chemotherapeutic agents, and short survival. Most significant was that P-glycoprotein expression demonstrated a negative additive effect on response to treatment and prognosis with unfavorable cytogenetic anomalies.

P-glycoprotein expression and multiple cytogenetic anomalies most probably contribute to the resistance to chemotherapy and poor survival characteristic of the patients with M6b (mean survival,  $3.15 \pm 4.2$  mo) and M6c (mean survival,  $10.5 \pm 12.7$ mo). Because patients with M6b and M6c have increased numbers of pronormoblasts in their bone marrow and past chemotherapeutic attempts have

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failed, chemotherapy directed at these cells is appropriate. Additional therapy directed toward the *MDR-1* gene and its protein product seems indicated from our findings.

## KEY WORDS: Acute erythroleukemia, Multidrug resistance gene (*MDR-1*), P-glycoprotein. Mod Pathol 2000;13(4):407–413

The hallmark of the multidrug resistance phenotype is cross-resistance to multiple compounds that are unrelated in structure, cellular target, and mode of action (1). Overexpression of the protein product of the multidrug resistance gene (*MDR-1*), P-glycoprotein, is a major, as well as the best understood, mechanism of multidrug resistance. It is a large, integral membrane protein that seems to function as an adenosine triphosphate–dependent, selective drug efflux pump (2) and confers resistance to a variety of drugs from different mechanistic and structural classes (3).

As patients with acute erythroleukemia, particularly the M6b and M6c subtypes, characteristically demonstrate an unusually poor response to chemotherapeutic agents (4–6), overexpression of the *MDR-1* product was postulated to play an important role. We therefore performed immunohistochemical studies for P-glycoprotein on 48 archival cases of acute erythroleukemia and correlated these findings with clinical presentation, cytogenetic analyses, chemotherapeutic regimens, follow-up, and survival.

## MATERIALS AND METHODS

## **Case Material Procurement**

Forty-eight archival cases of acute erythroleukemia, diagnosed between 1984 and 1997, were available for review and performance of additional immunohistochemical stains; 14 from the files of the

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#### TABLE 1. Relevant Clinical Data

Case	Age (y)/ Gender	Significant History/ Toxin Exposure	Cytogenetics	Treatment/Remission	Survival (mo)
И6а 1	58/M	MDS/EtOH abuse	45XY,dir ins(1;5)(1pter>1p36::5q35>5q31:: 1p36>1qter;5pter>5q31::5q36>5qter),-20	Symptom relief only	0.5
2	59/M	MDS	Unavailable	Unknown	8.5
4	59/M	Chronic anemia	Unavailable	Unknown	13.5
5	38/M	MDS	46XY—limited sample	Ara-C, daunorubicin/Remission	35
6	56/M	MDS	46XY	Ara-C, daunorubicin/Remission	28.5
18	67/M	Sideroblastic anemia	46XY	Ara-C, daunorubicin/Remission	22
19	25/M	EtOH abuse	46XY,t(3;5)(q21;q31)	Multiple courses: ara-C, daunorubicin/Multiple remissions	96
22	38/F	Pesticides	Not performed	Ara-C, daunorubicin/Remission	37
23	81/M	EtOH abuse	46XY		18.5
				Symptom relief only	
24	37/M	None	Not performed	Ara-C, daunorubicin/Remission	32
25	60/M	EtOH abuse	47XY,+8	Ara-C, daunorubicin/Remission	Alive 120 mo later
26	73/F	Pesticides/Marrow injury syndrome	45XX,-7	Erythropoietin/No remission	14
28	75/F	None	46XX,del(5)(q11;q35),t(6;10)(p21.3;p15),-7,+8,der (12)t(7;12)(p13;p13),t(16;20)(q13;q13)	Symptom relief only	Alive 66 m later
31	57/M	None	46XY,inv(3)(q21;q26)	Ara-C, daunorubicin/Remission	19
32	71/M	None	46XY	Symptom relief only	Lost to follow-u
33	45/M	Multiple myeloma/Melphalan	$\begin{array}{l} 45XY, -5, -6, -11, -13, -18, t(9;?)(p22;?), \\ del(16)(q22;q24), +der(5)t(5;13)(q11;q4), der(11*)t \\ (11;11)(p15;q21), +der(18)t(6;18)(q16;q23), +I(11p*) \end{array}$	Ara-C, daunorubicin/Remission	24
34	35/M	Hodgkin's disease, MDS/ Cytoxan, radiation therapy	Not performed	Busulphan, BM transplant/Remission	4
35	66/M	MDS/EtOH abuse	46XY	Ara-C, daunorubicin/Remission	24
					3
37 38	69/M 45/F	MDS/EtOH abuse MDS	46XY 46XX	Ara-C, daunorubicin/Unknown Symptom relief only	Lost to
41	69/M	None	Not performed	Ara-C, daunorubicin/Remission	follow-u Lost to
42	81/F	Unavailable	Unavailable	Unknown	follow-u Lost to
46	34/M	None	47XY,-5,-7,-16,-17,-18,-19,del(6)(q21),dict (12;13)(p13;p11),+der(7)t(7;?)(q22;?),+der(16) t(16;?)(q22;?),+der(17)t(17;?)(p11.2;?),+der(19) t(19;?)(q13;?),+mar1,+mar2,+mar3,+mar4	Unknown	follow-u Lost to follow-u
16b 9	52/M	Renal transplant/EtOH	42–44XY, -5, del(7)(q11), -8, del(11)(p11), -18, -19,	Ara-C, daunorubicin/Remission	4
11	71/F	abuse, cyclosporine Tuberculosis,	-19,-20,+4mar 45XX,del(1)(p22),del(5)(q13;q33),-9,-17,+mar	Ara-C/No remission	0.5
12	57/F	?MDS/Isoniazid Haldol	Not performed	Symptom relief only	0.5
14	73/F	Breast cancer/Alkylating chemotherapy, radiation therapy	$\begin{array}{l} 43X\overline{x},-5,-7,+8,-16,-17,t(12;?)(p13;?),t(14;?)\\ (p11;?),dic(3;22)(p21;p11),+der(5)t(5;17)(q13;p11) \end{array}$	Ara-C, daunorubicin/No remission	3.5
15	39/M	None	44XY,der(5)t(5;12)(q11;p11),del(7)(q21;q35), der(7)t(7;12)(7qter->7p15::12q13->12q2?2:: 12q2?4->12qter),der(11)t(11;14)(p15;p11),-12, -14	Ara-C, daunorubicin/Remission	14.5
16	63/M	None	44X,-Y,-17,del(5)(q13;q34),t(17;?)(q25;?),+mar3	Ara-C, daunorubicin/No remission	1.5
21	77/M	None	Not performed	Ara-C, daunorubicin/Unknown	Lost to follow-u
27	67/M	Adenocarcinoma of lung, prostate; ?sideroblastic anemia/"Chemotherapy"	46XY	Ara-C, daunorubicin/Unknown	Lost to follow-u
30	47/M	Renal transplant, MDS/ Cyclosporine	40–42X, -Y, -5, del(5)(q13;q33), -7, der(9)t(9;13) (p?11;q?12), -10, -13, -16, -17, -20, -21, add (22)(p11), +1–4mar/67–84<4n>, XXX, -Y, -5, -5, -7, -9, -9, der(9)t(9;13)(p?11;q?12)x2, -10, -10, -13, -13, -14, -15, -16, -17, -20, add(22)	Multiple courses: ara-C, daunorubicin/No remission	2.5
36	72/M	MDS	(p11),+2–14mar Not performed	Ara-C, daunorubicin/No	1
20	00/25	Discuste and (Dect		remission	1.5
39	32/M	Bloom's syndrome/EtOH abuse	44X,-Y,-7,del(4)(q22;q31),del(5)(q12;q35),del(12) (p12.1;p13.1),-20,+mar	Doxorubicin/No remission	1.5

#### TABLE 1. Relevant Clinical Data Continued

Case	Age (y)/ Gender	Significant History/ Toxin Exposure	Cytogenetics	Treatment/Remission	Survival (mo)
40	82/M	None	Not performed	Ara-C, daunorubicin/No remission	2
43	61/F	Small cell carcinoma of lung/Etoposide	44–47XX, -X,del(4)(q12), -5, +6,del(7)(q22), +8, -12, -13, -15,der(17), -17, -18,add(19)(p13.3),der(21), +mar1, +mar2, +mar3, +mar4, +mar5, +R	Unknown	Lost to follow-up
44	23/F	Sideroblastic anemia	$\begin{array}{l} 59XX,+1,+der(1),der(4),der(5),+der(6),+8,+der(11),\\ +12,-13,+14,+15,+15,der(17),+19,+20,+21,+21,\\ +mar/59XX,+der(1),+2,der(4),der(5),+der(6),\\ +der(8),+der(11),+15,+19,+20,+21,+21,+22,+mar\end{array}$	BM transplant	Lost to follow-up
45	67/M	None	$\begin{array}{l} 41-43XY,-2,-5,-7,-8,-15,-16,-17,-19,-22,\\ +der(2)t(2;?)(p21;?),+der(5)t(5;?)(q11;?),+der(17)\\ t(17;?)(q23;?),+der(19)t(19;?)(q13.2),+der(22)\\ t(22;?)(p11;?),+mar \end{array}$	"Chemotherapy"/No remission	Lost to follow-up
M6c					
3	86/M	Unavailable	Unavailable	Unknown	11.5
7	62/F	None	$\begin{array}{l} 45XX,-2,der(5)del(5)(q22;q31),t(2;5)(q21;q33),-7,\\ der(7)t(2;7)(p11;q36),t(12;12)(p13;q13),add(17)(q25),\\ del(20)(q11;q13),+mar \end{array}$	Symptom relief only	2
8	52/M	EtOH abuse, diesel fuel	46XY	Ara-C, daunorubicin/Remission	12.5
10	85/F	Breast cancer, chronic anemia/Alkylating chemotherapy, radiation therapy	53XX,+1,+2,del(5)(q15;q33),+9,+11,+16,+19,+21	Symptom relief only	7
13	62/F	Unavailable	Unavailable	Unknown	0.75
17	86/F	MDS	Unavailable	Unknown	Lost to follow-up
20	69/F	Unavailable	Unavailable	Unknown	7
29	14/F	None	46XX,dir dup(13)(q14>q32)	Ara-C, etoposide, dexamethasone, intrathecal ara-C, 6 TG, total body irradiation, BM transplant/ Remission	40
47	73/F	Large cell lymphoma/ Alkylating chemotherapy	Not performed	Unknown	Lost to follow-up
48	65/F	None	Not performed	Ara-C, daunorubicin/Remission	3

MDS, myelodysplastic syndrome; BM, bone marrow.

University of Cincinnati Medical Center, 22 from Loyola University Medical Center, 7 from Miami Valley Hospital, 4 from the National Naval Medical Center, and 1 from Scottish Rite Children's Hospital in Atlanta.

## **Case Classification**

The cases were divided into three groups, based on a 500-cell count performed on the bone marrow aspirate smears, as previously described (6). All cases had normal serum vitamin  $B_{12}\xspace$  and folate levels and characteristically displayed more than 50% erythroid component. The cases were subdivided into groups: M6a (23 cases corresponding to the traditional FAB-M6 category, demonstrating at least 30% myeloblasts of the nonerythrocytic component), M6b (15 cases of pure erythroleukemia, with >30% pronormoblasts of the erythrocytic series), and M6c (10 cases with >30% myeloblasts of the nonerythrocytic elements and >30% pronormoblasts of the ervthrocytic component). Morphologic interpretation was confirmed with immunohistochemical stains for myeloperoxidase and

hemoglobin, and archival flow cytometric analyses when available.

#### **Case Analysis**

Review of pertinent clinical information, including medical history, toxin exposure (7, 8), alcohol use, cytogenetic analyses, prior and subsequent use of chemotherapy, and survival from the time of diagnosis of acute leukemia, was performed for all cases through chart review and contact with the Tumor Registry of each participating institution, as previously described (6).

Cytogenetic analyses were divided into favorable [t(8;21); inv 16; t(16;16); +14], unfavorable [-5/5q-; -7/7q-; inv 3; 11q abnormalities; 17p abnormalities or i(17q); del 20q; +13; t(9;22); dmins; multiple cytogenetic aberrations (>2 abnormalities)], and intermediate [normal karyotype and all other abnormalities], as previously described (9).

#### Immunohistochemistry

Immunohistochemical stain for P-glycoprotein (NCL-pGLYp, Ventana 1:75, Novacastra, Newcastle

upon Tyne, UK) was performed according to the method of Hsu *et al.* (10), after antigen retrieval as per Kawai *et al.* (11). All slides were reviewed for quality, and positivity (strong *versus* weak) or negativity of the leukemic populations was determined. In keeping with the literature, cases with at least 10% of cells reacting with the immunostain were deemed "positive." The intensity of the stain was concluded to be either "strong" or "weak."

## Statistics

The blinded results were tabulated according to subtype, and univariant statistical analyses were performed (confidence intervals,  $\chi^2$  analysis, Komolgorov-Smirnov analysis, linear regression) using the StatMost statistical program (DataMost Corp., Salt Lake City, UT). Multivariant analysis was not performed because of the small numbers of cases in each group.

## RESULTS

#### **Clinical Data**

Demographic data, significant medical history, cytogenetic analyses, and clinical presentation of these patients have been reported (6). The pertinent clinical findings for each patient are summarized in Table 1. Significant is that acute erythroleukemia has been shown to evolve frequently from a prior myelodysplastic syndrome, suggesting that it is frequently a therapy-induced or myelodysplastic syndrome–derived acute leukemia (6, 12). In addition, approximately half of all patients with acute erythroleukemia of all subtypes have a history of toxin and/or alcohol exposure (6). Analysis of these poor prognostic indicators and their relationship to the various subtypes has been reported (6, 12).

A favorable karyotype was not present in any of the patients in the present study. An intermediate karyotype was present in 10 of 16 M6a cases (62.5%), 1 of 11 M6b cases (9%), and 2 of 4 M6c cases (50%). An unfavorable karyotype was identified in 6 of 16 M6a cases (37.5%), 10 of 11 M6b cases (91%), and 2 of 4 M6c cases (50%).

Thirty-eight patient records contained treatment histories. Of these, 23 patients (60.5%) had received the standard myeloid protocol of high dose ara-C followed by daunorubicin (12 M6a, 9 M6b, 2 M6c). Other therapies included symptomatic relief only (5 M6a, 1 M6b, 2 M6c), bone marrow transplantation (1 M6a, 1 M6b, 1 M6c), high-dose ara-C only (1 M6b), erythropoietin (1 M6a), doxorubicin (1 M6b), and an unknown chemotherapeutic regimen (1 M6b). Remission in the M6a and M6c groups was achieved in all patients who received ara-C/daunorubicin or a bone marrow transplant (100%). In the M6b group, remission was obtained in only two patients who were treated with ara-C/daunorubicin (Patients 9 and 15).

Overall survival for each subtype was as follows: M6a,  $31.4 \pm 32$  mo (median survival, 24 mo); M6b,  $3.15 \pm 4.2$  mo (median survival, 1.75 mo); M6c,  $10.5 \pm 12.7$  mo (median survival, 7 mo). Patient prognosis in the M6a group, divided according to P-glycoprotein status (Table 2), revealed mean survival of 11.2  $\pm$  9.8 mo for the strongly reactive stain (median survival, 8.5 mo),  $17.4 \pm 10.2$  mo for the weakly reactive stain (median survival, 19 mo), and  $47.5 \pm 38.7$  mo for the negative stain (median survival, 35 mo). Statistical analysis for survival was performed for strong *versus* negative stain (P = .01), weak versus negative stain (P = .026), and strong *versus* weak stain (P = .2). The patients with M6b showed a mean survival of  $1.6 \pm 1.03$  mo for the strongly reactive stain (median survival, 1.5 mo) and 9.3  $\pm$  7.4 mo (median survival, 9.25 mo) for the weak immunostain (P = .08). Mean survival for the patients with M6c was  $4.5 \pm 3.5$  mo for the strong (median survival, 4.5 mo) and 12.5  $\pm$  14.2 mo (median survival, 9.25 mo) for the weak stain (P = .12).

# **Bone Marrow Findings**

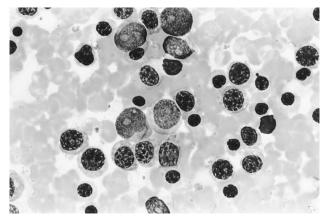
The histologic features and staining patterns for the bone marrow aspirates and biopsies of these cases have been reported (6, 12).

Immunohistochemical stain for P-glycoprotein revealed that 12 of 23 samples of patients with M6a were negative for protein expression (52.3%) (Fig. 1), whereas 6 patient samples stained weakly (26%) and 5 demonstrated a strong positivity (21.7%). The samples of patients with M6b all stained positive for P-glycoprotein (Fig. 2); 13 of 15 stained strongly (86.7%) and 2 stained weakly (13.3%) positive. Find-

TABLE 2. Survival Data for Each Subtype, Divided According to Treatment Status and P–Glycoprotein Expression

	M6a	M6b	M6c
Overall survival (mo)			
Mean survival	$31.4\pm32$	$3.15\pm4.2$	$10.5\pm12.7$
Median survival	24	1.75	7
Survival for treated patients (mo)			
Mean survival	$35.3\pm34.3$	$3.4 \pm 4.3$	$18.5\pm19.2$
Median survival	28.5	2	12.5
Mean survival (mo) based on P-			
glycoprotein expression			
Negative results	$47.5\pm38.7$	N/A	N/A
Weakly positive	$17.4 \pm 10.2$	$9.3\pm7.4$	$12.5\pm14.2$
Strongly positive	$11.2\pm9.8$	$1.6 \pm 1.03$	$4.5\pm3.5$
Median survival (mo) based on			
P-glycoprotein expression			
Negative results	35	N/A	N/A
Weakly positive	19	9.25	9.25
Strongly positive	8.5	1.5	4.5

N/A, not applicable.



**FIGURE 1.** Representative photomicrograph of acute erythroleukemia, M6a (Wright-Giemsa stained aspirate smear,  $1000 \times oil$  immersion).

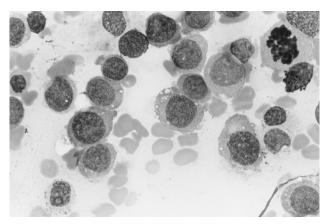


FIGURE 2. Representative photomicrograph of acute erythroleukemia, M6b (Wright-Giemsa stained aspirate smear, 1000  $\times$  oil immersion).

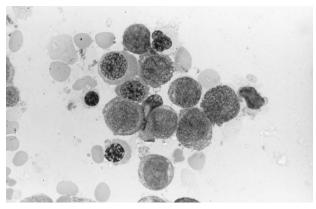


FIGURE 3. Representative photomicrograph of acute erythroleukemia, M6c (Wright-Giemsa stained aspirate smear, 1000  $\times$  oil immersion).

ings in the M6c subtype revealed 4 of 10 (40%) with a strong stain and 6 with a weak immunostain (60%) (Fig. 3). Positivity was predominantly within the less mature, blastic-appearing cells.

As a previous report demonstrated a negative additive effect of P-glycoprotein expression and unfavorable cytogenetic abnormalities (9), acute erythroleukemia patients with cytogenetic analyses and complete clinical data (survival, chemotherapy, and remission) were categorized according to P-glycoprotein expression and cytogenetic categories, as shown in Table 3 and Figure 4. Remission was achieved in all patients with negative and weakly positive immunohistochemical stain for P-glycoprotein. However, cases with a strongly positive stain demonstrated a decrease in the remission rate, depending on cytogenetic analysis: intermediate cytogenetics, one of two cases; unfavorable cytogenetics, zero of five cases. Statistical analyses on survival were performed for intermediate cytogenetics/negative P-glycoprotein stain and intermediate cytogenetics/weak P-glycoprotein stain (P = .02), as well as intermediate cytogenetics/ negative P-glycoprotein stain and unfavorable cytogenetics/strongly positive stain (P = .002).

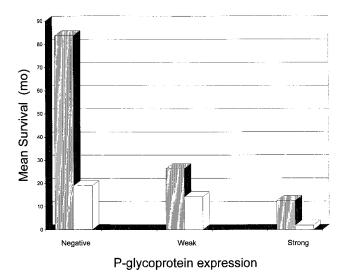
## DISCUSSION

Acute erythroleukemia is a relatively rare disorder of a multilineal nature. By traditional FAB criteria, the myeloblasts were believed to be the malignant component. However, recent studies (4–6) have proved that the pronormoblasts play a key role in the poor response to chemotherapy and short survival characteristic of this disorder. The dismal outlook for these patients, particularly the M6b and M6c subtypes, may also be partially explained by frequent *p53* mutations within diagnostic bone marrow at initial diagnosis (12).

Besides its role in unregulated proliferation and clonal expansion, mutated *p53* has been shown specifically to stimulate the *MDR-1* promoter, whereas wild-type *p53* represses it (13, 14). *P53* mutation does not lead to generalized drug resistance but rather causes selective resistance to P-glycoprotein substrates and increases sensitivity of the tumor cells to other drugs, such as methotrexate (13). An extensive study demonstrating this decreased growth inhibition by chemotherapeutic

TABLE 3. Remission Rate and Mean Survival Differences of Treated Patients Based on P-Glycoprotein Expression and Cytogenetics

D. Chrooprotoin	Intermediate		Unfavorable	
P-Glycoprotein	Remission	Mean Survival (mo)	Remission	Mean Survival (mo)
Negative	3/3	$83.7\pm43.8$	1/1	19
Weakly positive	4/4	$26.3 \pm 11.4$	3/3	$14.2 \pm 10$
Strongly positive	1/2	$12.5 \pm 13.4$	0/5	$1.9\pm1.14$



**FIGURE 4.** Schematic diagram of mean survival, based on Pglycoprotein expression and cytogenetics. Light grey, intermediate cytogenetics; dark grey, unfavorable cytogenetics.

agents (drug resistance) in the presence of *p53* mutations was recently reported (15).

P-glycoprotein is a transmembrane protein that functions as an energy-dependent drug efflux pump for selective resistance to anthracyclines (daunorubicin and doxorubicin), vinca alkaloids, (etoposide), podophyllotoxins antimicrotubule agents (paclitaxel and colchicine), and actinomycin D (1, 13, 16, 17). This multidrug resistance may be reversed or overcome by such agents as calciumchannel blockers, analogs of anthracyclines and vinca alkaloids, steroids and hormonal analogs, cvclosporine analogs, and miscellaneous hydrophobic cationic compounds (3, 18-20). MDR-1 gene expression in acute leukemias has been documented extensively (15, 16, 21-23) and is rapidly assuming the role of one of the most important mechanisms of drug resistance in this setting (9). These patients typically are resistant to standard myeloid protocol and thus have a poor prognosis (24). Occasionally, patients are able to achieve remission, but the remission is of short duration (25). Therefore, determining this phenotype is imperative for the institution of appropriate therapy. Review of the patient data in the present study reveals survival differences among the P-glycoprotein strongly positive, weakly positive, and negative patients. Of note, one of the P-glycoprotein weakly positive patients received erythropoietin (Patient 26), as there is a belief that this agent will cause erythroid maturation. A recent report (26), however, has shown that instead of inducing maturation, erythropoietin actually promotes erythroid progenitor survival, thereby promoting growth of the leukemic clone.

Although many of the M6a cases were P-glycoprotein negative (52.3%), the patients with

M6b and M6c uniformly demonstrated positivity for P-glycoprotein. The majority of patients (86.7%) with the M6b subtype demonstrated a strongly positive immunohistochemical staining pattern, lack of response to aggressive chemotherapy, and a dismal outcome. Patients with the M6c subtype and a strong reaction to P-glycoprotein fared slightly but not significantly better. The two patients with M6b and a weak P-glycoprotein were the only two patients of this subtype to achieve a brief remission and showed an improved survival (Patients 9 and 15). Similarly, the patients with M6c and a weak immunostain reaction also showed a slight survival advantage.

Most important, as previously demonstrated with other acute myelogenous leukemias (9), P-glycoprotein expression exhibits a statistically significant negative additive effect on response to chemotherapy (remission rate) and survival with unfavorable cytogenetic anomalies. These findings clearly demonstrate the clinical importance of assessment of both the *MDR-1* expression and karyotype at the time of diagnosis in this patient population.

In summary, acute erythroleukemia is a stem cell disorder that has demonstrated a high incidence of immunohistochemical positivity for the protein product of *MDR-1* at the time of diagnosis. This protein expression demonstrates a negative additive effect with cytogenetic aberrations and most probably contributes to the dismal prognosis in this patient population. Therefore, new chemotherapeutic regimens should be devised on the basis of the specific drug sensitivities of the leukemic cells, combined with *p53* gene status and the morphologic subtype of erythroleukemia.

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