

Platelets Abrogate Leukotriene B₄ Generation by Human Blood Neutrophils Stimulated with Monosodium Urate Monohydrate or f-Met-Leu-Phe In Vitro

Bernard Chabannes,[†] Patrice E. Poubelle, Patrick Molière, Rinaldo De Médicis, André Lussier, and Michel Lagarde

INSERM U.352, Laboratoire de Biochimie et Pharmacologie INSA-Lyon (BC, PEP, PM, ML), Villeurbanne, France; and Centre de Recherche en Rhumatologie et Immunologie and the Department of Medicine (PEP), Université Laval, Québec, and Faculty of Medicine (RDM, AL), Sherbrooke University, Sherbrooke, Québec, Canada

SUMMARY: Neutrophils are physiologically associated with platelets in whole blood. Inflammatory reactions can be modulated by the presence of platelets. To investigate the influence of platelets on neutrophil activity, we studied the 5-lipoxygenase (5-LOX) metabolic pathway in normal human blood neutrophils stimulated with f-Met-Leu-Phe (fMLP) or monosodium urate monohydrate (MSUM) in the presence of autologous platelets. Platelets inhibited by more than 90% the synthesis of leukotriene B₄ and 5-HETE in neutrophils activated with fMLP or MSUM. The addition of exogenous arachidonic acid did not reverse the inhibitory effect of platelets on 5-LOX-generated metabolites in fMLP- or MSUM-activated neutrophils. Preincubation of neutrophils with adenosine deaminase reversed the inhibitory effect of platelets in fMLP-treated neutrophils, indicating that adenosine was responsible for the platelet inhibition of leukotriene B₄ and 5-HETE formation. In contrast, adenosine deaminase had no influence on the inhibitory effects of platelets in MSUM-stimulated cells. These results suggest that platelets can inhibit the synthesis of 5-LOX products (a) by acting mainly downstream to phospholipase A₂ in cells stimulated by fMLP or MSUM, (b) through adenosine when neutrophils are activated with fMLP, and (c) by an adenosine-independent mechanism in MSUM-activated neutrophils by an as-yet-unidentified mediator. (*Lab Invest* 2003, 83:491–499).

Leukotriene B₄ (LTB₄) release leads to major biologic consequences associated with inflammation. This arachidonic acid (AA) metabolite is one of the most potent inflammatory chemoattractants of polymorphonuclear and mononuclear phagocytes (Ford-Hutchinson, 1990). Besides neutrophil chemotaxis and aggregation, LTB₄ induces neutrophil degranulation and lysosomal enzyme release (Sha'afi et al, 1981) and neutrophil endothelial cell adhesion (Hoover et al, 1984), is involved in immune modulation (Henderson, 1994; Poubelle et al, 1991), and mediates inflammatory pain (Levine et al, 1984). LTB₄ is generated through a cytosolic LTA₄-hydrolase (Radmark et al, 1984). The unstable compound LTA₄ is formed through the action of 5-lipoxygenase (5-LOX) on AA in the presence of a 5-LOX-activating protein (FLAP), leading to 5-hydroperoxyeicosatetraenoic acid (5-

HPETE) (Rouzer et al, 1985). This intermediate metabolite is further converted into LTA₄ by 5-LOX and into 5-HETE by glutathione peroxidase. Since its discovery in 1979 (Borgeat and Samuelsson, 1979), LTB₄ and the other bioactive 5-LOX-derived products have been the focus of an intense research to obtain 5-LOX and FLAP inhibitors and more specifically LTB₄ antagonists. Neutrophils also have the capacity to metabolize LTB₄ directly into a less active mediator 20-OH-LTB₄ and an inactive product 20-COOH-LTB₄.

Deposits of platelets in inflamed tissues during neutrophil margination are associated with cell-to-cell interactions and modulation of the inflammatory process (Issekutz et al, 1983). Platelets and neutrophils exert multiple and complex functions in pathophysiologic conditions of inflammation (Poubelle and Borgeat, 2002). Activated platelets adhere to neutrophils (Jungi et al, 1986) through their α -granule membrane glycoprotein GMP-140 (or P-selectin) (Larsen et al, 1989) and the integrin complex GPIIb/IIIa-fibrinogen (Spangenberg et al, 1993). Aggregates of platelets and neutrophils lead to metabolic or functional interactions between these cells (Ginsburg and Quie, 1980; Marcus et al, 1982; McGarrity et al, 1988; Weksler, 1983). For instance, LTA₄ from neutrophils is metabolized by platelets into LTC₄ (Macclouf et al, 1989) and lipoxins (Serhan and Sheppard, 1990). However, 12-HETE from platelets is converted to

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Address reprint requests to: Dr. Patrice E. Poubelle, Centre de Recherche du CHUL, 2705 boul Laurier, Ste-Foy, Qué, G1V 4G2, Canada. E-mail: Patrice.Poubelle@crchul.ulaval.ca

12,20-diHETE by unstimulated neutrophils (Marcus et al, 1984). Platelets activated with thrombin can increase LTB_4 synthesis by neutrophils in the presence of zymosan, f-Met-Leu-Phe (fMLP), C5a, or PAF (Palmantier and Borgeat, 1991). Conversely, co-incubation of washed platelets with neutrophils activated by the nonphysiologic stimulus ionophore A23187 is associated with an increase of 12-HETE and a decrease of 5-HETE, LTB_4 , and thromboxane B_2 (Madera et al, 1993). In addition, neutrophils can inhibit the AA metabolism in platelets stimulated with thrombin, collagen, or ionophore (Chabannes et al, 1994). Platelets from healthy subjects also have the capacity to modulate neutrophil superoxide anion production and chemiluminescence depending on the stimulus used in vitro (Carulli et al, 1995; Colli et al, 1996). However, platelets from uremic or allergic patients are altered and are unable to decrease the production of superoxide anion (Carulli et al, 1995) or LTB_4 by A23187-activated neutrophils (Hosni et al, 1991). Circulating platelets bind to neutrophils, and platelet-neutrophil complexes have been demonstrated in whole blood (Rinder et al, 1991). Such a satellitism, already described in 1974 (Kjeldsberg and Swanson, 1974), may have potent pathophysiologic relevance because at rest, 25% of blood neutrophils are complexed with platelets, and after platelet activation with ADP or thrombin, such complexes rise to 70% (Peters et al, 1997). Besides their proinflammatory activity through interactions with neutrophils, platelets can counterbalance neutrophil activation. Platelets from healthy donors can reduce LTB_4 synthesis in A23187-stimulated neutrophils from allergics (Hosni et al, 1991). Thus, unactivated platelets might act as a natural inhibitor of LTB_4 formation by neutrophils in diseases such as bacterial infection or arthritis. To address this question, we investigated the effects of normal human blood platelets on the 5-LOX activity of autologous neutrophils stimulated with the pathophysiologic stimuli fMLP, a biologically active ligand produced by bacteria, or monosodium urate monohydrate (MSUM) crystals, the causal agent of gout. The results of the present study demonstrate that platelets have the capacity to abrogate the synthesis of LTB_4 and 5-HETE in fMLP- and MSUM-activated neutrophils. The inhibitory influence of platelets on the synthesis of LTB_4 and 5-HETE was not reversed by the addition of exogenous AA, suggesting an effect of platelets downstream to the neutrophil phospholipase A_2 (PLA_2). A candidate to this platelet inhibitory factor could be adenosine, an endogenous product that down-regulates ligand-stimulated LTB_4 biosynthesis in neutrophil suspensions (Krump et al, 1997). As suspected, adenosine was the platelet inhibitory factor of LTB_4 and 5-HETE generated by fMLP-activated neutrophils, whereas platelet inhibition of MSUM-stimulated neutrophils was independent of adenosine.

Results

Effects of Autologous Platelets on LTB_4 and 5-HETE Synthesis by Neutrophils

As fMLP and MSUM crystals alone are weak agonists to stimulate the production of leukotrienes detected

by HPLC, all of the experiments were conducted in conditions in which the available endogenous substrate AA could be increased. Therefore, studies of the effects of fMLP were carried out with neutrophils pretreated with thimerosal to inhibit the reacylation of AA into phospholipids. In these conditions, the 5-lipoxygenase products measured were previously reported to be approximately 200 pmol/ml of incubate compared with 1000 pmol/ml when neutrophils were stimulated by 0.5 μ M ionophore A23187 in the absence of thimerosal (Chabannes et al, 1997). Studies of the effects of MSUM crystals were performed with neutrophils primed by GM-CSF, a factor that has been reported to increase the production of leukotrienes induced by phagocytosis (Poubelle et al, 1989) through an enhancement of the release of AA (DiPersio et al, 1988). Note that despite a pretreatment of neutrophils with thimerosal or GM-CSF, platelets were shown to exert a significant effect on AA metabolism in neutrophils activated by a soluble or a particulate agonist (see below). It is also useful to stress that MSUM, unlike fMLP, can stimulate platelets to release AA (Serhan et al, 1984).

Figure 1 shows the amounts of LTA_4 -derived products ($LTB_4 + 20\text{-OH-}LTB_4 + \text{trans-isomers of } LTB_4$) and 5-HETE synthesized by neutrophils (N) stimulated with 1 μ M fMLP in the absence or in the presence of autologous platelets (P) with a ratio of P/N = 30/1. Inhibition of the synthesis of 5-LOX-derived products was correlated to platelet concentration and was almost complete (80% to 90% inhibition) at a ratio of 30P/1N; a 50% inhibition was recorded at 10P/1N (not

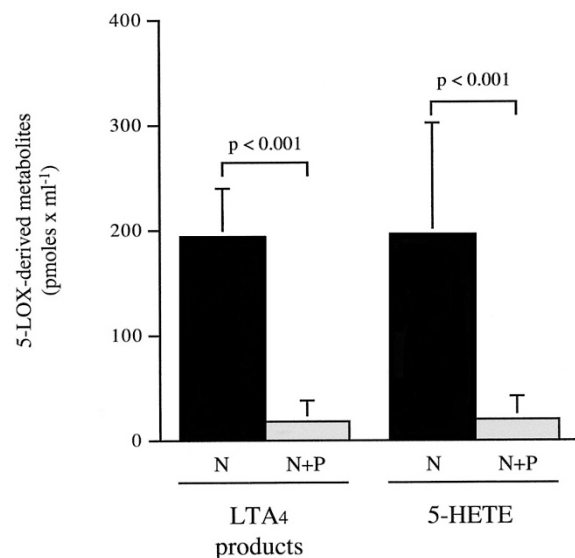


Figure 1.

Effect of autologous platelets on 5-LOX-derived products generation by human blood neutrophils stimulated by fMLP. Neutrophils preincubated with thimerosal were further incubated with 1 μ M fMLP in the absence or presence of platelets (platelet/neutrophil ratio: 30/1) for 5 minutes at 37° C. LTA_4 -derived products ($LTB_4 + 20\text{-OH-}LTB_4 + \text{trans-isomers of } LTB_4$) and 5-HETE were measured by RP-HPLC, and amounts are expressed in picomoles formed by 10^7 neutrophils/ml. Results are the mean \pm SEM of 20 separate experiments carried out in duplicate. Significant differences between fMLP-activated neutrophils (N) with or without platelets (P) were evaluated by the Wilcoxon paired rank-sum test.

shown). Unactivated platelets significantly inhibited the accumulation of LTA_4 -derived products and 5-HETE by 90% and 89%, respectively ($n = 20, p < 0.001$). In these experimental conditions, LTB_4 , 20-OH- LTB_4 , $\Delta 6$ -*trans*- LTB_4 , and 12-*epi*- $\Delta 6$ -*trans*- LTB_4 represent 70%, 21%, 6%, and 3% of LTA_4 -derived metabolites, respectively.

Figure 2 shows the amounts of 5-LOX-derived metabolites released by neutrophils activated with 1 mg/ml MSUM crystals without or with platelets (P/N = 30/1). Neutrophils in the absence of platelets generated 64 ± 20 , 76 ± 15 , and 26 ± 12 pmol LTB_4 , 20-OH- LTB_4 , and 5-HETE, respectively. No *trans*-isomers of LTB_4 were detectable in these experimental conditions. LTB_4 and 20-OH- LTB_4 represent 46% and 54% of LTA_4 -derived metabolites, respectively. The presence of platelets significantly inhibited the accumulation of 5-LOX metabolites in neutrophils from 166 ± 63 pmol to 16 ± 5 pmol ($LTB_4 + 20\text{-OH-}LTB_4 + 5\text{-HETE}$) with an inhibitory effect of 90% ($n = 7, p < 0.02$). Co-incubation of platelets with neutrophils stimulated by fMLP or MSUM did not lead to detectable amounts of 5,12-diHETE (not shown).

Noninvolvement of Platelet 12-LOX and COX in the Inhibition of Neutrophil LTB_4 and 5-HETE Synthesis

No 12-HETE or HHT was detectable when neutrophils were incubated without addition of platelets. When platelets were incubated with neutrophils in the pres-

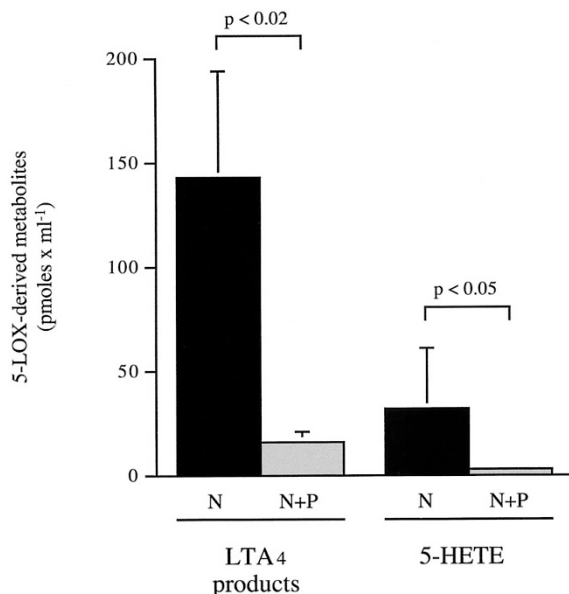


Figure 2.

Effect of autologous platelets on 5-LOX-derived products generation by human blood neutrophils stimulated by MSUM crystals. Neutrophils preincubated with GM-CSF were further incubated with 1 mg/ml MSU in the absence or presence of platelets (platelet/neutrophil ratio: 30/1) for 15 minutes at 37° C. LTA_4 -derived products ($LTB_4 + 20\text{-OH-}LTB_4 + \text{trans-isomers of } LTB_4$) and 5-HETE were measured by RP-HPLC, and amounts are expressed in picomoles formed by 10^7 neutrophils/ml. Results are the mean \pm SEM of seven separate experiments carried out in duplicate. Significant differences between MSU-activated neutrophils (N) with or without platelets (P) were evaluated by the Wilcoxon paired rank-sum test.

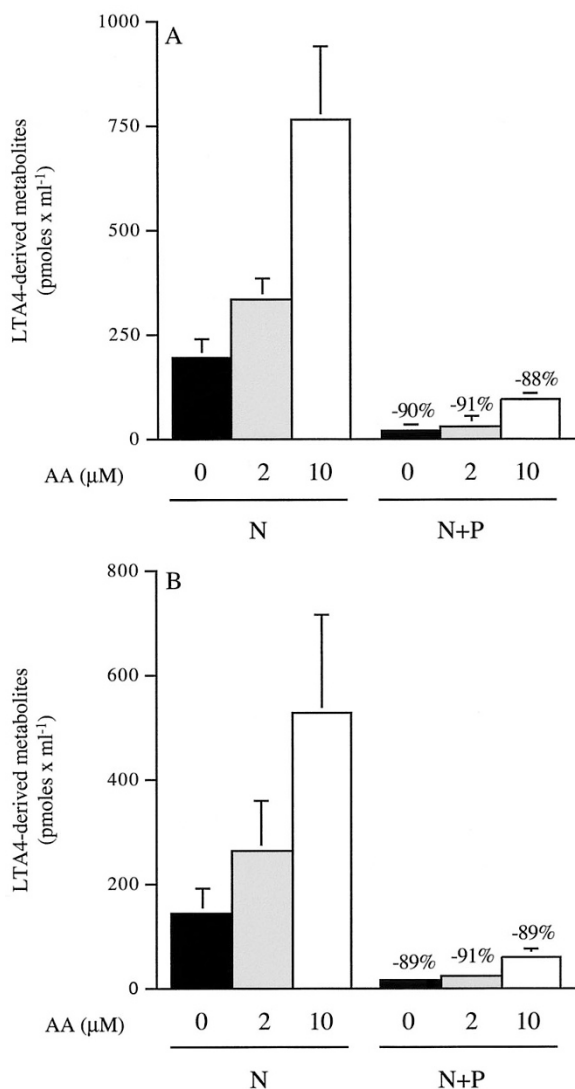
ence of MSUM, 12-HETE was 6-fold lower than when platelets were alone (245 ± 70 and 1552 ± 286 pmol/ 30×10^7 platelets/15 minutes, respectively) whereas HHT was 3.5-fold lower (269 ± 131 and 943 ± 398 pmol, respectively). Similar results were obtained with fMLP (not shown). Moreover, co-incubation of neutrophils and platelets pretreated with 2 μM 5,8,11,14-eicosatetraenoic acid (ETYA), a LOX inhibitor, and 200 μM aspirin, a COX inhibitor, led to similar inhibition of 5-LOX metabolites. Note that depending on the concentration used, ETYA can selectively inhibit 12-LOX in platelets without acting on 5-LOX in neutrophils (Salari et al, 1984). Under the present experimental conditions, ETYA at 2 μM induced no significant modification of the production of AA metabolites by activated neutrophils.

Effect of Platelets on 5-LOX-Derived Products from Neutrophils in the Presence of Exogenous AA

Figure 3 shows the amounts of LTA_4 -derived products synthesized by neutrophils activated by fMLP or MSUM with a simultaneous addition of AA in the presence or absence of platelets. The addition of 2 or 10 μM AA to fMLP-activated neutrophils alone was associated with an increase of the production of LTA_4 -derived products (173% and 392% of control, respectively) and 5-HETE (165% and 1265% of control, respectively). When fMLP-activated neutrophils were incubated in the presence of platelets, the addition of 2 or 10 μM AA to cell suspension did not abrogate the inhibitory effect of platelets on LTA_4 -derived products (Fig. 3A) and 5-HETE (not shown) synthesis by neutrophils. Neutrophils stimulated with MSUM in the presence of 2 or 10 μM AA had a similar increase of their production of LTA_4 -derived products. The addition of AA to MSUM-stimulated neutrophils in the presence of platelets did not reverse the inhibitory effect of platelets on the synthesis of LTA_4 -derived products (Fig. 3B). Although the inhibitory effect of platelets was persistent after the addition of AA, the increase of the production of 5-LOX-derived products by neutrophils with platelets was of the same order as that by neutrophils stimulated by the two agonists used, in the absence of platelets.

Influence of Adenosine Deaminase on Platelet Inhibition of 5-LOX-Derived Products from Neutrophils

As platelets contain large amounts of nucleotides (D'Souza and Glueck, 1977) that can be converted to adenosine, an endogenous product with anti-inflammatory effects (Cronstein, 1994) and suppressive influence on LTB_4 synthesis by ligand-activated neutrophils (Krump et al, 1996), we investigated the effect of adenosine deaminase (ADA) in our experimental conditions of neutrophil-platelet suspensions in the presence of fMLP or MSUM crystals. Figure 4 shows that the effect of ADA depended on the stimulus used to activate neutrophils. ADA completely reversed the inhibitory effect of platelets in fMLP-stimulated neutrophils (Fig. 4A), whereas it had no

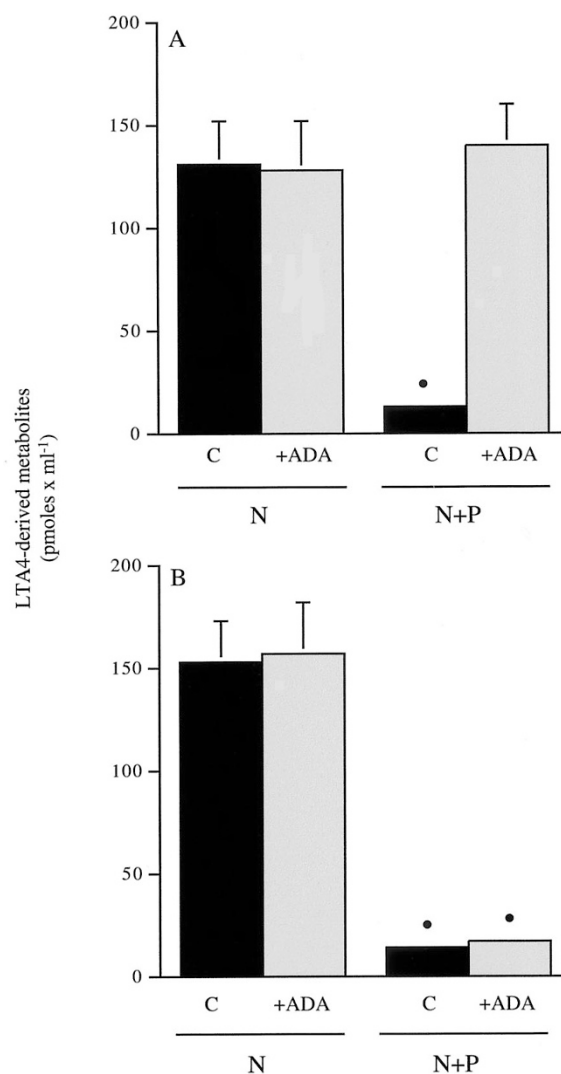
**Figure 3.**

Effect of exogenous AA on the platelet-induced inhibition of LTA₄-derived metabolites synthesized by neutrophils stimulated with fMLP (A) or MSUM (B). Neutrophils preincubated with thimerosal (A) or GM-CSF (B) were further incubated with 1 μM fMLP for 5 minutes at 37° C or 1 mg/ml MSU for 15 minutes at 37° C in the absence or presence of platelets (platelet/neutrophil ratio: 30/1). AA at 2 or 10 μM was simultaneously added to the cell suspensions. LTA₄-derived metabolites (LTB₄ + 20-OH-LTB₄ + *trans*-isomers of LTB₄) were measured by RP-HPLC, and amounts are expressed in picomoles formed by 10⁷ neutrophils/ml. Results are the mean ± SEM of three separate experiments carried out in duplicate.

reversal effect on the platelet inhibition of LTB₄ synthesis induced by MSUM (Fig. 4B). These data indicated that adenosine was responsible for the inhibitory effect of platelets when neutrophils were activated by fMLP and that platelet inhibition of LTB₄ synthesis by MSUM-activated neutrophils was independent of adenosine.

Discussion

Inflammation is a natural and pathophysiologic process by which mediators originating from the circulation as well as from blood and resident cells are

**Figure 4.**

Effect of ADA on the platelet-induced inhibition of LTA₄-derived metabolites synthesized by neutrophils stimulated with fMLP (A) or MSUM (B). ADA at 0.1 U/ml was simultaneously added with platelets to neutrophil suspensions. Neutrophils (N) preincubated with thimerosal (A) or GM-CSF (B) were further incubated with 1 μM fMLP for 5 minutes at 37° C or 1 mg/ml MSU for 15 minutes at 37° C in the absence or presence of platelets (P) at a platelet/neutrophil ratio of 30/1. LTA₄-derived metabolites (LTB₄ + 20-OH-LTB₄ + *trans*-isomers of LTB₄) were measured by RP-HPLC, and amounts are expressed in picomoles formed by 10⁷ neutrophils/ml. Results are the mean ± SEM of five separate experiments carried out in duplicate (**p* < 0.05).

involved in concert to generate a local and/or a systemic reaction of which the final objective is to maintain homeostasis. Interactions between cells can be an important step in controlling the inflammatory reaction. In such a control, the inhibition of production of inflammatory lipid mediators such as LTB₄ remains a major therapeutic objective to avoid amplification of the inflammatory process. From this point of view, platelet-neutrophil complexes occurring in whole blood at 25% and increasing up to 70% after stimulation (Peters et al, 1997) is an interesting example of where platelets have been demonstrated to induce activation or inhibition of neutrophil functions depending on the experimental conditions and the parameters

studied (Ginsburg and Quie, 1980; Marcus et al, 1982). We present evidence of a direct inhibitory effect of platelets on the generation of LTB_4 by human blood neutrophils activated by pathophysiologic agonists of different types, a soluble agonist such as the chemotactic bacterial peptide fMLP, and a particulate agent inducing phagocytosis such as the causal agent of gout MSUM crystals. This effect seems independent of platelet 12-LOX or COX, a conclusion based on the fact that co-incubation of platelets with activated neutrophils led to a significant decrease of 12-LOX- and COX-derived metabolites (12-HETE and HHT, respectively) and that platelets preincubated with 12-LOX and COX inhibitors (eg, ETYA and aspirin, respectively) exhibited a similar inhibitory effect on neutrophil 5-LOX activity. Moreover, this effect remains present after the addition of exogenous AA indicating an inhibition downstream to neutrophil PLA_2 and that this platelet inhibitory effect has been related to adenosine in fMLP-stimulated neutrophils but was adenosine-independent in MSUM-activated neutrophils, suggesting another inhibitory product issued from platelets. This mediator has to be determined.

Platelets can convert neutrophil LTA_4 into peptidolipids (Maclouf et al, 1989) and lipoxins (Serhan and Sheppard, 1990). Platelet 12-HETE can be transformed by the neutrophil 5-LOX (Marcus et al, 1984), and neutrophil 5-HETE can be metabolized by platelets through the action of 12-LOX (Goppelt-Struebe et al, 1986), both pathways leading to 5S,12S-dihETE. However, diversion of substrate from neutrophils to platelets seems unlikely to be responsible for the inhibitory effect of platelets on neutrophil generation of 5-LOX metabolites because 5S,12S-dihETE were undetectable when neutrophils were stimulated with fMLP or MSUM and addition of exogenous AA did not modify the inhibitory effect of platelets.

Modulation of AA metabolism during interactions between platelets and neutrophils has been studied extensively using various experimental conditions sometimes leading to apparent discrepant observations. For instance, the 12-LOX of human platelet activates the production of LTB_4 by autologous neutrophils through the formation of 12-HPETE using addition of exogenous AA (Maclouf et al, 1982) or 10 μM fMLP and 60 μM AA (Kanaji et al, 1986). Thrombin-activated platelets are also able to increase LTB_4 synthesis by human blood neutrophils stimulated with fMLP, PAF, or C5a through a mechanism independent of platelet 12-LOX and COX, possibly through platelet-derived AA (Palmantier and Borgeat, 1991), or to increase LTB_4 synthesis by rabbit blood neutrophils stimulated with fMLP through AA originating from platelets (Evangelista et al, 1999). However, human platelets added to neutrophils in the presence of ionophore A23187 can slightly increase LTB_4 accumulation while decreasing that of 5-HETE (McCulloch et al, 1992) or can decrease LTB_4 synthesis (Maderna et al, 1993), an effect not observed in allergic patients (Hosni et al, 1991). These controversial data prompted us to study the effect of human platelets on blood neutrophils to verify whether the platelet inhibitory

effect on LTB_4 formation could be demonstrated in conditions using pathophysiologic agonists such as fMLP and MSUM. Size and surface area of crystals may influence their phlogogenic activity (Dieppe et al, 1983; Schumacher et al, 1975). For instance, small urate crystals ($\leq 10 \mu m$) were shown to induce a higher percentage of neutrophil lysis than did larger crystals (Burt et al, 1989). However, urate crystals from 3.9 to 30.6 μm were equally phagocytosed by human leukocytes in vitro and had a similar phlogogenic potential in rabbits (Fam et al, 1992). These discrepancies may be related to differences in the preparations of synthetic crystals (Fam et al, 1992). We used MSUM crystals of size and morphology close to those found in gout as previously characterized (Gaudry et al, 1993). Moreover, they were shown to activate various neutrophil functions such as intracellular calcium mobilization, superoxide anion production, phospholipase D activity, and tyrosine phosphorylation of proteins (Gaudry et al, 1993; Naccache et al, 1991, 1993). Controls in the report by Palmantier and Borgeat (1991), such as fMLP-stimulated neutrophils with unactivated platelets (ratio: 25/1), were not contradictory with our data because they observed a slight decrease of LTB_4 accumulation. The major difference in their experimental conditions was the presence of thrombin leading to a drastic increase in LTB_4 generation when neutrophils were co-incubated with platelets. It is important to stress that thrombin activates not only platelets but also endothelial cells, leukocytes, and mesenchymal cells (Grand et al, 1996). Thrombin alone was reported to stimulate slightly the synthesis of LTB_4 in GM-CSF-primed neutrophils (Palmantier and Borgeat, 1991). Taken together with the fact that active thrombin is not spontaneously present at the onset of an inflammatory reaction, the present study focused on the exact role of platelets on the synthesis of LTB_4 upstream to functional thrombin in two different conditions in which platelets can be directly activated by MSUM to release their granule constituents (Ginsberg et al, 1977) and AA (Serhan et al, 1984) or indirectly stimulated through products from fMLP-activated neutrophils (Evangelista et al, 1991; Serhan et al, 1982). Therefore, in our experimental conditions, platelets can strongly inhibit the accumulation of LTB_4 synthesized by activated neutrophils (Figs. 1 and 2) despite that more endogenous AA was available through thimerosal (Fig. 1) or GM-CSF (Fig. 2) pretreatment of neutrophils or through MSUM activation of platelets as previously reported (Serhan et al, 1984).

The addition of exogenous AA to our neutrophil-platelet suspensions, although associated with an increase of the output of LTB_4 , did not reverse the inhibition observed in neutrophil-platelet interactions without AA (Fig. 3). This lends support to an inhibitory effect of platelets on the formation of 5-LOX compounds downstream of PLA_2 . A possible candidate to the inhibitory effect of platelets on the LTB_4 synthesis by neutrophils was adenosine because platelets contain large amounts of adenosine nucleotides (D'Souza and Glueck, 1977) that can be converted to adenosine and this compound suppresses the LTB_4 synthesized

by neutrophils activated by ligands such as fMLP and PAF (Krump et al, 1996, 1997). The addition of ADA to the platelet-neutrophil suspensions reversed the inhibitory effects of platelets in fMLP-treated cells, confirming that adenosine was the inhibitory product of LTB₄ synthesis in these experimental conditions. Adenosine could act through an inhibitory phosphorylation of cPLA₂ as reported in smooth muscle cells (Murthy and Makhlof, 1998), but this mechanism seems unlikely in the present data insofar as addition of exogenous AA did not reverse the platelet inhibition of LTB₄ synthesis (Fig. 3). The mechanism of action of adenosine in the present inhibitory effect of platelets on fMLP-stimulated LTB₄ synthesis by human neutrophils could be a down-regulation of the translocation of the 5-LO through an elevation of cAMP as recently described (Flamand et al, 2002). In contrast, the addition of ADA had no effect on platelet inhibition of LTB₄ synthesis by neutrophils in the presence of MSUM, a solid agonist that, however, has been shown to interact opportunistically with CD16 initially and to transduce signals through CD11b further (Barabe et al, 1998). This persistent inhibition of neutrophil LTB₄ synthesis by platelets in the presence of MSUM indicates that adenosine was not responsible for the inhibitory effect and suggests that another platelet product is involved in such an effect. This pattern is reminiscent of (a) a significant inhibition by platelets of the LTB₄ synthesis from A23187-stimulated neutrophils (Hosni et al, 1991), of (b) the absence of effect of adenosine on LTB₄ synthesis by neutrophils activated by ionophore A23187 as previously reported (Krump et al, 1997), and of (c) the absence of inhibition by adenosine of phospholipase D stimulated by MSUM in human neutrophils (Thibault et al, 2000).

In conclusion, platelets could naturally inhibit the LTB₄ synthesis by neutrophils through their spontaneous interactions with these cells. The inhibitory factor can be adenosine as identified in ligand-operated interactions of platelets with neutrophils, but the platelet-derived product responsible for down-regulation of neutrophil lipid mediator release and generation remains to be identified. This could have a significant impact on the homeostatic process of inflammation. In the case of gouty arthritis and/or other crystal-associated diseases, platelet-derived mediators and/or substances that could counter leukocyte activation could be important in the endogenous regulation of continuing bouts of inflammation that distinguish crystal-associated diseases.

Materials and Methods

Reagents

fMLP, rhGM-CSF, and thimerosal were from Sigma Chemical Company (La Verpillière, France). ADA (EC 3.5.4.4., calf intestinal type VIII) was from Sigma Chemical Company (St. Louis, Missouri). ADA was dialyzed against NaCl 0.9% before use. ADA at 0.1 U/ml decreased efficiently the concentration of adenosine within seconds, an effect that persists for up to

30 minutes (Krump et al, 1997). Triclinic crystals MSUM were prepared under sterile pyrogen-free conditions according to the method of McCarty (1965), and the mean sizes of MSUM, as determined by scanning electron microscopy, were $10 \times 1.25 \mu\text{m}$ with a specific area of $6.7 \text{ m}^2/\text{g}$ as previously described (Gaudry et al, 1993). Aspirin, ETYA, and standards used in HPLC were from Cayman (Ann Arbor, Michigan).

Cell Preparation and Incubation

Venous blood from healthy volunteers was collected on citric acid-trisodium citrate-glucose. Platelets were isolated from platelet-rich plasma (Lagarde et al, 1980) and resuspended in Tyrode-HEPES buffer at 550×10^6 cells/ml. Neutrophils were obtained after Dextran sedimentation followed by Ficoll-Paque centrifugation and hypotonic lysis of contaminating erythrocytes. After two washes, neutrophils were resuspended into Tyrode-HEPES buffer at 55×10^6 cells/ml. Platelets remaining in neutrophil suspensions were evaluated by the rosette formation method (Jungi et al, 1986), scored under phase-contrast microscopy after cell fixation in Unopett (Becton and Dickinson), and found at 0.2 to 0.5 platelets/neutrophil. Platelet suspension was placed in 3.5 ml of polypropylene tubes, and neutrophil suspension was added to obtain a platelet/neutrophil ratio of 30/1. Platelet-neutrophil suspensions were preincubated for 5 minutes at 37° C with 1.5 mM CaCl₂ and 0.4 mM MgCl₂ before stimulation by 1 μM fMLP, or 1 mg/ml MSUM for 5 minutes (fMLP) or 15 minutes (MSUM) at 37° C. Neutrophils stimulated by fMLP were preincubated with 40 μM thimerosal for 30 minutes at room temperature, to increase the availability of AA for 5-LOX by diminishing AA reacylation into phospholipids (Haurand and Flohe, 1989). Neutrophils activated by MSUM were previously primed with 500 μM GM-CSF for 60 minutes at room temperature, to enhance AA release and FLAP expression (DiPersio et al, 1988; Pouliot et al, 1994). For further investigating the mechanism(s) involved in the effect of platelets on 5-LOX activity in neutrophils, platelets were preincubated with ETYA (12-LOX inhibitor) (Salari et al, 1984) and aspirin (COX inhibitor) used at 2 and 200 μM , respectively, for 5 minutes at room temperature. ETYA at 2 μM showed no inhibitory activity on the 5-LOX in neutrophils (data not shown). Graded concentrations of AA were added to incubation media. Finally, in experiments devoted to the possible implication of adenosine in the inhibitory effect of platelets on LTB₄ synthesis by neutrophils, 0.1 U/ml ADA was simultaneously added with platelets to neutrophil suspensions.

Incubations were terminated by the addition of methanol (MeOH)-acetonitrile (ACN; 1:1, vol/vol) containing 100 pmol of PGB₂ and 15S-hydroxy-8,11-*trans*-13-*cis*-eicosatrienoic acid (15-HETRe) as internal standards for RP-HPLC analysis of dihydroxy and monohydroxy derivatives, respectively.

RP-HPLC for AA Metabolites

Supernatants of incubates added with stop solution were directly analyzed without fractionation. AA-derived metabolites were purified and assayed by RP-HPLC as described (Hosni et al, 1991). Briefly, the LiChrospher 100 RP-18 column was isocratically eluted with MeOH/ACN/water/acetic acid (250:300:400:4) at a flow rate of 0.8 ml/min to separate the dihydroxy derivatives (LTB₄, Δ 6-trans-LTB₄, 12-epi- Δ 6-trans-LTB₄, 20-OH-LTB₄, and 5S,12S-dihETE) monitored at 270 nm. Elution times of LTB₄ and 5S,12S-dihETE were 26.1 and 27.5 minutes, respectively. Monohydroxy derivatives (5-HETE, 12-HETE) were separated using MeOH/ACN/water/acetic acid (300:450:200:4) at a flow rate of 0.6 ml/min and monitored at 235 nm. Mobile phases had a pH adjusted to 5.6 with 28% (wt/vol) aqueous NH₄OH. Quantitation of metabolites was done according to specific densities of each compound with corrections based on internal standards.

Statistical Analysis

Results are expressed in picomoles as mean \pm SEM of *n* experiments performed with cells from different donors. Significant differences were statistically evaluated by using the nonparametric Wilcoxon's paired rank-sum test.

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