A simplified laboratory validated assay for MGMT promoter hypermethylation analysis of glioma specimens from formalin-fixed paraffin-embedded tissue

Milena Cankovic¹, Tom Mikkelsen², Mark L Rosenblum² and Richard J Zarbo¹

Glioma, and in particular high-grade astrocytoma termed glioblastoma multiforme (GBM), is the most common primary tumor of the brain. Epigenetic silencing of the *MGMT* (O⁶-methylguanine-DNA Methyl transferase) DNA repair gene by promoter methylation compromises DNA repair and has been associated with longer survival in patients with GBM who receive alkylating agents. The methylation status of the *MGMT* promoter is determined by methylation-specific polymerase chain reaction analysis (MSP). This protocol is often challenging with GBM specimens, because of extensive necrosis and scarcity of malignant cells. The objective of this study was to develop a reliable, clinically validated assay for detection of epigenetic silencing of the *MGMT* gene using formalin-fixed, paraffin-embedded brain tumor resections and methylation-specific PCR.

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Gliomas are the most common tumors of the brain. They can be classified histologically as astrocytomas, oligodendrogliomas, or tumors with morphological features of both astrocytes and oligodendrocytes. According to the degree of malignancy, gliomas are divided into four clinical grades, with grades I and II representing benign tumors, and grade III and IV representing the malignant tumors. Grade IV gliomas, also called glioblastoma multiforme (GBM), account for 30% of primary brain tumors in adults.¹ Patients with glioblastoma multiforme have a mean survival of about 12 months. Chemotherapy for GBM has very limited efficacy, however, it has been shown that certain patients may respond to some treatments.^{2,3} Temozolomide is a novel alkylating agent that has demonstrated activity in recurrent gliomas.^{4–6} Alkylating agents cause cell death by forming cross-links between adjacent strands of DNA due to alkylation of the O⁶ position of guanine. The cellular DNA repair protein O⁶methylguanine-DNA methyltransferase (MGMT) functions as a DNA repair enzyme that removes the mutagenic alkyladducts from the O⁶-poasition of guanine and thereby causes resistance to alkylating drugs.⁷⁻⁹ Tumors appear to be heterogeneous with respect to MGMT expression, and in a subset of cancer cells, its expression is silenced due to abnormal promoter methylation. Aberrant methylation of CpG islands located in the promoter region of *MGMT* gene is associated with transcriptional inactivation of this DNA repair gene, and consequent low levels of the DNA repair enzyme. Studies have shown that patients with low levels of this DNA repair enzyme are more likely to experience response to therapy and prolonged overall and disease-free survival.^{10–13}

Aberrant methylation of CpG islands in the promoter region of many genes has been recognized as an important epigenetic mechanism for gene silencing.^{14–17} Inactivation of multiple tumor suppressor genes by aberrant hypermethylation is a fundamental process involved in the development of many malignant tumors.^{18,19} Mapping of methylation patterns in CpG islands has become an important tool in understanding tissue-specific gene expression in both normal and pathologic situations, and several protocols have been published for evaluating methylation status by methylationspecific PCR (MSP).^{20,21} These protocols are based on bisulfite treatment of isolated DNA. Bisulfite treatment

¹Department of Pathology, Henry Ford Hospital, Detroit, MI, USA and ²Department of Neurosurgery, Henry Ford Hospital, Detroit, MI, USA Correspondence: Dr M Cankovic, PhD, Department of Pathology, Henry Ford Hospital, 2799 W. Grand Blvd, Detroit, MI 48202, USA. E-mail: mcankov1@hfhs.org Received 29 August 2006; revised and accepted 01 December 2006 chemically changes unmethylated, but not methylated, cytosines to uracil. The methylated and unmethylated sequences are detected through the use of methylation-specific primers.

MGMT MSP protocols described in the literature use frozen tissue, or combination of frozen and formalin-fixed paraffin-embedded tissue (FFPE), and call for $2-3 \mu g$ of isolated DNA. This presents a challenge because only archival FFPE tissue is available in many pathology practices, and when these preserved specimens are used for testing of gliomas, and especially glioblastoma multiforme, quite frequently a very small amount of sometimes partially degraded DNA is recovered due to extensive necrosis and scarcity of malignant cells. Our aim was to develop a reliable, simplified MGMT MSP protocol that would utilize FFPE specimens and thus could be easily incorporated into a busy molecular diagnostics laboratory practice. Our protocol is a slight modification of the protocol originally published by Esteller et al_{2}^{20} and involves the use of thick tissue sections and bisulfite treatment and purification of treated DNA with the help of commercial methylation kits.

MATERIALS AND METHODS Tumor Samples

A total of 167 brain excision specimens from 154 patients were submitted for MGMT MSP testing. Pathologic diagnoses included 74 patients with glioblastoma (44 male subjects, 30 female subjects, mean age 55.62 ± 12.88 years, range 34-82); 63 patients with oligodendrogliomas and mixed tumors (36 male subjects and 27 female subjects, mean age 41.66 + 12.42 years, range 18-74); and 17 patients with astrocytoma (13 male subjects and four female subjects, mean age 37.39 ± 13.27 years, range 20-71). The specimens had been collected from 1997 to 2006, the majority being more recent specimens. The study group included primary tumors and recurring tumors. Paired primary and recurrent specimens were available for ten patients. All were submitted as formalin fixed paraffin embedded tissue blocks, and were grouped by the following tumor types: 82 cases of glioblastoma multiforme (GBM), seven cases of astrocytoma (A), eight cases of anaplastic astrocytoma (AA), 31 cases of oligodendroglioma (O) and 30 cases of anaplastic oligodendroglioma (AO). Additional mixed tumor cases consisted of four cases of AOA, three cases of OA, one case of O + AA, and one case of malignant glioneuronal neoplasm. For all tumor samples, histology was reviewed to select blocks with greatest tumor involvement and smallest amount of necrosis. In addition to tumors, 11 samples were studied of cortex blocks from epilepsy resections.

DNA Extraction and Methylation-Specific PCR

Genomic DNA was isolated from two to three $20 \,\mu\text{M}$ thick paraffin sections after confirmation of the histology. DNA from FFPE tissue was extracted using Puregene kit (Gentra Systems, Minneapolis, MN, USA). The MSP was performed

in a two step approach. Bisulfite treatment of isolated DNA was done using EZ DNA Methylation Gold kit (Zymo Research, Orange, CA, USA). PCR amplification was performed basically as reported by Esteller *et al*²⁰ with specific primers designed to distinguish methylated from unmethylated DNA. The primer sequences used were as follows: M forward; 5' TTTCGACGTTCGTAGGTTTTCGC 3', M reverse; 5' GCA CTCTTCCGAAAACGAAACG 3'; U forward; 5' TTTGTGT TTTGATGTTGTTAGGTTTTTGT 3', and U reverse; 5' AA CTCCACACTCTTCCAAAAACAAAACA 3'.

For assay controls, methylated DNA and unmethylated DNA were purchased from Chemicon International, Temecula, CA, USA, and used as positive and negative controls for methylated sequences, respectively. The control DNA was subjected to bisulfite treatment and PCR amplification in parallel with patient samples for every run. Controls without DNA were performed for each set of reactions.

Methylated and unmethylated DNA sequences were detected on 2.5% agarose gels. Samples giving signals approximately equivalent to the positive methylated control were designated as methylated. Samples giving no signals with positive methylated control, but demonstrating presence of unmethylated DNA, similar to the negative control, were designated as unmethylated. The results were confirmed in an independent experiment on 10 randomly selected specimens, starting with reisolation of DNA from the tumor samples. The investigators who analyzed the glioma samples were blinded to all clinical information.

Immunohistochemistry for MGMT

Parallel immunohistochemical staining of the MGMT protein product was done on a subset of the study cases (11 methylation positive cases, and 11 methylation-negative cases). Immunohistochemical analysis was performed on formalin fixed, paraffin embedded tissue sections. Immunostaining was performed using heat-induced epitope retrieval, a labeled streptavidin-biotin method, and an automated immunostainer (DAKO, Carpinteria, CA, USA) according to the manufacturer's protocol. Primary antibody against MGMT (Mouse anti-MGMT, clone MT 23.2, Invitrogen, Carlsbad, CA, USA) was used at 1:75 dilution. Immunohistochemistry was evaluated by two independent observers who were blinded from methylation data. MGMT expression of malignant cells was interpreted as negative when 0-5% of tumor cells showed nuclear staining, and positive when >5% of tumor cells stained positive for MGMT. Only nuclear staining was considered for evaluation.

RESULTS

Of the 167 evaluated tumors, *MGMT* promoter methylation status was determined for 164 specimens (98%). Table 1 shows a summary of the findings from MSP for the entire study group. A representative methylation specific PCR of MGMT promoter in gliomas is shown in Figure 1. Overall, methylation specific PCR identified 72 (44%) specimens in

Diagnosis	WHO grade	Age mean±s.d. (range)	No. of specimens tested (%)	Methylated <i>MGMT</i> promoter (%)	Unmethylated <i>MGMT</i> promoter (%)
GBM	IV	55.62±12.88 (34–82)	80	35 (44)	45 (56)
A	II	38.74±17.41 (20-71)	6	2 (33)	4 (67)
AA		37.25 <u>+</u> 12.56 (20–55)	8	3 (38)	5 (62)
0	II	40.58±12.81 (18-74)	31	8 (26)	23 (74)
AO		42.77±13.16 (18–68)	30	19 (63)	11 (37)
AOA		43.5±6.81 (35-50)	4	2	2
OA	II	43±7.94 (35–49)	3	1	2
O+AA		(35)	1	1	0
MGN		(23)	1	1	0
Totals			164 (98)	72 (44)	92 (56)

Table 1 Summary of MGMT MSP Results

Abbreviations: GBM: glioblastoma multiforme; A: astrocytoma; AA: anaplastic astrocytoma, O: oligodendroglioma; AO: anaplastic oligodendroglioma; AOA: mixed anaplastic oligodendroglioma + astrocytoma; OA: oligodendroglioma + astrocytoma; MGN: malignant glioneuronal neoplasm.

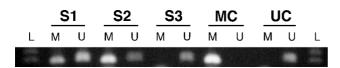


Figure 1 Methylation specific PCR of *MGMT* promoter in gliomas. Three different brain tumor samples were tested. Two samples were methylated, although they showed both methylated and unmethylated bands. One sample was unmethylated. M, PCR product amplified by methylated-specific primers; U, PCR product amplified by unmethylated-specific primers; L, ladder; MC, methylated control DNA; UC, unmethylated control DNA.

which methylated MGMT promoter was present and 92 (56%) of tumors in which only unmethylated MGMT promoter was detectable. The methylation frequencies differed among tumor subtypes, although those differences were not always statistically significant. Low-grade (WHO grade II) oligodendrogliomas and astrocytomas displayed lower methylation rates (26 and 33%, respectively), than anaplastic (WHO grade III) tumors (63% for AO and 38% for AA), suggesting a trend towards increase in methylation with higher tumor grades. That trend, however, did not continue for grade IV tumors. The glioblastoma group, which consisted of primary and secondary tumors, had a methylation rate of 44%. In the control group, all 11 epilepsy resection samples displayed ummethylated alleles for MGMT. Paired primary and recurring specimens were available for 10 patients (Table 2). In five of the patients, no evidence of MGMT promoter methylation was detected in either primary or recurrent tumor specimens. Two of the primary tumors gave positive results, while the recurrent sections had no evidence of MGMT methylation. For two of the patients, both primary and secondary tumors had evidence of promoter methyla-

Table 2 Paired	primary	and	repeat	resections
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Case number	Initial surgery date	MSP result	Repeat surgery date	MSP result
1	9/24/2004	Unmethylated	11/7/2005	Unmethylated
2	12/19/2000	Unmethylated	12/20/2004	Unmethylated
3	8/1/1997	Unmethylated	2/27/1998	Unmethylated
4	2/10/2006	Methylated	5/19/2006	Methylated
5	8/4/2003	Methylated	12/15/2004	Unmethylated
6	6/13/2005	Unmethylated	12/21/2005	Unmethylated
7	4/6/2004	Unmethylated	11/28/2005	Unmethylated
8	7/27/2000	Unmethylated	4/25/2005	Methylated
9	8/1/2005	Methylated	8/4/2005	Methylated
10	3/1/1999	Methylated	11/17/1999	Unmethylated

tion. Finally, one case presented with no evidence of methylated *MGMT* promoter in primary tumor, while the methylated promoter was detected in the recurrent tumor.

To evaluate whether *MGMT* promoter hypermethylation differed between male and female patients, we compared the MSP results for male and female patients for glioblastoma multiforme and oligodendroglioma groups (Table 3). In the GBM group, the male patients were significantly older (mean age 57.39 years) compared to female subjects (mean age 39 years), and the younger female group demonstrated a higher methylation rate. With male subjects, methylated *MGMT* promoter was detected in 20/49 (41%) GMB specimens, and with female subjects, the methylation rate was 15/31 (48%) of specimens. In the oligodendroglioma group, mean ages for male and female were 39 and 43 years, respectively, however,

Diagnosis	No. of patients	Mean age (range)	No. of specimens	Methylated (%)	Unmethylated (%)
GBM males	44	57.39 <u>+</u> 10.93 (40–76)	49	20 (41)	29 (59)
GBM females	30	39 <u>+</u> 15.14 (28–78)	31	15 (48)	16 (52)
O males	18	39.06±10.33 (20-62)	18	4 (22)	14 (78)
O females	12	43 <u>+</u> 15.52 (18–60)	13	4 (31)	9 (69)
AO males	12	43.07 <u>+</u> 11.42 (22–57)	14	9 (64)	5 (36)
AO females	15	43.06±15.11 (18-68)	16	10 (63)	6 (37)

 Table 3 GBM and oligodendroglioma MSP results separated by gender

Abbreviations: GBM: glioblastoma multiforme; O: oligodendroglioma; AO: anaplastic oligodendroglioma.

significant difference in methylation rates was observed: 4/18 (22%) for male subjects and 4/13 (31%) for female subjects. Finally, in the anaplastic oligodendroglioma group, there was no difference between the two groups, with methylation rates of 9/14 (64%) for male subjects and 10/16 (63%) for female subjects.

For all brain tumor resection cases, *MGMT* promoter hypermethylation was always accompanied by amplification in the unmethylated reaction as well. This is to be expected since the original tissue sections contained a mixture of tumor and non-malignant tissue. Similar findings were reported previously in CpG island methylation studies.^{20,22,23} Actually, the presence of unmethylated promoter served as an internal amplification control that could be used to assess the quality and quantity of DNA. Only tumor samples that contained a clearly visible methylated signal, with or without an additional unmethylated signal, were interpreted as positive for the *MGMT* promoter methylation.

Immunohistochemical Findings

We compared promoter methylation status to loss of protein expression as assessed by immunohistochemistry. This aspect of the study allowed a comparative analysis of the results of the MGMT MSP and assessment of the predictive value of *MGMT* promoter methylation (as determined by MGMT MSP) for loss of protein expression. Intact protein expression was observed in 9/11 (82%) of methylation-negative cases. Promoter methylation was associated with loss of protein expression in 8/11 (73%) of cases. In all positive tumor samples, heterogeneous immunostaining was observed (Figure 2), where areas with complete loss of MGMT expression alternated with areas of scattered or clustered cells with strong immunoreactivity.

DISCUSSION

We studied a heterogeneous group of 154 glioma patients for the evidence of MGMT promoter hypermethylation by methylation specific PCR. Of the 164 specimens evaluated, 72 (44%) had a detectable methylated MGMT promoter, whereas 92 (56%) did not (Table 1). The promoter methylation status appeared to differ between different sub-groups, similar to what has been reported previously.^{13,24,25} In this study, the glioblastoma group, which consisted of primary and secondary tumors, presented a methylation rate of 44%. This is concordant with the results of Hegi et al⁴ who reported a methylation rate of 44.7% of 206 glioblastoma multiforme specimens, and Esteller et al,¹² who studied a group of 47 patients with grade II and IV gliomas and detected MGMT promoter hypermethylation in 19 of the 47 tumors (40%). In the oligodendroglioma group, our results are discordant with those of Möllemann et al²⁶ who investigated 52 oligodendroglial tumors and reported a methylation rate of 88%, whereas we obtained a rate of 63% in 30 anaplastic oligodendroglioma cases in our study (Table 1). One limitation of this study is the lack of information about clinical outcomes, which might have corroborated possible differences in responses between groups.

DNA methylation-dependent silencing of gene expression in cancer results in loss of protein expression and consequently protein function. In order to evaluate correlation between MGMT promoter methylation and loss of protein expression in our study group, a subset of 22 cases were evaluated for MGMT protein expression by immunohistochemistry. In this small group of 22 cases (11 methylation positive, and 11 methylation-negative), MGMT promoter methylation was associated with loss of protein expression. In positive tumor samples, heterogeneous immunostaining was observed, similarly to previous observations.^{12,26} In positive cases, total number of MGMT positive cells was generally fewer than 50% of total tumor cells. There were a few cases, however, that demonstrated loss of expression without promoter methylation, and also cases with intact protein expression despite promoter methylation. Similar observations for MGMT expression were reported by Brell et al¹³ for a group of 93 cases of anaplastic glioma, and Ogino et al²⁷ who studied correlation between CDKN2A, MLH1 and MGMT promoter methylation and protein loss by immunohistochemistry in a much larger group of 274 colorectal cancer cases.²⁷ Mechanisms such as gene deletion or mutation have been implicated as alternative mechanisms

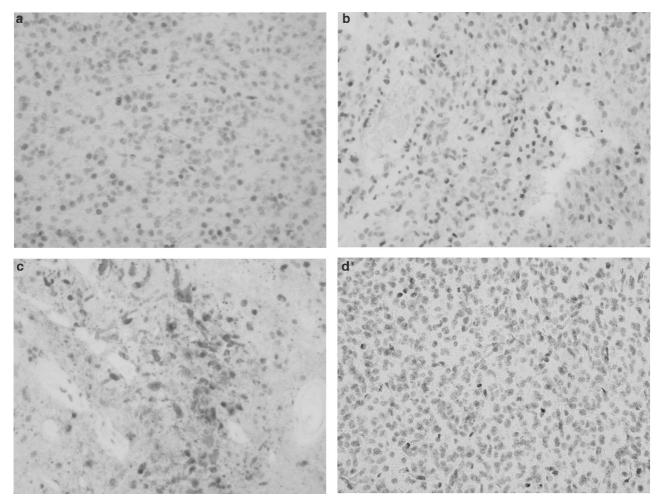


Figure 2 Immunohistochemistry of *MGMT* gene product. (a) An oligodendroglioma case and (b-c) two glioblastoma multiforme cases unmethylated at *MGMT* promoter express different levels of MGMT protein; (d) anaplastic oligodendroglioma methylated at *MGMT* promoter demonstrates loss of MGMT protein expression (all \times 40).

of gene silencing, and partial methylation might account for protein expression in spite of evidence of methylated *MGMT* promoter.

The MSP protocol itself presented some technical challenges during the initial validation steps. As a result of tissue necrosis, and the infiltrating growth pattern of gliomas, low DNA yields were initially recovered on a number of specimens. MGMT MSP testing needed to be repeated for seven of the specimens, because insufficient DNA was isolated from initial tissue sections. Subsequent sections yielded enough DNA for testing to be completed successfully. MGMT MSP was unsuccessful, even after repeat testing, with three specimens (two GBM specimens and one astrocytoma specimen) due to extensive tissue necrosis. In successfully evaluated tumors, cutting thicker sections and selecting tissue blocks with greatest amount of tumor involvement tended to improve the yield of amplifiable DNA. Loss of DNA during bisulfite treatment was another technical challenge, which prompted us to evaluate several different protocols.

The protocol yielding the best recovery of amplifiable DNA was a commercial DNA Methylation kit (Zymo Research). In order to avoid false negative results, which may be due to several reasons including recovery of partially sectioned cell nuclei, incomplete DNA modification during bisulfite treatment, or loss of DNA during the testing procedure, we selected appropriate quality control measures to assure that all assay steps were well controlled. Incorporating positive methylated DNA and negative unmethylated DNA controls in parallel with patient specimens during the bisulfite reaction and PCR amplification steps gave us assurance that optimal conditions were maintained during all testing steps.

In summary, this simplified protocol allowed us to assess *MGMT* promoter methylation status of 164 samples out of 167 brain tumor resection specimens submitted for MGMT MSP testing. Since archival tissue proved to be adequate for this testing, the protocol could be easily incorporated into our routine surgical pathology practice.

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