adaptive reaction, so widespread a phenomenon in the biological world, remains unsolved. Until we know a great deal more than we do at present about the physico-chemical connection of stimulus and response it is likely to remain so.

A. G. T.

## CLIMATE AND MAN.

The Pulse of Asia: a Journey in Central Asia illustrating the Geographic Basis of History. By Ellsworth Huntington. Pp. xxi+416. (London: A. Constable and Co., Ltd.; Boston and New York: Houghton, Mifflin and Co., 1907.) Price 14s. net.

N Nature, vol. lxxii., 1905, p. 366, some account was given of the expedition of the Carnegie Institution of Washington to Eastern Persia and Turkestan. Mr. Huntington showed his descriptive power in the joint memoir issued in that year; and he dedicates his new book to Prof. W. M. Davis, his instructor in the "rational science" of geography, and his companion in arduous travel. Mr. Huntington states that, thanks to the help of Prof. Davis, he spent three years in Central Asia, in addition to four previously spent in Asia Minor. His study of languages has again and again been of service to him; and it is interesting to note at one point (p. 153) the struggle between his natural sympathy and the need for a little self-assertion, which, to the Oriental, is an outward sign of self-respect. His relations with the Khirghiz, and even with the feebler Chantos, were pleasant in the extreme; we fancy that something more fundamental than a training in geography gave him his thoughtful perception of the conditions and limitations of their lives.

The map of Asia, and no small part of it, is required to reveal the significance of the author's routes. The high passes of the Kwen Lun and Tian Shan ranges are mere incidents in these loops of travel, which lead us from Batum across Bokhara, and as far east as the shrinking salt-lake of Lop Nor.

Nine months were spent in the Lop Basin alone, and one of the finest things in the book is the general account of the succession of physical and climatic zones (chapter iv.), as one descends from the mountains across a ring of river-gravels to the edge of the region of desiccation. Here the fine sands and muds of old flood-plains are to-day whirled up before the wind, and are deposited as loess on the mountainpastures to the south. The life of the nomadic inhabitants of the basin is practically limited by this pastoral land, which occupies all but the highest parts of the plateau-zone; and this zone terminates in steep slopes inwards, rising "like a continental ring around a sea forever dry." Down below, patches of forest-land are already poisoned by salt, and dying tamarisk bushes mark the spread and triumph of the desert.

All through Mr. Huntington's chapters we trace the same compelling influence. The desert, with its rippled and shifting dunes, its "hateful haze" swept onward by the wind, its inexorable hostility, demanding an inexorable endurance (p. 260), is driving man steadily before it, and has him, as it were, over leagues of country, by the throat. Old irrigation-channels have been abandoned, from failure at their source;

old roads around lake-basins have given place to direct tracks across their floors. Even in mountaingorges, streams have run dry, leaving the lower ground dependent on the sudden and dangerous torrents that follow on each melting of the snows. Springs may temporarily arise in desiccated areas, and may furnish real rivers as time goes on (p. 182); but such incidents only temporarily retard the retreat of man, who leaves lost cities behind him, still "beautiful in the clean, graceful shrouds of their interment in the sand." Archæological research, local legends, the experience of recent generations, all show that the drying up of Central Asia is a continuous phenomenon; yet a "climatic pulsation" in an opposite direction is traceable, both in the Caspian and Lop Nor Basins, in the "Middle Ages" following on 500 A.D.

The conditions of the still older dry or "interfluvial" epoch have not even now been reproduced, since (p. 351) there are places in the Tian Shan range, now too cold and wet for agriculture, where canals were once made to provide for irrigation. Mr. Huntington throughout acknowledges the work of Brückner and his other predecessors in these fields of travel, observation, and deduction, and has, in his later pages, urged the climatic aspect of human movements to an almost hazardous extreme. He set out (p. 6) to use Central Asia as a text " to show the immense influence which changes of climate have exerted upon history." In this respect his book does not quite rise to the anticipated level, which is reached more nearly in the memoir issued by the Carnegie Institution. But, with its simple record perilous adventures, its excellent illustrations, and its clear devotion to science first of all, it forms a noteworthy and inspiring work of travel. Throughout it we feel, as the author means us to feel, the insistent pressure of natural law against the will and work of mortals---the helplessness of millions of men against the untimed pulse of Asia.

GRENVILLE A. J. COLE.

## THE MODERN MICROSCOPE.

Microscopy: the Construction, Theory, and Use of the Microscope. By E. J. Spitta. Pp. xx+472; 16 plates. (London: J. Murray, 1907.) Price 12s. 6d. net.

ICROSCOPISTS are at present divided into two factions. There are those of the old school, who are content with the principles under the guidance of which such great improvements have been made in microscope construction since the earlier days of Abbe; and there are those whom we may call the "Gordon rioters," who hold that Abbe's experiments were inconclusive and even misleading, and have found a new prophet. The new theory-the adjective has at least some justification—has been duly set forth, with a mint of strange phrases, in Sir A. E. Wright's "Principles of Microscopy," already reviewed in these pages (vol. lxxv., p. 386, February 21, 1907). Mr. Spitta is of the older school. He is for "legitimate methods of observation." He casts an oblique and somewhat mistrustful glance upon the new practices, and hurries by to surer and more familiar ground.