Books *beautiful* books

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TITLE: Keep yourself healthy: a guide to a healthy mouth
AUTHOR: Family Advice & Information Resource (FAIR)
PUBLISHER: Health Scotland
PRICE: £1; email multimedia@fairadvice.org.uk or telephone 0131 662 1962
ISBN: 1844853217

A valuable resource.

Keep yourself healthy is a series of health promotion booklets produced for people with learning disabilities by FAIR Multimedia, an independent company. The pamphlet *Keep yourself healthy: a guide to a healthy mouth* is designed to provide oral health messages in a manner appropriate for people with learning disabilities. It aims to equip this patient group with the knowledge for achieving and maintaining oral health. This pamphlet is produced in association with Community Nurses for People with Learning Disabilities and the Community Dental Services. It is published by NHS Health Scotland and is also available in Chinese.

This 16-page A5 pamphlet contains fundamental oral health advice, delivered in a clear and concise manner. Each page is dedicated to one key message, such as the importance of healthy teeth and gums, regular toothbrushing, the effects of smoking, dietary influences, and regular

attendance at a dental clinic. The messages are delivered through the use of short, simple, easy-to-read sentences. For example, sentences such as 'teeth help you eat food properly' and 'smoking is bad for your teeth too' are used to convey key information. The booklet also displays colourful illustrations on each page, using a multi-cultural approach, with cartoon figures of various ethnic backgrounds.

'Provides essential and relevant oral health messages to patients with learning disabilities.'

This booklet provides essential and relevant oral health messages to patients with learning disabilities. It is well designed and the illustrations enhance the overall layout. The language used is suitable for the target reader and avoids jargon. There is an appropriate amount of information per page and a suitable font size is used.

All dental professionals should ensure that their patients receive appropriate oral health information tailored to each patient's level of understanding. This pamphlet is a valuable resource for anyone who is required to provide oral health advice to patients with learning disabilities.

N. V. Nayyer
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Namita Nayyer

TITLE: Radiology for the dental professional, 9th edition
AUTHOR: H. H. Frommer, J. J. Stabulas-Savage
PUBLISHER: Mosby-Elsevier
PRICE: £44.99
ISBN: 9780323064019

Easy to read and understand

This book provides an in-depth look into dental radiography for the dental professional. It is split into 25 chapters that cover everything from the principles and the effects of radiography to technique, processing, anatomy and clinical explanations.

'It incorporates radiology with other aspects of dentistry instead of looking at it as a one-dimensional subject.'

The chapters are divided into clearly titled, concise paragraphs, which are supplemented by many pictures, graphs and diagrams. Although some of the images are old, they are easy to view and understand, show up-to-date cross infection control and complement the text. There are many photographs of equipment which would enable those who are just starting in radiology to easily identify any apparatus needed. The countless radiographs featured cover nearly every clinical situation and are clearly explained.