# Cholesterol Synthesis and *De Novo* Lipogenesis in Premature Infants Determined by Mass Isotopomer Distribution Analysis

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# ABSTRACT

Premature infants change from placental supply of mainly carbohydrates to an enteral supply of mainly lipids earlier in their development than term infants. The metabolic consequences hereof are not known but might have long-lasting health effects. In fact, knowledge of lipid metabolism in premature infants is very limited. We have quantified *de novo* lipogenesis and cholesterogenesis on d 3 of life in seven premature infants (birth weight, 1319 ± 417 g; gestational age, 30 ± 2 wk). For comparison, five healthy adult subjects were also studied. All subjects received a 12-h [1-<sup>13</sup>C] acetate infusion, followed by mass isotopomer distribution analysis (MIDA) on lipoprotein-palmitate and plasma unesterified cholesterol. The fraction of lipoprotein-palmitate synthesized at the end of the infusion period was 5.4 ± 3.9% in infants, which was in the same range as found in adult subjects on a normal diet, suggesting that hepatic

*de novo* lipogenesis is not a major contributor to fat accumulation in these premature neonates. The fractional contribution of newly synthesized cholesterol to plasma unesterified cholesterol was 7.4  $\pm$  1.3% after a 12-h infusion. The calculated rate of endogenous cholesterol synthesis was 31  $\pm$  7 mg/kg/d, a value approximately three times higher than that found in adult subjects (10  $\pm$ 6 mg/kg/d). These results indicate that the cholesterolsynthesizing machinery is well developed in premature infants. (*Pediatr Res* 56: 602–607, 2004)

#### Abbreviations

AGA, appropriate size for gestational age MIDA, mass isotopomer distribution analysis SGA, small for gestational age VLDL, very-low-density lipoproteins

The highest growth rate in a human life span occurs during the fetal period. During this rapid growth, the fetus requires significant amounts of cholesterol and fatty acids that may be acquired from maternal sources or synthesized *de novo* by the fetus itself. The relative contribution of either source is not known. Cholesterol is required for structural functions and as a precursor of various metabolically active compounds such as hormones, oxysterols, and bile salts. Inborn errors in cholesterogenesis lead to severe congenital defects, such as the Smith-Lemli-Opitz syndrome (SLO), indicating that maternal supply cannot fully account for the demands during fetal development. Recently, it was demonstrated that newly syn-

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thesized cholesterol activates Sonic hedgehog (Shh) (1), a signaling protein essential for normal embryonic development, which delineates the importance of this metabolic pathway.

Fatty acids are needed as structural components of membrane phospholipids, as a source of energy, and, if metabolic regulation in the fetus is similar to that in the adult, as activators of specific transcription factors (2,3). Most observations suggest that in early gestation these fatty acids are derived from maternal sources after crossing the placenta, followed by a gradual shift to *de novo* synthesis in fetal tissues with advancing gestation (4–7). Hepatic lipogenesis is quantitatively not important in adult human life in industrialized societies. However, it has been suggested to be of importance in the fetus (8). No experimental data exist to indicate that hepatic *de novo* lipogenesis is a major contributor to the fetal lipid accumulation normally observed in the third trimester of pregnancy.

Because fat deposition and accretion of specific lipids occurs mainly during the last trimester of intrauterine development, the prematurely born neonate is prone to be deficient in specific metabolites (*e.g.* brain docosahexaenoic acid and carnitine) as

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well as in the enzymes needed for fat digestion and metabolism. Furthermore, one of the most important differences in fat metabolism between premature and term neonates is that the very low birth weight neonate is often maintained on total parenteral nutrition for substantial periods of time after birth. Most parenteral nutrition solutions do not contain cholesterol. Breast milk does contain significant quantities of cholesterol. However, it is evident that many human infants thrive on cholesterol-poor formulas. It is not clear whether or to what extent cholesterol neosynthesis compensates for variations in dietary cholesterol intake in premature infants. There are indications to suggest relationships between the developmental stage at birth, the type and duration of infant feeding, and susceptibility to develop chronic diseases in adulthood, such as atherosclerosis and insulin-dependent diabetes mellitus (9,10). The mechanism underlying these long-lasting effects of early nutrition are not known but may be related to the amount of cholesterol ingested and/or the fatty acid quality and quantity during specific, critical periods of development.

The aim of this study was to gain insight in the contribution of hepatic *de novo* lipogenesis to overall lipid accumulation in premature infants. In addition, we set out to determine the rate of cholesterogenesis in premature infants without a substantial dietary cholesterol intake. We quantified both processes *in vivo* using stable isotope labeling of plasma cholesterol and lipoprotein-palmitate with [1-<sup>13</sup>C]acetate, followed by MIDA. These results provide the background information that is essential for studies on the metabolic consequences of composition of enteral and parenteral nutrition in this specific group of patients.

### MATERIALS AND METHODS

**Patients and study design.** Seven premature infants were studied (birth weight,  $1319 \pm 417$  g; gestational age,  $30 \pm 2$  wk) (Table 1), starting 2 d after birth. All infants required mechanical ventilation and were admitted to the neonatal intensive care unit of the Beatrix Children's Hospital in Groningen immediately after birth. The infants received parenteral feeding, which was initiated at 24 h after birth with a glucose intake of about 6–7 mg/kg/min during the time of the experiments. Parenteral feeding also included a lipid emulsion (Lipofundin 20%, Fresenius Kabi, Bad Homburg, Germany) that was infused at a rate of 0.8 g/kg/d at the second day of life. A very limited enteral feeding schedule ( $7.0 \pm 2.7$  mL/d) was initiated on the day of the [1-<sup>13</sup>C]acetate infusion. The ingested amount of cholesterol *via* the enteral route was <3 mg/d and the amount of carbohydrates *via* the enteral route was <0.5

mg/kg/min during the time of the experiment. All mothers except one (patient 5) had received antenatal steroids. The experimental protocol did not interfere with standard treatment for this group of patients. Exclusion criteria were as follows: congenital infection, metabolic disorders, maternal endocrine disorders (diabetes and thyroid disorders), and chromosomal abnormalities. Patients received a constant i.v. infusion of [1-<sup>13</sup>C]acetate (Isotec, Miamisburg, OH) at a rate of 0.20 mmol/kg/h for 12 h. The start of the study (t = 0) was defined by the start of [1-<sup>13</sup>C]acetate infusion. Blood samples of 0.5 mL arterial blood were taken before and 8, 10, 11, and 12 h after start of the infusion (incorporation phase), and subsequently at 2, 4, 6, 10, 21, 30, and 45 h after termination of the infusion (decay phase). The study protocol was approved by the Central Committee on Research Involving Human Subjects, the Netherlands, and written informed consent was obtained from the parents after the protocol had been fully explained.

For comparison, five healthy adult control subjects were studied (mean age,  $32 \pm 15$  y; weight,  $64 \pm 7$  kg). All subjects were instructed to consume their regular diet until 2200 h of the evening of the start of the study, at which time they started their fast till 0900 h. At this time, they received an oral liquid diet replacement (Nutridrink, Nutricia BV, The Netherlands) containing 39% of total energy as fat with no cholesterol, 13% as protein and 48% as carbohydrates, at an ingestion rate of 7 mg/kg/min of carbohydrates. At midnight, a [1-<sup>13</sup>C]acetate infusion (0.20 mmol/kg/h) was started for 12 h. Venous blood samples were taken before and 8, 10, 11, and 12 h after start of the infusion (incorporation phase), and subsequently at 1, 2, 4, 6, 18, 26, 42, 50, 66, and 74 h after termination of the infusion (decay phase). After cessation of the infusion, subjects were allowed their normal dietary intake.

Analytical procedure. Blood was collected from the patients and volunteers in EDTA tubes and was directly centrifuged to separate plasma and cells. The plasma was stored at  $-80^{\circ}$ C until further processing. Cholesterol for gas chromatography/ mass spectrometry (GC/MS) analysis was extracted from 100  $\mu$ L of plasma with 2 mL of 95% ethanol/acetone (1:1, vol/vol) according to Neese *et al.* (11). Unesterified cholesterol was subsequently derivatized using *N*,*O*-bis-(trimethyl)trifluoroacetamide with 1% trimethylchlorosilane at room temperature. Samples were dried under nitrogen and dissolved in 500  $\mu$ L of hexane. Triacylglycerol-rich lipoproteins were isolated from plasma by ultracentrifugation as described earlier (12). VLDL separated using this method does also include intermediate-

Table 1.	<b>Characteristics</b>	of premature	infants
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Patient no.	Gender	Gestational age (wk)	Birth weight (g)	Percentile (%)	Age at start of study (h)	Cholestero (mmol/L)
1	М	30	1240	P10-25	50	1.82
2	М	30	1435	P25-50	49	2.43
3	М	30	1315	P10-25	49	2.01
4	F	29	845	P5-10	43	0.89
5	F	34	1785	P25-50	64	1.28
6	F	30	1845	P50-90	42	1.32
7	М	29	765	<p5< td=""><td>53</td><td>1.16</td></p5<>	53	1.16
Mean		30.4	1319		50	1.56
SD		1.5	417		7	054

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density lipoproteins (IDL) and potentially chylomicrons. Lipids were extracted from lipoprotein fractions with 2 mL methanol/hexane (4:1, vol/vol) and transmethylated to fatty acidmethyl esters using acetyl chloride. Samples were dried under nitrogen and dissolved in 100  $\mu$ L hexane. Lipoprotein particle size was calculated according to Beil and Grundy (13), using the formula D = (0.211 · ([TG]/[PL]) + 0.38) / 0.0213, in which D is the diameter in Å. Assay kits for determination of plasma and lipoprotein triglyceride and cholesterol concentrations were obtained from Hoffmann-La Roche Ltd (Basel, Switzerland) and for determination of lipoprotein phospholipid concentrations from Waco Chemical (Marburg, Germany).

Enrichments of lipoprotein-palmitate and of cholesterol were measured by GC/MS. Cholesterol trimethylsilylether derivatives were separated with an HP 5890 Plus gas chromatograph (Hewlett-Packard, Palo Alto, CA), using a 30 m  $\times$  0.25 mm (0.2  $\mu$ m film thickness) DB5 ms column (J&W Scientific, Falson, CA) directly inserted into the ion source of a Quadrupole mass spectrometer, model SSQ 7000 (Finnigan Matt, San Jose, CA). The oven temperature was programmed from 150 to 320°C at 30°/min. A splitless injection was applied. The mass fragments m/z 368, 369, 370, and 371 were monitored by selected ion recording using chemical ionization. For analysis of the methyl esters of lipoprotein-palmitate, the same GC/MS mode as described above was used, equipped with a 20 m  $\times$ 0.18 mm i.d. AT1701 column (0.4  $\mu$ m film thickness, Alltech Associates Inc., Deerfield, IL). GC oven temperature increased from 100°C to 280°C at 20°C/min. They were analyzed at mass-to-charge ratio (m/z) 271, 272 and 273 (mass isotopomers M<sup>0</sup>, M<sup>1</sup>, and M<sup>2</sup>) using chemical ionization and selected ion recording, with methane as moderating gas.

Calculations. The theoretical background of the MIDA technique is described in detail elsewhere (14,15). MIDA is a method for calculating the fraction of newly synthesized polymers and the isotope enrichments of their monomer precursor subunits in vivo during a stable isotope labeling experiment. By applying probability logic with mass spectrometric analysis of polymers, the enrichment of the precursor pool (acetyl-CoA) and the fractional biosynthetic rates of the polymer can be calculated. This technique allows us to determine the fraction of newly synthesized cholesterol and palmitate molecules in the plasma pool. After cessation of label incorporation, the rate constant of decay of cholesterol is determined by analyzing enrichments of the higher isotopomers to exclude the chance of continuing label incorporation. It then becomes possible to calculate absolute cholesterol synthesis rates, using an estimate of body unesterified cholesterol pool size. An estimation of 130 mg/kg body weight for the total body unesterified cholesterol pool was used, as proposed by Neese *et al.* (11), to calculate absolute synthesis rates. The "rapidly miscible" cholesterol pool supposedly includes liver, intestine, and plasma. The following non-steady-state equation is used:  $K = k \times f \times pool$ size/ $(1 - e^{-kt})$ , where K (mg/kg/h) is the absolute rate of cholesterol synthesis, f(in %) is the fraction of newly synthesized cholesterol molecules, and k (h<sup>-1</sup>) is the rate constant of isotopic cholesterol removal from plasma. Curves for the excess of isotopomer M + 3 in premature infants and control subjects are shown in Figure 1. The 12-h blood sample was

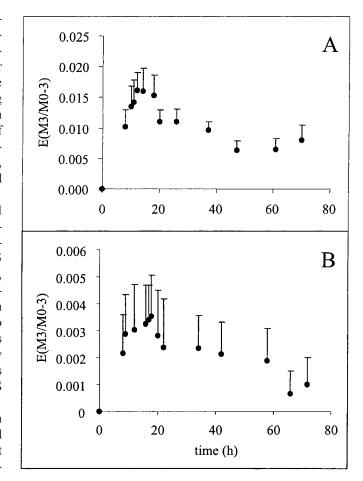


Figure 1. Excess of isotopomer M + 3 after start of the infusion with  $[1-^{13}C]$  acteate for premature infants (A) and control subjects (B).

used for calculation of fractional synthesis rates of both cholesterol and lipoprotein-palmitate. Blood samples taken 1-72 h after cessation of the infusion, the so-called decay phase, were used to calculate *k*.

Statistical analysis. All values are expressed as means  $\pm$  SD. Significance of differences was calculated using the twotailed *t* test for normally distributed unpaired data or a Mann-Whitney *U* test for data that were not normally distributed. A *p* value <0.05 was considered significant.

## RESULTS

The clinical characteristics of the infants are shown in Table 1. All the infants were AGA, except for patients 4 and 7, who were SGA. The mean age of the infants at start of the study was  $50 \pm 7$  h.

The fractions of circulating unesterified cholesterol (*f*) attributable to endogenous synthesis are shown in Table 2. After a 12-h infusion of <sup>13</sup>C-labeled acetate, 7.4  $\pm$  1.3% of plasma unesterified cholesterol was derived from acetyl-CoA in the premature infants and 3.2  $\pm$  1.5% in the adults. The fractional rate constant of decay (*k*) of endogenously labeled plasma cholesterol was 0.08  $\pm$  0.02 h<sup>-1</sup>. This was not significantly different from the rate constant calculated for adults: 0.05  $\pm$ 0.04 h<sup>-1</sup>. Endogenous cholesterol synthesis was 39.9  $\pm$  10.8 mg/d or 31.2  $\pm$  7.2 mg/kg/d in infants. Cholesterol synthesis

Table 2. Cholesterol synthesis rates in premature infants

Patient	p (%)	f (%)	$k (h^{-1})$	K (mg/d)	K (mg/kg/d)
1	16.7	8.4	0.06	45.5	36.0
2	16.7	8.8	0.07	50.9	39.0
3	15.0	6.6	0.06	35.99	27.3
4	10.7	8.6	0.12	34.7	41.0
5	13.7	7.1	0.07	50.9	28.5
6	13.3	5.6	0.07	40.8	22.1
7	12.7	6.4	0.07	20.4	26.7
Mean $\pm$ SD infants	$14.1 \pm 2.2$	$7.4 \pm 1.3$	$0.08\pm0.02$	$39.9 \pm 10.8$	$31.2 \pm 7.3$
Mean $\pm$ SD adults	$10.3 \pm 3.8*$	$3.2 \pm 1.5^{*}$	$0.05\pm0.04$	$593 \pm 287$	$9.8 \pm 6.2*$

Infusions of  $[1-^{13}C]$  acetate and analysis of plasma unesterified cholesterol by GC-MS were performed as described in the text. p, isotopic enrichment of precursor pool; f, fraction of cholesterol derived from endogenous synthesis; k, rate constant for exit of labeled cholesterol from plasma; K, absolute synthesis rate of plasma cholesterol. Values are expressed as mean  $\pm$  SD.

\* Denotes significant difference (p < 0.05) from premature infants.

rates were  $9.8 \pm 6.2$  mg/kg/d in adults. Thus, when normalized for body weight, cholesterol synthesis in premature infants was more than three times higher than in adults (Fig. 1).

The enrichments of the hepatic acetyl-CoA precursor pools (p) and the fractional contribution (f) of *de novo* lipogenesis to lipoprotein-palmitate are summarized in Table 3. The fraction of *de novo* lipogenesis was  $5.4 \pm 3.9\%$  in the premature infants and  $2.3 \pm 2.9\%$  in the healthy adult subjects after a 12-h infusion. There were no differences between calculated cholesterol and lipoprotein-palmitate precursor acetyl-CoA enrichments in both subject groups (compare Tables 2 and 3). However, acetyl-CoA enrichments were significantly higher in infants than in adults who received  $[1-1^{13}C]$  acetate at similar infusion rates.

The isolated lipoprotein fractions contained on average  $58.0 \pm 13.6\%$  triglycerides,  $27.9 \pm 10.6\%$  phospholipids, and  $13.7 \pm 7.1\%$  total cholesterol (Table 4). The two premature SGA infants (patients 4 and 7) showed higher triglyceride contents of their lipoprotein particles than the AGA infants, and, consequently, lower phospholipid and cholesterol contents. The calculated lipoprotein particle size of the two SGA infants was larger than those of the AGA infants (Table 4).

 Table 3. De novo lipogenesis in lipoprotein-palmitate in premature

 infants

	injanis			
	Lipoprotein			
Patient	p (%)	f (%/12 h)		
1	15.6	2.5		
2	10.8	2.8		
3	18.3	0.9		
4	11.9	11.6		
5	10.0	6.6		
6	11.6	9.3		
7	16.7	3.9		
Mean $\pm$ SD infants	$13.6 \pm 3.2$	$5.4 \pm 3.9$		
Mean $\pm$ SD adults	9.1 ± 3.3*	$2.3 \pm 2.9$		

Stable isotope infusions and GC-MS analysis of palmitate-methyl ester from plasma lipoproteins were performed as described in the text. p, enrichment of precursor acetyl-CoA subunits that entered newly synthesized lipoprotein-palmitate molecules; f, fraction of circulating lipoprotein-palmitate derived from endogenous synthesis. Values are expressed as mean  $\pm$  SD.

\* Denotes significant difference (p < 0.05) from premature infants.

Table 4.	Composition	and p	particle s	size o	of lipoproteins	in	premature
			infan	ts			

Patient no.	TG (%)	PL (%)	TC (%)	Particle size (nm)
1	56.1	36.5	7.4	33.1
2	51.7	35.3	13.0	32.4
3	38.3	43.8	17.9	26.5
4	77.5	18.5	4.1	59.4
5	56.7	21.4	21.8	44.1
6	51.8	23.5	21.8	39.7
7	74.1	16.2	9.7	63.2
Mean	58.0	27.9	13.7	42.6
SD	13.6	10.6	7.1	14.0

Patients 4 and 7 are SGA. TG, triglycerides; PL, phospholipids; TC, total cholesterol.

#### DISCUSSION

This study was designed to quantify the rates of cholesterolgenesis and *de novo* lipogenesis in premature infants. The results of this study show that cholesterol synthesis in premature infants is relatively high, *i.e.*, three times higher than in adults, during the first days of life. Hepatic *de novo* lipogenesis in lipoprotein-palmitate was relatively low in premature infants and similar to values reported in adults in this study and by others (15,16).

The MIDA method has several advantages for the specific purposes of this study. First, precursor pool enrichments (acetyl-CoA) are calculated from the labeling pattern of the end products, *i.e.* cholesterol and fatty acids, which provides a highly accurate basis for calculation of actual synthesis rates. For instance, [U-<sup>13</sup>C]glucose has been used to calculate fractional synthetic rates of palmitate in humans (17), which may underestimate the rate of *de novo* lipogenesis due to isotopic dilution in the precursor pool between plasma glucose and the precursor acetyl CoA pool. Another advantage of MIDA is that it allows the use of small blood samples (0.2-0.5 mL). For determination of the lipoprotein-palmitate enrichments, only two samples of 1.0 mL blood were needed. For comparison, the deuterium incorporation method that also allows for quantification of fractional synthesis rate of cholesterol and palmitate requires blood samples of 8 mL (18-21). Di Buono et al. (21) demonstrated that the deuterium incorporation technique and MIDA for measurement of cholesterol synthesis in humans yielded comparable results for fractional and absolute cholesterol synthesis rates. It should be realized that MIDA calculates

the amount of cholesterol in liver, erythrocytes, and plasma (11) that is derived from endogenous synthesis over the course of the infusion period. The total body cholesterol synthesis is not measured, because tissue cholesterol synthesis that does not leave the cell or equilibrates with the plasma compartment will not be measured. This may lead to a certain degree of underestimation. The estimate of the unesterified cholesterol pool size, which is derived from a value calculated for adults (11), may lead to underestimation of absolute cholesterologenesis in premature infants. For practical reasons, we selected a 130 mg/kg pool size for all subjects (infants and adults), although plasma cholesterol concentrations were slightly lower in the infants. On the other hand, larger liver and blood volumes per body weight are present in infants compared with adults (22). Liver cholesterol contributes twice as much to the rapidly miscible cholesterol pool size as plasma cholesterol does. If anything, we therefore expect the rapidly miscible cholesterol pool size in preterm infants to be larger. Choice of larger or smaller pool sizes would lead to proportionally higher or lower estimates of cholesterol synthesis, respectively.

To our knowledge, four studies examining cholesterol synthesis in human infants as a function of dietary cholesterol intake have been reported (18-20,23). Using deuterium incorporation techniques, it has been estimated that fractional synthesis rate of cholesterol ranges from 2 to 11%/d in infants, strongly depending on the type of feeding at 4 mo of age. The differences in fractional synthesis rates have been attributed to the quantity of dietary cholesterol, which was 3-fold higher for breast-fed infants than for those fed regular formulas. As expected, the quantity of cholesterol intake was found to be negatively associated with the fractional synthesis rate. Several studies in animals and humans already indicated that the rates of sterol synthesis are much higher in the fetus than in the adult when presented on a per-gram tissue basis [reviewed in (24)]. The high rates of fetal sterol synthesis may be related to high expression levels or activities of transcription factors, such as sterol regulatory element binding proteins (SREBP), although, to the best of our knowledge, no information has been published on their function during development (25).

Fat accumulates during the last trimester of intrauterine life and accounts for about 16% of the total weight at birth (26). Most fat is present in the form of white adipose tissue. Definite data on the contribution of *de novo* lipogenesis are not known. Studies indicate that the rate of hepatic fatty acid synthesis is substantial in the fetus (27-29). The fraction of de novo lipogenesis measured in this study in lipoprotein-palmitate in the premature infants varied between 0.9 and 11.9%/12h. In adults on a normal Western diet, the fractional contribution to VLDL-palmitate equaled <5%, a value that may increase to nearly 30% during high carbohydrate intake (30). Our results in adult subjects are in line with these data. The fractional lipoprotein-palmitate synthesis found in premature infants in this small study was not related to birth weight, gestational age, or gender. The lack of a significant difference between the two groups might be related to the high variability. We performed a posthoc power calculation that showed that a sample size of 24 should be sufficient to test whether a significant difference (p < 0.05, power 90%) is different between premature infants and adult controls. Hellerstein (31) suggested that lipogenesis in humans is a rudimentary metabolic process, possibly only of importance in the fetus; our data show that newly synthesized palmitate by the liver makes up a large part of the lipids that are present in the blood.

Total parenteral nutrition (TPN) was initiated at 24 h after birth and consisted of an amino acid mixture with glucose and a lipid emulsion. Hamilton et al. (32) showed that i.v. lipid emulsions in premature infants result in a marked increase in cholesterol synthesis. Furthermore, it is well known that infusing lipids down-regulates de novo lipogenesis. However, fatty acid synthesis and cholesterol synthesis rates were measured at a mean age of  $50 \pm 7$  h when exogenous lipid supply was still low (0.8 g/kg/d), making a large influence of TPN on these parameters unlikely. Furthermore, TPN did not equilibrate in the VLDL fraction after ultracentrifugation (data not shown). On the other hand, carbohydrates have a well-known stimulatory effect on *de novo* lipogenesis and subjects received mostly glucose during the course of the experiment. Even in this relatively stimulatory situation, hepatic de novo lipogenesis was low in both study groups, underscoring the conclusion that this pathway is not of major importance in premature infants.

De novo synthesis of fatty acids depends on the substrate availability of precursors of acetyl-CoA and on the activity of the acetyl-CoA carboxylase and the fatty acid synthase complex. The enrichments of the acetyl-CoA pool found in the premature infants was higher than in the adult subjects that received the [1-<sup>13</sup>C]acetate infusion at the same rate, indicating a decreased acetyl-CoA pool size or an increased flux through the acetyl-CoA pool that supplied the precursors for cholesterologenesis and lipogenesis. It is therefore unlikely that a relative deficiency in lipogenic precursors was present in the premature infants. The identity of acetyl-CoA pools for cholesterologenesis and lipogenesis, however, cannot be relied upon. Separate cytosolic acetyl-CoA could, in theory, have a similar enrichment in distinct cholesterologenic and lipogenic precursor pools. Enriching the acetyl-CoA pool might theoretically influence synthesis rates if they are precursor driven. However, in this study we found no correlation between acetyl-CoA pool enrichments and synthesis rates. This does not rule out some effect of label infusion, but does make it rather unlikely.

In this study, we used adult subjects as a control group. Of course, this is not ideal, because cholesterol pool sizes and VLDL turnover rates might be different in adults and premature infants. Furthermore, dietary intake was not completely similar with a higher amount of lipids given to the adult subjects. However, because it was impossible to find parents of healthy newborn infants willing to let their baby be subjected to i.v. infusions and blood sampling, this experimental setup proved to be not feasible. Furthermore, comparing premature infants with adult subjects does provide information on whether hepatic *de novo* lipogenesis and cholesterologenesis are important in preterm infants, because values in adults have been validated for their importance in lipid accumulation and cholesterol metabolism.

All mothers, except one, received antenatal corticosteroid therapy to promote fetal maturation, especially of the lungs.

This treatment has been shown to reduce mortality, respiratory distress syndrome, and intraventricular haemorrhage in premature infants. Several animal and human studies (32–34) have indicated that the effect of glucocorticoids on lipogenesis may be organ-specific, in favor of lipogenesis in the lung in comparison to that in the liver.

In summary, the present data show that cholesterologenesis is relatively high in premature infants. Furthermore, our data suggest that hepatic de novo lipogenesis is not a major contributor to fat accumulation in the premature infant shortly after birth. We speculate that extrahepatic lipogenesis might be of more importance for the lipid accumulation in the fetus during the last trimester of pregnancy. It has been postulated, on the basis of animal and human studies (35,36), that long-lasting effects of early nutrition may lead to a disturbed lipid metabolism later in life and development of chronic diseases. These effects may be caused by persistent changes in lipid metabolism that are induced by early feeding. With MIDA it has become possible to study short-term effects of dietary cholesterol and fatty acid composition in formulas and in human milk on synthesis and turnover of lipids, thus providing a clue on how early nutrition may affect these parameters.

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