

NOTE

Activity of lipophilic and hydrophilic drugs against dormant and replicating *Mycobacterium tuberculosis*

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Mycobacterium tuberculosis is responsible for about 9 million new tuberculosis (TB) cases per year and 2 billion latent TB infections (LTBI) worldwide.^{1,2} Most of active TB is owing to the reactivation of LTBI in patients in which *M. tuberculosis* lies dormant in their tissues. Current treatments require 6 months of combination therapy with isoniazid, rifampin, pyrazinamide and ethambutol for active TB, and 9 months of isoniazid or 3 months of rifapentine plus isoniazid for LTBI. LTBI and active TB comprise heterogeneous mixtures of cellular and caseous granulomas containing *M. tuberculosis* bacilli ranging from replicating to dormant, nonreplicating, stages. In cellular granulomas, replicating bacilli are killed by current therapy. In contrast, in low-vascularized caseous granulomas low oxygen pressure restricts the growth of replicating to microaerophilic/anaerobic *M. tuberculosis* in their hypoxic, necrotic centers, allowing bacilli to transit into a dormant state. In these lesions, without the assistance of blood supply, drugs do not diffuse into caseum, a material containing several lipids including cholesterol, triacylglycerols and lactosylceramide.³ Current therapies eliminate replicating but not nonreplicating *M. tuberculosis*, thus new regimens are needed to shorten anti-TB treatments.

To mimic the hypoxic and acidic environment of TB granulomas, we previously measured the activity of anti-TB drugs and nitrocompounds against aerobic (replicating), and hypoxic (slowly replicating and nonreplicating) *M. tuberculosis* by the Wayne model at pH 5.8 set up in our laboratory.^{4,5} Using the same model, we investigated here the tuberculocidal effect of repurposed drugs (clofazimine, linezolid, meropenem ± clavulanic acid, thioridazine), last approved anti-TB drugs (rifapentine, bedaquiline)^{1,2} and a new antimycobacterial agent, the BM212 analogue (a 1,5-diphenyl pyrrole) BM635⁶ (Supplementary Figure S1) against *M. tuberculosis* strain H37Rv. Briefly, mycobacteria were grown in 20- by 125-mm screw-cap tubes containing dubos-tween-albumin (DTA) broth acidified at pH 5.8 and stirred with 8-mm magnetic bars.⁵ For the preparation of aerobic cells, logarithmically growing cultures were diluted in DTA broth to about 1×10^6 CFU ml⁻¹ and transferred to tubes in 12-ml volumes. Tubes were incubated at 37 °C with loosened screw caps and fast stirring. For the preparation of hypoxic cells, logarithmically growing cultures were diluted in DTA broth to about 1×10^6 CFU ml⁻¹

and transferred to tubes in 16-ml volumes but in this case, to obtain anaerobic conditions, the caps were tightly screwed and tight rubber caps were put under the caps. Tubes were incubated with slow stirring (120 r.p.m.) at 37 °C. To determine drug activity, 5-day-old aerobic cultures (A5, replicating), and 5-, 12- and 19-day-old hypoxic cultures (H5, slowly replicating; H12 and H19, nonreplicating) were incubated with drugs for 7, 14 and 21 days.⁵ Drugs were added to A5 cultures by micropipette and to H5, H12 and H19 cultures by a syringe. Clofazimine, linezolid, meropenem, thioridazine, rifapentine and bedaquiline were tested at their maximum drug concentration in serum (C_{max}) at 1, 8, 20, 0.5, 10 and 1 µg ml⁻¹, respectively. Clavulanic acid was tested at 2.5 µg ml⁻¹. BM635 was tested at 11 µg ml⁻¹, corresponding to the MIC in the low oxygen recovery assay.⁶ After incubation, 1 ml of aerobic or hypoxic culture was washed and resuspended in 1 ml of DTA broth, and 0.2 ml was inoculated in Middlebrook 7H10 agar plates, which were incubated at 37 °C under 5% CO₂ for 3 weeks for CFU determination.

Drug activities against A5, H5, H12 and H19 bacilli are shown in Figure 1. Among the repurposed drugs (Figure 1a–d), clofazimine was the most active one against all four cell stages. Linezolid was effective against A5 and H5 but not H12 and H19 cells. Meropenem was less potent than linezolid against A5 and H5 cells (2.9 and 0.5-log₁₀-CFU reduction on day 21, respectively) and almost inactive against H12 and H19 cells. Addition of clavulanic acid to meropenem increased killing of A5 and H5 cells by at most 1.2-log₁₀ CFU. Thioridazine was ineffective against A5, H5, H12, but active against H19 cells (1.4-log₁₀-CFU reduction on day 21). It is important to point out that after 14 days of treatment of A5 cells with linezolid, meropenem and meropenem+clavulanic acid, *M. tuberculosis* re-grew on day 21, likely owing to development of resistant mutants which are known to be generated at the concentrations used here for linezolid and meropenem.^{7,8}

As to last approved and new drugs (Figure 1e–h), rifapentine was the most effective one, with CFU reductions on day 21 of 7.9-log₁₀ against A5 cells and ≥ 5.1 -log₁₀ against H5, H12 and H19 cells. Bedaquiline showed high activity against A5 cells (5.8-log₁₀-CFU reduction on day 21) and H5, H12 and H19 cells (about 3-log₁₀-CFU-reduction on day 21). The BM635 compound showed a behavior

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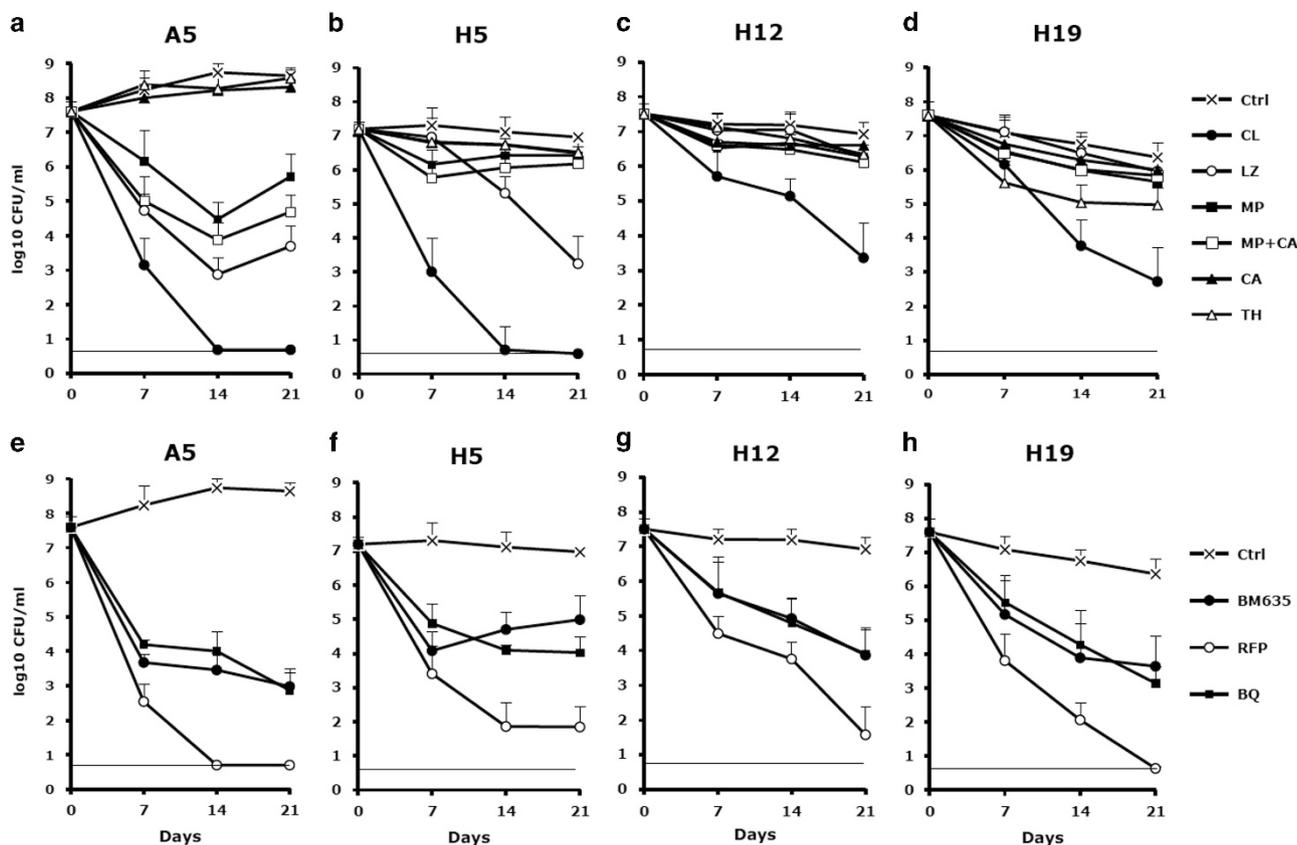


Figure 1 Activity of drugs against aerobic and hypoxic *M. tuberculosis*. CFU of *M. tuberculosis* grown in aerobic and hypoxic acidic conditions after 0, 7, 14 and 21 days of drug exposure are shown. Five-day-old aerobic (A5) cultures, and 5-, 12- and 19-day-old hypoxic (H5, H12 and H19, respectively) cultures were incubated with drugs. Ctrl, control; CL, clofazimine; LZ, linezolid; MP, meropenem; MP+CA, meropenem plus clavulanic acid; CA, clavulanic acid; TH, thioridazine; BM635; RFP, rifapentine; BQ, bedaquiline. The drug concentrations used were: 1, 8, 20, 20+2.5, 2.5, 0.5, 11, 10, 1 $\mu\text{g ml}^{-1}$, respectively. Dashed lines indicate the limit of detection (5 CFU ml^{-1}). Mean and standard deviations from two experiments are shown.

similar to that of bedaquiline against A5, H12 and H19, but not H5 bacilli, which re-grew after day 7. Overall, rifapentine, bedaquiline, clofazimine and BM635 were the most active drugs, with $\geq 2\text{-log}_{10}\text{-CFU}$ reductions in all the four cell stages in ≤ 14 days. In previous studies, performed by using the same aerobic and hypoxic acidic conditions used above, we tested the activity of 10 other drugs at their C_{max} and showed that also rifampin, PA-824 and nitazoxanide decreased A5, H5, H12 and H19 CFU by $\geq 2\text{-log}_{10}$.⁵

Recent studies indicated that compounds with anti-TB activity are more lipophilic than the inactive ones.^{9–12} Lipophilicity is mostly expressed as $\log P$, i.e., the logarithm of the partition coefficient in a specific solvent ($P_{\text{octanol}}/P_{\text{water}}$).⁹ Drugs with $\log P < 0$ are hydrophilic.¹³ According to the Lipinski rule-of-five, compounds with moderate lipophilicity ($\log P$ between 0 and 3) are optimal for oral administration owing to a good balance of solubility and permeability.¹³ Ninety percent of marketed drugs have a $\log P$ value in the range of 0–5. Instead, highly lipophilic compounds ($\log P > 5$) tend to accumulate in the lipoidal areas of tissues. Many synthetically derived TB agents are outside the drug-chemical space of the Lipinski rule-of-five.¹¹ Indeed, some of the recently developed anti-TB drugs have high lipophilicity. In the drug pipeline reported at <http://www.newtbdrugs.org/pipeline.php>, the $\log P$ predicted values calculated by ALOGPS at <http://www.drugbank.ca> or reported in the literature¹¹ for phase III drugs are: bedaquiline, 6.37; delamanid, 6.14; rifapentine, 4.83; moxifloxacin, 0.01; gatifloxacin, -0.23 , and for phase II drugs are: PA-824, 2.8; SQ-109, 4.64; sutezolid, 1.22; AZD-5847, 0.78;

linezolid, 0.61. Current 6-month therapy includes 1 lipophilic drug (rifampin, $\log P$ 3.85) and 3 hydrophilic agents (isoniazid, ethambutol and pyrazinamide: $\log P$ -0.71 , -0.12 and -0.71 , respectively). In recently reported clinical phase III trials, current 6-month therapy was not improved after replacement of isoniazid and/or ethambutol with moxifloxacin and gatifloxacin.^{14,15} However, a 6-month regimen in which isoniazid was replaced by daily moxifloxacin for 2 months followed by one weekly dose of rifapentine and moxifloxacin for 4 months was as effective as the current regimen.¹⁶ Several other clinical trials containing lipophilic compounds such as bedaquiline, delamanid, PA-824, rifapentine, SQ-109, sutezolid, AZD-5847, linezolid and clofazimine ($\log P$ 7.81) are in progress.¹⁷ As to LTBI treatment, 3 months of rifapentine plus isoniazid is as effective as 9 months of isoniazid alone.¹ Overall, this information corroborates the general idea that lipophilicity of a compound reflects partitioning into the hydrophobic phase of *M. tuberculosis* cell wall and, possibly, of caseum, and suggests that lipophilic drugs may be important for anti-TB treatment.

Some studies showed that, within each drug class, lipophilic derivatives were more active against mycobacteria than their hydrophilic companions.¹² However, this trend was reported for replicating mycobacteria and not for nonreplicating *M. tuberculosis*. Here, to fill in the gap of information, we compared $\geq 2\text{-log}_{10}\text{-CFU}$ reductions of A5 (replicating, aerobes), H5 (slowly replicating, microaerophiles) and H12 and H19 (nonreplicating, anaerobes) cells of this study and of our previous study⁵ (18 single drugs in total) with lipophilicities of the

Growth stage and days of exposure

Drug	A5			H5			H12			H19			Reference	logP ^a
	7	14	21	7	14	21	7	14	21	7	14	21		
Rifampin	●	●	●	●	●	●	●	●	●	●	●	●	5	3.85
Rifapentine	●	●	●	●	●	●	●	●	●	●	●	●	this study	4.83
Bedaquiline	●	●	●	●	●	●	○	●	●	○	●	●	this study	6.37
Clofazimine	●	●	●	●	●	●	○	●	●	○	●	●	this study	7.39
Nitazoxanide	●	●	●	○	●	●	○	○	●	○	●	●	5	2.14
PA-824	●	●	●	●	○	○	○	○	●	○	●	●	5	2.8
BM635	●	●	●	●	○	○	○	●	●	○	●	●	this study	4.57 ^b
Metronidazole	○	○	○	○	○	○	○	○	●	○	●	●	5	-0.15
Amikacin	●	●	●	●	●	●	○	○	○	○	○	○	5	-3.2
Moxifloxacin	●	●	●	●	●	●	○	○	○	○	○	○	5	0.01
Linezolid	●	●	●	○	○	●	○	○	○	○	○	○	this study	0.61
Meropenem	●	●	●	○	○	○	○	○	○	○	○	○	this study	-0.69
Meropenem + clavulanic acid	●	●	●	○	○	○	○	○	○	○	○	○	this study	-0.69, -1.2
Isoniazid	●	●	○	○	○	○	○	○	○	○	○	○	5	-0.71
Pyrazinamide	○	○	○	○	○	○	○	○	○	○	○	○	5	-0.71
Ethambutol	○	○	○	○	○	○	○	○	○	○	○	○	5	-0.12
Clavulanic acid	○	○	○	○	○	○	○	○	○	○	○	○	this study	-1.2
Niclosamide	○	○	○	○	○	○	○	○	○	○	○	○	5	4.49
Thioridazine	○	○	○	○	○	○	○	○	○	○	○	○	this study	5.93

Figure 2 Activity and lipophilicity (logP) of 18 single drugs and meropenem plus clavulanic acid against *M. tuberculosis*. Activities under aerobic and hypoxic acidic conditions shown in Figure 1 of this study and in our previous study⁵ were pooled, outlined as $\geq 2\text{-log}_{10}\text{-CFU ml}^{-1}$ decreases, and compared with logP values. LogP is defined as the $\log(P_{\text{octano}}/P_{\text{water}})$, where P is the partition coefficient for a given compound in a specific solvent.⁹ Symbols: ●, $\geq 2\text{-log}_{10}\text{-CFU ml}^{-1}$ decrease; ○, $< 2\text{-log}_{10}\text{-CFU ml}^{-1}$ decrease. ^alogP predicted values were calculated by ALOGPS (<http://www.drugbank.ca>). ^blogP predicted values were calculated by CHILogD.⁶

tested drugs (Figure 2). Overall, we noted that 7 drugs reducing CFU of both nonreplicating H12/H19 cells and A5/H5 cells by $\geq 2\text{-log}_{10}$ (rifampin, rifapentine, bedaquiline, clofazimine, nitazoxanide, PA-824 and BM635) showed a lipophilic character ($\log P \geq 2.14$). Among the other 11 single compounds, 8 were hydrophilic ($\log P \leq 0.01$: metronidazole, amikacin, moxifloxacin, meropenem, isoniazid, pyrazinamide, ethambutol and clavulanic acid), 2 were lipophilic ($\log P \geq 4.49$: niclosamide and thioridazine) and 1 was moderately hydrophilic ($\log P$ 0.61: linezolid) but none, with exception of metronidazole, reduced H12 and H19 CFU by $\geq 2\text{-log}_{10}$. Niclosamide and thioridazine decreased CFU of all the cells by $< 2\text{-log}_{10}$. As to current therapy (rifampin+isoniazid+ethambutol+pyrazinamide), only rifampin decreased CFU of all cells by $\geq 2 \log_{10}$ whereas isoniazid efficiently killed only A5 cells. In our previous study⁵ the best combination rifampin+PA-824+moxifloxacin+amikacin (2 lipophilic and 2 hydrophilic drugs) sterilized A5, H5, H12 and H19 cells in 14 days (as shown by the lack of regrowth in the MGIT 960 tubes after 100 days of incubation), whereas rifampin+isoniazid+ethambutol+pyrazinamide sterilized A5, H12 and H19 cells in 21 days and failed to kill the H5 cells. Overall, our observations have to be combined with recent *in vivo* studies showing that combinations containing the lipophilic compounds bedaquiline, rifapentine, clofazimine, PA-824, sutezolid and the new nitroimidazole TBA-354 ($\log P$ 4.10) sterilized *M. tuberculosis*-infected mice in 6–8 weeks whereas rifampin+isoniazid+pyrazinamide did it in 6 months.^{18,19} The observation that *in vivo* effective BM635⁶ is active against replicating, slowly replicating and nonreplicating cells adds to anti-TB armamentarium a novel agent to be tested in combination.

Overall, in the set of compounds tested here, only lipophilic agents killed both dormant H12/H19 cells and A5/H5 cells. Decreased drug

permeability may contribute to phenotypic drug resistance of dormant *M. tuberculosis*, and cell wall alterations in nonreplicating cells were suggested to account for the loss of bactericidal activity of small molecules against them.²⁰ It is known that dormant *M. tuberculosis* remodels cell wall by accumulating free mycolates and lipoarabinomannan, and exporting them into the extracellular matrix.²¹ In its nonreplicating state, intracytoplasmic accumulation of lipid droplets containing triacylglycerol synthesized from fatty acids derived from host lipids was also observed.²² Overall, it could be that increase in the lipid content of dormant cells may be involved in their killing by lipophilic compounds with different mechanism of action studied here. Despite structural changes of nonreplicating cells remain to be more finely elucidated, we suggest that lipophilic agents need to be considered in designing new combinations to be tested *in vivo*, preceded by pharmacokinetics/pharmacodynamics and toxicity assessments. Besides activity against both nonreplicating and replicating bacilli, lipophilic compounds would also, presumably, have increased availability in areas of lipid-rich caseous necrosis of the lungs of TB patients where nonreplicating *M. tuberculosis* is believed to reside. Nonreplicating bacilli are particularly important because they constitute the reservoir from which replicating cells emerge when necrotic material of solid caseous granulomas liquefy and discharges through eroded airways with formation of empty cavities. At the luminal surface of these cavities, bacilli are either intracellular (replicating, inside macrophages) or extracellular (nonreplicating/slowly replicating, dispersed within the acellular caseum). Thus, the granulomas are structures which can contain *M. tuberculosis* but that also make chemotherapeutic eradication very difficult owing to the sequestration of dormant bacilli within the caseous centers of necrotic lesions and cavities, where vascular architecture has been destroyed.^{23,24} The lack

of blood supply to these areas highlights the importance of investigating drug penetration at these sites. MALDI MS imaging is an emerging modality for the visualization of unlabeled drugs in tissue sections of *M. tuberculosis*-infected lungs.²⁴

A recent analysis of human pharmacokinetic parameters revealed positive correlation between logP of anti-TB agents and volume of distribution (an indicator of drug distribution into tissues), clearance of the unbound fraction, plasma protein binding.²⁵ Thus, drug lipophilicity can influence *in vitro* and *in vivo* pharmacokinetics properties.

As such, lipophilic agents may give an important contribution to combination anti-TB therapy in the future. Some support to this view comes from the knowledge that combinations of recently developed, mostly lipophilic, anti-TB drugs sterilized *M. tuberculosis*-infected mice^{18,19} and are presently tested in promising phase II and III clinical trials.¹⁷

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Supplementary Information accompanies the paper on The Journal of Antibiotics website (<http://www.nature.com/ja>)