

ORIGINAL ARTICLE

In vitro activity of various combinations of antimicrobials against carbapenem-resistant *Acinetobacter* species in Singapore

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Outbreaks of carbapenem-resistant *Acinetobacter* species have emerged, especially in Singapore. Combination therapy may be the only viable option until new antibiotics are available. The objective of this study was to identify potential antimicrobial combinations against carbapenem-resistant *Acinetobacter baumannii* and *Acinetobacter* species in Singapore. From an ongoing surveillance program, two isolates of *A. baumannii* and an isolate of *Acinetobacter* species that were multidrug resistant were selected on the basis of their unique resistance mechanisms. The two *A. baumannii* isolates carried the carbapenemase *bla*_{OXA-23}-like gene and the *Acinetobacter* species carried a metallo-β-lactamase IMP-4 gene. Time-kill studies were conducted with approximately 10⁵ CFU ml⁻¹ at baseline with 0.5 times minimum inhibitory concentrations (MICs) of polymyxin B and tigecycline, and at a maximally achievable clinical concentration of meropenem (64 μg ml⁻¹) and rifampicin (2 μg ml⁻¹), alone and in combinations. The MICs (μg ml⁻¹) of *Acinetobacter* species A105, *A. baumannii* AB112 and *A. baumannii* AB8879 to polymyxin B/tigecycline/rifampicin/meropenem were found to be 1/0.5/4/64, 1/4/4/32 and 2/2/2/64, respectively. In time-kill studies, enhanced combined killing effects were observed in the tigecycline–rifampicin combination; the tigecycline–rifampicin and rifampicin–polymyxin B combination; and the rifampicin–polymyxin B combination for *Acinetobacter* species A105, *A. baumannii* AB112 and *A. baumannii* AB8879, respectively, with > 5 log kill at 24 h suggesting synergism, with no regrowth observed at 72 h. These findings demonstrate that *in vitro* synergy of antibiotic combinations in carbapenem-resistant *Acinetobacter* species may be strain dependent. It may guide us in choosing a preemptive therapy for carbapenem-resistant *Acinetobacter* species infections and warrants further investigations.

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INTRODUCTION

Microbial resistance to antimicrobial agents is a serious problem that renders development of new treatment options an urgent priority. The alarming spread of antimicrobial resistance is threatening our therapeutic armamentarium.^{1,2} It is likely that effective treatment may not be available for many common infections in the near future, and we are at risk of returning to the preantibiotic era in the event of an outbreak.³ Broad-spectrum antimicrobial resistance in Gram-negative bacteria (for example, *Acinetobacter baumannii* and *Pseudomonas aeruginosa*) is especially worrisome and has worldwide implications.

Acinetobacter baumannii is an emerging Gram-negative bacillus associated with serious nosocomial infections; it is also associated with multiple mechanisms of resistance to various antimicrobial agents.⁴ Carbapenem resistance is now observed worldwide in *A. baumannii*, leading to limited therapeutic options.⁵ Several

mechanisms are responsible for resistance to carbapenem in *A. baumannii*. These are reduced outer membrane permeability, penicillin-binding protein changes and carbapenemases.⁶ Treatment of multidrug-resistant *Acinetobacter* infections often represents a challenge to clinicians,^{7–9} and there are very few agents in the advanced stage of development designed to target multidrug-resistant Gram-negative bacteria. As a result, a task force from the Infectious Diseases Society of America (IDSA) has recently identified *A. baumannii* as a 'particularly problematic pathogen,' for which there is an urgent need for new and effective treatment strategies.¹⁰

Most of our carbapenem-resistant isolates were sensitive only to polymyxin/colistin. However, colistin treatment failures as a result of colistin resistance were reported. Furthermore, heterogeneous colistin resistance among multidrug-resistant isolates is now recognized in this region.^{11,12} Hence, the need for an effective combination antimicrobial

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therapy is urgent. The objective of this study was to identify potential antimicrobial combinations against carbapenem-resistant *Acinetobacter* species in Singapore. It is hoped that we can provide a robust assessment of the activity of different antimicrobial agents when used in combination and assist clinicians to efficiently identify potential antimicrobial combinations for such difficult-to-treat infections.

MATERIALS AND METHODS

Species identification and OXA screening for test isolates

Two clinical multidrug-resistant strains of *A. baumannii* (*A. baumannii* AB112 and *A. baumannii* AB8879) and an *Acinetobacter* species (*Acinetobacter* sp. A105) from isolates collected for surveillance were used in the time-kill studies.¹³ The three isolates were screened for blaOXA-23-like, blaOXA-24-like, blaOXA-58-like and blaOXA-51-like genes using a multiplex PCR assay. Putative metallo- β -lactamase genes were amplified from the collection by using published degenerate primers.^{3,14–16} Selected PCR products were further sequenced to confirm their gene products. The ISAbal–OXA complex was detected with forward and reverse primers of the named genes, using the PCR protocol described by Turton *et al.*¹⁷ Another PCR-based multiplex assay was used to differentiate *A. baumannii* from other *Acinetobacter* species.¹⁸

Minimum inhibitory concentration testing

Minimum inhibitory concentrations (MICs) to a panel of antibiotics were obtained by commercial dehydrated microbroth dilution panels (Trek Diagnostics, East Grinstead, UK), performed according to the manufacturer's recommendations. MICs to rifampicin were obtained by a modified broth macrodilution method as described by the Clinical and Laboratory Standards Institute (CLSI).¹⁹ The studies were conducted in duplicate and were repeated at least once on a separate day.

Antimicrobial agents

Meropenem was obtained from Astra Zeneca (Dainippon Sumitomo Pharma Company Ltd, Oita, Japan). Polymyxin B and rifampicin were obtained from Sigma-Aldrich (St Louis, MO, USA). Tigecycline was obtained from Wyeth Pharmaceuticals (Pearl River, NY, USA). For polymyxin B and meropenem, a stock solution of each antimicrobial agent in sterile water was prepared, aliquoted and stored at -70°C . Tigecycline in solution was freshly prepared before each experiment. Before each susceptibility test, an aliquot of the drug was thawed and diluted to the desired concentrations with Cation-adjusted Mueller-Hinton broth (CAMHB). Conversely, rifampicin was dissolved in dimethyl sulfoxide and was then serially diluted to the desired final drug concentration. The final dimethyl sulfoxide concentration had no effect on *Acinetobacter* species and *A. baumannii* growth.

Time-kill studies

Time-kill studies were conducted with each antibiotic tested individually and in combination. For the purposes of our study, the maximum clinically achievable meropenem concentration of $64\ \mu\text{g ml}^{-1}$, which represented a free peak concentration arising from a 2 g, 3 h infusion, was simulated.²⁰ Rifampicin was tested at $2\ \mu\text{g ml}^{-1}$, which represented a free peak concentration arising from a 600 mg, daily oral dose to maximize the use of the drug.²¹ The concentrations of polymyxin B and tigecycline were tested at $0.5\times$ MIC to yield attainable experimental end points.

An overnight culture of the isolate was diluted into prewarmed CAMHB and incubated further at 35°C until log-phase growth was reached. The bacterial suspension was diluted with CAMHB according to absorbance at 630 nm; 15 ml of the suspension was transferred to 50-ml sterile conical flasks, each containing 1 ml of a drug dilution at 16 times the target concentration. The final concentration of the bacterial suspension in each flask was approximately $10^5\ \text{CFU ml}^{-1}$ (ranging from 1×10^5 to $5\times 10^5\ \text{CFU ml}^{-1}$).

Flasks were incubated in a shaker water bath at 35°C . Serial samples of broth were obtained from each flask at 0 h (baseline), and then at 2, 4, 8, 12 and 24 h after incubation. Samples were obtained in duplicate at each time period, except for the 24 h sample, which was tested in triplicate. Harvested broth samples (0.5 ml) were first centrifuged at $10\,000\times g$ for 15 min and then reconstituted with sterile normal saline to their original volumes in order to

minimize drug carryover. The total bacterial count for each sample was quantified by depositing serial 10-fold dilutions of broth samples onto Mueller Hinton agar plates using a spiral-plater (Interscience, St Nom La Breteche, France). Inoculated plates were incubated in a humidified incubator (35°C) for 18–24 h, bacterial colonies were visually counted and the original bacterial density from the original sample was calculated on the basis of the dilution factor. Synergy was defined as $\geq 2\ \log_{10}$ decrease in CFU ml^{-1} for the antibiotic combination compared with its more active constituent, whereas additive effect was defined as $1\ \log_{10}$ decrease in CFU ml^{-1} for the combination compared with its more active constituent at 24 h. Bactericidal effect was defined as $\geq 3\ \log_{10}$ decrease in CFU ml^{-1} , whereas antagonism was defined as the combination that yields colony counts higher than those detected with the more active single drug alone, at 24 h.

RESULTS

Susceptibility

All isolates were resistant to meropenem, imipenem, ampicillin/sulbactam, ciprofloxacin, gentamicin, piperacillin/tazobactam, cefepime and amikacin, but were susceptible to polymyxin B. There are no current CLSI susceptibility break points for rifampicin and tigecycline against *Acinetobacter* species. The MIC values are shown in Table 1.

Resistance mechanisms

Acinetobacter sp. A105 was positive for OXA-58 and IMP-type carbapenamases. *A. baumannii* AB112 and *A. baumannii* AB8879 were positive for OXA-23 and OXA-51 β -lactamases.²²

Time-kill studies

Figures 1a, 2a and 3a show the microbiological responses observed in single-drug time-kill studies. The number of CFU ml^{-1} over time in response to the tested antibiotic(s) depicts the microbiological response. Polymyxin B was the only single antibiotic to demonstrate consistent bactericidal activity against all three test isolates. The second most active single antibiotic was meropenem, in two out of the three test strains. However, isolate regrowth was observed for all single antibiotics by 24 h.

For test strain *Acinetobacter* sp. A105, all antibiotic combinations showed rapid bactericidal activity within 2 h of initial inoculation. Bacterial counts fell below the lower threshold of detection within 2 h for tigecycline–rifampicin, meropenem–rifampicin and polymyxin B–meropenem antibiotic combinations, and tigecycline–rifampicin combination remained so throughout the 24-h testing period. These three combinations fulfilled the microbiological definition of

Table 1 Minimum inhibitory concentration ($\mu\text{g ml}^{-1}$) results against the two *A. baumannii* isolates and one *Acinetobacter* species

Antimicrobial	<i>Acinetobacter</i> species A105	<i>A. baumannii</i> AB112	<i>A. baumannii</i> AB8879
Meropenem	64	32	64
Polymyxin B	1	1	2
Rifampicin	4	4	2
Tigecycline	0.5	4	2
Ampicillin-sulbactam	≥ 128	16	≥ 128
Ciprofloxacin	≥ 16	≥ 16	≥ 16
Gentamicin	≥ 64	≥ 64	≥ 64
Minocycline	≤ 0.25	1	4
Piperacillin-tazobactam	≥ 256	≥ 256	≥ 256
Cefepime	≥ 64	≥ 64	≥ 64
Amikacin	≥ 128	≥ 128	≥ 128
Ceftazidime	≥ 128	≥ 128	≥ 128

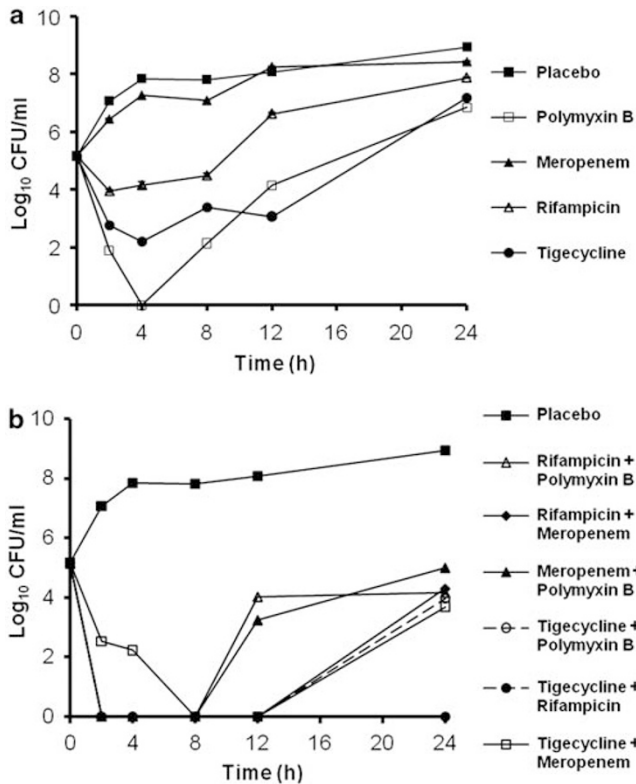


Figure 1 Microbiological responses observed in *Acinetobacter* sp. A105: single-drug system (a), two antimicrobial combinations (b). The number of CFU ml⁻¹ over time in response to the tested antibiotic(s) depicts microbiological responses. A considerable reduction (>99%) in bacterial burden was observed at 24 h for the tigecycline–rifampicin combination.

antibiotic synergy for all the tested time periods. Synergistic activity was intermittently present for the other antibiotic combinations during the 24-h testing time period, but bacterial regrowth was observed at the 24-h end point.

For test strain *A. baumannii* AB112, all antibiotic combinations other than meropenem–tigecycline rapidly achieved a >3 log₁₀ reduction in bacterial counts within the first 4 h of testing. Only the two most effective bactericidal combinations of tigecycline–rifampicin and rifampicin–polymyxin B showed synergistic activity at the end of the 24-h testing period. The least-effective combination for this isolate was meropenem–rifampicin, with only marginally increased activity compared with meropenem alone.

For test strain *A. baumannii* AB8879, all antibiotic combinations with polymyxin B achieved bactericidal and synergistic activity in the first 4 h of testing, but only the rifampicin–polymyxin B combination maintained synergistic activity at 24 h. The least-effective combination for this isolate was meropenem–rifampicin, with only marginal improvement for the combination when compared with the activity of meropenem alone.

DISCUSSION

Few treatment options remain for serious infections caused by multi-drug-resistant and carbapenem-resistant *A. baumannii*. Combination therapy (in view of potential synergistic activity) for multidrug-resistant Gram-negative bacteria may be more effective than monotherapy,²³ and may allow the use of antibiotics with marginal activity against the target organism.

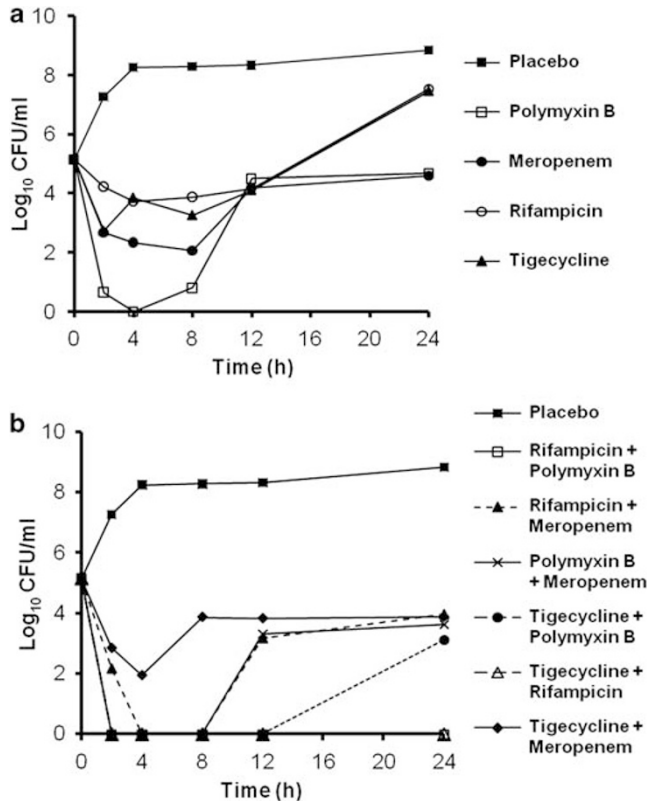


Figure 2 Microbiological responses observed in *A. baumannii* AB112: single-drug system (a), two antimicrobial combinations (b). The number of CFU ml⁻¹ over time in response to the tested antibiotic(s) depicts microbiological responses. A considerable reduction (>99%) in bacterial burden was observed at 24 h for tigecycline–rifampicin and rifampicin–polymyxin B combinations.

Carbapenem-hydrolyzing OXA enzymes are the most important cause of carbapenem resistance in *A. baumannii* worldwide. Although these oxacillinases are weaker hydrolyzers of carbapenems *in vitro* than are metallo-β-lactamase, the presence of the promoter sequence, ISAbal, can result in clinically significant resistance to carbapenems. *A. baumannii* carrying OXA-23 is now found in most parts of the world and are often responsible for many outbreaks.⁶ Previous investigations revealed that the most common carbapenemase gene responsible in carbapenem-resistant isolates in our institutions was bla_{OXA-23} and not bla_{OXA-51}.^{22,24} The two tested *A. baumannii* strains in this study carried both the bla_{OXA-23}-like and bla_{OXA-51}-like carbapenemase gene, and both isolates possessed ISAbal upstream of the bla_{OXA-23} gene (results not shown). *A. sp.* A 105 (with bla_{OXA-58}-like and bla_{IMP-4}-like genes) was selected for the presence of IMP-4 metallo-β-lactamase, as metallo-β-lactamase genes are increasingly being reported.^{25,26} It is likely that as multidrug-resistant isolates become more common, we will need to define and target in our selection of antibiotics a combination based on a library of data such as those presented here on various combinations that are useful in strains with different resistance determinants.

In this study, clinically achievable concentrations of the tested antibiotics were used. For example, previous studies have shown that extending the infusion duration of meropenem from 30 min to 3 h increases the probability of bactericidal target attainment.^{20,27} Despite this, synergistic activity between meropenem and other antibiotic combinations was only observed in one out of three strains.

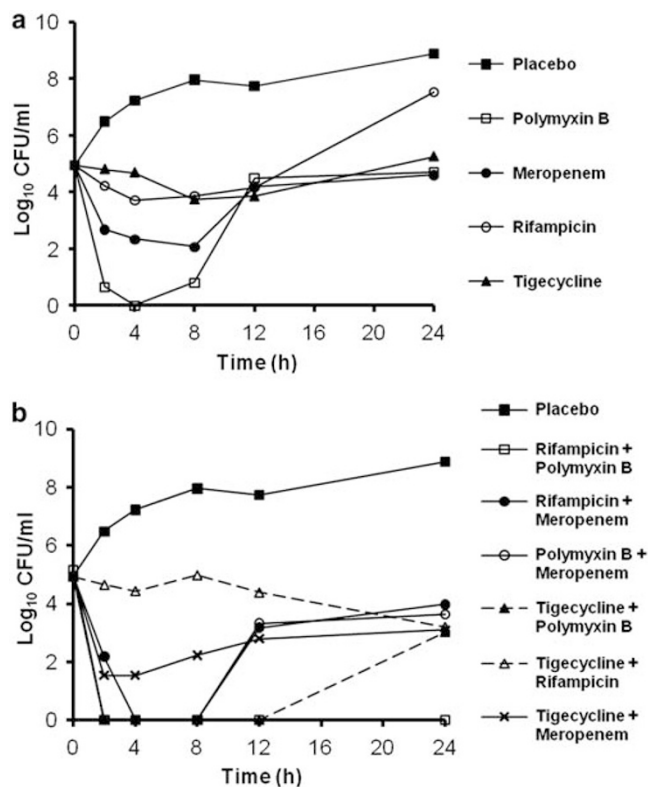


Figure 3 Microbiological responses observed in *A. baumannii* AB8879: single-drug system (a), two antimicrobial combinations (b). The number of CFU ml⁻¹ over time in response to the tested antibiotic(s) depicts microbiological responses. A considerable reduction (>99%) in bacterial burden was observed at 24 h for the rifampicin–polymyxin B combination.

There was no antibiotic combination that reliably demonstrated synergistic activity against all isolates, although rifampicin–polymyxin and tigecycline–rifampicin combinations were bactericidal and synergistic for two of the three isolates, respectively.

Time-kill studies are labor intensive for routine use and will not provide results in a clinically relevant time frame. However, screening for useful antibiotic combinations in a local population of antibiotic-resistant *Acinetobacter* species with well-defined resistance mechanisms may allow the empirical selection of combination antibiotic therapy, where clinically indicated. Clearly, more quantitative information regarding such synergistic and antagonistic relationships is both valuable and necessary for evaluating the effectiveness of various antimicrobial agent combinations. Other potential models that have been used to determine synergistic activity include an *in vitro* pharmacodynamic infection model in which human-like (fluctuating) drug concentration profiles are simulated, and checker-board titrations, Etest and *in vivo* animal testing are carried out. However, it is worth noting that the correlation between each model and actual clinical outcomes remains to be clearly elucidated. For example, studies have found conflicting results for the same antimicrobial combinations comparing animal *in vivo* studies with a follow-up clinical pilot study.^{28,29}

In this study, we performed time-kill analysis only for three different *Acinetobacter* species with similar MICs against various antimicrobial agents. The differences in the mechanisms of resistance seemed to result in different effective antibiotic combinations. Hence, one effective antimicrobial combination for one isolate cannot be assumed to be effective for another isolate of the same species. Either

combination testings are carried out for every carbapenem-resistant isolates or lengthy experiments are conducted to determine phenotypic response to different combinations of resistance genes. Neither of the two methods mentioned are technically easy nor practically feasible, but may prove necessary under pressure of the spread of such bacteria.

In *A. baumannii*, the AdeABC efflux pump, a member of the resistance-nodulation-cell-division family, has been well characterized. Aminoglycosides, tetracyclines, erythromycin, chloramphenicol, trimethoprim, fluoroquinolones, some β -lactams and also recently tigecycline were found to be substrates for this pump. Drugs, as substrates for the AdeABC pump, can increase the expression of AdeABC genes, leading to multidrug resistance.³⁰ Although AdeABC multidrug efflux pumps are intrinsic to *A. baumannii*, and the AdeDE and AdeXY pumps are found predominantly in *Acinetobacter* genospecies 3,³¹ we did not have any additional data to confirm the overexpression of these efflux genes, which can contribute to multidrug resistance in our isolates. Hence, with the knowledge of different carbapenemase genes (which confer expression of different types of carbapenemases) in our isolates, we can only postulate why carbapenem as a part of combination antibiotics does not work in synergism, whereas combinations using non- β -lactams work better against our isolates.

CONCLUSION

Various antibiotic combinations against carbapenem-resistant *Acinetobacter* species were tested and reported with varied efficacies. Thus, it is clear that antibacterial effects can differ according to resistance mechanisms.³²

We selected strains that had mechanisms common in our settings, according to our surveillance program. For example, *A. baumannii* AB8879 was an outbreak strain in our burns unit. We propose that combination testings be made a part of molecular mechanisms surveillance programs to be effective. This study demonstrated the utility of synergy testing in a selection of multidrug-resistant *Acinetobacter* species to determine the activity of specific antibiotic combinations. This may facilitate the optimal use of antimicrobial agents by guiding a rational selection of future antibiotic combinations for therapy.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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