REVIEW

Lessons learned from gene identification studies in Mendelian epilepsy disorders

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Next-generation sequencing (NGS) technologies are now routinely used for gene identification in Mendelian disorders. Setting up cost-efficient NGS projects and managing the large amount of variants remains, however, a challenging job. Here we provide insights in the decision-making processes before and after the use of NGS in gene identification studies. Genetic factors are thought to have a role in ~ 70% of all epilepsies, and a variety of inheritance patterns have been described for seizure-associated gene defects. We therefore chose epilepsy as disease model and selected 35 NGS studies that focused on patients with a Mendelian epilepsy disorder. The strategies used for gene identification and their respective outcomes were reviewed. High-throughput NGS strategies have led to the identification of several new epilepsy-causing genes, enlarging our knowledge on both known and novel pathomechanisms. NGS findings have furthermore extended the awareness of phenotypical and genetic heterogeneity. By discussing recent studies we illustrate: (I) the power of NGS for gene identification in Mendelian disorders, (II) the accelerating pace in which this field evolves, and (III) the considerations that have to be made when performing NGS studies. Nonetheless, the enormous rise in gene discovery over the last decade, many patients and families included in gene identification studies still remain without a molecular diagnosis; hence, further genetic research is warranted. On the basis of successful NGS studies in epilepsy, we discuss general approaches to guide human geneticists and clinicians in setting up cost-efficient gene identification NGS studies.

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INTRODUCTION

Unraveling the genetic cause of a patient's suspected inherited disorder is one of the major practices in human genetic research. Not only will the genetic background and cellular pathways involved in a specific disorder contribute to our understanding of human physiology, it will also influence the accuracy of prognosis, guidance in treatment decisions, and genetic counseling.

As Mendelian or monogenic inherited disorders are caused by a single gene defect, they form a unique model for assessing direct cause-effect relationships. Traditional genetic approaches such as linkage analysis and candidate gene screenings have implicated causal genes in the etiology of many Mendelian inherited disorders (http://omim.org/). Since 2005, the availability of next-generation sequencing (NGS) technologies has revolutionized the field of human genetics. They have enabled high-throughput gene identification studies and introduced novel strategies to unravel the genetic etiology of Mendelian inherited disorders.^{1–4}

Since targeted resequencing of selected genes, whole-exome and -genome sequencing (WES/WGS) have become affordable, the number of individuals that are being studied has rapidly enlarged. Henceforth, more and more researchers have been generating, analyzing, and interpreting NGS data. Setting up NGS projects and managing the large amount of variants remains, however, a challenging job. By referring to recent studies that used NGS technologies to identify causal gene defects in individuals with a presumed Mendelian epilepsy disorder, we provide insights in how the field is evolving. By discussing several of the pitfalls, we also aim to illustrate how more successful and efficient NGS projects can be conducted.

METHOD

In \sim 70% of epilepsy patients genetic factors are thought to underlie the seizure phenotype.⁵ Mendelian epilepsy syndromes are rare, but causal gene defects following all monogenic inheritance patterns have been described in a subset of patients. Moreover, complicating factors such as a reduced penetrance, phenocopies, and genetic heterogeneity are common (eg, refs 6,7). Epilepsy is thus an ideal disease model to discuss the implications of NGS on gene identification in Mendelian disorders. With a Medline search using the key words epilepsy and, respectively, whole-genome, -exome, or -panel sequencing about 100 reports were obtained. Thirty-five were selected based on the NGS methodology used to identify gene defects associated with the patient(s) epilepsy phenotype (ie, study design). The overall study design for gene identification in Mendelian disorders is commonly determined by the characteristics of the investigated phenotype (such as severity, onset age, and incidence) in combination with the structure of the pedigree (including consanguinity, gender, and number of affected individuals per generation). Together, this information is suggestive for the most likely mode of inheritance, which in turn points towards a starting NGS strategy. The most frequently used strategies are further referred to as the autosomal recessive (AR) homozygous, AR compound heterozygous, autosomal dominant (AD) heterozygous, AD de novo, and candidate approach strategy.¹ Despite the importance of a good starting strategy, NGS permits to investigate different hypotheses in a single experiment.

NGS findings in Mendelian epilepsy disorders

All reported studies have been successful in associating a single gene defect with a Mendelian epilepsy disorder. Table 1 gives an overview of the selected 35

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NGS method	Study population	Phenotype	Starting strategy	Molecular diagnosis	Gene(s)	Ref.
WES WES	Trio 264 trios	EE IS, LGS	de novo de novo	Known gene-known phenotype Known gene-known phenotype Known gene-novel phenotype Novel gene-novel phenotype	SCNBA SCNIA, STXBP1, CDKL5, SCNBA, SCN2A CACNAIA, CHD2, FLNA, GABRA1, GRIN2B ALG13, GABRB3, DNM1, IMPACA	Vaher <i>et</i> $a^{\beta7}$ Allen <i>et a</i> ^β
WES	10 trios	EE	de novo	Candidate gene Known gene – known phenotype Candidate gene	IQSECZ, MIOR, NEUD4L, HNRNPU SCNIA, CDKL5, EEFIA2 KCNH5, CLCN4, ARHGEFI5	
WES	Index case		de novo	Known gene-known phenotype	SCN2A	Hackenberg et a/ ³⁹
WES	Z Trios Trio		de novo de novo	Known gene – known pnenotype Known gene - novel nhenotype	EEF1AZ KCNT1	Vanderver <i>et al</i> ^{ro}
WES	9 trios	DS I	de novo	Known gene – novel phenotype	CHDZ	Suls et al ¹⁵
WES	Trio	: : :	de novo		SCNZA	Baasch <i>et al</i> ⁴²
WES	uuartet 7 index cases + 5 trios	Epilepsy + autism EE, OS	de novo de novo	known gene – novel pnenotype Known gene – novel phenotype	CASK	Lee <i>et ar</i> Saitsu <i>et al</i> ⁴⁴ Nakamura <i>et al</i> ⁴⁵
MES	2 trice	ISOMM		Novel gene – novel phenotype	GNA01 KCNT1	Barria at al46
WES	lndex case	MMPSI	AR compound heterozygous	Known gene – novel phenotype	TBC1D24	Milh et al ⁴⁷
WES	Sibs	Ш	AR compound heterozygous		PIGO	Nakamura et a/48
WES	Sibs Sibe	LGS	AR compound heterozygous AR compound heterozygous	Novel gene – novel phenotype Novel gene – novel phenotype	KPNA/ TNKO	Paciorkowski <i>et al</i> ⁴³ Hitomi <i>et al</i> ⁵⁰
WES	17 index cases	DOORS	AR compound heterozygous and AR		TBC1D24	Campeau <i>et al</i> ⁵¹
WES	2 index cases	EE	homozygous AR compound heterozygous and AR	Novel gene – novel phenotype	SZT2	Basel-Vanagaite
	C	1 OC MAN	homozygous			$et a^{52}$
WES	Z Index cases	EE	AR nomozygous AR homozygous	Novel gene – novel pheriotype Novel gene – novel phenotype	SLUZDAZZ CACNAZDZ	Pippucci <i>et al</i> ⁵⁴
-	Sib+quartet	EE	AR homozygous		QARS	Zhang <i>et a/</i> ¹⁸
WES (+ IIIIkage data) WES (+ linkage data)	3X Z lamiiy members 2 index cases	AUNFLE	AD heterozygous AD heterozygous	Nriowri gerie – riovel prieriotype Novel gene – novel phenotype	DEPDCS	Ichida <i>et al</i> ⁵⁵
WES (+ linkage data)	2 index cases	FFEVF	AD heterozygous	gene – novel	DEPDC5	Dibbens et ab7
WES (+ linkage data) WFS (± linkaga data)	Irio Indev case	LGS	AR homozygous	Novel gene – novel phenotype Novel gene – novel phenotype	CACINAZUZ NFCAP1	Edvardson <i>et al</i> ^{vo} ∆lazami <i>at a </i> ⁶⁹
Targeted resequencing	Index case	Focal epilepsy + ID	AR homozygous	gene – novel	TBC1D24	Corbett et a/60
IInkage region Targeted resequencing	2 index cases	Cortical myoclonus and	AD heterozygous	Novel gene-novel phenotype	ADRAZB	De Fusco <i>et al</i> ⁶¹
linkage region	Concernation of the second sec	epilepsy			0.TUUU	110000 04 062
i argeteu resequencing linkage region	Z IIIUEX CASES	ICCA	AD RELEVOZYBOUS	Novel gene – novel prienotype		
Targeted resequencing	500 index cases	EE	Candidate approach	Known gene-novel phenotype	MEF2C, MBD5, GABRG2	Carvill <i>et a </i> ⁶³
				Novel gene – novel phenotype candidate gene	SYNGAP1, CHD2 HNRNPU	
Targeted resequencing gene panel	357 index cases	Epilepsy	Candidate approach	Known gene-known phenotype	Known gene-known phenotype SCN14, SCN24, STXBP1, KCNJ10, KCTD7, KCN03, ARHGEF9, SMS, TPP1, MFSD8	. Lemke <i>et al</i> ⁶⁴ , Lemke <i>et al</i> ⁶⁵
Targeted resequencing	8 index cases+18	S	Candidate approach	known gene-novel phenotype Known gene-known phenotype	GRINZA, GRINZB STXBP1, CASK, ALG13, PNPO, ADSL	-
gene panel + WES	trios	L		-		99
MGS	6 trios	Ц	de novo	Known gene – known phenotype Known gene – novel phenotype Candidate gene	KCN KC	Martin <i>et al</i> °°
WGS	Index case	0S-like	de novo	Known gene-novel phenotype	SCNZA	Touma et al ⁶⁷
WGS	Quartet 6 familv members	LEE	<i>de novo</i> AD heterozygous	Novel gene – novel phenotype Known zene – novel phenotype	SCIVBA PRRT2	veeraman <i>et al</i> ^{co} Lee <i>et al</i> ⁶⁹

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studies, their methodology, starting strategy, and findings. A study was considered 'successful in gene identification' in the following situations: (1) a variant was found in a gene previously associated with the same phenotype as that under investigation (ie, known gene – known phenotype); (2) a variant was found in a gene previously associated with another neuronal phenotype as that under investigation (ie, known gene – novel phenotype); (3) a variant was found in a gene not previously associated with any phenotype, but conclusive genetic evidence and/or substantial functional evidence was provided to support a causal relation with the phenotype (ie, novel gene – novel phenotype). Variants found in a single individual without any further evidence of causality are considered 'candidate genes'.

Family based studies in monogenic epilepsy disorders searching for either AR or AD variants seemingly lead to a molecular diagnosis for nearly 100% of the included patients. Naturally this is just apparent, as negative reports are rarely published for family studies. Of note, when NGS identifies a known gene-known phenotype variant missed by traditional genetic approaches, the family will also not be reported. This publication bias makes it difficult to estimate the true success rate in family based studies; so what can we expect? On the basis of our experience, we are able to identify a (likely) pathogenic variant in ~25% of AD families and up to 40% of AR families (unpublished data). Large-scale studies on isolated patients or those who only include the index case in the initial analysis often do report positive and negative results simultaneously. This leads to a more accurate estimation of the success rate, which ranges from 10 to 48%.8-11 Most of the early reports are, however, enriched for patient samples prescreened for established epilepsy genes, lowering the calculated success rate. Similar to our own experiences, the more recent NGS studies - including patients without preceding molecular investigations - provide a molecular diagnosis for ~30% of the investigated epilepsy patients.12,13

Setting up NGS gene identification studies

The power of NGS in gene identification studies is clearly illustrated by the progress in epilepsy genetics. NGS can partially overcome the large clinical heterogeneity, genetic variability, and other complicating factors often seen in Mendelian disorders. The current results should nevertheless caution researchers and clinicians. They imply that up to 70% of the patients remain without a molecular diagnosis after inclusion in a NGS-based gene identification study. High-throughput is not an equivalent for infallibility, therefore we will discuss some of the considerations that have to be made when conducting a gene identification study using NGS.

Sampling and phenotyping. When setting up any genetic study, sample collection is the first and most important step: DNA material of key family members will be a necessity for interpretation of candidate variants. Although this might seem obvious, it is often not evident. Cooperation of both affected and unaffected family members is warranted, along with high quality and quantity of the DNA samples. A huge number of families are estranged from each other, either by distance or disputes. In addition, needle phobia is quite common but can be overcome by extracting DNA from saliva; a technique that also allows sampling of very young children. Manual extraction and purification of a sufficient amount of saliva can render the required DNA material necessary for NGS.¹⁴

Collaborating with motivated clinicians is therefore key for starting medical genetic research. Also, efficient gene identification goes hand in hand with deep phenotyping. A specific gene defect can be associated with different types of neurological phenotypes. *Vice versa*, different gene defects can be associated with the same phenotype. These obstacles can partially be overcome by NGS and might support the idea 'to sequencing everyone'. Specific clinical hallmarks can nevertheless be indicative for a defined genetic syndrome and subsequent genetic defect. Selecting phenotypically matched cases can thus enlarge the chance of finding independent variants in the same gene (eg, ref. 15).

Overall, the rise of NGS technologies has broadened the focus of study populations. Large multi-generation families were favored in the past, in which a combined approach of linkage analysis with NGS of positional candidate genes has become the major approach. Problems including reduced penetrance and variable expression within these families remain, however, problematic. Identifying highly penetrant variants in patients with a severe phenotype, either presenting as sporadic patients (ie, *de novo* analyses) or as siblings (ie, *de novo* analyses with germline mosaicism or recessive inheritance), is more straightforward. Hereby making isolated cases and sib pairs most popular in NGS studies.

NGS strategy. After collecting and thoroughly assessing the study cohort, the most likely inheritance pattern can be determined for each family. Figure 1 is provided as a guide to help deciding which strategy can best be applied to analyze specific sample sets. The choice of strategy will define which individuals should be sequenced: a trio-approach is required for a straightforward de novo analysis, whereas studies on families with multiple affected individuals are less indicative towards the subjects to be sequenced. The earliest NGS studies showed that including sequencing data of an increasing number of family members gives considerably more power to any genomic analysis.¹⁶ Depending on the pedigree structure some individuals will, however, be more informative than others. Several tools exist for automated selection, such as the statistical framework GIGI-Pick, although they mainly focus on large and complex pedigrees.¹⁷ Studies including AD families mostly opt for sequencing two or three distantly related relatives and look to identify variants according to the kinship. Alternatively, some studies select unrelated but phenotypically or genetically (through linkage analysis) matched index cases, and search for a shared gene defect. As gene identification in AR families relies on the presence of two hits in the same gene, sequencing one or two individuals is often sufficient in order to reach a molecular diagnosis.

Conclusive genetic proof of pathogenicity can only be established when the same gene defect is identified in independent patients. The yield of pathogenic variants in established epilepsy genes and for specific patient subgroups can, however, vary from <1% to up to 80%. Phenotypic and genetic heterogeneity further complicate an accurate estimation of the required amount of patients to sequence, in order to find variants in the same gene. Data sharing between genetic centers is indispensable in the future to achieve a higher yield of molecular diagnoses (eg, refs 11,18). Several initiatives have recently been set-up to facilitate multi-center collaborations between genetic diagnostic and research center (eg, ref. 19, https://genematcher.org/, and http://www.matchmakerexchange.org/).

Sequencing. The 35 selected studies have collectively sequenced 1895 individuals belonging to 1244 different epilepsy families on a NGS platform. WES is by far the most used sequencing technique in research: 73% compared with 11% WGS and 16% targeted resequencing. As the exome represents an enriched part of the genome for disease-associated variants, this preference is justifiable in gene identification studies. Loss of information will nevertheless have to be taken into account, because not the complete exome will be optimally covered. Owing to dropping sequencing costs and optimization of bioinformatics tools, WGS is most likely to take over in the future.²⁰ In the mean while, targeted resequencing can also provide a higher coverage of selected regions. For large families where linkage data are available, the combination with targeted resequencing can be very powerful. Remarkably, WES is also preferred when linkage data are available (Table 1: 5/8 studies). The time needed to optimize custom gene panels, in combination with having direct access to the entire exome if no (likely) pathogenic variant can be found in the captured region(s) probably underlies this choice. The increasing speed and decreasing cost have also led to the implementation of NGS in clinical genetic services. Targeted gene panels long had an ethical and cost-efficient advantage over WES/WGS by screening only the relevant disease genes.²¹⁻²³ Owing to their limited power in variant yield for heterogeneous disorders (such as epilepsy), diagnostic labs are now moving towards the use of WES/WGS.^{24,25} Validation of candidate variants and segregation analysis in additional family members is generally still done by direct Sanger sequencing.

Nowadays, NGS data is often generated in service facilities, therefore the actual sequencing procedure will not be further discussed here. Differences in variant callings due to capturing, sequencing technology, and mapping algorithms have been extensively reported.^{26–28} To handle and analyze the generated data most labs have also developed custom pipelines over the years. If such pipeline is not available, we recommend the user-friendly and web-based tool Galaxy and Broad's Genome Analysis Toolkit (GATK) variant caller to compile, annotate, and analyze data.



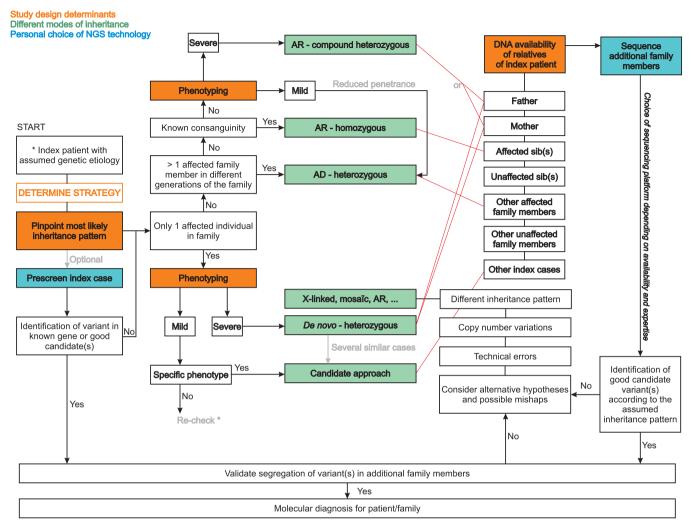


Figure 1 Visual aid to the guide NGS projects. Orange boxes are indicators for the project strategy. Blue boxes indicate to choose a sequencing technique; depending on this choice different results will be obtained. Green boxes contain the different project strategies. Red lines indicate the minimum sample requirement, sequencing more individuals of the same family will render more power, but is not necessary to find a molecular diagnosis in the majority of patients.

NGS variant management. After collecting the right samples, determining whom to sequence and generating the data, most of the work still has to start. Interpretation of NGS data and selecting the causal gene defect has become more time consuming than the data generation itself. A set of highly recommended guidelines for interpretation of sequence variants was recently published by the ACMG. They include comprehensive lists of (I) population, disease, and gene specific databases, (II) *in silico* prediction algorithms, and (III) criteria for classifying candidate variants.²⁹ Here we further discuss some general principles of a standard filtering cascade used during variant prioritization (Figure 2).

A variant-based selection on the quality of the variant calling (eg, coverage), frequency in population databases and predicted impact on the encoded protein is usually the first step. Setting quality cutoffs pursues an optimal balance between sensitivity and specificity. Trying different settings and analyzing multiple samples side-by-side will prove useful to reduce false-positive and false-negative results. In addition, joint calling of different samples *versus* single sample calling will generally provide better quality calls. The most widely used variant caller, GATK, has an active community that is constantly guiding users in how to optimize quality thresholds. We encourage new users to participate actively (http://gatkforums.broadinstitute.org/). Cutoffs regarding the frequency and predicted impact of a variant will mainly depend on the assumed inheritance pattern and incidence of the investigated phenotype. For example,

when looking for *de novo* variants in an individual with a devastating phenotype, candidate variants should be absent in control databases. On the contrary, when looking for AR or AD variants with a reduced penetrance a certain percentage of heterozygous carriers can be expected. Publicly available databases including the most recently released ExAC browser (http://exac.broadinstitute.org, Cambridge, MA, USA), are constantly expanding. Yet, setting up an in-house variant database is equally important as it has the additional advantage to enable exclusion of NGS platform-dependent variants. It can furthermore provide information on variant frequencies in distinct ethnical groups.

A second variant-based prioritization, here referred to as genetic-selection, is based on the assumptions made regarding inheritance patterns. Although assumptions regarding the mode of inheritance is the most empirical method to identify disease-causing variants, it can be misleading. Analysis of the data under different inheritance models is recommended, as has been nicely illustrate in several recent NGS studies (eg, refs 3,13).

Next, data mining on all genes harboring remaining candidate variants will enable researchers to prioritize genes of interest. Several programs can help to rapidly pinpoint the genes most likely associated with the investigated phenotype (eg, ToppGene and Biograph) or evaluate specific expression patterns (eg, EvoTol, GTex, and Human Protein Atlas). Of note, data mining is quite subjective and often correlates with the experience of the researcher. Automated probability interpretations have the advantage

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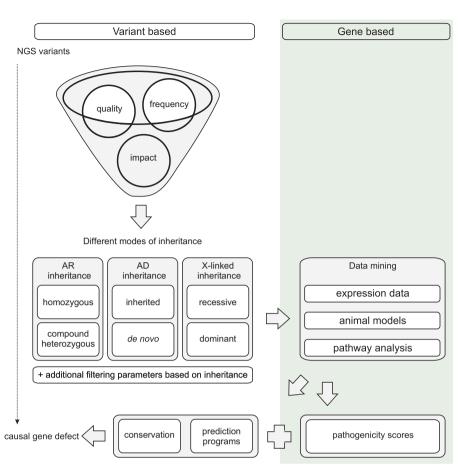


Figure 2 General filtering cascade. NGS data sets generate a large amount of variants. A standard prioritization scheme consists of four different layers, which are further separated into variant and gene based: (1) a variant selection is based on quality, frequency in a control population and predicted impact on the protein; (2) based on the assumed mode of inheritance the genetics selection can reduce the number of candidate variants; (3) extensive literature study on the genes harboring, the remaining variants can lead to a reduction of candidate genes; (4) different tools can be used to help interpret the possible impact of the gene defects and assess the most likely associations with the phenotype of interest.

of speed and throughput over manual labor, but share a large bias towards existing knowledge on gene function and disease pathomechanisms. Therefore it is recommended to level different programs and manually check the ranked candidate genes.

The final interpretation about the potential impact of a specific gene defect is partly variant based and partly gene based. Ideally such interpretation is supported by *in vitro* or *in vivo* experiments, but owing to practical considerations *in silico* predictions can provide a first and fast indication. The recently released integrated framework combined annotation-dependent depletion unites the most widely used interpretation tools. Again a bias towards current knowledge and the limitation of most *in silico* tools towards variants with a potentially large effect (eg, protein-altering variants) has to be taken into account. Several scoring systems also exists for ranking genes according to their tolerance for genetic variations or likelihood to be involved in disease pathways. These work quite well for *de novo* variants, but are less indicative when examining recessive gene defects. The existence of multiple transcripts and variable expression patterns can furthermore cause contradictions between predictions algorithms.

It is clear that NGS variant management is not a rigid science for which a standard protocol can be followed. General methodologies for prioritizing and interpreting variants are nevertheless proposed. Depending on the nature of the gene identification study, different cutoffs will proof most valuable. Getting acquainted with frequently used annotation sets and prediction tools is necessary when learning how to interpret NGS data. Basic genetic ideas remain valid in NGS studies and researchers should always be critical about early assumptions: there are always several options and NGS gives you the power to investigate them all trough a single experiment. Finally, an interpretation will have to be made for determining the nature of a variant based on combined genetic, clinical, and preferably functional data.³⁰

Technical pitfalls. Even when multiple individuals of the same family are sequenced, the data is analyzed under different inheritance models, and filtering strategies have been worn out, it remains possible that no variant is interpreted as (likely) pathogenic. When working with NGS technologies it is important to realize that no single technique will cover everything. Identification of somatic and germline mosaic events or copy number variants remain complicated despite the progress made in the field.^{31,32} Copy number variants have an important contribution to many Mendelian disorders33-35 and are often overlooked or disregarded in NGS studies. The pathogenic variant can also be unsequenced due to lack of targeting, capturing, or bad mapping quality. Variant callers and annotation tools might furthermore be wrong or misleading. A very useful tool to check the nomenclature of a variant, together with its impact, is the Mutalyzer 2.0.9.36 Ideally, each individual should be sequenced and analyzed on multiple platforms to reduce the chance of missing causal variants due to technical errors.²⁸ Unfortunately this is not a realistic situation; most researchers have a budget that is preferably used to investigate as many families as possible. Analyzing NGS data with different variant callers and annotation tools is for the moment the best way to partially compensate for limited resources.

CONCLUSION

High-throughput screenings have led to the identification of many new disease-causing genes for Mendelian diseases. The large phenotypical and genetic heterogeneity of human disorders will nevertheless make it necessary to collaborate on a large scale and pool data in a joined effort to support causality of specific gene defects (eg, ref. 11). In the end, accumulating genetic information will expand our knowledge on normal human body functions and eventually lead to a better understanding of disease pathways.

NGS is a continuous evolving field that is becoming increasingly available, faster and cheaper. Henceforth, more and more researchers will be setting up NGS projects to give a molecular diagnosis to their patient(s). By summarizing recent findings in patients with Mendelian epilepsy disorders and discussing the used NGS research designs, we highlight several considerations that have to be taken into account before and during a gene identification study. It is clear that NGS has provided many insights and opportunities in genetic research, but with still more than half of the patients without a molecular diagnosis, further genetic research is a priority.

ETHICAL GUIDELINES

We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

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