

ARTICLE

KLLN epigenotype–phenotype associations in Cowden syndrome

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Germline *KLLN* promoter hypermethylation was recently identified as a potential genetic etiology of the cancer predisposition syndrome, Cowden syndrome (CS), when no causal *PTEN* gene mutation was found. We screened for *KLLN* promoter methylation in a large prospective series of CS patients and determined the risk of benign and malignant CS features in patients with increased methylation both with and without a *PTEN* mutation/variant of unknown significance. In all, 1012 CS patients meeting relaxed International Cowden Consortium criteria including 261 *PTEN* mutation-positive CS patients, 187 *PTEN* variant-positive CS patients and 564 *PTEN* mutation-negative CS patients, as well as 111 population controls were assessed for germline *KLLN* promoter methylation by MassARRAY EpiTYPER analysis. *KLLN* promoter methylation was analyzed both as a continuous and a dichotomous variable in the calculation of phenotypic risks by stepwise logistic regression and Kaplan–Meier/standardized incidence ratio methods, respectively. Significantly increased *KLLN* promoter methylation was seen in CS individuals with and without a *PTEN* mutation/VUS compared with controls ($P < 0.001$). Patients with high *KLLN* promoter methylation have increased risks of all CS-associated malignancies compared with the general population. Interestingly, *KLLN*-associated risk of thyroid cancer appears to be gender and *PTEN* status dependent. *KLLN* promoter methylation associated with different benign phenotypes dependent on *PTEN* status. Furthermore, increasing *KLLN* promoter methylation is associated with a greater phenotype burden in mutation-negative CS patients. Germline promoter hypermethylation of *KLLN* is associated with particular malignant and benign CS features, which is dependent on the *PTEN* mutation status.

European Journal of Human Genetics (2015) 23, 1538–1543; doi:10.1038/ejhg.2015.8; published online 11 February 2015

INTRODUCTION

Cowden syndrome (CS) is a dominantly inherited cancer predisposition syndrome with protean phenotypes including both malignant and benign features.^{1,2} A large prospective study of CS patients revealed *PTEN* mutation-associated lifetime risks of 85% for breast cancer, 35% for thyroid cancer, 28% for endometrial cancer, 33% for renal cancer, 9% for colorectal cancer, and 6% for melanoma.³ Similar risks have been replicated in independent studies.^{4,5} These studies have helped to revise appropriately diagnostic and screening guidelines for patients with *PTEN* mutations.

Because CS is difficult to recognize, our lab developed a weighted regression-based system, resulting in a *PTEN* Cleveland Clinic (CC) score. A higher CC score reflects a higher phenotypic burden, occurring at younger ages, and hence, denotes a higher pretest probability of carrying a predisposing mutation.⁶ Although the CC score was based on the study of adult patients, Tan *et al.*⁶ also developed pediatric criteria for consideration of testing for *PTEN* mutations. Approximately 25% of classic CS cases carry pathogenic *PTEN* mutations when accrued prospectively from the community.⁶ Patients who do not meet the full diagnostic criteria for CS but have combinations of CS-associated features are referred to as CS-like (CSL). Only ~5% of CSL patients harbor a *PTEN* mutation, making molecular diagnosis, predictive testing of family members, and preventative screening difficult.⁷ To estimate neoplasia risk in *PTEN* mutation-negative patients, we need to identify as many etiologic factors as possible. To this end, we previously identified germline

hypermethylation of the shared *KLLN/PTEN* promoter, which decreased *KLLN* expression by 250-fold, and in contrast, slightly increased *PTEN* expression in 37% of 123 *PTEN* mutation-negative CS and CSL patients.⁸ *KLLN* is a p53-regulated tumor suppressor gene.⁹ When *KLLN* methylation was reversed with demethylating agents in patient lymphoblasts, there was a restoration of *KLLN* expression.¹⁰ Thus, *KLLN* promoter methylation was identified as potentially significant for the development of CS.

Our initial studies linking *KLLN* promoter methylation to CS/CSL were performed with a small series of selected *PTEN* mutation-negative patients using a binary technique to determine methylation (COBRA). To fully characterize the broad spectrum of clinical features potentially associated with *KLLN* promoter methylation, we sought to semiquantitatively analyze *KLLN* promoter methylation in a large independent series of *PTEN* mutation-negative adult and pediatric CS/CSL patients and characterize the clinical spectrum and lifetime cancer risks of patients with germline *KLLN* promoter methylation. We also sought to address the hypothesis that *KLLN* promoter methylation and a *PTEN* mutation are not mutually exclusive in CS/CSL patients and that *KLLN* promoter methylation modifies the *PTEN* phenotype.

MATERIALS AND METHODS

Patients

From October 2005 to April 2013, 4120 CS/CSL patients were enrolled into CC IRB protocol no. 8458. Research participants were enrolled based on the full NCCN 2006 criteria for CS (Supplementary Table 1) or relaxed criteria for CSL. Patients under the age of 18 years met the pediatric criteria adapted from

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Received 17 May 2014; revised 17 December 2014; accepted 19 December 2014; published online 11 February 2015

Tan et al.⁶ (Supplementary Table 2). Both affected and unaffected family members of probands were also enrolled when possible. Of the 4120 prospectively enrolled CS/CSL patients, 1012 with complete methylation data were analyzed in this study, including 261 *PTEN* mutation-positive, 187 *PTEN* variant-positive and 564 *PTEN* mutation-negative CS patients. One hundred and eleven controls from the region with no known cancer history were recruited through CC IRB protocol no. 06-716. All patients provided written informed consent. Patients were selected based on *PTEN* status, CC score, and age. Inclusion criteria included individuals with a germline pathogenic *PTEN* mutation, *PTEN* mutation-negative patients with a CC score above 6 or high clinical suspicion, or all available minors meeting described pediatric criteria. Pathological and imaging reports were used to establish the phenotype when necessary and mandatorily since 1 July 2009. Twelve unaffected family members belonging to 11 probands were available for analysis. Because 37% of the pilot series of *PTEN* mutation-negative CS/CSL patients were previously found to harbor germline *KLLN* promoter methylation, this study should be powered to detect methylation in CS/CSL patients and more precisely delineate the phenotype of CS/CSL patients associated with *KLLN* promoter methylation.⁸

Variant analysis

Germline genomic DNA was extracted from peripheral blood leukocytes by the Genomic Medicine Biorepository (GMB) (GMB protocols available at <http://www.lerner.ccf.org/gmi/gmb/methods.php>). The human reference genome used for mutation annotation was build 36 version 2, NC_000010.9. Mutation analysis encompassed all nine exons of *PTEN* and flanking intronic regions, using a high-resolution, melt-curve assay (Idaho Technology, Salt Lake City, UT, USA), followed by direct Sanger sequencing (ABI 3730xl; Applied Biosystems, Foster City, CA, USA) as described previously.⁶ The *PTEN* minimal promoter region was directly sequenced. Large deletion/rearrangement analysis was performed using multiplex ligation-dependent probe amplification (MLPA) following the P225 MLPA kit protocol (MRC-Holland, Amsterdam, The Netherlands). Of the 1012, 261 CS/CSL patients with available germline DNA and a known pathogenic germline *PTEN* mutation, encompassing large deletion, missense, indel, frameshift, truncation, and splice site mutations were included in this study. All mutations, including missense ones, within the coding region of *PTEN* and flanking intronic regions (± 1 and 2) are pathogenic, and typically show decreased *PTEN* protein levels, increased P-AKT, and/or P-ERK1/2.⁶ A further 187 CS/CSL patients have a *PTEN* variant including variants in the minimal promoter region, synonymous changes, large intronic deletions detected by MLPA, and non-splice site intronic variants within -10 bases from exon/intron boundary. If a patient has both a known pathogenic *PTEN* mutation and a variant, they are only included in the group with known pathogenic mutations. The remaining 564 CS/CSL patients were *PTEN* mutation negative.

Methylation analysis

Methylation analysis was performed using 750 ng of germline genomic DNA extracted from peripheral blood lymphocytes. To ensure that the methylation assay was specific to *PTEN* and not the pseudogene, the restriction site *PvuII* (New England Biolabs, Ipswich, MA, USA) unique to the *PTEN* pseudogene was used before bisulfite treatment. Three independent digestions with *PvuII* to remove the pseudogene followed by bisulfite sequencing showed 2/28 (7.14%), 4/15 (26.7%), and 3/15 (20.0%) of clones to be *PTEN* pseudogene. These percentages of *PTEN* pseudogene were determined to have a negligible effect on further MassARRAY EpiTYPER analysis. Digested DNA was bisulfite treated according to the EZ DNA Methylation Kit (Zymo Research, Irvine, CA, USA) as per the manufacturer's instructions.

Targeted methylation analysis of the *KLLN* promoter (-1579 to -1908 , *KLLN* ATG +1) was analyzed for methylation with the MassARRAY EpiTYPER (Sequenom, San Diego, CA, USA) system. Briefly, bisulfite-treated DNA was PCR amplified, followed by *in vitro* transcription with T7 polymerase, base-specific digestion, and data acquisition. Each 384-well plate of samples was run with a range of methylation controls to ensure between-plate variation data correction. Of the 33 CpGs in the amplicon, 11 CpGs had informative methylation percentages using the EpiTYPER analyses workflow. The average

percent methylation for all 11 CpGs for each sample was used for further analysis.

For bisulfite sequencing, bisulfite-treated DNA was PCR amplified and the product gel purified using the GeneJET Gel Extraction Kit (Thermo Scientific, Pittsburg, PA, USA). Purified product was cloned according to the StrataClone PCR Cloning Kit (Agilent Technologies, Santa Clara, CA, USA) and plated on ampicillin resistance plates. Colonies were picked for each sample and PCR amplified using T7/T3 primers, followed by Exonuclease I (New England Biolabs) digestion and direct Sanger sequencing (ABI 3730xl; Applied Biosystems)

Statistical analysis

Analyses were performed using SPSS statistical software (IBM, Armonk, NY, USA). Methylation was analyzed as a continuous variable using the Kruskal–Wallis rank-sum test. For each phenotype analyzed, incidence was assumed to be 0 if the data was not provided. For analysis of benign phenotypes, a stepwise multivariate linear regression was used to calculate coefficients and 95% confidence intervals. One *PTEN* mutation-positive CS patient was not included in the phenotype analysis because no phenotype data was provided.

To analyze methylation as a dichotomous variable, samples were assigned high versus low methylation status based on a cutoff of 32% of regional-CpG methylation; 32% reflects the boundary for outlier values, which have methylation percentages above 1.5 times the interquartile range from the 75th percentile for the entire CS/CSL cohort (Supplementary Figure 1). This cutoff is higher and more rigorously defined than the commonly used methylation cutoff of 25%.^{11–13} Kaplan–Meier curves were constructed for each major CS/CSL cancer phenotype for cumulative risk assessment, with significance determined by a generalized Wilcoxon's test. To analyze thyroid histology likelihood ratio, χ^2 was used to determine differences between groups.

The standardized incidence ratio (SIR) is a comparison of the observed number of cases of malignancy for those with *KLLN* promoter hypermethylation with the expected number in the general population. The expected number of cases for each cancer phenotype was calculated using the Surveillance Epidemiology and End Results age-adjusted incidence rates from the National Cancer Institute from 2003 to 2007.¹² Gender-specific incidence rates are used for breast, endometrial, and thyroid cancer. The number of observed person-years is calculated starting at birth until the age of cancer diagnosis or age at consent. The expected incidence is calculated using the person-years of observation multiplied by age-specific incidence. The SIR and two-sided mid-*P* exact test with 95% confidence intervals was calculated using the OpenEpi software program (<http://www.openepi.com>).

There were 51 families comprising 102 affected and 12 unaffected family members. Concordance of methylation between family members with CS was calculated with Kendall's coefficient of concordance by pairwise analysis between proband and first- and second-degree relatives. Similarly, concordance of methylation was examined between CS/CSL-affected proband and first- and second-degree relatives who were unaffected. All *P*-values were two sided.

RESULTS

KLLN promoter methylation in *PTEN* mutation-positive, mutation-negative, and VUS-positive CS/CSL patients compared with controls

MassARRAY EpiTYPER analysis of the *KLLN* promoter for methylation shows significantly increased methylation in 1012 CS/CSL patients with a mean methylation of 14.3% compared with 111 population controls with a mean methylation of 4.03% ($P < 0.001$, Kruskal–Wallis rank-sum test; Figure 1a). *KLLN* promoter methylation was significantly increased above controls for all three CS/CSL subgroups defined by *PTEN* mutation status: mutation-negative ($n = 564$, $P < 0.001$), mutation-positive ($n = 261$, $P < 0.001$), and VUS-positive ($n = 187$, $P < 0.001$; Figure 1b). Interestingly, *KLLN* promoter methylation was strongly associated with *PTEN* mutation status: 20.6% mean methylation for mutation-positive, 15.6% *PTEN* VUS, and 11.0% *PTEN* mutation-negative patients ($P < 0.001$, Kruskal–Wallis rank-sum test; Figure 1b and Table 1).

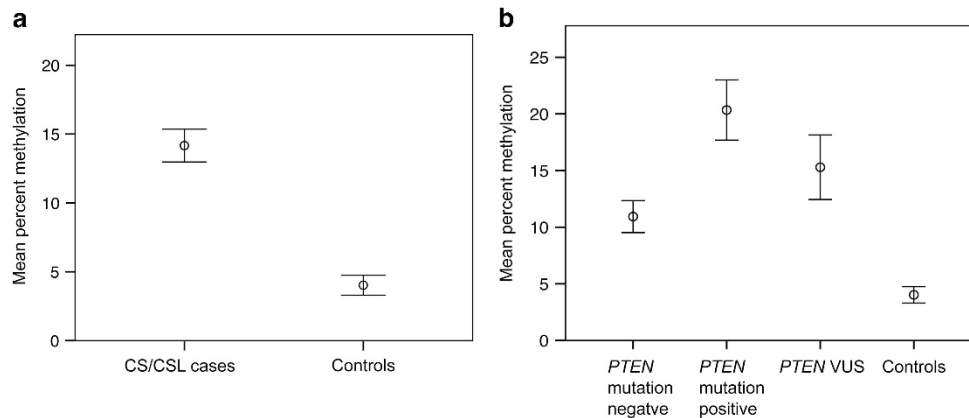


Figure 1 *KLLN* promoter methylation was analyzed in CS/CSL patients and controls. (a) The mean methylation percentage is increased in 1012 CS/CSL cases compared with 111 controls. Error bars represent 95% confidence intervals. (b) Mean percent methylation is increased in 564 *PTEN* mutation-negative patients, 261 *PTEN* mutation-positive patients, and 187 *PTEN* VUS-positive patients compared with 111 controls. Error bars represent 95% confidence intervals.

Table 1 Clinical and demographic features in CS/CSL patients and *KLLN* promoter methylation

Characteristic	No. of patients	% Patients	Mean methylation % (SE)
Gender			
Female	779	77.0	13.9 (0.69)
Male	233	23.0	15.7 (1.32)
<i>P</i> -value			0.14
Race/ethnicity			
Caucasian	594	58.7	13.6 (0.77)
African American	29	2.87	15.8 (3.88)
Hispanic	31	3.06	9.13 (2.46)
Other	97	9.58	13.3 (1.90)
Unknown	261	25.8	16.8 (1.34)
<i>P</i> -value			0.12
Age (years)			
< 18	160	15.8	13.7 (1.46)
18–50	451	44.6	15.0 (0.97)
> 50	401	39.6	13.7 (0.94)
<i>P</i> -value			0.60
CC score			
≤ 15	729	72.0	11.6 (0.65)
> 15	282	27.9	21.3 (1.33)
<i>P</i> -value			<0.001
<i>PTEN</i> status			
Mut. negative	564	55.7	11.0 (0.72)
Pathogenic mut.	261	25.8	20.5 (1.36)
VUS	187	18.5	15.6 (1.49)
<i>P</i> -value			<0.001

Note: Kruskal–Wallis rank-sum test was used to determine significance.

Nine CS/CSL cases representative of low or high *KLLN* promoter methylation and four controls were subjected to bisulfite sequencing to further validate the MassARRAY EpiTYPER results, with good concordance (Supplementary Figure 2). All four controls show a lack of methylation in the bisulfite sequencing results (Supplementary Figure 3).

KLLN promoter methylation and clinical and demographic features in CS/CSL patients

For the entire CS/CSL cohort, no significant association was observed between *KLLN* promoter methylation and patient demographic features, including gender, race/ethnicity, and age (Table 1). Notably, *KLLN* promoter methylation was associated with CC scores > 15, denoting a greater phenotypic burden ($P < 0.001$; Table 1). In planned subgroup analysis, the association between hypermethylation and CC score was seen in the *PTEN*-mutation-negative group alone ($P < 0.001$).

SIR for CS-related malignancies in CS patients with high germline *KLLN* promoter methylation

We calculated the SIR for each component cancer in CS/CSL patients with high *KLLN* promoter methylation (> 32% CpG island methylated, see Materials and methods). The SIR for each component cancer was significantly elevated (Table 2). The most significantly increased risk was for male thyroid cancer with an SIR of 176.8 (95% CI: 86.2–324.5).

Relationship between *KLLN* promoter methylation and *PTEN* mutation/VUS with respect to risk of CS-related malignancies

To analyze the relationship among *KLLN* promoter methylation status, *PTEN* mutation status, and age-adjusted risk of developing the most common CS-associated malignancies, specifically, breast, thyroid, endometrial, and renal carcinomas, *KLLN* promoter methylation was analyzed as a dichotomous variable (> 32% methylated *versus* < 32%). Of 1012 total patients, 197 (19.5%) have high *KLLN* promoter methylation. This is broken down as 76 of 564 (13.5%) *PTEN* mutation-negative, 81 of 260 (31.2%) *PTEN* mutation-positive, and 40 of 187 (21.4%) *PTEN* VUS cases. Only thyroid cancer showed significant differences in cumulative risk between CS/CSL patients with high *KLLN* promoter methylation and those with low *KLLN* promoter methylation ($P = 0.025$; Figure 2 and Supplementary Figure 4). The association remained significant in the *PTEN* mutation-negative subgroup ($P = 0.023$, Figure 2a). Additionally, there was a significant difference in the thyroid histologies of CS/CSL male patients with high *KLLN* promoter methylation compared with those with low methylation ($P = 0.039$; Supplementary Figure 5). Of 17 male patients with thyroid cancer and low *KLLN* promoter methylation, 9 (53%) had papillary thyroid cancer compared with only 1 (5.9%)

with follicular histology. In contrast, among the nine male patients with high *KLLN* promoter methylation and thyroid cancer, two (22%) had papillary thyroid cancer and three (33%) follicular thyroid cancer. For male patients with thyroid cancer, *PTEN* mutation status was not significantly different in those with high versus low *KLLN* promoter methylation.

For all CS/CSL female patients with thyroid cancer, the data suggest a reverse trend of increased cumulative incidence of thyroid cancer cases associating with low *KLLN* promoter methylation compared with those with high methylation ($P=0.15$; Figure 2b). This difference became significant in the *PTEN* VUS subgroup ($P=0.004$; Figure 2b). No differences in thyroid cancer histology are seen in female CS/CSL patients with high versus low *KLLN* promoter methylation.

Table 2 SIR for CS-related malignancies in patients with high *KLLN* promoter methylation

Cancer type	Observed	Expected	SIR	95% CI	P-value
Female breast	72	2.82	25.53	20.12–31.97	<0.001
Female thyroid	36	0.831	43.32	30.8–59.33	<0.001
Male thyroid	9	0.0509	176.8	86.23–324.5	<0.001
All thyroid	45	0.645	69.77	51.5–92.53	<0.001
Endometrial	20	0.643	31.1	19.53–47.19	<0.001
Renal	12	0.485	24.77	13.41–42.06	<0.001
Colorectal	4	0.721	5.55	1.76–13.38	0.007
Melanoma	5	0.829	6.03	2.21–13.37	0.002

Multivariate analysis of benign CS features and *KLLN* promoter methylation

Stepwise multivariate linear regression was performed to determine whether *KLLN* promoter methylation, as a continuous variable, is associated with benign CS features (Supplementary Table 3) for the overall cohort and the three *PTEN* status subgroups. For the entire CS/CSL cohort and specifically the *PTEN* mutation-negative group, *KLLN* promoter methylation was positively associated with three benign CS features, trichilemmomas, lipomas, and vascular growths (Table 3). Remarkably, trichilemmomas, which are a pathognomonic feature of CS, are associated with increasing *KLLN* methylation for the entire cohort as well as the *PTEN* mutation-negative and *PTEN* mutation-positive subgroups (Table 3, Supplementary Table 4 and Supplementary Figure 6). Autism and acral keratoses are inversely associated with *KLLN* methylation for the *PTEN* mutation-negative subgroup. Interestingly, decreased prevalence of goiters/thyroid nodules correlated with increasing *KLLN* methylation in the *PTEN* mutation-positive subgroup (Table 3).

Family pattern of *KLLN* methylation status

Pairwise analysis revealed concordance of *KLLN* methylation between 41 unrelated CS/CSL probands and 51 of their first- and second-degree relatives who also have CS/CSL (Supplementary Figure 7; $P=0.39$, Kendall's coefficient of concordance). There are 11 probands with 12 unaffected first-degree relatives (Supplementary Figure 7). In these 11 families, the methylation status was discordant between affected proband and the unaffected relative ($P=0.035$, Kendall's coefficient of concordance). All unaffected relatives have low/no *KLLN*

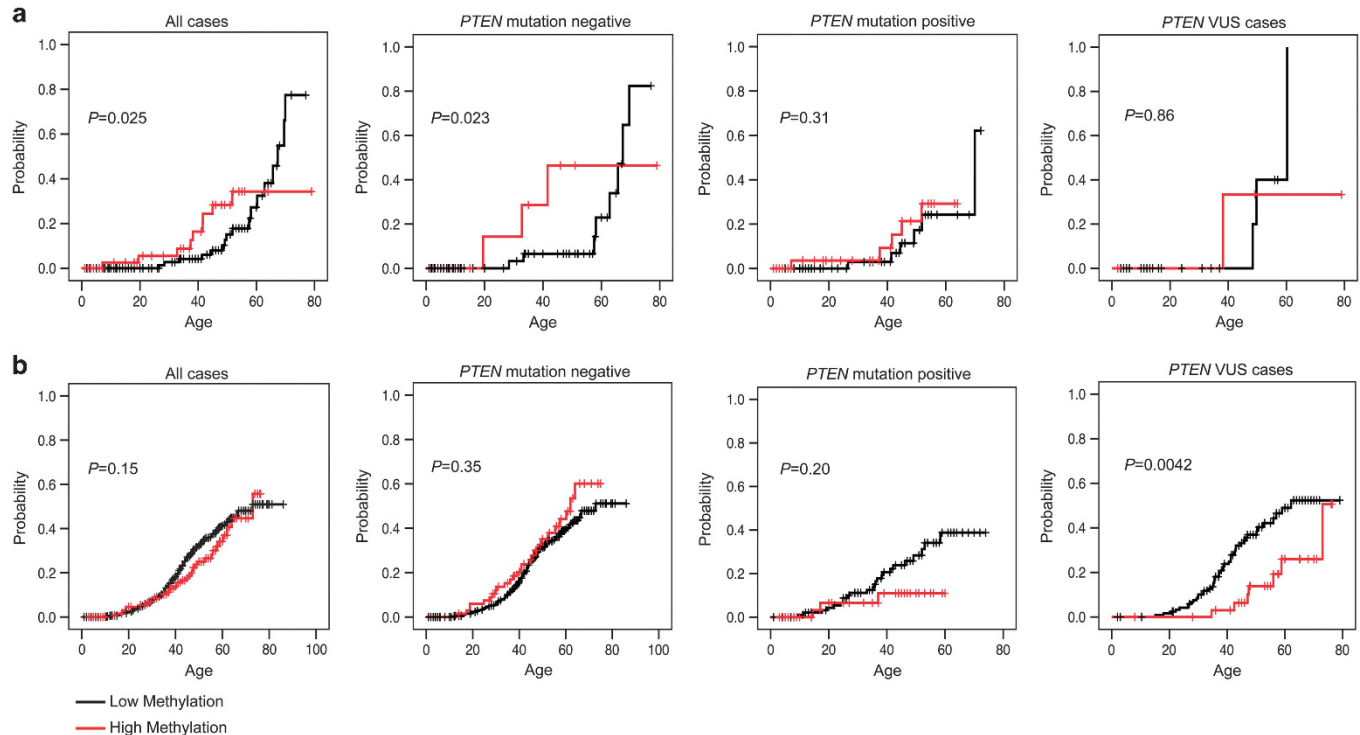


Figure 2 Kaplan–Meier curves for cumulative risk of thyroid cancer between patients with low compared with high *KLLN* promoter methylation. (a) An increased risk of thyroid cancer was observed in male patients with high *KLLN* promoter methylation for all cases and for *PTEN* mutation-negative cases. No significant differences in risk of thyroid cancer in males were observed for *PTEN* mutation-positive or *PTEN* VUS cases. (b) For females, no significant differences in thyroid cancer risk based on *KLLN* promoter methylation were seen for all cases, *PTEN* mutation-negative cases, or *PTEN* mutation-positive cases. A trend can be observed for increased risk for thyroid cancer with low *KLLN* methylation for all cases. For the *PTEN* VUS cases, there was a significant increase in thyroid cancer risk for females with low *KLLN* promoter methylation compared with high.

Table 3 Benign CS features associated with *KLLN* promoter methylation

	Coefficient	95% CI	P-value
<i>All CS/CSL cases, n = 1011</i>			
Trichilemmoma	10.3	6.18 to 14.4	<0.001
Lipoma	4.17	1.45 to 6.89	0.0027
Hemangioma/AVM/vasc. tumor	4.09	1.10 to 7.08	0.0073
<i>PTEN mutation-negative cases, n = 564</i>			
Trichilemmoma	9.68	4.29 to 15.1	<0.001
Lipoma	4.56	1.26 to 7.87	0.0068
Autism	-5.54	-10.2 to -0.90	0.019
Hemangioma/AVM/vasc. tumor	4.57	0.53 to 8.61	0.027
Acral keratoses	-5.46	-10.4 to -0.51	0.031
<i>PTEN mutation-positive cases, n = 260</i>			
Trichilemmoma	14.8	7.89 to 21.8	<0.001
Goiter/nodule	-5.92	-11.2 to -0.60	0.029
<i>PTEN VUS cases, n = 187</i>			
Fibroids	7.74	1.63 to 13.8	0.013

Note: Stepwise multivariate linear regression was used to determine significance.

methylation, and this holds true even when the affected proband has high *KLLN* methylation.

DISCUSSION

Through this large case series of 1012 CS/CSL patients, we were able to show significantly increased germline *KLLN* promoter methylation in CS/CSL patients (mean methylation 14.29%) compared with controls (4.03%, $P < 0.001$). Increasing methylation correlates with increasing *PTEN* CC score, and hence the phenotypic load, specifically in the *PTEN* mutation-negative subgroup. Furthermore, *KLLN* methylation status was overall concordant for 41 affected families, corroborating *KLLN* as a CS/CSL predisposition gene, which acts by epigenetic regulation. Notably, this study demonstrates for the first time that *KLLN* promoter hypermethylation and *PTEN* variation are not mutually exclusive, suggesting the potential for *KLLN* methylation to modify *PTEN*-related phenotypes.

KLLN promoter methylation was significantly associated with *PTEN* mutation status with the greatest mean methylation of 20.6% for the *PTEN* mutation-positive CS/CSL patients (Table 1). The relationship between *PTEN* variation and *KLLN* promoter methylation may be understood by the effect of mutations on decreasing transcriptional activity, which in turn alters methylation.¹⁴ It is possible that CS/CSL patients with *KLLN* hypermethylation but without a detectable *PTEN* mutation may carry cryptic alterations such as deep intronic mutations. It is known that genes with decreased expression are more likely to be methylated.¹⁴ *PTEN* variations can lead to decreased *PTEN* transcription through effects on transcription factor binding and decreased p53 stability.¹⁵ Because *PTEN* and *KLLN* share a bidirectional promoter, the potential effect of *PTEN* mutations on gene expression could explain the increase in *KLLN* promoter methylation with a *PTEN* mutation.¹⁴ The possibility of a direct relationship between *KLLN* promoter methylation and *PTEN* variation requires further investigation.

Our large prospective series of patients revealed specific *KLLN* epigenotype–malignant phenotype association. As expected for a CS predisposition gene, increased incidence of all CS-related cancers was evident in those with high *KLLN* promoter methylation compared

with the general population. *KLLN*-related SIRs for CS-component cancers were similarly high as previously reported for patients with *PTEN* mutations.³ Interestingly, the highest *KLLN*-related SIR occurred for male thyroid cancer. In our original pilot study, there was elevation of male thyroid cancer SIR with *KLLN* hypermethylation compared with females, but the sample size in that study was too small to make definitive conclusions about gender differences.¹⁶

For thyroid cancer, we were able to further tease apart the role of *KLLN* promoter methylation in modifying gender-dependent risk and association with *PTEN* mutation/VUS. High *KLLN* promoter methylation was associated with an increased age-adjusted cumulative risk of thyroid cancer in CS/CSL males, whereas the association appears reversed in women, where *KLLN* promoter methylation trended with decreased cumulative risk of thyroid cancer. Interestingly, the lowest risk for thyroid cancer was for female patients with high *KLLN* promoter methylation and a *PTEN* VUS, which tend to be in the promoter region and confer a high risk of breast cancer.³ The gender paradox is tantalizing in the context that thyroid cancer is more prevalent among women than men in the general population.^{17,18} Early reports link differences in androgen receptor (AR) expression in male versus female thyroid cancers to the gender bias in thyroid cancer risk in the general population.¹⁷ Of relevance, bidirectional AR-binding motifs lie between *KLLN* and *PTEN*.¹⁹ In prostate cancer, *KLLN* suppresses AR activity, and AR itself decreases *KLLN* and *PTEN* transcription; whereas in female breast cancer, AR was found to activate *KLLN* and *PTEN* expression.^{20,21} It would be plausible to postulate that increasing *KLLN* promoter methylation, further transcriptionally suppressing *KLLN*, is dose additive in the male context, thus raising the likelihood of developing thyroid cancer. Understanding *KLLN* and AR expression in thyroid cancer may further elucidate the gender-specific risks of thyroid cancer in the context of *KLLN* promoter methylation.

We saw significant differences in thyroid cancer histology between male patients with high versus low *KLLN* methylation ($P = 0.039$), with no significant differences in *PTEN* mutation status between these groups. Papillary thyroid cancer is the predominant histological subtype in the general population by about 14:1, whereas follicular thyroid cancer is predominant (PTC:FTC 3:1) among *PTEN* mutation-positive CS patients.^{16,22,23} The thyroid cancer histology for the high *KLLN* promoter methylation group was predominantly follicular, which is classic for CS, while the low *KLLN* promoter methylation group resembled the general population with the predominant histology being papillary. These data indicate that similar thyroid cancer surveillance to those with a *PTEN* mutation may be important for male patients with *KLLN* promoter methylation with specific attention paid to histology.

KLLN promoter methylation modified the risk of specific non-malignant CS phenotypes dependent on the *PTEN* mutation context. Specifically, trichilemmomas, which are hamartomas and a pathognomonic feature of CS, are associated with increased *KLLN* promoter methylation for patients both with and without a *PTEN* mutation. For *PTEN* mutation-negative cases, high *KLLN* promoter methylation was also associated with lipomas and vascular malformations, which are abnormal overgrowths, and for the latter, may be considered a hamartoma as well. This suggests a role for *KLLN* in maintaining proper cellular proliferation. While vascular malformations have been noted as part of the CS phenotype, they are not specifically included in the NCCN diagnostic criteria.⁶ Surveillance and management of vascular malformations may be particularly important for patients with *KLLN* promoter methylation. Additionally, there is a decreased risk of autism with *KLLN* promoter hypermethylation. These findings

help to delineate gene-testing strategies based on phenotype and to construct gene-specific patient management for CS. It will be important to understand how *KLLN* promoter hypermethylation mediates risk of specific CS phenotypes, in the presence or absence of *PTEN* abnormalities to aid in the development of precise phenotype prediction at the individual level, beyond the current cohort level.

This study was able to identify specific CS phenotypes associated with *KLLN* promoter hypermethylation but would miss yet unrecognized CS features, or CS-unrelated clinical features, which were associated with *KLLN* hypermethylation. We have stratified our cohort based on *PTEN* mutation status. While we have analyzed patients for *PTEN* mutations, we may be missing mutations, which were not identified, in our mutation screening. Given our careful mutation screening technique, we believe this would be too small of a number of cases to influence the percentage methylation in each group. We have chosen to use MassARRAY EpiTYPER methylation analysis because it is a high-throughput method for candidate region analysis at a base-specific resolution that provides reliable quantifiable results.²⁴ The threshold % methylation used here to assign high compared to low methylation is based on >1000 patients but with continuing patient analysis, the cutoff may need to be adjusted for future clinical utility.

Overall, our observations reveal that germline *KLLN* methylation is associated with CS/CSL phenotypes, with particular association with increasing phenotypic burden (CC score >15) in those without a *PTEN* mutation. Because *KLLN* methylation is associated with CC scores >15, after these findings have been repeated, *KLLN* methylation testing may be applicable for patients with CC scores over 15 and are *PTEN* mutation negative. The finding of trichilemmomas may be a significant indicator for *KLLN* promoter methylation testing. Furthermore, our data here allow us to counsel *KLLN* methylation-positive patients of the very elevated risks of CS-component cancers, with attendant high-risk medical management. Specifically, in patients who are *PTEN* mutation negative but found to have high *KLLN* promoter methylation, surveillance for both male thyroid cancer and vascular malformations may be important to potentially reduce morbidity and mortality. Our study clearly demonstrates the complex interplay among *PTEN*, *KLLN* and gender in neoplasia risks and suggests further study in this regard.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

ACKNOWLEDGEMENTS

This work was supported, in part, by the National Cancer Institute (P01CA124570 to CE) and the Breast Cancer Research Foundation (to CE). CE is the Sondra J and Stephen R Hardis Endowed Chair of Cancer Genomic Medicine at the Cleveland Clinic, and an ACS Clinical Research Professor. EN was supported, in part, by National Institute of General Medicine (T32 GM007250) and is supported by National Cancer Institute (F30CA168151).

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