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# Imaging tumour hypoxia with positron emission tomography

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Hypoxia, a hallmark of most solid tumours, is a negative prognostic factor due to its association with an aggressive tumour phenotype and therapeutic resistance. Given its prominent role in oncology, accurate detection of hypoxia is important, as it impacts on prognosis and could influence treatment planning. A variety of approaches have been explored over the years for detecting and monitoring changes in hypoxia in tumours, including biological markers and noninvasive imaging techniques. Positron emission tomography (PET) is the preferred method for imaging tumour hypoxia due to its high specificity and sensitivity to probe physiological processes *in vivo*, as well as the ability to provide information about intracellular oxygenation levels. This review provides an overview of imaging hypoxia with PET, with an emphasis on the advantages and limitations of the currently available hypoxia radiotracers.

Low oxygen concentration (hypoxia) is associated with many human pathological processes, including ischaemic heart disease, stroke and cancer. In oncology, hypoxic tumours are associated with a poor prognosis, an aggressive phenotype, increased risk of invasion and metastasis, and resistance to chemo and radiation therapy. A practical, robust and reproducible method of detecting and quantifying hypoxia could improve patient outcomes by allowing selection of more appropriate therapies to overcome the effects of hypoxia or allowing stratification of patients for more accurate prognostic information.

Tumour hypoxia has been studied with various techniques: oxygen electrodes; extrinsic (e.g., pimonidazole) and intrinsic (e.g., carbonic anhydrase IX, CAIX) biomarkers; blood oxygen level-dependent (BOLD) and tissue oxygen level-dependent (TOLD) magnetic resonance imaging (MRI); single photon emission

computed tomography (SPECT) and positron emission tomography (PET). Each technique interrogates different aspects of the hypoxic microenvironment, as they provide information on hypoxia at different locations: PET, SPECT and extrinsic markers, report on intracellular hypoxia (although not specifically inside cell nuclei and PET/SPECT images quantify data on a macroscopic scale in tumour regions), BOLD-MRI allows assessment of blood oxygenation using deoxy-haemoglobin as an endogenous marker, while oxygen electrodes, OxyLite sampling and electron paramagnetic resonance (EPR) predominantly measure interstitial hypoxia. Indirect methods that report on hypoxia-induced molecular events (e.g., GLUT1, CAIX expression) rather than hypoxia itself have also been employed as markers of tumour oxygenation. Positron emission tomography displays some advantages for studying hypoxia, as it can employ radiotracer probes that

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directly report on oxygen levels, in principle permitting the non-invasive and three-dimensional assessment of intratumour oxygen levels in a more direct manner, and not via hypoxia-mediated changes in phenotype.

Due to the clinical significance of hypoxia imaging, an increasing number of hypoxia PET tracers are being evaluated in the clinic. This review provides a summary and discussion of tumour hypoxia imaging with PET, emphasising the attributes and limitations of the currently available hypoxia radiotracers.

## THE SIGNIFICANCE OF TUMOUR HYPOXIA

Tissue hypoxia is the result of inadequate tissue oxygenation due to an imbalance between oxygen supply and consumption. Hypoxia in solid tumours is largely due to the decreased delivery of oxygenated blood to meet the increased metabolic demands of the rapidly proliferating tumour cells. Other pathogenetic factors pre-eminent in the aetiology of tumour hypoxia lie in the chaotic and primitive tumour microvasculature, which exhibits severe structural and functional abnormalities, heterogeneous microcirculation patterns, and an adverse geometry that poses limitations to oxygen diffusion. In addition, the reduced oxygen binding ability and/or transport capacity of haemoglobin, due to rouleaux formation, and the presence of disease- or therapy-related anaemia may also exacerbate hypoxia (Vaupel and Harrison, 2004).

Tumour hypoxia may be broadly classified as chronic and acute. Chronic or diffusion-limited hypoxia primarily arises as a consequence of the disorganised vascular architecture of tumours, where the distances between tumour microvessels are often increased from normal. Consequently, the diffusion distances of oxygen in perivascular space—typically 70–180  $\mu\text{m}$  from the nearest capillary—are often exceeded. In addition, an adverse vascular geometry and prolonged reductions in blood oxygen content due to anaemia can also result in chronic hypoxia. By contrast, acute or perfusion-limited hypoxia is characterised by fluctuations in tumour blood flow that are caused by transient reductions in perfusion. Both chronic and acute hypoxia can concur in tumours, leading to the formation of a highly dynamic microenvironment, where cells are exposed to differential oxygen gradients both spatially and temporally (Vaupel and Harrison, 2004). Owing to the dynamic and heterogeneous character of tumour hypoxia, imaging with PET presents an attractive alternative, as it does not require invasive biopsies, provides information across the entire tumour, and allows repeated and quantifiable measurements.

Hypoxia has been shown to change gene expression to favour survival in a hostile environment (Bristow and Hill, 2008). The cellular response to hypoxia is mainly controlled by the family of hypoxia-inducible factors (HIFs), and may involve regulation of up to 1.5% of the human genome. HIF-1—the best characterised member of the HIF family—is a heterodimeric protein, consisting of an oxygen responsive  $\alpha$ -subunit and a constitutively expressed  $\beta$ -subunit. In the presence of oxygen, HIF-1 $\alpha$  is continuously synthesised and degraded, but under hypoxic conditions, the protein accumulates, heterodimerises, and acts as a transcription factor to upregulate a multitude of genes, including those involved in glucose metabolism, pH regulation, apoptosis, cell survival under oxidative stress, angiogenesis, and erythropoiesis (Semenza, 2004). These characteristics eventually confer tumours with resistance to chemoradiation therapy and higher degrees of invasiveness. Furthermore, hypoxia itself reduces free radical formation induced by radiation, providing a physical contribution to resistance. Several retrospective immunohistochemical studies have demonstrated that hypoxia-mediated expression of HIF-1 $\alpha$  and its downstream genes (e.g., glucose transporter 1, GLUT-1;

vascular endothelial factor, VEGF; CAIX) is a negative prognostic indicator for many cancer types (Jubb *et al*, 2010). Treatment resistance to radio and chemotherapy has also been demonstrated. Radiotherapy relies on the formation of free radicals that cause DNA damage; a mechanism that is enhanced in the presence of oxygen. Chemotherapeutic resistance may also be explained by a multitude of mechanisms, including extracellular acidification, resistance to apoptosis, and increased genomic instability. Consequently, patients with hypoxic tumours often have a poor prognosis and decreased overall survival rate.

## MEASURING TUMOUR HYPOXIA WITH PET

Radionuclide detection of hypoxia in tumours was first reported in 1981 with  $^{14}\text{C}$ -misonidazole autoradiography (Chapman, 1979). Subsequently, two main tracer classes have been developed to specifically study hypoxia with PET:  $^{18}\text{F}$ -labelled nitroimidazoles and Cu-labelled diacetyl-bis( $N^T$ -methylthiosemicarbazone) analogues (Figure 1).

From a PET imaging perspective, hypoxia markers need to exhibit a number of different properties. The tracer must readily and non-specifically enter cells, sample the intracellular milieu, and leave cells only in the presence of relevant oxygen concentrations. A summary of the attributes of the ideal hypoxia tracer is presented in Table 1. Most PET tracers tested clinically broadly display attributes 1, 4, 5, and 7. The clinical utility of each tracer depends on these key properties, which will influence its distribution in tissues, clearance rate from blood, normoxic and hypoxic cells, metabolism, optimal image acquisition time and ease of synthesis, distribution.

## NITROIMIDAZOLE ANALOGUES

2-Nitroimidazole compounds were originally developed as hypoxic cell radiosensitisers and were introduced as hypoxia markers in the 1970s (Chapman, 1979). Nitroimidazoles enter cells by passive diffusion, where they undergo reduction forming a reactive intermediate species. Under normoxic conditions, these molecules are re-oxidised into their parent compound and diffuse out of the cell. However, hypoxia causes further reduction of the nitro-radical anion, which eventually becomes irreversibly trapped in the cell at rates that are inversely proportional to the local  $\text{pO}_2$ . As reduction of nitroimidazoles requires the presence of active tissue reductases, these compounds accumulate within viable hypoxic cells, but not apoptotic or necrotic cells.

**$^{18}\text{F}$ -fluoromisonidazole.** Over the years, several fluorinated nitroimidazole-based markers have been developed for PET imaging. Of these,  $^{18}\text{F}$ -fluoromisonidazole ( $^{18}\text{F}$ -FMISO) constitutes the prototype 2-nitroimidazole tracer, and is the most extensively clinically studied PET hypoxia biomarker. The lipophilic nature of this compound ensures facile cell-membrane penetration and diffusion into tissue, and several studies correlating direct oxygen measurements with  $^{18}\text{F}$ -FMISO accumulation *in vivo* demonstrate that a median oxygen level of  $\leq 10$  mm Hg is generally required for hypoxia-specific retention. The  $^{18}\text{F}$ -FMISO accumulation has been found to reflect hypoxia in gliomas (Valk *et al*, 1992; Bruehlmeier *et al*, 2004; Rajendran *et al*, 2004; Cher *et al*, 2006; Swanson *et al*, 2009), head-and-neck (Rasey *et al*, 1996; Gagel *et al*, 2004, 2007; Hicks *et al*, 2005; Thorwarth *et al*, 2006; Zimny *et al*, 2006; Mortensen *et al*, 2010; Abolmaali *et al*, 2011; Sato *et al*, 2013), breast (Cheng *et al*, 2013), lung (Cherk *et al*, 2006; Vera *et al*, 2011), and renal tumours (Hugonet *et al*, 2011). However,  $^{18}\text{F}$ -FMISO retention in sarcomas is variable (Rajendran *et al*, 2003; Mortensen *et al*, 2010), rectal  $^{18}\text{F}$ -FMISO imaging is compromised

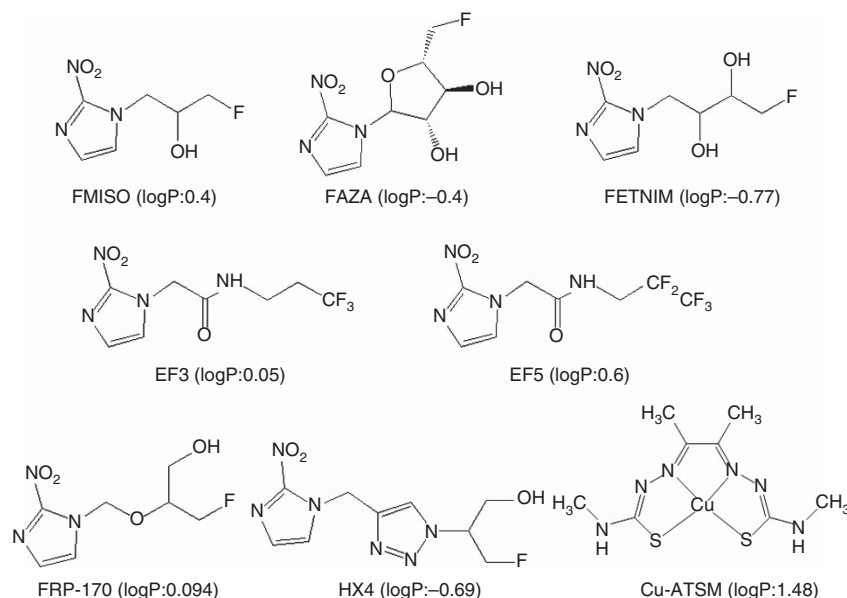


Figure 1. Structures and logP-values of PET hypoxia radiotracers. The logP-value (partition coefficient) of each radiotracer is shown in the parentheses. Positive logP-values indicate a lipophilic molecule, whereas negative logP-values represent a hydrophilic molecule.

**Table 1. Characteristics of the ideal hypoxia tracer**

1	Hypoxia-specific retained in regions with low pO <sub>2</sub> levels, but not by normoxic or necrotic cells
2	Mechanism of cellular retention should be well defined and cell type independent
3	Sufficiently lipophilic to enter cells and allow uniform tissue distribution, but also sufficiently hydrophilic to avoid membrane sequestration, and have faster clearance from systemic circulation and normoxic tissue
4	Pharmacokinetic profile and tissue distribution should exhibit little dependence on parameters that may co-vary with hypoxia, such as blood flow or pH
5	High stability against non-hypoxia specific metabolism <i>in vivo</i>
6	Tissue kinetics should be suitable to imaging within a timeframe permitted in the clinical setting
7	Should be easy to synthesise and readily available
8	Amenable dosimetry profile
9	Be repeatable to allow both detection of hypoxia and return to normoxia
10	Should be effective in multiple tumour types

pO<sub>2</sub>: partial oxygen pressure (mm Hg).

by high non-specific tracer accumulation in normoxic tissue (Roels *et al*, 2008) whereas no retention was observed in pancreatic tumours (Segard *et al*, 2013). Several clinical studies have shown that a tumour-to-blood activity ratio of  $\geq 1.2$  imaged after at least 2 h post injection (p.i.) can be generally considered as indicative of hypoxia (Table 2). Although not commercially available, <sup>18</sup>F-FMISO is produced by a number of institutions, making it available for research purposes.

Due to its hypoxic selectivity, <sup>18</sup>F-FMISO is the lead candidate in the assessment of hypoxia with PET. However, despite its wide applicability, <sup>18</sup>F-FMISO has not gained general acceptance for routine clinical use due to its slow pharmacokinetic profile: the limited clearance of the tracer from normal tissue and blood results in modest hypoxic-to-normoxic tissue ratios (Figure 2) and therefore images with moderate contrast (Figure 3A). The limited hypoxic contrast may potentially impede visual detection of hypoxic regions, and has hampered diagnostic utility in routine practice. Therefore, considerable efforts have been made to develop hypoxia markers with improved pharmacokinetic properties (enhanced clearance of the tracer from normoxic tissues) that are more amenable to clinical use. These are discussed below.

**<sup>18</sup>F-fluoroazomycin-arabinofuranoside.** <sup>18</sup>F-fluoroazomycin-arabinofuranoside (<sup>18</sup>F-FAZA) is more hydrophilic than <sup>18</sup>F-FMISO.

Consequently, there are faster clearance kinetics, resulting in improved tumour-to-reference tissue ratios, and thus hypoxia-to-normoxia contrast. The <sup>18</sup>F-FAZA imaging has been successful in gliomas (Postema *et al*, 2009), lymphomas (Postema *et al*, 2009), lung (Postema *et al*, 2009; Bollineni *et al*, 2013; Trinkaus *et al*, 2013), head-and-neck (Grosu *et al*, 2007; Souvatzoglou *et al*, 2007; Postema *et al*, 2009; Mortensen *et al* 2012), cervical (Schuetz *et al*, 2010), and rectal tumours (Havelund *et al*, 2013), and results have been shown to compare favourably with equivalent <sup>18</sup>F-FMISO data, especially as improved hypoxic-normoxic contrast was obtained at earlier time points. No <sup>18</sup>F-FAZA accumulation has been observed in prostate tumours, although hypoxia may not be a characteristic of this particular tumour type, as in the same study, CAIX immunohistochemistry was also found to be negative in these lesions (Garcia-Parra *et al*, 2011). High <sup>18</sup>F-FAZA tumour-to-reference tissue values have been associated with reduced disease-free survival and have shown prognostic potential in the detection of hypoxia in head-and-neck patients (Mortensen *et al*, 2012). Due to the higher tumour-to-reference tissue ratios in comparison with <sup>18</sup>F-FMISO, <sup>18</sup>F-FAZA is gaining popularity for PET imaging of tumour hypoxia. Despite the fact that <sup>18</sup>F-FAZA is not widely available at present, increasing research demand may persuade more sites to produce it.

**Table 2. Clinical hypoxia studies with PET in tumours**

Reference	Tracer	Tumour type(s)	N	Tracer retention (TBR; SUV)	Results
Valk <i>et al</i> (1992)	<sup>18</sup> F-FMISO	Brain	3	T:P: 0.71–1.49 at 120 min p.i.	<sup>18</sup> F-FMISO-PET is a feasible method for detecting hypoxia in gliomas
Bruehlmyer <i>et al</i> (2004)	<sup>18</sup> F-FMISO	Brain	11	T:B: 0.96–2.07 at 90 min and ≥170 min p.i.	Increased <sup>18</sup> F-FMISO T:B observed in all tumours. T:B independent of tumour perfusion at later imaging times
Cher <i>et al</i> (2006)	<sup>18</sup> F-FMISO	Brain	17	Static scan at 120 min p.i.	<sup>18</sup> F-FMISO uptake in high-grade, but not in low-grade, gliomas. Correlation between <sup>18</sup> F-FDG or <sup>18</sup> F-FMISO uptake with Ki67 and VEGFR-1 expression
Swanson <i>et al</i> (2009)	<sup>18</sup> F-FMISO	Brain	24	T:B <sub>max,pre-therapy</sub> :2.7 T:B <sub>max,post-therapy</sub> :1.7	Hypoxia volume generally straddled outer edge of the T1-Gd abnormality. Correlation between hypoxic volume and T1-Gd abnormality. <sup>18</sup> F-FMISO T:B reduced after therapy
Cheng <i>et al</i> (2013)	<sup>18</sup> F-FMISO	Breast	20	T:M <sub>2h,Baseline</sub> : 0.72–3.07 T:M <sub>4h,Baseline</sub> : 0.8–2.29 (16/20 patients) T:M <sub>2h,Follow-up</sub> : 0.27–1.83 T:M <sub>4h,Follow-up</sub> : 0.43–2.28 at 120 min and 180 min p.i. Hypoxia thresholds: T:M > 1.2; SUV ≥ 2.1	Correlation between FMISO uptake and endocrine therapy outcome. Poor correlation between FMISO uptake and HIF-1a immunostaining
Gagel <i>et al</i> (2004)	<sup>18</sup> F-FMISO	H&N	16	T:M: 1.68 (range, 1.23–2.28) Av SUV <sub>mean</sub> : 1.76; Av. SUV <sub>max</sub> : 2.07 at 120 min p.i.	Average to high correlation between oxygen electrode and <sup>18</sup> F-FMISO T:M and SUV. No correlation between tumour oxygenation status and <sup>18</sup> F-FDG uptake
Hicks <i>et al</i> (2005)	<sup>18</sup> F-FMISO	H&N	15	SUV <sub>max</sub> Tumour: 2.5 ± 0.5 Nodes: 2.3 ± 0.5 at 120 min p.i.	Positive <sup>18</sup> F-FMISO uptake in 13 patients. Qualitative decrease in <sup>18</sup> F-FMISO and <sup>18</sup> F-FDG uptake induced by therapy
Thorwarth <i>et al</i> (2005)	<sup>18</sup> F-FMISO	H&N	15	Median SUV <sub>max</sub> : 2.25 (range, 1.36–4.04) at 120 min and 180 min p.i.	Different types of characteristic hypoxia-perfusion patterns identified in tumours
Rajendran <i>et al</i> (2006)	<sup>18</sup> F-FMISO	H&N	73	Mean T:B <sub>max</sub> : 1.6 ± 0.46	T:B and the presence of nodes were strong independent predictors of survival
Rischin <i>et al</i> (2006)	<sup>18</sup> F-FMISO	H&N	45	Independent hypoxic score Static scan at 120 min p.i.	Higher risk of locoregional failure in hypoxic tumours. Patients on tirapazamine had lower risk of locoregional failure
Thorwarth <i>et al</i> (2006)	<sup>18</sup> F-FMISO	H&N	12	SUV <sub>max</sub> : 2.20 (range, 1.4–3.22) at 120 min and 240 min p.i. Hypoxia definition: SUV > 1.4	No correlation between <sup>18</sup> F-FDG and <sup>18</sup> F-FMISO SUV. Maximum <sup>18</sup> F-FMISO SUV showed borderline significance for stratifying patient group
Zimny <i>et al</i> (2006)	<sup>18</sup> F-FMISO	H&N	24	Normoxic T:M <sub>mean</sub> : 1.4 Hypoxic T:M <sub>mean</sub> : 1.8	<sup>18</sup> F-FMISO T:M higher in hypoxic tumours (as detected with oxygen electrode). Moderate correlation between <sup>18</sup> F-FDG and <sup>18</sup> F-FMISO uptake
Eschmann <i>et al</i> (2007)	<sup>18</sup> F-FMISO	H&N	14	SUV <sub>mean, pre-therapy</sub> : 2.54 ± 0.81 T:M <sub>pre-therapy</sub> : 1.9 ± 0.64 SUV <sub>mean, post-therapy</sub> : 1.98 ± 0.47, T:M <sub>post-therapy</sub> : 1.49 ± 0.26 at 240 min p.i. Hypoxia definition: T:M ≥ 2 threshold	Radiotherapy decreased <sup>18</sup> F-FMISO SUV and T:M ratio
Gagel <i>et al</i> (2007)	<sup>18</sup> F-FMISO	H&N	38	SUV <sub>mean</sub> : 1.69 SUV <sub>max</sub> : 1.98 T:M <sub>mean</sub> : 1.57 T:B <sub>mean</sub> : 1.13	Moderate correlation between oxygen measurements and <sup>18</sup> F-FMISO uptake. Low correlation between <sup>18</sup> F-FDG and <sup>18</sup> F-FMISO
Lee <i>et al</i> (2008)	<sup>18</sup> F-FMISO	H&N	20	Static scan at 120–150 min p.i. Hypoxia definition: T:M ≥ 1.3	Variable <sup>18</sup> F-FMISO distribution
Nehmeh <i>et al</i> (2008)	<sup>18</sup> F-FMISO	H&N	13	SUV 1.9–4.5 at 117–195 p.i. TBR ≥ 1.2	Good correlations intratumour <sup>18</sup> F-FMISO distributions in 6/13 patients, consistent with chronic hypoxia
Dirix <i>et al</i> (2009)	<sup>18</sup> F-FMISO	H&N	15	Hypoxic volume <sub>pre-therapy</sub> : 4.1 ml, T:B <sub>max, pre-therapy</sub> : 1.5 Hypoxic volume <sub>post-therapy</sub> : 0.3 ml T:B <sub>max,post-therapy</sub> : 1.2 at 120–160 min p.i. Hypoxia definition: T:B > 1.2	Disease-free survival correlates negatively with baseline T:B <sub>max</sub> and initial hypoxic volume
Lee <i>et al</i> (2009)	<sup>18</sup> F-FMISO	H&N	28	—	Heterogeneous distribution of <sup>18</sup> F-FMISO noted in the primary and/or nodal disease in 90% of patients
Abolmaali <i>et al</i> (2011)	<sup>18</sup> F-FMISO	H&N	23	SUV <sub>max,2h</sub> : 2.2 (range, 1.3–3.4) T:M <sub>2h</sub> : 1.46 SUV <sub>max,4h</sub> : 2.4 (range, 1.1–4.4) T:M <sub>4h</sub> : 1.6	<sup>18</sup> F-FMISO contrast increases 2–4 h p.i.

Table 2. (Continued)

Reference	Tracer	Tumour type(s)	N	Tracer retention (TBR; SUV)	Results
Kikuchi <i>et al</i> (2011)	<sup>18</sup> F-FMISO	H&N	17	Median SUV <sub>max</sub> : 2.3 Median T:M: 1.3 at 150 min p.i. Hypoxia definition: 1.3	Disease-specific survival was significantly lower in patient group with high basal <sup>18</sup> F-FMISO SUV <sub>max</sub> and T:M <sub>max</sub>
Yamane <i>et al</i> (2011)	<sup>18</sup> F-FMISO	H&N	13	SUV <sub>max,pre-therapy</sub> : 2.2 (range, 0.7–3.6) T:M <sub>pre-therapy</sub> : 1.6 (range: 1.1–2.2). Responders: –18.7% SUV <sub>max</sub> ; –22.5% T:M; –82.65% hypoxic volume non-responders: –5.5% SUV <sub>max</sub> 10.2% T:M –8.8% hypoxic volume (–/+ denote % increase and decrease, respectively) at 150 min p.i.	<sup>18</sup> F-FMISO SUV <sub>max</sub> , T:M and hypoxic volume significantly decreased after neo-adjuvant chemotherapy
Sato <i>et al</i> (2013)	<sup>18</sup> F-FMISO	H&N	23	Median SUV <sub>max</sub> : 1.83 (range, 0.8–2.7) Median SUV <sub>max</sub> : 16.5 (range, 1.0–32.3)	Weak significant correlation between <sup>18</sup> F-FMISO and <sup>18</sup> F-FDG SUV <sub>max</sub> . <sup>18</sup> F-FMISO SUV <sub>max</sub> was significantly higher in HIF-1 $\alpha$ -positive cases than in HIF-1 $\alpha$ -negative cases
Okamoto <i>et al</i> (2013)	<sup>18</sup> F-FMISO	H&N	11	SUV <sub>max,Baseline</sub> : 3.16 $\pm$ 1.29 SUV <sub>max,48h</sub> : 3.02 $\pm$ 1.12 T:B <sub>Baseline</sub> : 2.98 $\pm$ 0.83 T:B <sub>48h</sub> : 2.97 $\pm$ 0.64 T:M <sub>Baseline</sub> : 2.25 $\pm$ 0.71 T:M <sub>48h</sub> : 2.19 $\pm$ 0.67 at 240 min p.i. Hypoxia threshold: T:B $\geq$ 1.5; T:M $\geq$ 1.25	High reproducibility between SUV, T:B, T:M and hypoxic volume measurements between the two <sup>18</sup> F-FMISO scans (baseline and at 48 h)
Mortensen <i>et al</i> (2010)	<sup>18</sup> F-FMISO	H&N Sarcoma	19	T:M <sub>med</sub> : H&N: 1.68 (range, 0.7–2.38) Sarcoma: 0.78 (range, 0.7–1)	No correlation between <sup>18</sup> F-FMISO retention and oxygen electrode
Koh <i>et al</i> (1995)	<sup>18</sup> F-FMISO	Lung	7	Static scan at 120–180 p.i. TBR $\geq$ 1.4 threshold to define hypoxia	Radiotherapy reduced median fractional hypoxic volume from 58 to 22%
Cherk <i>et al</i> (2006)	<sup>18</sup> F-FMISO	Lung	21	SUV: 0.4–2.14; T:N: 1.18–9.73 at 120 min p.i.	Low <sup>18</sup> F-FMISO uptake. Poor correlation between <sup>18</sup> F-FMISO and <sup>18</sup> F-FDG uptake
Gagel <i>et al</i> (2006)	<sup>18</sup> F-FMISO	Lung	8	SUV <sub>mean, pre-therapy</sub> : 2.31 $\pm$ 0.2 SUV <sub>max, pre-therapy</sub> : 2.77 $\pm$ 0.27 T:M <sub>pre-therapy</sub> : 1.99 $\pm$ 0.49 SUV <sub>mean, post-therapy</sub> : 1.83 $\pm$ 0.12 SUV <sub>max, post-therapy</sub> : 2.19 $\pm$ 0.13 T:M <sub>post-therapy</sub> : 1.36 $\pm$ 0.08 at 180 min p.i.	<sup>18</sup> F-FMISO can define hypoxic sub-regions. Changes in FMISO and <sup>18</sup> F-FDG PET measure early response to therapy
Vera <i>et al</i> (2011)	<sup>18</sup> F-FMISO	Lung	5	SUV <sub>max, pre-therapy</sub> : 1–2.5 SUV <sub>max, post-therapy</sub> : 1–2.4	<sup>18</sup> F-FMISO uptake higher in tumours than in nodes and did not change during therapy
Thureau <i>et al</i> (2013)	<sup>18</sup> F-FMISO	Lung	10	—	Low reproducibility and inter-observer agreement for <sup>18</sup> F-FMISO volume measurements on the basis of visual scoring. T:M $\geq$ 1.4 recommended for hypoxic volume delineation
Segard <i>et al</i> (2013)	<sup>18</sup> F-FMISO	Pancreatic	10	Mean SUV <sub>max</sub> : 2.3 (range, 1–3.4)	<sup>18</sup> F-FMISO accumulation observed in 2/10 patients on the basis of visual analysis. Minimal <sup>18</sup> F-FMISO accumulation in pancreatic tumours; correlation with other imaging modalities required to allow tumour localisation and semi-quantitative analysis
Hugonet <i>et al</i> (2011)	<sup>18</sup> F-FMISO	Renal	53	Static scan at 120 min p.i. Hypoxia definition: TBR > 1.2	Reduction in hypoxic volume post-therapy
Roels <i>et al</i> (2008)	<sup>18</sup> F-FMISO	Rectal	15		Mismatch between <sup>18</sup> F-FDG and <sup>18</sup> F-FMISO scans. <sup>18</sup> F-FMISO uptake reduced after therapy
Bentzen <i>et al</i> (2003)	<sup>18</sup> F-FMISO	Sarcoma	13	T:M < 1–1.6	<sup>18</sup> F-FMISO accumulation observed in 2/7 malignant tumours. No correlation between <sup>18</sup> F-FMISO and pO <sub>2</sub> measurements
Rajendran <i>et al</i> (2003)	<sup>18</sup> F-FMISO	Sarcoma	19	T:B <sub>max</sub> 1.10–3.46 at 120 min p.i. TBR $\geq$ 1.2 to define hypoxia	<sup>18</sup> F-FMISO uptake observed in 14 patients. Poor correlation between tumour grade, hypoxia volume and <sup>18</sup> F-FDG T:B

Table 2. (Continued)

Reference	Tracer	Tumour type(s)	N	Tracer retention (TBR; SUV)	Results
Rajendran <i>et al</i> (2004)	<sup>18</sup> F-FMISO	Brain Breast H&N Sarcoma	49	T:B <sub>max</sub> : Brain 2.43 (range, 1.7–2.9) Breast 1.52 (range, 0.93–2.6) H&N: 1.5 (range, 0.88–2.4) Sarcoma: 1.46 (range, 1.1–2.1)	Hypoxia detected in all tumour types. Low correlation between glucose metabolism and hypoxia
Schuetz <i>et al</i> (2010)	<sup>18</sup> F-FAZA	Cervical	15	T:M <sub>max</sub> : 1.2–3.6 at 60 min and 120 min p.i.	5/15 patients had visually identifiable tumours.
Grosu <i>et al</i> (2007)	<sup>18</sup> F-FAZA	H&N	18	T:M <sub>mean</sub> : 1.6 T:M <sub>max</sub> : 2 at 120 min p.i. Hypoxia threshold: SUV ≥ 1.5	<sup>18</sup> F-FAZA uptake located in single confluent region in 11/18 patients and as multiple diffuse regions in 4/18 patients
Souvatoglou <i>et al</i> (2007)	<sup>18</sup> F-FAZA	H&N	11	SUV <sub>max</sub> : 2.3 (range, 1.5–3.4) SUV <sub>mean</sub> : 1.4 (range, 1–2.1) T:M: 2 (range, 1.6–2.4)	T:M ratio increased 60 min p.i. All tumours had T:M > 1.5. Tumour volume with T:M > 1.5 was highly variable
Mortensen <i>et al</i> (2012)	<sup>18</sup> F-FAZA	H&N	40	Median T:M <sub>max</sub> 1.5 at 120 min p.i. Hypoxia threshold: ≥ 1.4	High uptake associated with lower disease-free survival. Radiotherapy treatment reduced hypoxic volume
Bollineni <i>et al</i> (2013)	<sup>18</sup> F-FAZA	Lung	11	Median T:B: 2.8 (range, 1.8–4.6) T:B ≥ 1.2 for hypoxic volume definition	Not significant correlation between <sup>18</sup> F-FAZA T:B and <sup>18</sup> F-FDG SUV <sub>max</sub> or lesion size. Heterogeneous intratumoural distribution for <sup>18</sup> F-FAZA-based visual analysis. <sup>18</sup> F-FAZA PET is able to detect heterogeneous distributions of hypoxic sub-volumes
Trinkhaus <i>et al</i> (2013)	<sup>18</sup> F-FAZA	Lung	17	—	11/17 patients had baseline hypoxia based on qualitative assessment. 6/8 patients with scans following chemoradiation had resolution of hypoxia on the basis of qualitative analysis
Garcia-Parra <i>et al</i> (2011)	<sup>18</sup> F-FAZA	Prostate	14	T:N <sub>mean</sub> : 1.21	<sup>18</sup> F-FAZA uptake not increased in tumours. No evidence of hypoxia as assessed by CalX IHC staining
Havelund <i>et al</i> (2013)	<sup>18</sup> F-FAZA	Rectal	14	T:M <sub>mean</sub> : 2.83	<sup>18</sup> F-FAZA-PET is feasible for visualisation of hypoxia in rectal cancer
Postema <i>et al</i> (2009)	<sup>18</sup> F-FAZA	H&N Lung Lymphoma Glioma	50	H&N TBR: 1.2–2.7; SUV <sub>max</sub> 1.05–2.35 Lung TBR: 1.3–3.7; SUV <sub>max</sub> 0.81–1.93 Lymphoma TBR: 1.2–3; SUV <sub>max</sub> 1.07–4.52 Glioma TBR: 1.9–15.6 At 120–180 min p.i.	High TBR in all 7 gliomas; high TBR, SUV <sub>max</sub> observed in 6/9 H&N tumours; moderate TBR, SUV <sub>max</sub> in 3/21 lymphomas; increased TBR, SUV <sub>max</sub> in 7/11 lung patients
Lehtiö <i>et al</i> (2001)	<sup>18</sup> F-FETNIM	H&N	8	T:M <sub>max</sub> 1–4 at 3 h p.i.	Tumour distribution volume correlated strongly with <sup>18</sup> F-FETNIM SUV between 60 and 120 min p.i. and blood flow, but not with <sup>18</sup> F-FDG SUV. Values compare favourably with <sup>18</sup> F-FMISO data. Late time-point <sup>18</sup> F-FETNIM T:M are indicative of hypoxia
Lehtiö <i>et al</i> (2003)	<sup>18</sup> F-FETNIM	H&N	10	Median T:M: 1.41 (range, 0.86–2) Median T:P <sub>mean</sub> : 0.96 (range, 0.74–1.1) Median T:P <sub>max</sub> : 1.29 (range, 0.91–1.98)	T:P is good estimate of tumour hypoxia
Lehtiö <i>et al</i> (2004)	<sup>18</sup> F-FETNIM	H&N	21	Median T:P <sub>max</sub> : 1.10 (range, 0.81–1.98) T:P > 0.93 used for hypoxic volume definition	Patients with higher fractional hypoxic volumes and T:P correlated with poorer survival
Hu <i>et al</i> (2013)	<sup>18</sup> F-FETNIM	Lung	42	SUV <sub>max,Tumour</sub> : 2.43 SUV <sub>max,Normal</sub> : 0.87 T:N: 2.48 at 120 min p.i.	SUV <sub>max</sub> higher in tumours than in normal tissue. Similar data observed at 60 and 120 min p.i.
Li <i>et al</i> (2010)	<sup>18</sup> F-FETNIM	Lung	26	–	<sup>18</sup> F-FETNIM T:B ratio and hypoxic volume were strong predictors for overall survival. No correlation between <sup>18</sup> F-FETNIM and <sup>18</sup> F-FDG uptake
Vercellino <i>et al</i> (2012)	<sup>18</sup> F-FETNIM	Cervical	16	T:M: 1.3–5.4	High uptake associated with lower progression free and overall survival
Yue <i>et al</i> (2012)	<sup>18</sup> F-FETNIM	Oesophageal	28	SUV <sub>max, complete response</sub> : 3.2 SUV <sub>mean, complete response</sub> : 2.1 SUV <sub>max, partial response</sub> : 4.5 SUV <sub>mean, partial response</sub> : 2.9 SUV <sub>max, stable disease</sub> : 5.9 SUV <sub>mean, stable disease</sub> : 3.2 Threshold for hypoxia SUV <sub>max</sub> :SUV <sub>mean,spleen</sub> : 1.3	SUV <sub>max</sub> and SUV <sub>mean</sub> are reproducible. High baseline SUV <sub>max</sub> associated with poor clinical response

Table 2. (Continued)

Reference	Tracer	Tumour type(s)	N	Tracer retention (TBR; SUV)	Results
Zegers <i>et al</i> (2013)	<sup>18</sup> F-HX4	Lung	15	SUV <sub>max,2h</sub> : 1.47 ± 0.36 SUV <sub>max,4h</sub> : 1.34 ± 0.37 T:B <sub>max,2h</sub> : 1.56 ± 0.30 T:B <sub>max,2h</sub> : 2.03 ± 0.55 at 240 min p.i. Hypoxia threshold: T:B > 1.4	T:B <sub>max</sub> > 1.4 at 240 min p.i. was observed in 80% of the primary tumours and 60% of lymph-node regions. T:B <sub>max</sub> increased over acquisition time, although pattern stabilised between 120 and 180 min p.i.
Kaneta <i>et al</i> (2007)	<sup>18</sup> F-FRP170	Normal lung	4/ 3	T:M <sub>1h</sub> : 1.69 T:B <sub>1h</sub> : 1.09 T:M <sub>2h</sub> : 1.96 T:B <sub>2h</sub> : 1.24 at 120 min p.i.	T:B stable at 60–120 min p.i. Images obtained 60 min p.i. may allow evaluation of tumour accumulation in a clinical setting
Shibahara <i>et al</i> (2010)	<sup>18</sup> F-FRP170	Brain	8	SUV <sub>max</sub> : 1.3–2.3	SUV <sub>max</sub> correlated positively with HIF-1α immunostaining.
Beppu <i>et al</i> (2014)	<sup>18</sup> F-FRP170	Brain	12	SUV <sub>mean, Tumour</sub> : 1.58 ± 0.35 SUV <sub>mean, Normal</sub> : 0.82 ± 0.16 T:N: 1.95 ± 0.33	Significant correlation between T:N, pO <sub>2</sub> , and strong nuclear immunostaining for HIF-1α in areas of high <sup>18</sup> F-FRP-170 accumulation 60 min p.i. in glioblastoma patients
Dehdashti <i>et al</i> (2003a, b)	<sup>60</sup> Cu-ATSM	Cervical	14	Mean T:M: 3.4 ± 2.8	Tumour uptake of <sup>60</sup> Cu-ATSM inversely related to progression-free survival and overall survival. No correlation between FDG and <sup>60</sup> Cu-ATSM uptake
Grigsby <i>et al</i> (2007)	<sup>60</sup> Cu-ATSM	Cervical	15	—	4 year overall survival estimates were 75% for patients with non-hypoxic tumours and 33% for those with hypoxic tumours. Overexpression of VEGF, EGFR, COX2, CAIX and increased apoptosis observed in hypoxic tumours
Dehdashti <i>et al</i> (2008)	<sup>60</sup> Cu-ATSM	Cervical	38	T:M 3.8 ± 2.0	Tumour uptake of <sup>60</sup> Cu-ATSM was inversely related to progression-free survival and cause-specific survival. 3-year progression-free survival of patients with non-hypoxic tumours was 71%, and 28% for those with hypoxic tumours
Minagawa <i>et al</i> (2011)	<sup>62</sup> Cu-ATSM	H&N	15	Mean SUV <sub>max</sub> 5.5 ± 1.7	All 5 patients with SUV <sub>max</sub> < 5 were complete responders
Dehdashti <i>et al</i> (2003a, b)	<sup>60</sup> Cu-ATSM	Lung	19	Mean T:M <sub>pre-therapy</sub> 2.3 ± 1 Mean SUV <sub>mean, pre-therapy</sub> 3.2 ± 1 Responders: Mean T:M <sub>pre-therapy</sub> : 1.5 Non-responders: Mean T:M <sub>pre-therapy</sub> : 3.4	Imaging with <sup>60</sup> Cu-ATSM feasible in NSCLC. Mean T:M lower in responders than in non-responders. Mean SUV not different between these groups
Dietz <i>et al</i> (2008)	<sup>60</sup> Cu-ATSM	Rectal	19	Mean T:M 2.5 ± 0.9 at 30–60 min p.i. Hypoxia threshold: T:M > 2.6	Median tumour-to-muscle activity ratio of 2.6 discriminated those with worse prognosis from those with better prognosis. Overall and progression-free survival worse in hypoxic tumours
Lohith <i>et al</i> (2009)	<sup>62</sup> Cu-ATSM	Lung	13	SUV <sub>mean, SCC</sub> : 1.95 ± 0.88 SUV <sub>mean, Adenocarcinoma</sub> : 1.54 ± 0.92 at 30 min and 60 min p.i.	<sup>18</sup> F-FDG and <sup>62</sup> Cu-ATSM had spatially similar distributions in adenocarcinomas

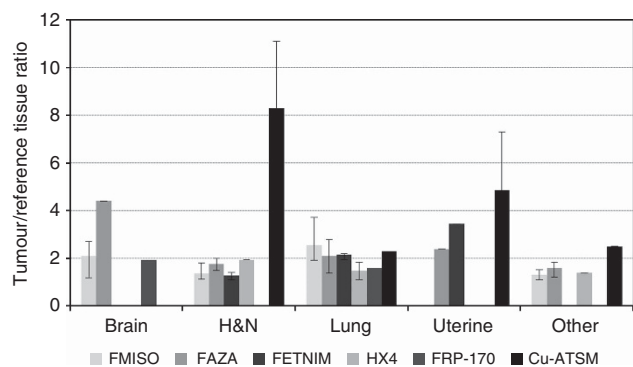
Abbreviations: CAIX = carbonic anhydrase IX; EGFR = epidermal growth factor; H&N = head and neck cancer; N = number of patients; NSCLC = non-small cell lung cancer; pO<sub>2</sub> = partial oxygen pressure; p.i. = post injection; RT = radiotherapy; SUV = standardised uptake value; ; TBR = tumour-to-background ratio; T:B = tumour-to-blood ratio; T:P = tumour-to-plasma ratio; T:M = tumour-to-muscle ratio; T:N = tumour-to-normal tissue ratio; VEGFR = vascular endothelial growth factor.

**<sup>18</sup>F-fluoroerythronitroimidazole.** <sup>18</sup>F-fluoroerythronitroimidazole (<sup>18</sup>F-FETNIM) studies in head-and-neck (Lehtiö *et al*, 2001, 2003), lung (Li *et al*, 2010; Hu *et al*, 2013), and oesophageal cancer Yue *et al* (2012) calculated T:M in the range of 1.4–2.48 at 2 h p.i. High tumour-to-muscle values were found to be indicative of reduced progression-free and overall survival in lung (Li *et al*, 2010; Hu *et al*, 2013), head-and-neck (Lehtiö *et al*, 2004), oesophageal (Yue *et al*, 2012), and cervical (Vercellino *et al*, 2012) tumours. Clinical studies with <sup>18</sup>F-FETNIM have been mainly carried out at the University of Turku, Finland. <sup>18</sup>F-fluoroerythronitroimidazole is not being used at present in the United Kingdom or in the United States.

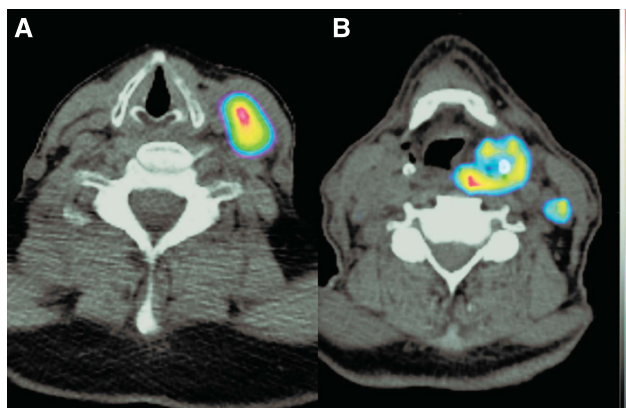
**<sup>18</sup>F-RP-170.** More recently, RP-170 (1-(2-(1-(1H-methyl)ethoxy)-methyl-2-nitroimidazole), another 2-nitroimidazole-based hypoxic radiosensitiser, has also been labelled with <sup>18</sup>F. The hypoxic selectivity of <sup>18</sup>F-FRP-170 was demonstrated in glioma patients on the basis of significant correlations between uptake, oxygen tension

measurements and HIF-1α immunostaining (Beppu *et al*, 2014). Studies in brain (Shibahara *et al*, 2010; Beppu *et al*, 2014) and lung (Kaneta *et al*, 2007) tumours indicated higher SUV for hypoxic than normal tissues; tumour-to-reference tissue ratio of 1.7 was calculated at 1 h p.i., which could be clinically sufficient for assessing hypoxia. The shorter interval before scanning, combined with improved hypoxic contrast compared with <sup>18</sup>F-FMISO, suggests that <sup>18</sup>F-FRP-170 could potentially be useful in the clinic.

**<sup>18</sup>F-HX4.** <sup>18</sup>F-3-fluoro-2-(4-((2-nitro-1H-imidazol-1-yl)methyl)-1H-1,2,3-triazol-1-yl)propan-1-ol (<sup>18</sup>F-HX4) contains a 1,2,3-anti-triazole moiety (as a synthetic convenience) rendering it more hydrophilic than <sup>18</sup>F-FMISO. In head-and-neck tumours, <sup>18</sup>F-HX4 produced tumour-to-reference tissue values similar to <sup>18</sup>F-FMISO at relatively early time points p.i., indicating the potential advantage of shorter acquisition times (Chen *et al*, 2012). However, a more recent study in non-small-cell lung cancer (NSCLC) patients (Zegers *et al*, 2013) suggested that later scan times



**Figure 2.** Tumour-to-reference tissue ratios and range in different tumour sites for the PET hypoxia tracers discussed in this review. For nitroimidazole-based analogues (FMISO, FAZA, FETNIM, HX4, FRP-170) values are given for acquisitions performed at 120 min post tracer administration. For Cu-ATSM, values are presented for scans conducted 60 min.



**Figure 3.** (A) Transverse  $^{18}\text{F}$ -FMISO fused PET/CT overlay image acquired at baseline of a patient with metastatic renal cell carcinoma (mRCC) in the neck acquired at 2.5–3 h p.i (image courtesy of Professors Tim Eisen and Duncan Jodrell, University of Cambridge, UK). (B)  $^{64}\text{Cu}$ -ATSM fused PET/CT overlay image of a patient with advanced laryngeal squamous cell carcinoma (LSCC) at 80–90 min p.i. The transverse slice includes primary tumour and local lymph node (image courtesy of Dr Anastasia Chalkidou, King's College London, UK).

(2–4 h p.i.) can further enhance the hypoxic-to-normoxic signal. In all of the above tracers, the more accurate hypoxic measure is made at least 2 h p.i., but the trade-off is the reduced radioactivity and noisier data.

#### Cu-DIACETYL-BIS( $N^4$ -METHYLTHIOSEMICARBAZONE)

An alternative class of agents for the study of hypoxia with PET is based on a complex of Cu with diacetyl-bis( $N^4$ -methylthiosemicarbazone) (ATSM) ligands, among which ATSM is the prototype. Due to its lipophilicity and low molecular weight, Cu-ATSM is characterised by high membrane permeability and therefore rapid diffusion into cells. The hypoxic specificity of Cu-ATSM is thought to be partly imparted by the intracellular reduction of Cu(II) to Cu(I) combined with re-oxidation by intracellular molecular oxygen. Under hypoxic conditions, the unstable Cu(I)-ATSM complex may further dissociate into Cu(I) and ATSM, leading to the intracellular trapping of the Cu(I) ion. In the presence of

oxygen, the  $[\text{Cu}(\text{I})\text{-ATSM}]^-$  can be re-oxidised to its parent compound, allowing efflux from the cell (Dearling and Packard, 2010).

Tumour-specific Cu-ATSM retention has been demonstrated for head-and-neck (Minagawa *et al*, 2011; Nyflot *et al*, 2012) (Figure 3B), lung (Takahashi *et al*, 2000; Dehdashti *et al*, 2003a, b; Lohith *et al*, 2009), cervical (Dehdashti *et al*, 2003a, b; Grigsby *et al*, 2007; Lewis *et al*, 2008; Dehdashti *et al*, 2008), rectal tumours (Dietz *et al*, 2008) and gliomas (Tateishi *et al*, 2013). Hypoxia specificity may be dependent on tumour type: preclinical studies showed good correlation in the intratumour distribution of Cu-ATSM and  $^{18}\text{F}$ -FMISO in a FaDu squamous carcinoma model but not at early time points in an R3327-AT anaplastic rat prostate tumour (O'Donoghue *et al*, 2005). A recent study has raised concerns about the hypoxic specificity of Cu-ATSM, as hepatic metabolism of the compound results in images that reflect the behaviour of ionic Cu (uptake of which may itself be hypoxia-related) rather than Cu-ATSM itself, especially at later time points (1–24 h) (Huetting *et al*, 2014). Of concern is also the fact that while some preclinical studies show that tumour uptake of hypoxia-selective Cu-ATSM analogues (e.g., Cu-ATSE) decreases with increased oxygenation (McQuade *et al*, 2005), another report showed that increased oxygenation resulted in a decrease in uptake of FMISO, but not of Cu-ATSM (Matsumoto *et al*, 2007). Nevertheless,  $^{64}\text{Cu}$ -ATSM retention has been shown to correlate clinically with poor prognosis (Dehdashti *et al*, 2003a, b; 2008; Grigsby *et al*, 2007; Dietz *et al*, 2008). Attempts to investigate the relationship between the intratumoural distribution of Cu-ATSM with histological and other hypoxia markers have also yielded both positive and negative correlations. Although it appears to be premature to reject Cu-ATSM on the grounds of hypoxic non-specificity, further studies are required to elucidate the *in vivo* behaviour of this tracer to allow for better interpretation of the imaging information. The development of second-generation Cu-ATSM analogues, with reduced lipophilicity and improved hypoxia selectivity and sensitivity, appears to be a promising alternative to Cu-ATSM (Handley *et al*, 2014). Cu-ATSM has several potential advantages relative to other tracers for the imaging of tumour hypoxia, including simpler synthesis/radiolabelling methodology and faster clearance from normoxic tissues, which allows shorter intervals between injection and imaging and higher hypoxic-to-normoxic contrast. Notwithstanding the limited availability of Cu isotopes,  $^{64}\text{Cu}$ -ATSM is currently being produced at a few research sites, and due to the 12-h half-life could potentially be utilised for clinical studies.

#### CLINICAL APPLICATIONS OF PET HYPOXIA IMAGING

**Identification of tumour hypoxia and prediction of prognosis/response to treatment.** Identifying individuals with poor prognosis and those likely to benefit from hypoxia-targeted therapy are important objectives of PET hypoxia research. Several studies have shown that PET hypoxia imaging can provide information on prognosis. High  $^{18}\text{F}$ -FMISO retention has been associated with higher risk of loco-regional failure and shorter progression-free survival in head-and-neck (Rischin *et al*, 2006; Rajendran *et al*, 2006; Thorwarth *et al*, 2006; Dirix *et al*, 2009; Lee *et al*, 2009; Kikuchi *et al*, 2011) and renal cancer (Hugonet *et al*, 2011). Furthermore, a meta-review of the clinical data of over 300 patients concluded that FMISO is a predictor of poor treatment response and prognosis (Lee and Scott, 2007). Similar results have been reported for  $^{18}\text{F}$ -FETNIM in lung (Li *et al*, 2010), head-and-neck (Lehtiö *et al*, 2004), and oesophageal cancer (Yue *et al*, 2012), where high tumour-to-reference tissue values were also associated with poor patient outcomes. Studies conducted with  $^{18}\text{F}$ -FAZA in



**Table 3. Matrix summarising clinical imaging findings with leading hypoxia tracers**

Tumour type	<sup>18</sup> F-FMISO	<sup>18</sup> F-HX4	<sup>18</sup> F-FAZA	<sup>18</sup> F-FETNIM	<sup>18</sup> F-EF5	<sup>18</sup> F-FRP170	Cu-ATSM
Brain	Yes	Not recommended	Yes		Recommended	Yes	Recommended
Head & Neck	Yes	Yes	Yes	Yes	Yes		Yes
Breast	Yes						
Sarcoma	Variable data						
Lung	Yes	Yes	Yes	Yes		Yes	Yes
Lymphoma			Yes				
Renal	Variable data Not recommended	Not recommended	Not recommended	Not recommended	Not recommended		Recommended
Liver	Not recommended	Recommended		Not recommended	Not recommended		Not recommended
Colorectal	Not recommended		Yes	Not recommended	Not recommended		Yes
Bladder	Not recommended	Not recommended	Not recommended	Not recommended	Not recommended		Recommended
Cervical			Yes	Yes			Yes
Prostate			No				Not recommended

Note: Yes=good clinical data obtained. No=poor clinical data obtained. Not recommended=preclinical/metabolic data unfavourable. Recommended=preclinical/metabolic data favourable.

squamous cell carcinomas of the head and the neck (Mortensen *et al*, 2012) and Cu-ATSM in patients with cervical (Dehdashti *et al*, 2003a, b; Grigsby *et al*, 2007), lung (Dehdashti *et al*, 2003a, b), and rectal cancer (Dietz *et al*, 2008) have also demonstrated that lower tumour-to-muscle ratios are indicative of better prognosis, progression-free and overall survival. A meta-analysis of published PET hypoxia studies has demonstrated a common tendency towards poorer outcome in tumours showing higher tracer accumulation (Horsman *et al*, 2012). Decreased <sup>18</sup>F-FMISO uptake in response to radio- or chemotherapy has been reported in brain (Swanson *et al*, 2009), head-and-neck (Yamane *et al*, 2011; Eschmann *et al*, 2007), lung (Koh *et al*, 1995; Gagel *et al*, 2006), and renal tumours (Hugonet *et al*, 2011); although some studies did not observe an analogous decrease with response to therapy (Thorwarth *et al*, 2006; Vera *et al*, 2011). Decreased tumour-to-muscle ratios signifying full or partial response to chemotherapy have also been obtained with Cu-ATSM in lung (Dehdashti *et al*, 2003a, b) and head-and-neck tumours (Minagawa *et al*, 2011), and <sup>18</sup>F-FAZA in lung cancer (Trinka *et al*, 2013).

### RADIOTHERAPY PLANNING

In oncology, there is interest in the identification of intratumoural areas with hypoxia to guide radiation dose escalation to radio-resistant sub-volumes. Despite possible limitations associated with the reproducibility of hypoxic volume measurements (temporal changes and/or heterogeneity in the spatial distribution of intratumoural hypoxia), the biological information from PET hypoxia scans is being explored for the identification and delineation of hypoxic areas within the tumour mass for dose escalation. Modern radiation techniques, such as intensity modulated radiotherapy (IMRT) or image-guided radiotherapy (IGRT) can help with radiotherapy planning (Horsmann *et al*, 2012). 'Dose painting' by numbers, where a higher radiation dose is selectively delivered to areas of biological resistance identified either before or during the treatment course, has also been suggested (Geets *et al*, 2013). The feasibility of dose escalation to hypoxic sub-volumes has been primarily investigated in cancers of the head and neck, lung, and brain, and demonstrated with Cu-ATSM (Chao *et al*, 2001), <sup>18</sup>F-FMISO (Lee *et al*, 2008), and <sup>18</sup>F-FAZA (Grosu *et al*, 2007). Despite the fact that the majority of the aforementioned studies have not been conducted on actual patients, but on anthropomorphic phantoms (*in silico*)

(Rischin *et al*, 2006; Grosu *et al*, 2007; Lee *et al*, 2008), dose escalation on the basis of PET hypoxia imaging appears to be feasible, and further studies are required to investigate whether this can translate into clinical benefit.

### HYPOXIA THERAPEUTICS

As the hypoxic microenvironment constitutes a unique characteristic of tumours, hypoxia can also be harnessed as a therapeutic target. The main strategies for targeting hypoxia involve hypoxic cell radiosensitisers (e.g., nimorazole), hypoxic cell cytotoxins (e.g., tirapazamine, TH-302, and PR-104A); and altering oxygen delivery (e.g., carbogen plus nicotinamide). Other approaches being investigated include hypoxia-selective gene therapy, altering metabolic pathways essential for survival under stress, and inhibitors of molecular targets activated in hypoxia (e.g., HIF-1) (Wilson and Hay, 2011). Imaging hypoxia with PET could facilitate the development of therapeutic agents by identifying patients with hypoxic tumours, and measuring response to hypoxia-modifying treatments providing a basis for individualising hypoxia-specific treatment, and/or assessing drug efficacy. Furthermore, it will allow development of new predictors and answer key questions, such as the relation of baseline or induced hypoxia to response to anti-angiogenic drugs and the relation of baseline hypoxia to response to hypoxic-activated toxins. Such studies should be incorporated into trials of these agents routinely, to develop the necessary validation for their utility. This would greatly help the personalised and economic use of such therapies, which will be even more important if used in combination, for example, anti-angiogenics and hypoxia-activated toxins. The potential of PET hypoxia imaging in directing hypoxia therapeutics has been clinically demonstrated with tirapazamine with <sup>18</sup>F-FMISO in head and neck tumours, whereby only those with hypoxia benefited from bioreductive drugs (Rischin *et al*, 2006; Overgaard, 2011).

### CONSIDERATIONS

**The 'ideal' PET tracer for tumour hypoxia.** Table 3 presents a summary of clinical imaging findings with the hypoxia tracers discussed in this review. None of the currently available tracers have all the properties that constitute the ideal PET hypoxia tracer, and therefore none is optimal for imaging hypoxia in all

cancer types. Nevertheless, the feasibility of imaging hypoxia with PET has been clinically demonstrated in various tumour entities using several of the existing radiotracers. Much of the radiotracer selection stems from the availability of the tracer, ease of synthesis, and the tumour type.

**The magnitude of the challenge of PET hypoxia imaging.** A challenging aspect of PET hypoxia imaging is the fact that hypoxic tumours are often hypoperfused. Limited perfusion will restrict effective delivery of tracer into the tissue often, influencing tracer accumulation in regions of normal or tumour tissue, and often yielding results that are complex to interpret. Several studies have compared tumour perfusion with dynamic PET to ascertain whether tracer accumulation reflects blood flow during imaging.  $^{18}\text{F}$ -FMISO (Bruehlmeier *et al*, 2004),  $^{18}\text{F}$ -FETNIM (Lehtiö *et al*, 2001), and  $^{18}\text{F}$ -FAZA (Shi *et al*, 2010) exhibited similar distribution patterns to [ $^{15}\text{O}$ ]- $\text{H}_2\text{O}$  PET (reflecting blood flow) up to 15 min p.i., while different patterns were observed at later imaging times, consistent with tracer accumulation in hypoxic regions. Pharmacokinetic analysis of  $^{18}\text{F}$ -FMISO data suggests that different hypoxia-perfusion profiles can be identified in tumours (Thorwarth *et al*, 2005); the latter perhaps corresponding with the heterogeneity observed in tumour hypoxia distribution patterns (Grosu *et al*, 2007). The significant heterogeneity of the tumour microenvironment in terms of perfusion and hypoxia necessitates further clinical studies, not only to evaluate hypoxia-perfusion patterns, but also their relationship to clinical outcome.

**Validation of PET hypoxia measurements.** Validation of PET tracers as indicators of regional hypoxia is extremely challenging and attempts to correlate PET images with other accepted hypoxia markers have produced mixed and contradictory results. While oxygen electrodes are considered to be the gold standard against which PET hypoxia measurements are authenticated, comparisons may yield several discrepancies due to the sampling limitations of oxygen probes and the fact that it measures hypoxia in a different location (interstitial for oxygen probes vs intracellular for PET), as well as the fact that this technique will fail to distinguish between necrotic and viable hypoxic tissue (Höckel *et al*, 1993). This may partly explain results from several studies that have reported mixed correlations between tracer uptake and oxygen electrode measurements in various tumour types (Bentzen *et al*, 2003; Gagel *et al*, 2004, 2007; Zimny *et al*, 2006; Mortensen *et al*, 2010). Indirect immunohistochemical methods based on the detection of exogenous (e.g., pimonidazole and EF5) or endogenous hypoxia markers (e.g., CAIX and HIF-1) have also been employed (Dehdashti *et al*, 2003a,b; Jubb *et al*, 2010), albeit with limited success. This is primarily due to the fact that comparisons as such rely on reproducible staining, and several representative biopsies (which are not always available), and may often require a technically challenging spatial co-registration between PET images with immunohistochemistry photographs for analogies to be drawn. Of note is the fact that although tracer accumulation has been widely compared with pimonidazole staining preclinically (Dubois *et al*, 2004), equivalent clinical comparisons have not yet been performed. The differential detection of acute and chronic hypoxia and the discrepancy between hypoxia at the microscopic level and the macroscopic resolution of the PET voxel are factors that will also limit the accuracy of such comparisons (Mortensen *et al*, 2010).

**Reproducibility of PET hypoxia measurements.** Validation of the reproducibility of PET hypoxia measurements is also particularly important for clinical applications. There are limited clinical data available on scan reproducibility with PET hypoxia biomarkers. Studies with  $^{18}\text{F}$ -FMISO in head-and-neck cancer reported reproducible hypoxic volumes in PET scans performed

3 days apart, but a considerable degree of intratumoural spatial variability in tracer accumulation (Nehmeh *et al*, 2008). Another study with  $^{18}\text{F}$ -FMISO in lung cancer showed good inter-observer reproducibility on the basis of visual analysis, but low inter-observer agreement with respect to hypoxic volume measurements (Thureau *et al*, 2013). A more recent  $^{18}\text{F}$ -FMISO study in head-and-neck cancer reported high reproducibility in SUV and tumour-to-reference tissue measurements in scans acquired 2 days apart (Okamoto *et al*, 2013). Other than  $^{18}\text{F}$ -FMISO, a study with  $^{18}\text{F}$ -FETNIM in oesophageal cancer patients observed similar uptake values between scans performed on separate days before concurrent chemoradiotherapy, but a shift in the geographical location of hypoxic regions (Yue *et al*, 2012). These heterogeneous findings can be partly explained by the dynamic character of hypoxia that will limit scan reproducibility. Although acute hypoxia has been shown to minimally influence  $^{18}\text{F}$ -FMISO PET imaging in simulations (Mönnich *et al*, 2012), a study in head-and-neck tumours that used sequential  $^{18}\text{F}$ -FMISO scans to distinguish between regions of acute and chronic hypoxia, accounted for 14–52% of acute hypoxia (Wang *et al*, 2009); a percentage that is comparable to the proportion of acute hypoxia measured in rodent tumours. Methodological discrepancies (scan setup and image acquisition protocol), the selection of hypoxic-to-normoxic thresholds for the definition of hypoxic regions, the temporal variability in intratumoural  $\text{pO}_2$  levels between consecutive measurements, as well as the small number of patients in the majority of the studies may also account for the observed disparities in reproducibility. Further studies addressing the variability of PET hypoxia measurements are warranted, so as to clarify uncertainties in tumour hypoxia quantification.

## CONCLUSIONS

As a number of PET hypoxia tracers have now been evaluated in cancer patients, it is apparent that PET imaging can be a powerful tool to identify hypoxia in the clinical setting. Although none of the currently available tracers exhibit all of the properties of the 'ideal' hypoxia tracer or are optimal for imaging hypoxia in all tumour types, studies have demonstrated the feasibility for imaging hypoxia in various cancers. As the clinical utility and limitations of PET hypoxia biomarkers are now being elucidated the process will be facilitated by performing larger studies with these tracers using standardised protocols and hypoxia definitions so as to improve comparison between tracers in various tumour types. This may be best achieved via inter-institutional collaborations that should help to advance study designs and homogeneous data reporting. Equally important are the performance of test-retest studies, harmonisation of data reporting, and clinical validation of hypoxia tracers. These key objectives must be addressed before PET hypoxia tracers can be used to their full clinical utility.

**Search strategy and selection criteria.** We searched PubMed and Scopus using combinations of the following search terms: 'tumor hypoxia', 'oncology', 'PET', 'positron emission tomography', 'radiotherapy', 'nitroimidazoles', 'fluoromisonidazole', 'pimonidazole', 'FMISO', 'FAZA', 'FETNIM', 'FRP-170', 'HX4', 'Cu-ATSM'. The search results were screened for relevance and the reference lists of relevant publications were also surveyed. PubMed and Scopus article recommendations were also examined for relevance. Only papers published in English were considered. The final reference list was compiled by considering papers published between January 1973 and May 2014.

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## CONFLICT OF INTEREST

The authors declare no conflict of interest.

## AUTHOR CONTRIBUTIONS

INF contributed organisation of the hypoxia workshop, literature search and wrote core manuscript and edited various versions of manuscript, approved final version of the manuscript. RM contributed to literature search, edited manuscript, prepared Figure 2, approved final version of the manuscript. PJB attended the hypoxia workshop, wrote Cu-ATSM section and edited various versions of manuscript, approved final version of the manuscript. CW attended the hypoxia workshop, wrote radiotherapy section, approved final version of the manuscript. KJW attended the hypoxia workshop, wrote therapeutics section, approved final version of the manuscript. ALH attended the hypoxia workshop, wrote section on tumour hypoxia, approved final version of the manuscript. JD attended the hypoxia workshop, prepared Figure 1, approved final version of the manuscript. SL attended the hypoxia workshop, contributed to tumour hypoxia section, approved final version of the manuscript. CB attended the hypoxia workshop, Cu-ATSM section, approved final version of the manuscript. FJG concept of the review, organisation of the hypoxia workshop, editing of various versions of the manuscript, final approval of the manuscript.

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