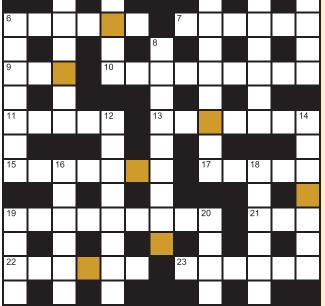
PUZZLE PAGE





Across

- 6 Set of stairs (6)
- **7** Bring to a close (4,2)
- **9** Regret (3)
- **10** Crescent-shaped pastry roll (9)
- 11 Perturbed (5)
- **13** A decongestant (7)
- 15 Painkiller, anti-coagulant (7)
- **17** An arm joint (5)
- **19** Mocking (9)
- **21** Metal rod (3)
- **22** Move restlessly (6)
- **23** Moved at an easy
- pace (6)

Down

- Arm muscles (6)
- 2 Stylish, elegant (4)
 - 3 Imposing, authoritative demeanour (8)
- 4 A big headline (6)
- 5 See 19 down.
- 6 Ingredients that make a patent medicine (7)
- 8 The people of a locality (9)
- **12** Intimidate (8)
- **14** Reduced in level (7)
- **16** Military, etc procession (6)
- **18** Globule of liquid (6)
- **19/5** Affectionate feeling, weakness for (4,4)
- **20** Do a painstaking search (4)

Rearrange the letters in the gold squares to find the secret word (7). Complete the answer form and send to the following address by 25 January 2013: *Vital, BDJ* Editorial, NPG, 4-6 Crinan Street, London, N1 9XW.

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Nicki Rowland, a practice manager from Walkington, won the autumn Secretword (see below). The secret word was UNIFORM.

The answers and name of the prize winner will be announced on 9 March 2013, when the spring issue of *Vital* is published.



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TITLE	FIRST NAME	3
LAST NAME		
ADDRESS		ŕ* 1
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EMAIL		
JOB TITLE		
SECRET WORD		
If you prefer not to be a this box.	contacted for purposes other than this competition, please tick	
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