

## CAUSE FOR APPLAUSE

In August, 25 soldiers from the Royal Army Dental Corps, from both the Regular Army and Reserves, took on the daunting National 3 Peaks Challenge. This involved climbing the three highest mountains in Scotland, England & Wales all within 24 hours.

In all the challenge involves some 26 miles of ascent and descent and is real a test of stamina and endurance. In doing so, they raised over £3,000 for the Army Benevolent Fund (ABF) and DentAid.

This is the third year running that the RADC have undertaken a charity 'challenge'. These challenges have so far raised over £10,000 for the ABF and DentAid. In 2016, they plan to undertake another challenge to raise further money for these very deserving charities.

Any further donations would be gratefully received and can be donated at [www.radc.org.uk](http://www.radc.org.uk).



## A TAX ON SUGARY DRINKS CAN ONLY BE THE START – BSPD RESPONSE TO THE JAMIE OLIVER'S SUGAR RUSH PROGRAMME

It's difficult to imagine anyone in the UK having the charisma and influence to demonstrate so powerfully the negative effects of sugar on teeth as Jamie Oliver did in his campaigning programme *Sugar rush*, broadcast on 3 September.

The British Society of Paediatric Dentistry (BSPD) is delighted that the TV chef turned lobbyist has raised awareness of the close correlation between sugar and dental decay and that he succeeded in highlighting how much added sugar there is in some food and drinks.

Claire Stevens, media spokesperson for BSPD, said that Jamie's influence would support the advice of the dental profession to limit intake of sugar and to look at food and drink labeling more carefully.

As a result of the programme, a petition calling for a tax on sugary drinks has achieved 125,000 signatures which means that Parliament will consider a debate on the subject.

Claire said: 'This is a terrific achievement. The programme conveyed very powerfully how damaging sugar is to teeth and to health generally. But the campaign needs to continue – the unacceptably high levels of dental decay in children can't be solved with a tax on sugary drinks alone.'

'For every family and every community there are different challenges to be taken into account, whether it's access to dental services, availability of preventive advice, the amount of fluoride in their water, how children are weaned and the type of diet they grow up with.'

'Another key challenge in some communities is social deprivation and this has just been highlighted very well this week in a report from the National Children's Bureau: *Poor beginnings: Health inequalities among young children across England based on official data published by Public Health England*.

'This can only be the beginning. We stand by the British Dental Association's call for the Government to implement the recommendations of the Scientific Advisory Committee on Nutrition to reduce sugar intake and the British Medical Association's call for a tax on all sugar products.'

### BOOK REVIEW



#### EVOLUTION: CONTEMPORARY PROTOCOLS FOR ANTERIOR SINGLE- TOOTH IMPLANTS

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Quintessence Publishing  
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This book provides a comprehensive review of techniques involved in the provision of single tooth implants in the aesthetic zone. There is an aesthetic focus, in which cases are presented across a glossy two page format. The authors have targeted the technology-driven age and the new generation of learners, in which the evolution is away from traditional concepts and towards a fast paced visually orientated readership. Although the basic

sciences of implant dentistry are covered, the techniques discussed are complex and authors assume prior reader knowledge of the fundamentals. The book itself is large and over 400 pages long, the majority of which involves case presentations.

Quotations from Albert Einstein in the introduction discuss the importance of curiosity. This book is certainly inspiring and there is an almost overwhelming amount of clinical excellence presented. The striking high definition photography creates a step-by-step comic strip arrangement in which the focus is clinically orientated; hard and soft tissue management is discussed from both a surgical and restorative standpoint. There is a great level of detail regarding different concepts, techniques and materials; however, the authors declare a bias towards one implant system which is used solely throughout the book.

Contemporary concepts are reviewed such as a definitive abutment from day one of the restorative phase. There is also discussion relating to the rapid progression of implant dentistry and how current systems may be modified or replaced in the future. As well as discussing individual cases with long-term follow up, there are dedicated research sections in which the relevant literature is reviewed. These are provided at regular intervals between chapters.

In summary, this book is an inspiring view into aesthetically driven implant dentistry. A wide range of hard and soft tissue management techniques are presented balanced with the supporting literature. The focus is on providing an anterior implant perfectly integrated with the surrounding dentition.

**D. Gillway**