# Dentists with extended skills: the challenge of innovation

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#### IN BRIEF

- Provides a narrative of the development of the model of dentists with special interests
- Highlights the support of different stakeholders on a pilot initiative to train DwSIs in endodontics.
- Investigates the potential of such initiatives to meet the need for moderately difficult endodontics.
- Provides insight into how GDPs might wish to use DwSIs in future.

**Background** The aim was to obtain stakeholders' views on the former London Deanery's joint educational service development initiative to train dentists with a special interest (DwSIs) in endodontics in conjunction with the National Health Services (NHS) and examine the models of care provided. **Methods** A convergent parallel mixed methods design including audit of four different models of care, semi-structured interviews of a range of key stakeholders (including the DwSI trainees) and questionnaire surveys of patients and primary care dentists. **Results** Eight dentists treated over 1,600 endodontic cases of moderate complexity over a two year training period. A retrospective audit of four schemes suggested that first molars were the most commonly treated tooth (57%; n = 341). Patients who received care in the latter stages of the initiative were 'satisfied' or 'very satisfied' with the service (89%; n = 98). Most dental practitioners agreed that having access to such services would support the care of their patients (89%; n = 215) with 88%; (n = 214) supporting the view that DwSIs should accept referrals from outside of their practice. **Conclusion** This initiative, developed to provide endodontic care of medium complexity in a primary care setting, received wide support from stakeholders including patients and primary care dentists. The implications for care pathways, commissioning and further research are discussed.

### **BACKGROUND**

Endodontic care, as with most of dentistry, is predominately provided in primary care settings, across the National Health Service (NHS) and private systems, with cases of high complexity being referred to specialists, in either general practice or hospital settings. There has been a rise in referrals to hospital-based services from primary dental care since the introduction of the new dental contract in 2006, while hospitals are also required to manage waiting lists effectively and avoid patients waiting more than 18 weeks for care. Published guidelines on complexity of

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Online article number E6 Refereed Paper – accepted 17 April 2014 DOI: 10.1038/sj.bdj.2014.652 <sup>®</sup>British Dental Journal 2014; 217: E6 endodontics produced by the Royal College of Surgeons of England (RCS Eng)<sup>3</sup> have had limited impact on care nationally, while those produced by the American Association of Endodontics (AAE)<sup>4</sup> have been used to inform referrals to specialist services.

Within London, specialist training in endodontics is either self-funded by trainees who tend to then work in the private sector, or as part of the publically funded wider restorative dentistry training programme that produces hospital-based consultants. The latter can also opt to work within the private sector. Evolving health policy has emphasised changes to the system of educating and training the healthcare workforce;5 including transfer of the responsibility for education and training from national to local level and ensuring flexibility and innovation in the future provision of services.6 Developing intermediate education to build and recognise additional skills has become a focus for the NHS in the past decade,7-11 as has providing access for routine care in a setting closer to home through a broader range of primary care services.12

In 2004, the Department of Health and Faculty of General Dental Practitioners (UK) adapted the model of practitioners with special interests (PwSIs) from medicine and formally introduced a policy framework for

the concept of dentists with special interests (DwSIs) within the NHS. This involved dentists working in primary care providing additional dental services to those within their generalist role.<sup>13</sup> Two years later the same authorities set out the process of NHS appointments of DwSIs in endodontics in a guidance document.<sup>14</sup> Similar schemes were described across five other competency areas of dentistry.<sup>15–19</sup>

A DwSI in endodontics was defined as being able to demonstrate a continuing level of competence in their generalist activity, an agreed level of competence in endodontics, and being contracted to the NHS to manage a number of patients requiring endodontic treatment of moderate difficulty. <sup>14</sup> Published research on pilot schemes with DwSIs in oral surgery suggests that minor oral surgery may be cost efficient, support patient management and improve access for patients, <sup>20</sup> and DwSIs in periodontics may improve access and produce positive clinical outcomes. <sup>21</sup>

In 2009 the London Deanery, in conjunction with a number of London Primary Care Trusts (PCTs), piloted and financed a two-year programme to train DwSIs in endodontics within the NHS in response to concerns about pressure on hospitals, skills and capacity in primary

Modifying factors	Suitable referrals	Inappropriate referrals			
DwSI Factors	DwSI will only provide root canal therapy for teeth that can secure rubber dam	DwSI will not undertake surgical endodontics The DwSI has the right to refer a patient to a specialist if they feel that the referral from the GDP is above their skill level			
Patient factors necessitating referral as moderately difficult	Well motivated patient without active caries or periodontal disease Where a GDP has experienced problems with achieving local anaesthesia Reduced access with maximal inter-incisal mandibular opening within range of 25 mm to 35 mm. Patient cooperation problems that include: anxiety and/or a 'gagging' susceptibility that can be controlled without sedation or GA and where the patient can tolerate rubber dam and endodontic therapy (with reassurance and encouragement from the DwSI practitioner) Medical compromise that does not require intravenous infusions of antibiotics or blood products are suitable Mild learning difficulties: where the patient can both understand and cooperate with the concepts of endodontic therapy (under local anaesthetic) are sometimes suitable for referral to the DwSI on the grounds that the treatment can be provided more efficiently and effectively.	Patients with active caries and periodontal disease Reduced access with maximal inter-incisal mandibular opening less than 25 mm Patients with unstable angina, poorly controlled type 1 diabetes, severe breathing difficulties, evidence of major organ failure, past IV Bisphosphonates or radiotherapy to the jaws Patients that display type 1 hypersensitivity to dental products (for example, local anaesthetic agent(s); dental cements and Latex rubber)			
	Teeth of high strategic importance Root curvatures of 35 degrees and less Root canals of 25 mm or more length Pulpal and coronal root canal sclerosis; with obvious radiographic evidence of patency in the mid and apical thirds of the root canal Multi-rooted teeth: where the referring GDP has attempted but experienced problems with the location, instrumentation and obturation of the root canals present Anterior teeth with large root canals and apical foramina	Anterior teeth displaying alveolar fractures, root fracture(s), internal resorption or external resorption should initially be referred to a specialist for advice.  Developmental tooth abnormalities such as: bifid apex, complex branching of root canal(s), dens in dente, germination and C shaped canals are not suitable for DwSI referral.  A specialist should first assess these teeth.			
	Moderately difficult non-surgical revision:  Teeth previously treated with a root filling that is short of ideal working length and where there is evidence of likely canal patency beyond the root existing filling to allow the placement of a new root filling within 2 mm of the radiographic apex  Presence of an existing root filling that is likely to be dissolvable with commonly used solvents  Teeth that are free of caries, restorable and not associated with major iatrogenic errors such as: apical overfill (in presence of apical pathology); perforation of root canal / pulpal floor or the presence of a difficult 'ledge' within a root canal that will prevent the placement of a new root filling within 2 mm of radiographic apex  Silver point revisions should only be undertaken by the DwSI if where there is evidence of full length points in situ	Revision of Thermafil root fillings and sectional silver points should be referred to a specialist  Overfilled teeth (particularly when associated with symptoms and periapical pathology) should be referred to a specialist			
Tooth factors necessitating referral as moderately difficult:	Separated instruments: Separated instruments that are located within the coronal half of the root canal system	Separated instruments that are contained within the apical half of the tooth should be referred to a specialist			
	Existing restorations:  Difficult dismantling is better carried out by the DwSl, particularly if it is important to preserve the coronal portion of silver points or posts.  The referring GDP has the responsibility to extirpate a symptomatic pulp before referral; where it is possible to achieve anaesthesia and access to the pulp chamber  Removal of dentine pins, posts including: short (less than 8 mm) tapered brass screw posts (Dentatus) and poorly-fitting (and thus leaking) short (less than 8 mm) parallel posts.  Cracked teeth and advice for the referring GDP and patient of the best way forward. The DwSl will place an Orthodontic stabilisation band and, if necessary and under magnification, remove the existing restoration to visualise the coronal aspect of the tooth. DwSls will be able to root treat the tooth if it is clear that the crack/fracture does not extend to the wall(s) of the pulp chamber or into the furcation  Bridge Abutments should be 'stripped-down' and investigated by the referring GDP in the first instance. The referral to the DwSl will then be based on the likely moderate difficulty of the future endodontics.	More extensive fractures should be referred to a specialist.  Well-fitting posts of greater than 8mm in length will be referred to a specialist.  Long (greater than 8 mm) parallel and serrated posts and posts likely to be associated with root or pulpal chamber perforation (as evidenced by intra-oral radiographs) are not suitable for DwSIs.			
	Tooth restorability: There needs to be sound coronal tooth tissue above the alveolar crest of the tooth referred to the DwSI Deep interdental root caries is normally very difficult to predictably restore after the root canal therapy.	Unrestorable teeth			

dental care.14,22 The aim of this programme, outlined by the Postgraduate Dental Dean of London Deanery was 'to reduce unnecessary referrals to hospitals, reduce extraction rates and train GDPs to undertake complex endodontic procedures within the primary care sector:22 The educational aim for the programme was 'to provide a contemporary account of endodontology, which will enable general dental practitioners to develop the skills necessary to provide high standards of care for patients requiring endodontic treatment (of simple and moderate complexity) within NHS general dental services'.23 Interested practitioners were formally recruited across primary dental care in London, interviewed and approved for training. A description of endodontics of moderate difficulty was developed for this initiative by PB (Table 1) using the RCS Eng and AAE guidelines.3,4 Eight candidates from seven London PCTs successfully completed the training in April 2011, which used the simulation unit at London Dental Education Centre (LonDEC).24 Following mid-course evaluation the number of participating trainees reduced from nine to eight. An interim report produced by a specialist in dental and medical education showed positive educational outcomes that were found to be beneficial to both course participants and patients.25

This article describes the key findings from a mixed methods evaluation of this pilot programme to train DwSIs in endodontics. To protect the anonymity of individuals the findings will be described by PCT type and triage model, rather than individual scheme.

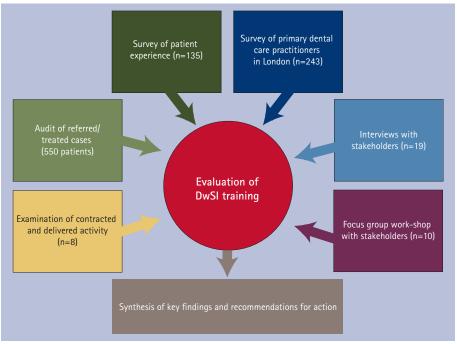


Fig. 1 Methodology of evaluation of DwSI educational and service initiative

### AIM OF EVALUATION

The aim was to obtain stakeholders' views on London Deanery's service development initiative to train DwSIs in endodontics in conjunction with NHS PCTs and the models of care. The objectives for the evaluation included:

- Examining service activity (number of NHS patients treated) during the pilot training programme. Quotas were set by educationalists and agreed by the sponsoring PCTs
- 2. Evaluating the effectiveness of the triaging system in ensuring that the

- patients accepted for treatment met the criteria of endodontics of moderate difficulty
- 3. Investigating the views of patients treated by the DwSI on their experience of the service and treatment received
- Assessing primary dental care practitioners' views on the concept, systems and training of DwSIs
- 5. Exploring the views of the trainees, educators, commissioners and providers with regard to the past and future need for such enhanced skills practitioners and the lessons learned from the initiative.

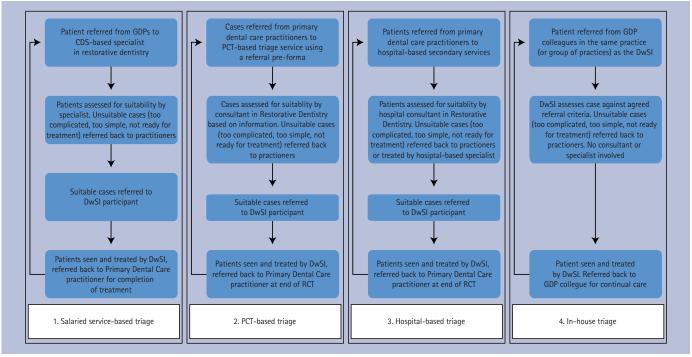


Fig. 2 Models of patient triage used across the DwSI training schemes in London

Table 2 Comparison of the findings of different triage models for endodontics of moderate difficulty in London												
Triage type/ sponsoring PCT	Modal age group	% of female patients	% of patients residing in sponsoring PCT	% of patients residing in geographically neighbouring PCTs	% of patients residing in non- geographically neighbouring PCTs	Average duration (in days) from assessment visit to completion (median)	Average number of sessions to complete treatment	Most frequently referred tooth type	Key reason for referral	Key reason for non- completion of treatment	Compliance with criteria (%)	
PCT-based (n = 257)	35-44	68	66	29	5	73 (59)	1	Upper first Molar	Persistent signs and symptoms following root canal treatment	Tooth found on clinical examination to be non- restorable	100	
CDS specialist (n = 81)	<18	60	61	37	2	88 (70)	3	Upper Central Incisor/ Lower first Molars	Dental Anxiety	Tooth found on clinical examination to be non- restorable	100	
Hospital- based schemes (n = 212)	45-54	56	49	25	16	40 (27)	2	Lower first Molars	Difficult root mor- phology	Tooth found on clinical examination to be non- restorable	100	

### MATERIALS AND METHODS

A convergent parallel mixed methods design,<sup>26</sup> examining different perspectives was used: clinical activity, triage models, interviews with stakeholders including course participants, a cross sectional survey of a sample of primary care practitioners and a questionnaire survey of patients (Fig. 1).

'Clinical activity' estimated the course participants' compliance with level of service activity commissioned by the sponsoring PCTs. Clinical activity on endodontics was available from pilot sites but not across secondary care. An external audit of cases that had been referred to DwSIs was undertaken where data collection systems were accessible to audit. This covered four different triage models used in the pilot programme: first, PCT-based triage where the patients were referred to the PCT and triaged by a restorative consultant; second, a community dental service (CDS) where an endodontic specialist triaged the referral before it was seen; third, hospital-based, where a restorative consultant triaged the referrals; fourth and finally, in-house triage where the trainee DwSI carried out triaging of the referrals (Fig. 2).

Patients treated by the DwSIs during the last four months of the training period and up to one year after the completion of the training programme were invited to take part in a written questionnaire survey to ascertain their perspective of the service provided. The data were anonymised and a descriptive analysis performed using Microsoft Excel for Mac 2011.

A postal questionnaire survey of primary dental care practitioners in London provided a 'Gatekeeper' perspective. This involved a stratified sample of general dental practitioners across six PCTs (equivalent to boroughs) with different arrangements. Based on a previous survey of GDPs in London,<sup>27</sup> and in order to achieve a response from 5% of London GDPs (circa 200) all GDPs were sampled in each of the PCTs and surveyed using an instrument constructed on the basis of the literature, piloted and amended. Data were input to SPSS version 19.0 for analysis.

Semi-structured qualitative interviews were carried out with 19 stakeholders purposively sampled to represent trainees, educators, commissioners and providers. These interviews were conducted by one researcher (MA-H) and analysed using framework methodology,28 a matrix-based analytic method that facilitates rigorous and transparent data management such that all the stages involved in the analysis can be systematically conducted. The interviews were preceded by a focus group workshop conducted with the DwSIs, trainers, and a representative from London Deanery on the last day of their two year training programme that informed the topic guide and evaluation. The findings were synthesised in a mixed methods approach.29

King's College Hospital Research Ethics Committee approved the overall study as a service evaluation. The cross sectional survey of primary dental care practitioners was approved as research by King's College London Research Ethics Committee (Reference number: BDM/11/12-24). The patient survey was approved by NRES as part of a wider programme of PhD study by SE (Reference number: 10/H0808/116).

### **RESULTS**

# Service activity commissioned and delivered

The volume of activity commissioned by the NHS (sponsoring PCTs) during the training period was in line with the programme requirements for acquiring the necessary competencies (100 cases per year); hence, the eight participants completing the programme treated over 1,600 cases of moderately difficult endodontics with variations in activity, in addition to their routine patients. The DwSIs projected, in interviews, that they could treat an average of two cases per week (if they were contracted to perform 1 day of endodontic treatments per week) and four cases if they were contracted for two days per week. This would translate to 800-1,600 patients being treated in one year by eight dentists with enhanced skills in endodontics.

### Audit of referred and treated cases

The results of the audit of the four different triaging schemes (n = 550 cases) revealed that the patient care completed by DwSIs as part of their training was in line with the referral criteria agreed for DwSIs accepting external referrals (Table 1). In all the audited schemes the residents of the sponsoring PCT constituted the largest group of service users (49-66%). In the 550 audited cases, first molar teeth (upper and lower) were the most commonly treated cases (57%), with an average number of sessions per patient ranging from one to three; female patients were treated in the majority in each scheme (62% overall). There were differences in the

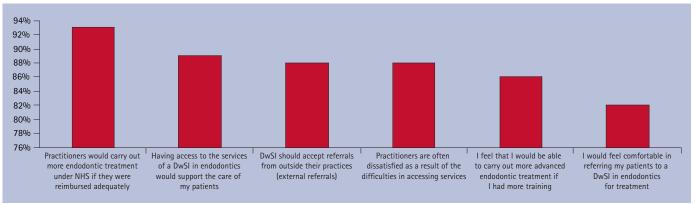


Fig. 3 Primary dental care practitioners' views on the provision of NHS Endodontic services in London (n = 243)

profile of patients seen in general dental practice and the salaried services with the latter treating a larger number of children. Some inconsistencies were evident in the recording of cases referred to DwSIs by primary dental care practitioners, with cases rejected at triage level not being recorded across all schemes. Where data were available in the PCT-based triage model, it was possible to identify that 15% of the cases seen over a nine month period were rejected. Comparing patient profiles and treatment duration across schemes (Table 2), the hospital-based triage model was associated with the shortest treatment time (mean 40 days; range 0-469). The hospital-based triage model accepted 49% from the local borough, compared with 66% from the PCTbased model.

# Patient experience

Of the 135 patients recruited for this evaluation, 96% (n = 130) responded to the first questionnaire that explored their views before receiving treatment from the DwSIs. Most were female (60%; n = 78) and within the 25-44 year age group (58%, n = 75). Just over half (52%; n = 68) identified themselves as 'British', while just under half (47%; n = 61) reported having had a third-level education (university degree level or higher). Ninety-eight percent (n = 127) of patients supported the view that they received a clear explanation for being referred and 89% (n = 116) of the patients were happy being referred to the DwSI endodontic service.

A response rate of 82% (n = 110) was achieved for the follow-up questionnaire within the first month after completion of their treatment. Most patients (89%; n = 98) reported being satisfied with the DwSI service and to have developed trust and confidence in the dentist who treated them (91%; n = 100). This satisfaction regarding the DwSI service was further confirmed by the majority not only reporting that they would recommend this service to their friends and family (83%, n = 91), but also that they would

Quality & Outocmes Easier access for patients n providing endo of medium complexity Enabling teeth to be retained Improved efficiency and reloping primary care rather than hospital services effectivesness of services More cost effective services? Educational Professional Improved skills in endo Using specialists more appropriately especially mod complexity Facilitating professional Enhancing career pathway for primary dental care Integrating service Providing care pathway for provision and education GDPs to refer their patients

Fig. 4 Contribution of the DwSI initiative: four domains

utilise this service again for any future root canal treatment (84%, n = 92).

# SURVEY OF PRIMARY DENTAL CARE PRACTITIONERS

Among the 243 dentists that responded to the mail survey (30% response rate), there was clear support for the DwSI in endodontics initiative among primary dental care practitioners and, for over half the respondents (57%; n = 139), a personal interest in receiving similar training themselves. Dentists who had used the services of DwSI in endodontics reported having referred an average of six cases during the course of the pilot training programme. While there was notably strong support for DwSIs, there was also notable dissatisfaction with current arrangements for primary dental care; almost all respondents (93%; n = 220) supported the view that they would perform more endodontic treatment on the NHS if 'reimbursed adequately', had 'more training' (86%; n = 207), and 'more time' 76% (n = 180) (Fig. 3). 'Direct referral' to the dentists with extended skills was considered as the most appropriate care pathway (81%; n = 195), with almost nine out of ten dentists (88%; n = 214) supporting the view that DwSIs should accept referrals from outside of their practice.

### Views of key stakeholders

Interviews, supported by the focus group workshop, provided a clear view that this combined educational and service initiative had been developed to contribute to healthcare across four key domains (Fig. 4). First, by addressing service issues, most notably the 'void' in NHS service provision in primary care, which was resulting in 'waiting list pressures' in secondary care and 'patient complaints'. Second, it addressed 'quality' and 'outcomes' for patients allowing patients to 'receive care closer to home', 'retain their teeth', and do so 'within the NHS' and 'in a timely manner'. Third, it 'developed capacity' through education of primary care dentists.

Fourth, and finally, there was the perception that it 'assisted with professionalism' – specialists were better able to utilise their specialist skills and it allowed generalists to facilitate access to endodontic care in the public sector for their patients rather than the alternative of referring patients to the private sector or merely providing dental extractions. Stakeholders viewed external triage processes as having benefit during the early stages of training in particular.

There was dissonance on a number of topics, most notably financial - some of those interviewed perceived the initiative as representing value for money, while others suggested that more evidence was required before such a conclusion may be drawn.

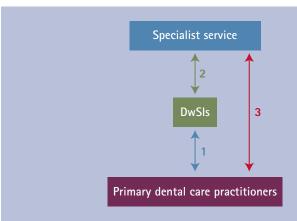
The interviews were carried out in the period immediately following completion of the training programme when the future of the service was unclear. These 'DwSIs in waiting' wanted support and recognition from the NHS. They wished to be integrated within the overall NHS dental system, both during and after training, to ensure the long-term success of the project. During the working group session participants described several systemsrelated issues with the contract. Concerns were related to the difficulties with triaging arrangements, managing cross-borough (PCT) flow of patients and finally delays in agreeing contracts between sponsoring NHS organisations (PCTs) and the potential DwSIs as illustrated by the following quotation:

'...if they [DwSIs] are not being paid the right amount, then they will just do treatment privately and it's of no benefit to NHS patients, which is the whole purpose.' (DwSI participant)

There was widespread support from the participants who undertook the pilot training for the service to be mainstreamed within the NHS if the system issues were resolved; particularly those relating to tariffs, contracts and accreditation.

## **DISCUSSION**

The findings of this mixed methods evaluation suggest that dentists completing the two-year programme to develop extended skills met the academic requirements of this educational initiative, which was strongly endorsed by an external educationalist.<sup>25</sup> These dentists also achieved the clinical targets set for them during their training period, both in terms of the volume of patients treated and, where external audit was undertaken, appropriate case mix. Furthermore, this service was viewed positively by key stakeholders including primary dental care practitioners, patients using the service and commissioners,



### Stages of proposed model

- 1. Patients requiring Endodontics of moderate difficulty are referred directly by primary dental care practitioners to DwSIs in Endodontics. Appropriate cases are treated by the DwSI. Those cases that are inappropriate are returned to the referring practitioner with a treatment plan (and the option of re-referring where appropriate).
- 2. Cases which the DwSIs perceive as too complex are referred by them to specialists, and subsequently receive feedback from the specialist.
- On completion of the treatment by patients are referred back to the referring practitioner (with a treatment plan where appropriate). Direct referral is possible for cases of high complexity.

Fig. 5 Proposed NHS referral pathway

educators and providers. The findings of this evaluation are in keeping with other similar evaluations in minor oral surgery and periodontics, which also reported strong support from key stakeholders, particularly patients and referring practitioners.<sup>20,21</sup>

#### Strengths and limitations

There have been no evaluations of similar endodontic initiatives and only a few of specialist/special interest services in general.20,21,30 Thus, the findings from this mixed methods study provide important insight to new models of care and their acceptability. While the dental services in London may differ from other parts of the country, the issues that prompted the initiative are not peculiar to London and therefore the information is timely in relation to policy developments on care pathways in England; however, there are some limitations to this evaluation. The number of practitioners involved in the pilot was small, and the response to the survey of dentists was low (30%), despite the rigorous use of the Dillman approach.31 The expected response rate from healthcare professionals was 52-57.5%. Thus, these findings must be considered with caution. Given the support for innovation involving DwSIs, this suggests that the overall response is at best clearly very supportive and at worst equivocal as the surveys provided the opportunity for those strongly opposed to present their views. In contrast, there was a clear negative message about remuneration and training in endodontics in NHS primary dental care; a response that clearly fits with contemporary professional views.<sup>33,34</sup> These findings show clear benefits to patients and practitioners from this initiative and service, which was perceived as providing a previously unmet need in the existing healthcare system.

The retrospective design meant the research team were dependent on available data, and additional information such as the number of referrals received by secondary care for endodontics during the same period was not available. Cost estimations were made as detailed costs in the pilot initiative were unavailable, possibly due to the significant changes that occurred both to deaneries and PCTs over this period as well as the commercially sensitive nature of the pilot. It is estimated that the cost of the two-year programme was approximately £100,000 for the teachers, teaching premises, materials and equipment with an additional £384,000 paid for by the commissioners to the trainee DwSI for treating the 1,600 teeth.

Consideration was given to establishing an appropriate control group to examine the true effect of the pilot itself as opposed to simply increasing the exposure of this group to a larger number of endodontic treatments. It can be argued that even if they were willing to participate, other GDPs or specialists may not necessarily make an appropriate comparison. The endodontic outcomes of this group of DwSIs are therefore being examined in a study being undertaken by SE, with the DwSIs being their own control assessing change in skills at the beginning and end of the training period.

There is a question mark as to whether the lack of skills to provide endodontics of moderate complexity is a result of lack of maintenance and development of established expertise at undergraduate level, or if it is a result of lack of appropriate training during undergraduate teaching.

The findings of this research should contribute to future workforce decisions made by Health Education England (HEE) and NHS England and their local offices, which have been tasked with identifying innovative means of adapting the healthcare workforce to meet the changing health (and oral health) needs of the population.6 The dental arm of the NHS Commissioning Board for Dentistry should consider dentists with extended education and skills as part of managed clinical networks,35 supported by the work of the Royal Colleges on developing dentists with extended skills.36 Clear integration of the scheme into the NHS structure and referral pathways across London with proper accreditation and remuneration of the dentists who successfully completed the training is essential; the new unified system, NHS England means centrally commissioned dental care without the barriers posed by postcodes. This is a unique opportunity to develop care pathways in dentistry and in prospective studies assess their costeffectiveness against other modes of dental care delivery. Endodontic care is one area for development within a clear care pathway in which dentists with enhanced skills in endodontics, following completion of appropriate training, can play an important role in providing intermediate services, where they are currently lacking, ideally on direct referral (Fig. 5). This pilot provides a practical insight into developing an innovative model of care, as advocated in the reshaping of healthcare.37

At the time of evaluation, and going to press, there has not been a definitive process for accrediting all of the trained dentists within this pilot as intermediate care providers into the NHS. Some of the trained dentists have recently been formally recognised by their commissioners and have commissioned services. The cost of not using these individuals (trained using public funds) is significant if they are lost to the private sector. There needs to be a system for commissioning and rewarding dentists with additional education and skills within

the NHS system. Looking to the future there is an overwhelming need for current skills to be harmessed within the NHS and for services to be evaluated using more comprehensive data across primary and secondary care to examine cost-effectiveness, benefits for patients, patient outcomes, as well as the implications for the dental workforce and the health system in general.

### **CONCLUSION**

The findings of this mixed methods study highlight the potential for combined educational and service initiatives to deliver care of medium complexity in a primary care setting, and the concept received wide support from stakeholders, including patients and referring dentists; however, it highlights the challenge of mainstreaming services within the NHS.

# **CONFLICTS OF INTEREST**

RR proposed the idea of developing the equivalent of GPwSI in dentistry to the Department of Health during his tenure as Dean of the FGDP; he subsequently initiated and managed the project for the London Deanery when employed by the deanery. EJ is the postgraduate Dental Dean for London under whose auspices the programme was run. JEG was on the Senior Dental Leadership Team in the Department of Health when the decision was taken to set up a DwSI in endodontics and the Dental Public Health representative in the working group. SE was a teacher on the DwSI course. PB was the educational lead for the London DwSI in Endodontics Programme, and was responsible for the patient triage of three of the DwSI participants.

This evaluation could not have been undertaken without the support of dental public health consultants in London, NHS commissioners, dentists and their patients. Thanks is due to stakeholders who gave up their time to be interviewed, general dental practitioners in London for participating in the questionnaire survey and the Dental Services Division of the BSA for assistance with data. The project was funded by the London Deanery. Special thanks to the following individuals who assisted with this study: Swapnil Ghotane, Caroline Comyn, Nick Kendall, Paul Newton, Claire Robertson, Desmond Wright and J. T. Newton.

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