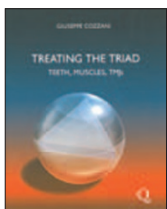


Book reviews

Books, videos, CD-ROMs, DVDs and any other relevant items submitted for a review in the BDJ should be addressed to:

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TREATING THE TRIAD: TEETH, MUSCLES, TMJS



G. Cozzani
UK: Quintessence
price £225.00; pp 408
ISBN 9788874921522

Most of us find TMD, as a group of disorders, difficult to understand and treat. There is much diagnostic discussion but few definitive clinical solutions out there in the literature. Dr Cozzani presents in this text a systematic approach for the treatment of this group of disorders. The cases he presents range from simple cases to the most complex.

The text splits treatment into two phases. Phase 1, musculo-articular therapy, aims to recapture disc position/formation of the pseudo disc as best as possible with an anterior repositioning splint worn always. Axial alignment is thus restored with improvement in muscle tension and thus relief of pain.

Phase 2 is orthodontic occlusal finishing which aims to rearrange the dentition with orthodontic appliances while maintaining the splint. This should in theory and in practice allow a long-term stable functional efficiency between teeth, muscles and TMJ.

Dr Cozzani presents many complete case reports of step-by-step procedures used to treat patients suffering from TMD. The author describes the various splints used in treatment with clear indications of their use. He also includes descriptions of splint fabrication which I found interesting. These splints include the six-point splint, stabilisation splint, michigan plate, various forms of anterior repositioning splints, maintenance splint and distractor.

The 408 pages are divided into 6 chapters. These include basic concepts, diagnosis, musculo-articular therapy, orthodontic occlusal finishing, children and temporomandibular disorders and innovative orthodontic treatment of teeth, muscles, and temporomandibular disorders. Along with orthodontic treatment of TMD, the prosthetic and surgical treatments are also considered.

The excellent text is accompanied by illustrations, diagrams, MRI scans and clinical photos of a very high standard which aided my understanding and enjoyment of this text.

The author himself admits that while this book *'may meet disagreement and criticism, it is hoped that it may provide food for thought and discussion, without which no progress is ever made'*.

I would deem this book to be an essential text for any orthodontist with a special interest in treating TMD.

F. O'Mahoney

THE REMOVAL OF TEETH WITH FORCEPS



R. W. Matthews, C. N. Bell
Jaypee Brothers Medical
Publishers Ltd
price £15.00; pp 80
ISBN 9789380704043

This new textbook and DVD is a published version of a self-directed learning programme that has been previously used by dental students during their oral surgery undergraduate training. The format is such that the user is taken through a variety of subjects in a methodical manner, presented first with the information and then a relevant question to answer. In the textbook, the

reader is directed to a new page whereas the computer program takes you directly to the next stage. An incorrect answer is discussed and redirects you to the solution to continue the course, which finishes with a questionnaire.

As the title suggests, the emphasis is placed on the theory of removing teeth with forceps, along with the identification and handling of these instruments. Interwoven are questions on tooth morphology, pre-operative assessment, postoperative instructions and complications together with a handful of relevant illustrations. There is a very good description on patient and operator positioning and the accompanying photographs clearly explain where to stand and place your non-dominant hand. This important information is often overlooked but can help the inexperienced dental student understand and work with the patient more confidently.

The book is written in an informal style and the reader is even encouraged to stop and have a cup of coffee half-way through! The question and answer approach makes it more difficult to use as a reference guide and other textbooks should be read to provide information on the use of elevators, luxators and minor oral surgery which are considered to be beyond the remit of this book.

The *Dental local anaesthesia DVD* is compatible with Windows XP, easy to run and includes an installation demonstration. Throughout the six sections the topics covered include physiology, pharmacology, anatomy, complications, medical emergencies and their management. Local anaesthesia techniques, ranging from local infiltration to regional nerve blocks, are covered very comprehensively. Although the general