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Reactive centre loop dynamics and serpin specificity

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Serine proteinase inhibitors (serpins), typically fold to a metastable native state and undergo a major conformational change in order to inhibit target proteases. However, conformational lability of the native serpin fold renders them susceptible to misfolding and aggregation, and underlies misfolding diseases such as α_1 -antitrypsin deficiency. Serpin specificity towards its protease target is dictated by its flexible and solvent exposed reactive centre loop (RCL), which forms the initial interaction with the target protease during inhibition. Previous studies have attempted to alter the specificity by mutating the RCL to that of a target serpin, but the rules governing specificity are not understood well enough yet to enable specificity to be engineered at will. In this paper, we use *conserpin*, a synthetic, thermostable serpin, as a model protein with which to investigate the determinants of serpin specificity by engineering its RCL. Replacing the RCL sequence with that from α_1 -antitrypsin fails to restore specificity against trypsin or human neutrophil elastase. Structural determination of the RCL-engineered *conserpin* and molecular dynamics simulations indicate that, although the RCL sequence may partially dictate specificity, local electrostatics and RCL dynamics may dictate the rate of insertion during protease inhibition, and thus whether it behaves as an inhibitor or a substrate. Engineering serpin specificity is therefore substantially more complex than solely manipulating the RCL sequence, and will require a more thorough understanding of how conformational dynamics achieves the delicate balance between stability, folding and function required by the exquisite serpin mechanism of action.

Over 1,500 serpins have been identified to date. Inhibitory family members typically fold to a metastable native state that undergoes a major conformational change (termed the stressed [S] to relaxed [R] transition) central for the protease inhibitory mechanism^{1,2}. The S to R transition is accompanied by a major increase in stability. The archetypal serpin fold is exemplified by α_1 -antitrypsin (α_1 -AT), a single domain protein consisting of 394 residues, which folds into 3 β -sheets (A \rightarrow C) and 9 α -helices (A \rightarrow I) that surround the central β -sheet scaffold³. The reactive center loop (RCL) protrudes from the main body of the molecule and contains the scissile bond (P1 and P1' residues), which mediates α_1 -AT's inhibitory specificity against the target protease, neutrophil elastase (HNE).

The inhibitory mechanism of serpins is structurally well understood¹. Briefly, a target protease initially interacts with and cleaves the RCL of the serpin. However, following RCL cleavage, but prior to the final hydrolysis of the acyl enzyme intermediate, the RCL inserts into the middle of the serpin's β -sheet A to form an extra strand^{1,4}. The opening of β -sheet A is controlled by the shutter and the breach regions⁵. Since the protease is still covalently linked to the P1 residue, the process of RCL insertion results in the translocation of the protease to the opposite end of the molecule. In the final complex, the protease active site is distorted and trapped as the acyl enzyme intermediate^{1,6}.

In certain circumstances the serpin RCL can spontaneously insert, either partially (delta conformation), or fully (latent conformation) into the body of the serpin molecule without being cleaved⁷. Both latent and delta conformations are considerably more thermodynamically stable than the active, native state although they are inactive as protease inhibitors. Folding to the latent conformation is thought to occur via a late, irreversible folding

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step that is accessible from the native or a highly native-like state^{8,9}. As such, transition to the latent state can be triggered by perturbations to the native state via small changes in solution conditions such as temperature or pH^{6,10,11}, or by spontaneous formation over long time scales^{12,13}.

Human α 1-AT is an extremely potent inhibitor of its target protease HNE, with a rate of association (k_{ass}) of $6 \times 10^7 \text{ M}^{-1} \text{ s}^{-1}$, forming a serpin–protease complex that is stable for several days^{14,15}. The metastable nature of α 1-AT is required to facilitate the large conformational change required for its inhibitory function, and the rate of RCL insertion into β -sheet A is the main determinant of whether the acyl linkage between serpin and protease is maintained or disrupted. If RCL insertion is rapid, the inhibitory pathway proceeds. If the RCL insertion is too slow, the serpin becomes a substrate; the de-acylation step of the protease's catalytic mechanism is complete and cleavage of the P1–P1' bond occurs without protease inhibition. The cleaved, de-acylated RCL still inserts into the body of the serpin, resulting in an inactive inhibitor¹⁶.

Two regions of the RCL appear to govern inhibitory function and specificity. The first, a highly-conserved hinge region (resides P15–P9) consisting of short chain amino acids, facilitates RCL insertion into the A β -sheet. Mutations in the hinge region result in the serpin becoming a substrate rather than an inhibitor¹⁷. The second region is the P1 residue, thought to determine specificity towards a protease. Serpins with a P1 arginine (e.g. antithrombin III) are known to target proteases of the coagulation cascade, including thrombin and Factor Xa^{18,19}. In α 1-AT, mutation of P1 methionine to arginine (the Pittsburgh mutation), changes the specificity from HNE to thrombin, resulting in a bleeding disorder²⁰.

Given the importance of the RCL, it has been the focus of previous attempts aimed at altering serpin specificity, via mutation of RCL residues or swapping RCL sequences between serpins. Chimeric serpins have been made between plasminogen activator inhibitor-1 (PAI-1) and antithrombin-III (ATIII)^{21,22}, α 1-AT and antithrombin-III^{23,24}, α 1-AT and ovalbumin²⁵, and alpha1-antichymotrypsin (ACT) and α 1-AT^{15,26,27}. In all cases, specificity could only be transferred partially, as each chimera has a reduced second-order rate constant and a higher SI to a target protease in comparison to the original serpin. The most effective chimera produced, without a cofactor, was ACT with P3–P3' of α 1-AT. This chimera achieved a stoichiometry of inhibition (the number of moles of serpin required to inhibit one mole of protease (SI)) of 1.4 and a second-order rate constant ($k'/[I]$) of $1.1 \times 10^5 \text{ M}^{-1} \text{ s}^{-1}$, two orders of magnitude slower than that of α 1-AT¹⁵. Therefore, it is highly likely that the determinants of specificity are more complex than the RCL region alone, and other regions may play a role, for example exosite interactions in the serpin–protease complex^{22,28–30}.

In previous work, we designed and characterized conserpin, a synthetic serpin that folds reversibly, is functional, thermostable and resistant to polymerization³¹. Conserpin was designed using consensus engineering, using a sequence alignment of 212 serpin sequences and determining the most frequently occurring amino acid residue at each position. Since it is thermostable and easier to produce in recombinant form, it is ideally suited as a model in protein engineering studies. Conserpin shares 59% sequence identity to α 1-AT, with 154 residue differences scattered throughout the structure. Its RCL sequence is sufficiently different from all other serpins such that it no longer resembles an RCL of any serpin with a known target protease. A recent study that investigated the folding pathway of conserpin engineered the P7-P2' sequence of α 1-AT into its RCL³². The resulting conserpin/ α 1-AT chimera inhibits chymotrypsin with an SI of 1.46, however, no SI was calculated against HNE. The chimera forms a weak complex with HNE that is detectable using SDS-PAGE, however, the majority of the serpin molecules are cleaved without complex formation.

In this study, we have exploited the unique folding characteristics of conserpin and employ it as a model serpin with which to investigate the determinants of specificity. We investigated the effect of replacing the RCL of conserpin with the corresponding sequence from α 1-AT on inhibitory specificity towards HNE. Here, the chimera molecule, called conserpin-AAT_{RCL}, remains thermostable, yet despite possessing the RCL sequence of α 1-AT, specificity against HNE was not restored to the extent of α 1-AT. Structural analysis and molecular dynamics simulations indicate that specificity is also governed by other, complex factors involving RCL dynamics, and surface electrostatics of regions external to the RCL.

Results

Biophysical and functional characterisation of a conserpin/ α 1-AT chimera. With the aim of changing the specificity of conserpin to that of α 1-AT, a conserpin/ α 1-AT chimera was previously produced³², where 9 residues within the RCL (P7-P2') were swapped with the corresponding residues from α 1-AT (Fig. 1A). The resulting chimera, conserpin-AAT_{RCL} (379 aa) has a 61% sequence identity with α 1-AT (148 residue differences). Conserpin-AAT_{RCL} was expressed in *E. coli* and purified from the soluble fraction by affinity and size exclusion chromatography as described previously³¹.

We first investigated the biophysical properties of conserpin-AAT_{RCL} to ensure that swapping the RCL did not alter them. The majority of serpins irreversibly unfold upon heating with a midpoint temperature transition (T_m) of ~ 55 – 65 °C^{33–35}. Using variable temperature far-UV circular dichroism (CD) to measure the thermostability, conserpin-AAT_{RCL} was heated from 35 to 95 °C at a rate of 1 °C/min, and upon reaching 95 °C, minute changes in signal were observed. Following a subsequent 1 °C/min decrease in temperature from 95 to 35 °C, minute changes in signal was observed (Fig. 1B). In addition, far-UV spectral scans before and after thermal unfolding showed minute differences in the signals, suggesting the absence of a large heat-induced conformational change (Fig. 1C). Complete unfolding was only achieved in the presence of 2 M guanidine hydrochloride (GdnHCl) with a T_m of 72.2 ± 0.1 °C. Upon cooling from 95 to 35 °C, no precipitation was observed (Fig. 1D). Thus, high thermostability is consistent with the parent conserpin molecule³¹ and indicates that incorporation of the α 1-AT RCL does not reduce the thermostability of the conserpin scaffold.

We have previously shown conserpin to be a poor inhibitor of trypsin in comparison to α 1-AT (SI = 1.8 vs 1.0 respectively)³¹. Engineering the RCL sequence of α 1-AT into conserpin improves the SI against trypsin from 1.8 to 1.64 (conserpin-AAT_{RCL} SI = 1.64 ± 0.2 n = 3; Fig. 1E,F). Conserpin-AAT_{RCL}, like conserpin, after denaturation

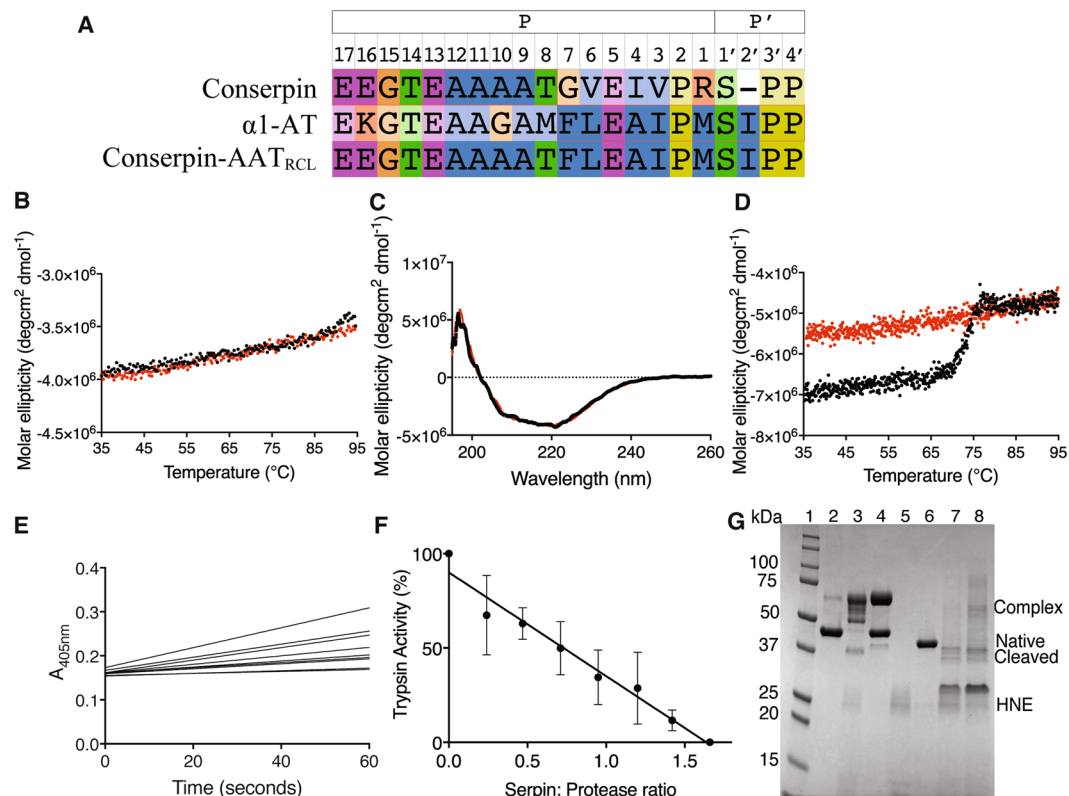


Figure 1. Stability and inhibitory activity of conserpin-AAT_{RCL}. **(A)** RCL sequence alignment indicating which residues of conserpin were replaced with the corresponding residues in α 1-AT; **(B)** Variable temperature thermal melt of conserpin-AAT_{RCL}, heating to 95 °C (black line) and cooling to 35 °C (red line), measured by CD at 222 nm; **(C)** Spectral scan before (black line) and after (red line) variable temperature thermal melt; **(D)** Variable temperature thermal melt in the presence in 2 M GdnHCl (heating to 95 °C; black line, cooling: red line); **(E)** Inhibitory activity assay and **(F)** SI against trypsin ($n = 3$); **(G)** A cropped SDS-PAGE showing a serpin:protease complex formed between HNE and AAT, but less complex formed between HNE and conserpin-AAT_{RCL}. From left to right: 1. Molecular weight markers (kDa); 2. α 1-AT alone; 3. 1:1 ratio of α 1-AT:HNE; 4. 2:1 ratio of α 1-AT:HNE; 5. HNE alone; 6. conserpin-AAT_{RCL} alone; 7. 1:1 ratio of conserpin-AAT_{RCL}:HNE; 8. 2:1 ratio of conserpin-AAT_{RCL}:HNE. The full length SDS-PAGE gel is presented in Fig. S1.

and refolding was active against trypsin (SI = 2.0). Importantly, conserpin-AAT_{RCL} does not inhibit HNE, the protease target of α 1-AT. An SI could not be calculated, as there was residual HNE activity after 30-minute incubation, even with at a 2:1 serpin:protease molar ratio.

If the inhibitory pathway of serpin proceeds faster than the substrate pathway, then the SI will be close to 1. If, however, the inhibitory mechanism is too slow and the substrate pathway occurs, the SI is greater than 1³⁶. SDS-PAGE using 1:1 and 2:1 serpin:protease molar ratios reveals a faint complex between conserpin-AAT_{RCL} and HNE, but also showed a large amount of cleaved species compared to the complex formation between α 1-AT and HNE (Fig. 1G, Fig. S1). Since we observe that conserpin-AAT_{RCL} is able to inhibit trypsin, and is still able to transition to the latent state upon heating, we hypothesized that the RCL mutations do not prevent its insertion into β -sheet A. We therefore sought to investigate the structure and dynamics of conserpin-AAT_{RCL} in order to identify other factors contributing to its inability to inhibit HNE.

The role of electrostatics in the formation of a serpin:protease complex. To understand if there are any structural changes caused by modifying the RCL, we determined the x-ray crystal structure of conserpin-AAT_{RCL} in the native state (Table S1). The overall structure of conserpin-AAT_{RCL} is identical to that of conserpin—a structural alignment reveals a root mean square deviation (RMSD) of 0.2 Å across all C α atoms. Like conserpin and indeed many other serpins, the RCL of conserpin-AAT_{RCL} is too flexible to be modelled into the electron density. Therefore, all further analyses were performed with the RCL modelled using the structure of wildtype α 1-AT (PDB ID: 3NE4³⁷).

Effective serpin inhibition of a protease must involve association to form an encounter complex followed by formation of a stereospecific, high-affinity complex that positions the RCL of the serpin to engage with the protease active site. Given the failure to engineer the RCL for α 1-AT specificity and inhibition, we reasoned that surface electrostatics may contribute to the formation and stability of a serpin:protease complex and thus protease inhibition. The electrostatic potential surfaces of conserpin, conserpin-AAT_{RCL} and α 1-AT differ in several regions. Both conserpin-AAT_{RCL} and α 1-AT feature a large electropositive surface centred around the loop connecting strands 2 and 3 of β -sheet B (s2B and s3B) (Fig. 2B,C). In conserpin-AAT_{RCL}, this patch extends to

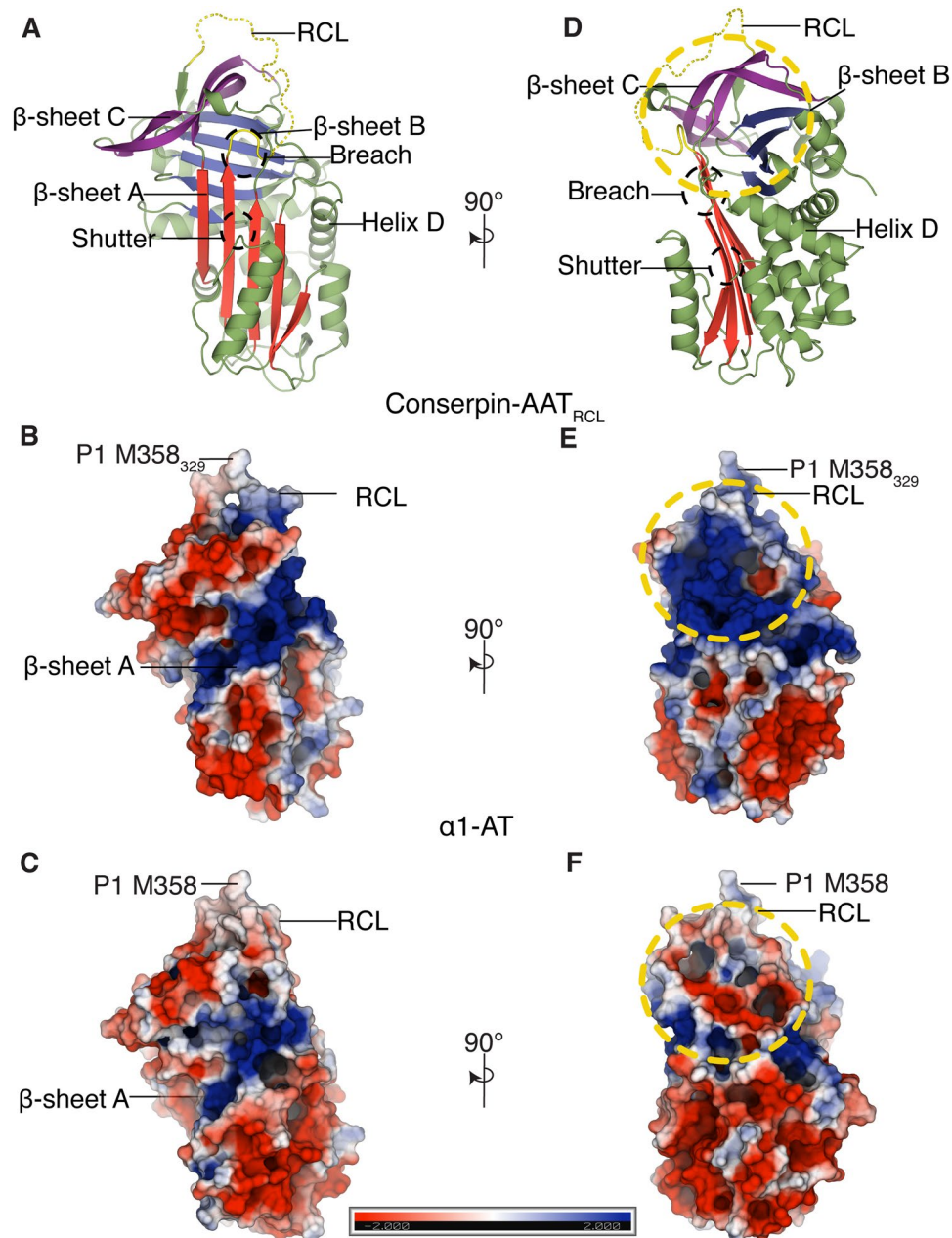


Figure 2. Structure and electrostatics of conserpin-AAT_{RCL}. **(A,D)** X-ray crystal structure of native state conserpin-AAT_{RCL} represented as a cartoon. The breach and shutter regions are marked with black broken circles. **(B–F)** A comparison of electrostatic potential surfaces (blue = +ve, red = -ve) of **(B,E)** conserpin-AAT_{RCL} and **(C,F)** α 1-AT. Both conserpin-AAT_{RCL} and α 1-AT feature a large electropositive surface centred around the loop connecting strands 2 and 3 of β -sheet B (s2B and s3B) **(B,C)**. A large surface patch between helix D and the RCL, highlighted with yellow broken circles, has a generally positive potential in conserpin-AAT_{RCL} **(E)**, and negative potential in α 1-AT **(F)**.

encompass the D-helix, P9–P1 of the RCL, and strand 2 of β -sheet C (s2C)—helix H (Fig. 2E). The corresponding region on α 1-AT is much smaller, covering a region under the RCL, some residues of s1B and its connecting loop to helix G, s4B and s5B (Fig. 2F).

A second difference is seen on the top surface of the serpins, directly beneath the RCL. Differences between α 1-AT and conserpin-AAT_{RCL}—particularly in s2C, s3C, and the loop between s3A and s3C—lead to a large difference in charge on the surface beneath P9–P1 (Fig. 3A,B). In conserpin-AAT_{RCL} (and conserpin), this region has a large electropositive potential, while the corresponding region in α 1-AT is more neutral in charge (Fig. 3A,B).

Functional requirements of an inhibitory serpin's RCL provide selective pressures on its sequence. In inhibitory serpins, the sequence of the RCL must correspond to the specificity of its target proteases⁷, maintain a linear, mobile structure in the stressed/native state, and still remain capable of insertion into highly conserved regions

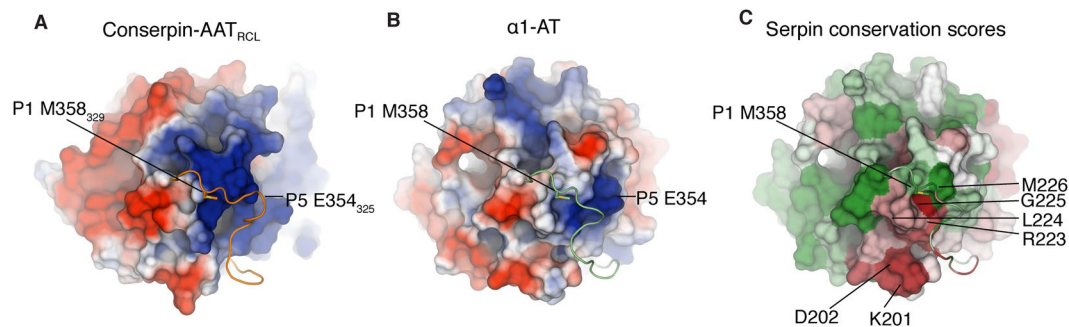


Figure 3. Electrostatic potential surfaces of the RCL differs between conserpin-AAT_{RCL} and α 1-AT. While we have grafted the α 1-AT RCL (cartoon) from P7–P2' onto conserpin (surface), the electrostatic surface potential between conserpin-AAT_{RCL} and α 1-AT differs beneath the RCL. (A) In conserpin-AAT_{RCL}, the region below the RCL contains a large electropositive potential, while in α 1-AT (B), the corresponding region is more neutral in charge. (C) ConSURF conservation scores for the serpin superfamily, mapped onto the surface of α 1-AT as colours from forest green (highly conserved) to brick red (highly variable). This depicts poor conservation (red) of residues 201–202 and 223–225 of α 1-AT, suggesting that these residues may be responsible for contributing to protease specificity within the serpin family.

in β -sheet A post-cleavage (an example is the requirement of small residues in the hinge region^{17,38,39}). Given these known coevolutionary pressures, it follows that there should be either highly conserved residues which are responsible for conferring this polymorphic behaviour, or a coevolutionary signal present in the sequences of functionally interacting regions within the serpin. As we were interested in the interactions between the residues of the RCL and residues beneath the RCL, we calculated conservation scores using a sequence alignment of 212 serpin sequences, and mapped them onto the structure of α 1-AT (Fig. 3C). Residues facing the P1 and P1' residues of the RCL are well conserved, compared to residues on strands s2C and s3C that face the RCL (under the residues N-terminal to P1). We were unable to identify any significant coevolutionary links between residues of the RCL and the region below it on sheet C, though this is most likely a reflection on the limited number of sequences used.

To further investigate the interactions between the RCL and the body of the serpin, we looked at the frustration networks within conserpin-AAT_{RCL} and α 1-AT. Frustration analysis labels pairs of residues as 'frustrated' if their interaction is destabilising compared to other combinations of residues in the same location⁴⁰; clusters of frustrated residues are often found near binding sites, suggestive of a stressed conformational state, or otherwise implicated in the function of the protein⁴¹. In α 1-AT, the RCL is minimally frustrated against the body of the serpin, with only the P12-P9 region present in a patch of high frustration. In contrast, there is a more extensive network of frustration in conserpin-AAT_{RCL}, particularly between the RCL and the loop between s3A and s3C (Fig. S2). These distinct frustration patterns reflect the differences we observed in the electrostatics on top of the serpin body (Fig. 3), and suggest that the electrostatic compatibility between the body of the serpin and the RCL plays a key role in determining serpin functionality.

Having established clear differences in the surface electrostatics of the serpins, we next investigated possible consequences for engagement with proteases trypsin and HNE. Given contrasting inhibition of these two proteases we compared their electrostatic potential surfaces. The largest difference between the two proteases is found at the active site. Whereas both proteases feature an electronegative potential in the active site cleft, in trypsin it is more extensive, encompassing S2–S4 binding pockets and the surrounding residues (Fig. 4B,E). In contrast, the S3–S4 binding pockets and surrounding residues of HNE contains an adjacent large electropositive patch (Fig. 4E). To observe any electrostatic potential clashes during a hypothetical serpin–protease encounter complex, we modelled a conserpin-AAT_{RCL}: trypsin complex, and a conserpin-AAT_{RCL}: HNE complex, each with P1 M358₃₂₉ in the protease active site (Fig. 4A,D), using the x-ray crystallography structure of a Michaelis complex as a starting model (PDB: 1K9O⁴²). The electrostatic potential for each protease and serpin were calculated separately, eliminating the influence of one electrostatic potential onto the other.

The calculated electrostatic potential suggests trypsin has greater electrostatic compatibility with conserpin-AAT_{RCL} than HNE. This compatibility can be attributed to the large electropositive surface of the RCL and the body below the RCL. Compatibility will be essential for the formation and stability of a Michaelis serpin–protease complex, where there is contact between the binding pockets (S4–S1') of the protease and P6–P1' residues of the RCL. The formation and stability of a serpin–protease complex between conserpin-AAT_{RCL} and trypsin can occur with favourable interaction between trypsin's electronegative S3–S4 pockets (Fig. 4B) and the electropositive potential of conserpin-AAT_{RCL} P6–P3 residues (Fig. 4C). Therefore, conserpin-AAT_{RCL} can inhibit trypsin. In comparison, the formation and stability of a complex may be hindered by the charge–charge repulsion between the electropositive S3–S4 binding pockets of HNE (Fig. 4D) and the electropositive surface of P6–P3 of the RCL (Fig. 4E). As a result, conserpin-AAT_{RCL} behaves as a substrate to HNE rather than as an inhibitor.

RCL dynamics are important for protease inhibition. Given the large conformational changes involved in serpin function⁴³, and specifically the central role played by the RCL in protease engagement and subsequent insertion into the A-sheet, an investigation of the dynamics of the RCL of conserpin-AAT_{RCL} may

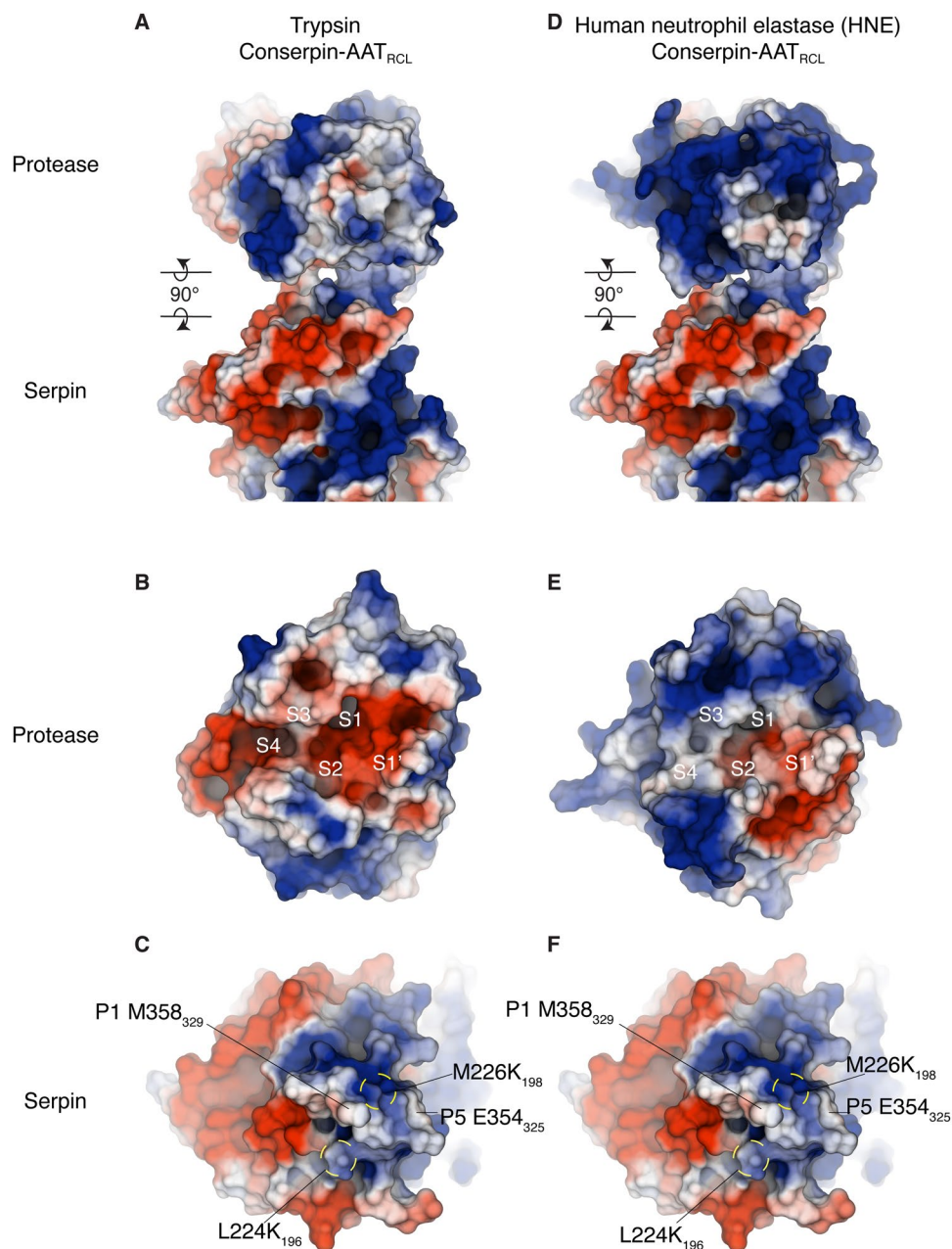


Figure 4. Electrostatic compatibility between serpin and protease. **(A)** Electrostatic surfaces of a modeled complex between trypsin and conserpin-AAT_{RCL}, and **(D)** between HNE and conserpin-AAT_{RCL}. Associated complexes are separated into individual proteins by rotating each molecule by 90° around the horizontal axis in the plane of the paper (clockwise for the top molecules, anti-clockwise for the bottom molecules). **(B)** Electrostatic surface for the active site of trypsin and **(E)** HNE shows that trypsin has a more electronegative binding cleft than HNE. Comparing this to the electrostatic surface of **(C, F** idem.) conserpin-AAT_{RCL} suggests a greater electrostatic compatibility between trypsin, particularly the electropositive surface below the RCL. However, the electropositive surface of S3–S4 binding pocket in HNE suggests there may be a charge repulsion with the electropositive surface potential of conserpin-AAT_{RCL} at P6–P3.

provide some insight into its inhibitory properties. We therefore performed molecular dynamics (MD) simulations of conserpin-AAT_{RCL} and compared the results to those of α 1-AT and conserpin simulations we performed previously³¹. Although we are unable to perform simulations for long enough to observe the RCL insertion into the A-sheet, MD is able to reveal the intrinsic dynamics of the RCL and specifically the lifetime of its interactions with the body of the serpin. After reaching equilibrium at around 150 ns, the root mean square deviation (RMSD) indicated that the simulations remained stable with no large conformational changes observed (Fig. S3). Given the importance of RCL conformation in facilitating the S→R transition following protease engagement, we analyzed the dynamics of the A-sheet and the RCL, and also the interactions between the RCL and the body of the serpin during the time course of the MD simulations. The central A-sheet contains two conserved regions, the

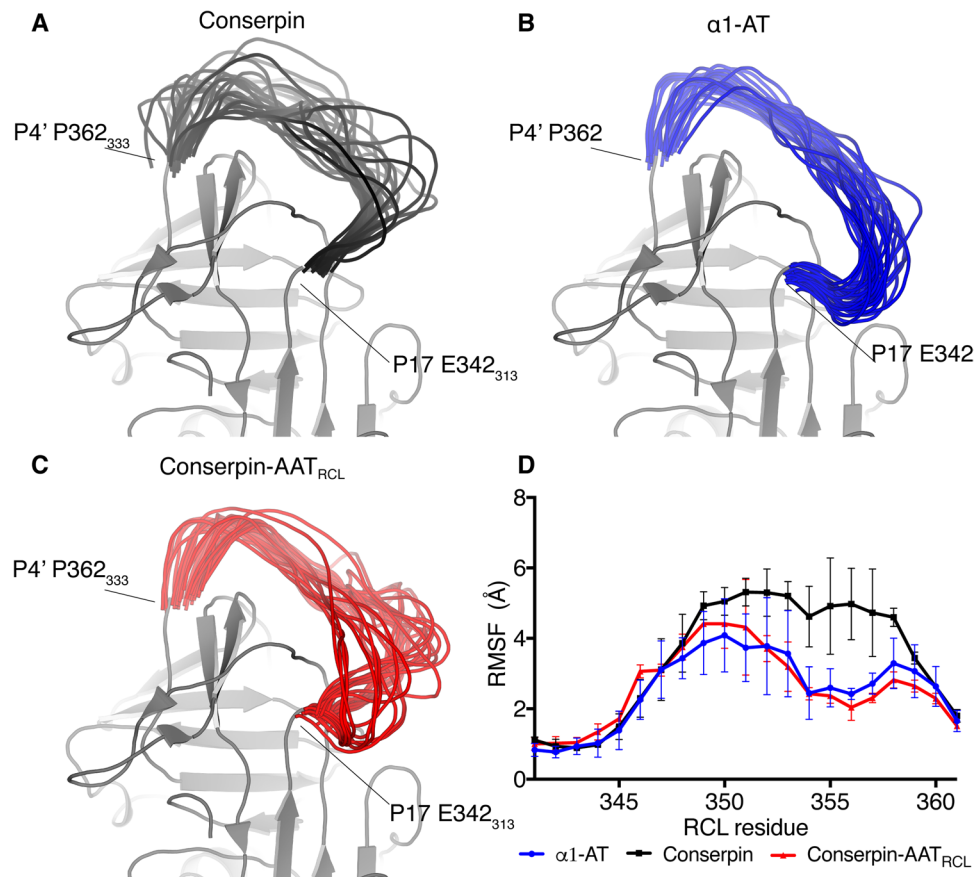


Figure 5. The dynamics of the RCL is important for inhibition. Snapshots of conformations of the RCL from the MD runs at 50 ns intervals overlaid on static structure for the rest of the molecule, showing that (A) conserpin prefers an extended-hinge RCL conformation, (B) α1-AT prefers a bent-hinge RCL conformation, and (C) conserpin-AAT_{RCL} occupies both of these conformations. The increased flexibility of the lower RCL region (residues 342₃₁₄-352₃₂₃) relative to both conserpin and α1-AT. (D) Root mean square fluctuation (RMSF) calculated for the RCL region from the molecular dynamics simulations shows that the conserpin-AAT_{RCL} (red) has lower flexibility than conserpin (black) in the 353₃₂₄-362₃₃₃ region but a higher flexibility in the 342₃₁₄-352₃₂₃ region than conserpin and α1-AT (blue) (α1-AT numbering), reflecting the structural differences between the two conformational clusters occupied by the RCL.

shutter and breach, which are critical for the insertion of the RCL; mutations in these regions often render the serpin susceptible to misfolding and aggregation⁵.

Substitution of residues P7–P2' of the RCL for the corresponding region of α1-AT did *not* serve to reduce the flexibility of the RCL region to the lower level observed in α1-AT simulations³¹. Instead, while the region of conserpin-AAT_{RCL} around residues 353₃₂₄-362₃₃₃ showed a reduced root mean square fluctuation (RMSF) (corresponding to less conformational variability), the region around residues 342₃₁₄-352₃₂₃ of the RCL showed an increased RMSF (Fig. 5D). This increase in flexibility is evident in comparing MD snapshots of the three systems, where the substantially increased flexibility of the lower RCL region of conserpin-AAT_{RCL} is clearly evident (Fig. 5A–C). This highly dynamic region encompasses the hinge region of the RCL, the first residues that insert into the A-sheet.

As the fate of the serpin as either a substrate or inhibitor is determined by the competition between rates of RCL insertion and the de-acylation of the protease¹⁶, it is likely that an increase in RCL loop dynamics would slow the rate of insertion. This would allow a protease with a fast catalytic mechanism (such as HNE), to escape inhibition, thereby pushing the serpin down the substrate pathway.

To further characterise the difference in the dynamics between the RCL of α1-AT and conserpin-AAT_{RCL}, we scrutinized the occupancy of salt bridges formed between the RCL and the body of the serpin over the course of the simulations. α1-AT contains 5 residues that can form salt bridges (1 aspartic acid, 1 lysine and 3 glutamic acids), while conserpin-AAT_{RCL} contains 4 residues (4 glutamic acids). Focusing on the salt bridges with >20% occupancy during the simulations, the occupancy difference of one salt bridge between the two simulations was most notable. The highly conserved salt bridge E342₃₁₃-K290₂₆₁ has a lower occupancy in conserpin-AAT_{RCL} than in α1-AT (41% compared to 91%). This salt bridge is the basis of the disease-causing Z variant of α1-AT, with removal of this interaction by the E342K mutation producing an aggregation-prone serpin^{39,44}. The consequence of this decreased occupancy is an increase in the dynamics of E342₃₁₃, increasing the dynamics in the hinge

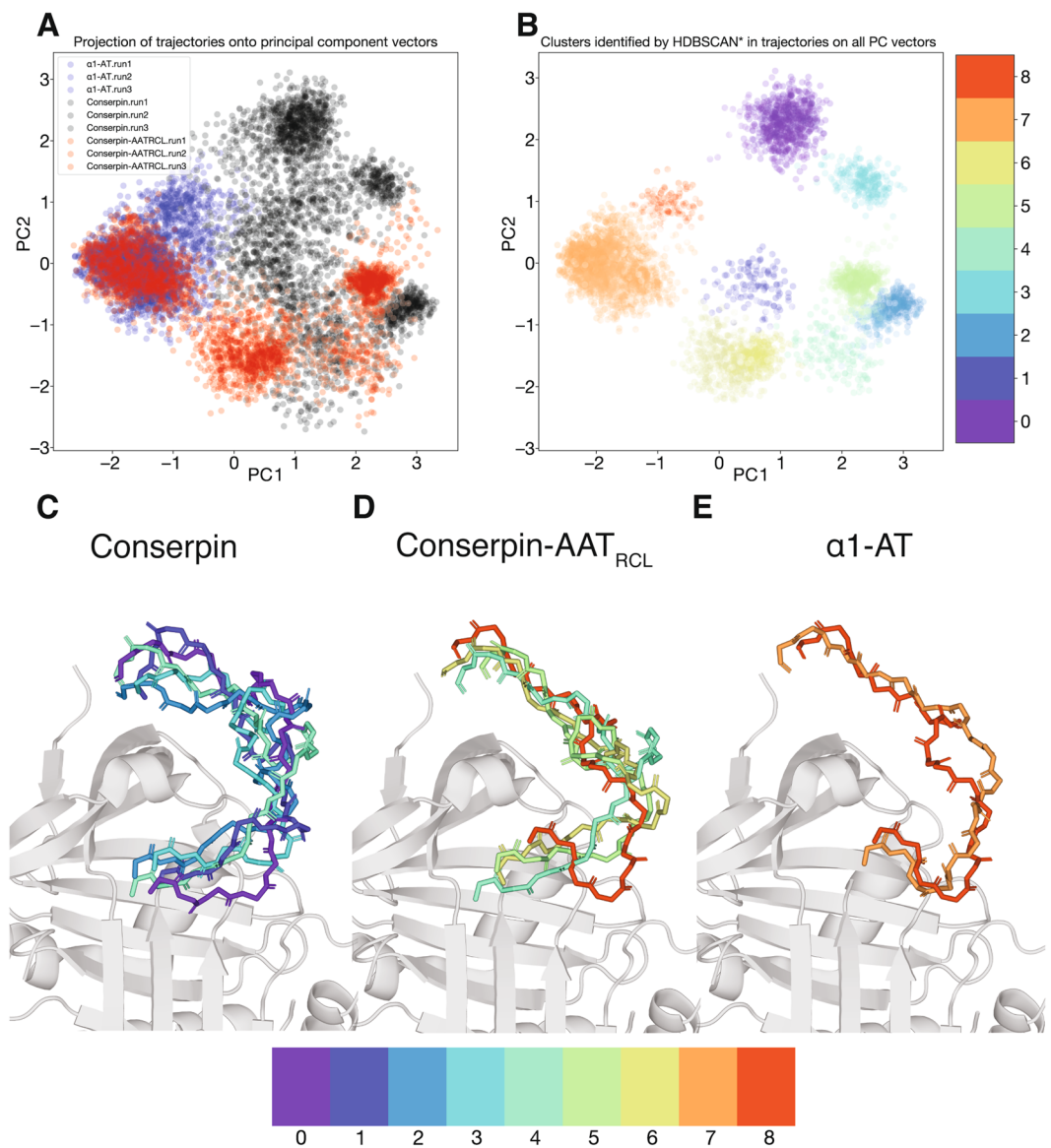


Figure 6. RCL conformational cluster determination by principal component analysis. To describe the motion of the RCL across all simulations, principal component vectors were determined for all RCL backbone conformations. **(A)** The trajectories of each RCL (α 1-AT: blue, conserpin: black, conserpin-AAT_{RCL}: red) are projected on the first 2 PC axes, and **(B)** these conformations were grouped into 9 clusters. For **(C)** conserpin, **(D)** conserpin-AAT_{RCL} and **(E)** α 1-AT, representative RCL backbone conformations for the clusters explored by each serpin over the course of the MD simulations, are shown atop a serpin body (grey cartoon α 1-AT (PDB: 3NE4)).

region, while leading to a decrease in the rate of RCL insertion, as previously observed⁴⁵. Conserpin-AAT_{RCL} is capable of inhibiting trypsin as proteases differ in the rates of deacylation insertion, allowing for the de-acylation step of the HNE cleavage to occur, resulting in cleavage inactivation of conserpin-AAT_{RCL} and release of active HNE.

To understand the RCL conformations adopted by conserpin-AAT_{RCL} throughout the simulations, we performed principal component analysis on the conformations of the RCL backbone (between P17-P1') over all simulations (α 1-AT, conserpin and conserpin-AAT_{RCL}), followed by a clustering. This produced a total of 9 clusters, with RCL conformations within each cluster being structurally close but clearly distinguishable from others (Fig. S4). These analyses show that α 1-AT's RCL maintains a reasonably close set of conformations throughout the three independent simulations, while conserpin's RCL explores a broad variety of conformations that are exclusive of those explored by α 1-AT's RCL (Fig. 6A). Conserpin-AAT_{RCL}'s RCL not only adopts conformations that overlap with those of the other serpins, but also explores conformations that were not seen in α 1-AT and conserpin simulations.

Conserpin's RCL explored 5 different conformations (5 clusters), most of which have an extended conformation in which the hinge region (P12-P9) of the RCL is moved away from the breach region of β -sheet A (Fig. 6B).

This preference for an extended RCL hinge in conserpin is surprising, as conserpin has an extended salt bridge network in the breach region in comparison to α 1-AT³¹, which was hypothesised to stabilise conserpin's native state.

For α 1-AT, the RCL explores 2 similar conformations, with both conformations containing the hinge region primed for insertion between s3A and s5A. This expands on the RMSF analysis (Fig. 5D), where α 1-AT's RCL was seen to be relatively rigid over the course of the simulations (in comparison to conserpin and conserpin-AAT_{RCL}). The rigidity of α 1-AT's RCL suggests that there are interactions between the body and the RCL that reduce the dynamics of the loop, and possibly prime the hinge region between s3A and s5A strands.

The RCL of conserpin-AAT_{RCL} explores 4 conformations: one overlapping with a cluster seen in conserpin, one overlapping with a cluster seen in α 1-AT, and 2 conformations unique to conserpin-AAT_{RCL}. All of these conformations (except the α 1-AT-like one) include an extended hinge region away from β -sheet A. This could possibly be a consequence of the interactions between the residues on β -sheet C and the RCL, as stated previously²⁶. Interestingly, one of the conformations include a slight helical turn from P10-P7 (similarly to an α 1-AT / α 1-antichymotrypsin chimera⁴⁶), possibly responsible for pulling the hinge region away from β -sheet A. Importantly, one of conserpin-AAT_{RCL}'s RCL conformation is similar to α 1-AT's, where the hinge region is primed to insert into β -sheet A. The ability of conserpin-AAT_{RCL} to access this conformation may explain the increase in inhibitory activity against trypsin over conserpin, as the conserpin-AAT_{RCL} RCL could insert faster than conserpin from this pose. However, despite this primed hinge region conformation, conserpin-AAT_{RCL} primarily remains a substrate against HNE. It is possible that HNE could negatively impact on the conformation of the RCL upon encounter, or even prevent formation of a stable serpin:protease complex, a scenario in which HNE's catalytic mechanism occurs more rapidly than trypsin, allowing for rapid cleavage of the RCL followed by substrate rather than inhibitor behaviour. A structural difference was also observed by calculating the phi-psi angles of the RCL for each serpin over the course of the simulations. Replacement of P7-P2' of α 1-AT onto conserpin has failed to reproduce the conformational pattern seen in α 1-AT. Specifically, while the conformations adopted by conserpin-AAT_{RCL} in the region around residues 353₃₂₄-362₃₃₃ (Fig. S5, red) are more similar to those of α 1-AT than conserpin (Fig. S5, blue and black, respectively), those in the region around residues 342₃₁₄-352₃₂₃ (Fig. S5) show a distinctly different set of conformations. Together these observations indicate that the conformational landscape sampled by the structure in and around the RCL region, including areas near the breach region, is important in the process of RCL insertion, and thus ultimately serpin inhibitory specificity.

Discussion

Conserpin shares high sequence identity to α 1-AT (59%), is extremely stable, polymerisation-resistant and yields large quantities when expressed through recombinant techniques. It is therefore an attractive model system for investigating the folding, stability and function of serpins. In this study, to investigate the determinants of serpin specificity, we used a conserpin/ α 1-AT chimera, which we call conserpin-AAT_{RCL} in which the residues in the RCL are replaced with those of α 1-AT. The resulting hybrid retained the thermostability and polymerisation resistance of conserpin. However, despite containing the RCL sequence of α 1-AT, which is thought to be a key determinant of inhibitory specificity, conserpin-AAT_{RCL} showed only minor improvement as an inhibitor of trypsin, in comparison to conserpin, and like conserpin behaved mostly as a substrate against HNE.

We attempted to rationalise the substrate behaviour of conserpin-AAT_{RCL} using a structural and molecular modelling/simulation approach. Although the x-ray crystal structure of conserpin-AAT_{RCL} revealed no significant differences with the parent molecule, we were able to provide insights into the failure to transfer specificity by analysing electrostatic differences and changes in the flexibility of RCL, hinge, breach and shutter regions with molecular dynamics simulations.

For a serpin to perform its inhibitory function, the serpin and protease must come into contact with each other. Reasoning that, like other protein–protein complexes^{47,48}, cognate serpins and proteases must exhibit complementary electrostatic surfaces to ensure rapid, and high affinity association, we identified several differences between the electrostatic surface characteristics of α 1-AT and conserpin-AAT_{RCL} that may contribute to their contrasting inhibitory properties. HNE contains a shallow active site that interacts with P6–P3' residues of the RCL, therefore the electrostatic surface of this region must be complementary to ensure efficient binding to the P1 methionine residue^{27,49}. In comparison to α 1-AT, conserpin-AAT_{RCL} harbours several regions where poor charge complementarity may explain the diminished capacity to form a complex with HNE, and subsequently why it acts as a substrate rather than an inhibitor. One of these regions includes the electrostatic potential beneath the RCL. The role of electrostatics has been investigated for several serpins. For example, single-pair Förster resonance energy transfer (spFRET) studies of the inhibition of anionic rat and cationic bovine trypsin by α 1-AT showed only partial translocation of anionic rat trypsin compared to full translocation of cationic bovine trypsin^{50,51}. This indicates that the electrostatic potential between the protease and serpin are important for formation of a serpin:protease complex and protease inhibition. Similarly, for the serpin PAI-1, the Michaelis complex between tissue-type plasminogen activator (tPA) and PAI-1 was observed to have more complementary electrostatic interactions than the complex between urokinase-type plasminogen activator (uPA) and PAI-1. This was used to explain the difference in second-order inhibitory rate constants between the two proteases: tPA is inhibited at a faster rate ($2.6 \times 10^7 \text{ M}^{-1} \text{ s}^{-1}$) compared to uPA ($4.8 \times 10^6 \text{ M}^{-1} \text{ s}^{-1}$)^{52,53}. Furthermore, an arginine to glutamic acid substitution produced a 'serpin-resistant' tPA variant, where the glutamic acid produced a repulsion to PAI-1, leading to a failure to inhibit this variant. This tPA variant was only inhibited through creating a complementary PAI-1 with the opposite glutamic acid to arginine mutation^{54,55}, further emphasising the importance of surface potential in the formation of a stable serpin:protease complex. Any possible repulsive interactions may destabilize a serpin:protease complex and therefore prevent inhibition.

Dynamics in the RCL is important for its insertion into β -sheet A during protease inhibition. We therefore investigated the difference in RCL dynamics between conserpin-AAT_{RCL} and α 1-AT using molecular dynamics

simulations. Despite P7-P2' of conserpin-AAT_{RCL} being identical to the corresponding region in α 1-AT, the overall flexibility of the RCL region as a whole was not reduced to the level of α 1-AT, while the hinge region of the RCL, which inserts into β -sheet A first during insertion, exhibited higher flexibility in conserpin-AAT_{RCL} compared to α 1-AT. A plausible explanation for this is the additional residue at P2'. Conserpin was designed without an isoleucine at P2', producing an RCL length that fits onto the serpin body. The addition of P2' isoleucine in conserpin-AAT_{RCL} may force the RCL to adopt a non-ideal conformation, possibly increasing the dynamics of the hinge region.

The conformation of the RCL is likely highly tailored to the particular inhibitory specificity of each serpin. α 1-AT, a potent inhibitor of HNE, has an RCL that is in a primed position for insertion into β -sheet A. That is, the hinge region is poised between strands 3A and 5A, allowing for rapid insertion during HNE inhibition. Conserpin and conserpin-AAT_{RCL} contain RCL conformations that are extended, with the hinge region away from β -sheet A, likely reducing the rate at which the RCL can insert. One conformation that conserpin-AAT_{RCL} explores contains a primed hinge region, which possibly explains the increase in its inhibitory activity against trypsin (compared to conserpin), but is not enough to produce inhibition against HNE. Furthermore, the breach region of α 1-AT 'loosens' and opens over the course of the simulations³¹, while the breach region in conserpin and conserpin-AAT_{RCL} remains rigid due to the extended salt bridge network. Therefore, it is possible that α 1-AT inhibits HNE at a rapid rate due to the primed position of the hinge region and opening of the breach region, allowing inhibition before HNE's de-acylation step of cleavage. Our observation that the RCL of conserpin-AAT_{RCL} sampled this primed hinge conformation out of 4 possible conformations, and the relatively rigid nature of its breach region, suggests that the initial steps of RCL insertion into A-sheet are slower than the de-acylation step of HNE's cleavage.

Previous studies that have attempted to convert the specificity of ACT to that of α 1-AT by swapping RCL residues have been generally unsuccessful, as the chimeras had a greater SI and slower inhibitory rate compared to α 1-AT. This suggests that other factors may play important roles, including interactions between the RCL and the body of the serpin, and the structure of the chimeric RCL^{15,26,27,46}. Engineering of ACT/ α 1-AT chimeras show that HNE's proteolytic mechanism occurs on a shorter timescale in comparison to ACT's catalytic mechanism¹⁵. It is also known that an increase in the dynamics of the RCL can affect the serpin's ability to inhibit a protease. Notably, loss of a salt bridge in the breach region in α 1-AT Z variant increases RCL dynamics and subsequently leads to an SI increase (from 1.0 to 1.8) and decrease in rate of inhibition (from 6.9 to $2.3 \times 10^6 \text{ M}^{-1} \text{ s}^{-1}$)^{45,56-58}. This implies that the rate of RCL insertion occurs slower than the de-acylation step of HNE's catalytic mechanism, producing a substrate rather than an inhibitor of HNE. It is likely that RCL-protease interactions will vary for each protease, influencing the dynamics of the RCL²⁹ and the conformational change needed for RCL insertion⁵⁹. With the use of fluorescent labels, it was observed that the two protease targets of plasminogen activator inhibitor-1 (PAI-1), tissue-type plasminogen activator (tPA) and urokinase-type plasminogen activator (uPA), rests differently on the P1-P1' bond and change the dynamics of the RCL when bound. tPA affects the C-terminus of the RCL through exosite interactions, while retaining dynamics observed with free PAI-1. In contrast, uPA affects the N-terminus with different exosite interactions, restricting the dynamics and immobilising the RCL. This difference in RCL dynamics also contributes to the difference in the rates the proteases are inhibited by PAI-1²⁹. Taken together, the dynamics of the RCL is critical for the rate of insertion during protease inhibition. Fast insertion favours protease inhibition while slow insertion forces the serpin to undergo the substrate pathway.

Along with the possibility of electrostatic repulsion and increased RCL dynamics, the failure to transfer specificity onto conserpin-AAT_{RCL} could be a consequence of the delicate balance between stability and function. Serpins use the metastable conformation to undergo the large conformational change necessary for its inhibitory function. Increasing the stability of this metastable state may decrease the dynamics and plasticity required to undergo the S \rightarrow R transition during inhibition of a target protease. For example, increasing the stability of α 1-AT more than 13 kcal mol⁻¹ than the wild type α 1-AT compromises its inhibitory activity⁶⁰. For conserpin, the very high stability, although still functional, can be attributed to certain key regions important for the serpin's inhibitory mechanism and S \rightarrow R transition³¹. Structural plasticity is required in the breach region, as this region is important in controlling the insertion of the RCL and conformational change to allow for protease inhibition. The extensive salt-bridge network in the breach region in conserpin and conserpin-AAT_{RCL} increases rigidity and slows the opening of β -sheet A between strands s3A and s5A. The rigidity of the breach, along with displacement of conserpin and conserpin-AAT_{RCL} hinge region away from β -sheet A, may explain the reduced inhibitory activity of conserpin towards trypsin, and the failure of conserpin-AAT_{RCL} to inhibit HNE. Furthermore, helix F, which packs tightly against the A-sheet, may act as a barrier to RCL insertion via A-sheet opening, and must partially unfold to allow rapid RCL insertion⁶¹⁻⁶³. Mutations on the helix F/A-sheet interface of α 1-AT can relieve this tight packing, increasing the stability but also decreasing activity. Therefore, the tight packing between helix F and A-sheet contributes to the metastability and that is relieved in the S \rightarrow R transition. In conserpin, this interface is tightly packed, but not to the extent of α 1-AT. As a result, the tight packing at this interface may not have the strain observed in α 1-AT, slowing the partial unfolding of helix-F to allow for rapid RCL insertion.

In conclusion, we utilized a serpin chimera to investigate the rules that govern serpin specificity, by studying the effect of replacing the RCL of conserpin, a model synthetic serpin, with the corresponding sequence from α 1-AT. Despite possessing the RCL sequence of α 1-AT, specificity against trypsin or HNE was not restored to that of α 1-AT. Crystal structural analysis and molecular dynamics simulations indicate that, although the RCL sequence may partially dictate specificity, electrostatic surface potential coupled with dynamics in and around the RCL likely play an important role. Although beyond the scope of the current study, systematic mutational studies on conserpin-AAT_{RCL} that alter its electrostatic complementarity with HNE will ultimately allow our hypotheses to be tested. The dynamics of the RCL appears to govern the rate of insertion during protease inhibition, dictating whether it behaves as an inhibitor or a substrate. The unusual mechanism of serpin action also requires a delicate balance between stability, dynamics and function^{64,65}. Engineering serpin specificity is therefore substantially more complex than solely manipulating the RCL sequence, and although may be guided by the general principles

discussed in this work, each serpin will most likely present unique challenges. Notwithstanding this, further characterisation of the role of dynamics will be required to advance our understanding of how serpins perform their exquisite inhibitory functions.

Materials and Methods

Design of conserpin-AAT_{RCL}. The design of conserpin-AAT_{RCL} was based on the RCL sequence of α 1-AT. Residues P₇-P₂' of the α 1-AT RCL were mutated onto the original conserpin molecule to provide specificity against trypsin and neutrophil elastase. The residue numbering adheres to that adopted as previous³¹: Q105 _{α 1-AT} and corresponding conserpin-AAT_{RCL} residue R79_{conserpin-AATRCL} is written as Q105R₇₉.

Expression constructs. The plasmid encoding conserpin-AAT_{RCL} was generated using ligation-independent cloning with the pLIC-HIS vector⁶⁶ using standard protocols, adding an N-terminal 6His-tag to conserpin-AAT_{RCL}; this construct was transformed into BL21(DE3) pLys E. coli.

Protein expression and purification. Protein was expressed in 2xYT media and induced with isopropyl β -D-1-thiogalactopyranoside (IPTG) at an OD₆₀₀ of 1. Expression was continued for 3 hours before cells were harvested and lysed in 10 mM imidazole, 50 mM NaH₂PO₄, 300 mM NaCl, pH 8.0. Following centrifugation, batch bound to nickel-NTA loose resin (Qiagen) and washed with 50 mL of 20 mM imidazole, 50 mM NaH₂PO₄, 300 mM NaCl, pH 8.0. Any conserpin-AAT_{RCL} bound to the nickel-NTA resin was eluted with 250 mM imidazole, 50 mM NaH₂PO₄, 300 mM NaCl, pH 8.0, into 5 mL fractions. Fractions containing conserpin-AAT_{RCL} were loaded into a Superdex 200 16/60 column for further purification and eluted with 50 mM Tris-HCl, 150 mM NaCl pH 8.0. The N-terminal His-tag remained attached to conserpin-AAT_{RCL}.

Characterisation of inhibitory properties. The stoichiometry of inhibition against bovine trypsin (Sigma-Aldrich) was performed similarly as described^{31,36}. Briefly, various concentrations of conserpin-AAT_{RCL} (0–200 nM in 25 nM increments) was incubated with a constant trypsin (105 nM) concentration at 37 °C for 30 min in 50 mM Tris-HCl, 150 mM NaCl, 0.2% v/v PEG 8000 pH 8.0. The residual trypsin activity was measured at 405 nm using the substrate Na-benzoyl-L-arginine 4-nitroanilide hydrochloride (Sigma-Aldrich).

To test for activity after refolding, conserpin-AAT_{RCL} was unfolded in 6 M guanidine hydrochloride (GdnHCl) 50 mM Tris-HCl, 150 mM NaCl pH 8.0 for 2 hours before refolding via dilution for another 2 hours, so the final concentration of guanidine hydrochloride was 0.2 M. Any aggregate was pelleted by centrifugation and the sample dialysed against the same buffer to remove any remaining GdnHCl. The SI assay against trypsin was performed as stated above (constant trypsin concentration of 210 nM and varying conserpin-AAT_{RCL} concentrations from 0–450 nM in 50 nM increments).

To observe an SDS-stable serpin: protease complex, different ratios of serpin were incubated with protease for 30 minutes at 37 °C. Reducing SDS sample buffer was added to each sample and quenched on ice to stop any further reaction. Samples were loaded onto a 10% SDS-PAGE.

Circular dichroism scans and thermal denaturation. Circular dichroism (CD) measurements were performed on a Jasco J-815 CD spectrometer at a protein concentration of 0.2 mg/mL with PBS using a quartz cell with a path-length of 0.1 cm. Far-UV scans were performed at 190–250 nm. For thermal denaturation, a heating rate of 1 °C/min from 35 °C to 95 °C was used, with the change in signal measured at 222 nm. For samples containing 2 M GdnHCl, refolding was measured directly after the thermal melt by holding the temperature at 95 °C for 1 min before the temperature was decreased to 35 °C at the same rate. The midpoint of transition (T_m) was obtained by fitting the data with a Boltzmann sigmoidal curve in accordance with the method described³¹ for both forward and reverse thermal denaturation experiments.

Crystallization, X-ray data collection, structure determination and refinement. Crystals of conserpin-AAT_{RCL} were obtained using hanging drop vapour diffusion, with 1:1 (v/v) ratio of protein to mother liquor (1 μ L of conserpin-AAT_{RCL} mixed with 1 μ L of mother liquor). The protein was concentrated to 10 mg/mL and crystals appeared in 0.2 M magnesium chloride, 0.1 M Bis-Tris and 20% PEG 3350, pH 6.5 after 5 days.

Diffraction data was collected on the MX2 beamline at the Australian Synchrotron. The diffraction data was processed with iMOSFLM⁶⁷ to 2.48 Å, followed by scaling with SCALA⁶⁸ in the CCP4 suite⁶⁹. The structure was determined by molecular replacement (MR) with Phaser⁷⁰ using the conserpin structure (native state) as a search probe (PDB 5CDX)³¹. The model was built and refined using PHENIX⁷¹ and Coot⁷².

Computational resources Atomistic MD simulations were performed on Multi-modal Australian ScienceS Imaging and Visualisation Environment (MASSIVE), and in-house hardware (NVIDIA TITAN X Pascal GPU).

Atomic coordinates, modelling and graphics. The RCL was modelled onto the x-ray crystal structure using MODELLER⁷³. In MD simulations, atomic coordinates were obtained from the following PDB entry: 3NE4³⁷. α 1-AT and conserpin MD simulations used for the analysis used our previously reported data³¹. The residue numbering remained as determined by crystal structure, that is, the glutamine from the TEV cleavage tag remained as residue -1. Structural representations were produced using PyMOL version 2.0.4⁷⁴ and VMD 1.9.4⁷⁵. Trajectory manipulation and analysis was performed using MDTraj⁷⁶ and VMD 1.9.4⁷⁵. Electrostatic calculations were performed with the APBS plugin^{77,78} on PyMOL. Serpin:protease complexes were modelled based on the X-ray crystal structure of a serpin:protease Michaelis complex (*Manduca sexta* serpin 1B with rat trypsin (S195A), PDB: 1K9O)⁴².

Molecular dynamics (MD) systems setup and simulation. Each protein, with protonation states appropriate for pH 7.0 as determined by PROPKA^{79,80}, was placed in a rectangular box with a border of at least

10 Å, explicitly solvated with TIP3P water⁸¹, sodium counter-ions added, and parameterized using the AMBER ff99SB all-atom force field^{82–84}. After an energy minimization stage consisting of at least 10,000 steps, an equilibration protocol was followed in which harmonic positional restraints of 10 kcal Å² mol⁻¹ were applied to the protein backbone atoms. The temperature was incrementally increased while keeping volume constant from 0 K to 300 K over the course of 0.5 ns, with Langevin temperature coupling relaxation times of 0.5 ps. After the target temperature was reached, pressure was equilibrated to 1 atm over a further 0.5 ps using the Berendsen algorithm⁸⁵. Following equilibration, production runs were performed in the NPT ensemble using periodic boundary conditions and a time step of 2 fs. Temperature was maintained at 300 K using the Langevin thermostat with a collision frequency of 2 ps, and electrostatic interactions computed using an 8 Å cutoff radius and the Particle Mesh Ewald method⁸⁶. Three independent replicates of each system were simulated for 500 ns each using Amber 14⁸⁷. The three independent replicates for each system were concatenated, and RMSD, RMSF, and phi and psi angles computed over 500 ps timesteps using VMD 1.9.4⁷⁵.

Sequence methods. In calculating construct sequence identities, construct sequences were aligned using MUSCLE^{88,89} v3.8.1551. The 6xHIS-TEV-SacII N-terminal peptide was removed from the alignment so as not to inflate alignment statistics. Percentage identities were calculated as %id = 100% × number of identity columns/length of aligned region (including gaps).

Mapping of sequence conservation on structure α1-AT⁹⁰ was performed using the ConSurf 2016 server⁹¹ using the previously designed alignment of 212 serpins³⁹. Sequence coevolution analysis was performed using the OMES χ² residue independence test⁹², as well as the SCA⁹³ and ELSC⁹⁴ perturbation-based residue covariance methods.

RCL principal component analysis & clustering. From the nine trajectories described above, trajectories of the 72 atoms describing the backbone (N, CA, C, O) from P17 (E342)–P1' (S359) were extracted using MDTraj⁹⁵. These trajectories were concatenated together into a 8993-frame trajectory, and Scikit-learn⁹⁵ was used to calculate eigenvectors describing 216 principal component vectors. The top three PCA vectors describe 35.64%, 16.67%, and 11.72% respectively of the variance across all conformations in the concatenated trajectory. The nine trajectories were then transformed into this PCA space, and plotted using matplotlib⁹⁶.

The concatenated trajectory, as expressed in PCA coordinates, was clustered using the HDBSCAN algorithm^{97,98}, using default parameters, except a minimum cluster size of 1% of the total trajectory (90 frames).

Frustration calculation. Local frustration analysis of the modelled serpin: protease complexes was conducted with the Frustratometer2 web server⁹⁹. Essentially, the energetic frustration is obtained by the comparison of the native state interactions to a set of generated “decoy” states where the identities of each residue are mutated. The constant *k* used to model the electrostatic strength of the system was set to its default value (4.15). A contact is defined as “minimally frustrated” or “highly frustrated” upon comparison of its frustration energy with values obtained from the decoy states.

Accession Numbers. The coordinates and structure factors have been deposited in the Protein Data Bank under accession code 6EE5.

Data Availability

All data is available upon request from the corresponding author (AMB).

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Author Contributions

E.M.M. and A.M.B. designed the study. E.M.M. performed the protein expression, purification, C.D. thermal melt and assay experiments with assistance from B.T.P. and D.E.H. E.M.M., S.M. and A.M.B. performed the crystallography, with assistance from B.T.P. J.F. performed molecular dynamics simulations. J.F. and B.T.R. analyzed simulations, with assistance from I.K. M.G.S.C. performed frustration analysis. E.M.M. and B.T.R. generated figures. E.M.M., B.T.R., S.M. and A.M.B. wrote the manuscript.

Additional Information

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