

# Phenotype expansion of heterozygous *FOXC1* pathogenic variants toward involvement of congenital anomalies of the kidneys and urinary tract (CAKUT)

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**Purpose:** Congenital anomalies of the kidney and urinary tract (CAKUT) are the most common cause of chronic kidney disease in childhood and adolescence. We aim to identify novel monogenic causes of CAKUT.

**Methods:** Exome sequencing was performed in 550 CAKUT-affected families.

**Results:** We discovered seven *FOXC1* heterozygous likely pathogenic variants within eight CAKUT families. These variants are either never reported, or present in <5 alleles in the gnomAD database with ~141,456 controls. *FOXC1* is a causal gene for Axenfeld–Rieger syndrome type 3 and anterior segment dysgenesis 3. Pathogenic variants in *FOXC1* have not been detected in patients with CAKUT yet. Interestingly, mouse models for *Foxc1* show severe CAKUT phenotypes with incomplete penetrance and variable expressivity. The *FOXC1* variants are enriched in the CAKUT cohort compared with the control. Genotype–phenotype

correlations showed that Axenfeld–Rieger syndrome or anterior segment dysgenesis can be caused by both truncating and missense pathogenic variants, and the missense variants are located at the forkhead domain. In contrast, for CAKUT, there is no truncating pathogenic variant, and all variants except one are located outside the forkhead domain.

**Conclusion:** We thereby expanded the phenotype of *FOXC1* pathogenic variants toward involvement of CAKUT, which can potentially be explained by allelism.

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**Keywords:** congenital anomalies of the kidneys and urinary tract; exome sequencing

### INTRODUCTION

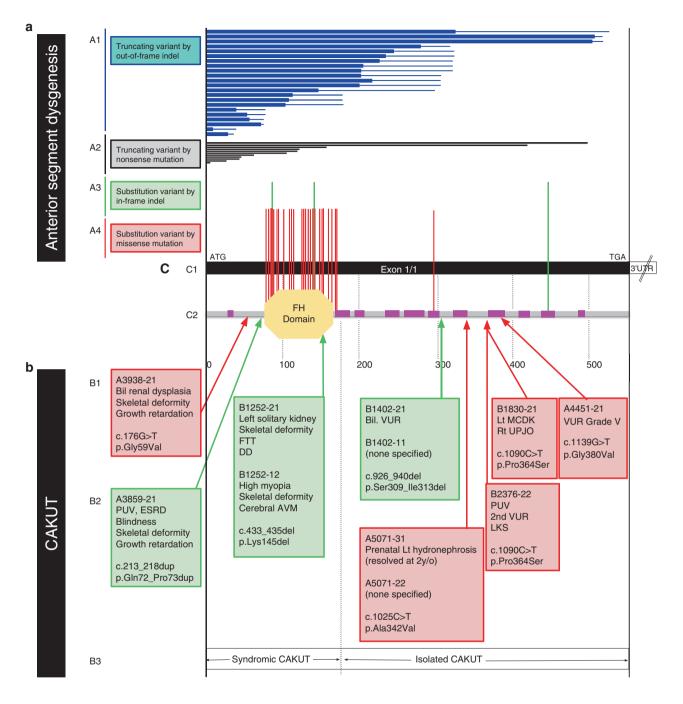
Congenital anomalies of the kidneys and urinary tract (CAKUT) are the most common cause of chronic kidney disease (CKD) in the first three decades of life.<sup>1</sup> CAKUT can present as an isolated renal or genitourinary condition or as part of a clinical syndrome.<sup>2,3</sup> To date, 40 genes have been identified as monogenic causes of isolated CAKUT (Supplementary Table S1), and 153 genes have been identified for syndromic CAKUT (Supplementary Table S2).<sup>4,5</sup>

FOXC1 belongs to the group of FOX proteins featuring a forkhead domain, which is a winged helix protein domain consisting of 80 to 100 amino acids.<sup>6</sup> The forkhead domain is known to bind DNA and through this binding regulate DNA

transcription.<sup>7,8</sup> Heterozygous *FOXC1* pathogenic variants (Fig. 1a) have been identified as the cause of Axenfeld–Rieger syndrome type 3 (OMIM 602482) and anterior segment dysgenesis 3 (OMIM 601631). The gene was first found to cause Axenfeld–Rieger anomaly,<sup>9–11</sup> which is an anomaly with variable and overlapping presentations of posterior embryotoxon, peripheral iris attachments to Schwalbe's line and the cornea, and iris abnormalities.<sup>12,13</sup> Later studies indicated that *FOXC1* pathogenic variants may cause other anterior segment anomalies that are not Axenfeld–Rieger anomaly.<sup>10,13–16</sup> These variable anterior segment anomalies include aniridia, iris hypoplasia, primary congenital glaucoma, corneal and lens abnormalities, and are collectively called anterior segment dysgenesis (Fig. 1a).<sup>10,13–16</sup>

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Syndromic cases may present with brain abnormalities, cardiac and vascular malformations, dysmorphic features, dental anomalies, sensorineural hearing loss, and orthopedic abnormalities.<sup>17–20</sup>

So far, CAKUT have not been associated with *FOXC1*. However, mouse models for *FOXC1* show severe CAKUT phenotypes with extrarenal malformations.<sup>21–25</sup> CAKUT phenotypes in these mouse models exhibit variable expressivity, and the mode of inheritance (MOI) is autosomal dominant with incomplete penetrance.<sup>21–25</sup>

Employing exome sequencing (ES) analyses, we identified heterozygous *FOXC1* likely pathogenic variants in eight

families with CAKUT, which were absent from a control cohort with steroid-resistant nephrotic syndrome (SRNS). We thereby expand the phenotype of heterozygous *FOXC1* pathogenic variants to include CAKUT. We showed evidence that involvement with CAKUT happens on an allelic basis, where in Axenfeld–Rieger syndrome or anterior segment dysgenesis, phenotypes can be caused by both *FOXC1* truncating and missense variants, and the missense variants are located at the forkhead domain; whereas in contrast, for patients with CAKUT, there is no *FOXC1* truncating variant, and all pathogenic variants except one are located out of the forkhead domain.

Fig. 1 Genotype-phenotype correlation of FOXC1 pathogenic variants between anterior segment dysgenesis and congenital anomalies of the kidneys and urinary tract (CAKUT). There are truncating and missense pathogenic variants in anterior segment dysgenesis, and all missense pathogenic variants except one are in the forkhead (FH) domain. In contrast, in individuals with CAKUT we detected no truncating pathogenic variants, and all pathogenic variants except one are located out of the FH domain. (a) FOXC1 pathogenic variants and phenotypes published in the literature for anterior segment dysgenesis. A1. Blue horizontal boxes and lines represent pathogenic truncating variants caused by out-of-frame indels. The junction of each box and line corresponds to the start of amino acid change caused by frame shift. The right end of each line corresponds to the predicted termination position of the protein. A2. Black horizontal lines represent the extent of pathogenic truncating variants caused by nonsense pathogenic variants. The right end of each line corresponds to the predicted termination position of the protein. A3. Green vertical lines represent pathogenic in-frame indels. The location of each vertical line corresponds to the position of the in-frame change. A4. Red vertical lines represent pathogenic substitution variants caused by missense pathogenic variants. The location of each vertical line corresponds to the position of the missense pathogenic variant. All but one missense pathogenic variant was located within the FH domain. In contrast, nonsense pathogenic variants, in-frame and out-of-frame indels are not limited in FH domain. (b) FOXC1 pathogenic variants and phenotypes in CAKUT cohort. There is a spectrum of CAKUT phenotypes that is described in detail for each family. B1. Each red box represents a CAKUT family with a pathogenic missense variant. Each red arrow points to the position of the substitution. The individual ID, CAKUT and extrarenal phenotypes, nucleotide and amino acid change are presented in each box. B2. Each green box represents a CAKUT family with a pathogenic in-frame indel. Each green arrow points to the position of the indel. The individual ID, CAKUT and extrarenal phenotypes, nucleotide and amino acid change are presented in each box. There is no nonsense pathogenic variant or out-of-frame indels found in the CAKUT cohort. All pathogenic variants except one in-frame deletion are located out of FH domain. B3. Patients presented with syndromic CAKUT have FOXC1 pathogenic variants located between the start site to the end of the FH domain. Patients presented with isolated CAKUT have FOXC1 pathogenic variants downstream to the FH domain. (c) Transcript and protein domain diagram of FOXC1. C1. FOXC1 transcript NM\_001453. There is no 5' UTR and there is only one exon. C2. FOXC1\_Human protein UniProtKB-Q12948. The yellow octagon represents the FH domain. Pink rectangles represent low complexity detected by the SEG program (Wootton JC and Federhen S.<sup>41</sup>). AVM arteriovenous malformation, Bil bilateral, CKD chronic kidney disease, DD developmental delay, ESRD end-stage renal disease, FTT failure to thrive, LKS left kidney stone, Lt left, MCDK multicystic dysplastic kidney, n/d no data, PUV posterior urethral valve, Rt right, UPJO ureteropelvic junction obstruction, VUR vesicoureteral reflux.

### **MATERIALS AND METHODS**

### **Study participants**

The study was approved by the institutional review board of Boston Children's Hospital as well as the institutional review boards of institutions where we have recruited families. The study has been performed in accordance with the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards. From January 2010 to January 2019, patients with CAKUT were enrolled after obtaining informed consent. Following informed consent, 550 different families were enrolled and had ES performed on DNA samples. All patients with CAKUT were referred to us by their pediatric nephrologist or urologist who made a clinical diagnosis of CAKUT on the basis of renal imaging studies. CAKUT was defined as demonstration of any abnormality of number, size, shape, or anatomic position of the kidneys, gonads, or other parts of the urinary tract that included at least one of the following: renal agenesis, renal hypo-/ dysplasia, multicystic dysplastic kidneys, hydronephrosis, ureteropelvic junction obstruction, hydroureter, vesicoureteral reflux (VUR), ectopic or horseshoe kidney, duplex collecting system, ureterovesical junction obstruction, epi-/hypospadias, posterior urethral valves (PUV), and cryptorchidism.

### Control cohort

The control cohort consisted of 100 families with SRNS due to an underlying monogenic cause (Supplementary Table S3).<sup>4</sup> The participants in the cohort were carefully evaluated to ensure that there were no CAKUT phenotypes present.

### Exome sequencing (ES) and variant calling

ES was performed as previously described.<sup>26</sup> In brief, genomic DNA was isolated from blood lymphocytes or saliva samples

and subjected to exome capture using Agilent SureSelect human exome capture arrays (Life Technologies) followed by next-generation sequencing on the Illumina HighSeq sequencing platform. Sequence reads were mapped to the human reference genome assembly (NCBI build 37/hg19), and variants were called using CLC Genomics Workbench (version 6.5.2) software (CLC Bio, Aarhus, Denmark).

### Variant filtering

Variants were filtered for most likely deleterious variants, as previously described.<sup>27,28</sup> Variants with minor allele frequencies >1% in the dbSNP (version 147) or the 1000 Genomes Project (2504 subjects of various ethnicities; October 2015 data release) databases were excluded because they were unlikely to be deleterious. Synonymous and intronic variants that were not located within splice site regions were excluded. Retained variants, which included nonsynonymous variants and splice site variants, were then analyzed.

### Screening for genes known to cause CAKUT

We evaluated ES data for causative pathogenic variants in 40 monogenic genes for *isolated* CAKUT, and in 153 monogenic genes for *syndromic* CAKUT known at the time (Supplementary Tables S1 and S2).<sup>4</sup>

# Variant evaluation to identify novel monogenic causes of CAKUT

Modified from our previous publication,<sup>4</sup> the remaining variants were evaluated to meet the following criteria to be determined pathogenic:

### Criterion 1

Evolutionary conservation or functional severity prediction: The variant needs to have a CADD score >20, OR be

predicted to be deleterious by two of three in silico prediction tools, OR have a moderate to strong evolutionary amino acid conservation at least to *Xenopus tropicalis*.

In criterion 1, CADD scores are computed based on the latest algorithm published by Rentzsch et al.<sup>29</sup> The three in silico prediction tools we incorporated for evaluation are MutationTaster,<sup>30</sup> PolyPhen-2,<sup>31</sup> and SIFT.<sup>32</sup> Orthologous proteins across phylogeny used to evaluate evolutionary conservation were obtained from the Ensembl Genome Browser and were aligned using the Clustal Omega multiple sequence alignment tool (EMBL-EBI).<sup>33</sup>

### Criterion 2

Allele frequency: The variant needs to present in fewer than 20 heterozygous alleles in the general population database gnomAD.

In criterion 2, variants were evaluated based on the population frequency using gnomAD, which is a population genome database consisting of 141,456 control individuals.<sup>34</sup> Allele frequency of less than 20 heterozygous alleles in gnomAD is an arbitrary cut-off we have been applying to autosomal dominant diseases like CAKUT that have a strong component of incomplete penetrance and variable expressivity.<sup>4</sup>

### Implementation of structural data for variant evaluation

Protein domain structure cartoons and evaluation were based on the UniProt database.<sup>35</sup> The data sets generated and/or analyzed during the current study are available from the corresponding author on reasonable request.

### Statistical analysis

Statistical analysis was performed with STATA (College Station, TX). Two-sample categorical variables were compared using two-tailed Fisher's exact test. One-sample categorical variables were compared with the theoretical null proportion by one-sample proportion test. A P value < 0.05 was considered statistically significant.

### Web resources

CADD (Combined Annotation Dependent Depletion) https:// cadd.gs.washington.edu/

Clustal Omega http://www.ebi.ac.uk/Tools/msa/clustal Ensembl Genome Browser http://www.ensembl.org Exome Variant Server http://evs.gs.washington.edu/EVS Genome Aggregation Database (gnomAD) http://gnomad. broadinstitute.org HGMD Professional 2016.3 https://portal.biobase-

international.com/hgmd Homozygosity Mapper http://www.homozygositymapper.

org/

MutationTaster http://www.mutationtaster.org

Online Mendelian Inheritance in Man (OMIM) http://www.omim.org

PolyPhen-2, http://genetics.bwh.harvard.edu/pph2

Sorting Intolerant From Tolerant (SIFT) http://sift.jcvi.org

UCSC Genome Browser http://genome.ucsc.edu/cgi-bin/ hgGateway

Uniprot Consortium http://www.uniprot.org/

1000 Genomes Browser http://browser.1000genomes.org

### RESULTS

# *FOXC1* pathogenic variants identified in patients with CAKUT

By ES analyses, we discovered seven *FOXC1* pathogenic variants in eight CAKUT families (Table 1 and Fig. 1). All individuals carrying the *FOXC1* pathogenic variants are heterozygote. None of the seven pathogenic variants were reported before in patients with Axenfeld–Rieger syndrome, anterior segment dysgenesis, or congenital glaucoma. Two of the seven pathogenic variants are novel, i.e., they were never observed in the population database before, including the gnomAD database that collects 141,456 control individuals.<sup>34</sup> The other five pathogenic variants, though reported in the population database, are present in less than five individuals as a heterozygote.

Among the seven pathogenic variants found in the CAKUT patients, three are in-frame indels, and the other four are missense variants (Table 1, Fig. 1). Five of seven have a CADD score greater than 20, indicating they are predicted to be among the top 1% most deleterious variants in the human genome. One of the other two pathogenic variants, c.1090C>T, p. Pro364Ser, has a CADD score close to 20 (19.23), which is predicted to be among the top 1.19% most deleterious variants. This variant is conserved to zebrafish (*Danio rerio*). The other pathogenic variant, c.1139G>T, p.Gly380Val, has a lower CADD score at 16.45, which is predicted to be among the top 2.2% most deleterious. It is predicted to be deleterious/disease-causing by both SIFT and MutationTaster, and has never been observed in the population database before.

All eight families were then screened for genes known to cause either nonsyndromic isolated CAKUT or syndromic CAKUT (Supplementary Tables S1 and S2). No likely causative heterozygous or biallelic variants were detected in those genes.

# Phenotype spectrum in patients carrying *FOXC1* pathogenic variants

Families identified with *FOXC1* pathogenic variants in our cohort demonstrated a wide spectrum of CAKUT phenotypes (Table 1 and Fig. 1). The CAKUT phenotypes include unilateral renal agenesis, bilateral renal dysplasia, unilateral multicystic dysplastic kidney, ureteropelvic junction obstruction, hydronephrosis, VUR, and PUV (Table 1). Among these presentations, VUR is the most common one, as seen in three of eight families, and PUVs were seen in two of eight families. Of notice, one individual (A5071–31) has left hydronephrosis first found in prenatal ultrasound, and serial follow-ups showed the hydronephrosis resolved at the age of 2 years (Table 1).

Regarding extrarenal manifestations, five of eight families have isolated CAKUT with no extrarenal features, while the

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Family_ individual	Genomic position	Transcript position	Amino acid change	Segregation	gnomAD (hom/het/ WT allele count)	CADD	PPH2	SIFT	MutationTaster	m M	Gg Xt	Ъ	σ	Ce Dm		Extrarenal phenotype	Gender	Ethnicity
A3938_21	Chr6: g.1610856G>T	c.176G>T	p.Gly59Val	rVa	0/0/Never reported	25.1	B: 0.304	D:0.03	DC:prob: 1	5 S	U	σ	U	A	Bilateral renal hypodysplasia	Skeletal deformity, growth retardation	ш	Indian
A3859_21	Chr6: g.1610893_ 1610898dup	c.213_218 dup	p.Gln72_ Pro73dup	n/a	0/4/250048	22.3	(Indel)			(Indel)					PUV, ESRD	Blindness, skeletal deformity, FTT	Σ	Indian
B1252_21	Chr6: 9.1611113_ 1611115del	c.433_435 del	p.Lys145del	Maternal	0/2/251376	22.4	(Indel)			(Indel)					Left solitary kidney	Skeletal deformity, FTT, DD	Σ	Slavic American
B1252_12				n/a											(None specified)	High myopia, skeletal deformity, cerebral AVM	ш	
B1402_21	Chr6: g.1611606 1611620del	c.926_940 del	p.Ser309_ lle313del	Paternal	0/1/89494	20.6	(Indel)			(Indel)					Bilateral VUR	(None specified)	Σ	Romani
B1402_11				n/a											(None specified)	(None specified)	Σ	
A5071_31	Chr6: g.1611705C>T	c. 1025C>T	p.Ala342Val	maternal	0/2/66046	22.2	B: 0.008	T:0.13	DC:prob: 0.712	4	⊢ 	∢	z	т т	Prenatal left hydronephrosis (resolved at 2 years old)	(None specified)	Σ	Macedonian
A5071_22				n/a											(None specified)	(None specified)	ш	
B1830_21	Chr6: g.1611770C>T	c. 1090C>T	p.Pro364Ser	n/a	0/1/64716	19.23	B:0.024	T:0.39	DC:prob: 1	۱ ط	<u>م</u>	۹.	⊢	Ч	Left MCDK, right UPJO	(None specified)	щ	Saudi Arabian
B2376_22	Chr6: g.1611770C>T	c.1090C>T	p.Pro364Ser	n/a	0/1/64716	19.23	B:0.024	T:0.39	DC:prob: 1	۱ د	<u>م</u>	٩	⊢	а Н	PUV, bilateral VUR, CKD V left kidnev stone	(None specified)	Σ	Saudi Arabian
A4451_21	Chr6: g.1611819G>T	c.1139G>T	p.Gly380Val	n/a	0/0/Never reported	16.45	B:0.003	DO	DC:prob: 0.918	י ט	 	L	i I	S	VUR grade V	(None specified)	Þ	Macedonian
Red backg backgroun <i>AVM</i> arteri disease, <i>D</i> <i>MCDK</i> mul ior urethrai	round represent: d represents inde ovenous malforn deleterious, <i>DC</i> o ticystic dysplastic valve, <i>SIFT</i> sortir	i deleterious els. The genoi nation, <i>B</i> ben Jisease-causir kidney, <i>Mm</i> ig intolerant	prediction by mic coordinate ign, CADD co ig, DD develo Mus musculu from tolerant,	the in silico a es are based ol mbined annoti pmental delay, <i>IS</i> , <i>PPH2</i> score <i>T</i> tolerated, <i>L</i>	Igorithm. Blu n genome bu ation depend <i>Dm Drosopt</i> PolyPhen-2 p	e backgre ild GRCh ent deple <i>illa melan</i> rediction elvic junc	yund repre 37 (hg19), tion, CAK ogaster, L score (0.0 tion obstru	esents to and trar UT conge Dr Danio . 1.0, i.e. Lction, V(	lerated prediction sscript NM_00145 inital anomalies of <i>rerio, ESRD</i> end-st , tolerated to dele <i>UR</i> vesicoureteral I	by the 3.2. All kidney age ren eterious, reflux, V	in silicc variants and uri al disea: variant: <i>VT</i> wild	are he are he nary tr are, <i>FTT</i> se, <i>FTT</i> strom trom	ithm. eterozy act, Co failur 0.85 (t Xen	Green b gous, ai e Caeno e to thri o 1 are cpus tro	Red background represents deleterious prediction by the in silico algorithm. Blue background represents tolerated prediction by the in silico algorithm. Green background represents the armino acid conservation. Black background represents indes. The genomic coordinates are based on genome build GRCh37 (hg19), and transcript NM_001453.2. All variants are heterozygous, and are located on the only exon of the transcript. <i>AVM</i> arteriovenous malformation, <i>B</i> benign, <i>CADD</i> combined annotation dependent depletion, <i>CAKUT</i> congenital anomalies of kidney and urinary tract, <i>Ce Caenorhabditis elegans, Ci Ciona intestinalis, CKD</i> chronic kidney disease, <i>D</i> deleterious, <i>DD</i> developmental delay, <i>Dm Drosophila melanogaster, Dr Danio rerio, ESRD</i> end-stage renal disease, <i>FTT</i> failure to thrive, <i>Gg Gallus gallus, het</i> heterozygous, <i>hom</i> homozygous, <i>MCDK</i> multicystic dysplastic kidney, <i>Mm Mus musculus, PPH2</i> score PolyPhen-2 prediction score (0.0–1.0, i.e., tolerated to deleterious, variants from 0.85 to 1 are more confidently predicted to be damaging), <i>PUV</i> posterior unterhal valve, <i>SFT</i> sorting intolerant, <i>T</i> tolerated, <i>UPIO</i> urteropelvic junction obstruction, <i>VM</i> vesicontereral reflux, <i>VM</i> wild type, <i>Xt Xenopus tropicalis</i> .	ts the amino a e only exon of <i>Ciona intestina</i> <i>het</i> heterozyg edicted to be o	icid conser the transc <i>ilis, CKD</i> cl ous, <i>hom</i> damaging),	vation. Black ript. nronic kidney homozygous, , PUV poster-

Table 1 Seven different likely pathogenic heterozygous variants of FOXC1 in 8 families from a cohort of 550 CAKUT families.

other three families have syndromic CAKUT. These include anomalies in eyes, blood vessels, brain, bones, or facial dysmorphologies (Fig. **1b**, Table **1**). Of note, pathogenic *FOXC1* variants of families with syndromic CAKUT (A3938, A3859, B1252) are located at or proximal to the forkhead domain (Fig. **1b**), while the pathogenic variants of the families with isolated CAKUT are located distal to the forkhead domain (Fig. **1b**). Even though this distribution of the variants for syndromic versus isolated CAKUT is statistically significant (z = 2.000, P = 0.0228), the numbers are too small to draw a meaningful conclusion.

There are two families present with eye features (A3859, B1252) who would potentially fulfill the diagnostic criteria of Axenfeld–Rieger syndrome/anterior segment dysgenesis. However, we were not able to follow up these patients to examine if they have anterior segment dysgenesis or not. In three families (A1252, B1402, and A5071), the pathogenic variants are inherited from an unaffected parent. This observation suggests incomplete penetrance and variable expressivity, which has been well documented in CAKUT,  $^{36,37}_{36,37}$  and has been repeatedly observed in *FOXC1* mouse model.<sup>21–25</sup>

## FOXC1 pathogenic variants are absent from a control cohort

To test for the significance of the ES finding, we screened for *FOXC1* variants in a negative control cohort of 100 families who had ES performed for SRNS, and who were identified to have a causative pathogenic variant in one of the 55 established nephrotic syndrome (NS) genes (Supplemental Table S3).<sup>38</sup> The individuals in this negative control cohort have been carefully phenotyped to exclude CAKUT.

The same evaluation criteria were applied to *FOXC1* variants in this negative control cohort as in the CAKUT case cohort (see "Materials and methods"). Following the first filtering by 1% allele frequency, only one variant remained. Using Fisher's exact test, the odds ratio was calculated as 8.185, with a P = 0.0083 (Table 2). This confirmed that *FOXC1* variants are strongly enriched in the CAKUT cohort. When further evaluated to determine if the variant is pathogenic (using the same evaluation criteria as in the CAKUT case cohort, see "Variant evaluation to identify novel monogenic causes of CAKUT" and "Materials and methods"), no variant from the SRNS control cohort could be retained. In

conclusion, pathogenic variants in *FOXC1* are absent from the negative control cohort (Table 2).

#### Genotype-phenotype correlation

None of the seven pathogenic variants that we identified in the CAKUT cohort were ever reported previously in patients with Axenfeld-Rieger syndrome or anterior segment dysgenesis (Fig. **1a**; detailed data available from authors upon request). To evaluate whether the presence of CAKUT phenotype in *FOXC1* pathogenic variants is due to allelism, we conducted genotype-phenotype correlations as follows.

Excluding cytogenic or gross chromosomal deletion/insertion/duplication/translocation that encompasses *FOXC1*, there are 77 pathogenic *FOXC1* variants reported to cause Axenfeld-Rieger syndrome or anterior segment dysgenesis (Fig. 1a). The class of pathogenic variants was as follows (Fig. 1a): truncating variants by out-of-frame indels (Fig. 1A1, blue), truncating variants by nonsense single-nucleotide variant (SNV) (Fig. 1A2, black), substitution variants by inframe indels (Fig. 1A3, green), and substitution variants by missense SNV (Fig. 1A4, red).

Figure 1A4 demonstrates that all but one pathogenic *FOXC1* missense variants causing Axenfeld-Rieger syndrome or anterior segment dysgenesis are located in the forkhead domain (Fig. 1A4). On the other hand, the truncating variants, either caused by nonsense SNVs or out-of-frame indels, stop at different locations along the transcript (Fig. 1A1, Fig. 1A2).

In contrast, in our CAKUT cohort, we did not observe any truncating pathogenic variant, i.e., no nonsense SNVs, and no frame-shift indels. The class of pathogenic variants was as follows (Fig. 1b): substitution variants by missense SNV (Fig. 1B1, red), and substitution variants by in-frame indels (Fig. 1B2, green). The locations of these pathogenic variants do not cluster in the forkhead domain. In fact, all pathogenic variants except one are located out of the forkhead domain (Fig. 1b).

#### DISCUSSION

By ES, we identified heterozygous *FOXC1* likely pathogenic variants in eight families with CAKUT compared with the control cohort with no CAKUT phenotype. We found that *FOXC1* rare variants (<1% minor allele frequency) are overrepresented among patients with CAKUT, and the likely

 Table 2
 Overview of FOXC1 variant evaluation from ES data in 550 families with CAKUT, and for ES data of 100 negative control families with monogenic cause of SRNS.

Cohort	CAKUT (N)	CAKUT (%)	SRNS ( <i>N</i> )	SRNS (%)	OR	p
1. Families with ES data	550		100			
2. Families with rare FOXC1 variants (MAF <1%)	42	7.64%	1	1.00%	8.185	0.008
3. Families with rare <i>FOXC1</i> variants determined to be pathogenic <sup>a</sup>	8	1.45%	0	0%	Infinity	0.616

CAKUT congenital anomalies of the kidney and urinary tract, ES exome sequencing, MAF minor allele frequency, OR odds ratio, SRNS steroid-resistant nephrotic syndrome.

<sup>a</sup>The variants need to meet the following two criteria to be determined pathogenic. Criterion 1: High evolutionary conservation or functional severity prediction: a CADD score >20, OR be predicted to be deleterious by two of three in silico prediction tools, OR have a moderate to strong conservation at least to *Xenopus tropicalis*. Criterion 2: Allele frequency: the variant need to present in less than 20 heterozygous alleles in gnomAD.

pathogenic variants are absent in the control cohort. We further showed evidence that involvement with CAKUT happens on an allelic basis, where in Axenfeld–Rieger syndrome or anterior segment dysgenesis, phenotypes can be caused by both truncating and missense variants, and the missense variants are located at the forkhead domain; whereas in contrast, for patients with CAKUT, there is no truncating variant, and all pathogenic variants except one are located out of the forkhead domain.

### Mouse models for FOXC1

Grüneberg reported the first mouse model for *Foxc1*.<sup>39</sup> By examining mice deceased at birth, he found that the mutant mice presented with hydrocephalus with massively enlarged and hemorrhagic cerebral hemispheres. The gene demonstrates pleiotropism with cartilage and bone phenotypes. By counting the death at birth, he categorized this pathogenic variant as autosomal recessive. Green evaluated the genotypes and examined the viscera of the mice.<sup>21</sup> For homozygotes, they recapitulated Grüneberg's findings that these mice die at birth, and first found these mice had severe urogenital abnormalities. In heterozygotes, the mice presented with incomplete penetrance and variable expressivity with a wide spectrum of CAKUT.<sup>21</sup>

In 1998, Kume et al. first expanded the phenotype of these *Foxc1* mice to include eye malformations.<sup>22</sup> They thereby confirmed *Foxc1* to be the causal gene of Axenfeld–Rieger syndrome type 3 (OMIM 602482) and anterior segment dysgenesis 3 (OMIM 601631) in the mouse model.<sup>22</sup> For other

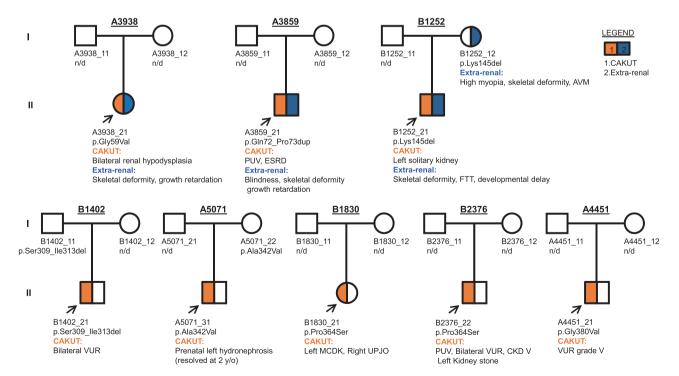
organ systems, they reported identical phenotypes as Green,<sup>21</sup> including the findings in the genitourinary system in mice.<sup>22</sup>

In 2000, Kume et al. further investigated the pathogenic *Foxc1* variants in mice with different genetic backgrounds.<sup>23</sup> They demonstrated variable expressivity and incomplete penetrance of CAKUT again, but the penetrance varied across different strains of the mice.<sup>23</sup> This incomplete penetrance under different genetic backgrounds was reproduced by Komaki et al.<sup>24</sup> and Motojima et al.<sup>25</sup> using different inbred mice strains.

## Incomplete penetrance, variable expressivity, and transient developmental phenotype in *FOXC1* pathogenic variants

Similar to the findings in the mouse models, we here found evidence of incomplete penetrance and variable expressivity in our human CAKUT cohort (Fig. 1 and Fig. 2). Families with *FOXC1* pathogenic variants in our cohort demonstrated a spectrum of CAKUT phenotypes, ranging from renal agenesis, renal dysplasia, multicystic dysplastic kidney, ureteropelvic junction obstruction, hydronephrosis, VUR, to PUV (Table 1 and Fig. 1). These demonstrated a variable expressivity.

In family B1252, *FOXC1* c.433\_435del segregated from the mother to the proband. However, the mother presented with only high myopia, skeletal deformity, and cerebral arteriove-nous malformations (AVM) but no CAKUT phenotype. This observation suggests incomplete penetrance. Incomplete penetrance was also found in the proband B1402–21 and the father B1402–11, and in the proband A5071–31 and the mother A5071–22. (Fig. 1 and Fig. 2)



**Fig. 2 Pedigrees of families with CAKUT and FOXC1 pathogenic variants.** The families are sorted based on the position of their pathogenic variants. Amino acid change is included in each pedigree. CAKUT phenotypes are labeled in green. Extrarenal phenotypes are labeled in blue. AVM arteriovenous malformation, CAKUT congenital anomalies of kidney and urinary tract, CKD chronic kidney disease, ESRD end-stage renal disease, FTT failure to thrive, MCDK multicystic dysplastic kidney, n/d no data, PUV posterior urethral valve, UPJO ureteropelvic junction obstruction, VUR vesicoureteral reflux.

Of note, in A5071–31 the CAKUT phenotype of left hydronephrosis was discovered by prenatal ultrasound. The infant was followed up closely after birth, and the hydronephrosis resolved at the age of two years. In this case, CAKUT presented as a transient developmental phenotype and resolved as the infant grew. It is hard to trace back to see if the mother with the same genotype (A5071–22) had similar kidney developmental problems prenatally. Incomplete penetrance and variable expressivity are a well-known genetic phenomenon in CAKUT.<sup>36,37</sup> The discrepancy that deletions of FOXC1 in mice resulted in CAKUT, whereas we detected no deletions in humans with CAKUT, can only be assessed once more pathogenic variants in patients with CAKUT have been discovered.

# *FOXC1* and CAKUT in human: potential risk allele for CAKUT

The association of *FOXC1* variants to CAKUT in humans has been described once previously.<sup>40</sup> Nakano et al. identified an insertion of a triplet GGC in *FOXC1* in three of the seven patients with CAKUT.<sup>40</sup> We reviewed their Sanger sequencing trace and found the variant they found is *FOXC1* c.1139\_1141dup, which causes an in-frame duplication of Glycine (p.Gly380dup). However, with the population database available,<sup>34</sup> we know this variant has an allele frequency of 15.37% in the general population. Therefore, this variant would not establish a Mendelian monogenic cause of human CAKUT with certainty. In our study, we demonstrated that *FOXC1* rare variants are overrepresented in the CAKUT cohort compared with the control cohort (odds ratio [OR] 8.185, P = 0.0083) (Table 2).

### Conclusion

We propose a phenotype expansion of *FOXC1* to include CAKUT. On the basis that heterozygous pathogenic variants in the CAKUT cohort are distinct from the variants in Axenfeld–Rieger syndrome or anterior segment dysgenesis, our finding is most likely explained by allelism. Axenfeld–Rieger syndrome or anterior segment dysgenesis can be caused by both truncating and missense pathogenic variants, and the missense pathogenic variants are located at the forkhead domain. In contrast in CAKUT, there is no truncating pathogenic variant, and all pathogenic variants except one are located out of the forkhead domain. We hereby expand the phenotype of pathogenic *FOXC1* variants to also include CAKUT.

### SUPPLEMENTARY INFORMATION

The online version of this article (https://doi.org/10.1038/s41436-020-0844-z) contains supplementary material, which is available to authorized users.

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### DISCLOSURE

F.H. is a cofounder and S.A.C. member and holds stock in Goldfinch-Bio. All other authors declare that they have no competing financial interests.

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