# De novo truncating variants in the intronless *IRF2BPL* are responsible for developmental epileptic encephalopathy

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**Purpose:** Developmental and epileptic encephalopathies (DEEs) are severe clinical conditions characterized by stagnation or decline of cognitive and behavioral abilities preceded, accompanied or followed by seizures. Because DEEs are clinically and genetically heterogeneous, next-generation sequencing, especially exome sequencing (ES), is becoming a first-tier strategy to identify the molecular etiologies of these disorders.

**Methods:** We combined ES analysis and international data sharing.

**Results:** We identified 11 unrelated individuals with DEE and de novo heterozygous truncating variants in the interferon regulatory factor 2-binding protein-like gene (*IRF2BPL*). The 11 individuals allowed for delineation of a consistent neurodevelopmental disorder characterized by mostly normal initial psychomotor development followed by severe global neurological regression and epilepsy with nonspecific electroencephalogram (EEG) abnormalities and variable central nervous system (CNS)

### INTRODUCTION

Epilepsy and severe intellectual disability (ID) are frequent comorbid conditions, with epilepsy affecting more than half of individuals with severe ID.<sup>1</sup> Two different patterns may occur. Either the seizures precede cognitive impairment or regression in the epileptic encephalopathies (EEs),<sup>2,3</sup> or, for developmental encephalopathies (DEs), epilepsy develops on a background of developmental delay or neurologic regression.<sup>2,3</sup> Patients with apparently normal development can lose previously acquired skills (e.g., Rett syndrome [MIM 312750] or in inborn errors of metabolism such as FOLR1 deficiency causing severe leukoencephalopathy<sup>4</sup>) or patients with a anomalies. *IRF2BPL*, also known as enhanced at puberty protein 1 (*EAP1*), encodes a transcriptional regulator containing a C-terminal RING-finger domain common to E3 ubiquitin ligases. This domain is required for its repressive and transactivating transcriptional properties. The variants identified are expected to encode a protein lacking the C-terminal RING-finger domain.

**Conclusions:** These data support the causative role of truncating *IRF2BPL* variants in pediatric neurodegeneration and expand the spectrum of transcriptional regulators identified as molecular factors implicated in genetic developmental and epileptic encephalopathies.

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background of developmental delay can worsen (i.e., Angelman syndrome [AS; MIM 105830]). Distinguishing between these two patterns is difficult, and the term developmental and epileptic encephalopathy (DEE) has emerged as a result, defining a group of conditions characterized by the cooccurrence of epilepsy and intellectual disability (ID), typically with developmental plateau or regression associated with frequent epileptiform activity.<sup>2,3</sup> DEEs encompass a wide range of etiologies, including both acquired and genetic causes resulting in a clinically and genetically heterogeneous group of rare or ultrarare diseases. To date, more than 500 different genes have been associated with an increased risk of epilepsy

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or seizures.<sup>5</sup> These involve multiple pathways and functions, including metabolite and ion transport, transcription regulation, DNA repair processes, myelination, and peroxisomal function.<sup>2</sup> Nevertheless, most DEEs remain unexplained at the molecular level despite chromosomal microarray analysis and epilepsy gene panel testing, suggesting that further DEE genes have yet to be discovered. In this context, exome and genome sequencing (ES/GS) have demonstrated efficiency in the identification of new causal genes<sup>6,7</sup> by uncovering an increased burden of de novo variants.<sup>1</sup> Indeed, sporadic lossof-function (LoF) variants were initially and frequently implicated in different neurodevelopmental disorders such as ID, autism spectrum disorder, and schizophrenia.<sup>8</sup> More recently, exome and genome sequencing analyses on cohorts with large sample size have identified spatial clustering of de novo missense variants in candidate neurodevelopmental disorder-associated genes and recurrent missense variants in DEEs.9 The findings are compatible with functional impairment of specific domains (dominant-negative or gain-offunction effects), rather than haploinsuffiency, as a causal mechanism for some genes. We report a novel molecular cause of DEE with regression caused by a sporadic truncating de novo variant in IRF2BPL.

### MATERIALS AND METHODS

By using trio-based ES analysis (Methods provided in the Supplemental data), we identified a de novo heterozygous truncating variant (chr14:g.77493617G>C - NM 024496.3: c.519C>G) in IRF2BPL (MIM 611720) in one affected boy. Array comparative genomic hybridization (array CGH) and ES analyses did not identify de novo copy-number or other single-nucleotide variants accounting for his clinical presentation. He had normal early psychomotor development followed by lethal progressive neurological regression and epilepsy (patient 1; Table 1 and Supplemental data). Sanger sequencing in the patient and his parents confirmed de novo occurrence of the truncating IRF2BPL variant (p.Tyr173\*). This variant was absent from the gnomAD database (see Online databases). We used data sharing through Gene-Matcher,<sup>10</sup> GeneDx (see Online databases), and private networking to identify similar cases. Each group contributed to phenotype information from their center, in accordance with local institutional Review Board policies.

Further methods can be found in the Supplemental Data.

### RESULTS

We ascertained ten additional individuals with overlapping phenotypes and de novo heterozygous truncating *IRF2BPL* variants, also identified by ES (research or clinical; Table 1, Fig. 1b). *IRF2BPL* is highly intolerant to LoF according to ExAC with a probability of LoF intolerance (pLI) of 0.97. Although some LoF variants are reported in the ExAC/ gnomAD cohorts, most of them appear to be dubious calls. In addition *IRF2BPL* is also predicted to have a low likelihood of exhibiting haploinsufficiency (DECIPHER's

haploinsufficiency score %HI 48.87%; see Online databases). Accordingly, RNA analyses on patient-derived fibroblasts are in favor of nonsense-mediated decay (NMD) escape because the mutated allele is expressed with a ratio of at least 1:1 with the wild-type (WT) allele, suggesting that the shorter protein might be translated (Fig. 1c). The 11 truncating variants included 6 nonsense and 5 frameshift variants, all absent from the gnomAD database (see Online databases) (Table 1, Fig. 1b). Detailed retrospective phenotyping of the 11 individuals delineated a consistent neurodevelopmental disorder characterized by secondary global neurological regression usually starting early in childhood, frequently with seizures (Table 1). Seven of the 11 cases presented a similar course of development, with initially normal motor development and only mild speech delay. Two had mild motor developmental delay and mild speech delay. These nine patients later displayed neurological regression with typical onset mostly before age 7 years (6/9 cases; range: 1 to 17 years, mean: 6 years). Among the nine individuals, two (patients 3 and 4) presented with late-onset neurological regression after ages 10 and 17 years (respectively) associated with myoclonus, and less severe outcomes seeing as both were still walking at age 23 years. The patient without regression was only 3 years and 7 months old at the latest examination and therefore regression may not yet have been apparent (patient 10). Finally, two children (patients 7 and 11) presented at 2.5 and 3.5 months old with a more severe phenotype that included clusters of asymmetric tonic spasms and clonic seizures with a hypsarrhythmia-like pattern on the EEG, leading to severe EE with quadriplegic hypotonic-ataxic cerebral palsy. Patients with early-onset regression seem to have a more severe outcome.

Epilepsy was frequent (7/11 cases), starting from the age of 6 months to 26 years. There were variable manifestations including infantile spasms, myoclonus, and tonic or clonic seizures with nonspecific EEG pattern anomalies (Table 1). Epilepsy was severe, usually with intractable seizures. Only 2/8 patients were responsive to treatment with clonazepam and at least one other medication (patients 1 and 4). Additional neurological features varied from severe tetraparesis (3/11 cases) to a cerebellar syndrome with ataxia (3/ 11 cases), dysarthria (2/11 cases), and nystagmus (2/11 cases). Other abnormalities included hypotonia (5/11 cases), dystonia (3/11 cases), dysphagia (3/11 cases), and infrequent microcephaly (1/11 cases) (Table 1). Brain MRI was normal in 4/10 cases but showed variable CNS anomalies in 6/10 cases, including diffuse or focal brain or cerebellar atrophy (6/6 cases) (Fig. 1a, Table 1). Muscle biopsy (4/11 cases) identified several nonspecific anomalies in 3/4 cases including T2 fiber atrophy, negative cytochrome c oxidase fibers, nemalin rods, or mild variation in fiber size with rare ragged red-like fibers. Muscle electron transport chain studies performed in patient 1 showed mild generalized deficiencies that could indicate primary or secondary mitochondrial defects.

Table 1 Clini	cal, electroer	scephalogr	am (EEG), and	d radiolog	gical feature	s of patients w	vith truncating	IRF2BPL varia	ants		
	Patient 1	Patient 2	Patient 3	Patient 4	Patient 5	Patient 6	Patient 7	Patient 8	Patient 9	Patient 10	Patient 11
Gender Variation	M c.519C>G	F c.361C>T	M c.376C>T	F c.496G>T	M c.519C>G	M c.562C>T	F c.962delC	M c.2122delG	M c.2135_2136delGT	F NA	F c.2152delT
(CUNA) Variation (amino acid)	p.Tyr173*	p.Gln121*	p.Gln126*	p.Glu166*	p.Tyr173*	p.Arg188*	p.Ala321Glufs*24	p. Ala 708Profs * 59	p.Leu713Serfs*56	p. Cvs714Alafs*49	p.Cys718Alafs*48
Mensurations at last examination	10 years 5 months	27 years	23 years	48 years	8 years	20 years	10 years 5 months	3 years	5 years	3 years 7 months	2 years 2 months
Weight in kg	19.7 (<<3rd)	AN	70 (50th)	AA	16.5 (<<3rd)	66 (25–50th)	20 (<<3rd)	17.5 (95th)	22 (90th)	16.3 (75–90th)	NA
Length in cm (centile)	119 (<<3rd)	AN	170 (10–25th)	NA	110 (<<3rd)	141 (<<3rd)	110 (<<3rd)	103 (95th)	110 (50–75th)	107.3 (97th)	NA
OFC in cm (centile)	49.5 (<3rd)	NA	53.5 (10-25th)	NA	51.2 (25th)	59 (>97th)	49 (<<3rd)	50 (50th)	52.5 (50–75th)	49.5 (25–50th)	47 (50th)
Birth mensurations	38	AN	36	At term	36	NA	40	38	31	40	38
Weight in g	3210 (25th)	AN	2650 (10th)	E	3060 (25th)	3600 (50th)	3070 (25th)	3470 (50th)	1750 (75th)	3864 (90th)	3500 (50–75th)
Length in cm	50.5 (50–75th)	NA	47 (10–25th)	NA	NA	NA	50 (50–75th)	51 (50–75th)	NA	57.2 (>97th)	55 (>97th)
OFC in cm (centile)	34 (25–50th)	ЧA	33 (10th)	NA	NA	AA	33 (10th)	36 (50–75th)	AA	NA	NA
Facial dysmorphism	+ .		+		+		+		+	+	+
Developmental te	atures		_	VIV	_		_	-	-	_	-
hypotonia Sitting age	+ 6	AN N	+ ∞	Normal	و +	- Normal	+ No sit	+ o	+ ¥	+ =	+ No sit
(months)	ç	ç	Ļ	c	ç		NoIL	ç	5	,	Aleall
walking age (months)	7	71	<u>0</u>	ה ת	71	Normal	No waik	5	<u>x</u>	1	No waik
Speecn delay Loss walking	+ Å	22	+ Still walking	NA NA	+ 4	- 10	+ Never walked	- NA	+ M	+ M	+ Never walked
age (years)	1	1	1		1	,		4			
Age at regression onset	2.5 years	5-6 years	1/ years	10 years	2.5 years	/ years	Hirst months	3 year	1 year	No regression	6 months
Neurological featu	rres			VIV							
Dystonia Ataxia	+ +		+ +	AN +	. 4	+ +	, 4	+ +			
Other	Choreathetosis, vertical occulomotor paralysis, horizontial nystagmus, tremor	Pyramidal syndrome	Pyramidal syndrome, cerebellar dysarthria, slow dysmetric eye saccades	dysmetry dysmetry	Pyramidal syndrome, nonverbal, visual tracks, intermittent smiles, dysphagia	Spastic tetraparesis, dysarthia, nystagmus, ophthalmoplegia, dysphagia, myoclonic jerk	Quadriplegic hypotonic–ataxic tetraparesis, intermittent nystagmus	Ankle spasticity, dysarthria, dysphagia	Autism	Dysphagia	Total spasticity
Epilepsy details (age of onset, seizure types)	8.5 years: seizures	13 years: tonic-clonic	7 months: spasm, myoclonus 17 years: myoclony	26 years: seizures 35 years: myoclonus	No clinical seizure	No clinical seizure	2.5 months: tonic-clonic	No dinical seizure	5 years	No clinical seizure	6 months: West syndrome
EEG anomalies	Points and diffuse waves predominating	Multifocal polyspikes and waves	Spikes and waves	Spikes and polyspikes	Frequent intermittent polymorphic theta slowing	Normal	Multifocal cerebral hyperexcitability with intermittent delta waves and sharp slow waves, hypsarrhythmia	Normal	Frequent centrotemporoparietal spikes alternating left and right, aggravated by sleep	NA	At seizures onset, hypsarrhythmia; at 1 year, diffuse discharge in the left hemisphere; discharges discharges
Treatment	TP, CZ, Neurontin	Lamotrigine, LV, CBZ, VPA, clobazam	VGA, hydrocortisone, and VPA 17 years: VPA, lamotrigine	CZ, LV	Amantadine, L-dopamine, carbidopamine	Baclofen pump	VG, TP, ČZ, phenobarbitone, CBZ, VPA, zonisamid, rufinamid 7 years: vagal nerve stimulator	А	NA	A	VPA, LV, VG, TP, LM, hormonal treatment

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Table 1 contir	nued										
	Patient 1	Patient 2	Patient 3	Patient 4	Patient 5	Patient 6	Patient 7	Patient 8	Patient 9	Patient 10	Patient 11
Epilepsy control	Yes	No	No	Yes			No		NA		Temporary
Brain MRI (age)	4 year 8 months	17 years	AA	AN	5 years	7 years and 10 years	4 months and 5 years	NA	2 years	23 months	1 year
Atrophy	+			+		. +	. +	NA	+		+
Periventricular anomalies	1			+		NR		NA	+	1	•
EMG features	Motor and sensory neuropathy	AN	AN	Normal	Normal	NA	AA	AA	NA	AA	NA
Muscle biopsy anomalies	T2 fibers atrophy	AN	Normal	COX- negative	Few ragged red fibers,	NA	NA	NA	AA	NA	NA

# CBZ, carbamazepine; CDNA, complementary DNA; COX, cytochrome c oxidase; CZ, clonazepam; EMG, electromyogram; F, female; LM, lamotrigine; LV, levetiracetam; M, male; m, mean; MRI, magnetic resonance image; NA, not available; NR, not reported; OFC, occipitofrontal circumference; TP, topiramate; VG, vigabratin; VPA, valproïc acid; VVG, weeks gestation nemalin rods fibers

### **BRIEF COMMUNICATION**

### DISCUSSION

The occurrence of variants in IRF2BPL in 11 unrelated individuals with similar phenotypes strongly implicates de novo IRF2BPL truncating variants in DEE, characterized by progressive encephalopathy, which typically appears after mostly normal initial development, and frequently with epilepsy. Patients usually present with severe epilepsy and intractable seizures. Establishing a correlation between the degree of seizure control and later neurologic/cognitive outcomes was not feasible because of the difficulties associated with systematic IQ assessment. Interestingly, patients with early-onset regression displayed a more severe outcome. A similar phenotype may occur in other genetic syndromes (i.e., Rett syndrome or neurometabolic encephalopathies such as adrenoleukodystrophy [ALD; MIM 300100] or mitochondrial leukoencephalopathies). Rett syndrome is caused by heterozygous LoF pathogenic variants in MECP2, a regulator of chromatin compaction and gene transcription. Although the normal initial development and the mean age at the onset of regression (6 years) in IRF2BPL patients are similar to Rett syndrome, some cardinal features are absent, namely stereotypic hand movements and acquired microcephaly. Despite overlapping clinical features with Angelman syndrome (AS), such as normal initial development followed by severe delay, other features such as the movement disorder (ataxia), epilepsy, microcephaly, and characteristic behavior (inappropriate happy demeanor) are lacking. In addition, the absence of significant white matter anomalies on brain MRIs of the reported patients is incompatible with leukoencephalopathies (Fig. 1a). However, in one case, muscle electron transport chain studies potentially suggested primary or secondary mitochondrial dysfunction.<sup>11</sup> Array CGH and ES analyses did not identify further de novo copy-number or other single-nucleotide variants accounting for the variable age of onset and degree of severity of the clinical phenotype.

The ExAC pLI score of IRF2BPL (interferon regulatory factor 2-binding protein-like) indicates high LoF intolerance. It belongs to a group of human intronless genes that are known to possibly escape nonsense-mediated decay (NMD), despite presence of a premature stop codon.<sup>12</sup> This hypothesis was confirmed by RNA analysis on patient-derived fibroblasts. Interestingly, two copy-number variants partially overlapping IRF2BPL have been reported in the general population (Database of Genomic Variants; DGV): a copynumber loss of 31.19 kb (DGV nsv565210) and an unknown structural variant (DGV nsv510384) whose impact on IRF2BPL transcription and expression pattern are unknown. The DECIPHER database (see Online databases) reports eight cases composed of four copy-number gains, one duplication, and three deletions (spanning 184.92 kb to 30.16 Mb) of unknown or uncertain pathogenicity. Among the patients showing de novo deletions (ID 265207 and 277160) or duplication (ID 253152) no phenotypic features were available. Among the patients with unknown inheritance of the variant, intellectual disability was a common feature when this information was available. One patient carried a 1.39-Mb



**Fig. 1** Medical imaging and molecular features from patients with IRF2BPL truncating variants. **a** Brain magnetic resonance image (MRI) coronal sections (T1 & T2 sequences) from affected patients (**a**, **b**) 1, (**c**, **d**) 4, (**e**, **f**) 7, and **g** 6 showing nonspecific discrete to severe parenchymal rarefaction involving both supra and infratentorial structures associated to a vacuo ventricular dilatation without changes in white matter intensity. **b** Protein structure of IRF2BPL showing positions of reported variants from reported patients (obtained with DOG 2.0; see Online databases). **c** Reverse transcription polymerase chain reaction (PCR) electrophorograms from patients 3 and 7 derived fibroblast showing presence of the variation.

deletion also present in the father. Regarding haploinsufficiency in mammals, rodents subjected to hypothalamic targeted short hairpin RNA (shRNA) experiments displayed anomalies in puberty and hormonal cycling.<sup>13</sup> Overall, these tissue-specific *IRF2BPL* downregulation experiments do not allow us to infer the effects of a haploinsufficiency in humans. Moreover, no endocrine phenotype has been described in our cohort of patients. Thus, although rodent experiments suggest that haploinsufficiency of *IRF2BPL* may lead to an endocrine phenotype, this mechanism appears unlikely in our patients. Instead, our patients likely have a truncated protein. Also, at least one deletion carrier from DECIPHER was healthy enough to father a child, which would exclude DEE.

*IRF2BPL* (formerly known as *EAP1*; enhanced at puberty 1) encodes a nuclear, 796–amino acid protein composed of an N-

terminal zinc-finger domain (positions 10–61), a polyglutamine region (polyQ; positions 103-127) and a C-terminal RING-finger domain (really interesting new gene; C3HC4type; positions 715–762), with the latter usually found in members of the E3 ligases family.<sup>14</sup> The C3HC4 RING-finger takes part in ubiquitinating substrates targeted for degradation.<sup>15,16</sup> The ubiquitin–proteasome system (UPS) has been described in the nucleus where IRBF2BPL proteins are localized.<sup>15</sup> Interestingly, all of the truncating *IRBF2BPL* variants are expected to impact the C-terminal RING-finger of the IRF2BPL protein (Fig. **1b**). It is also noteworthy that the deregulation of E3 Ub ligases or accumulation of undegraded ubiquinated protein aggregates have been put forward as major causes of neurodegenerative disorders or human EE<sup>16</sup> such as AS (caused by pathogenic variants in *UBE3A* [MIM

601623]). Interestingly, in ALD, the accumulation of toxic undegraded very long chain fatty acids-dependent reactive oxygen species inhibits the UPS and autophagy, leading to neuronal degeneration.<sup>17</sup> C-terminal RING-finger integrity is also required for *IRF2BPL* autoregulation because *IRF2BPL* represses its own transcription.<sup>18</sup> Our results in fibroblasts argue against this because no quantitative abnormality was observed. Moreover, deletion of the RING-finger abolished *IRF2BPL* transcriptional repression in neuronal (GT1-7) and nonneuronal (GripTite 293 MSR) cell lines leading to unregulated *IRF2BPL* transcription.<sup>18</sup>

IRF2BPL transcripts are ubiquitously expressed in human tissues, including the brain (see Online databases; GTEx Portal). Though the function and role of IRF2BPL during brain development are poorly understood, it has been previously identified as a dual transcriptional regulator of neuronal networks in the female reproductive axis of rodent and nonhuman primates.<sup>13</sup> The IRF2BPL RING-finger is also required for its transcriptional function. This C3HC4 RINGfinger domain shares high homology with the RING-finger of the IRF2BP2 protein. Removal of this domain in IRF2BP2 leads to defective binding with CBFA2T3 (CBFA2/RUNX1 translocation partner 3; also known as ETO2) and to impaired gene regulation.<sup>19</sup> IRF2BPL also interacts with a transcriptional complex (DIF-1) involved in apoptosis regulation in breast cancer through repression of the FASTKD2 proapoptotic gene (MIM 612322).<sup>20</sup> This multiprotein complex forms through protein-protein interactions involving the IR2BPL Zn-finger domain. Knockdown of IRF2BPL in 293T cells disrupts the stability of the complex.<sup>20</sup> These protein interactions are also decreased in IRF2BPL Zn-finger mutated HeLa cells but remain normal in C3HC4 RING-finger mutated cells.<sup>20</sup> Interestingly, all of the truncating IRF2BPL variants are predicted to conserve the Zn-finger domain. Thus, these variants may not destabilize the DIF-1 complex, and may not lead to increased FASTKD2 expression as described above. Overall, IRF2BPL appears to be a transcription regulator that interacts with multiple protein complexes and regulates transcriptional networks. Remarkably, transcription regulation disturbances have been implicated as a major mechanism of encephalopathies such as Rett syndrome.

In conclusion, we found de novo truncating variants in *IRF2BPL* in 11 unrelated individuals with similar DEE. This discovery strongly suggests the role of these variants in a phenotype characterized by typical initial normal psychomotor development followed by progressive neurological regression and epilepsy.

### Online databases

GeneDx: https://www.genedx.com/, GeneMatcher: https:// www.genematcher.org/, Genome Aggregation Database: http://gnomad.broadinstitute.org/, GTEx Portal: http://www. gtexportal.org/, PubMed: https://www.ncbi.nlm.nih.gov/ pubmed/, University of California–Santa Cruz (UCSC) Genome Browser: https://www.genome.ucsc.edu/, DOG 2.0: http://dog.biocuckoo.org/ The online version of this article (https://doi.org/10.1038/s41436-018-0143-0) contains supplementary material, which is available to authorized users.

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### CONFLICT OF INTEREST

The authors declare no conflicts of interest.

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