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ARTICLE Post photorefractive keratectomy (PRK) infectious keratitis; six-year experience of a tertiary eye hospital

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BACKGROUND/OBJECTIVES: As an essential development in the new century, surface ablation procedures have attracted increasing attention. There exists a concern regarding the risk of infectious keratitis. Hence, we aimed to investigate the rate and predisposing factors of infectious keratitis after photorefractive keratectomy (PRK).

SUBJECTS/METHODS: This retrospective study was designed in two phases. First, the rate of post-PRK keratitis of Farabi Eye Hospital was investigated. In other words, the targeted population was the patients who developed keratitis after performing procedure at Farabi Eye Hospital. In the second phase, all the patients with the diagnosis of post-PRK keratitis were studied regardless of the centre where surgery was performed. Patients with the diagnosis of infectious keratitis between 2014 and 2020 were enrolled and following information was analyzed: demographics, presentation time after surgery, perioperative medications, culture results, risk factors, medical treatment, complications, and final visual acuity.

RESULTS: The total number of PRK procedures in our centre was 24,986 (13,253 patients), in which 6 eyes of 5 patients developed keratitis. Beside these 5 patients, 24 referred patients (24 eyes) from the other centres were enrolled. Finally, a total number of 29 patients (30 eyes) were included. Our analysis revealed that manipulation of contact lens, dry eye, and blepharitis were the essential predisposing factors for keratitis development.

CONCLUSION: The overall post-PRK keratitis occurrence rate of our study was 0.02%. Our observation highlighted the importance of preoperative examination and treatment of the lids and dry eye disease.

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INTRODUCTION

As an essential development in the new century, surface ablation procedures have attracted increasing attention [1–3]. Given their submicron precision, these techniques are commonly applied for corneal surgeries including photorefractive keratectomy (PRK), epithelial laser in situ keratomileusis (epi-LASIK) and laser-assisted subepithelial keratectomy (LASEK) [1]. PRK is the preferable choice in condition of higher risk of flap dislocation, thin cornea and a predisposition to trauma [4–6]. However, risk of infectious keratitis development after PRK is still a concern [2].

Breaking down the barrier function of the corneal epithelium and using bandage contact lens and topical corticosteroids have been identified as the pivotal predisposing factors for infectious keratitis after PRK surgery [1, 7, 8]. Moreover, history of blepharitis, corneal surgery, contamination during surgery, dry eye, lack of perioperative antibiotics, and herpes simplex virus (HSV) infection have been indicated as risk factors for infectious keratitis progression [1, 7, 9]. Across the incidence rate of post-PRK infectious keratitis, previous studies have been reported a rate of 0.02–0.2% [2, 7, 10]. Differences in standardization methods, intraoperative practices and sterilization procedures reveal this variation [11].

So far, few studies have been addressed the rate of post-PRK keratitis [1, 10]. In this study, we aimed to investigate one of the

largest series of post-PRK infectious keratitis up to date and share our experience regarding prevention and management of infectious keratitis.

MATERIALS AND METHODS

This research was undertaken in accordance with Declaration of Helsinki and confirmed by Farabi Eye Hospital Institutional Review Board. Informed written consent was obtained from all subjects.

This retrospective case-series study comprised 24,986 eyes from 13,253 patients, who underwent PRK surgery consecutively at Farabi Eye Hospital, Tehran, Iran, between January 2014 and January 2020. The current study was designed in two phases. In the first phase, the occurrence rate of post-PRK keratitis of Farabi Eye Hospital was investigated; in other words, the targeted population was the patients who developed keratitis after performing the procedure at Farabi Eye Hospital. In the second phase, all the patients with the diagnosis of post-PRK keratitis were studied regardless of the centre where their surgery was performed.

Using the medical records system of Farabi Eye Hospital, data were obtained. Patients with the diagnosis of infectious keratitis within 6 months after PRK surgery were identified by an electronic search of medical records using the keywords PRK/surface ablation and infectious or PRK/ surface ablation and keratitis/corneal ulcer. Overall, the following information was obtained for review and analysis: age, gender, involved eye, presentation time after surgery, perioperative medications,

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preoperative preparation, culture results, duration of follow-up, risk factors, medical treatment, complications, uncorrected visual acuity (UCVA) and best-corrected visual acuity (BCVA).

In this study, infectious keratitis was diagnosed based on symptoms, slitlamp findings, microbiology results or their combination. Clinical diagnostic criteria encompassed corneal infiltration compatible with infectious keratitis excluding other causes of non-infectious keratitis. In all the patients suspected for infectious aetiology, cultures were obtained. Sabouraud, chocolate and blood agar plates were applied as primary culture panels. Besides, vancomycin and amikacin were prescribed empirically until the availability of definitive culture results.

To ascertain whether patients were suitable candidates for corneal refractive surgery, all of them underwent a complete ophthalmologic examination. The surgical suite met the criteria for ophthalmologic laser procedures. Instruments were autoclaved before PRK surgery with Statim 2000 or 5000 with reservoir (SciCan). In the field of preoperative preparation, the patients were instructed to perform lid hygiene during the three days before the surgery.

Preoperatively, patient's eyes were cleaned and prepped with povidone–iodine. The eyelashes were draped and 2 drops of proparacaine 0.5% were given in less than 10 min before the surgery. Also, topical fluoroguinolones were given to reduce the chance of infection.

During the surgery, the epithelium was debrided with exposure to 20% alcohol for 20 seconds or mechanically using a hockey knife based on the surgeon's preference. Laser ablation was carried out in the right eye first and then, in the left eye using a Technolas 217C or 217- Z-100 excimer laser (Bausch & Lomb) or the Mel 80 excimer laser (Carl Zeiss Meditec AG). Topical mitomycin-C (0.02%) was used on the ablated surface immediately after laser ablation based on surgeon's preference to reduce the incidence of primary or recurrent haze. A bandage soft contact lens was fitted after surgery and the patients underwent on a topical combination of tobramycin 3 mg/ mL-dexamethasone 1 mg/mL (Tobradex) four times a day until the contact lens was removed and diclofenac sodium 0.1% four times per day for 2 days together with preservative-free artificial tears. Also, based on availability of different drugs in Iran and surgeon's preference, chloramphenicol, ciprofloxacin, levofloxacin, and ofloxacin were the other wide spectrum used antibiotics in postoperative treatment. Once the contact lens was removed the patient received a tapering regimen of fluorometholone 0.1% and preservative-free artificial tears for 1.5 months.

All the patients were examined 24 h, 7 days, and 1 and 3 months after surgery unless complications required more frequent visits. The primary endpoint of this study was the incidence of infectious keratitis within 6 months after the surgery and the secondary endpoints were culture results, response to treatment, and visual outcome.

Descriptive statistics was accomplished to ascertain the incidence of infectious keratitis and to describe the study population. Outcomes reported in the clinical records were compiled in an Excel spread sheet (Microsoft Corp.). Data were analyzed using SPSS 21.0 software.

RESULTS

The total number of PRK procedures in our centre at the mentioned 6-year time period was 24,986 (13,253 patients), in which 6 eyes of 5 patients developed keratitis. Therefore, the overall keratitis occurrence rate of our centre was estimated as 0.02%. Figure 1 illustrates the comparison of keratitis incidence after photorefractive keratectomy between the published studies.

Moreover, 29 patients (30 eyes) with the diagnosis of post-PRK keratitis underwent treatment in our centre (24 referred patients and 5 patients of our centre). The mean age of the patients was 34.62 ± 10.6 years old and females accounted for 55.2% of the patients (16/29). Across the involved eye of all the patients, 21 infection (70%) was in the left eye and 9 (30%) involved the right (Table 1). It should be mentioned that infection was bilateral in one patient.

The mean follow-up time was 6.2 ± 5.64 months (range 1–24). With respect to admission time after surgery, 22 patients presented between 1 and 7 days (early onset) (mean 4.14 days; range 1–7) and 7 patients presented after 7 days (late onset) (mean 37.43 days; range 8–120). The mean time of symptom presentation time from surgery was 12.17 ± 24.35 days (within–1 120).

In the field of clinical symptoms, decreased vision was the most prevalent symptom (in 27 patients (93%)). Afterwards, photophobia



Fig. 1 Comparison of keratitis incidence after photorefractive keratectomy between published studies.

Table 1. Patients' demographics.								
	All patients (N = 29)	Farabi Hospital patients (N = 5)						
Age								
• Mean	34.52 ± 10.6	26 ± 5.83						
• Range	21–61	22–36						
Sex								
• Male	13 (44.8%)	3 (60%)						
• Female	16 (55.2%)	2 (40%)						
Involved eye								
• Right eye	9 (30%)	3 (50%)						
• Left eye	21 (70%)	3 (50%)						

was present in 21 patients (72.4%), eye pain in 19 patients (65.5%), discomfort in 18 patients (62.1%), eye discharge in 17 patients (58.6%), and excess tears in 8 patients (27.6%). In the initial evaluation at the emergency department, ciliary injection and corneal infiltration were diagnosed in all the patients. In addition, corneal epithelial defect, hypopyon, corneal satellite infiltration, and endophthalmitis were detected in 17 (58.6%), 12 (41.4%), 3 (10.3%) and 1 (3.4%) of the patients, respectively.

Cultures were obtained from all the cases that were suspected for infectious keratitis. Of all the cultures, 22 eyes had positive results and 8 eyes had culture-negative keratitis. Among culturepositive eyes, the most commonly identified pathogen was *staphylococcus aureus* (16 eyes, 72.8%). Fungi, the second most commonly microorganism, was diagnosed in 2 (9.2%) eyes. Both of the cases developed filamentous fungal keratitis in our study with positive culture for *Aspergillus*. In addition, *enterobacter*, *acanthamoeba*, *methicillin-resistant staphylococcus aureus* (*MRSA*) and *Staphylococcus epidermidis* each accounted for 1 case (4.5%) (Table 2).

After accurately investigating the plausible predisposing factors, the following were determined. First, as the most prevalent factor, contact lens manipulation (history of lens exchange or hand touch by the patient) was significant in 6 patients (21%). Second, dry eye and blepharitis each accounted for four of the patients (14%). In three patients (10%), a history of ocular trauma and lens fall out were found. Moreover, two patients (7%) had a previous history of diabetes mellitus. Two patients (7%) were healthcare workers; one was an intensive care unit staff, in whom a *S. epidermidis* ulcer progressed, and the second was a medical doctor, in whom *MRSA* ulcerations were developed. Additionally, history of HSV keratitis and history of corneal transplantation were blamed to be

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Case	Age	Gender	Eye	Presentation time (days)	Risk factors	Culture	
1	22	Female	OU	120	Blepharitis	Staphylococcus aureus	
2	26	Male	OS	4	Dry eye	Negative	
3	22	Female	OS	6	Blepharitis	Negative	
4	24	Male	OD	70	Manipulation of contact lens	Fungi	
5	36	Male	OS	11	Ocular trauma	Staphylococcus aureus	
6	45	Female	OS	3	Healthcare professional	Staphylococcus aureus	
7	46	Female	OS	7	Ocular trauma	Staphylococcus aureus	
8	35	Female	OS	5	Corneal transplantation	Negative	
9	33	Male	OS	2	Diabetes mellitus	Staphylococcus aureus	
10	37	Female	OS	3	Dry eye	Staphylococcus aureus	
11	21	Female	OS	7	Manipulation of contact lens	Negative	
12	37	Male	OS	3	Blepharitis	Negative	
13	24	Male	OS	14	Lens fall out	Staphylococcus aureus	
14	34	Male	OD	7	Manipulation of contact lens	Staphylococcus aureus	
15	31	Male	OS	5	Blepharitis	Negative	
16	37	Female	OD	5	History of HSV keratitis	Staphylococcus aureus	
17	35	Male	OD	4	-	Staphylococcus aureus	
18	30	Male	OS	4	Dry eye	Negative	
19	60	Female	OS	1	History of HSV keratitis	Enterobacter	
20	34	Female	OS	2	Lens fall out	Staphylococcus aureus	
21	32	Female	OS	6	Diabetes mellitus	Staphylococcus aureus	
22	57	Male	OS	21	-	Fungi	
23	27	Male	OD	8	Ocular trauma	Negative	
24	34	Female	OD	5	Dry eye	Staphylococcus aureus	
25	28	Female	OD	7	Lens fall out	Staphylococcus aureus	
26	61	Female	OS	2	Manipulation of contact lens	MRSA	
27	32	Female	OS	1	Manipulation of contact lens	Staphylococcus aureus	
28	25	Female	OS	18	Manipulation of contact lens	Acanthamoeba	
29	36	Male	OD	2	Healthcare professional	Staphylococcus epidermidis	



Table 2. Summary of cases with infectious keratitis after photorefractive keratectomy.

Fig. 2 Predisposing factors for keratitis development after photorefractive keratectomy in our study.

responsible for 2 (7%) and 1 (3%) keratitis development. Figure 2 represents the overall pattern of predisposing factors.

Empirical treatments with intensive regimen with topical vancomycin (50 mg/dL) and amikacin (15 mg/dL) were started in all the patients. In the cases involving *S. aureus*, a broad-spectrum

combination consisted of fortified vancomycin with the aminoglycoside or a fluoroquinolone was the most common treatment. Oral doxycycline was added in 9 cases. With regard to the fungal inherent of the culture results, antifungal regimen (natamycin or voriconazole) was started in two cases. In addition, case 28 received polyhexamethylene biguanide due to the identified pathogen (*acanthamoeba*) (Table 3).

Final visual acuity ranged from 20/20 to 20/70. The final BCVA was 20/20 or better in 17 patients (58.6%), 20/40 or better (but worse than 20/20) in 10 cases (34.5%), and worse than 20/40 in two cases (6.9%) (Table 3). All the patients responded to the medical therapy, except two cases. Patient 19 developed endophthalmitis, necessitating urgent surgery. Furthermore, patient 10 underwent penetrating keratoplasty (PKP) 24 months after the initiation of the infection.

DISCUSSION

Surface ablation procedures have attracted increasing attention during recent decades [1]. As a devastating complication of laser refractive surgeries, infectious keratitis can result in remarkable loss of BCVA in eyes with great visual potential [1]. There are published works regarding post-PRK keratitis in the literature. The rate of infectious keratitis after PRK and the related risk factors were investigated in our study.

All the diagnoses were made by a cornea specialist who was expert and experienced in the field of keratitis. The other M. Soleimani et al.

Table 3. Summary of follow-up, treatment, and final visual acuity of infectious keratitis after photorefractive keratectomy.

Case	Follow-up time (month)	Medical treatment	UCVA	BCVA				
1	14	Vancomycin + Ceftazidime + Oral doxycycline	20/125	20/50				
2	4	Vancomycin + Amikacin + Oral doxycycline	20/20	20/20				
3	9	Vancomycin + Amikacin	20/25	20/25				
4	7	Natamycin + Levofloxacin	20/20	20/20				
5	4	Vancomycin + Ceftazidime + Oral doxycycline	20/25	20/20				
6	12	Vancomycin + Amikacin + Oral doxycycline	20/40	20/40				
7	3	Vancomycin + Amikacin + Oral doxycycline	20/20	20/20				
8	24	Vancomycin + Ceftazidime + Ciprofloxacin	20/200	20/70				
9	7	Vancomycin + Amikacin	20/25	20/20				
10	2	Vancomycin + Ceftazidime + Oral doxycycline	20/40	20/25				
11	4	Vancomycin + Ceftazidime	20/20	20/20				
12	3	Vancomycin + Ceftazidime	20/20	20/20				
13	3	Vancomycin + Ceftazidime	20/20	20/20				
14	1	Vancomycin + Ceftazidime	20/20	20/20				
15	1	Vancomycin + Ceftazidime + Amikacin	20/20	20/20				
16	2	Vancomycin + Ceftazidime	20/100	20/32				
17	11	Vancomycin + Ceftazidime + Oral doxycycline	20/40	20/40				
18	5	Levofloxacin + Oral doxycycline	20/32	20/25				
19	18	Cefazolin + Amikacin	20/70	20/25				
20	14	Cefazolin + Amikacin	20/40	20/40				
21	9	Cefazolin + Amikacin	20/20	20/20				
22	5	Voriconazole + Oral fluconazole	20/20	20/20				
23	5	Vancomycin + Ceftazidime	20/20	20/20				
24	3	Vancomycin + Ceftazidime + Oral doxycycline	20/25	20/20				
25	3	Vancomycin + Ceftazidime	20/30	20/20				
26	2	Vancomycin + Ceftazidime	20/100	20/32				
27	1	Vancomycin + Ceftazidime	20/20	20/20				
28	2	Polyhexamethylene biguanide	20/40	20/40				
29	2	Vancomycin + Ceftazidime	20/20	20/20				

differential diagnoses include non-infectious keratitis or a form of immunologic predisposition, peripheral ulcerative keratitis (PUK) and staphylococcal marginal hypersensitivity. In all the differential diagnoses, corticosteroid is one of the major treatment columns and the sole use of antibiotics is not useful whereas use of corticosteroids in infectious keratitis can lead to catastrophic outcome. Hence, appropriate clinical response to antibiotics is a differentiating factor to exclude the aforementioned diagnoses.

In the current study, we found 6 eyes in 24,986 procedures, with the occurrence rate of 0.02%. It should be borne in mind that estimating the accurate incidence highly relies on the completeness of follow-up of all the patients. In this regard, most of our patients attended all the scheduled visits. A 24-h phone number is available for the patients who underwent every type of interventions in our centre. The patients are advised to make a phone call in condition of experiencing any symptoms or problems. Also, we ask for the reason of not presenting through a phone call if a scheduled follow-up visit is missed or delayed. Therefore, we believe that the reported rate is reasonably accurate. Comparing the current study with previous efforts, our observed occurrence rate for post-PRK infectious keratitis (0.02%) fell within the reported range in the literature [12, 13]. Our observed rate was similar to the report by Leccisotti et al. [12] who found 2 cases of infectious keratitis (0.02%) among 10,452 PRK procedures. In addition, our results were nearly consistent with those of the study by Schallhorn et al. [7] and Wroblewski et al. [10] (rates of 0.017%) and 0.019%, respectively). On the other hand, our proposed rate was almost tenfold lower than the 0.2% estimated by Rojas et al. [2] and Oliveira et al. [13] Justifying the mentioned rates, the exact reason for higher rates in these studies was unclear. However, the most notable difference between studies with higher and lower rates was that those with lower occurrence of infectious keratitis mostly performed later (2006–2020) [2, 13]. The later time led to the strict adherence to techniques that had been recommended by the previous studies as well as published guidelines, from which the previous studies would not have benefited.

In the field of the involved eye, we found more infectious keratitis in the left eye. To explain the potential contributor, the preoperative process of ocular prepping in PRK was commonly performed simultaneously in both eyes, with the right side frequently performed first. Given the passing time and probability of not meeting the sterility process, the infection occurred more commonly in the second eye [1]. This phenomenon could partially explain the higher observed infectious keratitis in the left eye, although due to the inherent biases of the current study, more longitudinal studies were warranted to accurately respond to this question.

Comparing PRK and LASIK, there has been a legitimate debate regarding the post-operation keratitis [1, 2]. Rojas et al. [2] found 5.7 times higher keratitis incidence rate in those who underwent surface ablation than those who performed LASIK procedure. In this respect, breaking down of the eye barrier due to corneal epithelial defect, using a bandage contact lens and topical corticosteroids for controlling wound healing has been identified

as the most essential culprit of increased risk of infectious keratitis in the patients who performed PRK surgery [14, 15]. In contrast, in a recent meta-analysis study, it was revealed that the keratitis incidence was 4.5 times higher in LASIK than PRK [1]. Creation of the corneal flap and higher rates of performing LASIK surgery were considered as the potential explanation for the observed rate [1, 16]. Altogether, it seems that infectious keratitis serves as an essential complication after both PRK and LASIK surgeries, necessitating more precise care to prevent its consequences.

Generally, infectious keratitis after surface ablation procedures could be classified as either early onset (occurring within one week after surgery) or late onset (occurring after one week after the surgery) [17]. We found that the percentage of early infectious (75.8%) was higher than the late-onset subtype. In line with this concept, Rojas et al. [2] found that 71.79% of involved eyes had early-onset keratitis. Moreover, 90% of PRK cases in the study by Schallhorn et al. [7] were presented within two weeks of the surgery. Regarding the observed results, it seems imperative to implement aggressive treatment strategy for observed infiltration in the first postoperative week after PRK. Hence, we recommend performing smear, culture and aggressive treatment in those present with any infiltrations that is central or paracentral, larger than 2 mm, and associated with significant pain or AC reaction, or fails to respond rapidly to the standard therapy. It should be mentioned case #1 and case #4 of our study who had a long elapsed time after surgery (120 days and 70 days, respectively) was complicated with persistent epithelial defect. So, it is not irrational to contribute their keratitis to PRK.

In our study, the most common microorganisms responsible for infectious keratitis were *S. aureus*, fungi, *enterobacter*, *acanthamoeba*, *MRSA* and *S. epidermidis*. No patient with mycobacterial infection was detected. Our results were in accordance with the previous two largest series of post-PRK keratitis, indicating that Gram-positive microorganisms were responsible in almost all cases [18, 19]. Therefore, it seems that Gram-positive organisms posed the greatest risk of infectious keratitis after PRK surgery and, due to the remarkable ocular morbidity associated with infectious keratitis, we strongly recommend the use of prophylactic antibiotics after PRK.

Overall, it was demonstrated that the common bacterial pathogens in the early onset type were staphylococcus, streptococcus and Gram-negative species. On the other hand, opportunistic microorganisms including fungi, nocardia and atypical mycobacteria were the important pathogens in the late-onset subtype [20]. In line with this concept, we observed two cases with fungi infectious, both presenting after one week from operation. Similarly, Garg et al. [21] found fungi as the most contributors to post-Lasik keratitis. Ascertaining the plausible contributor to infection, several sources including periocular flora, surgical instruments, surgeon's hands and environmental factors have been identified [22]. Accordingly, Feizi et al. [22] found that the rate of corneal interface contamination was 24.5%. In addition, S. epidermidis was recognized as one of the most commonly retrieved organisms during intraocular surgeries. It is a normal inhabitant of the eyelids, eyelashes and conjunctiva, and it is believed that the microorganisms that cause postoperative complications originate from the eyelids and conjunctiva [23-26]. Therefore, regular follow-up of the patients who underwent PRK surgeries could be an efficient solution to timely diagnosis and treatment of those with post-PRK infectious keratitis.

Appraising the potential risk factors for post-PRK keratitis, several factors such as dry eye, blepharitis and lens manipulation have been identified before [20]. We found that manipulation of contact lens, dry eye, and blepharitis were the most essential predisposing factors in our study. These observations highlighted the importance of preoperative examination and treatment of the lids and dry eye disease [27]. Indeed, eyelid hygiene could decrease the bacterial load on corneal surface, which in turn could

reduce the risk of infectious keratitis [28]. Regarding our protocol, we started hygiene procedure not more than 3 days before PRK due to the point that longer time could alter the pattern of ocular flora.

We also found that history of diabetes mellitus and HSV keratitis could facilitate the keratitis development. Despite the previous reports regarding good visual outcomes in those with HSV keratitis, our both patients who had a history of HSV keratitis developed some degrees of visual loss because of the scarring [29, 30]. Our findings were in accordance with a previous study indicating development of scarring and visual loss in all the cases with HSV keratitis. American Academy of Ophthalmology has been introduced history of HSK as a relative contraindication for corneal refractive surgery [31]. Nagy et al. reported an incidence of 0.14% (19 of 13,200) for post-PRK HSV keratitis, in which it was remarkably higher than rate of 0.03% for general population [32, 33]. Moshirfar et al. recently published a narrative review on corneal refractive surgery in patients with a history of HSK [34]. In this review, three animal studies, two prospective case series, one case report, and one retrospective study regarding post-PRK herpetic ocular disease were reviewed suggesting excimer laser PRK as a trigger of HSK. To solve this issue prophylaxis with antiviral agents is strongly recommended. The recommended regimen is oral acyclovir 400 mg twice daily or valacyclovir 500 mg once daily for two weeks prior to surgery, which is continued postoperatively until cessation of topical steroids. Surgery is not recommended for patients with multiple recurrences. The other point is that surgery should be postponed until at least one year from the last episode of recurrence. Patients with no corneal haze, nummular keratopathy, or neovascularization are suitable candidates for corneal refractive surgery [34]. It is of note a comprehensive external examination of the eyelids, corneal sensation, and slit-lamp examination should be performed in these patients.

It seems patients with exposure to a healthcare environment should be considered at additional risk for developing MRSA keratitis following refractive surgery. Previously, Solomon et al. [27] reported a series of MRSA keratitis following refractive surgery. In their study, nine out of 12 patients were either healthcare workers (hospital lab technician, medical resident, obstetrician-gynaecologist, nurse, emergency room physician) or exposed to a healthcare setting (history of hospitalization before surgery, two volunteers at nursing homes, and husband of a healthcare worker). Except one case (the medical resident who underwent PRK), the rest of the cases underwent LASIK. To prevent MRSA keratitis in such cases, prophylactic treatment of blepharitis, considering fourth-generation fluoroquinolone or bacitracin for preoperative prophylaxis, monocular treatment in the patients with known MRSA carriage, and avoiding contact lens manipulation in PRK patients are recommended.

Drawing from previous guidelines and studies, treatment of post-PRK infectious keratitis with aggressive antibiotic agents in addition to removing the soft contact lens has been suggested [35]. In our study, we started empirical treatment with vancomycin and amikacin in all the patients. Besides, we administrated a broad-spectrum combination consisting of fortified vancomycin with an aminoglycoside or a fluoroquinolone according to the ASCRS guideline recommendations [28]. We found that all the patients responded to medical therapy except two cases. Our prescribed medication is nearly consistent with the study by Rojas et al. [2] and a complete response in all the cases were achieved.

Visual acuity results in the current study were reasonably satisfactory and fell within the range reported by previous studies. We found that the final BCVA was 20/20 or better in 58.6% of patients, 20/40 or better (worse than 20/20) in 34.5% and worse than 20/40 in 6.9% of patients. Consistent with this notion, Rojas et al. [2] reported that 58.97% of the cases had corrected distance visual acuity (CDVA) of 20/20 or better, 20/40 or better in 33.3%

and worse than 20/40 in 7.69%. In addition, Wroblewski et al. [10] reported the final CDVA of 20/30, 20/25, 20/16, 20/20, and 20/20 in five patients with infectious keratitis. Besides, Donnenfeld et al. [18] reported the final visual acuity between 20/20 and 20/100 among post-PRK cases with infectious keratitis. In this regard, CDVA was 20/20 in 5 cases, 20/40 or better in 11 cases and worse than 20/40 in 2 cases, with 1 patient awaiting PKP. Finally, in the study by Oliveira et al. [13], the final CDVA was 20/20 or better in 7 of 9 cases of culture-proven infectious keratitis after PRK and 20/40 or better in the remaining 2 cases.

We would like to emphasize the strengths of this study. First, to the best of our knowledge, this is one of the largest studies regarding evaluating the incidence of post-PRK keratitis. In addition, all the patients earned regular follow-up after infectious keratitis diagnosis, making the reported rates and consequences more accurate. On the other hand, the present study was subject to a number of potential limitations. First, due to the descriptive inherent of the present study, we could not assess accurately the casual association between predisposing factors and keratitis. In addition, we had several negative cultures, which could be due to technical reasons such as alteration during transport, or previous treatment with antibiotics. Also, we are not certain about the candidacy of patients who underwent PRK at other facilities, which can be one of the weaknesses of our study.

CONCLUSION

In conclusion, infectious keratitis is a devastating complication of laser refractive surgeries, which could result in remarkable loss of visual acuity in eyes with great visual potential. The overall post-PRK keratitis occurrence rate of our study was 0.02%. We found that Gram-positive cocci were the most prevalent microorganism in the eyes with keratitis infection. Besides, our analysis revealed that manipulation of contact lens, dry eye, and blepharitis were the most essential predisposing factors for keratitis development. All the patients were prescribed suitable antibiotics regimen and the final visual acuity results in the current study were reasonably satisfactory.

Summary

What was known before

- There exists a critical concern regarding the risk of infectious keratitis development after PRK.
- As a devastating complication of laser refractive surgeries, infectious keratitis can result in remarkable loss of vision.

What this study adds

- Our study revealed that manipulation of contact lens, dry eye, and blepharitis were the most essential predisposing factors for keratitis development.
- The overall post-PRK keratitis occurrence rate of our study was 0.02%.

DATA AVAILABILITY

The data is available from the corresponding author on reasonable request.

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AUTHOR CONTRIBUTIONS

MS1 and KC conceptualized the work. MK, MS1, and HF collected the data. MS1, SAT, MS2, and BR analyzed the data. MK and KC wrote the manuscript. MS2, HF, BR, and KC performed critical revision on the manuscript. All the authors read and approved the final version of manuscript.

COMPETING INTERESTS

The authors declare no competing interests.

ADDITIONAL INFORMATION

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