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# ER $\beta$ promotes A $\beta$ degradation via the modulation of autophagy

Yong Wei<sup>1</sup>, Jiawei Zhou<sup>1</sup>, Jun Wu<sup>1</sup> and Jian Huang<sup>1</sup>

## Abstract

Alzheimer's Disease (AD) is the most common neurodegenerative disorder in the elderly. Beta-amyloid (A $\beta$ ) peptide accumulation is considered as a primary cause of AD pathogenesis, with defective autophagy in patients' brains. Enhanced autophagic activity has been reported to promote A $\beta$  clearance in vitro and in vivo models. Meanwhile, there is growing evidence that estrogen receptor  $\beta$  (ER $\beta$ ) is a viable therapeutic target that can ameliorate the pathological features associated with AD. Very little is known about the detailed molecular mechanisms underlying the relationship between ER $\beta$ , autophagy, and A $\beta$  degradation in AD. This study aims to uncover whether ER $\beta$  participates in autophagy and promotes extracellular A $\beta_{1-42}$  degradation through the autophagy-lysosome system. Here we find that overexpression of ER $\beta$  caused autophagic activation as seen by increased microtubule-associated protein 1 light chain 3-II (LC3-II), SQSTM1 (sequestosome 1) degradation, LC3 punctate distribution, autophagosome, and autolysosome accumulation. In addition, we show that ER $\beta$  could induce autophagy through direct protein-protein interaction with ATG7 (E1-like enzyme). Furthermore, ER $\beta$ -mediated decrease in A $\beta_{1-42}$  was blocked by the autophagy inhibitor chloroquine (CQ) in SH-SY5Y cells and the HEK293T (A $\beta$ PPsw) model. A $\beta_{1-42}$  or CQ induced cytotoxicity was restored by a selective ER $\beta$  activator diarylpropionitrile (DPN). Collectively, these data indicate that overexpression of ER $\beta$  exerts a neuroprotective effect through interacting with ATG7 protein and further enhances autophagy-lysosomal activity for A $\beta_{1-42}$  clearance at the cellular level.

## Introduction

Alzheimer's disease (AD) is a progressive neurodegenerative disease and is a primary cause of age-related disability and death in the world<sup>1</sup>. It is characterized by severe memory loss, cognitive impairment, and behavior changes. At the pathological level, extracellular deposition of plaques and intracellular neurofibrillary tangles are held to be the two major hallmarks of AD patients' brains. A $\beta_{1-40}$  and A $\beta_{1-42}$ , the main components of amyloid plaque, are products of amyloid precursor protein (APP), which is cleaved by  $\beta$ -secretase and  $\gamma$ -secretase complex. A $\beta_{1-40}$  is the most abundant specie under physiological conditions<sup>2</sup>. In AD brain, A $\beta_{1-42}$  is the most toxic specie due to its high hydrophobicity, resulting in a high tendency for aggregation<sup>3</sup>. Abnormally increased level of


beta-amyloid (A $\beta$ ) is associated with the progression of AD, as it induces oxidative injury, neuroinflammation response, synaptic dysfunction, and neuron death<sup>4</sup>. Furthermore, studies show that 90–95% of all AD cases are sporadic, resulting from impaired clearance of A $\beta$ <sup>5</sup>. Taken together, these data indicate that promoting A $\beta$  clearance would be a potent therapeutic target for AD treatment.

Epidemiological studies have shown that women are more susceptible to AD than men, owing to the brain estrogen deficiency during menopause<sup>6</sup>. Ovariectomized-induced estrogen deficiency accelerates the A $\beta$  plaque deposition in the AD mice model, while estrogen treatment reversed it<sup>7,8</sup>. Such evidence would help elucidate the neuroprotective actions of estrogen against A $\beta$ . The physiological functions of estrogen are mainly regulated by estrogen receptor  $\alpha$  (ER $\alpha$ ) and estrogen receptor  $\beta$  (ER $\beta$ ). Both receptors have been reported to decrease with age in the brain of rats and mice<sup>9,10</sup>. Unlike ER $\alpha$ , which has high distribution mainly in reproductive organs, ER $\beta$

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has a prominent role in the nervous system<sup>11,12</sup>. Considering the side effect of ER $\alpha$  activation on reproductive organs under estrogen therapy<sup>13</sup>, selective activation of ER $\beta$  has been regarded as a potential valid target for AD therapy. Accumulating evidence shows that estrogen could mediate ER $\beta$  activation to stimulate the degradation of A $\beta$  by upregulating A $\beta$ -degrading enzymes in vivo and in vitro<sup>14,15</sup>. In addition, compared with the age-matched controls, the AD group shows reduced expression of ER $\beta$  in whole cell lysates along with more A $\beta$  deposition<sup>16</sup>. Therefore, these data provide evidence that ER $\beta$  activation will benefit A $\beta$  degradation in AD.

Macroautophagy (hereafter referred to as autophagy) is a necessary cellular process of lysosomal degradation that turns over intracellular cytoplasmic proteins and organelles, which helps maintain cellular homeostasis and neuronal health. During autophagy, small membrane structures called phagophore grows and gradually encloses cellular cargo, forming autophagosomes. Then, the autophagosomes fuse with lysosomes, forming autolysosomes and contribute to the recycling of autophagosomal components<sup>17</sup>. Enhanced autophagy flux and lysosomal activity promote A $\beta$  to be engulfed by autophagic vacuoles (AVs), which then fuse with the lysosome and are recycled<sup>18–21</sup>. However, deficits in the autophagy–lysosome pathway exert an important role in the pathogenesis of AD, including the increased distribution of A $\beta$  and the dysfunction of A $\beta$  degradation<sup>22</sup>. Autophagy–lysosome is believed to be another major A $\beta$  clearance route in addition to the different A $\beta$ -degrading enzymes<sup>23</sup>. These results suggest that modulating the autophagy–lysosomal pathway can be a promising therapy for A $\beta$  degradation in AD.

Based on the evidence cited above, we hypothesized that activation of autophagy mediated through ER $\beta$  overexpression can be associated with A $\beta$  degradation. Although several reports demonstrated that ER $\beta$  could induce autophagy in various types of human cancers<sup>24,25</sup>, there is no direct evidence of a relationship between ER $\beta$  and autophagy. In addition, whether ER $\beta$  can activate autophagy in the nervous system remains unclear. Our data provide evidence for a role of ER $\beta$  in autophagy and the C/D region of ER $\beta$  plays a dominant role in the interaction between ER $\beta$  and ATG7, which has been shown to decrease in the AD mice model<sup>26</sup>. In addition, we observed that ER $\beta$ -induced A $\beta$  degradation was significantly blocked by autophagy inhibition. We further found that A $\beta$ <sub>1–42</sub> or chloroquine (CQ) induced cytotoxicity could be suppressed by an ER $\beta$  agonist diarylpropionitrile (DPN). To the best of our knowledge, our data demonstrate for the first time that the degradation of extracellular A $\beta$  fibrils by ER $\beta$  is dependent on the autophagic process.

## Materials and methods

### Cell culture and reagents

The human neuroblastoma SH-SY5Y cell line is thrice-cloned originally from SK-N-SH and widely used as an in vitro model for neuroscience research<sup>27</sup>. SH-SY5Y, HEK293T, and mouse embryonic fibroblasts (MEFs) were cultured in Dulbecco's modified Eagle's medium (Gibco) supplemented with 10% (v/v) Fetal Bovine Serum (Biological Industries) and 1% penicillin/streptomycin (Gibco, USA). HEK293T cells were transfected with a Swedish mutant A $\beta$ PP695 (A $\beta$ PP<sup>sw</sup>) or empty vector labeled with GFP tag. Stably transduced cells were selected for neomycin resistance using G418 (Sigma, USA). All cells were routinely cultured in a humidified atmosphere of 5% CO<sub>2</sub> at 37 °C incubator. Reagents used in this study were DPN (HY-12452; an ER $\beta$ -selective agonist) and CQ (HY-17589; a lysosome inhibitor) from MedChemExpress (NJ, USA). All chemical reagents were dissolved in DMSO and the final DMSO concentrations in each experiment were <0.2%.

### RNA interference

ER $\beta$  silencing siRNA, ATG7 silencing siRNA, and control siRNA were purchased from GenePharma (Suzhou, China). The sequences of ER $\beta$ , ATG7, and control siRNA were as follows: ER $\beta$  sense, 5'-CCAGCCAUGACAUUC UAUATT-3' and antisense, 5'-UUAUAGAAUGUCAUG GCUGGTT-3'; ATG7#1 sense, 5'-GGUCAAGGACG-AGAUAATT-3' and antisense, 5'-UUAUCUUCGUCCU UUGACCTT-3'; ATG7#2 sense, 5'-GCCUCUCUAUGA GUUUGAATT-3' and antisense, 5'-UUCAACUCA-UGAGAGGCTT-3; control siRNA sense, 5'-UUCUCCG AACGUGUCACGUTT-3' and antisense, 5'-ACGUGAC ACGUUCGGAGAATT-3'. These kinds of siRNA oligonucleotides were transfected into SH-SY5Y cells at 100 nM using Lipofectamine 2000 (Invitrogen, USA) according to the manufacturer's instructions.

### Plasmids and deletion mutants construction

EGFP-C1-ER $\beta$  was a gift from Michael Mancini (Addgene plasmid #28237); EGFP-C1-ATG7 was kindly provided by Rongjia Zhou (Wuhan University, Wuhan, China). ER $\beta$  and its deletion mutants were cloned into the pHAGE-puro plasmid with a Flag tag. The EGFP-C1-ER $\beta$  plasmid was used as the template. The resulting plasmids were named pHAGE-puro-ER $\beta$ , ER $\beta$ - $\Delta$ D/F, ER $\beta$ -C/D, ER $\beta$ - $\Delta$ C/F, and ER $\beta$ - $\Delta$ A/D, respectively. To construct the pGL3-promoter-ATG7 luciferase reporter plasmid, a fragment ranging from –2015 to +112 bp of the human ATG7 promoter (GenBank accession number, NC\_000003.12) was PCR amplified from HEK293T genomic DNA and inserted into MluI and XhoI sites of a luciferase reporter vector (pGL3-promoter). The primer sequences are as follows: sense, 5'-GCGACGCGTA AGGTCAAACACAGTCCTTCT-3' and antisense, 5'-

CCGCTCGAGCTTACCGCCGCTCAACTT-3'. All constructs were confirmed by DNA sequence analysis. Plasmids were transfected into SH-SY5Y or HEK293T using Lipofectamine 2000 for 48 h according to the manufacturer's protocols.

#### Western blot and antibodies

Cortex lysates from wild type and 2xTg-AD (APP<sup>swe</sup>/PSEN1<sup>dE9</sup>) mice were kindly provided by Dr Vilhelm A. Bohr (National Institutes of Health). Cellular protein was extracted with RIPA buffer (Beyotime, Shanghai, China) supplemented with complete protease inhibitor mixture (Roche, Mannheim). Subsequently, the western blot assay was performed by following the previous descriptions<sup>28</sup>. The antibodies used include: LC3B (L7543), Flag (F7425), and  $\beta$ -actin (A1978) from Sigma-Aldrich (St. Louis, MO, USA); ATG5 (#2630) and ATG7 (#8558) from Cell Signaling technology (San Diego, USA), p62/SQSTM1 (18420-1-AP), GFP (50430-2-AP), cathepsin D (CTSD) (21327-1-AP), and ER $\beta$  (14007-1-AP) from Proteintech (Wuhan, China); Lysosome-associated membrane protein type 2 (LAMP2) (A14017) and BACE1 (A5266) from Abclonal (Wuhan, China);  $\alpha$ 7nAChR (501588) from ZENBIO (Chengdu, China); peroxidase-conjugated immunopure goat anti-rabbit and anti-mouse IgG (HL) from Abclonal. Enhanced chemiluminescence horseradish peroxidase was used to visualize protein bands. NIH ImageJ software was used to measure the intensity of the bands.

#### Immunoprecipitation

SH-SY5Y cells were harvested and lysed in immunoprecipitation buffer (50 mM Tris-HCl, pH8.0, 150 mM NaCl, 2 mM EDTA, 10% glycerol, 1% Triton X-100) supplemented with protease inhibitors. Lysates were transferred to 1.5 ml tubes, rotated for 1 h at 4 °C, and centrifugated at 13,000 rpm for 25 min. The supernatant was then incubated with control IgG (Santa Cruz Biotechnology, sc-2027 and sc-2025) or antibodies against ER $\beta$  (Santa Cruz Biotechnology; sc-373853) or ATG7. Next, protein A+G Agarose beads (20  $\mu$ , Beyotime, P2012) were added into the immunoprecipitation reaction with an additional 4 h of rotation at 4 °C. The antigen-antibody complexes were precipitated by a quick centrifugation and washed four times with immunoprecipitation buffer. After a quick centrifugation, the sediment was resuspended in SDS loading buffer. The mixture was then boiled for 10 min before immunoblot analysis.

#### RNA isolation and quantitative real-time PCR (qRT-PCR)

Total RNA was extracted using Trizol extraction kits (Invitrogen, US) according to manufacturer's protocol and then treated with RNase-free DNase I (TaKaRa, Japan) to

avoid potential DNA contamination. Reverse transcription was performed using the M-MLV Reverse Transcriptase (Promega, #M1701) and random primers. Approximately 1  $\mu$ g of the total RNA was used as the template for reverse transcription. The cDNA was diluted to 100 ng/ $\mu$ L for use in qRT-PCR. The following primers were used: *GAPDH* sense, 5'-TGCACCACCAACTGCTT AGC-3' and antisense, 5'-GGCATGGACTGTGGTC ATGAG-3'; *ATG5* sense, 5'-TTCAATCAGGTTTGGTG GAGGC-3', and antisense, 5'-ATGGCAGTGGAGGA AAGCAGA G-3', *ATG7* sense, 5'-TGCTATCCTGCCC TCTGTCTT-3' and antisense, 5'-TGCCTCCTTTCT GTTCTTTT-3'; ER $\beta$  sense, 5'-TCCATGCGCCTGGCT AAC-3' and antisense, 5'-CAGATGTTCCATGCCCT TGTTA-3'. Data analysis was performed using Bio-rad CFX manager system, using GAPDH as a reference transcript.

#### Transmission electron microscopy (TEM)

SH-SY5Y cells were washed and fixed at room temperature (RT) for 1 h in 2.5% glutaraldehyde supplemented with 0.1 M phosphate buffer saline (PBS), and then postfixed in 1.0% osmium tetroxide for 3 h. Next, cells were scraped, spun down, serially dehydrated in ethanol baths, and embedded in blocks of epon Araldite. Ultrathin sections (60–80 nm) were made using an Ultracut Microtome (UC7; Leica), stained with 4% aqueous uranyl acetate and lead citrate for 5 min, and then performed using a TEM (Tecnai G2 20 Twin, FEI) at 200 KV.

#### Enzyme-linked immunosorbent assay (ELISA)

Human A $\beta$ <sub>1–42</sub> was purchased from Qiangyao Biotechnology (Shanghai, China). A $\beta$ <sub>1–42</sub> fibrillar oligomers were prepared by initially dissolving the lyophilized peptide in NaOH as the previous description<sup>29</sup>. After treatment, the medium was collected and A $\beta$ <sub>1–42</sub> levels were measured by ELISA kits (CUSABIO BIOTECH, China) according to the manufacturer's protocols.

#### Luciferase reporter assay

For dual luciferase analysis,  $\sim 1 \times 10^5$  HEK293T cells were seeded on 24-well plates. Each well was transfected with 400 ng luciferase reporter plasmid and 2 ng of internal control plasmid pRL-CMV vector (Promega, USA) using Lipofectamine 2000. Twenty-four hours later, cells were transfected with pHAGE-puro or pHAGE-puro-ER $\beta$  plasmid for another 24 h. Next, cells were harvested and lysed with passive lysis buffer (Promega) and Luciferase units were measured by the dual luciferase assay system protocol (Promega).

#### LysoTracker labeling

SH-SY5Y cells ( $\sim 1 \times 10^5$ ) were transferred to six-well plates. After treatment with DPN (10 nM) for 24 h, cells

were incubated with 100 nM Lyso-Tracker Red (Molecular probes, Invitrogen, OR, USA) for 30 min at 37 °C in a humidified atmosphere of 5% CO<sub>2</sub>. Cells were then washed twice in PBS and immediately visualized in the culture medium directly under confocal microscopy.

#### Immunofluorescence staining

Cells were grown on coverslips and fixed in PBS containing 4% paraformaldehyde for 20 min at RT. After washing twice with PBS, the cells were permeabilized with 0.1% Triton X-100 and blocked in 1% Albumin Bovine V for 30 min at RT. The coverslips were then incubated with primary antibodies: light chain 3 (LC3) antibody (rabbit), ERβ (mouse, SAB2702146, Sigma), and ATG7 (rabbit) diluted in PBS (0.01% Triton X-100) overnight at 4 °C. After three washes in PBS, secondary antibodies were applied. Alexa Fluor 594 conjugated anti-rabbit IgG (Red) was used for LC3 and ATG7. Alexa Fluor 488 conjugated anti-mouse IgG (Green) was used for ERβ. Nuclei were counterstained by 4'-6-diamidino-2-phenylindole (DAPI) (Beyotime, C1005). Cell images were captured with a confocal microscopy (Leica TCS SP8, Germany).

#### Assessment of cell viability

The MTT (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide) cell viability assay was employed to measure the protective effect of DPN in Aβ<sub>1-42</sub> or CQ damaged SH-SY5Y cells. After various treatments, cell viability was then assayed with the MTT method.

#### Statistical analyses

All assays were repeated at least three times and continuous variables were expressed as mean ± SD. All data analyses were performed using GraphPad Prism curve comparisons. Differences were considered statistically if  $p < 0.05$ . No statistical methods were used to pre-determine sample size.

## Results

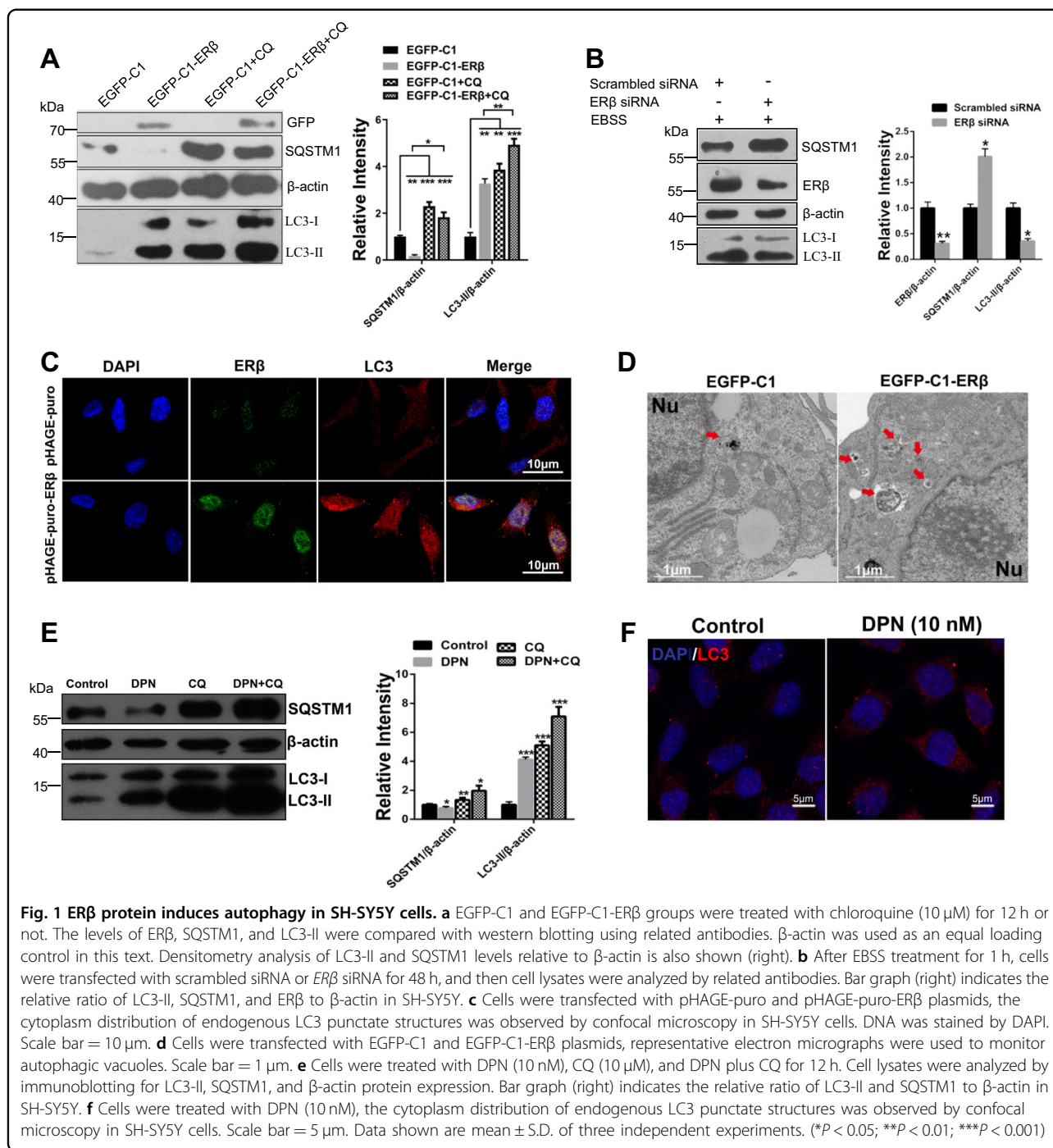
### ERβ activates autophagy in SH-SY5Y cells

To investigate whether ERβ could induce autophagy, we quantified the level of autophagy through various methods. During the autophagy-lysosome process, the unlipidated cytosolic form LC3-I is converted to lipidated form LC3-II and SQSTM1 protein is continuously degraded by autolysosomes<sup>30,31</sup>. As shown in Fig. 1a, overexpression of ERβ contributed to enhanced autophagic flux as evidenced by the increased LC3-II expression and degradation of SQSTM1 protein. However, the EGFP-C1-ERβ group, as compared with the EGFP-C1 group, shown more LC3-II accumulation upon CQ

treatment. CQ is often used to raising the intralysosomal pH, blocking the fusion of autophagosomes with lysosomes, as demonstrated by a marked accumulation of LC3-II<sup>32</sup>. ERβ-induced SQSTM1 decrease was also blocked in the presence of CQ. The transfection efficiency was determined by immunofluorescence microscopy in SH-SY5Y cells (Fig. S1B). Next, knockdown of ERβ reduced LC3-II and increased SQSTM1 followed by the treatment of Earle's Balanced Salt Solution (EBSS) (starvation condition) for 1 h (Fig. S1C and Fig. 1b). Such evidence suggests that ERβ is positively related to autophagy status in SH-SY5Y cells. To confirm the effect of ERβ on autophagy activation, we also observed the cytoplasm distribution of endogenous LC3 punctate structures by confocal microscopy. As shown in Fig. 1c, ERβ transfection increased the LC3-positive subcellular structures. Consistent with the above results, TEM analysis revealed that there were abundant autophagosomes and autolysosomes in the ERβ transfected group (Fig. 1d). Collectively, these data suggest that ERβ activates the formation of autophagosome in SH-SY5Y cells. To further confirm the role of ERβ in autophagy, an ERβ-selective agonist DPN was used to measure the autophagy level. As shown in Fig. S1D, the level of LC3-II was significantly increased and the expression of SQSTM1 was decreased in a concentration-dependent manner. Besides, DPN (10 nM)-induced LC3-II increase was potentiated under CQ treatment, consistent with an increased upstream autophagosome formation (Fig. 1e). DPN (10 nM) also increased the cytoplasm distribution of endogenous LC3 punctate structures (Fig. 1f). Altogether, our results demonstrate that ERβ contributes to autophagy activation and the fusion of autophagosomes and lysosomes.

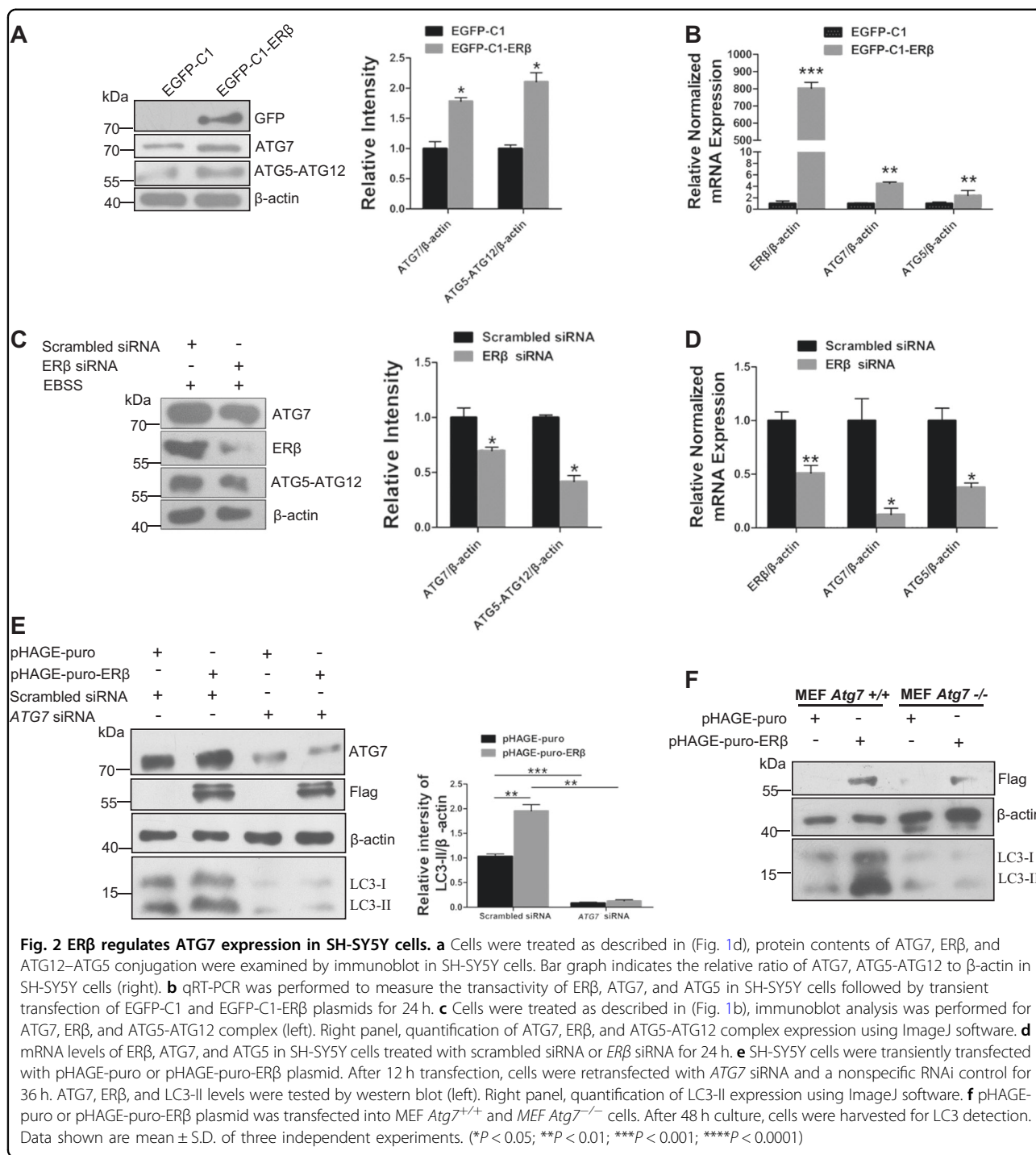
### ERβ induces autophagy through ATG7 protein

Given that an interaction between ERβ and ATG7 was predicted by the autophagy regulatory network database<sup>33</sup>, we further explored whether ATG7 is involved in ERβ-regulated autophagy in SH-SY5Y cells. To assess the possibility that ATG7 participates in ERβ-induced autophagy, we tested the levels of ATG7 and ATG5-ATG12 complex in SH-SY5Y cells. The ATG7-regulated catalysis of ATG12 conjugation to ATG5 is an essential step for the formation of autophagosomal structures<sup>34</sup>. Remarkably, we observed that ERβ overexpression increased the ATG7 expression and formation of the ATG5-ATG12 complex in SH-SY5Y (Fig. 2a), while ERβ silence had an opposite effect (Fig. 2c), suggesting an important role of ERβ in ATG7 expression. Meanwhile, qRT-PCR performance showed that ERβ could also affect the ATG7 and ATG5 at the transcriptional level (Fig. 2b, d). Next, we explored whether the effect of ERβ on autophagy is dependent on ATG7. We designed two



siRNAs of *ATG7*, and the siRNA efficiency was tested by western blot (Fig. S2A). As anticipated, overexpression of ERβ-induced LC3-II accumulation was impaired in the presence of *ATG7* siRNA (Fig. 2e). Similarly, compared with MEF *Atg7*<sup>+/+</sup> cells, ERβ-induced LC3-II expression was blocked in MEF *Atg7*<sup>-/-</sup> cells (Fig. 2f). The expression of *ATG7* in both wide-type and knockout MEF cells was tested by immunofluorescence and western blot (Fig. S2B, C). To further confirm that ERβ affects autophagy

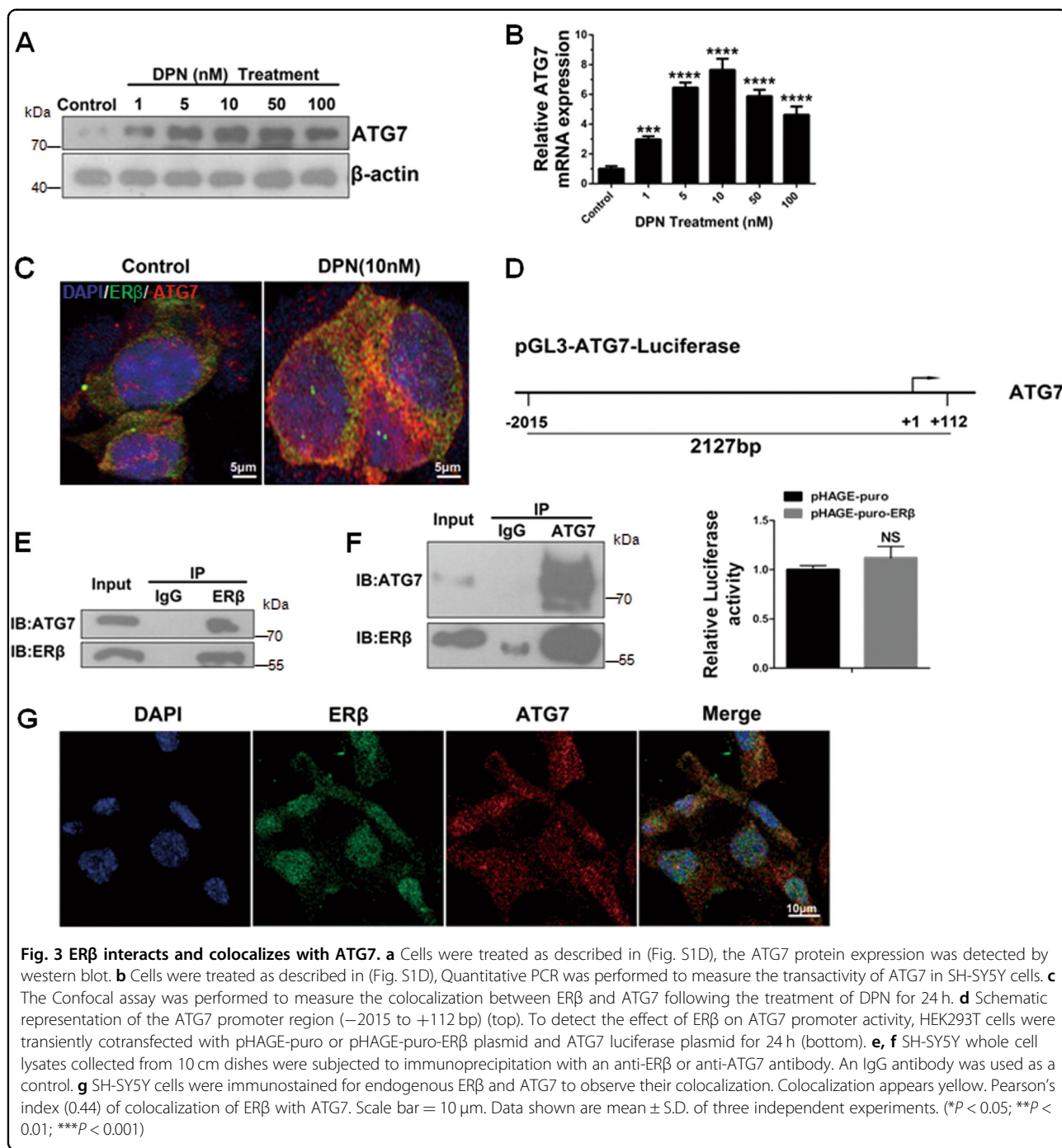
through actions on *ATG7*, we tested the upstream marker of autophagy. ULK1 (unc-51 like autophagy activating kinase1) is an important regulator in the autophagy pathway, and the phosphorylation of ULK1 at Ser757 is closely related to the repression of autophagy induction<sup>35</sup>. Our results showed that ERβ could not affect phospho-ULK1 level under DPN treatment (Fig. S2D). Thus, these results suggest that *ATG7* is a prerequisite for ERβ-regulated autophagy in SH-SY5Y cells.



**ERβ interacts and colocalizes with ATG7**

Since ERβ overexpression could regulate ATG7, we investigated the expression of ATG7 in response to increasing concentrations of DPN. As shown in Fig. 3a, ATG7 protein was positively regulated by DPN in a dose-dependent manner from 1 to 50 nM. Similar results were obtained from ATG7 mRNA expression analysis, with a peak at 10 nM (Fig. 3b). Here, we also observed that the

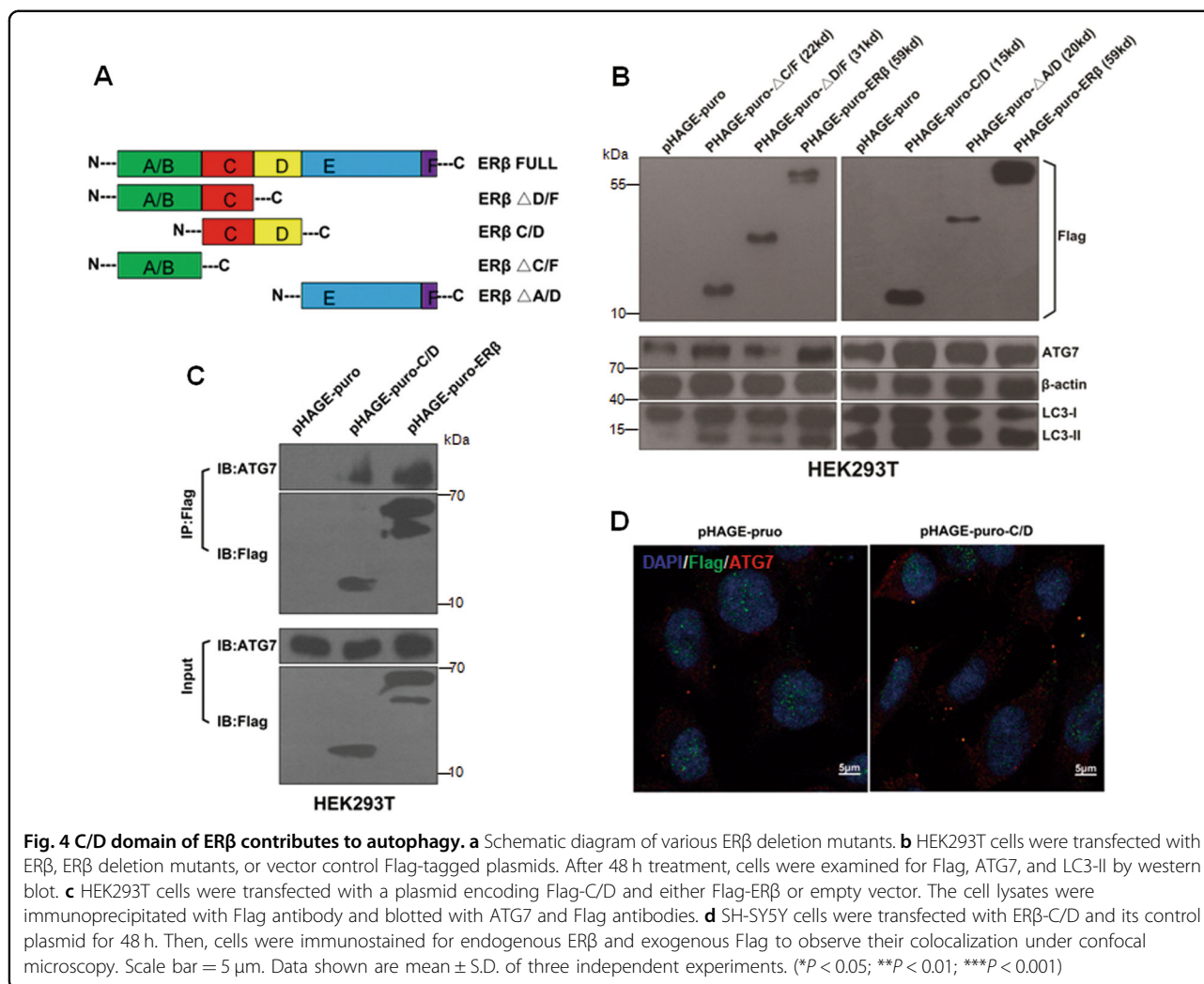
endogenous colocalization of both proteins was increased under the treatment of DPN (10 nM) for 24 h (Fig. 3c). Such a result prompts us to speculate whether the mechanism of ERβ-regulated autophagy is due to the binding of ATG7 promoter directly. To assess this hypothesis, dual luciferase reporter analysis was performed in HEK293T cells. However, there was no change in the activity of luciferase in cells overexpressing ERβ



plasmid (Fig. 3d), suggesting that another mechanism exists between ERβ and ATG7. In our present study, endogenous ERβ and endogenous ATG7 were reciprocally immunoprecipitated in SH-SY5Y cells (Fig. 3e, f). The Confocal microscopy assay also revealed the colocalization of ERβ with ATG7 mainly in the cytoplasm of SH-SY5Y (Fig. 3g). Collectively, these results demonstrate that ERβ activates autophagy via the binding of ATG7 protein rather than the ATG7 promoter.

### C/D domain of ERβ plays a significant role in ERβ/ATG7 interaction

ERβ is a nuclear transcription factor, with five distinct functional domains (A–F)<sup>36</sup>. To identify which domain of ERβ is responsible for the binding to ATG7 protein, a series of Flag-tagged deletion mutants of ERβ, named ERβ-ΔD/F, ERβ-C/D, ERβ-ΔC/E, and ERβ-ΔA/D were constructed (Fig. 4a). HEK293T cells overexpressing ERβ, ERβ deletion mutants or vector control were examined for



ATG7 and LC3-II. ERβ-C/D plasmid transfection, as well as ERβ, had a remarkable increase in ATG7 and LC3-II expression compared with the control group, while other mutants showed a light increase or stable level (Fig. 4b), suggesting the main requirement of C/D region in ERβ-mediated autophagy. In order to figure out if C/D domain could interact with ATG7, we performed immunoprecipitation experiment and found that ERβ could bind to ATG7 through C/D domain (Fig. 4c). To further explore the relationship between C/D domain of ERβ and ATG7, the confocal assay showed a cytoplasmic colocalization between Flag-tagged C/D domain and ATG7 in SH-SY5Y cells (Fig. 4d). Collectively, these data indicate that C/D domain of ERβ plays a significant role in the ATG7-dependent autophagy.

#### ERβ overexpression enhances lysosomal function in SH-SY5Y cells

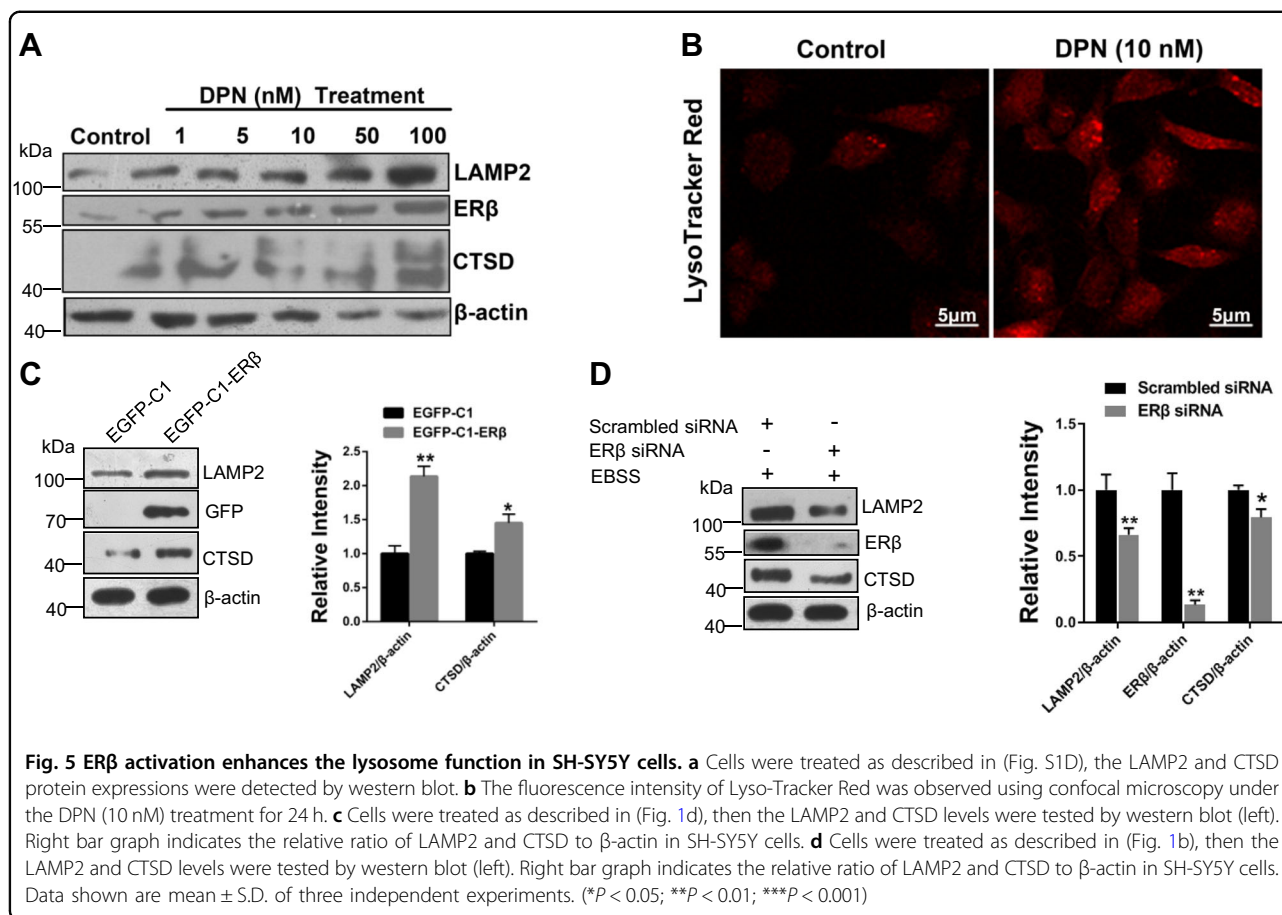
Since ERβ could enhance the autophagic flux from the above results, we would like to explore the lysosomal

functions in SH-SY5Y cells further. We found that DPN could increase the expression of LAMP2 and CTSD in a dose-dependent manner from 1 to 100 nM in SH-SY5Y (Fig. 5a). To better understand the role of ERβ in the lysosome, we performed immunofluorescence labeling of lysosomes with LysoTracker-Red (Fig. 5b). The increased fluorescence intensity of Lyso-Tracker Red was observed using confocal microscopy, indicating the function of lysosome was reinforced. Besides, overexpression of ERβ increased the LAMP2 and CTSD level, while silencing ERβ reversed them in SH-SY5Y cells (Fig. 5c, d). These results indicate that ERβ overexpression enhances lysosomal function in SH-SY5Y cells.

#### ERβ promotes extracellular Aβ<sub>1-42</sub> degradation via autophagy-lysosome system

Aβ<sub>1-42</sub> has been reported as an autophagy inducer accompanied by increased LC3-II expression<sup>37</sup>. Our results also confirmed that Aβ<sub>1-42</sub> (5 μM)-induced LC3-II protein increase could be enhanced by the cotreatment



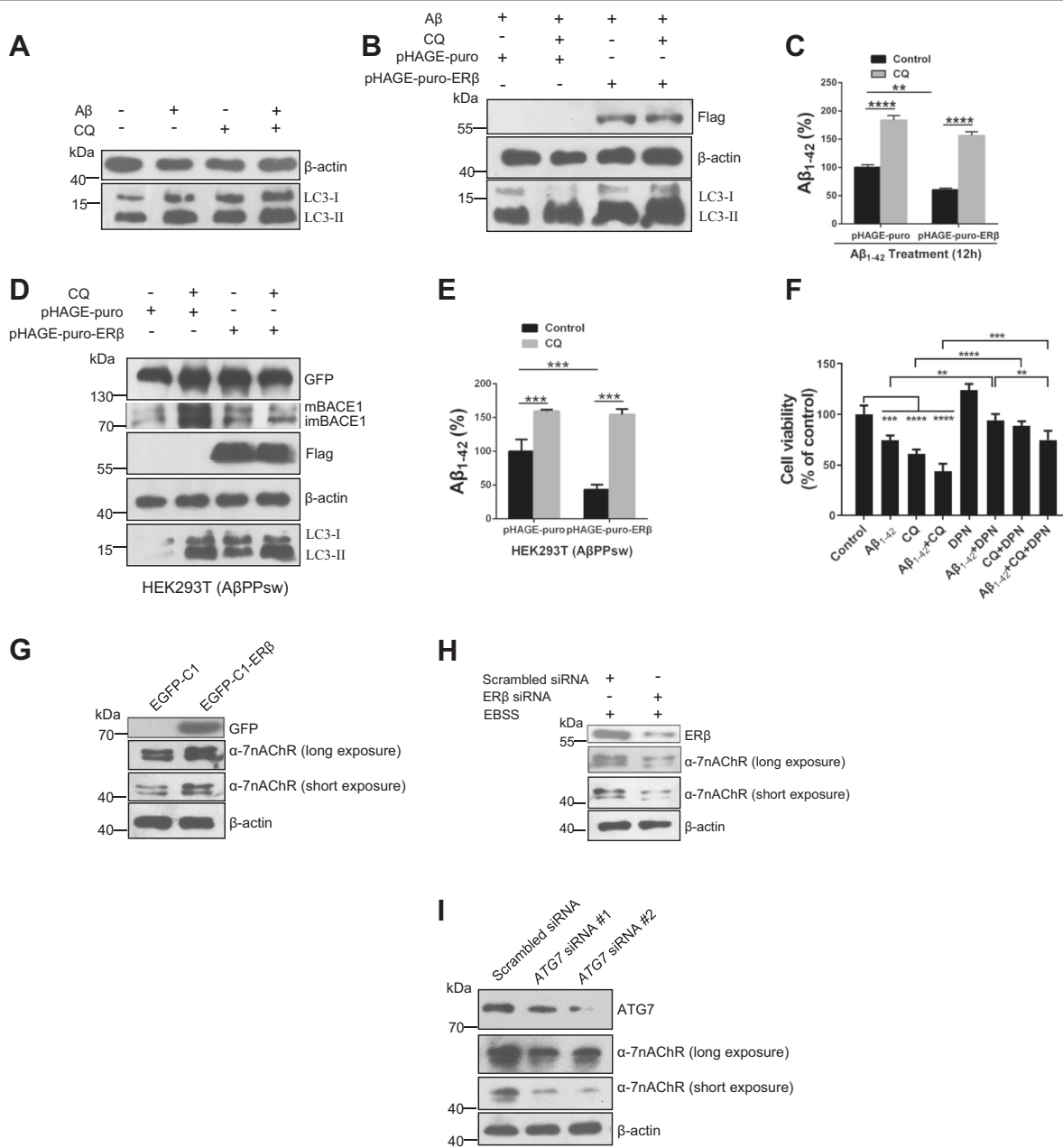


with CQ (10 μM) in SH-SY5Y cells (Fig. 6a). To value whether autophagy activation promotes extracellular Aβ<sub>1-42</sub> degradation in SH-SY5Y, CQ was added to the medium of the pHAGE-puro and pHAGE-puro-ERβ group for 12 h. Next, cells were treated with Aβ<sub>1-42</sub> fibrils for another 12 h. Afterwards, the inhibitory effect on autophagy-lysosome fusion was tested by western blot and the remaining Aβ<sub>1-42</sub> concentration was measured by ELISA kits. As expected, CQ enhanced ERβ-induced LC3-II expression in the presence of Aβ<sub>1-42</sub> compared with the control group (Fig. 6b). Further, the ELISA assay showed that overexpression of ERβ-induced extracellular Aβ<sub>1-42</sub> degradation was blocked by CQ (Fig. 6c). On the other hand, we constructed a stable APP overexpression model in HEK293T cells (Fig. S3B–D). Our results showed that ERβ transfection increased LC3-II and had no effect on BACE1 expression in the HEK293T (AβPP<sub>sw</sub>) model (Fig. 6d). The ELISA assay also confirmed that ERβ could induce extracellular Aβ<sub>1-42</sub> degradation via autophagy-lysosome pathway (Fig. 6e). To test whether ERβ-induced extracellular Aβ<sub>1-42</sub> degradation has a neuroprotective role in SH-SY5Y cells. The MTT assay was performed to measure cell viability. Results certified that DPN could restore Aβ<sub>1-42</sub> or CQ induced

cytotoxicity in SH-SY5Y cells (Fig. 6f). These results support the finding that enhanced autophagic activity contributes to extracellular Aβ<sub>1-42</sub> degradation and then exerts neuroprotective effects. However, it remains unclear how extracellular Aβ is taken up into the cytosolic compartment. Hung et al.<sup>38</sup> show that LC3 overexpression reduces Aβ<sub>1-42</sub> neurotoxicity through promoting alpha7 nicotinic acetylcholine receptor (α7nAChR) expression for extracellular Aβ<sub>1-42</sub> binding and further activating autophagy for extracellular Aβ<sub>1-42</sub> degradation in SH-SY5Y cells. Our results showed that ERβ overexpression enhanced α7nAChR expression, while ERβ siRNA reversed it (Fig. 6g, h). In addition, ATG7 knockdown reduced α7nAChR expression, suggesting that impaired autophagy may reduce α7nAChR expression (Fig. 6i). Taken together, the present results indicate that ERβ increases α7nAChR expression and enhances extracellular Aβ<sub>1-42</sub> degradation via the autophagy-lysosome system in SH-SY5Y cells.

## Discussion

Our previous study showed that ERβ mediated-CyclinD1 degradation via autophagy plays an anti-proliferation role in colon cells. Here, for the first time,



**Fig. 6 Enhanced autophagy promotes extracellular Aβ<sub>1-42</sub> degradation in SH-SY5Y cells.** **a** Cells were treated with Aβ (1 μM), CQ (10 μM), and Aβ plus CQ for 12 h. Cell lysates were analyzed by immunoblotting for LC3-II and β-actin protein expression. **b** After cells were transiently transfected with pHAGE-puro and pHAGE-puro-ERβ for 24 h, cells were treated with CQ 10 (μM) for 12 h. Next, cells were treated with Aβ<sub>1-42</sub> Aβ fibrils for 12 h. LC3-II level was tested by western blot. **c** Cells were treated as described in **b**, the Aβ<sub>1-42</sub> concentration was measured by an ELISA assay. **d** Cells were transfected with ERβ and vector plasmids under CQ treatment or not in the HEK293T (AβPPsw) model. Cell lysates were analyzed by immunoblotting for APP, BACE1, Flag, LC3-II, and β-actin protein expression. **e** Cells were treated as described in **d**, the Aβ<sub>1-42</sub> concentration was measured by an ELISA assay. **f** Cells were treated with DPN (10 nM) or Aβ<sub>1-42</sub> (5 μM) for 12 h and then added CQ (10 μM) for another 12 h. The MTT assay was used to test cell viability. **g** Cells were treated as described in (Fig. 1d), then the α7nAChR level was tested by western blot. **h** Cells were treated as described in (Fig. 1b), then the α7nAChR level was tested by western blot. **i** Cells were treated as described in (Fig. S2A), then the α7nAChR level was tested by western blot. Data shown are mean ± S.D. of three independent experiments. (\**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001; \*\*\*\**P* < 0.0001)

we demonstrated a novel function of ERβ in regulating autophagy-dependent extracellular Aβ<sub>1-42</sub> degradation in SH-SY5Y cells. In particular, we found a direct link

between the neuroprotection of ERβ and autophagy induction in SH-SY5Y cells. Overexpression of ERβ promoted the autophagosome formation and enhanced the

lysosomal function in an ATG7-dependent manner, while knockdown of ER $\beta$  reversed it. Dissecting the mechanism of ER $\beta$ -regulated autophagy, we found that the C/D domain of ER $\beta$  plays a significant role in the ER $\beta$ -ATG7 interaction. In addition, ER $\beta$ -induced A $\beta$  degradation was blocked by the lysosome inhibitor CQ. Furthermore, DPN, an ER $\beta$  agonist, was able to increase cell viability following treatment with A $\beta$ <sub>1-42</sub> or CQ. Together, our results reveal a new mechanism by which ER $\beta$  exhibits its neuroprotection via autophagy activation.

Although several reports have observed that ER $\beta$  could regulate autophagy in cancers<sup>24,25</sup>, the effect of ER $\beta$  on autophagy in the nerve system is still poorly understood. ER $\beta$ , a classical nuclear transcriptional receptor, plays a vital role in the human brain. Savaskan et al.<sup>39</sup> show an increase in hippocampal ER $\beta$  immunoreactivity by immunohistochemistry in AD patients compared with healthy humans. On the contrary, Long et al.<sup>16</sup> demonstrate that an evident reduction of neuronal ER $\beta$  expression was observed in the AD samples than that in normal brains by western blot and immunofluorescence. Our results also shown that ER $\beta$  is decreased in AD mice cortex compared with the age-matched wild-type mice (Fig S1A). The contradictory conclusion may be due to the various methods, antibodies, areas of human brains, and stages of patients, suggesting that much research still need to be carried out in the future. Though conflicting evidence exists, the majority of studies indicate that ER $\beta$  is a valid therapeutic target for AD treatment. The protective effect of ER $\beta$  on AD treatment is mainly regulated by estrogen. However, estrogen deficiency has been regarded as a contributing factor in AD<sup>40</sup>. Based on these data, ER $\beta$  activation is considered as a useful strategy for AD therapy. In this study, the human neuroblastoma SH-SY5Y cell line was chosen for the further research, not only because it is widely used as an in vitro model for neuroscience research, but also because it expresses ER $\beta$ <sup>41</sup>. We demonstrated that ER $\beta$  enhanced the autophagic process in SH-SY5Y cells by increasing autolysosome maturation and autophagic flux, while siRNA of ER $\beta$  could alleviate EBSS-induced autophagy (Fig. 1). Furthermore, DPN induced-ER $\beta$  activation also had a positive effect on autophagy in SH-SY5Y. Taken together, these data suggest that ER $\beta$  activates autophagy in SH-SY5Y cells.

A growing body of evidence indicates that autophagy dysfunction contributes to the pathogenesis of AD. Several autophagy-related genes deficiency is shown to enhance the pathology of AD models, such as Beclin1, ATG5, and ATG7<sup>19,42</sup>. Based on the prediction of autophagy regulatory network database and the co-immunoprecipitation experiments, we found ER $\beta$  could interact with ATG7 through protein-protein interaction rather than protein-DNA interaction in SH-SY5Y cells

(Fig. 3), suggesting a new mechanism for ER $\beta$ -mediated autophagy. Given that C/D domain of ER $\beta$  [145-255 amino acids] is essential to the protein interaction with Bad Lung Cancer Cells<sup>43</sup>, we explored whether this domain participates in the interaction with ATG7 in SH-SY5Y cells next. As expected, our results showed the C/D domain mainly contributes to ER $\beta$ -induced autophagy via ATG7 in SH-SY5Y cells (Fig. 4). Also, considering that C/D domain covers the DNA-binding domain and hinge region of ER $\beta$  completely, suggesting a promising drug target for AD treatment. The E1-like activity of ATG7 is necessary to ATG7-regulated autophagy, which coordinates with the E2-like enzyme ATG10 to regulate conjugation of ATG5 to ATG12<sup>34</sup>. Luo et al.<sup>44</sup> certified that the enzyme activity of ATG7 seems dispensable for the interaction between PSMD10 and ATG7 in hepatocellular carcinoma under stress conditions. However, the present results suggest that ATG7 not only affected the ATG5/ATG12 complex expression but also had a protein-protein interaction with ER $\beta$  in SH-SY5Y cells.

Autophagy-lysosome system plays a significant role in the metabolism of A $\beta$ . At present, A $\beta$  degradation enzymes and autophagy are the main A $\beta$  clearance pathways. Multiple studies showed that autophagy facilitates APP degradation and clearance as well as A $\beta$ <sup>45,46</sup>. For example, overexpression of LC3 or Beclin1 reduces both intracellular A $\beta$  accumulation and extracellular A $\beta$  deposition in cellular and the mouse model of AD<sup>19,38</sup>. Moreover, genetic reduction of mammalian target of rapamycin-induced autophagy activation ameliorates the extracellular A $\beta$  deposition in the AD mice model<sup>47</sup>. Our results showed that overexpression of ER $\beta$  reduced the extracellular A $\beta$ <sub>1-42</sub> level in conditioned medium, and this effect was blocked by CQ in SH-SY5Y cells (Fig. 6). It is indicated that impaired lysosomes lost its functions to degrade A $\beta$ <sub>1-42</sub>. Our results indicate that ER $\beta$  is important for autophagy-mediated extracellular A $\beta$  degradation. In addition, the ELISA assay showed that the A $\beta$ <sub>1-42</sub> concentration in cell culture medium of SH-SY5Y was higher than the initial concentration in the presence of CQ, indicating that A $\beta$  degradation is impaired in SH-SY5Y cells. This finding can be explained as follows. Firstly, impaired autophagy stimulates Presenilin-1 expression and enhances  $\gamma$ -secretase activity, leading to A $\beta$  production<sup>48</sup>. On the other hand, CQ breaks the fusion of autophagosome and lysosome, leading to the disruption of lysosomal degradative system and accumulation of AVs. The AVs contain abundantly A $\beta$ , APP,  $\beta$ -secretase, and  $\gamma$ -secretase, suggesting AVs are a key source of A $\beta$  production in AD brains<sup>49</sup>. Moreover, under pathological conditions, A $\beta$  has also been considered as an autophagy inducer through either Akt-dependent pathway or mitochondrial reactive oxygen species generation, resulting in a feedback loop to accelerate A $\beta$

production<sup>50</sup>. These indicate that CQ or transfection reagents bring cytotoxicity to lysosome function, leading to A $\beta$  production and deposition in SH-SY5Y.

In conclusion, we provided evidence of ER $\beta$ -mediated autophagy activation via ATG7 is necessary for the degradation of extracellular A $\beta$ <sub>1–42</sub> in SH-SY5Y cells. In this process,  $\alpha$ 7nAChR may act as a carrier to bind with extracellular A $\beta$ <sub>1–42</sub> and then internalize the complex of  $\alpha$ 7nAChR and extracellular A $\beta$  into cytoplasm, resulting in extracellular A $\beta$ <sub>1–42</sub> degradation via autophagy in SH-SY5Y. Additional studies are needed to fully understand the role of  $\alpha$ 7nAChR in ER $\beta$ -regulated A $\beta$  clearance via autophagy. Furthermore, results demonstrated that ER $\beta$ -induced extracellular A $\beta$  degradation could have neuroprotective roles in SH-SY5Y cells. In summary, our results indicate that ER $\beta$ -induced autophagy via ATG7 plays a vital role in extracellular A $\beta$ <sub>1–42</sub> degradation and defective autophagy may impair A $\beta$  clearance. To our knowledge, these results provide novel insights into the underlying mechanism of the neuroprotective properties of ER $\beta$  and generate new mechanisms for the future treatment of AD.

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#### Author contributions

Y.W., J.W. and J.H. designed the experiments. Y.W. performed the majority of the experiments and wrote the paper. Y.W. and J.H. analysed the data. Y.W. and J.W.Z. performed the confocal assay. J.W.Z., J.W. and J.H. helped to revise the paper.

#### Conflict of interest

The authors declare that they have no conflict of interest.

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