

ORGANIC FERMENTED LINGONBERRY MOUTHWASH

A company called Nooner Ltd are the UK distributors for Berries United, based in Finland, who are the manufacturers of a new organic fermented lingonberry mouthwash.

Fermented lingonberry mouthwash is a novel and organic innovation to aid oral home care. Using a patented method, the naturally occurring sugar content of the lingonberry juice has been reduced by fermentation to a safe level for oral use and does not contain additives. Due to its organic nature, it may also be swallowed. Fermented lingonberry mouthwash protects the oral mucosa from environmental and oxidative stress and is beneficial for oral health. It prevents inflammation of the gums and assists the healing of gum disease. It also reduces the symptoms caused by mouth dryness by increasing saliva secretion.

Laboratory and clinical studies have shown a reduction in dental plaque and bleeding of the gums from the mouthwash, and additionally antimicrobial, anti-inflammatory, anti-cancerous, and antioxidant properties. Caries-related *Streptococcus mutans* and candidosis-related *Candida* levels are reduced as well as periodontal disease-related pathogen levels. Levels of *Lactobacilli* on the other hand are increased, which is thought to have a beneficial probiotic effect balancing the oral microbiota.



The fermented lingonberry mouthwash was invented by Dr Pirjo Pärnänen (Associate Professor in Oral Microbiology, DMD, PhD). Dr Pärnänen has spent the last 15 years studying fermented lingonberry juice. She has conducted laboratory studies, as well as four clinical trials, after which this organic mouthwash was born. For more in-depth information about the inventor of this mouthwash and her research papers, go to: <https://nordiclingonberry.com/pages/research>.

To find out more about the product and to order, visit <https://www.nooner.ltd/lingonberry.html>.

A GREAT CHOICE FOR DAILY USE

Interdental tools are able to effectively reduce plaque between the teeth, making them a great choice for patients' daily oral hygiene routines. The FLEXI range of interdental brushes from TANDEX is ideal for your patients. Available in 11 different sizes, you can help patients find the perfect interdental brushes for them. FLEXI brushes are ideal for reducing plaque between the teeth, and should be used daily for the best results. Each size is easily identifiable by the ISO and PHD (passage hole diameter) numbers on their box, as well as their unique colours.

For patients who need an extra boost, recommend PREVENT GEL from TANDEX. It contains 0.12% chlorhexidine and 900 ppm fluoride to strengthen the enamel and provide an antibacterial effect.

For more information about oral hygiene solutions from TANDEX, get in touch with the team.

For more information on Tandex products, visit <https://tandex.dk/>. They are also available from CTS Dental Supplies <https://www.cts-dental.com/> and DHB Oral Healthcare <https://dhh.co.uk/>.



REGISTER FOR THE DENTAL EVENTS OF 2024

CloserStill Media is delighted to announce that registration for the much-anticipated 2024 British Dental Conference & Dentistry Show (BDCDS) co-located with Dental Technology Showcase (DTS) is officially open.

These premier events are set to take place on 17 and 18 May at the NEC in Birmingham. Poised to be an extraordinary gathering for dental professionals, showcasing the latest innovations, research, and developments in dentistry, BDCDS and DTS promise to offer an unparalleled platform for learning, networking, and professional growth.

Key features include:

- Expert-led presentations – engage in educational sessions conducted by leading experts in the field, covering a wide range of topics from clinical excellence to practice management and patient care
- Exhibition – discover the latest dental

technologies, equipment, and services from 400+ top suppliers and innovators in dentistry

- Networking opportunities – connect with like-minded peers, thought leaders, and potential future colleagues, fostering relationships that can lead to new opportunities and advancements in your career and for your practice
- Interactive demonstrations – get hands-on experience with cutting-edge dental equipment and technologies, enhancing your practical skills.

The extensive conference programme will be taking place across 14 theatres with over 150 hours of CPD to choose from. Confirmed speakers so far include Paul Tipton, Simon Chard, Finlay Sutton, Lisa Bainham, and Maria Lessani.



The Enhanced CPD Theatre is back by popular demand for 2024 and will cover all the relevant updates in dentistry standards alongside essential topics such as consent and dentolegal issues, medical emergencies, and dental radiography.

Registration is free for dental and lab professionals and can be completed online through the official websites. For more information and to register, visit <https://birmingham.dentistryshow.co.uk/> for BDCDS or <https://www.the-dts.co.uk/> for DTS and save the dates in your diary!