

# Product news

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## DOWNLOAD A FREE ACTIVITY-BASED WELLBEING TOOLKIT



This World Mental Health Day (Monday 10 October 2022), Dr Mahrukh Khwaja, dentist and positive psychologist, together with Unilever's oral care

brand Zendium, launched a new, activity-based Wellbeing Toolkit to help address the mental health challenges within dentistry.

It is based on the well-established PERMA-H model, which focuses on six components of wellbeing to help people feel happier, energised at work, connected to others, have a sense of purpose and accomplish goals aligned to their values.

Dr Khwaja said: 'The Wellbeing Toolkit for Dental Professionals can be thought of as a self-intervention: your guide to help you integrate the different ingredients of wellbeing, and increase positive feelings, positive thoughts and positive actions in the process.'

Unilever is delighted to have been able to partner with Dr Khwaja on this important topic.

To download the free guide, visit: [https://www.zendium.co.uk/sk-eu/content/dam/brands/zendium-master/gb/en/Zendium\\_Wellbeing\\_Toolkit\\_2022.pdf](https://www.zendium.co.uk/sk-eu/content/dam/brands/zendium-master/gb/en/Zendium_Wellbeing_Toolkit_2022.pdf).

## FOR PATIENTS WITH RESTRICTED JAW MOTION

The OraStretch Press distributed by Total TMJ is the perfect solution for patients struggling with restricted range of motion in their jaw.

When used regularly, this device can improve your patients' range of jaw motion, nourish and strengthen their joint tissues, and reduce temporomandibular joint (TMJ) pain. This appliance has the ability to open 20% wider when compared to other jaw rehabilitation systems. In addition, the OraStretch press is small and light, and patients aren't required to spend additional money on replacement pads, as they are available free of charge.

The ability to provide your patients with a treatment option which is proven to prevent and treat trismus, along with a range of temporomandibular issues will be incredibly reassuring, and could benefit your patients hugely.

For more details about Total TMJ and the products available, email [info@totaltmj.co.uk](mailto:info@totaltmj.co.uk)

## DOUBLE YOUR EFFICIENCY

Maintaining your handpieces can be a time-consuming task, especially in a busy practice when time is at a premium.

The Assistina TWIN lubrication and maintenance device from W&H is your key to easy handpiece maintenance.

Featuring an innovative, duo-chamber system, team members can set up their next handpiece while they are maintaining the first one, helping to streamline the process from start to finish.

Additionally, with the added Quick Connect feature, you can equip the system with the exact adaptors you need to help simplify the workflow further.

So, what are you waiting for? Make handpiece maintenance quick, easy and consistently effective with the Assistina TWIN.

To find out more visit [www.wh.com/en\\_uk](http://www.wh.com/en_uk), call 01727 874990 or email [office.uk@wh.com](mailto:office.uk@wh.com).



If you would like to promote your products or services direct to the dental industry in BDJ Team, call Paul Darragh on 020 7014 4122 or email [paul.darragh@springernature.com](mailto:paul.darragh@springernature.com).