



Ed's letter



It is 100 years since the 'Roaring Twenties', a decade of economic growth and widespread prosperity. What will define the 2020s? Hopefully at least some of it will be positive and optimistic!

I asked followers on the *BDJ Team* Facebook page to reflect on their careers in dentistry to date and what they are looking forward to in the coming years. Opinions ranged from becoming tutors, completing post-graduation certificates and Master's degrees, to moving to a career as a medical nurse, watching the children thrive, continuing in the current vein, improving the planet...and retiring to spend winters in the sun! All of the interviewees in the article *'I continue to learn every day'* have had varied experiences and routes through their dental careers so far: I hope that you enjoy reading about them and comparing your own experiences.

This February is a bumper issue. Priya Sharma writes an update on radiation regulations in your practice, a subject often requested by readers for CPD purposes. Janet Pickles explains why relative analgesia, or inhalation sedation, is a safe and valuable asset to today's dental practice. Julie Deverick of BSDHT says that we should all work together to eliminate illegal tooth whitening. We share research published in the *BDJ* on the dental team's responsibilities surrounding modern day slavery; and on the conflicting demands that dental professionals experience when using social media. We also look at whether children's screen use is associated with their level of caries, a summary review from *Evidence-Based Dentistry*.

Finally, in a self-reflective log, Charlotte Bowes, a Clinical Fellow in Restorative Dentistry at Newcastle University, explores how people with substance dependency can be engaged in oral health.

Next month I look forward to introducing our new reader panel to you. Each new panellist will be writing a unique article for *BDJ Team* this year. I can't wait to share them with you!

Kate

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<https://doi.org/10.1038/s41407-020-0240-1>

**CPD:
ONE HOUR**



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©xavierarnau/E+/Getty Images Plus

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4 Crinan Street
London N1 9XW

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