

Q&A with the BDSA Research Summit prize-winning author Jan Horackiewicz



1. Why did you choose this subject?

In 2021, I enrolled into an intercalated course with the specialty subject of ENT. This sparked an interest for me in surgery and its importance in cancer treatment, especially in regard to management strategies of head and neck cancer. I then decided to contact my ENT supervisor about if there were any related research opportunities for my BDS3 elective project.

2. What conclusions can be drawn from your research?

In oral squamous cell carcinoma patients, HPV status is an important determinant for patient option of treatment and its regime – but the survival outcomes and post-treatment morbidity still varies

independently of the infection status.

Data obtained suggest that the inflammatory blood markers – particularly albumin concentration and lymphocyte to monocyte ratio – can be independent survival predictors in OPSCC patients. Given all patients are having their bloods taken during pre-assessment screening for cancer treatment, these could be a helpful adjunct when assessing patients on multi-disciplinary team meetings.

3. What are the next steps for you?

The patient database is still in development therefore I am hoping to increase the sample size. In later works, I am planning on helping on a project which would integrate the findings from this research to assess patient morbidity outcomes.

4. What can students learn from your research?

Statistics are important – as dull as it sounds. I believe that having a grasp of this subject opens up many opportunities in the research field – at least from my own experience.

5. Finally, how do you feel having won the BDSA prize?

I am feeling grateful for having my research appreciated at a national level. Given how much time I put into this work, it is even more uplifting to see it be recognised by the BDSA and *BDJ Student*. I am thankful to have such amazing support through my supervisor and the Glasgow ENT team to have given me this opportunity to take part in the research field as a BDS3 student.

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Steven Bartlett announced as headline speaker at BDCDS

Renowned entrepreneur and influencer Steven Bartlett will be speaking at this year's British Dental Conference & Dentistry Show co-located with Dental Technology Showcase at the NEC Birmingham.

Steven Bartlett, known for his inspirational journey and impact in the business world, will take part in a captivating fireside chat. His session promises to ignite new ideas and strategies among dental professionals.

He is an entrepreneur, speaker, investor, best-selling author and the host of Europe's number one podcast '*The Diary of a CEO*' – an unfiltered journey into the remarkable stories and untold dimensions of the world's most influential people, experts and thinkers.

Bartlett is an accomplished investor in the health and wellness space with notable investments including *Huel* – the UK's fastest growing e-commerce company

internationally – and *Zoe* – the personalised nutrition programme created by the world's top scientists.

His insights into the power of social media and digital marketing are invaluable for dental practices aiming to modernise and expand their reach. His passion and expertise when it comes to team culture will be especially pertinent for dental practice owners, who often face the challenge of instilling a cohesive ethos while also focusing on their clinical role.

This year's British Dental Conference & Dentistry Show, renowned for being a hub of innovation and learning, takes things a step further by integrating these critical aspects of business growth and patient engagement.

Bartlett's session will delve into the intersection of entrepreneurship, technology, and healthcare, providing a unique perspective that is both relevant and forward-thinking.



Steven Bartlett

The British Dental Conference & Dentistry Show, set to be held at the NEC Birmingham on 17-18 May, is the perfect stage for this ground-breaking session.

Steven Bartlett's fireside chat will be taking place in the BDA Theatre on Saturday 18 May at 11.50am.

For more information and to register visit <https://birmingham.dentistryshow.co.uk/>.