Presepsin for the detection of early-onset sepsis in preterm newborns

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BACKGROUND: Early-onset sepsis (EOS) is responsible for an important fraction of neonatal morbidity and mortality all over the world. The aim of this study was to assess whether presepsin (P-SEP) can be a more accurate biomarker of EOS compared with pro-calcitonin (PCT) and C-reactive protein (CRP).

STUDY DESIGN: Consecutive preterm neonates (<34 wk gestational age, admitted to Neonatal Intensive Care Unit by 6 h of age and undergoing sepsis evaluation) were recruited as part of a case-matched control study. We determined CRP, PCT and P-SEP at admission, and then at 12, 24, and 48 h of age. Neonates recruited into the study were divided into the EOS group (n = 32) and the uninfected group (n = 38) according to their infection screening.

RESULTS: P-SEP values were significantly higher in the EOS group than in the uninfected group at different time intervals. The highest accuracy was achieved by P-SEP at 24 h after birth. The AUC for P-SEP was 0.97. In our sample, P-SEP achieved the best accuracy for prediction of EOS at the cut-off of 788 ng/l with 93% sensitivity and 100% specificity.

CONCLUSIONS: This study shows that P-SEP is significantly higher in preterm infants with EOS compared with uninfected infants.

arly-onset sepsis (EOS) is a much feared condition responsible for an important fraction of neonatal morbidity and mortality. The rate of EOS is currently estimated at 0.98 per 1,000 live births, with the highest rates among the most premature infants (1). Importantly, 13% of both well-appearing and ill-appearing infants are usually evaluated for EOS and 11% are treated empirically with antibiotics, although only 0.04% of them have blood-culture confirmed infection (1).

Although C-reactive protein (CRP) and pro-calcitonin (PCT) continue to be the most widely used biomarkers of neonatal sepsis, their accuracy is still debatable (2–4).

CRP has limited value as a diagnostic marker of early neonatal sepsis. In fact, a raised CRP is not necessarily diagnostic for sepsis and may occur due to a physiologic rise after birth or noninfection-associated conditions (5,6). Therefore, there are concerns about the reliability of CRP during EOS. The current evidence does not support a single CRP determination as an indicator to start or discontinue antibiotic therapy (3,7).

On the other hand, PCT response has the advantage of increasing rapidly after infection, approximately 1.5 to 2 h after contact with the bacterial endotoxin. In spite of this, its sensitivity and specificity in the diagnosis of EOS is 76% (range 68–82) and 76% (range 60–87) respectively (2).

For these reasons, the development of a rapid, sensitive diagnostic test with a strong negative predictive value for EOS is urgently needed in order to reduce unnecessary treatment in the newborn population.

There is emerging evidence concerning the ability of presepsin (P-SEP) to serve as a valuable marker in the diagnosis of sepsis in adults (8,9).

Furthermore, recent studies have also demonstrated that P-SEP is an accurate biomarker for the diagnosis of late-onset neonatal sepsis and that it can be considered as a reliable tool to monitor septic infants' response to therapeutic interventions (9–11).

P-SEP is the cleaved truncated form of the soluble CD14 (sCD14). CD14 is a multifunctional cell surface glycoprotein, which is expressed on the cell-surface of different immune cell lines and represents a specific high-affinity receptor for complexes of lipopolysaccharides. In addition, it is implicated in the recognition of a wide variety of bacterial products, including peptidoglycans and the major cell wall component of Gram-positive bacteria (12,13). After its stimulation by pathogens, the CD14 complex is released by shedding from the cell-surface, yielding sCD14, which is then cleaved by the plasma protease activity generating sCD14 fragments. The 64-amino acid N-terminal fragments constitute the P-SEP (12,13).

The aim of this study was to assess whether P-SEP can be a more accurate biomarker of EOS in preterm infants, compared with other biomarkers of neonatal sepsis such as PCT and CRP.

METHODS

Patient Population and Study Design

This single-center study was carried out between January 2013 and March 2016 at the level III Neonatal Intensive Care Unit of the

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Monaldi Hospital, in Naples, Italy. The study protocol was approved by Azienda Ospedaliera dei Colli ethics committee and written informed consent was obtained from parents or legal representatives of the infants.

All preterm neonates (< 34 wk gestational age) admitted to the Neonatal Intensive Care Unit by 6 h of age and undergoing sepsis evaluation were enrolled in the study.

Exclusion criteria were the presence of major congenital malformations, fetal hydrops, confirmed intrauterine infection (toxoplasmosis, rubella, cytomegalovirus, syphilis and herpes), and lack of parental consent.

Blood was sampled at admission (T0) before starting antibiotic therapy, for culture, complete blood count and for measuring P-SEP, PCT, and CRP. These biomarkers were measured again at 12 (T12), 24 (T24), and 48 (T48) hours of age.

Blood samples for cultures were obtained after aseptic nontouch venipuncture; 1.0 ml whole blood was inoculated into a single pediatric blood culture bottle (BACTEC Peds Plus, Becton Dickinson, Sparks, MD). P-SEP was determined in whole blood samples collected in a 150-µl Ethylenediaminetetraacetic acid-containing syringe from venipuncture, each requiring 50 µl of whole blood (20,22). P-SEP was measured at the bedside point of care by chemiluminescent enzyme immunoassay with the automated analyzer PATHFAST (Mitsubishi Chemical Medience Corporation, Tokyo, Japan). PCT and CRP were measured from serum samples in our central laboratory (BRAHMS PCT KRYPTOR; Thermo Scientific, Hennigsdorf, Germany and LX20; Beckman Coulter, Brea, CA respectively).

Patient Classification

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The neonates recruited into the study were divided into three groups according to their infection screening and clinical findings: the septic group, the clinical sepsis group and the uninfected group. Clinical sepsis was considered in the presence of signs of infection (23) and if antibiotics were started on the day of birth and continued for greater than 48 h despite negative culture. For the analysis of the study, only the infants part of the septic group, and of the uninfected group were considered.

The septic group included those neonates with proven sepsis. Proven sepsis was diagnosed in case of growth of a recognized pathogen in pure culture or—in case of a mixed growth or growth of a skin commensal—the acute onset of >3 predefined clinical signs was considered (23).

The considered signs of infection were: acute onset of increased oxygen requirement or ventilatory support; increased apnea/bradycardia; hypotension; glucose intolerance; impaired peripheral perfusion (capillary refill time > 3 s/pallor/mottling/core-peripheral temperature gap > 2C); lethargy/irritability/poor handling; temperature instability; ileus/onset of feed intolerance; increase in serum bilirubin; fall in urine output; metabolic acidosis/ base deficit > -10 mmol/l; and anticonvulsant therapy (23).

The uninfected group included those neonates who did not show any clinical, radiographic, or laboratory findings attributable to sepsis, or showed findings fully explained by another diagnosis. The uninfected infants enrolled into the study were retrospectively matched with the septic infants, according to the gestational age and birth weight.

Classification of infants according to infection definitions was made by two clinicians unaware of P-SEP measurement (PM and RR) and samples were included as septic or uninfected only if both clinicians agreed. The treating physicians were blinded to the P-SEP results.

Treatment of EOS

According to our Neonatal Intensive Care Unit policy, the newborns admitted to the unit received antibiotics (amoxicillin clavulanate plus tobramycin) based on the presence of risk factors and clinical indicators suggestive of sepsis. Those strongly suggestive of sepsis were defined "red flags" (Table 1) (17).

The other clinical indicators and risk factors were classified as "non-red flag". These included: maternal Group B streptococcus colonization, bacteriuria, or infection in the current pregnancy, preterm birth following spontaneous labor, prelabor rupture of membranes, confirmed rupture

 Table 1. Red flags

Parenteral antibiotics given to the mother for confirmed or suspected invasive bacterial infection

Suspected or confirmed infection in another baby where there is a multiple pregnancy

Signs of shock

Seizures

Need for mechanical ventilation in a term baby

Respiratory distress starting more than 4 h after birth

Table 2.	Demographic and clinical characteristics of EOS and
uninfecte	ed groups over the first 2 d of life

	EOS group (n = 32)	Nonseptic group (<i>n</i> = 38)	Р
Gestational age, weeks	29.9±1.1	30.2±1.4	0.32
Birth weight, g	1082 ± 205	1102±192	0.56
Apgar score at 1 min	6 (5–8)	8 (6–9)	0.45
Apgar score at 5 min	8 (7–9)	9 (8–9)	0.22
Male gender	14 (43)	16 (42)	0.27
Caesarean delivery	27 (62)	29 (76)	0.4
Invasive ventilation	23 (72)	20 (52)	0.001
Noninvasive ventilation	29 (90)	34 (89)	0.4
Inotropic support ^c	11 (34)	0	< 0.001
Antenatal steroids	26 (81)	32 (84)	0.33
Surfactant	25 (78)	21 (55)	< 0.001
Clinical chorioamnionitis ^a	6 (19)	2 (5)	0.01
White blood cell count, cell/mm ³	10.36 ± 0.41	9.85 ± 0.25	0.03
P-PROM ^b	8 (25)	4 (10)	0.05
Death	3 (9)	0	0.03

Data are mean \pm SD, *n* (%), median (inter-quartile range).

EOS, Early-onset sepsis; P-PROM, preterm premature rupture of membranes.

^aClinical chorioamnionitis was diagnosed by the presence of a temperature elevation to 37.8 °C or higher and two or more of the following criteria: uterine tenderness, malodorous vaginal discharge, fetal tachycardia (heart rate > 160 beats/min), maternal tachycardia (heart rate > 100 beats/min), and maternal leukocytosis (leukocyte count > 15.0 cells × 10⁶/ml) (24). ^bSuspected or confirmed rupture of membranes for more than 18 h in a preterm birth (17). ^cInotropic support was started in case of low mean arterial blood pressure (defined as less than the 10th centile for gestation/ birth weight and postnatal age, sustained for more than 5 min) and/or impaired tissue perfusion assessed by the treating physician. Tissue perfusion was assessed basing on pulse rate, capillary refilling time, toe core temperature gap, acidosis, base deficit, lactate, urine output (26).

of membranes for more than 18h, intrapartum fever higher than 38 °C or confirmed or suspected chorioamnionitis as well as feed intolerance, jaundice in the baby within 24h of birth and signs of respiratory distress. Antibiotic treatment was commenced if one "red flag" or more than one "non-red flag" risk factor or clinical indicator was present (17).

The antibiotic therapy was stopped after 2 d of treatment if bacterial cultures remained negative, CRP remained low and the neonate was clinically stable. This empirical antibiotic combination was chosen according to the most frequent pathogens isolated in our Neonatal Intensive Care Unit and eventually adjusted according to the results of blood culture and antibiogram. All patients with EOS were treated for 10 consecutive days.

Statistical Analysis

We estimated a sample size of 30 patients for each group, based on the following assumptions: (i) the difference in P-SEP serum

Presepsin as a biomarker of neonatal EOS



Table 3.	Predictive ability of the stud	v parameters to differentiate betw	een nonseptic and septic	neonates at different time intervals
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	Cut-off levels	Sensitivity % (95% Cl)	Specificity % (95% Cl)	LR+ (95% CI)	LR- (95% CI)	PPV % (95% CI)	NPV % (95% CI)	AUC (95% CI)
CRP (mg/l)								
Τ0	4.3	42 (39–49)	82 (73–89)	2.4 (1.4–4.4)	0.4 (0.2–0.6)	82 (72–90)	45 (40–52)	0.62 (0.50–0.79)
T 12 h	10.6	61 (56–68)	91 (80–96)	6.7 (2.8–17)	0.1 (0.05–0.3)	87 (72–94)	78 (72–82)	0.73 (0.71–0.81)
T 24 h	18.6	66 (62–74)	90 (80–93)	6.6 (3.4–14.8)	0.1 (0.06–0.3)	89 (83–93)	83 (74–89)	0.74 (0.70–0.89)
T 48 h	19.2	71 (67–92)	89 (78–95)	6.4 (3–18)	0.1 (0.05–0.3)	85 (74–89)	87 (79–92)	0.80 (0.77–0.87)
Τ0	10	0 (0–10)	100 (83–100)	Infinity	Infinity	Infinity	54 (42–65)	
T 12 h		68 (52–87)	88 (53–92)	5.6 (1.6–22)	0.17 (0.12–0.25)	83 (72–92)	80 (65–88)	
T 24 h		78 (56–87)	82 (62–95)	4.3 (2.5–18)	0.23 (0.12–0.35)	76 (62–88)	92 (78–98)	
T 48 h		81 (64–87)	79 (74–96)	3.85 (2.64–4.24)	0.25 (0.12–0.62)	72 (58–84)	89 (76–94)	
PCT (ng/ml	l)							
Τ0	0.9	50 (25–75)	65 (57–87)	1.4 (0.5–5.7)	0.7 (0.2–1.7)	47 (39–59)	53 (51–64)	0.51 (0.48–0.67)
T 12 h	6.2	52 (37–54)	69 (60–81)	1.6 (0.9–2.8)	0.5 (0.3–1)	49 (41–62)	67 (57–74)	0.58 (0.55–0.68)
T 24 h	9.9	83 (78–94)	81 (69–92)	4.3 (2.5–11.7)	0.2 (0.08–0.4)	79 (70–91)	83 (82–92)	0.83 (0.72–0.92)
T 48 h	3.6	79 (72–88)	72 (68–87)	2.8 (2.2–6.7)	0.3 (0.1–0.4)	63 (48–69)	84 (82–94)	0.76 (0.72–0.81)
P-SEP (ng/l)							
Τ0	453	66 (54–73)	84 (78–91)	4.1 (2.9–7.5)	0.2 (0.1–0.5)	82 (78–92)	65 (57–70)	0.75(0.73-0.83)
T 12 h	653	88 (81–93)	94 (85–98)	14.6 (4.8–47)	0.06 (0.02–0.2)	93 (84–98)	89 (76–92)	0.92 (0.88–0.96)
T 24 h	788	93 (82–98)	100 (83–100)	Infinity	0.04 (0.02–0.2)	100 (86–100)	94 (82–100)	0.97 (0.94–1.00)
T 48 h	744	79 (72–100)	92 (82–98)	9.8 (4–50)	0.1 (0.02–0.2)	85 (81–93)	87 (79–100)	0.90 (0.87–0.94)

concentration between the EOS and uninfected group would be at least 220 ng/l (11), (ii) SD for P-SEP in uninfected newborns is ~300 ng/l (normal reference values 643.1 ± 303.8 ng/l) (20,21), (iii) a two-sided test of statistical significance, (iv) a probability of 0.05 for a type I error associated with the two-sided test, and (v) a probability of 0.2 for a type II error associated with the test (i.e., the power of the test is 80%).

The infants' characteristics are presented as numbers and proportions for categorical variables, means, and SDs for continuous variables. Infection markers are given as median and interquartile range. Statistical analysis was performed by using two-sided Student t-test for parametric continuous variables, Fisher exact test for categorical variables, and Mann-Whitney U-test for continuous nonparametric variables. The ROC curves were analyzed for P-SEP, CRP, and PCT values at different time intervals, calculating the AUC and the most accurate cut-off values. These were then used for calculations of sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV), LR+, and LR- for all the study parameters to predict sepsis. As far as CRP is concerned, we also used a fixed cut-off value of 10 mg/l (15,17) for calculations of sensitivity, specificity, PPV, NPV, LR+, and LR-. Exact 95% CI were calculated for all the parameters. A *P* value of < 0.05 was considered statistically significant. All analyses were conducted using Stratigraphics Centurion XV.II (Warrenton, VA).

RESULTS

Seventy patients (32 in the EOS group and 38 in the uninfected group), were enrolled in the study. The first blood sample (T0) was collected at 2 ± 0.9 h of age.

Infants in the EOS group had a higher rate of mechanical ventilation, clinical chorioamnionitis, death, and a greater need for surfactant and inotropic support than infants in the uninfected group (Table 2). Death occurred in three septic infants. Two of them died at 2 d and one at 3 d of life.

The microorganisms isolated from blood cultures were Coagulase-negative staphylococcus (n = 2), Streptococcus group B (n = 7), *Klebsiella pneumoniae* (n = 7), *Escherichia coli* (n = 16).

The sensitivity, specificity, positive likelihood ratio (LR+), negative likelihood ratio (LR-), PPV, NPV, and the AUC for identifying septic patients are shown in **Table 3** for the various parameters.

The ROC curves of all the study parameters to differentiate between uninfected and septic neonates at different time intervals are shown in **Figure 1**.

In our population, P-SEP achieved the best accuracy for prediction of sepsis at the cut-off of 788 ng/l (AUC 0.97; 95% CI 0.94–1.00) with 93% sensitivity (95% CI 82–98) and 100% specificity (95% CI 83–100). The PPV and NPV were 100% (95% CI 86–100) and 94% (95% CI 82–100). The LR- was 0.04 (95% CI 0.02–0.2), and the LR+ was infinity (**Table 3**).

The median and IQR of all the study parameters in the septic and uninfected groups at different time intervals are shown in **Table 4**.

P-SEP values were higher in the EOS group than in the uninfected group at T0(598(457–787)vs.328(311–527)ng/l;P=0.01), T12 (802 (511–1,005) vs. 385 (280–587) ng/l; P = 0.004), T24 (1,228 (738–1,546) vs. 504 (212–646) ng/l; P < 0.001), T48 (979 (588–1,031) vs. 476 (227–602) ng/l; P = 0.002). PCT and CRP levels were significantly higher in EOS-group when compared

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Figure 1. Comparison of the receiver operative curves of all the study parameters (presepsin: black solid line, C-reactive protein: dashed black line, pro-calcitonin: gray solid line) between the noninfected and infected neonates at different time intervals. (a) Admission; (b) 12 h; (c) 24 h; (d) 48 h.

with uninfected infants at T12, T24, T48 (P < 0.05) but not at T0 (P > 0.05) (Table 4).

DISCUSSION

Our study highlights that P-SEP levels are significantly higher in infants with EOS compared with uninfected infants, suggesting its potential utility in the early diagnosis of sepsis. Furthermore, P-SEP showed a better diagnostic accuracy in discriminating bacterial sepsis from controls when compared with CRP and PCT, as highlighted by the ROC analysis.

Despite significant advances in the care of newborn infants, EOS continues to be one of the major causes of morbidity and mortality in neonates. The diagnosis of neonatal sepsis is still extremely challenging due to nonspecific signs and symptoms with a number needed to treat between 18 and 38 in order to potentially benefit one septic infant (14). For these reasons, identification of rapid diagnostic biomarkers of sepsis to differentiate septic from uninfected neonates is a major priority in neonatal research. In particular, Polin *et al.* have recently pointed out that a common effort should be focused on developing a rapid, sensitive diagnostic test with a strong negative predictive value for EOS so as to avoid unnecessary treatment of symptomatic infants who are at low risk (14).

Our results indicate that P-SEP could be included as a marker of EOS screening and, if these findings were validated on a larger scale, its use might help to decrease false-positive diagnoses and the exposure of preterm infants to adverse drug effects and invasive procedures. This is particularly important in this population where administration of antibiotics in the case of suspected EOS (negative blood cultures) can cause the development and spread of antibiotic-resistant bacteria in neonatal units.

Our data are in agreement with recent studies showing a high accuracy of P-SEP as a marker of neonatal bacterial infection (10,11). In fact, Poggi *et al.* have reported 100% specificity



Parameter	Timing	EOS group	Nonseptic group	Р
P-SEP (ng/l)	Т0	598 (457–787)	328 (311–527)	0.01
	T12	802 (511–1,005)	385 (280–587)	0.004
	T24	1,228 (738–1546)	504 (212–646)	< 0.001
	T48	979 (588–1,031)	476 (227–602)	0.002
PCT (ng/ml)	Т0	0.6 (0.2–6)	0.5 (0.3–12)	0.1
	T12	12.2 (0.3–18)	6 (2–16)	0.02
	T24	20.3 (8–68)	7.2 (6–18)	< 0.001
	T48	12.8 (4 -42)	3.5 (1–7)	0.03
CRP (mg/l)	Т0	1.8 (1–5)	1.3 (1–2)	0.09
	T12	11 (8–26)	3.5 (2–7)	0.01
	T24	19 (9–31)	4.4 (2–8)	0.002
	T48	22 (7–41)	5.2 (3–9)	< 0.001

Table 4. Markers of infection - median (IQR) in infants in the EOS and nonseptic groups

EOS, Early-onset sepsis.

and 94% sensitivity with a cut-off value of 885 ng/l in infants with late-onset sepsis (11).

Meanwhile Mussap *et al.* have recently found that with a cutoff of 600 ng/l, P-SEP had a sensitivity of 97.5% and specificity of 100% in bacterial sepsis (10). Unfortunately, there was no systematic timed measurement of P-SEP, and both newborns with EOS and with late-onset sepsis were included in the bacterial sepsis group (10).

Our findings point out that CRP and PCT, which are usually assessed as part of the clinical management of septic newborns, have a suboptimal accuracy to identify newborns who are likely to be septic as their AUC at 24h was 0.74 (95% CI 0.70–0.89) and 0.83 (95% CI 0.72–0.92) respectively. However, the use of these biomarkers can still represent a useful tool to support an early discontinuation of antibiotic therapy, as suggested by the American Academy of Pediatrics, which recommends that the duration of antibiotic therapy should be guided according to serial CRP determinations (15).

So far, the literature has shown conflicting data as to CRP cut-off points, ranging from 1.5 to 20 mg/l and has reported wide-ranging sensitivities and specificities (7,16). Currently, the most used cut-off value is 10 mg/l (15,17). However, because of the physiologic changes of CRP during the first days of life and the influence of gestational age on its response to infection, different studies have assessed the possible advantages of using dynamic reference values (6,18).

In our study, we therefore assessed CRP diagnostic utility both using a fixed threshold of 10 mg/l and determining the optimal cut-off values at different time points using ROC curve analysis. Our results confirm that CRP has a good NPV and they suggest that its clinical use for discontinuing antibiotics might be a successful strategy.

In our sample, there was a relatively modest CRP response in the infected neonates compared with P-SEP, although both are driven by IL-6 production (19). This might probably reflect the multifunctional role of CD14, which is not only released by the liver as a minor acute-phase protein but also by immunocompetent cells. In fact, in addition to being a receptor to LPS and other bacterial structures, CD14 may modulate LPS-triggered apoptosis and regulate T and B lymphocyte activation and function (13).

The main limitation of this study is the sample size, which is relatively small, thus not allowing any stratification of P-SEP according to gestational age. However, previous evidence suggests that P-SEP is not affected by gestational age in healthy infants (20,21).

In conclusion, our study shows that P-SEP is significantly higher in preterm infants with EOS when compared with uninfected infants.

Furthermore, this study provides a direct comparison of P-SEP with other biomarkers such as CRP and PCT at different time intervals and highlights that P-SEP has a higher accuracy.

Our data support the use of P-SEP measurement at the bedside, and highlight its promise as a useful biomarker for the early diagnosis of EOS. Nevertheless, subsequent larger studies are required to confirm and ascertain the additional value of this biomarker.

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