α-Fetoprotein assay on dried blood spot for hepatoblastoma screening in children with overgrowth-cancer predisposition syndromes

Alessandro Mussa¹, Severo Pagliardini¹, Veronica Pagliardini¹, Cristina Molinatto¹, Giuseppina Baldassarre¹, Andrea Corrias¹, Margherita Cirillo Silengo¹ and Giovanni Battista Ferrero¹

BACKGROUND: Beckwith–Wiedemann syndrome (BWS) and hemihyperplasia (HH) are overgrowth conditions with predisposition to hepatoblastoma for which early diagnosis patients undergo cancer screening based on determination of the tumor marker α -fetoprotein (α FP). Repeated blood draws are a burden for patients with consequent compliance issues and poor adherence to surveillance protocol. We sought to analyze feasibility and reliability of α FP dosage using an analytical micromethod based on blood dried on filter paper (DBS).

METHODS: Overall 143 coupled α FP determinations on plasma and DBS collected simultaneously were performed, of which 31 were in patients with hepatoblastoma predisposition syndromes and 112 were in controls. The plasma α FP dosage method was adapted to DBS adsorbed on paper matrix for newborn screening.

RESULTS: There was strong correlation between plasmatic and DBS α FP ($r^2 = 0.999$, P < 0.001). Cohen's *k* coefficient for correlation was 0.96 for diagnostic cut-off of 10 U/ml (P < 0.001), commonly employed in clinical practice. The measurements on plasma and DBS were highly overlapping and consistent.

CONCLUSION: The DBS method allowed to dose α FP reliably and consistently for the concentrations commonly employed in clinical settings for the screening of hepatoblastoma, opening new scenarios about conducting cancer screening in overgrowth syndromes.

Beckwith–Wiedemann syndrome (BWS, *OMIM* 130650) is the most common overgrowth disorder, with an estimated prevalence of 1:10,500 live births (1). Besides neonatal macrosomia, BWS is characterized by several malformations (abdominal wall defects, macroglossia, renal anomalies, organomegaly, hemihyperplasia (HH), and hyperinsulinemia) and embryonal tumors predisposition (2,3) caused by abnormal methylation of two imprinting centers on chromosome 11p15.5 (2–5). Isolated HH (*OMIM* 235000) is considered the mild end of BWS as it displays the same epigenetic anomalies (6,7) and entails the same oncologic risk. Hepatoblastoma is one of the commonest embryonal tumor developing in BWS/HH, occurring in 1.1-2.7% of cases (6,8-10). BWS/HH are perhaps the most relevant risk factors for hepatoblastoma as the relative risk among BWS children is 2,280 times that of the healthy population (9,11). Hepatoblastoma is typical of the first 5 y of age and secretes the serum tumor marker α -fetoprotein (α FP) in more than 95% of cases (10,12,13). aFP is a globulin produced during pregnancy by the yolk sac and fetal hepatocytes. The latter, which decrease in number during the first months of life, also sustain its transient production during the early postnatal period. aFP serum concentration reaches a peak of 3,000,000 U/ml at 14 wk of gestation and then declines exponentially, reaching a stable plasmatic concentration <10 U/ml by the age of 8–12 mo (14). Increased plasma α FP is encountered in a variety of physiologic and pathologic conditions and is employed in clinical practice for the diagnosis and follow-up of several tumors (15), besides hepatoblastoma.

As the survival of patients with hepatoblastoma is highly dependent on its early detection and treatment (10,13,16,17), BWS/HH patients are advised to periodically undergo abdominal ultrasonographies and plasma α FP determinations at 2–3-mo time intervals from birth to the first 5 y of age (6,17,18). Evidence suggests that BWS/HH patients would benefit from even closer α FP measurements because hepatoblastoma usually grows rapidly (17). This issue is particularly relevant in a subset of high-risk patients (19,20) such as those with severe phenotypes, HH, and organ enlargement (2,3,21–23). However, the psychological burden of the closely repeated blood draws can reduce the compliance and complicate the follow-up (6).

This preliminary report explores the feasibility and assesses the reliability of a screening program for hepatoblastoma based on α FP determination on dried capillary blood spot (DBS) in patients with BWS/HH.

RESULTS

A correlation was present between α FP measurements on plasma and DBS at linear regression ($r^2 = 0.999$, P < 0.001,

¹Department of Pediatrics, University of Torino, Torino, Italy. Correspondence: Alessandro Mussa (alessandro.mussa@unito.it)

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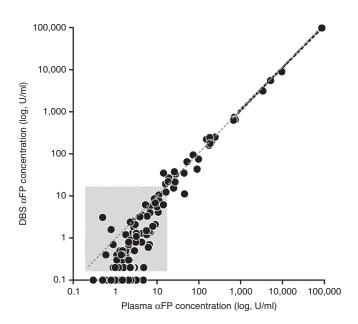
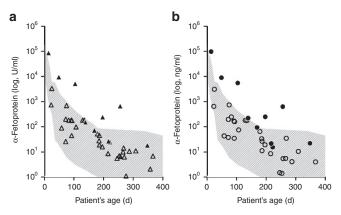


Figure 1. Correlation between α -fetoprotein (α FP) concentrations measured with the same kit on plasma and dried blood spot (DBS). The gray-shaded area represents normal α FP concentrations in children aged >2 y and adults (10 U/ml).

Figure 1). Results using the two methods were highly consistent and overlapped across the wide range of α FP concentrations (0.3 to 97,198.0 U/ml in plasma and from 0.1 to 97,889.0 U/ml on DBS) depending on the age of patients. Two cases displayed $\alpha FP > 10 \text{ U/ml}$ after 12th month of life: a 16 mo old control female with a α FP of 11.3 U/ml on plasma and 7.6 U/ml on DBS (1 mo later recheck: 7.9 U/ml on plasma) and a 14 mo old BWS female with αFP concentrations of 16.4 U/ ml on plasma and 12.4 U/ml on DBS (subsequent recheck 2 mo later: 11.2 U/ml on plasma). Both plasmatic and DBS α FP measurements were consistent with the plasmatic α FP reference values provided by Blohm et al. (Figure 2): clearly, patients with BWS/HH tended to have elevated a FP concentrations or in the upper part of the reference range displaying a slower decrease in α FP concentrations during the first months of life when compared to controls (15,24,25).

With a α FP threshold of >10 U/ml, agreement between the two methods was 141/143 (98.6%) with 110 measurements <10 U/ml and 31 >10 U/ml: Cohen's *k* was 0.96, standard error 0.028 (95% CI: 0.90–1.01). In two cases, α FP was >10 U/ml in plasma (10.7 and 11.3 U/ml) and <10 U/ml on DBS (4.1 and 7.6 U/ml). There were no cases with α FP DBS measurement >10 U/ml and <10 U/ml on plasma.

The Bland–Altman plot analyzes the correlation between the two different assays for α FP measurement. The absolute difference between the two measurements is plotted against their average across the wide range of α FP concentrations (represented in five separate scales for power-10 magnitudes in **Figure 3**). Overall, the mean of the difference in individual values obtained by the two methods (Δ) was -0.8 ± 86.0 (median: -1.40, range from -599.0 to 689.0). The inspection of the Bland-Altman scatter-plot (Δ plotted against the average between plasma and DBS measurements) revealed a



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Figure 2. α -Fetoprotein (α FP) trajectory during the first year of life during which it physiologically decreases from 10⁵ to 10 U/ml, measured in both plasma (triangles, panel **a**) and dried blood spot (circles, panel **b**). The gray-shaded area represents the α FP reference values according to Blohm *et al.* (25). Filled symbols refer to affected patients; empty symbols refer to controls. Note the high degree of overlap between plasmatic and dried blood spot determinations.

systematic proportional positive bias in the DBS assay compared to plasma measurement with a loose upward slope of the regression line ($\Delta = 0.0065 \times \text{average}-6.24$, $r^2 = 0.388$, P< 0.001). The bias was absent for α FP values <100 U/ml ($r^2 =$ 0.03, p = not significant).

DISCUSSION

Given the considerable burden of repeated and frequent blood draws for hepatoblastoma screening in children with cancer predisposition syndromes, we sought to study the feasibility of employing a DBS-based technique for plasmatic α FP measurement. This approach has already been attempted in other situations: as a second tier test for tyrosinemia newborn screening (26), as a screening for fetal neural tube defects and trisomy 21 in pregnancy (27–29), and for liver adenocarcinoma mass screening in adults (30). In this study, we adapted the method for α FP plasmatic measurement to blood dried on standard newborn screening filter paper and studied its reliability by comparing it with the traditional method, in both blood of patients with hepatoblastoma predisposition syndromes and controls.

Our results provide strong support to the feasibility of hepatoblastoma screening programs based on DBS, with a performance comparable to that using the plasmatic measurement. In the pediatric setting, the interpretation of α FP is complicated by the wide range and rapid variation of the physiologic plasmatic concentration in the first year of life (31,32), by physiologically higher levels in the preterm baby (14), and by the constitutionally higher and slowly decreasing concentrations in BWS/HH (33). Also, in our determinations, BWS/ HH cases have constitutively higher levels of α FP, confirming what already observed on plasmatic determinations (33). Most importantly, the proposed method was suitable for the age range considered, making it applicable in both newborns and children, despite the huge physiologic fluctuations of a FP concentrations ranging from a magnitude of 10⁵ U/ml in the newborn to <10 U/ml after the first year of age. This appears crucial

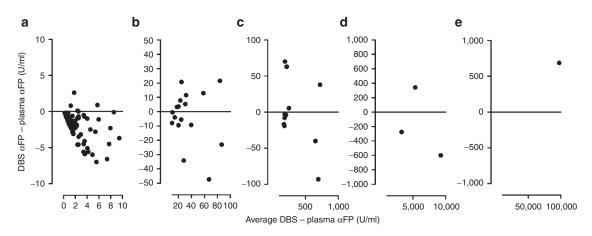


Figure 3. The Bland–Altman plot analyzes the agreement between the two different assays for α -fetoprotein (α FP) measurement: the absolute difference between the two measurements is plotted against their average all across the wide range of α FP concentrations represented in five separate scales of α FP concentration for graphical reasons: **a**) α FP from 0 to 10 U/ml; **b**) from 10 to 100 U/ml; **c**) from 100 to 1,000 U/ml; **d**) from 1,000 U/ml to 10,000 U/ml; **e**) >10,000 U/ml. There was a systematic proportional positive bias in the dried blood spot (DBS) assay compared to plasma measurement. The bias was absent for α FP values <100 U/ml. In the panel, the maximum absolute and percent differences between α FP on DBS and plasma (Δ) are reported.

given that hepatoblastoma onset likelihood is maximum in the first year of life and progressively decreases until 5 y of age.

The employment of a cut-off of >10 U/ml after 12 mo of age is used to identify as "positive" the determination and proceed with subsequent second-step medical investigations (very close recheck, abdominal ultrasound, and computed tomography). On the other hand, given the wide normality range of the α FP during the first year of life, the surveillance of patients in this age range is mostly based on the determination of consecutive α FP measurements, considered normal if progressively declining. Therefore, the differences between plasmatic and DBS values we observed likely have little impact since α FP initially decreases with an approximate 10-fold magnitude every month in the first semester. Even taking into account the largest variation we observed in our series between the gold standard and the DBS method, none of the cases of hepatoblastoma in BWS/HH documented in literature (17,19) would have been missed employing the DBS method.

The precision and simplicity of this method makes the routine measurement of a FP more practical. Blood sample collection by heel stick suffices for this simple, efficient, and low-cost determination of α FP concentration. The advantages of DBS collected on filter paper over serum samples obtained by venipuncture mostly consist in an easier and less invasive specimen collection, increased efficiency and low-cost. These aspects are crucial to warrant patients' and parents' compliance to the tumor surveillance program and possibly allow a closer follow-up schedule. Likely, these results may allow an increase in compliance to the tumor surveillance programs considerably reducing the psychological and practical burden of repeated blood drawn which may be well substituted by blood sample collection by heel stick—perhaps easily collectable also at home—with consequent direct and indirect costs reduction. Most importantly, the DBS method allows closer (and presumably more effective) determinations of αFP in patients with very high risk for hepatoblastoma. The current hepatoblastoma surveillance program in these syndromes relies on a 2-3 mo

plasmatic α FP determination which is an acceptable schedule to allow early diagnosis of hepatoblastoma. Presumably, some of these rapidly growing neoplasms will be detected earlier with closer α FP measurements, especially in the subset of patients with genetic or phenotypic characteristics associated with very high risk for tumor development (17,19,20). As observed in adults, screening for hepatocarcinoma cirrhotic patients by serum *α*FP measurement resulted in increased survival rates (34). Moreover, the constant monthly rise in serum α FP was a more sensitive marker that transversal determinations with cut-offs, usually performed every 3-6 mo (35). Presumably, this also applies to the BWS/HH-related hepatoblastoma setting. An additional advantage of α FP determination on DBS is that samples can be rechecked on the same filter paper when necessary (i.e., in case of slight elevations in α FP levels, which is a frequent clinical situation in the follow-up of patients with cancer predisposition syndromes). Obviously, tumor surveillance can give false-positive results leading to unnecessary interventions and investigations (36). A close repeat in α FP measurement on DBS may be less invasive for patients and more cost-effective for health-care system. Finally, DBS test could be performed at home and the card posted to the laboratory in a suitable envelope, further reducing the overall costs at all levels.

Further efforts are necessary before introducing the DBS method in clinical practice. First, further studies are needed for the assessment of the consistency of the method in the longitudinal observation of patients. Second, the creation of appropriate reference values for all the ages for the DBS method is necessary, possibly taking into account a correction for gestational ages as many of the overgrowth syndromes give rise to pregnancy complications resulting in prematurity. Finally, the method should be validated for tumor recognition, and precise sensitivity and specificity should be calculated. Other potential relevant applications: the screening and follow-up of other conditions with increased risk of hepatocarcinoma (13) or



other aFP-secreting tumors or genetic conditions with raised α FP, and the follow-up of patients treated or under-treatment for hepatoblastoma. This study opens new perspectives on the modalities of the cancer screening procedures employed in the follow-up of overgrowth-cancer predisposition syndromes in pediatric genetics.

METHODS

Contemporaneous plasmatic and DBS & FP determinations were performed in 143 children born from at-term pregnancies (mean age: 5.6 ± 5.4 y, range: 0.1–16.1, 72 males). Of these, 31 had syndromes with increased risk of hepatoblastoma under cancer screening: 21 were affected by BWS, 8 by HH, and 2 had macrocephaly-capillary malformation syndrome, an overlapping overgrowth-cancer predisposition condition. A hundred and twelve children served as controls: 27 were healthy children, the remaining underwent blood tests for suspected conditions known to have no effect on plasmatic α FP concentration (25 suspected or well compensated thyroid disorders, 36 with recently healed infection, 16 serum lipids screening, 15 phenylketonuria, 11 suspected iron deficient anemia, 7 suspected precocious puberty). In all cases, the suspected diagnosis was excluded after the tests. Informed consent was obtained from parents and the study was approved by the Institutional Review Board of the University of Torino (Italy).

A serum tube was filled with blood obtained by venipuncture and simultaneously a DBS was collected by heel-stick or by spotting single blood drops from a syringe directly onto standard filter paper employed for neonatal mass screening. The DBS specimens were dried at room temperature and routinely stored in plastic bags at 4 °C.

The serum aFP measurement kit (AutoDELFIA hAFP, Perkin Elmer, Waltham, MA) was adapted to the DBS-based technique through a calibration curve obtained from the addition of red blood cells to the kit internal standard solutions and subsequent spotting on standard neonatal mass screening filter paper. aFP measurement was performed employing a 3 mm-diameter spotted filter paper punch containing $\sim 1.3 \,\mu$ l of adsorbed blood then eluted at room temperature for 1 h at high speed and half an hour at low speed with 200 µl of Tris-HCl pH 7.8 buffer supplied with the kit. The DBS and the buffer were removed with the aid of a vacuum pump, then processed according to the instructions. The reaction was determined by fluorometric quantification by a fluorometer reading retarded Europium fluorescence (VICTOR X or EnVision Multilabel Plate Reader, PerkinElmer).

Data were archived and analyzed with SPSS 5.0 (IBM, Armonk, NY) and GraphPad Prism 5.0 (GraphPad Software, La Jolla, CA). Discrete quantitative data were recorded as the mean ± SD and analyzed for normal distribution with the Shapiro-Wilk test. Correlations were tested with the Pearson or Sperman methods, for parametric and nonparametric variables, respectively. The agreement between the two tests was assessed taking into account the concordance occurring by chance by employing Cohen's kappa (k) coefficient and considering the α FP threshold of >10 U/ml, as commonly employed in clinical practice (6,23). The results of the DBS and the plasmatic methods for α FP measurement were further validated by the Bland–Altman plot statistical approach.

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