

Propranolol inhibits growth of hemangioma-initiating cells but does not induce apoptosis

Jina J.Y. Kum¹ and Zia A. Khan^{1,2}

BACKGROUND: Infantile hemangioma (IH) is the most common tumor of infancy. The first-line therapy for IH is propranolol, a nonselective β -adrenergic receptor antagonist. However, mechanisms for the therapeutic effect of propranolol and regrowth of IH following cessation of treatment in some cases are not clear. We have recently shown that IH arises from multipotent stem cells. Whether IH stem cells are responsive to propranolol and are selectively targeted is unknown, and this is the focus of this study.

METHODS: IH stem cells were exposed to propranolol and were assayed for cellular and molecular alterations. We used endothelial cells (ECs) as controls and bone marrow-derived mesenchymal progenitor cells (bm-MPCs) as normal stem/progenitor counterparts to determine selectivity.

RESULTS: Our results show that propranolol significantly reduced IH stem cell growth but failed to induce caspase-3 activation. Normal bm-MPCs and mature ECs showed maintained or increased caspase-3 activation and significantly reduced cyclin-D1 levels. We further show that IH stem cells may escape apoptosis by inducing antiapoptotic pathways.

CONCLUSION: This study reveals that propranolol does not induce apoptosis in IH stem cells, which is in contrast with the result for ECs. Escape from apoptosis in IH stem cells may involve induction of antiapoptotic pathways.

Infantile hemangioma (IH) is a benign vascular tumor affecting 1 out of 100 newborns (1,2). IH undergoes three developmental phases: a proliferative phase, where the tumor grows rapidly and comprises undifferentiated cells during the first year of life; an involuting phase, where tumor growth slows and vessels become prominent; and an involuted phase, where fibrofatty tissue replaces much of the tumor mass (3). A unique feature only seen in IH is that the tumor follows this natural course and spontaneously regresses. Hence, most IHs pose no serious threat or complications to the infant; however, in problematic cases that interfere with health and normal function due to the size or location of the tumor, patients may require immediate treatment (4). For example, obstructive IH in organs such as the eyes or the airway require immediate attention because the tumor may inhibit normal development and function of the organ and impair the infant permanently (3,5).

Current treatments for IH include surgery when necessary and use of corticosteroids, despite the severe side effects when taken for extended periods at high doses. Recently, propranolol was discovered to be an effective treatment for IH (6), with higher efficacy and minimal side effects when compared with corticosteroids (7). Propranolol is a nonselective β -adrenergic receptor antagonist that has been widely used for complications such as angina pectoris, myocardial infarction, and hypertension. Although the mechanism of therapeutic effect of propranolol is unknown, theories suggest vasoconstriction, endothelial cell (EC) apoptosis, and inhibition of angiogenesis by modulating vascular endothelial growth factors (8–11). In fact, a number of recent studies have shown that propranolol treatment of both normal ECs and ECs derived from IH specimens causes activation of caspase-3 (12,13). Caspase-3 is an important regulator of cellular apoptosis and is recognized as an indispensable death protease for apoptotic chromatin condensation and DNA fragmentation in all cell types examined (reviewed in ref. (14)). In addition to inducing apoptosis, propranolol also decreases the expression of various cyclins in ECs, thus disrupting cell cycle progression and growth (12).

A puzzling finding from a few propranolol treatment studies in patients is that some IHs regrow on cessation of propranolol treatment (15–17). This has been attributed to early treatment withdrawal and/or a long proliferating phase of IH. Previously, we have shown that IH arises from multipotent stem cells (termed hemSCs for hemangioma-derived stem cells)(18). HemSCs, isolated based on expression of stem cell antigen CD133, form glucose transporter-1-positive microvessels in immunodeficient mice. These glucose transporter-1-positive vessels are later replaced by human adipocytes that mimic the natural stages of human IH. Interestingly, IH-derived ECs are unable to produce microvessels (18). This suggests that hemSCs may be responsible for the recurrence of IH on cessation of propranolol treatment, possibly owing to the nonresponsiveness of hemSCs to propranolol. In this study, we have explored this possibility by treating primary hemSCs with propranolol to determine whether propranolol induces caspase-3 activation and apoptosis, as has been shown for vascular ECs. We have also studied bone marrow-derived mesenchymal progenitor cells (bm-MPCs) as normal counterparts of hemSCs

¹Department of Pathology, University of Western Ontario, London, Ontario, Canada; ²Metabolism and Diabetes Research Program, Lawson Health Research Institute, London, Ontario, Canada. Correspondence: Zia A. Khan (zia.khan@schulich.uwo.ca)

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to determine whether changes (if any) observed in hemSCs are specific or whether the response depends on the stem/progenitor phenotype. In addition, we investigated possible signaling pathways involved on propranolol treatment.

RESULTS

Atypical Phenotype of IH Endothelium

A number of studies have investigated the effect of propranolol on IH-derived ECs to offer insight into the mechanisms of therapeutic effect of propranolol (12,13,19). These studies show that propranolol causes apoptosis in IH ECs by activating caspase-3 and blocks other cellular activities including migration and tubule formation (12,13). This effect of propranolol is also exhibited by normal ECs (9,12). We have shown that IH arises from multipotent stem cells (18). CD133-positive cells from human IH produce hemangioma lesions in mice. Interestingly, IH-derived ECs (exhibiting mature endothelial phenotype as assessed by EC markers) fail to produce glucose transporter-1-positive microvessels (18). This suggests that the cell of interest, at least in proliferating-phase IH when treatments are required, is the hemSC. Therefore, we performed immunostaining for CD133 to probe for the number of microvessels that are lined by CD133-expressing cells. Results from two proliferating IH specimens show that all microvessels within IH tissues are immunoreactive to CD133 (Figure 1). This suggested that for understanding the effect of propranolol, CD133-positive hemSCs are essential.

β2 and β3 Are the Predominant β-Adrenergic Receptors in IH Stem Cells

We first assayed for β-adrenergic receptor expression in hemSCs and compared the levels with those in mature ECs. Our results show that hemSCs express both β2- and β3-adrenergic receptors (Figure 2a). β1-adrenergic receptor mRNA levels, although detectable, were significantly lower. Interestingly, we found that bm-MPCs share β-adrenergic receptor profile with hemSCs. Mature ECs (human microvascular ECs; human dermal microvascular ECs (HDMECs)) on the other hand exhibited higher level of β1-adrenergic receptor expression

(Figure 2a). No significant differences were found in the level of β2- or β3-adrenergic receptors between ECs, hemSCs, and bm-MPCs.

Propranolol Inhibits IH Stem Cell Growth

Our next objective was to determine the effect of propranolol on the growth of hemSCs. We cultured the cells with 25, 50, and 100 μmol/l propranolol and assayed for cell number at both 24 and 72h. We chose these concentrations based on previous studies that have observed significant differences in IH ECs (9,12). Furthermore, propranolol has been shown to have immediate effects in inhibiting cell viability at 24h (13). Interestingly, no significant changes in cell number were observed in any cell type at 24h (data not shown). At 72h, however, bm-MPCs and HDMECs showed significant

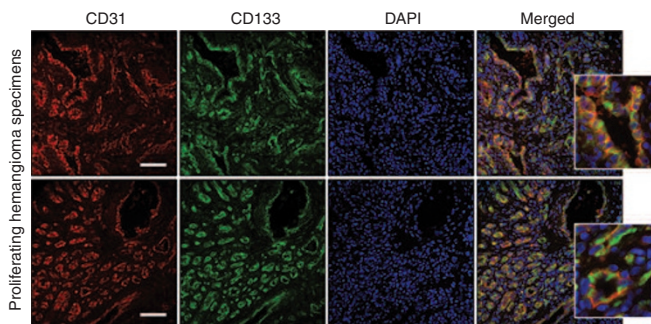


Figure 1. CD133-positive cells line hemangioma vessels. Proliferating hemangioma specimens were double labeled for CD31 (endothelial cell marker; red) and CD133 (stem cell antigen; green). 4',6-Diamidino-2-phenylindole (blue) was used as counterstain. Staining illustrates complete colocalization of CD133 and CD31 in both proliferating hemangioma specimens (images were taken at magnification of ×20; insets illustrate high magnification; bar = 200 μm).

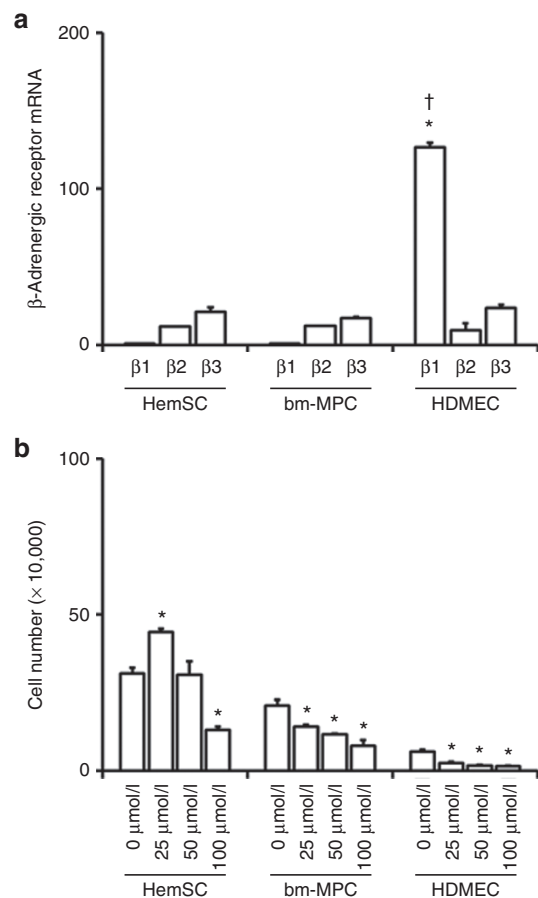


Figure 2. Propranolol reduces hemangioma-derived stem cell (hemSC) growth. (a) mRNA levels of β-adrenergic receptors in CD133-positive hemSCs, normal bone marrow-derived mesenchymal progenitor cells (bm-MPCs), and human dermal microvascular endothelial cells (HDMECs) were determined by real-time quantitative reverse-transcriptase PCR (data normalized to β-actin; *P < 0.05 compared with β1-adrenergic receptor mRNA levels in hemSCs and bm-MPCs; †P < 0.05 compared with β2- and β3-adrenergic receptor mRNA levels). RNA was isolated from cells cultured in Endothelial Basal Media-2 (EBM2) under identical conditions. The specificity of the amplification was determined by melting curve analysis (data not shown). (b) Total live cell number after 72 h of treatment with different concentrations of propranolol. Propranolol treatment at 100 μmol/l showed reduced number of cells compared with control in all cell types tested (*P < 0.05 compared with respective control).

reductions in cell number at all concentrations of propranolol when compared with control (Figure 2b). In contrast, a proliferative effect was observed when hemSCs were treated with 25 $\mu\text{mol/l}$ propranolol, and a reduction in total live cell number was observed with 100 $\mu\text{mol/l}$ propranolol (Figure 2b).

Reduced Cell Number Following Propranolol Treatment Is Not Due to Apoptosis in IH Stem Cells

Because the cell number decreased significantly for all cell types when cultured in 100 $\mu\text{mol/l}$ propranolol (at 72 h), we examined whether this was due to apoptosis. Therefore, cells treated with propranolol were assayed for active caspase-3. Caspase-3 is the most frequently activated death protease and plays a role in inducing EC apoptosis on propranolol treatment (12,13). Unexpectedly, hemSCs treated with 100 $\mu\text{mol/l}$ propranolol showed a significant reduction in the level of active caspase-3. This suggested that in hemSCs, the reduction in cell number might be due to inhibited cell growth and not apoptosis. bm-MPCs did not show a significant difference on propranolol treatment as caspase-3 levels remained unchanged (Figure 3a). On the other side of the spectrum, propranolol-treated HDMECs showed a significant increase in the level of activated caspase-3 as expected. These data demonstrate that propranolol treatment induces apoptosis in HDMECs, whereas the decrease in cell number in hemSCs—and possibly bm-MPCs—is mediated by a reduction in cell growth.

Propranolol Halts Cell Cycle Progression but Does Not Induce Apoptosis in hemSCs

We examined the effect of propranolol on cyclin-D1 levels. Cyclin-D1 is a key regulator in the progression from G1/S phase and has recently been shown to be maintained in the G2 phase (20). Recent studies have shown that propranolol reduces cyclin-D1 in a time-dependent manner in ECs (9). Surprised by previous experimental findings, we wanted to determine whether propranolol reduces cyclin-D1 in hemSCs. Our results do show significantly reduced cyclin-D1 in hemSCs on propranolol treatment (Figure 3b). Similarly, cyclin-D1 levels in bm-MPCs and HDMECs were also significantly reduced (Figure 3b). The greatest change in cyclin-D1 was seen in bm-MPCs, which may explain the reduced cell number seen earlier. These results suggest that propranolol inhibits cell cycle progression in all cell types by decreasing the level of cyclin-D1.

Propranolol Induces Antiapoptotic Pathways in hemSCs

To understand the possible mechanism by which propranolol induces apoptosis in ECs but not in hemSCs, we used quantitative reverse-transcriptase PCR (RT-PCR) to obtain the profiles of genes important in the central mechanisms of cellular death. We used *Human Cell Death Pathway Finder* PCR Array (Qiagen, Mississauga, ON; see Methods section for details), which comprises 84 key genes important for cell survival and apoptosis. HemSCs, bm-MPCs, and HDMECs were cultured in normal growth media or in media containing different concentrations of propranolol for 72 h. Using this PCR-based

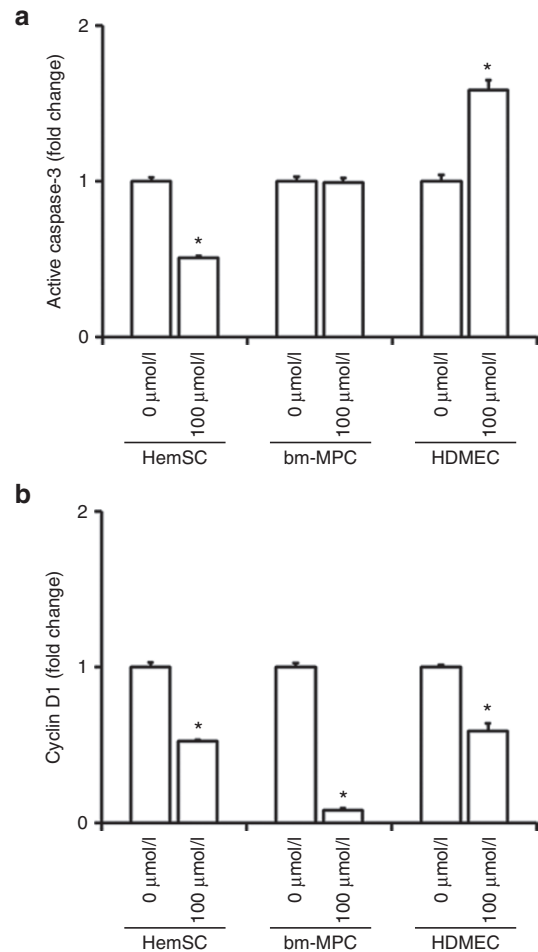


Figure 3. Propranolol reduces active caspase-3 level in hemangioma-derived stem cells (hemSCs). Levels of (a) activated caspase-3 and (b) cyclin-D1 in hemSCs, bone marrow–derived mesenchymal progenitor cells (bm-MPCs), and human dermal microvascular endothelial cells (HDMECs) following 100 $\mu\text{mol/l}$ propranolol treatment for 72 h (* $P < 0.05$ compared with respective 0 $\mu\text{mol/l}$ treatment/control).

array, we found that propranolol significantly induces various antiapoptotic pathways in hemSCs and normal bm-MPCs (Figure 4a). These included Akt (also known as protein kinase B; induced 31.2 \times in hemSCs and 7.58 \times in bm-MPCs), Bcl2 (induced 295.9 \times in hemSCs and 143.2 \times in bm-MPCs)/Bcl2A (induced 23.47 \times in hemSCs and 10.97 \times in bm-MPCs), and insulin-like growth factor receptor-1 (IGFR-1; induced 53.68 \times in hemSCs and 9.29 \times in bm-MPCs). In contrast, we did not observe any alterations of these antiapoptotic pathways in HDMECs (Figure 4a).

TNF- α , but Not IFN- γ , Reduced Cell Growth in IH Stem Cells

In addition to inducing antiapoptotic pathways, we observed that propranolol treatment significantly increased tumor necrosis factor (TNF) pathway members and interferon- γ (IFN- γ) in hemSCs and, to a lesser degree, in bm-MPCs (Figure 4b,c). This led us to question whether TNF or IFN signaling mediates the changes that we have observed in hemSCs on propranolol challenge. We first determined the effect

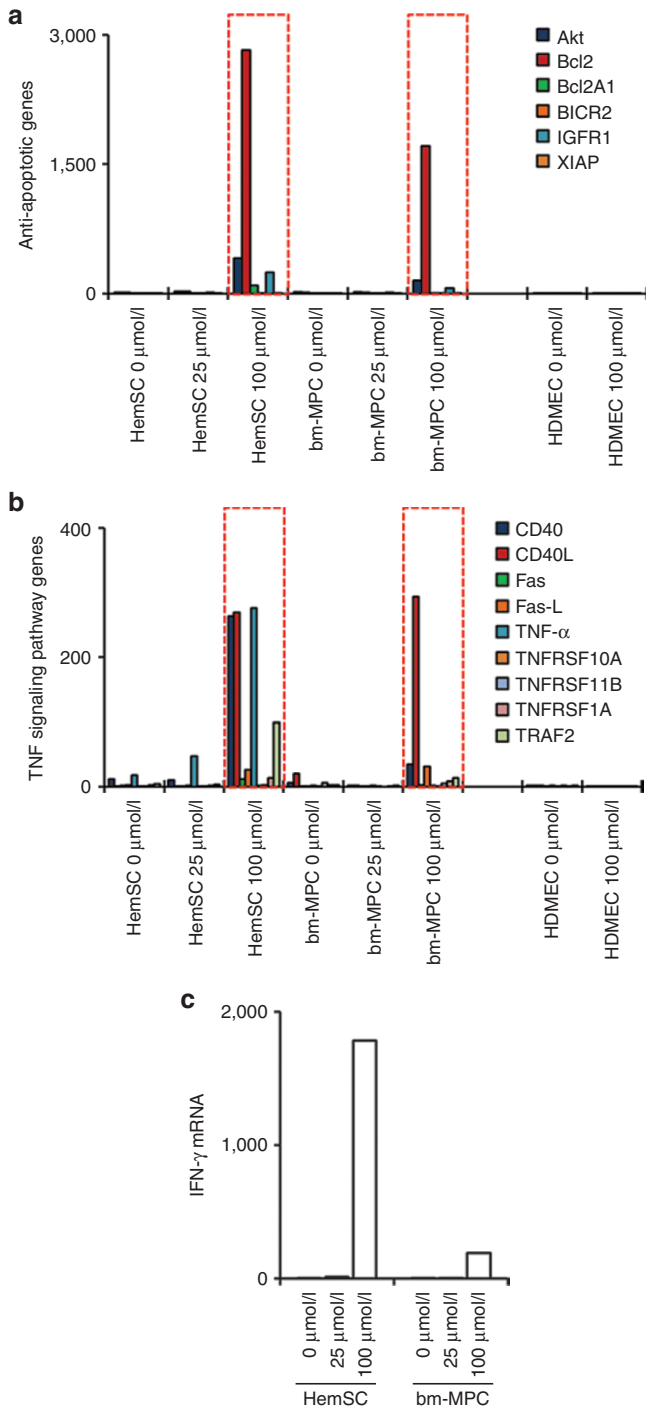


Figure 4. Propranolol induces antiapoptotic signaling pathways in hemangioma-derived stem cells (hemSCs). Propranolol induced the expression of (a) antiapoptotic genes, (b) tumor necrosis factor (TNF) superfamily signaling pathway, and (c) interferon-γ (IFN-γ) in hemSCs and bone marrow-derived mesenchymal progenitor cells (bm-MPCs) but not in human dermal microvascular endothelial cells (HDMECs) (mRNA levels were measured using RT² Cell Death Pathway Finder (Qiagen, Mississauga, ON) and normalized to β-actin and glyceraldehyde 3-phosphate dehydrogenase levels; red dashed lines in panels a and b highlight 100 μmol/l propranolol groups; graphs shown in a–c are representative of multiple PCR arrays).

of exogenous TNF-α treatment on hemSCs. Interestingly, there was a significant cell number reduction in hemSCs on exposure to 50 and 100 ng/ml TNF-α (Figure 5a). We then investigated the effect of TNF-α on activated caspase-3 level in hemSCs. If propranolol is acting through the TNF-α pathway, then we would expect no increase in caspase-3 activity. Indeed, our results show that TNF-α-treated hemSCs did not show changed active caspase-3 level when compared with control (Figure 5b). We then tested the possible involvement of IFN-γ by exposing hemSCs and bm-MPCs to exogenous IFN-γ. Our studies show no significant effect on hemSC or bm-MPC growth at 24 or 72 h (Figure 5c,d). This suggests that TNF-α, but not IFN-γ, has an antiproliferative effect *in vitro* and may be involved in propranolol's action.

Propranolol-Induced Altered Differentiation in hemSCs

While our studies were underway, a report showed that presence of propranolol in adipogenic differentiation media increased the differentiation level in hemSCs compared with the differentiation level in cells grown in adipogenic media alone (21). Higher levels of CCAAT-enhancer-binding protein β (C/EBPβ) and δ were found at day 4. Interestingly, when the cells were maintained in the differentiation media supplemented with propranolol for 7 d, significant cell death was observed. This is in contrast with our observations in normal growth media where a significant reduction in cell number is evident without apoptosis. Therefore, we explored the possibility that this enhanced adipogenic differentiation with propranolol is mediated through cell growth regulation. To test this idea, we treated hemSCs with mitomycin C to inhibit proliferation and tested for C/EBP expression. Our results show that C/EBPα was significantly higher when mitomycin C-treated hemSCs were exposed to adipogenic differentiation media for 4 d (Figure 6a). No change was observed in peroxisome proliferator-activated receptor-γ (PPARγ2) levels. C/EBPα is a critical transcription factor in adipogenesis and enhanced levels suggest that inhibition of cell proliferation increases the differentiation capacity of hemSCs, and this may be the mechanism underlying propranolol's effect. We then assayed for β-adrenergic receptor expression and show here that adipogenesis is associated with significantly higher levels of all three adrenergic receptors (Figure 6b). Therefore, cell death in adipogenic media supplemented with propranolol (21) might be due to increased expression of β-adrenergic receptors, which accompanies hemSC differentiation.

DISCUSSION

Propranolol is now widely used for treating IH; however, the mechanism of its therapeutic effect is still unknown. In addition, some IHs regrow after stoppage of propranolol treatment (15–17). In this study, we have demonstrated that propranolol does not induce apoptosis in hemSCs, cells responsible for IH initiation, as seen in mature/differentiated ECs. This suggests that the direct effect of propranolol in IHs may be through both modulation of mature ECs and angiogenesis (Figure 7a).

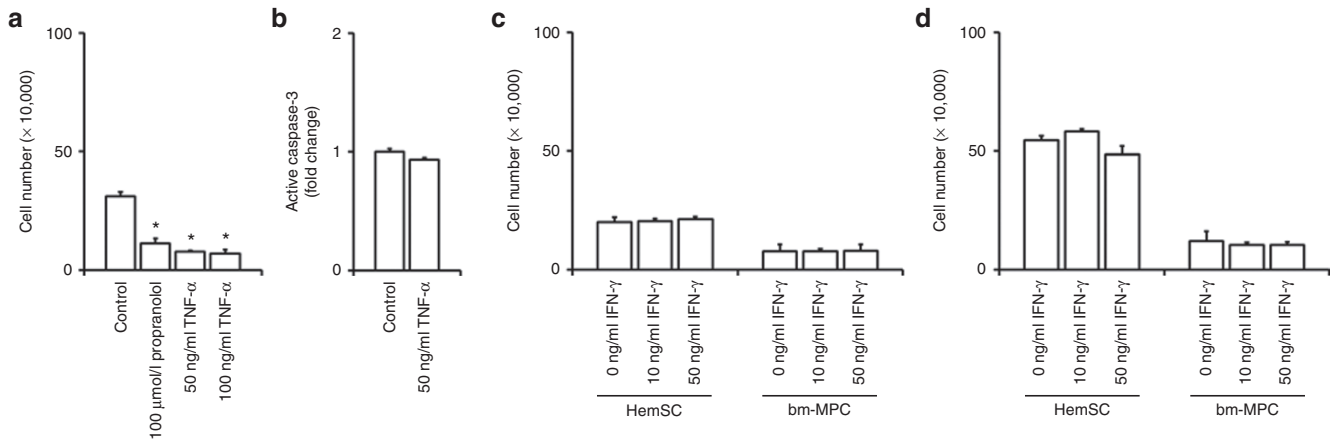


Figure 5. Tumor necrosis factor (TNF) activation leads to reduced cell growth in hemSCs. TNF- α treatment significantly reduced cell number (a) in hemSCs after 72 h but did not change (b) activated caspase-3 level (* $P < 0.05$ compared with control). HemSCs treated with interferon- γ (IFN- γ) showed no significant change in cell number after (c) 24 or (d) 72 h. bm-MPCs, bone marrow-derived mesenchymal progenitor cells; hemSCs, hemangioma-derived stem cells.

The mechanism by which hemSCs and possibly normal progenitor cells (modeled here by bm-MPCs) escape apoptosis may include induction of antiapoptotic pathways. We found Akt, Bcl2/Bcl2A, and IGFR-1 to be significantly induced in hemSCs and bm-MPCs. Akt induction is of particular importance here as this prosurvival kinase counteracts caspase-3 activity (22–24). Bcl2 downregulation has been shown to increase caspase-3 in breast cancer cells (25). Furthermore, Bcl2A mediates the antiapoptotic effects of fibroblast growth factor in chondrogenic progenitor-like cell lines (26). Therefore, these pathways may be involved in reducing/counteracting caspase-3 activity in hemSCs but not in mature ECs.

We also examined whether the extrinsic apoptotic pathway is involved in propranolol-induced growth inhibition. The extrinsic pathway is primarily mediated by the TNF superfamily. We found that TNF signaling pathway genes (listed in Figure 4b) are also upregulated in hemSCs and bm-MPCs on propranolol treatment. Because it is well known that TNF signaling pathways are involved in cell death, these results were unexpected. However, recent studies show that TNF's effect may not be limited to cell apoptosis. TNF- α causes cell cycle arrest, but not death, in keratinocytes (27), glioblastoma cells (28), and melanoma cell lines (29). These findings suggest two independent antiproliferative mechanisms of TNF signaling. In hemSCs, TNF signaling may be involved in propranolol-mediated cell cycle arrest. Indeed, when we treated hemSCs to exogenous TNF- α , we noted decreased cell growth over 72 h but no change in caspase-3 activity. Taken together with the results of antiapoptotic gene induction, we believe propranolol may reduce hemSC growth by inducing the TNF pathway and may facilitate the escape from caspase-3 activation and apoptosis by TNF-independent induction of antiapoptotic genes.

Another interesting finding of this study is that hemSCs predominantly express β 2- and β 3-adrenergic receptors. β 1 receptor levels are almost 10-fold lower. Vascular ECs, on the other hand, express significantly high levels of β 1 receptor compared with β 2/3. These findings suggest that the

differential effect of propranolol in hemSCs and ECs may be due to the distinct roles of the β -adrenergic receptor subtypes. Communal *et al.* (30) have shown that activation of β 1 receptors on cardiac myocytes induces apoptosis, whereas activation of β 2-adrenergic receptor opposes cell death. Although this study involved activation of β -adrenergic receptor and not antagonism, the concept of a distinct, receptor subtype-specific role is pertinent here. Moreover, Panjala *et al.* (31) have demonstrated that β 1-adrenergic receptor knockout mice exhibit increased formation of degenerate capillaries in the retina. These are interesting findings because retinal ECs express β 1-, but not β 2-, adrenergic receptors (32). Also associated with acellular capillaries in the retina in knockout mice were increased level of cleaved caspase-3. Based on our data, we suggest that antagonizing β 1 receptor in IH cells is associated with cell death, whereas β 2 is involved with cell cycle regulation (Figure 7b). We know that hemSCs predominantly express β 2 and β 3 receptors and show almost 10-fold lower β 1 levels. bm-MPCs showed a similar response to propranolol in terms of cellular activity and molecular alterations and share the β -adrenergic receptor profile of hemSCs.

Wong *et al.* (21) have recently shown that propranolol enhances adipogenesis in hemSCs. Specifically, presence of propranolol in adipogenic media initially caused differentiation of hemSCs but significant cell death at day 7 (21), which is the typical *in vitro* time for full functional adipocyte differentiation. We reasoned that the initial effect of propranolol might be mediated through cell cycle disruption. To test this possibility, we treated hemSCs with mitomycin C before exposing the cells to adipogenic differentiation media. We noted that mitomycin C-treated cells had significantly higher levels of C/EBP α induction, suggesting that enhanced adipogenesis in hemSCs may be related to a change in the differentiation timeline (reduced growth and earlier differentiation). We also tested whether adipogenesis itself alters β -adrenergic receptor expression in hemSCs, thereby making cells more sensitive to propranolol and possibly explaining cell death observed in the

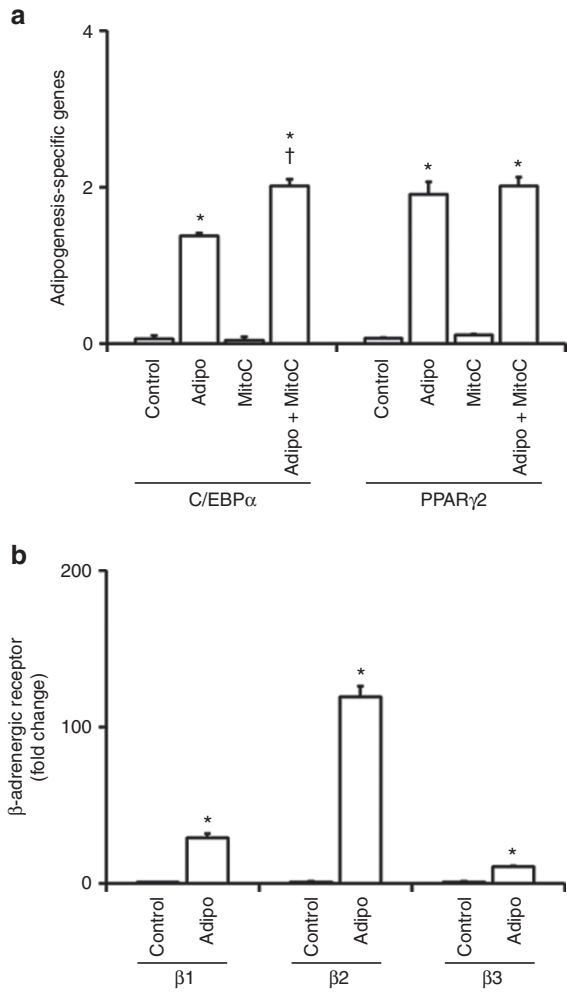


Figure 6. Growth inhibition enhances adipogenesis. Effect of mitomycin C treatment on adipogenic differentiation (a) in hemSCs at day 4 (Adipo, adipogenic media; MitoC, mitomycin C; **P* < 0.05 compared with control media; †*P* < 0.05 compared with adipogenic differentiation media without mitomycin C treatment). (b) Induction of β-adrenergic receptors following adipogenic differentiation in hemSCs at day 7 (Adipo, adipogenic media; **P* < 0.05 compared with control media).

previous study (21). Indeed, differentiation of hemSCs significantly increased the expression of all β-adrenergic receptor subtypes, including β1. Therefore, cell death seen in adipocytes may be associated with the increase in β1 receptor expression (29.47-fold increase, as reported in our study). Increased level of β2 receptors in adipocytes may further enhance the inhibitory process by regulating cell cycle progression.

Our study represents an important step toward understanding the mechanism of propranolol action. A number of pressing questions remain. For example, is propranolol selective to IH vessels? Based on recent findings in ECs (normal vs. IH-derived) and our own findings in hemSCs, this seems unlikely. Alternatively, the effectiveness of propranolol in IHs may be a function of increased levels that are sustained in the capillary mass of IHs. These studies are under way in our laboratory, and the findings may enhance our understanding of the mechanism of therapeutic action of propranolol and may provide more effective treatment options.

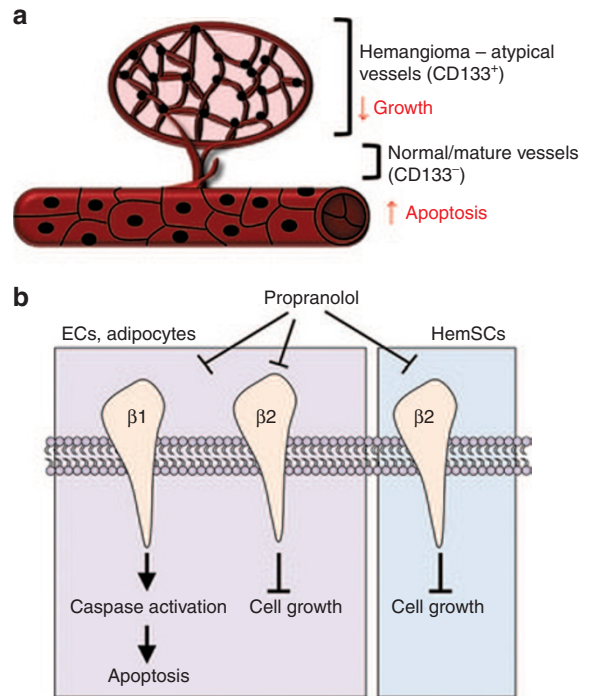


Figure 7. Proposed mechanism of therapeutic effect of propranolol. Schematic representation illustrating the proposed mechanism of propranolol action on hemSCs and mature endothelial cells (ECs). (a) Schematic diagram illustrating the penetrance of apoptotic effect of propranolol in hemangioma regression. (b) Propranolol leads to cell apoptosis in endothelial cells and other mature cell types, including adipocytes, through alteration of β1-adrenergic receptor signaling. Engagement of β2- (and possibly β3-) adrenergic receptors leads to cell cycle arrest and growth inhibition.

METHODS

IH Specimens and Immunostaining

We obtained paraffin-embedded IH specimens from the Department of Pathology Archives at the London Health Sciences Centre (London, Ontario, Canada). The proliferating phase was confirmed by histological analysis. Tissue sections were deparaffinized, hydrated, and subjected to antigen retrieval using Tris/EDTA buffer (10 mmol/l Trizma base, 1 mmol/l EDTA, 0.05% Tween-20, pH 9.0) in 2100 Retriever (Electron Microscopy Sciences, Hatfield, PA). To perform double staining, we incubated slides with mouse anti-human CD31 (1:50; M0823, Dako, Canada, Mississauga, ON) and rabbit anti-human CD133 antibody (1:100; ab19898, Abcam, Cambridge, MA) for 1 h at room temperature. Fluorescein- or Texas Red-conjugated secondary antibodies (Vector Laboratories, Burlington, ON) were used for detection. Slides were counterstained with 4',6-diamidino-2-phenylindole (Vector Laboratories). Images were taken using an Olympus BX-51 microscope (Olympus Canada, Richmond Hill, ON) equipped with a Spot Pursuit digital camera (SPOT Imaging Solutions, Sterling Heights, MI).

IH Cell Isolation and Culture

Proliferating IH-derived CD133+ cells (hemSCs) were kindly provided by Dr. Joyce Bischoff (Children's Hospital Boston, Boston, MA). We have previously shown full characterization of hemSCs and culture conditions (18). Freshly isolated bm-MPCs (isolated from bone marrow-derived mononuclear preparations; 2M-125B, Lonza, Walkersville, MD) were used as normal stem/progenitor controls. Neonatal HDMECs (CC-2516, Lonza) were also used as controls. Previous studies have compared normal ECs with IH-derived mature ECs and have shown striking similarity in propranolol response (9,12,13). All cells were cultured on fibronectin-coated (FN);

1 $\mu\text{g}/\text{cm}^2$, FC010-10, Millipore, Temecula, CA) plates in Endothelial Basal Media-2 (Lonza) supplemented with 20% fetal bovine serum (Lonza) and SingleQuots (CC-4176, Lonza) and 1 \times antibiotic antimycotic media (Penicillin-Streptomycin-Fungizone, PSF; Life Technologies, Burlington, ON). All cells were cultured under identical conditions, and experiments were performed with a minimum of two biological replicates (different IH cell preparations) and three technical replicates. All studies were conducted following approval by the Research Ethics Board at The University of Western Ontario, London, Ontario, Canada.

Cell Growth Assay

To determine the effect of propranolol on cell growth, we plated each cell type at 5,000 cell/ cm^2 in complete endothelial growth medium (described above). After 24 h, the medium was removed and cells were exposed to 25, 50, or 100 $\mu\text{mol}/\text{l}$ (R)-(+)-propranolol hydrochloride (Propranolol; 0624, R&D Systems, Minneapolis, MN) in fresh media. Total number of live cells was determined at 24 or 72 h using Scepter 2.0 Automated Cell Counter (Millipore) with appropriate histogram gating setup (33,34). For some experiments, hemSCs and bm-MPCs were treated with IFN- γ (285-IF-100, R&D systems) or TNF- α (210-TA-010/CF, R&D systems) for up to 72 h.

RNA Isolation, mRNA Profiling, and Quantitative RT-PCR

RNA was isolated using RNeasy Micro Plus Kit (Qiagen). Total amount of RNA was measured using Qubit RNA Broad Range Assay in a Qubit Fluorometer (Life Technologies). cDNA was then synthesized using iScript cDNA Synthesis Kit (Bio-Rad Laboratories, Hercules, CA). We performed gene expression analyses using RT² Human Cell Death Pathway Finder PCR arrays (PAHS-212Z; Qiagen) in Bio-Rad CFX Connect (Bio-Rad). Data were analyzed by CFX Manager Software using normalized ($\Delta\Delta C_T$) method with two housekeeping genes (β -actin and glyceraldehyde 3-phosphate dehydrogenase were both used for normalization after empirically determining the expression for stability in our treatment groups).

Levels of β -adrenergic receptor and adipogenesis-specific gene expression were also assessed by quantitative RT-PCR. Reactions consisted of 10 μl SsoFast Evagreen (1725200, Bio-Rad), 2 μl of both forward and reverse primers (at a 10 $\mu\text{mol}/\text{l}$ concentration), 2 μl cDNA, and 6 μl of H_2O . Adipogenesis was assessed by C/EBP α (QT00203357, Qiagen) and PPAR γ 2 levels (sequence shown in ref. (35)). Expression levels of β 1- (QT00204309, Qiagen), β 2- (QT00200011, Qiagen), and β 3-adrenergic receptors (QT00200004, Qiagen) were measured similarly. Target gene mRNA data were normalized to β -actin expression (QT01680476, Qiagen). All reactions were performed for 40 cycles using the following temperature profiles: 95 $^\circ\text{C}$ for 2 min (initial denaturation); and 55 $^\circ\text{C}$ for 12 s (annealing and extension). Data were analyzed using relative quantity (ΔC_T).

Caspase-3 and Cyclin-D1 Measurements

Total proteins from the cultured cells were extracted using Cell Extraction Buffer (Life Technologies) with complete protease inhibitor cocktail (Roche Diagnostics, Laval, Quebec). Proteins were measured by BCA Protein Assay Reagent (Pierce BCA Protein Assay Kit, Thermo Scientific, Rockford, IL), and equal amounts were used for active caspase-3 and cyclin-D1 measurements. To measure activated caspase-3, caspase-3 (active) Human ELISA kit (Life Technologies) was used. Data were collected using Thermo Scientific Multiskan FC Microplate Photometer (Thermo Scientific), measuring absorbance at 450 nm. Cyclin-D1 level was measured similarly using PathScan Total Cyclin-D1 Sandwich ELISA kit (Cell Signaling Technology, Danvers, MA).

Adipogenic Differentiation

To induce adipogenic differentiation, hemSCs were seeded at a density of 40,000 cells/ cm^2 in StemPro Adipogenesis differentiation medium (Adipo media; Life Technologies). Control medium consisted of Dulbecco's Modified Eagle Medium supplemented with 10% fetal bovine serum. Medium was changed every other day. RNA was isolated from cells after 7 d to perform quantitative RT-PCR for β -adrenergic receptor expression. To determine whether cell growth/proliferation may alter adipogenesis, we pretreated hemSCs with 10 $\mu\text{g}/\text{ml}$ mitomycin C (MitoC; Sigma Aldrich, Oakville, ON) for 2 h.

Cells were then washed, resuspended, and plated at 40,000 cells/ cm^2 in adipogenesis media. RNA was isolated at day 4 to assay for C/EBP α and PPAR γ 2 levels (transcription factors essential for adipogenic differentiation) (33–35).

Statistical Analysis

The data were expressed as mean \pm SEM. Where appropriate, corrected ANOVA or two-tailed Student's unpaired *t* tests were performed. *P* values <0.05 were considered statistically significant.

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